

## 2010 Calgary Womens Run 10K, 5K - Aug. 29/2010

## Alpha Overall Results

**5K - 3.1 Miles**

O/A	Name	Bib#	Time	Pace m/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
91/135	ACHESON, LYNN	1200	00:35:27.50	11:26	5K30-39	20/29	F	91/135	
115/135	ADAM, SABRINA	1201	00:40:48.70	13:09	5K12&U	14/14	F	115/135	
6/135	ANDERSON, AMY	1202	00:20:53.25	06:44	5K40-49	2/28	F	6/135	
20/135	ANDERSON, ERIN	1203	00:24:18.85	07:50	5K13-15	3/7	F	20/135	
7/135	ANDERSON, EVELYN	1204	00:21:08.70	06:49	5K16-19	2/7	F	7/135	
96/135	BAEHR, KASY	1205	00:36:09.40	11:39	5K50-59	10/14	F	96/135	
129/135	BAEHR, KATHY	1206	00:43:35.60	14:03	5K50-59	13/14	F	129/135	
67/135	BENINGER, AILEEN	1335	00:32:20.50	10:26	5K50-59	4/14	F	67/135	
94/135	BLACK, JULIE	1207	00:35:52.90	11:34	5K40-49	20/28	F	94/135	
104/135	BLAZINA, LYNDA	1208	00:38:20.60	12:21	5K30-39	23/29	F	104/135	
102/135	BLAZINA, RYSHON	1209	00:38:13.05	12:19	5K13-15	6/7	F	102/135	
2/135	BOYLE, SHARI	1210	00:18:23.60	05:56	5K30-39	1/29	F	2/135	
26/135	BRATTLAND, LISA	1211	00:26:20.15	08:29	5K40-49	9/28	F	26/135	
10/135	BROWN, SHANNON	1338	00:21:39.35	06:59	5K40-49	4/28	F	10/135	
61/135	BROWNRIDGE, JANE	1212	00:31:55.40	10:17	5K20-29	15/30	F	61/135	
44/135	BUDD, JAMIE	1213	00:30:13.85	09:45	5K20-29	8/30	F	44/135	
21/135	BURK, ALEXANDRA	1214	00:24:29.00	07:53	5K12&U	1/14	F	21/135	
30/135	BURK, JANICE	1215	00:27:45.10	08:57	5K40-49	10/28	F	30/135	
66/135	CHIOZZA, TERESA	1336	00:32:19.95	10:25	5K60+	2/6	F	66/135	
40/135	CLARK, KELSEY	2616	00:29:54.00	09:38	5K20-29	5/30	F	40/135	
90/135	CLARK, LYNN	1218	00:35:27.40	11:26	5K30-39	19/29	F	90/135	
99/135	CORCORAN, ADRIENNE	1220	00:37:45.50	12:10	5K30-39	22/29	F	99/135	
98/135	CORCORAN, LAUREN	1221	00:37:36.70	12:07	5K12&U	12/14	F	98/135	
39/135	COTTINGHAM, AMY	1222	00:29:53.40	09:38	5K12&U	4/14	F	39/135	
16/135	COZAC, JOCLYN	1223	00:24:13.35	07:48	5K40-49	6/28	F	16/135	
59/135	CYR, DANIELLE	1224	00:31:53.85	10:17	5K20-29	13/30	F	59/135	
58/135	CYR, FERN	1225	00:31:53.55	10:17	5K50-59	2/14	F	58/135	
56/135	DAIT, HELEN	1316	00:31:49.30	10:16	5K20-29	12/30	F	56/135	
9/135	DIXON, DONNA	1226	00:21:38.85	06:59	5K40-49	3/28	F	9/135	
13/135	DIXON, EMMA	1227	00:23:04.95	07:26	5K13-15	2/7	F	13/135	
69/135	DONKERS, TINA	1228	00:32:43.25	10:33	5K50-59	5/14	F	69/135	
79/135	DOVICHAK, JESSICA	1229	00:33:59.35	10:57	5K20-29	18/30	F	79/135	
23/135	ELIASZIW, MISHA	1231	00:25:26.25	08:12	5K40-49	8/28	F	23/135	
46/135	EMERY, FRANCES	2638	00:30:42.95	09:54	5K20-29	9/30	F	46/135	
120/135	EMERY, KATE	1232	00:41:07.75	13:15	5K20-29	25/30	F	120/135	
37/135	EMERY, THERESA	2639	00:29:14.35	09:25	5K16-19	7/7	F	37/135	
122/135	ESTES, JOYCE	1233	00:42:50.25	13:49	5K50-59	12/14	F	122/135	
54/135	FEHST, SOPHIE	1234	00:31:43.95	10:14	5K30-39	11/29	F	54/135	
25/135	FILTZ, SUSAN	2647	00:26:11.80	08:27	5K30-39	5/29	F	25/135	
93/135	FISHER, JULIE	1235	00:35:46.40	11:32	5K30-39	21/29	F	93/135	
51/135	FLORES, JENNIFER	1236	00:31:20.25	10:06	5K20-29	10/30	F	51/135	
70/135	FOLD, MAERI-ANNE	1237	00:32:47.50	10:34	5K30-39	14/29	F	70/135	
71/135	FOLD, TRACEY	1238	00:32:47.85	10:34	5K40-49	15/28	F	71/135	
35/135	GIRGULIS, JANE	1240	00:28:56.55	09:20	5K12&U	3/14	F	35/135	
34/135	GIRGULIS, JILL	1241	00:28:54.75	09:19	5K13-15	4/7	F	34/135	
55/135	GRUNEWALD, JOE-ANNE	1334	00:31:45.35	10:14	5K40-49	14/28	F	55/135	
15/135	HARMS, JEANNIE	1337	00:23:24.05	07:32	5K40-49	5/28	F	15/135	
27/135	HARRIS, JENNIFER	1242	00:27:04.15	08:43	5K30-39	6/29	F	27/135	
1/135	HARVEY, LISA	1352	00:18:15.30	05:53	5K40-49	1/28	F	1/135	
111/135	HEISLER, LAURA	1243	00:40:19.90	13:00	5K40-49	22/28	F	111/135	
114/135	HOANG, JENNY	1246	00:40:38.20	13:06	5K20-29	22/30	F	114/135	
86/135	HOHENDORF, CHRISTINE	1247	00:35:05.65	11:19	5K30-39	15/29	F	86/135	
123/135	HOLLINGWORTH, NADARA	1343	00:43:07.20	13:54	5K40-49	26/28	F	123/135	
88/135	HUMPHREYS, COLLEEN	1317	00:35:15.25	11:22	5K30-39	17/29	F	88/135	
33/135	HUYNH, TAMMY	1318	00:28:20.25	09:08	5K16-19	6/7	F	33/135	
95/135	IKEDA, SUNA	1327	00:36:05.05	11:38	5K12&U	11/14	F	95/135	
131/135	IMESON, NICOLE	1249	00:46:42.95	15:04	5K20-29	30/30	F	131/135	

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**5K - 3.1 Miles**

O/A	Name	Bib#	Time	Pace m/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
78/135	JAZAYERI, ASHLEY	1250	00:33:58.15	10:57	5K20-29	17/30	F	78/135	
53/135	JOBSON, EMILY	1251	00:31:43.55	10:13	5K20-29	11/30	F	53/135	
117/135	JOLICOEUR, ELIZABETH	1252	00:40:50.90	13:10	5K40-49	24/28	F	117/135	
118/135	JOLICOEUR, LISA	1253	00:40:51.55	13:10	5K20-29	23/30	F	118/135	
119/135	JOLICOEUR-SKINNER, MICHELLE	1254	00:40:51.55	13:10	5K20-29	24/30	F	119/135	
97/135	JUNKIN, SARAH	1255	00:37:25.95	12:04	5K50-59	11/14	F	97/135	
5/135	KARLSON, MELINDA	1328	00:20:11.45	06:30	5K30-39	2/29	F	5/135	
3/135	KARY, GRACE	1330	00:18:50.20	06:04	5K16-19	1/7	F	3/135	
24/135	KERRIGAN, JANET	1256	00:25:44.50	08:18	5K20-29	3/30	F	24/135	
12/135	KING, LORINDA	1354	00:22:55.40	07:23	5K30-39	3/29	F	12/135	
126/135	KONDRATOWICZ, ERIS	1257	00:43:13.45	13:56	5K20-29	27/30	F	126/135	
62/135	KONOFF, ELISE	1258	00:32:01.50	10:19	5K30-39	13/29	F	62/135	
57/135	KOURLINE, CHELSEA	2677	00:31:52.60	10:17	5K30-39	12/29	F	57/135	
132/135	LABONTE, JUDY	1259	00:46:44.70	15:04	5K40-49	27/28	F	132/135	
108/135	LAFRENIERE, JULIE	1319	00:39:11.35	12:38	5K20-29	21/30	F	108/135	
41/135	LATIMER-ARNS, ELLEN	1260	00:29:55.15	09:39	5K40-49	11/28	F	41/135	
47/135	LEASK, ERICA	1262	00:30:56.10	09:58	5K40-49	12/28	F	47/135	
106/135	LEBLANC, JANE	1320	00:38:45.35	12:30	5K30-39	25/29	F	106/135	
105/135	LEBLANC, MONIQUE	1329	00:38:45.10	12:30	5K30-39	24/29	F	105/135	
32/135	LEE, LAURA	1263	00:27:52.15	08:59	5K30-39	8/29	F	32/135	
31/135	LEE, RAYA	1264	00:27:52.00	08:59	5K12&U	2/14	F	31/135	
38/135	LITTLE, KIM	1265	00:29:49.35	09:37	5K30-39	9/29	F	38/135	
18/135	LIU, SHELLEY	1321	00:24:17.05	07:50	5K16-19	5/7	F	18/135	
103/135	MACDONALD, ABBIE	1341	00:38:13.30	12:19	5K20-29	20/30	F	103/135	
36/135	MANION, CHRISTINE	1267	00:29:08.95	09:24	5K50-59	1/14	F	36/135	
8/135	MAWDSLEY, CLIO	1268	00:21:08.90	06:49	5K16-19	3/7	F	8/135	
48/135	MCAULEY, MELISSA	1269	00:31:04.30	10:01	5K60+	1/6	F	48/135	
49/135	MCCLOY, ALLISON	1351	00:31:18.85	10:06	5K12&U	5/14	F	49/135	
29/135	MCWHIRTER, STEPHANIE	1271	00:27:39.55	08:55	5K20-29	4/30	F	29/135	
64/135	MEPPEM, CHLOE	1272	00:32:14.90	10:24	5K12&U	7/14	F	64/135	
135/135	MEYERS, MARY JANE	1323	00:52:41.20	16:59	5K50-59	14/14	F	135/135	
65/135	MIDDLETON, GRACE	1273	00:32:16.45	10:24	5K12&U	8/14	F	65/135	
133/135	MOORE, PRISCILLA	1355	00:50:19.70	16:13	5K60+	6/6	F	133/135	
43/135	MOROZ, ALLISON	1275	00:30:00.40	09:40	5K20-29	7/30	F	43/135	
72/135	MOSKWA, JAN	1348	00:33:04.70	10:40	5K60+	3/6	F	72/135	
75/135	MOSORONCHON, MONICA	1277	00:33:30.80	10:48	5K50-59	7/14	F	75/135	
87/135	NIEMI, CHRISTINE	1279	00:35:07.10	11:19	5K30-39	16/29	F	87/135	
113/135	NORMAND, ANGELA	1280	00:40:21.50	13:01	5K30-39	27/29	F	113/135	
60/135	O'HEARN, EMILY	1281	00:31:55.15	10:17	5K20-29	14/30	F	60/135	
14/135	PARSONS, JEANNA	1283	00:23:13.25	07:29	5K20-29	2/30	F	14/135	
76/135	PERRIN, JUDY	1284	00:33:31.55	10:49	5K50-59	8/14	F	76/135	
128/135	PIERZCHALA, KELLIE	1285	00:43:34.55	14:03	5K30-39	29/29	F	128/135	
127/135	PIERZCHALA, LORI	1286	00:43:33.95	14:03	5K20-29	28/30	F	127/135	
73/135	PLESUK, SUSAN	1287	00:33:21.05	10:45	5K50-59	6/14	F	73/135	
112/135	PORTEOUS, JAINA	1289	00:40:20.45	13:00	5K13-15	7/7	F	112/135	
42/135	PRUDEN, HEATHER	1290	00:29:59.70	09:40	5K20-29	6/30	F	42/135	
11/135	QUIBELL, SHAYNA	1339	00:22:41.95	07:19	5K13-15	1/7	F	11/135	
109/135	REID, TABATHA	1292	00:39:34.95	12:46	5K30-39	26/29	F	109/135	
116/135	REINSON-ADAM, TRICIA	1293	00:40:50.25	13:10	5K40-49	23/28	F	116/135	
84/135	RICCIO, MARINA	1294	00:34:40.85	11:11	5K12&U	10/14	F	84/135	
85/135	RICCIO, TRISH	1295	00:34:41.00	11:11	5K40-49	19/28	F	85/135	
107/135	ROBERTS, MARDY	1347	00:38:57.30	12:33	5K60+	4/6	F	107/135	
134/135	ROE, NICOLA	2711	00:50:44.15	16:21	5K40-49	28/28	F	134/135	
80/135	ROVERS, MONICA	2713	00:34:15.25	11:03	5K40-49	18/28	F	80/135	
100/135	SAUNDERS, HAYLEY	1297	00:37:48.70	12:11	5K40-49	21/28	F	100/135	
101/135	SAUNDERS-MCCONOMY, GEORGINA	1298	00:37:49.35	12:11	5K12&U	13/14	F	101/135	
89/135	SCABAR, MICHELLE	1299	00:35:15.50	11:22	5K30-39	18/29	F	89/135	

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O/A	Name	Bib#	Time	Pace m/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
68/135	SCHMIDT, ROBYN	1301	00:32:30.65	10:29	5K20-29	16/30	F	68/135	
17/135	SCOTT, JOELLE	1324	00:24:16.85	07:49	5K16-19	4/7	F	17/135	
19/135	SCOTT, KIMBERLY	1325	00:24:17.10	07:50	5K40-49	7/28	F	19/135	
130/135	SHERWOOD, KARRY	1303	00:43:36.90	14:04	5K20-29	29/30	F	130/135	
124/135	SHERWOOD, LEA	1304	00:43:07.30	13:54	5K30-39	28/29	F	124/135	
74/135	SHIPTON, MAUREEN	1305	00:33:30.40	10:48	5K40-49	16/28	F	74/135	
92/135	SNYDER, KIM	1306	00:35:35.90	11:29	5K13-15	5/7	F	92/135	
22/135	SORENSEN, TRISH	1326	00:25:12.50	08:07	5K30-39	4/29	F	22/135	
45/135	STOTHART, KAYLANI	1308	00:30:29.35	09:50	5K30-39	10/29	F	45/135	
81/135	TOMASZEWSKI, DEBBIE	2728	00:34:20.20	11:04	5K50-59	9/14	F	81/135	
82/135	TOMASZEWSKI, ERIN	2729	00:34:20.85	11:04	5K20-29	19/30	F	82/135	
121/135	TOMBROWSKI, ANDREA	1309	00:41:14.40	13:18	5K40-49	25/28	F	121/135	
83/135	TOMBROWSKI, NATALIA	1342	00:34:33.80	11:09	5K12&U	9/14	F	83/135	
125/135	VAN ENGELEN, KATELYNN	1310	00:43:13.40	13:56	5K20-29	26/30	F	125/135	
63/135	VANDENENDEN, ELLY	1311	00:32:02.20	10:20	5K50-59	3/14	F	63/135	
110/135	VOGELSANG, EVA	1344	00:39:53.20	12:51	5K60+	5/6	F	110/135	
77/135	WASIUTA, LISA	1312	00:33:44.90	10:53	5K40-49	17/28	F	77/135	
4/135	WILLIAMS, MADELEINE	1313	00:18:58.20	06:07	5K20-29	1/30	F	4/135	
50/135	WOOD, CIARA	1350	00:31:20.00	10:06	5K12&U	6/14	F	50/135	
28/135	ZAMBORY, JENNIFER	1314	00:27:08.65	08:45	5K30-39	7/29	F	28/135	
52/135	ZIWANI, PAMELA	1315	00:31:24.10	10:07	5K40-49	13/28	F	52/135	