

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Category Results

10K Run/6.21 Miles
68 Competitors Total

10K15&UM - 2 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	City
1/2	BILETSKY, PARKER	5282	00:48:25.25	04:50	10K15&UM	9/68	7/21	RED DEER
2/2	GRATTON, AIDAN	5291	00:52:39.45	05:15	10K15&UM	17/68	11/21	LACOMBE

10K16-19F - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	City
1/1	OLSON, CONNOR	5313	01:02:50.20	06:17	10K16-19F	48/68	30/47	LACOMBE

10K20-29F - 20 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	City
1/20	HILL, KENDRA	5295	00:46:07.70	04:36	10K20-29F	6/68	2/47	LACOMBE
2/20	MILLS, KRISTINA	5355	00:49:11.15	04:55	10K20-29F	11/68	3/47	CALGARY
3/20	KNUDSON, LINDSEY	5301	00:52:55.15	05:17	10K20-29F	19/68	8/47	RED DEER
4/20	RODRIGUE, NATALIE	5317	00:54:03.25	05:24	10K20-29F	23/68	12/47	RED DEER
5/20	MCCARRON, KAITLYN	5350	00:56:44.15	05:40	10K20-29F	28/68	17/47	LACOMBE
6/20	BENSON, JACLYN	5341	00:56:48.20	05:40	10K20-29F	29/68	18/47	ROSEDALE
7/20	LINDSTRAND, JILL	5304	00:57:14.25	05:43	10K20-29F	30/68	19/47	RED DEER
8/20	VAN BERKEL, SARAH	5348	00:57:35.65	05:45	10K20-29F	33/68	21/47	LACOMBE
9/20	COLEMAN, ERIN	5284	00:57:36.75	05:45	10K20-29F	34/68	22/47	RED DEER
10/20	MCGOWAN, LAUREN	5308	00:58:03.35	05:48	10K20-29F	37/68	23/47	RED DEER
11/20	WEINKAUF, BREANNA	5332	00:58:38.00	05:51	10K20-29F	38/68	24/47	RED DEER
12/20	MILLS, SARAH	5340	01:00:30.15	06:03	10K20-29F	43/68	27/47	CALGARY
13/20	BEUTLER, JOYLYNN	5281	01:00:38.05	06:03	10K20-29F	45/68	28/47	RIMBEY
14/20	HUBER, ROBYN	5297	01:05:29.60	06:32	10K20-29F	53/68	34/47	RED DEER
15/20	SKIBA, STEPHANIE	5322	01:05:31.40	06:33	10K20-29F	54/68	35/47	RED DEER
16/20	HAYWARD, LEAH	5334	01:06:44.45	06:40	10K20-29F	56/68	36/47	LACOMBE
17/20	SMILEY, KELLE	5351	01:08:10.55	06:49	10K20-29F	59/68	39/47	KACOMBE
18/20	RUNDELL, KRYSTAL	5318	01:09:03.70	06:54	10K20-29F	60/68	40/47	LACOMBE
19/20	HANDY, ELISSA	5292	01:14:11.05	07:25	10K20-29F	64/68	43/47	RED DEER
20/20	MACKENZIE, KAREN	5305	01:16:08.25	07:36	10K20-29F	66/68	45/47	SYLVAN LAKE

10K20-29M - 8 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	City
1/8	MOORE-TITHERINGTON, JOHN	5311	00:41:35.35	04:09	10K20-29M	1/68	1/21	RED DEER
2/8	MCCARRON, ANDREW	5349	00:46:53.60	04:41	10K20-29M	7/68	5/21	LACOMBE
3/8	SCHUR, JORDAN	5320	00:48:17.25	04:49	10K20-29M	8/68	6/21	LACOMBE
4/8	SOLOWAY, MITCHELL	5325	00:58:00.40	05:48	10K20-29M	35/68	13/21	LACOMBE
5/8	PITTENDREIGH, CORY	5314	00:58:01.15	05:48	10K20-29M	36/68	14/21	CONDOR
6/8	BEUTLER, JOSH	5280	00:58:54.10	05:53	10K20-29M	40/68	15/21	RIMBEY
7/8	FORBES, JOSH	5347	01:00:58.05	06:05	10K20-29M	46/68	18/21	RED DEER
8/8	STONES, LANDAN	5335	01:05:17.40	06:31	10K20-29M	52/68	19/21	RED DEER

10K30-39F - 16 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	City
1/16	HENKEL, ANNETTE	5346	00:43:13.90	04:19	10K30-39F	3/68	1/47	LACOMBE
2/16	MURPHY, MISTY "FAST"	5356	00:51:02.60	05:06	10K30-39F	15/68	5/47	LACOMBE
3/16	WAGER, BOBBIE	5330	00:52:33.40	05:15	10K30-39F	16/68	6/47	PONOKA
4/16	HAZLETT, TERRA	5333	00:52:54.20	05:17	10K30-39F	18/68	7/47	EDMONTON
5/16	BUTTAZZONI, STEPHANIE	5338	00:53:10.05	05:19	10K30-39F	20/68	9/47	CHILLIWACK
6/16	SAUER, SHAUNA	5336	00:53:44.80	05:22	10K30-39F	22/68	11/47	CLIVE
7/16	MYBURGH, RIA	5357	00:55:39.95	05:33	10K30-39F	25/68	14/47	LACOMBE
8/16	VANDE GLIND, JANET	5343	00:55:57.00	05:35	10K30-39F	26/68	15/47	LACOMBE
9/16	GILLARD, CORI-LYNN	5290	00:56:14.30	05:37	10K30-39F	27/68	16/47	LACOMBE
10/16	CROMBIE, TIFFANIE	5285	00:58:39.35	05:51	10K30-39F	39/68	25/47	SYLVAN LAKE
11/16	TEE-SAGANIS, HEATHER	5327	00:59:06.35	05:54	10K30-39F	41/68	26/47	LACOMBE
12/16	BROUWER, ADELE	5283	01:03:05.70	06:18	10K30-39F	49/68	31/47	LACOMBE
13/16	WILSON, CARMEN	5339	01:03:06.40	06:18	10K30-39F	50/68	32/47	LACOMBE
14/16	HUBER, RENEE	5296	01:09:12.30	06:55	10K30-39F	61/68	41/47	LACOMBE
15/16	DUBYNA, MANDY	5287	01:11:38.15	07:09	10K30-39F	63/68	42/47	LACOMBE
16/16	TRENCHUK, MYLA	5329	01:14:21.25	07:26	10K30-39F	65/68	44/47	LACOMBE

10K30-39M - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	City
1/3	LANGE, RICH	5302	00:44:42.60	04:28	10K30-39M	4/68	3/21	SHERWOOD PARK
2/3	ARMSON, GREG	5276	00:50:52.70	05:05	10K30-39M	13/68	9/21	LACOMBE
3/3	JOHNSTON, LEON	5299	00:51:01.45	05:06	10K30-39M	14/68	10/21	LACOMBE

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Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Category Results

10K Run/6.21 Miles

68 Competitors Total

10K40-49F - 7 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	City
1/7	MCLAINE, DIANA	5309	00:53:41.10	05:22	10K40-49F	21/68	10/47	RED DEER
2/7	BABBITT, DIONNE	5342	00:54:20.75	05:26	10K40-49F	24/68	13/47	RED DEER
3/7	HEINDEL, ERIN	5293	00:57:25.70	05:44	10K40-49F	31/68	20/47	LACOMBE
4/7	RICKETTS, ISLETA	5316	01:01:26.20	06:08	10K40-49F	47/68	29/47	CAMROSE
5/7	UBELS, LISA	5353	01:07:54.10	06:47	10K40-49F	57/68	37/47	PONOKA
6/7	TOSE, LISA	5328	01:08:06.05	06:48	10K40-49F	58/68	38/47	LEDUC
7/7	SCHMIDT, KATHERINE	5319	01:33:19.85	09:19	10K40-49F	68/68	47/47	PONOKA

10K40-49M - 6 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	City
1/6	EBERTS, RON	5288	00:42:53.10	04:17	10K40-49M	2/68	2/21	LACOMBE
2/6	LAWRENCE, NOEL	5303	00:45:52.80	04:35	10K40-49M	5/68	4/21	DELBURNE
3/6	CRICHTON, MARK	5344	00:48:47.80	04:52	10K40-49M	10/68	8/21	LACOMBE
4/6	HEINDEL, JEFF	5294	01:00:31.25	06:03	10K40-49M	44/68	17/21	LACOMBE
5/6	CAMPBELL, BRIAN	5337	01:06:42.60	06:40	10K40-49M	55/68	20/21	SPRING BROOK
6/6	STOCK, DAVID	5326	01:11:08.80	07:06	10K40-49M	62/68	21/21	RED DEER

10K50-59F - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	City
1/3	SKINNER, WENDY	5323	00:49:25.85	03:50	10K50-59F	12/68	4/47	LACOMBE
2/3	HUBER, THERESA	5298	01:03:28.20	06:20	10K50-59F	51/68	33/47	RED DEER
3/3	MACKENZIE, MARY	5306	01:18:32.00	07:51	10K50-59F	67/68	46/47	SYLVAN LAKE

10K50-59M - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	City
1/1	SIEMENS, DALE	5321	00:57:30.75	05:45	10K50-59M	32/68	12/21	RED DEER

10K60+M - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	City
1/1	MARTENS, RAY	5307	00:59:15.95	05:55	10K60+M	42/68	16/21	RIMBEY