2013 Lost Soul Ultra

Splits & Transition Times

100K

Name:		Bib:	HQ		Peen		Pavan		Pavan		Peen		HQ	
FEATHERSTONE, DEVIN		129	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**
100KM18-49M	Lap 1:	05:43:22	00:38:29	00:00:00	00:39:03	00:01:21	00:59:25	00:02:58	01:47:05	00:06:13	00:43:37	00:04:25	00:40:40	00:02:47
11:09:10.88	Lap 2:	05:25:49	00:40:40	00:02:47	00:52:12	00:02:37	01:11:42	00:02:43	01:45:03	00:00:00	00:45:24	00:00:52	00:42:24	
COMPLETE	Lap 3:													
ST LAURENT, ALISSA		177	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**
100KM18-49F	Lap 1:	05:50:53	00:41:22	00:00:00	00:44:10	00:00:00	01:04:03	00:04:00	01:42:04	00:03:05	00:44:32	00:01:40	00:45:54	00:05:01
11:49:24.38	Lap 2:	05:58:31	00:45:54	00:05:01	00:54:04	00:01:42	01:16:34	00:03:37	02:00:08	00:03:03	00:48:16	00:01:31	00:44:31	
COMPLETE	Lap 3:													
PRYCE, CARL		165	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**
100KM50+M	Lap 1:	05:33:40	00:38:27	00:00:00	00:39:06	00:00:00	01:00:01	00:02:01	01:39:26	00:03:22	00:44:11	00:03:12	00:43:51	00:03:58
11:57:40.71	Lap 2:	06:24:01	00:43:51	00:03:58	00:52:24	00:01:56	01:17:20	00:05:50	02:11:37	00:10:09	00:52:23	00:02:05	00:46:16	
COMPLETE	Lap 3:													
HUBBARD, JOHN		139	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**
100KM18-49M	Lap 1:	06:27:27	00:47:00	00:00:00	00:47:19	00:00:12	01:12:29	00:00:07	02:01:47	00:03:40	00:49:03	00:01:37	00:44:09	00:01:35
12:44:04.97	Lap 2:	06:16:38	00:44:09	00:01:35	00:52:40	00:01:18	01:25:34	00:04:46	01:59:31	00:03:18	00:55:47	00:01:29	00:50:38	
COMPLETE	Lap 3:													
LIBERMAN, JEREMY		148	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**
100KM18-49M	Lap 1:	06:22:59	00:47:08	00:00:00	00:47:13	00:02:15	01:08:23	00:03:51	01:49:47	00:04:37	00:47:48	00:03:09	00:48:44	00:08:06
13:06:20.05	Lap 2:	06:43:21	00:48:44	00:08:06	00:57:20	00:08:45	01:18:58	00:10:02	02:06:52	00:09:19	00:52:04	00:04:07	00:47:43	
COMPLETE	Lap 3:													
SALT, ADELA		169	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**
100KM18-49F	Lap 1:	06:14:02	00:44:20	00:00:00	00:46:01	00:00:05	01:06:57	00:01:31	01:48:10	00:04:31	00:47:41	00:04:38	00:50:04	00:04:22
13:20:29.91	Lap 2:	07:06:28	00:50:04	00:04:22	01:00:31	00:03:49	01:27:03	00:27:06	02:22:41	00:05:17	00:47:39	00:00:00	00:47:57	
COMPLETE	Lap 3:													
KOENIG, KAREN		144	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**
100KM50+F	Lap 1:	06:21:16	00:48:03	00:00:00	00:48:41	00:00:05	01:10:39	00:03:33	01:47:25	00:04:06	00:47:22	00:02:46	00:48:31	00:05:59
13:21:20.39	Lap 2:	07:00:05	00:48:31	00:05:59	00:59:05	00:05:09	01:26:22	00:10:16	02:11:44	00:05:08	00:56:37	00:05:06	00:54:35	
COMPLETE	Lap 3:													
SCHREIBER, STEFAN		174	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**
100KM18-49M	Lap 1:	05:55:12	00:40:30	00:00:00	00:41:10	00:00:06	00:59:41	00:01:30	01:48:37	00:04:53	00:46:06	00:05:42	00:46:53	00:10:27
13:38:29.70	Lap 2:	07:43:17	00:46:53	00:10:27	00:58:31	00:04:12	01:29:00	00:02:35	02:27:25	00:05:06	01:16:47	00:03:59	01:05:12	
COMPLETE	Lap 3:													
DYRLAND, DEBBIE		127	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**
100KM18-49F	Lap 1:	06:43:58	00:49:56	00:00:00	00:50:58	00:01:54	01:11:07	00:03:18	01:56:27	00:05:37	00:49:52	00:03:57	00:50:48	00:03:45
13:46:42.27	Lap 2:	07:02:44	00:50:48	00:03:45	01:03:17	00:04:21	01:26:50	00:04:10	02:14:57	00:05:07	00:59:15	00:02:19	00:58:39	
COMPLETE	Lap 3:													

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Splits & Transition Times

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Name:		Bib:	HQ		Peen		Pavan		Pavan		Peen		HQ	
SPIGA, PABLO		176	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**
100KM18-49M	Lap 1:	06:30:50	00:49:47	00:00:00	00:48:44	00:01:07	01:08:23	00:01:38	01:49:32	00:07:50	00:49:03	00:04:56	00:49:46	00:09:42
13:48:27.13	Lap 2:	07:17:37	00:49:46	00:09:42	01:00:07	00:09:22	01:21:32	00:11:42	02:17:26	00:14:02	00:54:35	00:06:00	00:53:06	
COMPLETE	Lap 3:													
HUNTLEY, DENNENE		140	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**
100KM18-49F	Lap 1:	06:40:01	00:47:15	00:00:00	00:49:27	00:00:10	01:10:35	00:03:24	01:57:14	00:02:51	00:53:17	00:02:10	00:53:36	00:04:56
13:56:04.32	Lap 2:	07:16:04	00:53:36	00:04:56	01:06:01	00:01:28	01:30:17	00:03:53	02:25:04	00:03:34	01:01:25	00:01:57	00:57:26	
COMPLETE	Lap 3:													
FREZELL, MARK		132	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**
100KM18-49M	Lap 1:	06:53:43	00:48:00	00:00:00	00:48:06	00:00:55	01:15:10	00:01:52	02:03:25	00:07:20	00:51:21	00:02:29	00:55:02	00:04:47
14:28:18.36	Lap 2:	07:34:35	00:55:02	00:04:47	01:03:13	00:11:11	01:38:07	00:12:55	02:19:12	00:06:37	01:00:36	00:02:31	00:55:21	
COMPLETE	Lap 3:													
HESLIP, CLAYTON		137	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**
100KM18-49M	Lap 1:	06:46:48	00:55:05	00:00:00	00:50:47	00:01:09	01:11:59	00:06:56	01:50:01	00:07:56	00:48:46	00:05:54	00:48:12	00:17:42
14:31:35.38	Lap 2:	07:44:48	00:48:12	00:17:42	00:57:21	00:08:23	01:23:39	00:15:42	02:15:08	00:12:06	01:04:18	00:11:19	00:59:06	
COMPLETE	Lap 3:													
WIENS, STAN		191	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**
100KM18-49M	Lap 1:	06:54:35	00:47:58	00:00:00	00:49:24	00:01:15	01:13:29	00:00:40	02:05:17	00:03:43	00:54:28	00:01:55	00:56:22	00:03:50
14:50:37.61	Lap 2:	07:56:02	00:56:22	00:03:50	01:10:59	00:03:29	01:53:37	00:10:04	02:22:43	00:02:46	01:03:48	00:02:49	01:01:54	
COMPLETE	Lap 3:													
O'BRIEN, RORY		160	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**
100KM18-49M	Lap 1:	06:59:44	00:46:22	00:00:00	00:47:39	00:01:00	01:11:25	00:01:36	02:16:30	00:05:28	00:54:24	00:01:39	00:53:35	00:01:36
14:54:28.23	Lap 2:	07:54:45	00:53:35	00:01:36	01:03:41	00:06:01	01:35:59	00:08:39	02:34:50	00:06:20	01:10:04	00:02:50	01:04:40	
COMPLETE	Lap 3:													
MACDONALD, MIKE		149	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**
100KM18-49M	Lap 1:	07:06:54	00:48:54	00:00:00	00:50:02	00:00:50	01:11:02	00:01:43	02:08:31	00:06:12	00:57:52	00:02:31	00:59:14	00:09:41
15:05:23.07	Lap 2:	07:58:29	00:59:14	00:09:41	01:08:04	00:06:09	01:41:11	00:14:35	02:28:11	00:08:44	01:02:13	00:02:19	00:57:18	
COMPLETE	Lap 3:													
COREY, JONAS		118	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**
100KM18-49M	Lap 1:	07:46:29	00:51:12	00:00:00	00:56:06	00:02:45	01:24:09	00:11:11	02:08:05	00:29:39	00:54:46	00:00:06	00:48:27	00:23:47
15:39:11.46	Lap 2:	07:52:42	00:48:27	00:23:47	00:59:22	00:04:32	01:29:17	00:09:53	02:18:42	00:15:22	01:04:55	00:08:52	00:57:55	
COMPLETE	Lap 3:													
LEE, HEATHER		147	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**
100KM18-49F	Lap 1:	07:40:26	00:52:52	00:00:00	00:53:38	00:03:17	01:21:14	00:08:17	02:10:37	00:08:12	01:01:43	00:04:13	00:56:18	00:06:26
15:49:23.92	Lap 2:	08:08:58	00:56:18	00:06:26	01:18:30	00:05:11	01:38:23	00:09:16	02:33:31	00:09:34	01:09:17	00:05:12	00:53:35	
COMPLETE	Lap 3:													

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100K

Name:		Bib:	HQ		Peen		Pavan		Pavan		Peen		HQ	
BONERTZ, KENT		108	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM18-49M	Lap 1:	08:20:52	00:58:25	00:00:00	01:03:01	00:02:55	01:32:56	00:04:38	02:22:19	00:05:42	01:02:48	00:01:08	01:06:55	00:06:39
16:39:09.84	Lap 2:	08:18:17	01:06:55	00:06:39	01:22:59	00:09:17	01:36:07	00:11:26	02:37:51	00:06:43	01:09:03	00:00:44	21:52:55	
COMPLETE	Lap 3:													
ZAHYNACZ, RYAN		195	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM18-49M	Lap 1:	07:29:18	00:50:37	00:00:00	00:49:51	00:01:55	01:10:04	00:05:12	02:15:01	00:09:32	01:00:45	00:05:36	01:00:41	00:11:00
16:39:35.01	Lap 2:	09:10:17	01:00:41	00:11:00	01:26:53	00:14:16	01:45:43	00:15:11	02:48:45	00:18:05	01:04:17	00:05:21	01:00:42	
COMPLETE	Lap 3:													
NIGHTINGALE, MICHAEL		158	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM18-49M	Lap 1:	07:55:38	00:55:08	00:00:00	01:01:20	00:02:44	01:23:23	00:04:52	02:19:44	00:10:50	00:56:01	00:02:45	00:58:47	00:11:38
16:46:21.62	Lap 2:	08:50:44	00:58:47	00:11:38	01:11:46	00:11:18	01:40:43	00:14:05	02:46:51	00:11:06	01:11:53	00:03:45	01:07:35	
COMPLETE	Lap 3:													
AVISON, AMANDA		101	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM18-49F	Lap 1:	07:33:50	00:50:23	00:00:00	00:49:55	00:01:56	01:14:10	00:03:35	02:12:49	00:09:39	01:05:06	00:12:37	00:53:36	00:11:03
16:50:53.62	Lap 2:	09:17:04	00:53:36	00:11:03	01:09:31	00:10:01	01:54:16	00:12:25	02:52:46	00:14:49	01:22:53	00:04:03	01:05:14	
COMPLETE	Lap 3:													
AVISON, CAMERON		102	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM18-49M	Lap 1:	07:36:35	00:50:24	00:00:00	00:49:53	00:01:55	01:12:54	00:04:54	02:12:20	00:10:03	01:05:08	00:12:42	00:56:18	00:08:16
16:50:54.40	Lap 2:	09:14:19	00:56:18	00:08:16	01:09:34	00:10:27	01:53:50	00:12:27	02:52:15	00:15:18	01:22:49	00:04:04	01:05:16	
COMPLETE	Lap 3:													
BARRETTE, FANNY		103	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM18-49F	Lap 1:	08:15:09	00:57:32	00:00:00	01:01:24	00:00:40	01:27:00	00:05:36	02:28:25	00:03:28	01:05:40	00:01:12	01:04:07	00:05:29
16:57:23.01	Lap 2:	08:42:15	01:04:07	00:05:29	01:22:23	00:00:32	01:49:28	00:05:31	03:03:49	00:01:29	01:20:35	00:00:03	00:52:50	
COMPLETE	Lap 3:													
KANASHIRO, DERRICK		141	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM18-49M	Lap 1:	08:06:00	00:55:31	00:00:00	00:53:15	00:05:35	01:18:14	00:10:06	02:14:08	00:24:42	00:55:43	00:09:39	00:59:02	00:12:09
17:05:01.83	Lap 2:	08:59:02	00:59:02	00:12:09	01:07:41	00:14:55	01:40:26	00:20:27	02:36:15	00:16:04	01:12:54	00:10:57	01:07:09	
COMPLETE	Lap 3:													
COPELAND, JENNIFER		117	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM18-49F	Lap 1:	08:06:16	00:56:00	00:00:00	00:59:18	00:05:35	01:25:38	00:11:09	02:10:48	00:14:52	00:57:51	00:05:45	00:59:16	00:11:52
17:05:02.20	Lap 2:	08:58:47	00:59:16	00:11:52	01:07:40	00:15:00	01:41:56	00:18:52	02:48:01	00:08:55	01:15:07	00:00:43	01:10:36	
COMPLETE	Lap 3:													
GINGRAS, SANDY		134	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM18-49F	Lap 1:	08:18:38	00:56:58	00:00:00	00:59:43	00:04:20	01:25:45	00:12:54	02:24:20	00:06:49	01:02:45	00:03:07	01:01:54	00:07:20
17:05:02.58	Lap 2:	08:46:25	01:01:54	00:07:20	01:10:25	00:04:09	01:42:23	00:18:40	02:48:05	00:08:56	01:15:06	00:00:42	01:10:35	
COMPLETE	Lap 3:													

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Splits & Transition Times

100K

Name:		Bib:	HQ		Peen		Pavan		Pavan		Peen		HQ	
WHEATCROFT, DON		190	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**
100KM50+M	Lap 1:	07:42:11	00:47:16	00:00:00	00:53:35	00:02:08	01:24:10	00:08:00	02:27:31	00:03:45	00:55:55	00:03:46	00:56:01	00:13:39
17:25:55.48	Lap 2:	09:43:44	00:56:01	00:13:39	01:13:57	00:11:44	01:52:49	00:33:41	02:59:42	00:07:21	01:12:54	00:04:43	01:13:10	
COMPLETE	Lap 3:													
PENNER, KEN		162	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**
100KM18-49M	Lap 1:	08:30:49	00:53:38	00:00:00	00:57:40	00:02:59	01:28:30	00:04:13	02:48:04	00:04:46	01:06:31	00:03:33	01:00:52	00:03:50
17:34:49.17	Lap 2:	09:04:00	01:00:52	00:03:50	01:14:06	00:06:43	01:41:29	00:08:00	03:06:09	00:08:16	01:16:32	00:04:09	01:14:43	
COMPLETE	Lap 3:													
WILLIAMSON, AARON		193	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**
100KM18-49M	Lap 1:	08:08:29	00:55:51	00:00:00	00:57:47	00:03:45	01:21:16	00:04:10	02:18:33	00:08:36	01:03:56	00:09:40	01:04:50	00:12:33
17:37:39.93	Lap 2:	09:29:11	01:04:50	00:12:33	01:13:46	00:08:43	01:45:47	00:12:15	02:44:10	00:18:20	01:20:57	00:05:59	01:26:37	
COMPLETE	Lap 3:													
SAYANI, MISTINA		170	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**
100KM18-49F	Lap 1:	07:59:43	00:52:17	00:00:00	00:57:26	00:01:11	01:30:49	00:07:13	02:18:35	00:07:37	00:58:25	00:03:11	01:02:55	00:19:30
17:39:34.77	Lap 2:	09:39:52	01:02:55	00:19:30	01:17:11	00:03:57	01:44:45	00:11:48	03:02:31	00:10:21	01:31:14	00:01:04	01:17:26	
COMPLETE	Lap 3:													
VATNE, BRIAN		185	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**
100KM18-49M	Lap 1:	08:26:14	00:57:34	00:00:00	01:02:38	00:03:11	01:30:01	00:04:23	02:26:16	00:05:08	01:09:21	00:03:36	01:04:02	00:10:18
17:40:25.54	Lap 2:	09:14:12	01:04:02	00:10:18	01:17:11	00:05:28	01:56:27	00:06:15	03:03:26	00:07:39	01:16:51	00:04:23	01:06:10	
COMPLETE	Lap 3:													
CARDINAL, ALISON		110	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**
100KM18-49F	Lap 1:	07:54:33	00:57:27	00:00:00	00:58:42	00:03:20	01:18:13	00:07:30	02:09:35	00:14:00	01:00:26	00:03:20	01:01:54	00:12:27
17:46:41.81	Lap 2:	09:52:09	01:01:54	00:12:27	01:11:14	00:30:43	01:48:44	00:17:38	02:40:50	00:22:41	01:23:28	00:12:28	01:11:52	
COMPLETE	Lap 3:													
TAYLOR, SUSAN		181	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**
100KM18-49F	Lap 1:	08:04:40	00:53:14	00:00:00	00:57:21	00:00:05	01:25:31	00:03:01	02:25:16	00:11:17	01:04:35	00:02:28	01:01:47	00:31:18
17:47:39.47	Lap 2:	09:43:00	01:01:47	00:31:18	01:20:47	00:00:18	01:52:40	00:14:15	03:02:36	00:10:44	01:13:27	00:03:34	01:13:18	
COMPLETE	Lap 3:													
AINA, JENNIFER		171	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**
100KM18-49F	Lap 1:	08:17:47	00:51:10	00:00:00	00:56:04	00:02:37	01:24:43	00:10:49	02:16:40	00:21:04	00:59:52	00:14:16	01:00:28	00:17:13
18:01:54.46	Lap 2:	09:44:07	01:00:28	00:17:13	01:17:39	00:14:45	02:07:54	00:24:43	02:53:19	00:11:24	01:13:59	00:03:04	01:00:02	
COMPLETE	Lap 3:													
SCHINDELER, SUSAN		173	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**
100KM18-49F	Lap 1:	09:11:00	00:56:49	00:00:00	01:03:07	00:09:02	01:36:09	00:17:11	02:29:33	00:18:38	01:10:09	00:16:50	00:53:29	00:19:05
18:01:55.38	Lap 2:	08:50:55	00:53:29	00:19:05	01:10:27	00:06:56	01:34:11	00:17:58	02:53:43	00:12:19	01:13:08	00:02:58	01:00:07	
COMPLETE	Lap 3:													

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Name:		Bib:	HQ		Peen		Pavan		Pavan		Peen		HQ	
WEINHEIMER, MARLA		188	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM18-49F	Lap 1:	08:43:58	00:59:27	00:00:00	01:03:11	00:06:21	01:34:45	00:01:17	02:27:42	00:16:56	01:06:38	00:07:45	00:59:52	00:25:31
18:01:56.05	Lap 2:	09:17:58	00:59:52	00:25:31	01:28:10	00:01:23	01:36:21	00:24:35	02:53:42	00:11:52	01:13:15	00:02:59	01:00:05	
COMPLETE	Lap 3:													
MACALISTER, SUSAN		29	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM18-49F	Lap 1:	09:05:57	00:57:22	00:00:00	01:03:02	00:01:55	01:37:18	00:09:58	02:41:51	00:09:22	01:16:53	00:06:07	01:02:04	00:10:57
18:09:06.05	Lap 2:	09:03:09	01:02:04	00:10:57	01:14:31	00:14:01	01:34:30	00:08:41	03:02:35	00:09:45	01:13:18	00:02:42	01:12:04	
COMPLETE	Lap 3:													
TRUMAN, COLIN		184	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM18-49M	Lap 1:	08:20:50	00:57:49	00:00:00	00:55:44	00:01:38	01:24:13	00:05:38	02:30:25	00:13:57	01:03:16	00:01:30	01:06:35	00:06:57
18:11:59.88	Lap 2:	09:51:10	01:06:35	00:06:57	01:22:46	00:08:31	01:44:39	00:07:38	03:18:41	00:04:28	01:27:31	00:03:14	01:26:39	
COMPLETE	Lap 3:													
REEVES, EDWARD		166	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM18-49M	Lap 1:	08:24:15	00:51:42	00:00:00	00:51:57	00:04:17	01:19:57	00:14:46	02:16:30	00:17:23	01:07:55	00:14:43	01:05:01	00:16:13
18:13:32.81	Lap 2:	09:49:18	01:05:01	00:16:13	01:07:45	00:00:06	02:06:33	00:53:20	02:42:52	00:14:07	01:19:34	00:04:43	01:04:01	
COMPLETE	Lap 3:													
CHISHOLM, LYNNE		115	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM50+F	Lap 1:	08:41:36	00:53:44	00:00:00	01:02:39	00:03:59	01:35:08	00:16:15	02:26:20	00:12:58	01:07:19	00:04:11	00:59:00	00:19:06
18:17:24.58	Lap 2:	09:35:48	00:59:00	00:19:06	01:13:49	00:10:24	01:41:11	00:16:55	02:50:29	00:28:01	01:12:48	00:12:57	01:10:04	
COMPLETE	Lap 3:													
SALMON, DIRK		168	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM18-49M	Lap 1:	08:43:16	00:51:41	00:00:00	00:55:42	00:03:25	01:34:10	00:11:37	02:35:18	00:09:42	01:09:25	00:06:48	01:05:24	00:32:27
18:57:56.06	Lap 2:	10:14:40	01:05:24	00:32:27	01:14:18	00:09:10	01:49:47	00:28:38	03:07:14	00:19:03	01:16:47	00:05:13	01:12:00	
COMPLETE	Lap 3:													
STEWART, MIKE		179	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM50+M	Lap 1:	09:03:26	01:00:42	00:00:00	01:05:02	00:03:26	01:34:39	00:09:32	02:36:54	00:07:42	01:10:15	00:09:31	01:05:37	00:09:59
19:42:30.33	Lap 2:	10:39:04	01:05:37	00:09:59	01:23:19	00:06:31	01:57:31	00:25:15	03:25:29	00:17:20	01:31:27	00:10:00	01:12:08	
COMPLETE	Lap 3:													
CHAHL, TARA		112	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM18-49F	Lap 1:	09:32:43	00:54:37	00:00:00	01:04:08	00:06:36	01:37:03	00:17:36	02:34:06	00:15:51	01:21:39	00:13:42	01:07:21	00:18:33
19:46:31.14	Lap 2:	10:13:48	01:07:21	00:18:33	01:24:39	00:13:13	01:55:00	00:13:22	03:09:24	00:24:29	01:18:36	00:04:38	01:11:50	
COMPLETE	Lap 3:													
WALLACE, THERESA		187	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM18-49F	Lap 1:	09:32:00	00:59:23	00:00:00	01:04:29	00:09:57	01:39:25	00:12:02	02:44:29	00:14:29	01:09:36	00:13:50	01:04:15	00:12:15
19:46:31.70	Lap 2:	10:14:32	01:04:15	00:12:15	01:23:04	00:17:25	01:58:24	00:15:50	03:22:38	00:08:25	01:20:00	00:04:40	01:11:46	
COMPLETE	Lap 3:													

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Name:		Bib:	HQ		Peen		Pavan		Pavan		Peen		HQ	
WALLACE, BRYAN		186	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM50+M	Lap 1:	09:31:55	00:54:39	00:00:00	01:04:02	00:06:38	01:37:07	00:17:31	02:34:06	00:15:56	01:21:30	00:13:51	01:06:31	00:19:19
19:46:32.32	Lap 2:	10:14:38	01:06:31	00:19:19	01:24:44	00:13:07	01:55:01	00:13:23	03:09:38	00:24:18	01:18:31	00:05:00	01:11:33	
COMPLETE	Lap 3:													
MARCOTTE, DENISE		150	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM18-49F	Lap 1:	08:20:37	00:57:24	00:00:00	01:02:32	00:01:26	01:34:05	00:04:05	02:24:57	00:06:16	01:03:23	00:02:29	01:03:54	00:05:27
20:09:51.16	Lap 2:	11:49:15	01:03:54	00:05:27	01:20:31	00:09:36	02:28:31	00:15:15	04:00:13	00:10:03	01:46:28	00:01:49	01:31:18	
COMPLETE	Lap 3:													
PEAT, EVAN		161	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM18-49M	Lap 1:	09:16:03	00:56:56	00:00:00	00:59:47	00:04:11	01:30:12	00:13:37	02:35:55	00:11:32	01:20:04	00:14:34	01:09:12	00:41:21
20:11:05.39	Lap 2:	10:55:03	01:09:12	00:41:21	01:14:45	00:11:29	01:48:33	00:27:48	03:12:13	00:22:55	01:28:59	00:07:09	01:19:48	
COMPLETE	Lap 3:													
CHECKEL, DAVID		113	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM50+M	Lap 1:	09:27:04	00:56:50	00:00:00	01:01:36	00:08:01	01:28:40	00:11:20	02:30:06	00:26:35	01:14:54	00:18:24	01:10:33	00:49:07
21:08:13.63	Lap 2:	11:41:09	01:10:33	00:49:07	01:25:04	00:19:26	02:05:14	00:25:53	03:17:19	00:24:14	01:29:01	00:14:38	01:11:08	
COMPLETE	Lap 3:													
VIKSE, GRAHAM		47	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM18-49M	Lap 1:													
21:13:50.73	Lap 2:													
COMPLETE	Lap 3:													
KUJAWA, THOMAS		146	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM50+M	Lap 1:	09:05:39	00:58:44	00:00:00	01:03:01	00:07:10	01:30:10	00:21:26	02:28:58	00:17:15	01:04:58	00:09:42	01:04:11	01:05:44
21:22:38.25	Lap 2:	12:16:59	01:04:11	01:05:44	01:16:02	00:15:02	01:59:39	00:59:21	03:18:49	00:25:51	01:26:39	00:10:22	01:19:27	
COMPLETE	Lap 3:													
KUJAWA, LUCIA		145	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM18-49F	Lap 1:	09:05:37	00:59:28	00:00:00	01:02:01	00:07:24	01:30:00	00:21:36	02:28:58	00:16:58	01:05:08	00:09:49	01:04:11	01:05:44
21:22:38.82	Lap 2:	12:17:02	01:04:11	01:05:44	01:15:53	00:15:11	01:59:32	00:59:28	03:18:44	00:25:17	01:27:19	00:10:21	01:19:31	
COMPLETE	Lap 3:													
SWITZER, JOHN		180	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM50+M	Lap 1:	09:32:37	00:57:39	00:00:00	01:02:22	00:09:06	01:36:09	00:17:23	02:29:25	00:18:22	01:11:32	00:26:45	01:03:52	00:39:06
21:24:33.84	Lap 2:	11:51:57	01:03:52	00:39:06	01:25:58	00:27:39	02:00:03	00:28:03	03:42:21	00:22:10	01:26:00	00:05:54	01:14:39	
COMPLETE	Lap 3:													
THIESSEN, ERNIE		182	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM50+M	Lap 1:	09:32:39	00:56:52	00:00:00	01:03:07	00:09:03	01:36:08	00:17:09	02:29:35	00:18:42	01:11:24	00:26:38	01:03:59	00:39:05
21:24:34.25	Lap 2:	11:51:55	01:03:59	00:39:05	01:25:53	00:26:22	02:01:21	00:28:03	03:42:14	00:22:16	01:25:50	00:06:08	01:14:38	
COMPLETE	Lap 3:													

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Name:		Bib:	HQ		Peen		Pavan		Pavan		Peen		HQ	
MILLS, MICHELLE		156	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM18-49F	Lap 1:	10:30:21	01:10:23	00:00:00	01:13:44	00:05:53	01:55:08	00:10:39	03:10:36	00:14:33	01:15:43	00:00:20	01:13:19	00:16:43
21:29:38.43	Lap 2:	10:59:18	01:13:19	00:16:43	01:27:51	00:11:32	02:09:47	00:14:46	03:34:39	00:07:59	01:33:01	00:03:00	01:19:55	
COMPLETE	Lap 3:													
STARICH, MARIE		178	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM50+F	Lap 1:	10:30:29	01:10:21	00:00:00	01:13:44	00:05:53	01:55:09	00:10:37	03:10:49	00:14:26	01:15:47	00:00:09	01:13:29	00:16:32
21:29:50.95	Lap 2:	10:59:22	01:13:29	00:16:32	01:28:31	00:10:47	02:10:19	00:14:21	03:34:42	00:07:59	01:33:02	00:02:58	01:20:06	
COMPLETE	Lap 3:													
TOWNS, STEVE		183	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM18-49M	Lap 1:	09:23:39	00:49:04	00:00:00	00:58:01	00:03:12	01:27:15	00:38:03	02:39:29	00:21:42	01:07:28	00:10:50	01:08:31	04:26:11
22:21:17.01	Lap 2:	12:57:38	01:08:31	04:26:11	01:10:39	00:05:51	01:45:13	00:06:52	02:52:07	00:05:34	01:13:34	00:06:15	01:05:17	
COMPLETE	Lap 3:													
KING, JENNIFER		142	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM18-49F	Lap 1:	10:14:58	01:09:15	00:00:00	01:12:40	00:08:17	01:48:48	00:11:37	02:55:29	00:07:37	01:17:58	00:11:50	01:11:23	00:15:34
22:50:52.87	Lap 2:	12:35:55	01:11:23	00:15:34	01:37:08	00:14:50	02:25:54	00:17:50	04:00:14	00:22:21	01:43:34	00:09:02	01:29:24	
COMPLETE	Lap 3:													
BOTTERILL, CAROLIN		109	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM18-49F	Lap 1:	10:29:38	01:01:21	00:00:00	01:15:16	00:05:33	01:55:10	00:07:29	00:00:02	03:20:52	01:23:20	00:07:58	01:12:34	00:07:20
22:58:22.22	Lap 2:	12:28:44	01:12:34	00:07:20	01:14:50	00:08:40	02:13:50	00:14:29	04:25:24	00:16:10	02:01:26	00:08:16	01:38:15	
COMPLETE	Lap 3:													
DE KREEK, YOLANDA		123	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM50+F	Lap 1:	10:52:57	01:09:52	00:00:00	01:21:50	00:05:23	02:01:17	00:12:55	03:12:57	00:07:23	01:22:48	00:04:01	01:14:27	00:24:25
22:59:38.07	Lap 2:	12:06:41	01:14:27	00:24:25	01:26:48	00:05:22	02:21:11	00:20:40	03:42:26	00:18:40	01:44:04	00:07:54	01:35:05	
COMPLETE	Lap 3:													
BONAPARTE-SARGEANT, JA(		107	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM50+F	Lap 1:	11:16:16	01:09:48	00:00:00	01:20:31	00:02:17	02:04:53	00:08:47	03:23:17	00:15:11	01:24:32	00:00:05	01:26:51	00:21:42
23:45:30.18	Lap 2:	12:29:14	01:26:51	00:21:42	01:54:36	00:03:18	02:41:31	00:16:06	04:02:58	00:07:56	01:42:07	00:03:21	01:15:34	
COMPLETE	Lap 3:													
BELL, MARY		104	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM50+F	Lap 1:	10:55:50	01:01:24	00:00:00	01:16:12	00:02:54	02:08:01	00:07:19	03:22:41	00:09:48	01:27:26	00:02:12	01:17:50	00:12:17
23:50:04.09	Lap 2:	12:54:14	01:17:50	00:12:17	01:41:24	00:06:30	02:39:37	00:23:14	04:31:07	00:06:07	01:55:13	00:06:54	01:11:48	
COMPLETE	Lap 3:													
MCCULLY, JON		153	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM18-49M	Lap 1:	09:58:19	00:58:30	00:00:00	01:02:51	00:07:20	01:35:06	00:19:05	02:44:06	00:17:47	01:23:46	00:15:05	01:14:39	01:32:33
24:22:27.59	Lap 2:	14:24:08	01:14:39	01:32:33	01:36:13	00:07:36	02:26:42	00:19:08	04:37:57	00:15:16	01:52:40	00:05:59	01:29:59	
COMPLETE	Lap 3:													

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Splits & Transition Times

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Name:		Bib:	HQ		Peen		Pavan		Pavan		Peen		HQ	
DUVALL, KERRY		126	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM18-49F	Lap 1:	10:29:15	01:07:11	00:00:00	01:19:57	00:03:42	01:58:25	00:15:50	03:00:58	00:12:34	01:18:25	00:00:03	01:12:05	00:33:42
24:49:26.31	Lap 2:	14:20:11	01:12:05	00:33:42	01:28:54	00:02:23	02:22:58	01:00:34	04:37:38	00:27:13	01:58:38	00:19:34	01:28:32	
COMPLETE	Lap 3:													
MATHIES, HARVEY		151	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM50+M	Lap 1:	11:50:24	01:07:49	00:00:00	01:22:15	00:14:35	02:01:56	00:26:51	03:16:44	00:36:53	01:21:04	00:12:14	01:09:58	00:51:46
24:50:15.71	Lap 2:	12:59:52	01:09:58	00:51:46	01:37:57	00:12:47	02:17:32	00:21:22	03:55:53	00:33:41	01:33:59	00:10:47	01:24:03	
COMPLETE	Lap 3:													
MATHIES, KARON		152	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM50+F	Lap 1:	11:50:22	01:07:48	00:00:00	01:22:19	00:14:22	02:02:07	00:26:31	03:17:20	00:36:19	01:21:23	00:12:10	01:09:57	00:51:50
24:50:16.77	Lap 2:	12:59:55	01:09:57	00:51:50	01:37:52	00:12:49	02:17:31	00:21:28	03:55:47	00:33:48	01:33:51	00:10:54	01:24:01	
COMPLETE	Lap 3:													
CHERNICHEN, JAMES		114	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM50+M	Lap 1:	11:14:07	01:01:55	00:00:00	01:25:21	00:07:15	01:56:57	00:23:48	03:14:10	00:22:58	01:11:27	00:07:50	01:22:21	00:57:15
25:44:42.53	Lap 2:	14:30:36	01:22:21	00:57:15	01:43:42	00:11:59	02:41:00	00:13:29	04:28:11	00:40:19	01:44:38	00:08:04	01:41:54	
COMPLETE	Lap 3:													
COSLOVI, JADE		119	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM18-49M	Lap 1:	11:47:40	01:06:28	00:00:00	01:19:35	00:10:34	01:48:58	00:47:59	03:11:28	00:29:28	01:31:28	00:00:04	01:21:35	00:42:59
26:48:20.99	Lap 2:	15:00:41	01:21:35	00:42:59	01:58:57	00:40:43	03:01:22	00:12:13	04:15:15	00:29:39	01:48:05	00:19:14	01:32:10	
COMPLETE	Lap 3:													
SIMPSON, LAURA		175	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM18-49F	Lap 1:	12:19:14	01:01:38	00:00:00	01:19:07	00:15:15	02:07:43	00:22:17	03:34:30	00:39:34	01:19:40	00:21:08	01:18:19	00:18:11
27:01:33.14	Lap 2:	14:42:19	01:18:19	00:18:11	01:49:30	00:43:37	02:49:01	01:23:53	04:19:32	00:19:54	01:35:17	00:10:46	01:12:33	
COMPLETE	Lap 3:													
BIDAUX, STEVEN		106	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM18-49M	Lap 1:		00:56:53	00:00:00	01:03:25	00:08:45	01:34:36	00:20:22	02:39:09	00:25:51	01:22:19	00:30:11		
	Lap 2:													
DNF	Lap 3:													
CYMERYS, BEN		122	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM18-49M	Lap 1:		00:51:14	00:00:00	00:56:03	00:02:45	01:24:38	00:10:49	02:16:34	00:21:03	00:59:57	00:14:18		
	Lap 2:													
DNF	Lap 3:													
WILLIAMS, CAROL J		192	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM50+F	Lap 1:		00:49:36	00:00:00	00:51:13	00:00:41	01:18:45	00:05:11	02:11:43	00:05:33	00:58:13	00:02:56		
	Lap 2:													
DNF	Lap 3:													

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Name:		Bib:	HQ		Peen		Pavan		Pavan		Peen		HQ	
BERRY, LORI		105	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM18-49F	Lap 1:		01:31:43	00:00:00	02:09:49	00:36:20								
	Lap 2:													
DNF	Lap 3:													
CRAMER, AL		121	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM50+M	Lap 1:		00:48:02	00:00:00	00:52:57	00:04:29								
	Lap 2:													
DNF	Lap 3:													
CRAIG, MARIAN		120	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM50+F	Lap 1:		01:05:05	00:00:00	01:13:38	00:02:04	01:47:33	00:14:06	02:49:38	00:15:58	01:17:25	00:15:49	01:15:30	01:02:31
	Lap 2:		01:15:30	01:02:31										
DNF	Lap 3:													
WEST, BEN		189	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM18-49M	Lap 1:		00:48:10	00:00:00	00:45:48	00:00:27	01:10:05	00:04:33						
	Lap 2:													
DNF	Lap 3:													
ZOETEMAN, JANA		196	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM50+F	Lap 1:		00:55:16	00:00:00	01:02:15	00:09:42	01:46:30	00:16:30	02:53:50	00:20:01	01:22:55	00:06:17	01:10:09	00:29:27
	Lap 2:		01:10:09	00:29:27	01:35:43	00:10:52	02:54:14	00:42:03						
DNF	Lap 3:													
POYTRESS, LACEY		164	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM18-49F	Lap 1:		01:06:00	00:00:00	01:27:03	00:10:56	01:57:25	00:22:46	03:06:59	00:29:35	05:56:38	07:19:54		
	Lap 2:													
DNF	Lap 3:													
MILKE, MICHELLE		155	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM18-49F	Lap 1:		01:06:09	00:00:00	01:17:59	00:05:53	01:55:08	00:11:18	03:10:08	00:14:22	01:17:02	00:10:37		
	Lap 2:													
DNF	Lap 3:													
ESTRADA, RICARDO		128	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM18-49M	Lap 1:		00:40:50	00:00:00	00:43:22	00:01:47	01:03:34	00:06:34	02:00:24	00:06:04	00:57:42	00:02:53		
	Lap 2:													
DNF	Lap 3:													
GOULDEN, MATTHEW		136	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM18-49M	Lap 1:		00:46:28	00:00:00	00:47:40	00:00:45	01:17:56	00:04:58	02:18:47	00:06:30				
	Lap 2:													
DNF	Lap 3:													

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Name:		Bib:	HQ		Peen		Pavan		Pavan		Peen		HQ	
METSKY, JEFF		154	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**
100KM18-49M	Lap 1:		00:52:19	00:00:00	00:51:55	00:00:04	01:17:05	00:04:45	02:26:46	00:06:59	01:05:24	00:01:33		
	Lap 2:													
DNF	Lap 3:													
NICOL, JIM		157	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**
100KM18-49M	Lap 1:		01:01:43	00:00:00	01:19:35	00:15:02	01:50:25	00:39:09	03:01:23	01:12:29	01:19:50	00:21:07		
	Lap 2:													
DNF	Lap 3:													
FRASER, BETH		131	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**
100KM18-49F	Lap 1:		00:53:46	00:00:00	00:56:48	00:00:08	01:26:59	00:01:36	02:33:38	00:05:01	01:12:10	00:00:05		
	Lap 2:													
DNF	Lap 3:													
DUBORD, MARC		125	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**
100KM50+M	Lap 1:		00:58:34	00:00:00	01:02:04	00:06:33	01:31:59	00:11:43	02:36:57	00:21:04	01:09:25	00:05:25		
	Lap 2:													
DNF	Lap 3:													
DOWNEY, LORI		124	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**
100KM50+F	Lap 1:		00:59:43	00:00:00	01:10:34	00:05:26	01:44:41	00:10:12	02:53:56	00:18:21	01:16:46	00:08:18		
	Lap 2:													
DNF	Lap 3:													
POYTRESS, ALAN		163	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**
100KM50+M	Lap 1:		01:06:02	00:00:00	01:27:05	00:10:55	01:57:25	00:22:42	03:07:07	00:29:23	01:23:20	00:06:16		
	Lap 2:													
DNF	Lap 3:													
GOING, KARA		135	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**
100KM18-49F	Lap 1:		00:57:12	00:00:00	01:04:50	00:07:58	01:44:38	02:50:37	00:13:59	08:07:07	06:52:04	00:06:17	01:12:45	00:20:26
	Lap 2:		01:12:45	00:20:26	17:45:45	00:23:49	03:57:39	05:19:48						
DNF	Lap 3:													
SCHILDWACHTER, DOUG		172	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**
100KM50+M	Lap 1:		01:08:52	00:00:00	01:22:39	00:00:08	02:29:57	00:14:42	03:50:42	00:20:37	01:47:32	00:15:46	01:39:32	00:57:31
	Lap 2:		01:39:32	00:57:31										
DNF	Lap 3:													
HINDS, PATRICK		138	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**
100KM18-49M	Lap 1:		00:58:48	00:00:00	01:05:25	00:01:15	01:37:16	00:05:06						
	Lap 2:													
DNF	Lap 3:													

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Name:		Bib:	HQ		Peen		Pavan		Pavan		Peen		HQ	
RENMAN, DENISE		167	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM18-49F	Lap 1:		01:16:54	00:00:00	01:34:41	00:13:17	02:19:01	00:29:36	04:11:57	00:21:42	01:36:06	00:20:46	01:27:56	00:58:23
	Lap 2:													
DNF	Lap 3:													
O, AKI		159	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM18-49M	Lap 1:													
	Lap 2:													
DNS	Lap 3:													
GAUDET, WAYNE		133	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM50+M	Lap 1:													
	Lap 2:													
DNS	Lap 3:													
CAREY, BILL		111	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM50+M	Lap 1:													
	Lap 2:													
DNS	Lap 3:													
KINZEL, MATTHEW		143	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM18-49M	Lap 1:													
	Lap 2:													
DNS	Lap 3:													
WILSON, MATT		194	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM18-49M	Lap 1:													
	Lap 2:													
DNS	Lap 3:													
CHOW, DAVID		116	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM18-49M	Lap 1:													
	Lap 2:													
DNS	Lap 3:													
FLEMING, LINDSEY		130	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM18-49F	Lap 1:													
	Lap 2:													
DNS	Lap 3:													