2014 Lost Soul Ultra

Splits & Transition Times

100K

Name:		Bib:	HQ		Peen		Pavan		Pavan		Peen		HQ	
SEAMAN, DARREN		220	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM40-49M	Lap 1:	05:21:07	00:38:16	00:00:00	00:44:02	00:00:21	00:57:11	00:00:41	01:40:08	00:01:08	00:38:48	00:00:59	00:39:28	00:02:19
11:00:14.25	Lap 2:	05:39:09	00:39:28	00:02:19	00:54:44	00:01:53	01:12:38	00:02:14	01:55:37	00:01:37	00:45:58	00:01:11	00:40:52	
COMPLETE	Lap 3:													
ST LAURENT, ALISSA		115	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM18-39F	Lap 1:	05:37:04	00:38:33	00:00:00	00:46:40	00:00:00	01:02:47	00:00:55	01:44:41	00:01:38	00:42:29	01:33:18	00:53:58	00:01:32
11:00:55.20	Lap 2:	05:23:53	00:53:58	00:01:32	00:53:42	00:00:00	01:11:36	00:01:45	01:51:12	00:00:00	00:43:59	00:00:00	00:40:06	
COMPLETE	Lap 3:													
FEATHERSTONE, DEVIN		127	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM18-39M	Lap 1:	05:28:08	00:34:50	00:00:00	00:42:10	00:00:24	00:57:21	00:00:02	01:40:59	00:01:37	00:44:04	00:02:37	00:44:01	00:06:21
11:22:34.05	Lap 2:	05:54:27	00:44:01	00:06:21	00:57:36	00:08:24	01:08:45	00:03:03	01:58:18	00:03:14	00:46:06	00:02:39	00:39:57	
COMPLETE	Lap 3:													
DOHERTY, LANCE		126	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM18-39M	Lap 1:	06:04:30	00:39:33	00:00:00	00:47:18	00:00:15	01:02:14	00:00:36	02:01:46	00:01:01	00:44:57	00:01:23	00:45:23	00:01:44
12:22:49.45	Lap 2:	06:18:20	00:45:23	00:01:44	01:05:02	00:00:55	01:25:40	00:02:09	02:07:06	00:01:45	00:48:06	00:00:00	00:45:49	
COMPLETE	Lap 3:													
O'BRIEN, RORY		135	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM18-39M	Lap 1:	06:36:13	00:39:48	00:00:00	00:45:52	00:00:04	01:05:06	00:00:42	02:28:48	00:04:37	00:43:01	00:01:23	00:46:49	00:01:12
12:44:16.30	Lap 2:	06:08:04	00:46:49	00:01:12	01:02:34	00:01:10	01:19:19	00:00:51	02:03:34	00:01:22	00:48:57	00:01:08	00:47:54	
COMPLETE	Lap 3:													
COPP, WENDY		101	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM18-39F	Lap 1:	06:11:45	00:40:06	00:00:00	00:49:18	00:00:05	01:09:32	00:00:57	01:54:53	00:04:20	00:47:18	00:01:43	00:43:29	00:03:04
12:56:27.45	Lap 2:	06:44:43	00:43:29	00:03:04	01:00:02	00:04:40	01:19:07	00:01:58	02:10:29	00:02:22	01:04:53	00:00:52	00:57:11	
COMPLETE	Lap 3:													
WIRTZ, BRENDAN		142	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM18-39M	Lap 1:	06:16:09	00:41:20	00:00:00	00:56:20	00:02:41	01:03:25	00:03:23	01:51:05	00:02:47	00:46:39	00:02:22	00:46:01	00:02:06
13:05:36.30	Lap 2:	06:49:29	00:46:01	00:02:06	01:01:44	00:08:17	01:21:53	00:08:19	02:19:15	00:05:48	00:52:41	00:01:00	00:48:20	
COMPLETE	Lap 3:													
KOENIG, KAREN		182	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM50+F	Lap 1:	06:18:37	00:43:39	00:00:00	00:50:51	00:00:02	01:08:25	00:00:02	01:56:26	00:03:14	00:47:39	00:01:17	00:46:59	00:03:12
13:08:05.00	Lap 2:	06:49:29	00:46:59	00:03:12	01:03:21	00:03:46	01:22:00	00:07:49	02:12:46	00:06:32	00:55:27	00:01:23	00:53:08	
COMPLETE	Lap 3:													
MORTIMER, IAN		134	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM18-39M	Lap 1:	06:19:22	00:44:32	00:00:00	00:51:25	00:00:02	01:05:29	00:00:36	01:55:33	00:00:00	00:52:10	00:00:06	00:49:25	00:02:17
13:28:07.05	Lap 2:	07:08:44	00:49:25	00:02:17	01:04:40	00:05:57	01:24:20	00:00:06	02:24:48	00:00:16	01:00:43	00:00:04	01:05:31	
COMPLETE	Lap 3:													

2014 Lost Soul Ultra

Splits & Transition Times

100K

Name:		Bib:	HQ		Peen		Pavan		Pavan		Peen		HQ	
HUNTLEY, DENNENE		103	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**
100KM18-39F	Lap 1:	06:36:20	00:45:19	00:00:00	00:52:10	00:00:02	01:07:42	00:01:47	02:00:16	00:02:05	00:55:29	00:00:00	00:51:27	00:05:19
14:05:18.15	Lap 2:	07:28:58	00:51:27	00:05:19	01:06:56	00:00:00	01:29:26	00:01:47	02:35:54	00:03:20	01:03:51	00:01:16	01:01:05	
COMPLETE	Lap 3:													
ERICKSON, GEORGE		157	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**
100KM40-49M	Lap 1:	06:19:56	00:42:34	00:00:00	00:48:59	00:02:31	01:06:57	00:00:11	01:55:54	00:02:40	00:47:57	00:05:35	00:46:32	00:04:02
14:05:19.90	Lap 2:	07:45:24	00:46:32	00:04:02	01:06:19	00:05:48	01:25:10	00:12:13	02:31:53	00:11:20	01:06:24	00:00:04	01:02:08	
COMPLETE	Lap 3:													
WIENS, STAN		215	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**
100KM50+M	Lap 1:	07:14:20	00:46:59	00:00:00	00:58:29	00:01:11	01:19:29	00:00:44	02:12:28	00:01:45	00:56:45	00:03:06	00:53:20	00:02:02
14:18:51.00	Lap 2:	07:04:31	00:53:20	00:02:02	01:04:45	00:01:53	01:22:02	00:01:13	02:15:41	00:01:16	01:05:06	00:02:33	01:07:56	
COMPLETE	Lap 3:													
GAUDET, WAYNE		195	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**
100KM50+M	Lap 1:	06:50:33	00:44:29	00:00:00	00:56:14	00:00:29	01:15:23	00:00:58	02:02:07	00:01:12	00:53:24	00:01:37	00:54:35	00:01:44
14:41:26.95	Lap 2:	07:50:57	00:54:35	00:01:44	01:15:30	00:03:12	01:34:38	00:03:08	02:31:37	00:05:07	01:10:07	00:02:07	01:03:43	
COMPLETE	Lap 3:													
WIKMAN, JOHAN		216	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**
100KM50+M	Lap 1:	07:18:55	00:48:37	00:00:00	00:54:55	00:00:07	01:16:33	00:01:11	02:19:50	00:05:57	00:58:53	00:01:38	00:51:11	00:15:25
14:44:39.25	Lap 2:	07:25:47	00:51:11	00:15:25	01:06:22	00:06:54	01:27:51	00:10:42	02:16:38	00:04:54	00:58:56	00:03:29	00:54:33	
COMPLETE	Lap 3:													
REYES, ERIC		136	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**
100KM18-39M	Lap 1:	07:02:26	00:44:31	00:00:00	00:48:45	00:00:02	01:11:51	00:00:36	02:11:11	00:05:40	00:58:31	00:00:44	01:00:31	00:18:09
15:10:41.85	Lap 2:	08:08:18	01:00:31	00:18:09	01:11:38	00:05:40	01:42:30	00:11:23	02:40:03	00:07:00	00:55:43	00:02:15	00:53:52	
COMPLETE	Lap 3:													
COOPER, TOD		188	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**
100KM50+M	Lap 1:	06:57:42	00:47:49	00:00:00	00:55:35	00:00:02	01:12:14	00:02:52	02:02:51	00:05:05	00:51:29	00:09:03	00:50:37	00:12:29
15:21:58.70	Lap 2:	08:24:20	00:50:37	00:12:29	01:10:30	00:12:33	01:33:48	00:19:59	02:23:10	00:17:01	01:04:17	00:06:29	01:04:01	
COMPLETE	Lap 3:													
CARSTAIRS, ROB		222	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**
100KM40-49M	Lap 1:	07:00:02	00:52:57	00:00:00	00:54:29	00:03:11	01:10:12	00:04:31	02:00:07	00:06:38	00:51:36	00:05:53	00:50:24	00:09:03
15:26:15.70	Lap 2:	08:26:17	00:50:24	00:09:03	01:10:50	00:09:12	01:26:11	00:09:12	02:35:08	00:12:06	01:14:18	00:03:14	01:17:00	
COMPLETE	Lap 3:													
CHAHL, TARA		100	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**
100KM18-39F	Lap 1:	07:47:58	00:54:49	00:00:00	01:03:10	00:04:21	01:23:01	00:03:20	02:15:58	00:06:32	01:01:07	00:02:12	00:53:22	00:08:11
15:47:03.10	Lap 2:	07:59:07	00:53:22	00:08:11	01:18:19	00:03:27	01:32:27	00:07:43	02:35:06	00:06:34	01:06:28	00:03:51	00:56:57	
COMPLETE	Lap 3:													

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Splits & Transition Times

100K

Name:		Bib:	HQ		Peen		Pavan		Pavan		Peen		HQ	
HESLIP, CLAYTON		162	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM40-49M	Lap 1:	08:38:16	00:50:28	00:00:00	00:54:38	00:02:36	01:14:03	00:05:15	01:54:55	00:07:18	00:52:00	01:53:21	00:43:38	00:11:20
16:05:36.85	Lap 2:	07:27:23	00:43:38	00:11:20	01:01:16	00:10:12	01:17:27	00:12:34	02:21:05	00:09:16	00:57:51	00:03:53	01:02:23	
COMPLETE	Lap 3:													
AMBROSE, NEIL		185	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM50+M	Lap 1:	07:56:34	00:50:51	00:00:00	01:02:22	00:00:52	01:26:01	00:02:23	02:22:35	00:03:40	01:03:41	00:02:04	01:02:04	00:10:09
16:15:14.30	Lap 2:	08:18:43	01:02:04	00:10:09	01:27:44	00:14:01	01:40:19	00:09:26	02:27:33	00:06:23	01:02:06	00:04:09	00:56:49	
COMPLETE	Lap 3:													
PENNER, KEN		206	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM50+M	Lap 1:	07:54:56	00:50:25	00:00:00	01:00:56	00:02:25	01:19:55	00:03:27	02:32:54	00:04:10	00:59:53	00:02:52	00:57:54	00:07:30
16:20:49.50	Lap 2:	08:25:54	00:57:54	00:07:30	01:14:14	00:02:28	01:38:20	00:04:34	02:50:03	00:06:31	01:10:56	00:02:20	01:08:54	
COMPLETE	Lap 3:													
MCLEOD, KATHERINE		111	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM18-39F	Lap 1:	07:47:28	00:47:16	00:00:00	00:56:29	00:02:10	01:15:45	00:07:52	02:22:39	00:14:23	00:56:53	00:09:25	00:54:31	00:14:30
16:20:54.25	Lap 2:	08:33:23	00:54:31	00:14:30	01:11:36	00:10:56	01:35:32	00:13:48	02:38:18	00:06:33	01:08:43	00:05:29	01:07:53	
COMPLETE	Lap 3:													
SAVARD, TODD		176	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM40-49M	Lap 1:	07:12:13	00:47:31	00:00:00	00:49:54	00:00:52	01:12:29	00:08:02	02:08:40	00:13:32	00:58:22	00:01:52	00:50:54	00:19:06
16:22:16.30	Lap 2:	09:10:05	00:50:54	00:19:06	01:15:31	00:07:53	01:35:50	00:10:30	03:00:18	00:22:35	01:13:41	00:08:57	00:55:39	
COMPLETE	Lap 3:													
COULOMBE, MARTIN		124	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM18-39M	Lap 1:	07:17:59	00:45:26	00:00:00	00:55:01	00:00:04	01:15:36	00:00:54	02:20:24	00:01:44	00:57:10	00:04:14	00:57:22	00:14:35
16:39:52.65	Lap 2:	09:21:56	00:57:22	00:14:35	01:14:14	00:07:08	01:37:33	00:21:47	02:48:12	00:16:28	01:11:00	00:12:38	01:18:18	
COMPLETE	Lap 3:													
HARRISON, BRIAN		129	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM18-39M	Lap 1:	08:01:36	00:59:03	00:00:00	01:07:05	00:07:03	01:21:05	00:05:31	02:15:23	00:07:48	00:58:28	00:05:41	00:54:24	00:08:40
16:40:45.30	Lap 2:	08:39:12	00:54:24	00:08:40	01:18:44	00:04:45	01:38:37	00:08:09	02:51:46	00:06:55	01:16:20	00:00:10	01:05:01	
COMPLETE	Lap 3:													
HOBBINS, GORD		200	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM50+M	Lap 1:	07:49:29	00:50:03	00:00:00	00:59:32	00:01:34	01:20:38	00:03:56	02:17:40	00:05:23	01:05:28	00:04:11	01:01:00	00:06:15
17:03:11.75	Lap 2:	09:13:44	01:01:00	00:06:15	01:18:39	00:04:14	01:43:34	00:12:45	02:56:40	00:10:30	01:22:56	00:07:01	01:11:05	
COMPLETE	Lap 3:													
ROBERTSON, STEVEN		174	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM40-49M	Lap 1:	07:45:59	00:48:14	00:00:00	00:57:23	00:04:02	01:19:17	00:04:04	02:19:39	00:09:00	00:58:41	00:05:19	01:00:15	00:08:51
17:06:02.60	Lap 2:	09:20:05	01:00:15	00:08:51	01:20:53	00:05:48	01:49:48	00:19:08	02:52:35	00:08:42	01:22:02	00:04:42	01:07:32	
COMPLETE	Lap 3:													

2014 Lost Soul Ultra

Splits & Transition Times

100K

Name:		Bib:	HQ		Peen		Pavan		Pavan		Peen		HQ	
MCANALLY, ANDY		205	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**
100KM50+M	Lap 1:	07:34:25	00:50:08	00:00:00	00:57:11	00:06:49	01:14:00	00:05:17	02:13:31	00:09:28	00:59:40	00:05:54	00:52:22	00:07:04
17:15:15.60	Lap 2:	09:40:52	00:52:22	00:07:04	01:14:54	00:07:39	01:39:18	00:11:15	02:54:21	00:04:07	01:35:36	00:10:13	01:36:19	
COMPLETE	Lap 3:													
HOPSON, JENICA		102	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**
100KM18-39F	Lap 1:	08:25:24	00:54:28	00:00:00	01:06:51	00:01:32	01:31:18	00:02:13	02:39:06	00:02:22	01:04:21	00:02:15	01:00:53	00:06:10
17:21:44.25	Lap 2:	08:56:22	01:00:53	00:06:10	01:21:16	00:03:25	01:40:09	00:03:50	02:57:31	00:03:42	01:24:27	00:02:04	01:13:43	
COMPLETE	Lap 3:													
CUTHBERTSON, ANDY		44	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**
100KM50+M	Lap 1:	08:00:29	00:51:24	00:00:00	01:02:07	00:03:35	01:16:28	00:03:24	02:13:15	00:11:23	01:01:45	00:08:30	01:08:34	00:23:39
17:26:27.05	Lap 2:	09:26:00	01:08:34	00:23:39	01:26:36	00:11:14	01:46:56	00:13:31	02:46:33	00:10:23	01:12:49	00:06:08	01:08:07	
COMPLETE	Lap 3:													
ROSENTHAL, JANET		150	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**
100KM40-49F	Lap 1:	08:25:29	00:54:27	00:00:00	01:06:51	00:01:31	01:31:23	00:02:19	02:39:01	00:02:17	01:04:27	00:02:17	01:00:51	00:06:07
17:40:45.60	Lap 2:	09:15:18	01:00:51	00:06:07	01:23:17	00:05:01	01:43:24	00:05:07	03:06:12	00:06:08	01:18:46	00:04:53	01:16:18	
COMPLETE	Lap 3:													
THERRIEN, TRENTON		140	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**
100KM18-39M	Lap 1:	08:31:49	01:01:10	00:00:00	01:11:00	00:01:07	01:32:18	00:03:53	02:34:51	00:01:02	01:03:30	00:02:18	01:00:35	00:02:27
17:47:11.95	Lap 2:	09:15:24	01:00:35	00:02:27	01:25:03	00:03:05	01:58:00	00:04:08	03:09:46	00:02:58	01:19:56	00:03:13	01:06:43	
COMPLETE	Lap 3:													
LEINWEBER, KARA		108	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**
100KM18-39F	Lap 1:	08:05:58	00:50:53	00:00:00	01:00:23	00:04:23	01:22:29	00:06:01	02:27:06	00:10:52	00:59:50	00:10:06	00:53:50	00:14:56
17:51:57.55	Lap 2:	09:46:01	00:53:50	00:14:56	01:17:17	00:09:37	01:37:54	00:10:51	03:09:29	00:12:07	01:22:32	00:07:04	01:24:09	
COMPLETE	Lap 3:													
HOPKINS, BARRY		201	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**
100KM50+M	Lap 1:	08:06:50	00:52:21	00:00:00	01:02:44	00:00:05	01:25:03	00:02:48	02:39:11	00:01:59	01:02:27	00:04:03	00:56:04	00:22:26
18:16:16.85	Lap 2:	10:09:29	00:56:04	00:22:26	01:39:25	00:03:24	01:47:53	00:13:01	03:11:17	00:05:19	01:25:26	00:04:02	01:17:12	
COMPLETE	Lap 3:													
BOTTERILL, CAROLIN		144	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**
100KM40-49F	Lap 1:	08:57:13	00:56:29	00:00:00	01:09:37	00:03:22	01:34:28	00:08:25	02:40:19	00:08:06	01:09:27	00:01:38	01:05:18	00:08:37
18:32:52.25	Lap 2:	09:35:41	01:05:18	00:08:37	01:22:35	00:06:28	01:48:11	00:14:23	02:58:56	00:09:21	01:24:31	00:08:04	01:14:32	
COMPLETE	Lap 3:													
LAI, RON		132	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**
100KM18-39M	Lap 1:	09:09:16	00:53:59	00:00:00	01:07:33	00:04:31	01:33:31	00:06:51	02:50:30	00:06:37	01:16:35	00:02:34	01:06:32	00:06:03
18:32:58.25	Lap 2:	09:23:43	01:06:32	00:06:03	01:26:55	00:04:18	01:48:35	00:07:11	03:13:25	00:02:49	01:19:01	00:02:42	01:12:39	
COMPLETE	Lap 3:													

2014 Lost Soul Ultra

Splits & Transition Times

100K

Name:		Bib:	HQ		Peen		Pavan		Pavan		Peen		HQ	
RAFA, THOMAS		217	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**
100KM50+M	Lap 1:	08:25:50	00:51:32	00:00:00	01:02:02	00:02:07	01:25:22	00:05:04	02:36:08	00:08:32	01:04:55	00:06:48	01:03:16	00:13:56
18:33:54.85	Lap 2:	10:08:05	01:03:16	00:13:56	01:30:02	00:13:47	01:54:47	00:14:34	03:18:29	00:11:51	01:14:50	00:04:31	01:11:14	
COMPLETE	Lap 3:													
DUBORD, MARC		190	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**
100KM50+M	Lap 1:	08:38:24	01:00:30	00:00:00	01:08:48	00:01:59	01:27:38	00:05:25	02:36:46	00:07:01	01:05:52	00:04:37	00:59:42	00:40:04
18:44:31.25	Lap 2:	10:06:08	00:59:42	00:40:04	01:19:02	00:06:44	01:56:26	00:18:28	02:53:55	00:15:03	01:15:04	00:07:10	01:14:08	
COMPLETE	Lap 3:													
MCGREGOR, JAMIE		167	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**
100KM40-49M	Lap 1:	08:23:36	00:52:33	00:00:00	01:00:38	00:00:40	01:18:39	00:02:39	02:25:24	00:12:08	01:02:10	00:29:53	00:58:49	00:15:36
19:00:54.55	Lap 2:	10:37:20	00:58:49	00:15:36	01:27:59	00:35:47	01:45:02	00:33:43	03:15:43	00:10:50	01:19:57	00:10:34	01:02:04	
COMPLETE	Lap 3:													
CROLL, TED		189	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**
100KM50+M	Lap 1:	08:58:03	00:53:29	00:00:00	01:04:45	00:04:04	01:31:55	00:08:43	02:45:34	00:10:04	01:08:10	00:06:56	01:04:18	00:02:16
19:01:17.75	Lap 2:	10:03:16	01:04:18	00:02:16	01:25:33	00:15:44	01:53:15	00:20:48	03:12:51	00:12:16	01:25:18	00:08:06	01:07:06	
COMPLETE	Lap 3:													
HERZOG, MICHAEL		199	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**
100KM50+M	Lap 1:	08:42:38	00:56:51	00:00:00	01:06:50	00:06:37	01:23:33	00:17:34	02:20:07	00:17:09	00:57:11	00:15:57	01:00:43	00:19:56
19:08:51.40	Lap 2:	10:26:13	01:00:43	00:19:56	01:19:10	00:18:31	01:35:09	00:23:46	02:59:17	00:38:31	01:14:37	00:26:39	01:10:34	
COMPLETE	Lap 3:													
SMITH, GILLIAN		114	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**
100KM18-39F	Lap 1:	09:26:09	01:03:54	00:00:00	01:14:47	00:02:12	01:40:41	00:04:33	02:51:48	00:05:01	01:12:13	00:03:10	01:07:47	00:12:30
19:29:40.10	Lap 2:	10:03:31	01:07:47	00:12:30	01:24:36	00:03:44	01:49:32	00:16:52	03:15:10	00:09:45	01:26:48	00:04:51	01:19:39	
COMPLETE	Lap 3:													
DUVALL, KERRY		145	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**
100KM40-49F	Lap 1:	09:16:20	00:59:43	00:00:00	01:12:32	00:01:54	01:39:12	00:03:52	02:46:41	00:07:57	01:12:43	00:04:05	01:07:37	00:10:26
19:29:40.10	Lap 2:	10:13:21	01:07:37	00:10:26	01:31:52	00:10:10	01:51:19	00:12:51	03:15:33	00:10:00	01:26:34	00:04:48	01:19:46	
COMPLETE	Lap 3:													
BEAULIEU, LOGAN		155	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**
100KM40-49M	Lap 1:		00:57:31	00:00:00	01:14:07	00:01:19	01:36:17	00:04:28	02:58:28	00:05:39	01:10:56	00:07:41	01:04:24	00:13:15
19:48:18.70	Lap 2:		01:04:24	00:13:15	01:39:44	00:10:30	02:05:42	00:11:42	03:21:05	00:07:21	01:23:46	00:03:42	01:10:32	
COMPLETE	Lap 3:													
BEAULIEU, MOE THE EAGLE		70	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**
100KM50+M	Lap 1:	09:21:00	00:57:28	00:00:00	01:14:02	00:00:34	01:40:45	00:00:00	02:59:13	00:04:17	01:13:22	00:05:41	01:05:37	00:13:08
19:48:18.75	Lap 2:	10:27:18	01:05:37	00:13:08	01:39:40	00:11:01	02:06:08	00:10:24	03:21:37	00:07:15	01:24:01	00:02:20	01:11:42	
COMPLETE	Lap 3:													

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Splits & Transition Times

100K

Name:		Bib:	HQ		Peen		Pavan		Pavan		Peen		HQ	
WELLWOOD, RACHAEL		120	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**
100KM18-39F	Lap 1:	08:59:42	00:51:52	00:00:00	01:08:12	00:07:50	01:29:48	00:06:44	02:36:32	00:10:09	01:07:21	00:18:23	01:02:47	00:16:46
19:49:40.35	Lap 2:	10:49:58	01:02:47	00:16:46	01:31:53	00:20:47	01:53:19	00:26:11	03:18:14	00:17:07	01:26:46	00:07:01	01:11:51	
COMPLETE	Lap 3:													
GAUDET, DENIS		194	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**
100KM50+M	Lap 1:	08:58:51	00:53:39	00:00:00	01:07:37	00:06:49	01:33:41	00:04:50	02:42:14	00:07:29	01:09:37	00:08:30	01:04:20	00:15:06
19:57:11.80	Lap 2:	10:58:21	01:04:20	00:15:06	01:30:09	00:12:31	01:59:48	00:16:12	03:34:43	00:10:02	01:37:54	00:02:53	01:18:58	
COMPLETE	Lap 3:													
THERRIEN, DAN		211	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**
100KM50+M	Lap 1:	09:07:13	01:01:12	00:00:00	01:10:54	00:02:40	01:30:53	00:06:46	02:35:18	00:10:20	01:13:53	00:05:53	01:09:20	00:11:04
20:07:01.75	Lap 2:	10:59:49	01:09:20	00:11:04	01:34:01	00:07:53	02:02:21	00:21:09	03:26:12	00:07:40	01:36:20	00:06:58	01:26:06	
COMPLETE	Lap 3:													
HARMAN, ALLAN		197	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**
100KM50+M	Lap 1:	08:31:20	00:52:35	00:00:00	01:01:45	00:00:55	01:27:43	00:06:53	02:31:56	00:10:52	01:06:53	00:06:49	01:04:55	00:18:11
20:08:00.70	Lap 2:	11:36:42	01:04:55	00:18:11	01:38:25	00:21:25	02:07:17	00:14:26	03:23:48	00:26:11	01:30:51	00:08:36	01:27:28	
COMPLETE	Lap 3:													
GOSS, ANGE		181	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**
100KM50+F	Lap 1:	09:56:01	01:06:50	00:00:00	01:19:08	00:11:23	01:40:16	00:22:17	02:40:23	00:17:43	01:05:13	00:08:41	01:04:02	00:13:26
20:32:11.80	Lap 2:	10:36:11	01:04:02	00:13:26	01:19:13	00:16:43	01:49:56	00:13:56	03:40:03	00:21:41	01:14:10	00:05:39	01:21:21	
COMPLETE	Lap 3:													
LABINE, SALENA		105	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**
100KM18-39F	Lap 1:	09:18:11	00:59:56	00:00:00	01:11:24	00:03:06	01:33:32	00:06:00	02:48:21	00:08:09	01:12:39	00:07:36	01:07:25	00:10:26
20:33:43.90	Lap 2:	11:15:33	01:07:25	00:10:26	01:28:11	00:12:00	01:51:49	00:12:38	03:33:05	00:18:04	01:40:11	00:11:28	01:37:34	
COMPLETE	Lap 3:													
RAMTEEMAL, SHANE		172	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**
100KM40-49M	Lap 1:	09:18:13	01:07:14	00:00:00	01:05:53	00:03:50	01:32:12	00:11:20	02:43:19	00:08:23	01:05:01	00:13:31	01:07:24	00:09:26
20:33:44.20	Lap 2:	11:15:31	00:09:26	00:09:26	01:23:25	00:16:57	01:48:32	00:16:45	03:32:55	00:18:15	01:40:02	00:11:38	01:37:32	
COMPLETE	Lap 3:													
BIDAUX, STEVEN		123	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**
100KM18-39M	Lap 1:	10:12:06	01:09:48	00:00:00	01:11:32	00:05:29	01:43:08	00:18:04	03:00:34	00:14:53	01:10:55	00:12:02	01:05:36	00:35:18
20:36:06.05	Lap 2:	10:24:00	01:05:36	00:35:18	01:19:05	00:10:53	02:03:33	00:10:36	03:33:09	00:09:16	01:08:54	00:03:11	01:10:00	
COMPLETE	Lap 3:													
VAN OS, SYLVIA		118	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**
100KM18-39F	Lap 1:		00:56:36	00:00:00	01:06:49	00:02:15	01:30:19	00:11:04	02:30:54	00:11:07	01:09:09	03:19:08	02:03:45	00:30:37
20:38:42.15	Lap 2:		02:03:45	00:30:37										
COMPLETE	Lap 3:													

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Splits & Transition Times

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Name:		Bib:	HQ		Peen		Pavan		Pavan		Peen		HQ	
GUTIERREZ-KELLAM, LOURD		146	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**
100KM40-49F	Lap 1:	10:19:56	01:00:56	00:00:00	01:22:38	00:07:18	01:45:38	00:11:14	03:10:06	00:03:53	01:18:39	00:06:08	01:13:23	00:15:20
21:04:45.95	Lap 2:	10:44:49	01:13:23	00:15:20	01:31:11	00:10:54	02:03:31	00:10:33	03:38:16	00:05:17	01:29:32	00:02:18	01:17:53	
COMPLETE	Lap 3:													
VOLK, VICKEY		119	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**
100KM18-39F	Lap 1:	09:46:38	01:05:16	00:00:00	01:11:25	00:11:10	01:33:13	00:09:20	02:48:13	00:16:49	01:12:01	00:10:35	01:08:32	00:07:34
21:08:31.20	Lap 2:	11:21:52	01:08:32	00:07:34	01:34:44	00:10:40	01:55:32	00:25:22	03:44:50	00:07:06	01:39:23	00:04:39	01:31:58	
COMPLETE	Lap 3:													
SCALDINI, IGOR		138	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**
100KM18-39M	Lap 1:	08:04:17	00:54:40	00:00:00	01:01:24	00:00:00	03:40:54	00:01:47	02:31:46	00:07:16	01:00:02	00:02:18	01:00:56	00:05:57
21:19:10.65	Lap 2:	13:14:53	01:00:56	00:05:57	01:27:29	00:06:55	02:01:43	00:16:29	04:26:12	00:25:33	01:57:19	00:20:12	02:07:00	
COMPLETE	Lap 3:													
BLAIR, GORDON		186	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**
100KM50+M	Lap 1:	10:11:05	01:06:21	00:00:00	01:19:32	00:02:26	01:43:40	00:07:38	03:04:24	00:02:58	01:19:33	00:07:56	01:16:31	00:20:59
21:35:55.75	Lap 2:	11:24:49	01:16:31	00:20:59	01:35:56	00:10:49	02:05:49	00:24:51	03:40:12	00:14:23	01:32:12	00:03:35	01:15:57	
COMPLETE	Lap 3:													
PAISLEY, BILL		169	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**
100KM40-49M	Lap 1:	09:54:28	00:56:54	00:00:00	01:08:05	00:09:29	01:35:19	00:11:03	02:53:31	00:25:17	01:10:38	00:15:56	01:08:13	00:42:15
21:44:50.10	Lap 2:	11:50:21	01:08:13	00:42:15	01:32:56	00:11:02	02:08:58	00:17:04	03:36:23	00:18:43	01:34:31	00:04:18	01:24:07	
COMPLETE	Lap 3:													
EVELEIGH, DARREN		158	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**
100KM40-49M	Lap 1:	09:20:05	00:58:57	00:00:00	01:09:40	00:02:10	01:34:29	00:21:11	02:40:31	00:11:51	01:09:12	00:08:16	01:03:43	00:29:10
21:48:17.30	Lap 2:	12:28:09	01:03:43	00:29:10	01:27:36	00:14:46	01:55:54	00:19:17	03:36:06	00:27:57	01:42:58	00:22:29	01:51:52	
COMPLETE	Lap 3:													
MILLS, MICHELLE		147	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**
100KM40-49F	Lap 1:	10:42:21	01:08:54	00:00:00	01:21:39	00:05:28	01:53:54	00:07:27	03:22:51	00:04:38	01:19:42	00:04:26	01:13:18	00:06:01
22:09:28.15	Lap 2:	11:27:06	01:13:18	00:06:01	01:38:49	00:06:00	02:17:03	00:07:20	03:52:22	00:07:35	01:37:36	00:03:43	01:30:31	
COMPLETE	Lap 3:													
POPE, DOUG		171	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**
100KM40-49M	Lap 1:	09:49:56	01:04:51	00:00:00	01:14:09	00:12:21	01:38:40	00:12:35	02:43:05	00:07:17	01:13:41	00:18:09	01:05:03	00:47:28
22:30:12.10	Lap 2:	12:40:15	01:05:03	00:47:28	01:38:18	00:10:55	02:02:11	00:37:48	04:05:58	00:20:31	01:32:18	00:07:36	01:17:07	
COMPLETE	Lap 3:													
MATHIES, KARON		183	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**
100KM50+F	Lap 1:	11:18:12	01:08:57	00:00:00	01:16:43	00:10:01	02:09:15	00:18:19	03:09:13	00:18:56	01:27:29	00:10:13	01:09:03	00:23:22
22:40:55.45	Lap 2:	11:22:42	01:09:03	00:23:22	01:30:18	00:09:00	02:16:30	00:08:27	03:39:55	00:04:39	01:42:33	00:07:06	01:20:47	
COMPLETE	Lap 3:													

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100K

Name:		Bib:	HQ		Peen		Pavan		Pavan		Peen		HQ	
TARANIK, CHARITY		116	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM18-39F	Lap 1:	10:15:36	00:53:45	00:00:00	01:07:43	00:11:07	01:36:31	00:15:14	03:01:13	00:12:32	01:25:02	00:19:26	01:12:58	00:16:12
23:21:43.70	Lap 2:	13:06:06	01:12:58	00:16:12	01:34:45	00:10:44	02:15:15	00:19:20	04:11:28	00:10:28	02:02:39	00:07:34	01:57:36	
COMPLETE	Lap 3:													
TARANIK, BRYAN		139	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM18-39M	Lap 1:	10:15:46	00:53:42	00:00:00	01:07:48	00:11:07	01:36:31	00:15:14	03:01:15	00:12:30	01:24:58	00:19:25	01:13:12	00:16:04
23:21:44.05	Lap 2:	13:05:57	01:13:12	00:16:04	01:34:46	00:10:44	02:15:16	00:19:23	04:11:27	00:10:26	02:02:41	00:07:32	01:57:35	
COMPLETE	Lap 3:													
BONAPARTE-SARGEANT, JA(		178	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM50+F	Lap 1:	11:15:19	01:10:21	00:00:00	01:22:24	00:05:56	02:04:32	00:08:19	03:26:35	00:09:33	01:25:13	00:01:13	01:21:07	00:07:02
24:16:55.45	Lap 2:	13:01:35	01:21:07	00:07:02	01:44:06	00:06:10	02:43:42	00:07:28	04:28:20	00:10:31	02:02:13	00:03:11	01:28:47	
COMPLETE	Lap 3:													
STARICH, MARIE		184	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM50+F	Lap 1:	11:48:00	01:09:13	00:00:00	01:25:03	00:03:35	02:07:48	00:06:35	03:44:38	00:09:58	01:32:15	00:08:51	01:19:59	00:09:38
24:26:24.45	Lap 2:	12:38:31	01:19:59	00:09:38	01:49:20	00:07:34	02:34:14	00:07:06	04:11:54	00:11:04	01:51:45	00:03:07	01:32:45	
COMPLETE	Lap 3:													
RENMAN, DENISE		149	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM40-49F	Lap 1:	10:54:16	01:11:40	00:00:00	01:19:06	00:08:27	01:54:45	00:12:03	03:08:05	00:10:21	01:23:03	00:04:38	01:22:02	00:29:56
24:51:34.25	Lap 2:	13:57:16	01:22:02	00:29:56	01:39:31	00:16:10	02:36:00	00:08:40	04:27:58	00:11:06	02:02:51	00:10:05	01:54:55	
COMPLETE	Lap 3:													
LEE, MARK		165	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM40-49M	Lap 1:	09:54:07	01:00:02	00:00:00	01:07:43	00:00:31	01:29:38	00:01:03	03:04:59	00:15:36	01:23:58	00:14:05	01:16:28	01:18:42
24:52:59.05	Lap 2:	14:58:51	01:16:28	01:18:42	01:53:43	00:06:08	02:44:11	00:07:31	04:27:14	00:10:58	02:04:25	00:09:41	01:56:13	
COMPLETE	Lap 3:													
FINLEY, JACKSON		192	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM50+M	Lap 1:	11:40:04	01:02:24	00:00:00	01:24:12	00:03:47	02:12:55	00:08:11	03:35:57	00:12:37	01:31:01	00:11:24	01:17:31	01:00:13
27:28:28.40	Lap 2:	15:48:21	01:17:31	01:00:13	01:59:29	00:16:19	02:57:46	00:18:47	04:54:03	00:13:01	02:07:18	00:10:15	01:51:05	
COMPLETE	Lap 3:													
DAY, TAMARA		218	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM40-49F	Lap 1:	10:07:54	01:05:56	00:00:00	01:21:26	00:06:44	01:51:25	00:07:39	03:07:35	00:09:10	01:11:28	00:03:49	01:02:38	09:01:26
30:12:17.15	Lap 2:	20:04:19	01:02:38	09:01:26	03:12:41	00:08:52	01:54:19	00:16:24	02:55:34	00:02:43	01:13:34	00:03:02	01:15:41	
COMPLETE	Lap 3:													
SALMON, DIRK		175	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM40-49M	Lap 1:	09:03:50	00:53:01	00:00:00	00:57:46	00:01:45	01:29:33	00:06:46	02:55:39	00:11:32	01:10:27	00:09:10		
	Lap 2:													
DNF	Lap 3:													

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Name:		Bib:	HQ		Peen		Pavan		Pavan		Peen		HQ	
WISEMAN, ADONUS		122	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM18-39F	Lap 1:		01:09:20	00:00:00	01:34:27	00:12:01	02:30:04	00:14:54	04:21:55	00:48:23				
	Lap 2:													
DNF	Lap 3:													
SCHILDWACHTER, DOUG		208	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM50+M	Lap 1:		01:07:36	00:00:00	01:25:04	00:04:02								
	Lap 2:													
DNF	Lap 3:													
WALLACE, BRYAN		213	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM50+M	Lap 1:	10:59:13	00:58:32	00:00:00	01:12:13	00:04:34	01:52:04	00:19:13	03:20:38	00:16:57	01:26:18	00:08:23		
	Lap 2:													
DNF	Lap 3:													
WINGATE, MIRANDA		151	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM40-49F	Lap 1:	08:44:41	00:57:32	00:00:00	01:08:27	00:02:15	01:29:49	00:03:13	02:40:19	00:03:57	01:08:19	00:02:00	01:08:45	00:08:25
	Lap 2:		01:08:45	00:08:25	01:42:24	00:46:02								
DNF	Lap 3:													
SYVERTSEN, MORGAN		210	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM50+M	Lap 1:	08:48:44	00:53:48	00:00:00	01:00:28	00:00:45	01:23:03	00:04:36	02:52:03	00:05:50	01:16:30	00:07:22		
	Lap 2:													
DNF	Lap 3:													
STILES, CHAD		221	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM18-39M	Lap 1:	06:55:48	00:44:25	00:00:00	00:51:01	00:00:09	01:10:25	00:01:14	02:06:51	00:03:43	00:53:49	00:05:31	00:58:36	00:13:03
	Lap 2:		00:58:36	00:13:03										
DNF	Lap 3:													
ALLEN, CHAD		152	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM40-49M	Lap 1:	10:01:37	00:52:38	00:00:00	01:03:49	00:04:26	01:39:30	00:10:14	03:14:32	00:29:13	01:12:01	00:07:19		
	Lap 2:													
DNF	Lap 3:													
HOLGATE, ANTHONY		130	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM18-39M	Lap 1:	10:11:42	00:52:26	00:00:00	01:02:10	00:05:43	01:43:17	00:21:59	03:05:16	00:09:19	01:20:47	00:08:39		
	Lap 2:													
DNF	Lap 3:													
ALLEN, TIM		153	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM40-49M	Lap 1:		01:05:18	00:00:00	01:11:15	00:04:52								
	Lap 2:													
DNF	Lap 3:													

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Name:		Bib:	HQ		Peen		Pavan		Pavan		Peen		HQ	
AULD, JERRY		154	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM40-49M	Lap 1:	08:53:44	01:00:54	00:00:00	01:07:29	00:05:09	01:29:12	00:02:44	02:41:52	00:05:56	01:10:33	00:01:25	01:08:24	00:11:20
	Lap 2:		01:08:24	00:11:20	01:33:59	00:14:00								
DNF	Lap 3:													
BENSON, BERNADETTE		143	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM40-49F	Lap 1:		00:39:51	00:00:00	00:48:32	00:00:02	01:06:47	00:00:01						
	Lap 2:													
DNF	Lap 3:													
BOERNER, RHONDA		177	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM50+F	Lap 1:	08:40:15	00:54:38	00:00:00	01:06:43	00:01:39	01:31:27	00:02:06	02:42:07	00:01:02	01:09:42	00:02:57		
	Lap 2:													
DNF	Lap 3:													
BOOGAART, GERRIE		179	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM50+F	Lap 1:	10:08:22	00:58:13	00:00:00	01:09:30	00:03:44	01:43:56	00:18:37	02:48:29	00:23:31	01:17:08	00:14:38	01:10:32	00:13:34
	Lap 2:		01:10:32	00:13:34	01:37:08	00:18:53								
DNF	Lap 3:													
GANSKE, TODD		159	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM40-49M	Lap 1:	08:12:14	00:49:23	00:00:00	01:05:18	00:01:12	01:27:28	00:03:50	02:27:51	00:03:43	01:03:34	00:03:05	01:06:44	00:28:27
	Lap 2:		01:06:44	00:28:27	01:23:42	00:08:25								
DNF	Lap 3:													
GIACCHETTA, ROD		160	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM40-49M	Lap 1:	08:12:39	00:48:46	00:00:00	00:58:41	00:00:56	01:25:20	00:01:33	02:26:38	00:03:28	01:04:52	00:07:02		
	Lap 2:													
DNF	Lap 3:													
GRAHAM, DAVID		196	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM50+M	Lap 1:	09:14:57	01:00:10	00:00:00	01:11:58	00:01:22	01:34:38	00:01:07	02:47:30	00:06:33	01:12:28	00:07:59		
	Lap 2:													
DNF	Lap 3:													
HAYWARD, MARC		198	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM50+M	Lap 1:	06:43:28	00:48:38	00:00:00	00:51:25	00:00:02	01:07:18	00:02:04	01:55:47	00:01:39	00:54:31	00:00:06		
	Lap 2:													
DNF	Lap 3:													
HINDS, PATRICK		163	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM40-49M	Lap 1:	10:25:36	01:00:18	00:00:00	01:10:57	00:01:31	01:37:30	00:02:30	03:04:08	00:47:47	01:19:05	00:06:02		
	Lap 2:													
DNF	Lap 3:													

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Name:		Bib:	HQ		Peen		Pavan		Pavan		Peen		HQ	
SALAZAR, PAUL		207	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM50+M	Lap 1:	07:08:15	00:47:40	00:00:00	00:55:24	00:00:36	01:12:58	00:02:01	02:05:55	00:06:28	00:53:47	00:04:59		
	Lap 2:													
DNF	Lap 3:													
JOHNSTON, MEAGANN		104	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM18-39F	Lap 1:	11:58:25	00:59:26	00:00:00	01:18:59	00:07:36	02:00:01	00:17:47	03:39:36	00:19:40	01:45:39	00:03:17		
	Lap 2:													
DNF	Lap 3:													
KATHOL, BRIAN		202	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM50+M	Lap 1:	08:21:46	00:57:05	00:00:00	01:03:09	00:03:47	01:24:47	00:02:08	02:34:17	00:06:53	01:05:00	00:04:12		
	Lap 2:													
DNF	Lap 3:													
LI, MARGARET		109	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM18-39F	Lap 1:	08:53:00	00:53:08	00:00:00	01:00:07	00:02:09	01:26:47	00:01:18	02:44:19	00:00:00	01:30:01	00:17:31		
	Lap 2:													
DNF	Lap 3:													
MACDONALD, MIKE		166	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM40-49M	Lap 1:	08:27:14	00:53:47	00:00:00	00:57:44	00:02:12	01:16:43	00:03:12	02:22:25	00:06:30	01:08:00	00:26:27		
	Lap 2:													
DNF	Lap 3:													
MAIO, TERRI		110	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM18-39F	Lap 1:	11:40:03	01:06:44	00:00:00	01:27:58	00:10:21	02:09:46	00:13:32	03:15:28	00:16:19	01:30:03	00:12:22	01:17:27	00:55:24
	Lap 2:		01:17:27	00:55:24	01:44:55	00:12:43	02:27:10	00:18:14						
DNF	Lap 3:													
MATHIES, HARVEY		204	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM50+M	Lap 1:		01:09:06	00:00:00	01:16:36	00:09:56	02:10:04	00:17:28	03:59:16	00:23:09	01:12:30	00:04:03		
	Lap 2:													
DNF	Lap 3:													
MICHAUD, DAVID		168	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM40-49M	Lap 1:	10:30:34	01:02:27	00:00:00	01:13:03	00:02:30	01:43:56	00:04:16	03:17:30	00:07:22	01:30:34	00:05:11		
	Lap 2:													
DNF	Lap 3:													
NIELSEN, THERESA		112	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM18-39F	Lap 1:	10:21:03	01:04:24	00:00:00	01:19:21	00:07:10	01:49:06	00:07:47	03:10:07	00:04:39	01:17:51	00:06:08		
	Lap 2:													
DNF	Lap 3:													

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Name:		Bib:	HQ		Peen		Pavan		Pavan		Peen		HQ	
PERALA, SARAH		148	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**
100KM40-49F	Lap 1:	09:53:22	01:01:06	00:00:00	01:14:10	00:08:17	01:41:19	00:07:50	02:49:48	00:14:50	01:11:33	00:13:32		
DNF	Lap 2:													
	Lap 3:													
POLIQUIN, GARY		170	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**
100KM40-49M	Lap 1:	07:15:48	00:42:01	00:00:00	00:51:16	00:00:08	01:13:17	00:01:30	02:24:09	00:00:00	01:02:01	00:05:27	00:55:56	00:07:48
DNF	Lap 2:		00:55:56	00:07:48	01:16:52	00:06:38	01:43:01	00:21:58						
	Lap 3:													
RUSSELL, BEN		137	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**	**Split**	**Transition**
100KM18-39M	Lap 1:	10:30:32	00:49:55	00:00:00	01:03:44	00:03:24	01:48:11	00:09:10	03:23:38	00:07:54	01:28:23	00:08:43		
DNF	Lap 2:													
	Lap 3:													