

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Category Award Results

TOP 3 In Category

10.15K - 6.31 Miles

85 Finishers

10K13&UF (Female) - 2 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/2	PUGH, MYA	309	59:16.233	05:50	09:23	+00:00:00	46/85	14/41	PONOKA
2/2	WALDERN, KENDRA	333	1:14:36.262	07:21	11:49	+00:15:20	77/85	35/41	PONOKA

10K13&UM (Male) - 5 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/5	BOYES, WESLEY	247	53:17.211	05:14	08:26	+00:00:00	24/85	20/44	PONOKA
2/5	PUGH, BENNETT	308	59:16.989	05:50	09:23	+00:05:59	47/85	33/44	PONOKA
3/5	MCCLURE, JACKSON	292	1:02:07.396	06:07	09:50	+00:08:50	55/85	36/44	PONOKA

10K14-19M (Male) - 7 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/7	STEEVES, JACK	321	39:57.780	03:56	06:19	+00:00:00	2/85	2/44	LACOMBE
2/7	RONNIE, NASH	311	40:59.841	04:02	06:29	+00:01:02	3/85	3/44	PONOKA
3/7	BOURGET, ARNAUD	243	44:54.378	04:25	07:07	+00:04:56	9/85	9/44	CALGARY

10K20-29F (Female) - 2 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/2	BAHLER, KALYNA	238	55:56.455	05:30	08:51	+00:00:00	32/85	8/41	OLDS
2/2	MERCER, LAUREN	298	1:14:22.436	07:19	11:47	+00:18:25	75/85	33/41	LEDUC

10K20-29M (Male) - 4 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/4	VAN EATON, VIRGIL	328	44:14.232	04:21	07:00	+00:00:00	7/85	7/44	ALHAMBRA
2/4	METCALFE, DAVID	339	53:11.365	05:14	08:25	+00:08:57	22/85	18/44	CAMROSE
3/4	MERCER, ALEX	297	57:26.128	05:39	09:06	+00:13:11	37/85	28/44	LEDUC

10K30-39F (Female) - 17 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/17	STRUCK, ASHLEY	323	45:22.994	04:28	07:11	+00:00:00	10/85	1/41	ARDMORE
2/17	VELDHUISEN, DEBORAH	329	51:36.232	05:05	08:10	+00:06:13	16/85	2/41	LACOMBE COUNT
3/17	HETZE, SHARELLE	275	52:24.114	05:09	08:18	+00:07:01	18/85	3/41	PONOKA

10K30-39M (Male) - 12 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/12	GRANT, RYAN	268	42:22.903	04:10	06:42	+00:00:00	5/85	5/44	LETHBRIDGE
2/12	OPSTEEN, WOUTER	301	43:54.802	04:19	06:57	+00:01:31	6/85	6/44	PONOKA
3/12	MCLEOD, KEEGAN	295	44:19.622	04:22	07:01	+00:01:56	8/85	8/44	PONOKA

10K40-49F (Female) - 16 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/16	TOPHAM, KRISTA	326	52:57.090	05:13	08:23	+00:00:00	20/85	4/41	PONOKA
2/16	MCLAREN, CINDY	294	53:27.211	05:15	08:28	+00:00:30	26/85	5/41	RIMBEY
3/16	STRUJIK, CHRIS	324	56:35.902	05:34	08:58	+00:03:38	36/85	9/41	PONOKA

10K40-49M (Male) - 10 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/10	SMITH, JAMES	320	39:35.422	03:54	06:16	+00:00:00	1/85	1/44	RED DEER
2/10	CASPER, ROB	253	41:16.715	04:04	06:32	+00:01:41	4/85	4/44	COALDALE
3/10	FAJARDO, RUEL	263	53:10.803	05:14	08:25	+00:13:35	21/85	17/44	RED DEER

10K50-59F (Female) - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/3	DAVIDSON, KARI	255	55:40.819	05:29	08:49	+00:00:00	31/85	7/41	PONOKA
2/3	PHILLIPS, YVONNE	306	1:07:35.705	06:39	10:42	+00:11:54	64/85	24/41	RED DEER
3/3	WALDERN, JODY	332	1:26:37.802	08:32	13:43	+00:30:56	82/85	39/41	PONOKA

10K50-59M (Male) - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/3	BROSKA, DAVID	251	51:07.453	05:02	08:06	+00:00:00	15/85	14/44	WETASKIWIN
2/3	KENZLER, DALE	284	1:00:39.155	05:58	09:36	+00:09:31	52/85	35/44	PONOKA
3/3	MERCER, TONY	299	1:29:52.707	08:51	14:14	+00:38:45	84/85	44/44	LEDUC

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Category Award Results

TOP 3 In Category

10.15K - 6.31 Miles

85 Finishers

10K60+F (Female) - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/1	PHILLIPS, CINDY	305	58:12.886	05:44	09:13	+00:00:00	41/85	11/41	FORT SASKATCHE

10K60+M (Male) - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/3	STOBART, ROBIN	322	56:13.798	05:32	08:54	+00:00:00	35/85	27/44	MOUNTAIN VIEW C
2/3	DENOUDSTEN, CASE	341	1:06:06.992	06:30	10:28	+00:09:53	61/85	39/44	LACOMBE
3/3	HEMINGSON, RUSSELL	273	1:09:13.298	06:49	10:58	+00:12:59	68/85	41/44	PONOKA