

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from O/A win Time hh:mm:ss

**School Results**  
(Schools Alpha Sorted)

**6K Women**

**A Grasset Conf: RSEQ**

OA/PI	Name	Bib#	Time	Pace	Distance	Offset	School	Lap 1	Lap 2	Lap 3
1/90	PLOURDE, Simone	38	00:24:50.20	04:08	6K-F	+00:00:00	A Grasset	00:08:14.94	00:08:25.22	00:08:10.04

**Ahuntsic Conf: RSEQ**

OA/PI	Name	Bib#	Time	Pace	Distance	Offset	School	Lap 1	Lap 2	Lap 3
13/90	GAUTHIER, Laurence	35	00:26:57.00	04:29	6K-F	+00:02:06	Ahuntsic	00:08:37.59	00:09:00.10	00:09:19.31
32/90	LAROCQUE, Kamille	36	00:28:04.74	04:40	6K-F	+00:03:14	Ahuntsic	00:08:52.46	00:09:24.44	00:09:47.84
40/90	FISSETTE, Juliane	34	00:28:37.54	04:46	6K-F	+00:03:47	Ahuntsic	00:09:06.04	00:09:30.08	00:10:01.42
69/90	LE ROY-PEPIN, Mazarine	37	00:30:16.19	05:02	6K-F	+00:05:25	Ahuntsic	00:09:43.48	00:10:12.03	00:10:20.68
79/90	ANGELL, Evelyne	33	00:31:00.91	05:10	6K-F	+00:06:10	Ahuntsic	00:09:43.44	00:10:29.60	00:10:47.87

**Augustana Conf: ACAC**

OA/PI	Name	Bib#	Time	Pace	Distance	Offset	School	Lap 1	Lap 2	Lap 3
10/90	BENDIKSEN, Reese	29	00:26:43.73	04:27	6K-F	+00:01:53	Augustana	00:08:43.89	00:08:54.37	00:09:05.47
56/90	ALCORN, Catherine	27	00:29:36.37	04:56	6K-F	+00:04:46	Augustana	00:09:39.14	00:09:46.95	00:10:10.28
59/90	MIREJOVSKY, Anne	28	00:29:46.14	04:57	6K-F	+00:04:55	Augustana	00:09:37.70	00:10:00.86	00:10:07.58
60/90	RADUNER, Linda	30	00:29:51.54	04:58	6K-F	+00:05:01	Augustana	00:09:38.30	00:10:06.38	00:10:06.86
78/90	HICKS, Sarah	31	00:30:56.97	05:09	6K-F	+00:06:06	Augustana	00:10:00.59	00:10:10.34	00:10:46.04
85/90	CHESSALL, Anika	32	00:31:35.22	05:15	6K-F	+00:06:45	Augustana	00:10:07.64	00:10:27.45	00:11:00.13

**Brantford Conf: OCAA**

OA/PI	Name	Bib#	Time	Pace	Distance	Offset	School	Lap 1	Lap 2	Lap 3
6/90	BROWN, Vanessa	62	00:26:13.36	04:22	6K-F	+00:01:23	Brantford	00:08:27.72	00:08:48.31	00:08:57.33
17/90	NIESON, Faith	65	00:27:09.72	04:31	6K-F	+00:02:19	Brantford	00:08:44.29	00:09:07.20	00:09:18.23
24/90	HUGHES, Kara	64	00:27:46.71	04:37	6K-F	+00:02:56	Brantford	00:08:59.61	00:09:29.13	00:09:17.97
41/90	CARINCI, Chiara	63	00:28:42.42	04:47	6K-F	+00:03:52	Brantford	00:09:04.08	00:09:38.63	00:09:59.71
50/90	BRAUN, Jessa	61	00:29:20.76	04:53	6K-F	+00:04:30	Brantford	00:09:23.65	00:09:56.63	00:10:00.48

**Concordia Conf: ACAC**

OA/PI	Name	Bib#	Time	Pace	Distance	Offset	School	Lap 1	Lap 2	Lap 3
12/90	ZULIC, Ana	8	00:26:51.23	04:28	6K-F	+00:02:01	Concordia	00:08:43.36	00:08:55.72	00:09:12.15

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from O/A win Time hh:mm:ss

**School Results**  
(Schools Alpha Sorted)

**6K Women**

**E Montpetit Conf: RSEQ**

OA/PI	Name	Bib#	Time	Pace	Distance	Offset	School	Lap 1	Lap 2	Lap 3
18/90	HEBERT, Marie Ange	16	00:27:25.71	04:34	6K-F	+00:02:35	E Montpetit	00:08:39.01	00:09:20.57	00:09:26.13
49/90	THIBAUT, Marick	20	00:29:20.25	04:53	6K-F	+00:04:30	E Montpetit	00:09:26.10	00:09:49.23	00:10:04.92
62/90	MARTINEAU, Anabelle	18	00:29:54.18	04:59	6K-F	+00:05:03	E Montpetit	00:09:49.04	00:09:54.53	00:10:10.61
74/90	LAROSE, Eve	17	00:30:32.93	05:05	6K-F	+00:05:42	E Montpetit	00:09:45.98	00:10:15.75	00:10:31.20
86/90	VEILLEUX, Sarah Michel	19	00:31:38.36	05:16	6K-F	+00:06:48	E Montpetit	00:10:01.90	00:10:38.04	00:10:58.42
87/90	BRUN, Gabrielle	15	00:31:51.93	05:18	6K-F	+00:07:01	E Montpetit	00:09:57.66	00:10:41.68	00:11:12.59

**Fanshawe Conf: OCAA**

OA/PI	Name	Bib#	Time	Pace	Distance	Offset	School	Lap 1	Lap 2	Lap 3
8/90	MARTIN, Jessica	47	00:26:23.81	04:23	6K-F	+00:01:33	Fanshawe	00:08:20.22	00:08:52.48	00:09:11.11
20/90	BURCH, Sammi Jo	43	00:27:33.16	04:35	6K-F	+00:02:42	Fanshawe	00:08:43.14	00:09:18.03	00:09:31.99
28/90	TRAVAGLINI, Laura	44	00:27:49.99	04:38	6K-F	+00:02:59	Fanshawe	00:09:00.38	00:09:20.23	00:09:29.38
73/90	RYTER, Regan	48	00:30:27.58	05:04	6K-F	+00:05:37	Fanshawe	00:09:51.38	00:10:11.27	00:10:24.93
83/90	DEPAUW, Tamara	45	00:31:23.81	05:13	6K-F	+00:06:33	Fanshawe	00:09:54.57	00:10:27.19	00:11:02.05
88/90	GORDON, Breah	46	00:32:07.26	05:21	6K-F	+00:07:17	Fanshawe	00:09:52.74	00:10:53.22	00:11:21.30

**Fleming Conf: OCAA**

OA/PI	Name	Bib#	Time	Pace	Distance	Offset	School	Lap 1	Lap 2	Lap 3
57/90	FRANCES, Emery	49	00:29:40.90	04:56	6K-F	+00:04:50	Fleming	00:09:14.32	00:09:52.44	00:10:34.14

**Grande Prairie Conf: ACAC**

OA/PI	Name	Bib#	Time	Pace	Distance	Offset	School	Lap 1	Lap 2	Lap 3
7/90	VAN DER GIESSEN, Anna	51	00:26:14.58	04:22	6K-F	+00:01:24	rande Prairi	00:08:21.18	00:08:52.40	00:09:01.00
46/90	KOKESCH, Taryn	55	00:29:05.50	04:50	6K-F	+00:04:15	rande Prairi	00:09:18.50	00:09:51.44	00:09:55.56
63/90	DUVALL, Brittany	54	00:29:58.89	04:59	6K-F	+00:05:08	rande Prairi	00:09:37.26	00:09:59.48	00:10:22.15
75/90	BRATLAND, Kailey	53	00:30:41.20	05:06	6K-F	+00:05:51	rande Prairi	00:09:41.24	00:10:14.02	00:10:45.94
76/90	FREY, Krista	50	00:30:46.43	05:07	6K-F	+00:05:56	rande Prairi	00:09:35.84	00:10:20.55	00:10:50.04
77/90	STEINKE, Lydia	52	00:30:50.48	05:08	6K-F	+00:06:00	rande Prairi	00:09:47.52	00:10:17.42	00:10:45.54

**Humber Conf: OCAA**

OA/PI	Name	Bib#	Time	Pace	Distance	Offset	School	Lap 1	Lap 2	Lap 3
58/90	WILKINS, Montana	59	00:29:44.34	04:57	6K-F	+00:04:54	Humber	00:09:22.05	00:09:58.84	00:10:23.45
66/90	BUSH, Kayleigh	56	00:30:04.24	05:00	6K-F	+00:05:14	Humber	00:09:33.44	00:10:10.06	00:10:20.74
67/90	ROTHENBURG, Patricia	58	00:30:07.24	05:01	6K-F	+00:05:17	Humber	00:09:20.85	00:10:47.56	00:09:58.83
71/90	RASO, Megan	57	00:30:21.35	05:03	6K-F	+00:05:31	Humber	00:09:36.88	00:10:11.26	00:10:33.21

OA/PI = Overall Placing

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**School Results**  
(Schools Alpha Sorted)

**6K Women**

**Jonquiere Conf: RSEQ**

OA/PI	Name	Bib#	Time	Pace	Distance	Offset	School	Lap 1	Lap 2	Lap 3
2/90	DROLET, Anne Federik	92	00:25:03.66	04:10	6K-F	+00:00:13	Jonquiere	00:08:15.32	00:08:25.24	00:08:23.10

**L Groulx Conf: RSEQ**

OA/PI	Name	Bib#	Time	Pace	Distance	Offset	School	Lap 1	Lap 2	Lap 3
9/90	GAGNON, Marianne	89	00:26:39.49	04:26	6K-F	+00:01:49	L Groulx	00:08:43.70	00:08:54.82	00:09:00.97
43/90	EMOND, Marie Renee	90	00:28:47.55	04:47	6K-F	+00:03:57	L Groulx	00:09:16.45	00:09:35.70	00:09:55.40
68/90	L'ARCHEVEQUE, Lea	88	00:30:14.23	05:02	6K-F	+00:05:24	L Groulx	00:09:42.68	00:09:58.73	00:10:32.82
90/90	RACINE-PRUD'HOMME, Andreanne	91	00:32:42.30	05:27	6K-F	+00:07:52	L Groulx	00:10:10.53	00:11:14.23	00:11:17.54

**Lethbridge Conf: ACAC**

OA/PI	Name	Bib#	Time	Pace	Distance	Offset	School	Lap 1	Lap 2	Lap 3
3/90	NOWICKI, Sophia	1	00:25:22.22	04:13	6K-F	+00:00:32	Lethbridge	00:08:15.08	00:08:25.88	00:08:41.26
15/90	LEBLANC, Anna	3	00:26:58.92	04:29	6K-F	+00:02:08	Lethbridge	00:08:45.80	00:09:02.94	00:09:10.18
16/90	BOUCHARD, Rosie	2	00:26:59.76	04:29	6K-F	+00:02:09	Lethbridge	00:08:42.64	00:09:02.89	00:09:14.23
31/90	REKIC, Vildana	4	00:28:02.60	04:40	6K-F	+00:03:12	Lethbridge	00:09:16.21	00:09:09.40	00:09:36.99
42/90	GRAHAM, Janelle	5	00:28:45.58	04:47	6K-F	+00:03:55	Lethbridge	00:09:17.64	00:09:33.72	00:09:54.22
72/90	CROWE, Sydney	6	00:30:24.93	05:04	6K-F	+00:05:34	Lethbridge	00:09:34.97	00:10:20.06	00:10:29.90

**Mohawk College Conf: OCAA**

OA/PI	Name	Bib#	Time	Pace	Distance	Offset	School	Lap 1	Lap 2	Lap 3
25/90	LOF, Ashley	66	00:27:47.93	04:37	6K-F	+00:02:57	Mohawk Colle	00:08:53.08	00:09:25.42	00:09:29.43

**Montmorency Conf: RSEQ**

OA/PI	Name	Bib#	Time	Pace	Distance	Offset	School	Lap 1	Lap 2	Lap 3
33/90	COLGAN, Valery	67	00:28:21.91	04:43	6K-F	+00:03:31	Montmorenc	00:09:18.70	00:09:20.34	00:09:42.87
55/90	GALLE, Melina	68	00:29:35.69	04:55	6K-F	+00:04:45	Montmorenc	00:09:21.47	00:09:52.83	00:10:21.39

**Red Deer Conf: ACAC**

OA/PI	Name	Bib#	Time	Pace	Distance	Offset	School	Lap 1	Lap 2	Lap 3
11/90	SKLARUK, Shayla	73	00:26:50.53	04:28	6K-F	+00:02:00	Red Deer	00:08:43.36	00:09:01.28	00:09:05.89
22/90	STEWART, Jillian	74	00:27:36.14	04:36	6K-F	+00:02:45	Red Deer	00:09:17.72	00:09:02.61	00:09:15.81
27/90	BROWER, Shayna	69	00:27:49.78	04:38	6K-F	+00:02:59	Red Deer	00:09:18.73	00:09:10.12	00:09:20.93
29/90	DEBREE, Caitlin	70	00:27:53.06	04:38	6K-F	+00:03:02	Red Deer	00:09:10.37	00:09:11.06	00:09:31.63
30/90	MOLTZAHN, Shaelyn	71	00:27:57.98	04:39	6K-F	+00:03:07	Red Deer	00:09:04.72	00:09:22.37	00:09:30.89
47/90	SHAPKA, Teagan	72	00:29:16.43	04:52	6K-F	+00:04:26	Red Deer	00:09:31.23	00:09:47.46	00:09:57.74

OA/PI = Overall Placing

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Gen/PI = Overall Gender Placing

Offset = Diff from O/A win Time hh:mm:ss

**School Results**  
(Schools Alpha Sorted)

**6K Women**

**S Lambert Conf: RSEQ**

OA/PI	Name	Bib#	Time	Pace	Distance	Offset	School	Lap 1	Lap 2	Lap 3
4/90	BOIRE, Veronic	42	00:25:28.08	04:14	6K-F	+00:00:37	S Lambert	00:08:26.95	00:08:26.43	00:08:34.70
5/90	FLOOD, Samantha	39	00:25:33.82	04:15	6K-F	+00:00:43	S Lambert	00:08:14.76	00:08:27.34	00:08:51.72
21/90	PARENT, Mathilde	40	00:27:34.39	04:35	6K-F	+00:02:44	S Lambert	00:09:01.21	00:09:12.61	00:09:20.57
35/90	BOILARD, Catherin	41	00:28:28.36	04:44	6K-F	+00:03:38	S Lambert	00:09:05.48	00:09:36.58	00:09:46.30

**SAIT Conf: ACAC**

OA/PI	Name	Bib#	Time	Pace	Distance	Offset	School	Lap 1	Lap 2	Lap 3
14/90	DANARD, Ann	75	00:26:58.50	04:29	6K-F	+00:02:08	SAIT	00:08:50.74	00:09:03.06	00:09:04.70

**Sheridan Conf: OCAA**

OA/PI	Name	Bib#	Time	Pace	Distance	Offset	School	Lap 1	Lap 2	Lap 3
36/90	PAKENHAM-TROTH, Alexandraia	13	00:28:28.38	04:44	6K-F	+00:03:38	Sheridan	00:09:19.60	00:09:28.34	00:09:40.44
39/90	BROWN, Marla	10	00:28:36.75	04:46	6K-F	+00:03:46	Sheridan	00:09:14.78	00:09:32.80	00:09:49.17
51/90	GILLIPSE, Yonta	12	00:29:20.88	04:53	6K-F	+00:04:30	Sheridan	00:09:30.12	00:09:46.19	00:10:04.57
81/90	BLANCHETTE, Danielle	9	00:31:15.86	05:12	6K-F	+00:06:25	Sheridan	00:10:00.68	00:10:30.09	00:10:45.09
84/90	CATALLI, Isabel	11	00:31:29.27	05:14	6K-F	+00:06:39	Sheridan	00:10:09.84	00:10:34.45	00:10:44.98
89/90	THOMPSON, Jessie	14	00:32:42.14	05:27	6K-F	+00:07:51	Sheridan	00:10:21.70	00:11:05.71	00:11:14.73

**St Clair Conf: OCAA**

OA/PI	Name	Bib#	Time	Pace	Distance	Offset	School	Lap 1	Lap 2	Lap 3
45/90	ATHERTON, Natasha	26	00:29:03.77	04:50	6K-F	+00:04:13	St Clair	00:09:28.23	00:09:36.65	00:09:58.89
48/90	HORROBIN, Beth	21	00:29:16.89	04:52	6K-F	+00:04:26	St Clair	00:09:28.76	00:09:50.01	00:09:58.12
52/90	DAVIS, Trinity	23	00:29:27.84	04:54	6K-F	+00:04:37	St Clair	00:09:14.40	00:10:07.14	00:10:06.30
53/90	JONES, Hailey	25	00:29:30.54	04:55	6K-F	+00:04:40	St Clair	00:09:19.01	00:10:02.21	00:10:09.32
70/90	HODGKIN, Jessica	22	00:30:20.20	05:03	6K-F	+00:05:30	St Clair	00:09:43.30	00:10:12.54	00:10:24.36
80/90	PALUMBO, Mya	24	00:31:12.30	05:12	6K-F	+00:06:22	St Clair	00:09:50.82	00:10:42.91	00:10:38.57

**Trois-Rivieres Conf: RSEQ**

OA/PI	Name	Bib#	Time	Pace	Distance	Offset	School	Lap 1	Lap 2	Lap 3
26/90	GELINAS, Rosemarie	80	00:27:49.19	04:38	6K-F	+00:02:58	trois-Riviere	00:09:17.09	00:09:12.62	00:09:19.48

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from O/A win Time hh:mm:ss

**School Results**  
(Schools Alpha Sorted)

**6K Women**

**UTM Conf: OCAA**

OA/PI	Name	Bib#	Time	Pace	Distance	Offset	School	Lap 1	Lap 2	Lap 3
19/90	GLANZ, Sophie	82	00:27:26.79	04:34	6K-F	+00:02:36	UTM	00:08:41.22	00:09:10.89	00:09:34.68
34/90	COSTANZO, Julia	81	00:28:23.50	04:43	6K-F	+00:03:33	UTM	00:09:15.55	00:09:33.27	00:09:34.68
38/90	HORROBIN, Victoria	83	00:28:33.63	04:45	6K-F	+00:03:43	UTM	00:09:11.54	00:09:35.74	00:09:46.35
44/90	MARTSOUKAKI, Eirini	84	00:28:59.60	04:49	6K-F	+00:04:09	UTM	00:09:20.59	00:09:37.77	00:10:01.24
54/90	TAIT, Talyn	86	00:29:33.09	04:55	6K-F	+00:04:42	UTM	00:09:29.67	00:09:55.73	00:10:07.69
82/90	PREVOST-CHAMBERS, Morgan	85	00:31:19.94	05:13	6K-F	+00:06:29	UTM	00:09:42.54	00:10:57.75	00:10:39.65

**V Montreal Conf: RSEQ**

OA/PI	Name	Bib#	Time	Pace	Distance	Offset	School	Lap 1	Lap 2	Lap 3
23/90	LE BAIL, Louisiane	77	00:27:45.30	04:37	6K-F	+00:02:55	V Montreal	00:08:56.89	00:09:26.54	00:09:21.87
61/90	RIEU, Janne	78	00:29:53.18	04:58	6K-F	+00:05:02	V Montreal	00:09:46.20	00:09:59.61	00:10:07.37
64/90	JACOB, Cleo	76	00:30:02.20	05:00	6K-F	+00:05:12	V Montreal	00:09:36.06	00:10:09.49	00:10:16.65
65/90	RIEU, Romie	79	00:30:03.51	05:00	6K-F	+00:05:13	V Montreal	00:09:45.90	00:10:00.79	00:10:16.82

**Victoriaville Conf: RSEQ**

OA/PI	Name	Bib#	Time	Pace	Distance	Offset	School	Lap 1	Lap 2	Lap 3
37/90	CAMIRE-MATVEYENKO, Elana	87	00:28:33.02	04:45	6K-F	+00:03:42	Victoriaville	00:09:19.80	00:09:25.80	00:09:47.42