

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

Category Results

6K Run - 3.73 Miles
12 Finishers

6K-OPEN-F - 2 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	CatOffset	City
1/2	WOPLING, FRANCESCA	311	29:22.924	04:53	07:52	9/12	1/2	+00:00:00	GATINEAU
2/2	WARREN, GRACE	310	37:36.734	06:16	10:05	12/12	2/2	+00:08:13	MEDICINE HAT

6K-OPEN-M - 10 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	CatOffset	City
1/10	PINSONNEAULT, JULIEN	316	20:41.078	03:26	05:32	1/12	1/10	+00:00:00	SAINT-HYACINTH
2/10	BROUILLETTE, ROBERT	300	20:59.219	03:29	05:37	2/12	2/10	+00:00:18	CAMBRIDGE
3/10	JONKER, CHRIS	318	22:32.801	03:45	06:02	3/12	3/10	+00:01:51	MEDICINE HAT
4/10	HOULZET, MATT	317	22:45.525	03:47	06:06	4/12	4/10	+00:02:04	CRFANBROOK
5/10	HALLDORSON, QUINN	302	23:42.569	03:57	06:21	5/12	5/10	+00:03:01	EDMONTON
6/10	SMITH, DARRYL	313	23:49.246	03:58	06:23	6/12	6/10	+00:03:08	MEDICINE HAT
7/10	CLARKE, JAMES	301	25:28.407	04:14	06:49	7/12	7/10	+00:04:47	CALGARY
8/10	IWATA, SHINTARO	303	25:46.708	04:17	06:54	8/12	8/10	+00:05:05	MEDICINE HAT
9/10	SHELLENBERG, DOMINIC	312	31:47.983	05:17	08:31	10/12	9/10	+00:11:06	CAMROSE
10/10	OUGH, EDWARD	315	32:35.512	05:25	08:44	11/12	10/10	+00:11:54	MEDICINE HAT