

Alpha Overall Results

5K Run - 3.1 Miles

72 Finishers

O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
60/72	ARMBRUSTER, CHRISSY	169	00:40:46.69	08:09	5KR30-39F	20/24	F	44/54	00:40:42.71
17/72	BABIN, MELISSA	244	00:31:49.61	06:21	5KR30-39F	4/24	F	11/54	00:31:45.71
15/72	BALISKY, DAWN MARIE	170	00:30:45.42	06:09	5KR40-49F	3/13	F	9/54	00:30:41.97
23/72	BARBER, BONNIE	171	00:33:23.10	06:40	5KR60+F	1/2	F	16/54	00:33:17.66
24/72	BELL, VANESSA	172	00:33:23.98	06:40	5KR30-39F	8/24	F	17/54	00:33:17.96
18/72	BRATLAND, LISA	173	00:32:13.26	06:26	5KR30-39F	5/24	F	12/54	00:32:07.32
1/72	BROCK, JEFF	174	00:21:19.16	04:15	5KR40-49M	1/5	M	1/18	00:21:18.87
8/72	BROCK, KIMBERLY	175	00:27:08.46	05:25	5KR40-49F	2/13	F	4/54	00:27:07.55
39/72	BUSTARD, MATT	239	00:37:18.31	07:27	5KR20-29M	2/4	M	11/18	00:37:15.58
30/72	CHIASSON, JOANNE	176	00:34:41.39	06:56	5KR40-49F	8/13	F	23/54	00:34:34.57
62/72	COOKE, MARGARET	177	00:42:02.59	08:24	5KR40-49F	12/13	F	46/54	00:41:54.67
43/72	COTE, TERESA	178	00:38:31.43	07:42	5KR50-59F	3/5	F	31/54	00:38:24.33
3/72	DAVIS, EMILIE	180	00:23:41.52	04:44	5KR19&UF	1/2	F	1/54	00:23:40.45
44/72	DAVIS, MICHELLE	181	00:38:37.91	07:43	5KR40-49F	10/13	F	32/54	00:38:31.25
71/72	DEMEULE, ELAINE	182	00:47:19.50	09:27	5KR30-39F	24/24	F	53/54	00:47:04.24
55/72	DICK, JODI	183	00:40:05.69	08:01	5KR40-49F	11/13	F	39/54	00:39:57.52
57/72	DONNELLY, JUDY	184	00:40:15.31	08:03	5KR30-39F	17/24	F	41/54	00:40:03.61
54/72	ELLIOTT, SAMANTHA	185	00:39:55.61	07:59	5KR20-29F	6/8	F	38/54	00:39:50.21
4/72	FORD, JESSICA	187	00:24:42.46	04:56	5KR20-29F	1/8	F	2/54	00:24:39.85
65/72	GIRVAN, DAVID	189	00:44:13.05	08:50	5KR60+M	1/1	M	18/18	00:44:08.61
11/72	GRIER, ERIN	190	00:29:35.08	05:55	5KR30-39F	1/24	F	6/54	00:29:32.27
56/72	GUNDERSEN, WENDY	191	00:40:07.73	08:01	5KR30-39F	16/24	F	40/54	00:40:00.00
35/72	HEARN, ALLISON	192	00:36:37.93	07:19	5KR30-39F	12/24	F	27/54	00:36:34.43
14/72	HEARN, LORRAINE	193	00:30:33.12	06:06	5KR30-39F	2/24	F	8/54	00:30:29.67
48/72	HOLMAN, DONLEA	194	00:38:59.93	07:47	5KR30-39F	15/24	F	35/54	00:38:54.91
47/72	HOLMAN, SHAWNA	195	00:38:59.63	07:47	5KR30-39F	14/24	F	34/54	00:38:54.61
5/72	HUDSON, ALISON	240	00:25:02.41	05:00	5KR40-49F	1/13	F	3/54	00:24:58.91
12/72	JACOBSEN, TONY	238	00:29:35.61	05:55	5KR30-39M	4/5	M	6/18	00:29:25.23
38/72	JAYNES, ANNORA	196	00:37:03.63	07:24	5KR19&UF	2/2	F	28/54	00:37:00.13
37/72	JAYNES, JON	197	00:37:03.09	07:24	5KR30-39M	5/5	M	10/18	00:36:58.23
53/72	JENNE, ANDY	198	00:39:37.69	07:55	5KR50-59M	3/3	M	16/18	00:39:28.93
41/72	JOHNSON, ANITA	199	00:37:43.05	07:32	5KR50-59F	2/5	F	29/54	00:37:37.97
21/72	JOHNSON, VALERIE	200	00:33:07.04	06:37	5KR30-39F	6/24	F	14/54	00:33:02.76
36/72	JONES, ROBERT	201	00:36:40.46	07:20	5KR50-59M	1/3	M	9/18	00:36:35.80
27/72	KING, NADINE	202	00:33:42.44	06:44	5KR30-39F	9/24	F	20/54	00:33:37.48
32/72	KINSELLA, KAREN	243	00:34:49.79	06:57	5KR50-59F	1/5	F	24/54	00:34:37.58
7/72	LAINE, LARI	203	00:26:33.45	05:18	5KR20-29M	1/4	M	4/18	00:26:23.61
66/72	LAURIN, NICOLE	204	00:45:02.29	09:00	5KR40-49F	13/13	F	48/54	00:44:52.23
49/72	LAW, RHONA	205	00:39:05.07	07:49	5KR50-59F	4/5	F	36/54	00:39:03.58
40/72	LEBRUN, BRANDON	206	00:37:29.55	07:29	5KR40-49M	4/5	M	12/18	00:37:21.25
22/72	LEIN, TANYA	208	00:33:16.87	06:39	5KR30-39F	7/24	F	15/54	00:33:11.43
58/72	MACDONALD, JENNIFER	209	00:40:15.41	08:03	5KR30-39F	18/24	F	42/54	00:40:03.89
9/72	MASIK, CARLEEN	210	00:27:39.09	05:31	5KR20-29F	2/8	F	5/54	00:27:35.19
16/72	MCALLISTER, ERIN	211	00:31:10.75	06:14	5KR30-39F	3/24	F	10/54	00:31:04.73
67/72	MICHAUD, CAROLE	212	00:45:06.17	09:01	5KR60+F	2/2	F	49/54	00:44:54.73
68/72	MICHAUD, DIANE	213	00:45:08.65	09:01	5KR30-39F	22/24	F	50/54	00:44:57.29
63/72	NORMANDEAU, EWEN	214	00:42:53.08	08:34	5KR20-29M	4/4	M	17/18	00:42:52.27
64/72	NUSSBAUMER, VALERIE	215	00:44:08.71	08:49	5KR50-59F	5/5	F	47/54	00:43:58.79
2/72	O'TOOLE, RYAN	216	00:23:29.10	04:41	5KR30-39M	1/5	M	2/18	00:23:27.81
42/72	PANTON, PAULA	217	00:38:05.29	07:37	5KR30-39F	13/24	F	30/54	00:38:00.33
29/72	PAYNE, JESSIE	218	00:34:28.24	06:53	5KR30-39F	10/24	F	22/54	00:34:21.48
72/72	PORTERFIELD, ASHLEY	219	01:00:39.62	12:07	5KR20-29F	8/8	F	54/54	01:00:25.30
50/72	POULSON, JESSICA	220	00:39:10.03	07:50	5KR20-29F	5/8	F	37/54	00:39:02.22
33/72	RATTU, CLAUDIA	221	00:35:21.56	07:04	5KR40-49F	9/13	F	25/54	00:35:17.06
69/72	REIGER, ERIN	242	00:45:29.80	09:05	5KR30-39F	23/24	F	51/54	00:45:20.86
28/72	ROY, TERI	222	00:34:19.98	06:52	5KR40-49F	7/13	F	21/54	00:34:12.06
20/72	SHAVERS, HEATHER	223	00:32:45.32	06:33	5KR40-49F	4/13	F	13/54	00:32:37.67
13/72	SHEPPARD, SHERI	310	00:30:24.53	06:04	5KR20-29F	3/8	F	7/54	00:30:19.75
25/72	SHORT, CHARLENE	224	00:33:33.62	06:42	5KR40-49F	5/13	F	18/54	00:33:27.16
31/72	SHORT, MATTHEW	225	00:34:43.00	06:56	5KR40-49M	3/5	M	8/18	00:34:36.34
19/72	SIMMS, MIKE	241	00:32:32.35	06:30	5KR40-49M	2/5	M	7/18	00:32:25.25
34/72	SKIDMORE, MELANIE	226	00:35:42.64	07:08	5KR30-39F	11/24	F	26/54	00:35:40.33
59/72	SULLIVAN, SHARLA	227	00:40:17.58	08:03	5KR30-39F	19/24	F	43/54	00:40:09.77
6/72	TANSEM, KRIS	228	00:25:06.32	05:01	5KR30-39M	2/5	M	3/18	00:25:02.80
10/72	TROYER, PHIL	230	00:28:22.99	05:40	5KR30-39M	3/5	M	5/18	00:28:19.96
26/72	VISSER, CASSIE	231	00:33:38.81	06:43	5KR40-49F	6/13	F	19/54	00:33:32.75

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5K Run - 3.1 Miles

72 Finishers

O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
46/72	WEBER, KAYLA	232	00:38:54.92	07:46	5KR20-29F	4/8	F	33/54	00:38:52.62
45/72	WEBER, RILEY	233	00:38:52.67	07:46	5KR20-29M	3/4	M	13/18	00:38:50.88
51/72	WHITE, WIL	234	00:39:29.43	07:53	5KR40-49M	5/5	M	14/18	00:39:27.30
61/72	WHYTE, KRISTA	235	00:41:13.19	08:14	5KR30-39F	21/24	F	45/54	00:41:09.66
70/72	WIDDIFIELD, ALEXZANDRA	236	00:46:29.87	09:17	5KR20-29F	7/8	F	52/54	00:46:21.49
52/72	WYANT, ELDON	237	00:39:29.57	07:53	5KR50-59M	2/3	M	15/18	00:39:27.50