

## Alpha Overall Results

## 10K Run - 6.21 Miles

## 79 Finishers

O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
79/79	ADDISON, FELICITY	301	01:33:57.67	09:23	10K20-29F	13/13	F	38/38	01:33:35.09
78/79	ADDISON, LINDA	302	01:33:56.96	09:23	10K40-49F	6/6	F	37/38	01:33:34.71
33/79	ANDERSON, SUSAN	303	00:54:54.61	05:29	10K30-39F	4/12	F	10/38	00:54:44.76
16/79	ARGYLE, GRAHAM	304	00:50:25.31	05:02	10K60+M	1/6	M	16/41	00:50:21.93
25/79	BERNATCHEZ, CORA	305	00:52:53.29	05:17	10K30-39F	3/12	F	7/38	00:52:51.31
22/79	BEZOOYEN, ANDREA	364	00:52:22.26	05:14	10K30-39F	1/12	F	4/38	00:52:03.02
37/79	BUENO, HECTOR	376	00:57:22.00	05:44	10K30-39M	5/7	M	26/41	00:57:20.01
50/79	CHAPMAN, DAN	306	01:02:25.61	06:14	10K40-49M	8/11	M	29/41	01:02:07.50
8/79	CONDON, GARRY	375	00:47:00.36	04:42	10K30-39M	2/7	M	8/41	00:46:55.23
48/79	DEWACHT, AIMEE	377	01:00:34.30	06:03	10K30-39F	10/12	F	20/38	01:00:19.62
10/79	ELDER, KEVIN	308	00:47:47.11	04:46	10K50-59M	4/14	M	10/41	00:47:42.76
15/79	FRIESEN, TYLER	382	00:50:25.31	05:02	10K30-39M	4/7	M	15/41	00:50:17.83
49/79	GALBRAITH, KATE	309	01:02:07.84	06:12	10K20-29F	5/13	F	21/38	01:01:59.82
38/79	GOODFELLOW, PIPPA	310	00:57:28.40	05:44	10K50-59F	2/5	F	12/38	00:57:19.36
52/79	GOUCHIE, BECKY	311	01:02:50.96	06:17	10K30-39F	11/12	F	22/38	01:02:27.02
41/79	GOUCHIE, JASON	312	00:58:24.89	05:50	10K40-49M	7/11	M	27/41	00:58:00.44
14/79	GRANT, BRENDAN	313	00:49:40.13	04:58	10K30-39M	3/7	M	14/41	00:49:34.42
40/79	HAMILTON, COURTENEY	362	00:58:10.04	05:49	10K20-29F	4/13	F	14/38	00:58:03.47
32/79	HANSON, WES	314	00:54:27.51	05:26	10K50-59M	9/14	M	23/41	00:54:19.49
68/79	HATT, SARAH	385	01:10:23.27	07:02	10K20-29F	9/13	F	28/38	01:09:59.18
2/79	HEINRICHS, RYAN	369	00:39:27.16	03:56	10K20-29M	1/2	M	2/41	00:39:26.80
5/79	HIGGINS, BOB	315	00:43:39.09	04:21	10K40-49M	3/11	M	5/41	00:43:38.53
71/79	HODGKINSON, NICOLE	316	01:10:42.89	07:04	10K20-29F	10/13	F	30/38	01:10:17.98
58/79	HYCHA, AMY	363	01:04:56.21	06:29	10K20-29F	6/13	F	24/38	01:04:49.43
73/79	IMESON, MELISSA	317	01:11:09.48	07:06	10K20-29F	12/13	F	32/38	01:11:06.83
55/79	JERVIS, NEIL	318	01:03:55.06	06:23	10K50-59M	13/14	M	32/41	01:03:23.87
34/79	JOHNSTON, BERNADETTE	319	00:55:46.03	05:34	10K50-59F	1/5	F	11/38	00:55:39.33
76/79	JONES, TESSA	320	01:25:04.01	08:30	10K50-59F	5/5	F	35/38	01:24:39.11
44/79	KELLY, JONNIE	381	00:59:39.86	05:57	10K40-49F	3/6	F	17/38	00:59:26.63
3/79	KLOHN, CHAD	322	00:42:13.68	04:13	10K30-39M	1/7	M	3/41	00:42:12.69
42/79	KLOHN, JANINE	323	00:58:27.79	05:50	10K30-39F	6/12	F	15/38	00:58:24.17
47/79	KORTHUIS, SHARON	370	01:00:14.74	06:01	10K30-39F	9/12	F	19/38	01:00:04.88
46/79	LAARMAN, KAREN	371	01:00:14.68	06:01	10K30-39F	8/12	F	18/38	01:00:04.53
39/79	LADD, HEATHER	365	00:58:07.85	05:48	10K30-39F	5/12	F	13/38	00:57:59.42
4/79	LUKINUK, BRENDT	383	00:42:25.62	04:14	10K40-49M	2/11	M	4/41	00:42:24.56
26/79	MAATJE, JOHAN	327	00:52:58.53	05:17	10K40-49M	5/11	M	19/41	00:52:40.43
35/79	MACKINNON, BRUCE	328	00:55:46.11	05:34	10K50-59M	10/14	M	24/41	00:55:41.27
53/79	MEGAW, CAROL	330	01:02:54.03	06:17	10K60+F	2/2	F	23/38	01:02:50.68
20/79	MERKOSKY, FRANCES	331	00:51:54.69	05:11	10K20-29F	2/13	F	3/38	00:51:51.22
23/79	MIHALIK, BRANDY	332	00:52:37.80	05:15	10K20-29F	3/13	F	5/38	00:52:28.24
67/79	MIHALIK, TOM	333	01:07:13.52	06:43	10K50-59M	14/14	M	40/41	01:06:55.41
1/79	MOLNAR, WARREN	372	00:38:33.81	03:51	10K40-49M	1/11	M	1/41	00:38:33.34
72/79	NELSON, KIRSTEN	366	01:10:55.41	07:05	10K20-29F	11/13	F	31/38	01:10:50.57
29/79	OLFERT, DOREEN	334	00:54:04.32	05:24	10K60+F	1/2	F	8/38	00:54:00.98
12/79	OLSON, BARRY	367	00:48:28.51	04:50	10K50-59M	6/14	M	12/41	00:48:26.24
65/79	PAULSON, BRIAN	336	01:05:25.24	06:32	10K20-29M	2/2	M	39/41	01:05:05.12
36/79	PEARCE, JIM	384	00:56:46.54	05:40	10K50-59M	11/14	M	25/41	00:56:37.78
6/79	PENNER, KEN	337	00:46:52.09	04:41	10K50-59M	1/14	M	6/41	00:46:48.04
21/79	POTE, JIMMY	339	00:52:00.83	05:12	10K60+M	2/6	M	18/41	00:51:51.79
62/79	POYTRESS, ALAN	340	01:05:22.65	06:32	10K60+M	6/6	M	36/41	01:05:00.44
54/79	PURCELL, DYLAN	373	01:03:52.98	06:23	10K40-49M	9/11	M	31/41	01:03:32.98
11/79	RANDLE, LARRY	341	00:48:00.67	04:48	10K50-59M	5/14	M	11/41	00:47:58.68
66/79	REID, JOHANNE	342	01:06:09.26	06:36	10K50-59F	3/5	F	27/38	01:05:57.17
75/79	REIMER, SUSAN	343	01:15:05.05	07:30	10K40-49F	5/6	F	34/38	01:14:51.55
28/79	RIBAR, HAROLD	344	00:53:25.83	05:20	10K60+M	3/6	M	21/41	00:53:25.37
9/79	RITCHOT, GILLES	345	00:47:25.50	04:44	10K50-59M	3/14	M	9/41	00:47:21.25
59/79	ROSS, CAITLIN	346	01:05:16.84	06:31	10K20-29F	7/13	F	25/38	01:05:05.61
24/79	ROY, AMY	347	00:52:50.05	05:17	10K30-39F	2/12	F	6/38	00:52:48.66
27/79	ROYER, ANDRE	348	00:53:03.39	05:18	10K40-49M	6/11	M	20/41	00:52:57.47
19/79	SAWYER, JEAN-MARC	349	00:51:01.90	05:06	10K40-49M	4/11	M	17/41	00:50:51.44
18/79	SCHINDELER, SUSAN	350	00:50:54.83	05:05	10K40-49F	1/6	F	2/38	00:50:50.83
74/79	SCHUSSLER, ALICE	387	01:15:04.93	07:30	10K50-59F	4/5	F	33/38	01:14:51.81
57/79	SCOTT, DJ	351	01:04:33.09	06:27	10K30-39M	6/7	M	34/41	01:03:57.03
70/79	SHIGEHIRO, KELLY	352	01:10:41.78	07:04	10K40-49M	11/11	M	41/41	01:10:24.78
69/79	SHIGEHIRO, MAGGIE	353	01:10:40.66	07:04	10K40-49F	4/6	F	29/38	01:10:23.66
43/79	SMITH, CRYSTAL	374	00:59:25.81	05:56	10K30-39F	7/12	F	16/38	00:59:23.55

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O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
60/79	SMITH, SARAH	368	01:05:17.32	06:31	10K20-29F	8/13	F	26/38	01:05:06.58
61/79	STRONG, KELLY	354	01:05:22.51	06:32	10K60+M	5/6	M	35/41	01:05:00.31
7/79	SWITZER, JOHN	355	00:46:54.66	04:41	10K50-59M	2/14	M	7/41	00:46:51.18
30/79	TAKEYASU, CARRIE	356	00:54:08.81	05:24	10K40-49F	2/6	F	9/38	00:54:05.47
13/79	THIESSEN, ERNIE	357	00:49:02.18	04:54	10K50-59M	7/14	M	13/41	00:48:58.57
63/79	THOM, JOSH	378	01:05:24.33	06:32	10K30-39M	7/7	M	37/41	01:05:05.52
31/79	VANDEN BELD, KLAAS	358	00:54:13.09	05:25	10K50-59M	8/14	M	22/41	00:54:05.71
45/79	VANDERVEEN, KLAAS	359	00:59:52.57	05:59	10K60+M	4/6	M	28/41	00:59:33.58
51/79	WARD, BILL	360	01:02:33.86	06:15	10K50-59M	12/14	M	30/41	01:02:18.03
17/79	WILDE, LAURA	386	00:50:37.87	05:03	10K20-29F	1/13	F	1/38	00:50:25.78
56/79	WOODWARD, DAXTON	380	01:04:05.93	06:24	10K10-14M	1/1	M	33/41	01:03:48.01
64/79	WOODWARD, DJ	379	01:05:24.76	06:32	10K40-49M	10/11	M	38/41	01:05:06.55
77/79	YANOS, JENNIFER	361	01:28:52.26	08:53	10K30-39F	12/12	F	36/38	01:28:20.08