

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

## Category Results

## 5K - 3.1 Miles

## 5K09&amp;UF - 14 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	City
1/14	HEGGIE, PRESLEY	295	00:27:08.50	08:45	5K09&UF	91/256	28/139	LETHBRIDGE
2/14	COMB, ISABELLE	336	00:31:11.05	10:03	5K09&UF	132/256	56/139	COALDALE
3/14	SLOMP, KIARA	241	00:31:30.25	10:09	5K09&UF	135/256	58/139	COALDALE
4/14	VAN BEZOOYEN, SARA	261	00:31:54.45	10:17	5K09&UF	142/256	62/139	COALDALE
5/14	COMB, GENEVIEVE	335	00:33:23.80	10:46	5K09&UF	153/256	68/139	COALDALE
6/14	CROW EAGLE, TAYLOR	347	00:35:39.30	11:30	5K09&UF	181/256	88/139	STANDOFF
7/14	DUECK, GILLIAN	143	00:36:14.85	11:41	5K09&UF	184/256	90/139	COALDALE
8/14	HEALY, MONTANA	351	00:36:59.70	11:55	5K09&UF	192/256	95/139	STANDOFF
9/14	WIELENGA, LAUREN	283	00:37:30.10	12:05	5K09&UF	197/256	99/139	BARNWELL
10/14	MIDDLETON, TAIA	194	00:38:36.30	12:27	5K09&UF	202/256	101/139	PICTURE BUTTE
11/14	HARTHOORN, SIMONE	164	00:40:37.95	13:06	5K09&UF	210/256	105/139	COALDALE
12/14	DUECK, CAMRYNN	142	00:42:12.20	13:36	5K09&UF	216/256	110/139	COALDALE
13/14	WORKMAN, SAVANNA	293	00:42:52.75	13:49	5K09&UF	219/256	112/139	HILLSPRING
14/14	DOEVE, ASHLYN	317	00:59:28.85	19:11	5K09&UF	252/256	138/139	COALDALE

## 5K09&amp;UM - 24 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	City
1/24	WEASEL HEAD, EASTON	339	00:23:37.90	07:37	5K09&UM	50/256	38/117	STANDOFF
2/24	KASKO, DYLAN	331	00:26:10.40	08:26	5K09&UM	82/256	57/117	COALDALE
3/24	MEYER, ETHAN	376	00:26:15.20	08:28	5K09&UM	83/256	58/117	COALDALE
4/24	SLOMP, LIAM	242	00:26:28.35	08:32	5K09&UM	85/256	60/117	COALDALE
5/24	VANDER HEIDE, ETHAN	268	00:26:33.70	08:33	5K09&UM	87/256	61/117	COALDALE
6/24	SLAWSON, BLAINE	235	00:26:42.45	08:37	5K09&UM	90/256	63/117	FT. MACLEOD
7/24	VANDER HEIDE, NOAH	269	00:27:35.45	08:53	5K09&UM	97/256	65/117	COALDALE
8/24	WIELENGA, JUSTIN	282	00:28:22.45	09:09	5K09&UM	104/256	68/117	BARNWELL
9/24	POPPE, DAVID	215	00:28:25.85	09:10	5K09&UM	106/256	69/117	COALDALE
10/24	SHOUTING, JUSTIN	341	00:29:02.25	09:21	5K09&UM	111/256	70/117	STANDOFF
11/24	WEASEL HEAD, HAIDEN	340	00:29:03.85	09:22	5K09&UM	113/256	71/117	STANDOFF
12/24	DEBOER, OWEN	133	00:33:12.75	10:42	5K09&UM	152/256	85/117	COALDALE
13/24	NIELSEN, JAXON	203	00:35:29.30	11:26	5K09&UM	175/256	90/117	COALDALE
14/24	WESSELING, MITCHELL	280	00:36:29.70	11:46	5K09&UM	188/256	96/117	VAUXHALL
15/24	COOK, KEEGAN	125	00:36:39.35	11:49	5K09&UM	191/256	97/117	LETH
16/24	ROBERTSON, AIDAN	221	00:40:12.90	12:58	5K09&UM	206/256	103/117	COALDALE
17/24	COLLAR, BRANDEN	301	00:40:13.10	12:58	5K09&UM	207/256	104/117	LETHBRIDGE
18/24	VANDER HEIDE, SETH	271	00:40:36.70	13:06	5K09&UM	209/256	105/117	COALDALE
19/24	POPPE, TIMOTHY	218	00:41:46.90	13:28	5K09&UM	215/256	106/117	COALDALE
20/24	STANDEN, JAMES	251	00:43:40.00	14:05	5K09&UM	225/256	109/117	LETHBRIDGE
21/24	AMBLER, JACE	326	00:45:02.25	14:31	5K09&UM	234/256	110/117	LETH
22/24	POPPE, MATTHEW	217	00:49:31.85	15:58	5K09&UM	239/256	112/117	COALDALE
23/24	PLAITED HAIR, KEVIN	348	01:00:18.55	19:27	5K09&UM	253/256	115/117	STANDOFF
24/24	MCCORMICK, MITCHELL	365	01:03:45.75	20:34	5K09&UM	256/256	117/117	COALDALE

## 5K10-14F - 15 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	City
1/15	BYKOWSKI, JANELLE	120	00:20:47.60	06:42	5K10-14F	24/256	5/139	LETH
2/15	VOGEL, BROOKLYN	322	00:23:04.40	07:26	5K10-14F	44/256	11/139	TURIN
3/15	DAY, KENDRA	130	00:23:26.80	07:33	5K10-14F	49/256	12/139	TABER
4/15	HEGGIE, BERKLEY	296	00:23:53.25	07:42	5K10-14F	54/256	13/139	LETHBRIDGE
5/15	VOGEL, SHAYLIN	323	00:24:12.20	07:48	5K10-14F	56/256	14/139	TURIN
6/15	SLOMP, MADISON	243	00:26:09.25	08:26	5K10-14F	81/256	25/139	COALDALE
7/15	FERGUSON, TAISHA	149	00:26:34.80	08:34	5K10-14F	88/256	27/139	TABER
8/15	SCHOEN, KATHRINE	228	00:30:06.40	09:42	5K10-14F	121/256	50/139	COALDALE
9/15	GROTEN, CAYLEY	156	00:30:15.25	09:45	5K10-14F	122/256	51/139	PICTURE BUTTE
10/15	EAGLE SPEAKER, MIA	338	00:31:02.00	10:00	5K10-14F	130/256	54/139	STANDOFF
11/15	POPPE, ANGELICA	212	00:31:02.65	10:00	5K10-14F	131/256	55/139	COALDALE
12/15	SLOMP, TAYLOR	245	00:31:39.00	10:12	5K10-14F	137/256	59/139	COALDALE
13/15	FICK, TATIANNA	314	00:32:03.00	10:20	5K10-14F	146/256	64/139	COALDALE
14/15	FAZZIO, MADISON	337	00:33:33.45	10:49	5K10-14F	156/256	70/139	COALHURST
15/15	OOSTENBURG, MELISSA	207	00:35:23.45	11:24	5K10-14F	174/256	85/139	COALDALE

## 5K10-14M - 26 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	City
1/26	MIDDLETON, LOGAN	192	00:18:26.10	05:56	5K10-14M	6/256	5/117	PICTURE BUTTE
2/26	HARASEM-MITCHELL, SETH	303	00:20:25.35	06:35	5K10-14M	13/256	12/117	LETHBRIDGE
3/26	REURINK, SHELDON	310	00:20:27.40	06:35	5K10-14M	14/256	13/117	COALDALE

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Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

## Category Results

## 5K - 3.1 Miles

## 5K10-14M - 26 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	City
4/26	KASKO, PARKER	328	00:20:50.00	06:43	5K10-14M	26/256	21/117	COALDALE
5/26	KASKO, JACKSON	329	00:22:18.45	07:11	5K10-14M	36/256	27/117	COALDALE
6/26	MIDDLETON, KAIDEN	191	00:22:45.65	07:20	5K10-14M	39/256	30/117	PICTURE BUTTE
7/26	VAN BEZOOYEN, JARED	260	00:23:06.75	07:27	5K10-14M	46/256	35/117	COALDALE
8/26	DEVOS, NICHOLAS	138	00:24:56.20	08:02	5K10-14M	64/256	47/117	COALDALE
9/26	VAN DIJK, DAVID	263	00:25:19.55	08:10	5K10-14M	68/256	49/117	COALHURST
10/26	DAY, MASON	361	00:25:27.30	08:12	5K10-14M	70/256	51/117	LETH
11/26	WITTEN, DAVID	287	00:25:28.00	08:12	5K10-14M	71/256	52/117	LETHBRIDGE
12/26	TELKE, AARON	362	00:25:33.15	08:14	5K10-14M	74/256	55/117	LETH
13/26	WIRUN, TYSON	286	00:25:59.20	08:22	5K10-14M	78/256	56/117	LETHBRIDGE
14/26	DEVOS, DAVID	136	00:26:16.55	08:28	5K10-14M	84/256	59/117	COALDALE
15/26	POPPE, CALEB	214	00:27:21.00	08:49	5K10-14M	93/256	64/117	COALDALE
16/26	COOK, TAYSON	127	00:27:53.60	08:59	5K10-14M	100/256	66/117	LETH
17/26	COMB, MAXWELL	334	00:28:20.80	09:08	5K10-14M	103/256	67/117	COALDALE
18/26	COLLAR, TRISTAN	300	00:31:39.25	10:12	5K10-14M	138/256	79/117	LETHBRIDGE
19/26	BAREMAN, GAVIN	378	00:31:59.20	10:19	5K10-14M	143/256	81/117	
20/26	POPPE, BENJAMIN	213	00:32:01.15	10:19	5K10-14M	145/256	82/117	COALDALE
21/26	ROBERTSON, JARED	222	00:32:17.80	10:24	5K10-14M	147/256	83/117	COALDALE
22/26	SLOMP, CHRISTIAN	238	00:33:36.00	10:50	5K10-14M	158/256	87/117	COALDALE
23/26	NIELSEN, DEVON	202	00:35:32.80	11:27	5K10-14M	178/256	91/117	COALDALE
24/26	BEZOOYEN, ZOLTAN	309	00:38:04.40	12:17	5K10-14M	199/256	100/117	COALDALE
25/26	BERG, TYLER	113	00:40:08.30	12:57	5K10-14M	205/256	102/117	LETH
26/26	MANY SHOTS, ZACHARY	189	00:42:41.05	13:46	5K10-14M	218/256	107/117	LETH

## 5K15-19F - 7 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	City
1/7	BYKOWSKI, ELANI	119	00:18:04.55	05:49	5K15-19F	4/256	1/139	LETH
2/7	BASSETT, SHONDI	108	00:20:33.45	06:37	5K15-19F	18/256	2/139	TABER
3/7	BASSETT, TANNIS	109	00:22:03.20	07:06	5K15-19F	32/256	7/139	TABER
4/7	VOGEL, CAYLEE	324	00:23:04.30	07:26	5K15-19F	43/256	10/139	TURIN
5/7	TOFSRUD, BREANNE	256	00:25:16.60	08:09	5K15-19F	67/256	19/139	LETHBRIDGE
6/7	STAFFORD, MILLIE	305	00:27:29.60	08:51	5K15-19F	95/256	31/139	LETH
7/7	LAROCQUE, ASHLEY	363	00:30:50.45	09:56	5K15-19F	128/256	53/139	LETH

## 5K20-29F - 30 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	City
1/30	SAWATZKY, KIMBERLY	227	00:20:39.45	06:39	5K20-29F	20/256	3/139	COALHURST
2/30	VAN HIERDEN, BRITTANY	264	00:22:03.35	07:07	5K20-29F	33/256	8/139	FORT MACLEOD
3/30	SURETTE, TANYA	253	00:25:08.25	08:06	5K20-29F	65/256	18/139	LETHBRIDGE
4/30	CROOKS, ALISON	128	00:25:50.25	08:20	5K20-29F	77/256	22/139	LETHBRIDGE
5/30	MACKENZIE-GRIEVE, JENN	369	00:26:32.20	08:33	5K20-29F	86/256	26/139	COALDALE
6/30	HOLMES-SALTZMAN, AUTUMN	170	00:27:26.15	08:51	5K20-29F	94/256	30/139	LETHBRIDGE
7/30	BAREMAN, MARIE-LOUISE	106	00:28:22.85	09:09	5K20-29F	105/256	37/139	TABER
8/30	KLASSEN, LACEY	174	00:28:45.30	09:16	5K20-29F	109/256	40/139	COALDALE
9/30	DIEHL, VICKI	139	00:29:03.75	09:22	5K20-29F	112/256	42/139	LETHBRIDGE
10/30	GREENAWAY, MELINDA	154	00:29:16.40	09:26	5K20-29F	114/256	43/139	FORT MACLEOD
11/30	LOW, MEGAN	183	00:29:46.20	09:36	5K20-29F	119/256	48/139	LETHBRIDGE
12/30	STAFFORD, GRACE	306	00:30:30.05	09:50	5K20-29F	126/256	52/139	LETH
13/30	DEVIDAL, FRANCINE	370	00:31:50.10	10:16	5K20-29F	141/256	61/139	LETH
14/30	LAROCQUE, KATHLEEN	179	00:32:57.60	10:38	5K20-29F	149/256	65/139	LETHBRIDGE
15/30	SQUIRES, HILARY	246	00:33:06.20	10:40	5K20-29F	150/256	66/139	LETH
16/30	SCHROYEN, LAINE	313	00:33:37.35	10:50	5K20-29F	162/256	74/139	COALDALE
17/30	OLSON, SARAH	375	00:33:51.35	10:55	5K20-29F	164/256	76/139	LETH
18/30	GARNER, TERRI	153	00:33:59.45	10:58	5K20-29F	165/256	77/139	LETH
19/30	HARTHOORN, AMANDA	161	00:35:32.10	11:27	5K20-29F	176/256	86/139	COALDALE
20/30	VANDER HEIDE, TRACY	272	00:40:39.10	13:06	5K20-29F	212/256	107/139	COALDALE
21/30	STAFF, KRISTIN	247	00:40:57.30	13:12	5K20-29F	213/256	108/139	HILLSPRING
22/30	DUECK, ROBYN	145	00:42:13.30	13:37	5K20-29F	217/256	111/139	COALDALE
23/30	WORKMAN, NADENE	292	00:42:53.00	13:50	5K20-29F	220/256	113/139	COALDALE
24/30	VAN OENE, SHANNON	265	00:43:27.00	14:00	5K20-29F	224/256	116/139	COALDALE
25/30	KLASSEN, YOLANDA	175	00:44:34.20	14:22	5K20-29F	231/256	122/139	COALDALE
26/30	LEWIS, ROSANNE	327	00:45:02.45	14:31	5K20-29F	235/256	125/139	LETH
27/30	DOEVE, TINEKE	316	00:47:16.95	15:15	5K20-29F	238/256	127/139	COALDALE
28/30	PARD, JOANI	208	00:50:13.85	16:12	5K20-29F	241/256	129/139	LETHBRIDGE

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

## Category Results

## 5K - 3.1 Miles

## 5K20-29F - 30 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	City
29/30	MURRAY, NYSHA	199	00:51:49.20	16:42	5K20-29F	247/256	134/139	LETHBRIDGE
30/30	DEERING, CHANDRA	134	00:58:37.40	18:54	5K20-29F	250/256	137/139	LETHBRIDGE

## 5K20-29M - 19 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	City
1/19	VAN REEUWYK, DAVID	266	00:18:18.10	05:54	5K20-29M	5/256	4/117	PICTURE BUTTE
2/19	HOEKSTRA, TRISTAN	352	00:20:00.00	06:27	5K20-29M	11/256	10/117	CALGARY
3/19	CARVEY, MATT	123	00:20:24.65	06:34	5K20-29M	12/256	11/117	Lethbridge
4/19	LOW, JONATHAN	182	00:20:29.25	06:36	5K20-29M	15/256	14/117	LETHBRIDGE
5/19	DUECK, TRAVIS	146	00:20:48.25	06:42	5K20-29M	25/256	20/117	LETHBRIDGE
6/19	BOUMA, PETER	116	00:20:50.85	06:43	5K20-29M	27/256	22/117	BARNWELL
7/19	PETLUK, DUANE	209	00:21:27.15	06:55	5K20-29M	29/256	23/117	Coalhurst
8/19	BOEHMER, KATLIN	114	00:21:41.15	06:59	5K20-29M	30/256	24/117	COALDALE
9/19	DE LEEUW, BRAD	131	00:22:36.20	07:17	5K20-29M	37/256	28/117	PICTURE BUTTE
10/19	HASTINGS, KENDON	325	00:23:04.90	07:26	5K20-29M	45/256	34/117	LETH
11/19	BARNES, THOMAS	107	00:23:54.95	07:42	5K20-29M	55/256	42/117	LETHBRIDGE
12/19	TROCKSTAD, CHAD	257	00:24:15.05	07:49	5K20-29M	57/256	43/117	LETHBRIDGE
13/19	MALIK, KARLO	188	00:25:10.10	08:07	5K20-29M	66/256	48/117	LETHBRIDGE
14/19	MURRAY, DAVE	198	00:25:28.20	08:12	5K20-29M	72/256	53/117	LETHBRIDGE
15/19	STAFFORD, TONY	249	00:30:27.90	09:49	5K20-29M	124/256	73/117	LETH
16/19	HARTHOORN, ROB	163	00:31:25.65	10:08	5K20-29M	133/256	77/117	COALDALE
17/19	FONG, CODY	332	00:32:41.60	10:32	5K20-29M	148/256	84/117	LETHBRIDGE
18/19	GULIKER, WILLIAM	158	00:35:35.15	11:28	5K20-29M	180/256	93/117	FT. MACLEOD
19/19	DEERING, RANDY	135	00:58:37.80	18:54	5K20-29M	251/256	114/117	LETHBRIDGE

## 5K30-39F - 32 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	City
1/32	FERGUSON, BILLIE-JO	147	00:20:47.50	06:42	5K30-39F	23/256	4/139	TABER
2/32	HEGGIE, JONI	297	00:20:55.50	06:45	5K30-39F	28/256	6/139	LETHBRIDGE
3/32	SLOMP, JENN	240	00:22:11.10	07:09	5K30-39F	35/256	9/139	COALDALE
4/32	SLAWSON, CORREEN	236	00:24:22.25	07:51	5K30-39F	59/256	15/139	FT. MACLEOD
5/32	LUKINUK, ELIZABETH	355	00:25:48.95	08:19	5K30-39F	76/256	21/139	LETH
6/32	ROSS, TIFFANY	226	00:26:09.10	08:26	5K30-39F	80/256	24/139	MEDICINE HAT
7/32	REURINK, TANYA	219	00:27:10.95	08:46	5K30-39F	92/256	29/139	PICTURE BUTTE
8/32	BASTIAN, JOYCE	110	00:27:48.70	08:58	5K30-39F	98/256	33/139	COALDALE
9/32	COOK, KIMBERLY	126	00:27:52.90	08:59	5K30-39F	99/256	34/139	LETH
10/32	DA PONTE, MICHELLE	373	00:28:13.80	09:06	5K30-39F	102/256	36/139	LETH
11/32	MEYER, CHANTAL	377	00:28:40.95	09:15	5K30-39F	108/256	39/139	COALDALE
12/32	LUTZ, KENDRA	186	00:29:30.80	09:31	5K30-39F	116/256	45/139	LETHBRIDGE
13/32	WESTBROOK, CHRISTINE	298	00:29:47.70	09:36	5K30-39F	120/256	49/139	LETHBRIDGE
14/32	HENGVELD, JENNIFER	167	00:31:41.25	10:13	5K30-39F	139/256	60/139	LETHBRIDGE
15/32	MUELLER, MELANIE	196	00:33:34.90	10:49	5K30-39F	157/256	71/139	LETHBRIDGE
16/32	MAXWELL, JANINE	319	00:33:36.25	10:50	5K30-39F	159/256	72/139	EDMONTON
17/32	DIETZEN, LINDSAY	140	00:33:37.30	10:50	5K30-39F	161/256	73/139	LETHBRIDGE
18/32	WIRUN, JENNIFER	285	00:34:22.65	11:05	5K30-39F	168/256	80/139	LETHBRIDGE
19/32	SELLERS, DONNELLY	231	00:34:44.00	11:12	5K30-39F	169/256	81/139	LETHBRIDGE
20/32	MOEDT, REBEKAH	195	00:34:46.75	11:12	5K30-39F	170/256	82/139	COALDALE
21/32	BLOCK, LISA	368	00:34:52.20	11:14	5K30-39F	171/256	83/139	LETH
22/32	KUNTZ, BARBARA	177	00:35:22.65	11:24	5K30-39F	173/256	84/139	MEDICINE HAT
23/32	NIELSEN, RONDA	205	00:35:32.35	11:27	5K30-39F	177/256	87/139	COALDALE
24/32	VAN BEZOOYEN, CAROLYN	259	00:36:19.40	11:42	5K30-39F	187/256	92/139	COALDALE
25/32	WESSELING, CAROLIEN	278	00:36:30.65	11:46	5K30-39F	189/256	93/139	VAUXHALL
26/32	GORAL, DEIDRE	307	00:37:08.50	11:59	5K30-39F	193/256	96/139	LETH
27/32	MIDDLETON, MANNA	193	00:38:37.50	12:27	5K30-39F	203/256	102/139	PICTURE BUTTE
28/32	HEGGS, LINDA	165	00:38:49.00	12:31	5K30-39F	204/256	103/139	LETH
29/32	ROBERTSON, MARION	223	00:40:38.20	13:06	5K30-39F	211/256	106/139	COALDALE
30/32	STANDEN, AMBER	250	00:43:41.05	14:05	5K30-39F	226/256	117/139	LETHBRIDGE
31/32	VAN ROOTSELAAR, LESLIE	267	00:45:30.20	14:40	5K30-39F	237/256	126/139	PICTURE BUTTE
32/32	POPPE, AMANDA	211	00:49:32.40	15:58	5K30-39F	240/256	128/139	COALDALE

## 5K30-39M - 18 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	City
1/18	SELLERS, CORY	230	00:16:24.30	05:17	5K30-39M	1/256	1/117	LETHBRIDGE
2/18	LUKINUK, BRENDT	354	00:17:36.00	05:40	5K30-39M	2/256	2/117	LETH
3/18	VANDER HEIDE, PAUL	270	00:18:51.35	06:05	5K30-39M	7/256	6/117	COALDALE

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

## Category Results

## 5K - 3.1 Miles

## 5K30-39M - 18 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	City
4/18	BAKER, SCOTT	311	00:19:12.70	06:11	5K30-39M	9/256	8/117	LETH
5/18	COMB, MITCHELL	333	00:20:29.90	06:36	5K30-39M	16/256	15/117	COALDALE
6/18	NEALE, CHRIS	359	00:20:46.60	06:42	5K30-39M	21/256	18/117	COALDALE
7/18	POPPE, DIRK	216	00:21:55.75	07:04	5K30-39M	31/256	25/117	COALDALE
8/18	SLOMP, MARK	244	00:22:04.65	07:07	5K30-39M	34/256	26/117	COALDALE
9/18	HATCH, MATTHEW	364	00:24:17.50	07:50	5K30-39M	58/256	44/117	LETH
10/18	HARTHOORN, PETE	162	00:25:21.55	08:10	5K30-39M	69/256	50/117	COALDALE
11/18	DEBOER, ERIK	132	00:25:29.20	08:13	5K30-39M	73/256	54/117	COALDALE
12/18	SLAWSON, ROB	237	00:26:41.55	08:36	5K30-39M	89/256	62/117	FT. MACLEOD
13/18	OLSON, MILES	374	00:30:27.95	09:49	5K30-39M	125/256	74/117	LETH
14/18	SLOMP, DAVID	239	00:31:31.15	10:10	5K30-39M	136/256	78/117	COALDALE
15/18	HENGEVELD, ANDREW	166	00:31:41.60	10:13	5K30-39M	140/256	80/117	LETHBRIDGE
16/18	MUELLER, RYAN	197	00:33:36.35	10:50	5K30-39M	160/256	88/117	LETHBRIDGE
17/18	WOODMAN, JEFF	289	00:37:19.20	12:02	5K30-39M	195/256	98/117	COALDALE
18/18	CALDER, BRAD	121	00:42:54.55	13:50	5K30-39M	221/256	108/117	COALDALE

## 5K40-49F - 22 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	City
1/22	BOEHMER, RAYLENE	115	00:25:44.15	08:18	5K40-49F	75/256	20/139	COALDALE
2/22	GROTEN, CARLA	155	00:26:08.45	08:25	5K40-49F	79/256	23/139	PICTURE BUTTE
3/22	WOODMAN, MICHELLE	290	00:27:33.25	08:53	5K40-49F	96/256	32/139	COALDALE
4/22	BURNS, CINDEE	118	00:28:32.85	09:12	5K40-49F	107/256	38/139	BASSANO
5/22	TURCATO, GLYNNIS	172	00:29:23.95	09:29	5K40-49F	115/256	44/139	TABER
6/22	PITSTRA, JACKIE	210	00:29:45.35	09:35	5K40-49F	117/256	46/139	COALDALE
7/22	TAMS, CORINA	254	00:29:45.55	09:36	5K40-49F	118/256	47/139	TABER
8/22	FYFE, TRACY	151	00:31:59.85	10:19	5K40-49F	144/256	63/139	BROOKS
9/22	ANDERSON, PAULA	102	00:33:43.90	10:52	5K40-49F	163/256	75/139	CARDSTON
10/22	LITTLE, SHANNON	180	00:36:13.85	11:41	5K40-49F	183/256	89/139	COALDALE
11/22	SITTER, SANDRA	234	00:36:18.60	11:42	5K40-49F	186/256	91/139	LETH
12/22	COOK, ARLENE	124	00:36:39.25	11:49	5K40-49F	190/256	94/139	LETH
13/22	COLLAR, LEANNE	299	00:40:24.00	13:01	5K40-49F	208/256	104/139	LETHBRIDGE
14/22	LANDRY-DEBOER, JULIE	178	00:41:31.45	13:23	5K40-49F	214/256	109/139	COALDALE
15/22	ROBERTSON, VI	224	00:43:03.95	13:53	5K40-49F	222/256	114/139	LETH
16/22	BEBLOW, KARI	111	00:43:23.95	13:59	5K40-49F	223/256	115/139	BROOKS
17/22	HOFKINK, MIRIAM	169	00:43:42.95	14:06	5K40-49F	227/256	118/139	COALDALE
18/22	OOSTENBURG, IRENE	206	00:43:49.25	14:08	5K40-49F	228/256	119/139	COALDALE
19/22	DAY CHIEF, CHERYL	350	00:51:08.50	16:29	5K40-49F	243/256	131/139	STANDOFF
20/22	VARJASSY, PATTI	357	00:51:35.30	16:38	5K40-49F	246/256	133/139	COALDALE
21/22	KAWCHUK KOZIER, MARY-ANN	312	00:52:42.70	17:00	5K40-49F	248/256	135/139	COALDALE
22/22	WORKMAN, JUDY	291	00:58:14.50	18:47	5K40-49F	249/256	136/139	HILLSPRING

## 5K40-49M - 12 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	City
1/12	HUXLEY, STEVEN	173	00:17:50.45	05:45	5K40-49M	3/256	3/117	LETHBRIDGE
2/12	TELKE, DWIGHT	360	00:19:12.80	06:11	5K40-49M	10/256	9/117	LETH
3/12	CARVEY, MARTY	122	00:20:36.00	06:38	5K40-49M	19/256	17/117	LETHBRIDGE
4/12	ROBERTSON, WILF	225	00:22:36.45	07:17	5K40-49M	38/256	29/117	COALDALE
5/12	KASKO, RYAN	330	00:22:46.90	07:20	5K40-49M	40/256	31/117	COALDALE
6/12	BYKOWSKI, JOHN	304	00:22:48.90	07:21	5K40-49M	41/256	32/117	LETHBRIDGE
7/12	WIELENGA, CHRIS	281	00:22:49.35	07:21	5K40-49M	42/256	33/117	BARNWELL
8/12	SITTER, DARREN	233	00:23:16.50	07:30	5K40-49M	48/256	37/117	LETH
9/12	THORNHILL, ROBERT	255	00:24:24.20	07:52	5K40-49M	60/256	46/117	LETHBRIDGE
10/12	NIELSEN, JEFF	204	00:35:32.95	11:28	5K40-49M	179/256	92/117	COALDALE
11/12	BEZOOYEN, BILL	308	00:38:12.05	12:19	5K40-49M	201/256	101/117	COALDALE
12/12	DEVOS, KINSKE	137	00:45:25.30	14:39	5K40-49M	236/256	111/117	COALDALE

## 5K50-59F - 16 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	City
1/16	SCOTT, JANE	229	00:24:38.30	07:56	5K50-59F	62/256	16/139	LETH
2/16	MAINZER, PATRICIA	187	00:24:47.10	07:59	5K50-59F	63/256	17/139	LETHBRIDGE
3/16	ADKINS, BETTY	101	00:28:13.35	09:06	5K50-59F	101/256	35/139	TABER
4/16	VANDERVEEN, SHIRLEY	273	00:28:57.80	09:20	5K50-59F	110/256	41/139	LETH
5/16	VAN DIJK, ANNE	262	00:31:30.00	10:09	5K50-59F	134/256	57/139	COALHURST
6/16	WEBB, ANITA	277	00:33:10.05	10:41	5K50-59F	151/256	67/139	BROOKS
7/16	TURNER, APRIL	258	00:33:26.25	10:47	5K50-59F	155/256	69/139	Lethbridge

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

## Category Results

## 5K - 3.1 Miles

## 5K50-59F - 16 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	City
8/16	GARNER, MYRNA	152	00:34:04.75	10:59	5K50-59F	166/256	78/139	TABER
9/16	JONES, JOAN-MARIE	318	00:34:15.25	11:02	5K50-59F	167/256	79/139	COALDALE
10/16	DUBAN, MARION	141	00:37:16.55	12:01	5K50-59F	194/256	97/139	COALDALE
11/16	LOW, GAYLE	181	00:37:25.40	12:04	5K50-59F	196/256	98/139	LETHBRIDGE
12/16	DUECK, MONA	302	00:38:12.00	12:19	5K50-59F	200/256	100/139	COALDALE
13/16	WARKENTIN, ELIZABETH	276	00:44:29.90	14:21	5K50-59F	230/256	121/139	COALDALE
14/16	ROBERTS, CINDY	220	00:50:23.80	16:15	5K50-59F	242/256	130/139	OLDS
15/16	THOMAS, HEATHER	367	00:51:34.50	16:38	5K50-59F	244/256	132/139	COALDALE
16/16	DEVIDAL, JANET	372	01:02:15.80	20:04	5K50-59F	254/256	139/139	COLDBROOK

## 5K50-59M - 15 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	City
1/15	LOW, STEVE	185	00:19:08.10	06:10	5K50-59M	8/256	7/117	COALDALE
2/15	STAFFORD, DAVE	248	00:20:33.30	06:37	5K50-59M	17/256	16/117	LETH
3/15	CROOKS, IAN	129	00:20:47.50	06:42	5K50-59M	22/256	19/117	LETHBRIDGE
4/15	DUECK, MARVIN	144	00:23:10.15	07:28	5K50-59M	47/256	36/117	COALDALE
5/15	GUENTHER, CHARLES	157	00:23:39.75	07:38	5K50-59M	51/256	39/117	LETH
6/15	LOW, RICHARD	184	00:23:48.10	07:40	5K50-59M	53/256	41/117	LETHBRIDGE
7/15	VIROSTEK, KEVIN	275	00:30:19.50	09:46	5K50-59M	123/256	72/117	COALHURST
8/15	DOEVE, HENRY	315	00:30:38.25	09:52	5K50-59M	127/256	75/117	COALDALE
9/15	WITTEN, RALPH	288	00:31:00.25	10:00	5K50-59M	129/256	76/117	LETHBRIDGE
10/15	HANKEY, WALTER D.	159	00:33:25.60	10:47	5K50-59M	154/256	86/117	LETHBRIDGE
11/15	DELANEY, JULIUS	349	00:35:11.25	11:20	5K50-59M	172/256	89/117	STANDOFF
12/15	BAREMAN, JOHN	105	00:36:16.90	11:42	5K50-59M	185/256	95/117	TABER
13/15	LAFORGE, WAYNE	356	00:37:52.40	12:12	5K50-59M	198/256	99/117	COALDALE
14/15	MCINTOSH, DOUG	366	00:51:34.55	16:38	5K50-59M	245/256	113/117	COALDALE
15/15	DEVIDAL, JEAN-MARC	371	01:03:39.30	20:31	5K50-59M	255/256	116/117	COLDBROOK

## 5K60+F - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	City
1/3	WIERSMA, RINA	284	00:44:20.65	14:18	5K60+F	229/256	120/139	COALDALE
2/3	MACHACEK, JENNIE	320	00:44:37.30	14:23	5K60+F	232/256	123/139	LETH
3/3	BERG, ESTHER	112	00:44:58.60	14:30	5K60+F	233/256	124/139	COALDALE

## 5K60+M - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	City
1/3	BRYANT, RAY	117	00:23:42.25	07:38	5K60+M	52/256	40/117	TABER
2/3	SALMON, MAX	358	00:24:24.20	07:52	5K60+M	61/256	45/117	LETH
3/3	NIELAND, COR	201	00:36:05.45	11:38	5K60+M	182/256	94/117	BIDDINGHUIZEN