

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Category Results

5K - 3.1 Miles 225

Finishers

5K09&UF - 18 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/18	HEGGIE, PRESLEY	699	00:29:02.60	05:48	+00:00:00	67/225	22/125	LETHBRIDGE
2/18	DUECK, CAMRYNN	683	00:29:44.25	05:56	+00:00:41	72/225	26/125	COALDALE
3/18	DUECK, GILLIAN	684	00:30:31.90	06:06	+00:01:29	80/225	31/125	COALDALE
4/18	WIELENGA, LAUREN	820	00:31:39.20	06:19	+00:02:36	85/225	36/125	BARNWELL
5/18	KRUEGER, JAYDA	721	00:34:36.40	06:55	+00:05:33	108/225	51/125	LETHBRIDGE
6/18	VAN ROON, AMY	843	00:34:36.90	06:55	+00:05:34	109/225	52/125	LETHBRIDGE
7/18	BERGSMA, LAURA	892	00:35:47.75	07:09	+00:06:45	121/225	58/125	LANGDON
8/18	JUBBER, LAINIEY	838	00:35:53.60	07:10	+00:06:51	123/225	60/125	LETHBRIDGE
9/18	DEBOER, KAYLEIGH	879	00:37:13.30	07:26	+00:08:10	139/225	71/125	COALDALE
10/18	SCHOEN, CHRISTINE	772	00:37:17.55	07:27	+00:08:14	140/225	72/125	COALDALE
11/18	VEURINK, MACKENNA	875	00:37:40.75	07:32	+00:08:38	143/225	75/125	COALDALE
12/18	DIEK, MEAGHAN	896	00:39:45.60	07:57	+00:10:43	157/225	85/125	COALDALE
13/18	HARTHORN, SIMONE	868	00:41:48.45	08:21	+00:12:45	169/225	88/125	COALDALE
14/18	JANSMA, TEA	894	00:43:31.85	08:42	+00:14:29	181/225	95/125	LETH
15/18	DYCK, JEANELLE	688	00:47:25.50	09:29	+00:18:22	200/225	106/125	LETHBRIDGE
16/18	BAREMAN, COHEN	859	00:50:22.10	10:04	+00:21:19	210/225	96/100	TABER
17/18	MRAK, CORA	744	00:50:46.50	10:09	+00:21:43	212/225	116/125	COALDALE
18/18	ROSS, RORY	769	01:04:16.20	12:51	+00:35:13	221/225	122/125	COALDALE

5K09&UM - 22 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/22	MACKAY, JAMES	735	00:27:12.75	05:26	+00:00:00	50/225	35/100	COALDALE
2/22	VANDER HEIDE, NOAH	810	00:27:13.15	05:26	+00:00:00	51/225	36/100	COALDALE
3/22	SLAWSON, BLAINE	782	00:28:24.15	05:40	+00:01:11	61/225	42/100	FORT MACLEOD
4/22	WIELENGA, AARON	817	00:28:39.10	05:43	+00:01:26	63/225	44/100	BARNWELL
5/22	DYCK, CARTER	686	00:31:51.85	06:22	+00:04:39	89/225	51/100	LETHBRIDGE
6/22	HOFKINK, JARED	887	00:32:30.40	06:30	+00:05:17	95/225	53/100	COALDALE
7/22	DEBOER, LIAM	881	00:34:27.05	06:53	+00:07:14	106/225	57/100	COALDALE
8/22	VAN REEUWYK, BRADEN	861	00:36:05.95	07:13	+00:08:53	127/225	67/100	COALDALE
9/22	BURKE, MARK	673	00:36:20.75	07:16	+00:09:08	130/225	68/100	COALDALE
10/22	MACKAY, GRANT	734	00:38:30.55	07:42	+00:11:17	147/225	70/100	COALDALE
11/22	MRAK, KASON	746	00:40:17.05	08:03	+00:13:04	160/225	75/100	COALDALE
12/22	VANDER HEIDE, ISAIAH	809	00:40:30.45	08:06	+00:13:17	162/225	77/100	COALDALE
13/22	MACKAY, DARREN	733	00:40:48.45	08:09	+00:13:35	165/225	79/100	COALDALE
14/22	SLAWSON, LUKE	785	00:41:12.95	08:14	+00:14:00	166/225	80/100	FORT MACLEOD
15/22	FAZZIO, ROAN	690	00:41:51.40	08:22	+00:14:38	171/225	83/100	LETHBRIDGE
16/22	VANDER HEIDE, SETH	812	00:42:02.25	08:24	+00:14:49	173/225	84/100	COALDALE
17/22	KRUEGER, TYSON	724	00:42:45.85	08:33	+00:15:33	179/225	86/100	LETHBRIDGE
18/22	VAN RAALTE, JADON	805	00:44:39.80	08:55	+00:17:27	189/225	89/100	COALDALE
19/22	VAN RAALTE, CODY	804	00:45:24.30	09:04	+00:18:11	191/225	91/100	COALDALE
20/22	DIEK, MATTHEW	897	00:49:34.80	09:54	+00:22:22	207/225	95/100	COALDALE
21/22	PITSTRA, PETER	756	00:56:40.85	11:20	+00:29:28	218/225	98/100	CALGARY
22/22	PITSTRA, WILLEM	757	01:11:39.75	14:19	+00:44:27	224/225	100/100	CALGARY

5K10-14F - 19 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/19	HEGGIE, BERKLEY	698	00:26:41.60	05:20	+00:00:00	46/225	13/125	LETHBRIDGE
2/19	MEYER, JESSICA	740	00:27:16.00	05:27	+00:00:34	53/225	16/125	ATHABASCA
3/19	SLOMP, MADISON	884	00:28:41.85	05:44	+00:02:00	64/225	20/125	COALDALE
4/19	WERKMAN, MALLORY	878	00:31:39.40	06:19	+00:04:57	86/225	37/125	COALDALE
5/19	HOFKINK, EMILY	889	00:31:39.65	06:19	+00:04:58	87/225	38/125	COALDALE
6/19	KRUEGER, TAYA	723	00:32:24.20	06:28	+00:05:42	94/225	42/125	LETHBRIDGE
7/19	BERGSMA, RAELENE	891	00:32:44.85	06:32	+00:06:03	98/225	44/125	LANGDON
8/19	NEUFELD, CAMRYN	749	00:34:14.30	06:50	+00:07:32	103/225	47/125	LETHBRIDGE
9/19	VAN MIL, VENA	803	00:34:27.65	06:53	+00:07:46	107/225	50/125	COALDALE
10/19	TAMS, SAMANTHA	795	00:34:39.65	06:55	+00:07:58	111/225	53/125	TABER
11/19	SLAWSON, DANIELLE	784	00:36:09.55	07:13	+00:09:27	129/225	62/125	FORT MACLEOD
12/19	HERNANDEZ, SIAN	702	00:36:23.90	07:16	+00:09:42	132/225	64/125	COALDALE
13/19	HOFKINK, REBECCA	890	00:38:41.60	07:44	+00:12:00	150/225	79/125	COALDALE
14/19	WERKMAN, KELSEY	876	00:38:41.60	07:44	+00:12:00	149/225	78/125	COALDALE
15/19	SLOMP, TAYLOR	885	00:38:47.10	07:45	+00:12:05	152/225	81/125	COALDALE
16/19	BERGSMA, RYNELL	893	00:43:41.55	08:44	+00:16:59	183/225	97/125	LANGDON
17/19	SCHNEIDER, IVY	770	00:46:09.05	09:13	+00:19:27	192/225	101/125	RAYMOND
18/19	NELSON, ABBY	832	00:52:22.20	10:28	+00:25:40	213/225	117/125	LETHBRIDGE
19/19	WILSON, ABIGAIL	822	00:52:22.55	10:28	+00:25:40	214/225	118/125	LETHBRIDGE

5K10-14M - 14 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/14	VAN ROON, CARTER	842	00:24:16.85	04:51	+00:00:00	29/225	24/100	LETHBRIDGE
2/14	NELSON, JONAS	831	00:26:40.20	05:20	+00:02:23	45/225	33/100	LETHBRIDGE
3/14	WIELENGA, JUSTYN	819	00:27:23.15	05:28	+00:03:06	54/225	39/100	BARNWELL
4/14	MEYER, LIAM	741	00:29:40.40	05:56	+00:05:23	70/225	46/100	ATHABASCA

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Category Results

5K - 3.1 Miles 225

Finishers

5K10-14M - 14 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
5/14	VANDER HEIDE, ETHAN	808	00:29:50.70	05:58	+00:05:33	73/225	47/100	COALDALE
6/14	VAN REEUWYK, RHYS	807	00:29:55.50	05:59	+00:05:38	74/225	48/100	LETHBRIDGE
7/14	DEBOER, OWEN	880	00:31:50.15	06:22	+00:07:33	88/225	50/100	COALDALE
8/14	DEVOS, NICHOLAS	852	00:32:02.20	06:24	+00:07:45	91/225	52/100	BARNWELL
9/14	TAMS, JOHNNY	793	00:34:38.20	06:55	+00:10:21	110/225	58/100	TABER
10/14	RICE, ALEXANDER	765	00:35:14.50	07:02	+00:10:57	117/225	61/100	DUCHESS
11/14	EMERY, DANIEL	870	00:36:05.35	07:13	+00:11:48	126/225	66/100	COALDALE
12/14	HIGGINS, NOAH	705	00:38:09.05	07:37	+00:13:52	145/225	69/100	LETHBRIDGE
13/14	BURKE, MATT	674	00:39:59.40	07:59	+00:15:42	158/225	73/100	COALDALE
14/14	SCHNEIDER, QUINCY	771	00:46:51.55	09:22	+00:22:34	194/225	93/100	RAYMOND

5K15-19F - 8 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/8	BYKOWSKY, ELANI	676	00:21:25.10	04:17	+00:00:00	11/225	1/125	LETH
2/8	BYKOWSKY, JANELLE	677	00:22:01.70	04:24	+00:00:36	15/225	2/125	LETH
3/8	MEYER, SARAH	742	00:25:55.05	05:11	+00:04:29	41/225	10/125	ATHABASCA
4/8	BENNETT, MEAGAN	666	00:34:45.85	06:57	+00:13:20	115/225	55/125	LETHBRIDGE
5/8	MCCREDIE, PAIGE	872	00:35:37.95	07:07	+00:14:12	119/225	57/125	HIGH RIVER
6/8	KRAMPL, TAYLOR	718	00:44:20.05	08:52	+00:22:54	186/225	99/125	LETHBRIDGE
7/8	HERNANDEZ, KATHLEEN	700	00:47:44.45	09:32	+00:26:19	202/225	108/125	COALDALE
8/8	HILDEBRAND, HELEN	706	00:53:15.25	10:39	+00:31:50	216/225	119/125	COALDALE

5K15-19M - 5 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/5	ANDRES, ALEX	660	00:17:48.00	03:33	+00:00:00	1/225	1/100	LETHBRIDGE
2/5	GOODSTRIKER, TYSON	693	00:20:54.95	04:10	+00:03:06	7/225	7/100	STANDOFF
3/5	KELLY, DILLAN	715	00:22:26.35	04:29	+00:04:38	17/225	15/100	LETHBRIDGE
4/5	TIEFENBACH, BRUCE	798	00:24:31.65	04:54	+00:06:43	32/225	26/100	LETH
5/5	DEVOS, DAVID	851	00:25:00.60	05:00	+00:07:12	34/225	27/100	BARNWELL

5K20-29F - 16 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/16	VAN HIERDEN, BRITTANY	801	00:22:43.95	04:32	+00:00:00	20/225	4/125	FORT MACLEOD
2/16	LAMMERS-POTTAGE, ANDREA	725	00:22:59.40	04:35	+00:00:15	23/225	5/125	LETHBRIDGE
3/16	WHIDDEN, ASHTON	849	00:25:56.50	05:11	+00:03:12	42/225	11/125	COALDALE
4/16	STIMSON, KELSEY	789	00:28:52.90	05:46	+00:06:08	66/225	21/125	LETHBRIDGE
5/16	KLASSEN, LACEY	716	00:30:15.30	06:03	+00:07:31	76/225	28/125	COALDALE
6/16	SQUIRES, HILARY	787	00:34:16.10	06:51	+00:11:32	104/225	48/125	LETHBRIDGE
7/16	MEIDL, KRISTEN	737	00:36:08.15	07:13	+00:13:24	128/225	61/125	CALGARY
8/16	WITTEN, LAURA	823	00:36:59.65	07:23	+00:14:15	138/225	70/125	LETHBRIDGE
9/16	DORAM, BOBBIE-JO	681	00:37:22.20	07:28	+00:14:38	141/225	73/125	WINFIELD
10/16	KAWCHUK, AMANDA	857	00:39:19.10	07:51	+00:16:35	154/225	83/125	COALDALE
11/16	TOTH, BETHANY	862	00:42:02.40	08:24	+00:19:18	174/225	90/125	LETHBRIDGE
12/16	CLARKE, CARMEN	678	00:44:34.00	08:54	+00:21:50	188/225	100/125	RAYMOND
13/16	TRECHKA, LAURA	800	00:48:16.40	09:39	+00:25:32	205/225	111/125	PICTURE BUTTE
14/16	FRENCH, AIMEE	691	00:48:16.45	09:39	+00:25:32	206/225	112/125	HILL SPRING
15/16	BAREMAN, MARIE-LOUISE	663	00:50:21.55	10:04	+00:27:37	209/225	114/125	TABER
16/16	HILDEBRAND, TINA	707	00:53:16.30	10:39	+00:30:32	217/225	120/125	COALDALE

5K20-29M - 8 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/8	GROARKE, MITCHELL	837	00:20:55.40	04:11	+00:00:00	8/225	8/100	LETHBRIDGE
2/8	STIMSON, JOHN	886	00:20:58.55	04:11	+00:00:03	9/225	9/100	LETHBRIDGE
3/8	HIGGINS, COLTON	704	00:21:35.20	04:19	+00:00:39	13/225	12/100	LETHBRIDGE
4/8	DEVISSER, ANDREW	680	00:22:13.90	04:26	+00:01:18	16/225	14/100	COALDALE
5/8	WHIDDEN, TIM	848	00:24:05.55	04:49	+00:03:10	26/225	21/100	COALDALE
6/8	BOEHMER, KATLIN	668	00:24:06.15	04:49	+00:03:10	27/225	22/100	COALDALE
7/8	KAWCHUK, MICHAEL	858	00:25:50.80	05:10	+00:04:55	40/225	31/100	COALDALE
8/8	STIMSON, DAN	788	00:28:52.35	05:46	+00:07:56	65/225	45/100	LETHBRIDGE

5K30-39F - 21 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/21	SLAWSON, CORREEN	783	00:22:43.50	04:32	+00:00:00	19/225	3/125	FORT MACLEOD
2/21	NEITHERCUT, KAELLA	748	00:24:23.05	04:52	+00:01:39	30/225	6/125	LETHBRIDGE
3/21	VANDER HEIDE, TRACY	813	00:25:06.05	05:01	+00:02:22	35/225	8/125	COALDALE
4/21	SLOMP, JENNIFER	883	00:25:48.35	05:09	+00:03:04	39/225	9/125	COALDALE
5/21	TAMS, CATHERINE	792	00:26:46.30	05:21	+00:04:02	48/225	14/125	TABER
6/21	BENNETT, JANNA	665	00:28:14.35	05:38	+00:05:30	58/225	18/125	LETH
7/21	SCHOENING, ERIN	774	00:31:37.60	06:19	+00:08:54	84/225	35/125	TABER
8/21	PLANGER, MELISSA	759	00:32:19.25	06:27	+00:09:35	92/225	40/125	TABER
9/21	KRUEGER, TANYA	722	00:32:21.90	06:28	+00:09:38	93/225	41/125	LETHBRIDGE
10/21	RICE, KATHY	766	00:32:41.35	06:32	+00:09:57	97/225	43/125	DUCHESS
11/21	FEHR, ANGIE	865	00:33:52.30	06:46	+00:11:08	101/225	46/125	COALDALE

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Category Results

5K - 3.1 Miles 225

Finishers

5K30-39F - 21 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
12/21	LUTZ, KENDRA	730	00:36:44.75	07:20	+00:14:01	136/225	68/125	LETHBRIDGE
13/21	GARNER-SKIBA, MELODY	692	00:36:45.30	07:21	+00:14:01	137/225	69/125	COALDALE
14/21	VEURINK, TINA	874	00:37:25.45	07:29	+00:14:41	142/225	74/125	COALDALE
15/21	HOSFINK, SYLVIA	888	00:39:02.40	07:48	+00:16:18	153/225	82/125	COALDALE
16/21	SOMMERFELDT, KAREN	863	00:42:02.65	08:24	+00:19:19	175/225	91/125	Lethbridge
17/21	SCHROYEN, LAINE	775	00:47:24.30	09:28	+00:24:40	197/225	103/125	COALDALE
18/21	SCHROYEN, LEANNE	776	00:47:24.35	09:28	+00:24:40	198/225	104/125	LETHBRIDGE
19/21	MACK, LINDSAY	731	00:47:25.40	09:29	+00:24:41	199/225	105/125	LETH
20/21	WIERSMA, BRENDA	821	00:47:52.25	09:34	+00:25:08	204/225	110/125	COALDALE
21/21	MRAK, LAURA	747	00:50:46.20	10:09	+00:28:02	211/225	115/125	COALDALE

5K30-39M - 19 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/19	SELLERS, CORY	781	00:18:18.20	03:39	+00:00:00	2/225	2/100	Lethbridge
2/19	ROBDRUP, DANNY	847	00:19:37.95	03:55	+00:01:19	3/225	3/100	ZEPHBRIDGE
3/19	MESHEN, ROBBIE	738	00:20:23.90	04:04	+00:02:05	5/225	5/100	MEDICINE HAT
4/19	BAKER, SCOTT	662	00:21:27.15	04:17	+00:03:08	12/225	11/100	COALDALE
5/19	BLACK, JIM	667	00:22:53.05	04:34	+00:04:34	22/225	18/100	LETHBRIDGE
6/19	SCHOENING, CHARLES	773	00:24:16.50	04:51	+00:05:58	28/225	23/100	TABER
7/19	DEVRIES, DARREN	864	00:28:21.25	05:40	+00:10:03	60/225	41/100	COALDALE
8/19	VAN REEUWYK, JOHN	860	00:28:35.35	05:43	+00:10:17	62/225	43/100	COALDALE
9/19	TAMS, ROB	794	00:34:41.80	06:56	+00:16:23	112/225	59/100	TABER
10/19	JUBBER, JUSTIN	839	00:35:54.65	07:10	+00:17:36	124/225	64/100	LETHBRIDGE
11/19	DIEK, LEON	895	00:39:36.35	07:55	+00:21:18	155/225	72/100	COALDALE
12/19	MRAK, JOE	745	00:40:16.10	08:03	+00:21:57	159/225	74/100	COALDALE
13/19	VANDER HEIDE, PAUL	811	00:40:29.05	08:05	+00:22:10	161/225	76/100	COALDALE
14/19	MACKAY, DAN	732	00:41:39.95	08:19	+00:23:21	167/225	81/100	COALDALE
15/19	HARTHOOORN, PETE	867	00:41:49.25	08:21	+00:23:31	170/225	82/100	COALDALE
16/19	VAN RAALTE, JEFF	806	00:45:14.80	09:02	+00:26:56	190/225	90/100	COALDALE
17/19	BROWN, GLEN	670	00:46:41.00	09:20	+00:28:22	193/225	92/100	RAYMOND
18/19	SCHROYEN, MIKE	777	00:47:21.70	09:28	+00:29:03	196/225	94/100	COALDALE
19/19	BOSMA, LEO	669	00:56:44.30	11:20	+00:38:26	219/225	99/100	CALGARY

5K40-49F - 24 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/24	GROTEN, CARLA	694	00:26:10.30	05:14	+00:00:00	43/225	12/125	PICTURE BUTTE
2/24	OLSEN, ERIN	753	00:28:02.60	05:36	+00:01:52	56/225	17/125	LETHBRIDGE
3/24	HIMSL-RAYNER, CHRISTINE	708	00:28:19.65	05:39	+00:02:09	59/225	19/125	LETH
4/24	BURTON, NATALIE	675	00:29:36.10	05:55	+00:03:25	69/225	24/125	RAYMOND
5/24	DEVRIES, TARA	835	00:29:44.00	05:56	+00:03:33	71/225	25/125	COALDALE
6/24	HARASEM, LORI	697	00:30:26.50	06:05	+00:04:16	79/225	30/125	COALHURST
7/24	VAN ROON, LOIS	841	00:30:57.35	06:11	+00:04:47	82/225	33/125	LETHBRIDGE
8/24	MEARNS, BRIDGET	736	00:31:53.50	06:22	+00:05:43	90/225	39/125	LETHBRIDGE
9/24	NEUFELD, LISA	751	00:34:18.45	06:51	+00:08:08	105/225	49/125	LETHBRIDGE
10/24	PITSTRA, JACKIE	754	00:34:43.60	06:56	+00:08:33	113/225	54/125	CALGARY
11/24	VAN HIERDEN, TRACEY	802	00:34:52.85	06:58	+00:08:42	116/225	56/125	FORT MACLEOD
12/24	MEYER, CATHY	739	00:36:22.80	07:16	+00:10:12	131/225	63/125	ATHABASCA
13/24	BARTZ, MONICA	664	00:36:30.65	07:18	+00:10:20	133/225	65/125	COALDALE
14/24	KRAMPL, WENDY	719	00:36:35.85	07:19	+00:10:25	134/225	66/125	LETHBRIDGE
15/24	HAAYEMA, CAROL	696	00:37:52.10	07:34	+00:11:41	144/225	76/125	LETHBRIDGE
16/24	JANZEN, SHEILA	713	00:39:40.90	07:56	+00:13:30	156/225	84/125	LETHBRIDGE
17/24	NELSON, LORI	834	00:40:40.25	08:08	+00:14:29	164/225	86/125	LETHBRIDGE
18/24	BAIN, RACHEL	661	00:41:40.80	08:20	+00:15:30	168/225	87/125	LETHBRIDGE
19/24	NEUFELD, LISA	750	00:41:52.25	08:22	+00:15:41	172/225	89/125	COALDALE
20/24	STEPHEN, JENNIFER	869	00:43:48.15	08:45	+00:17:37	184/225	98/125	COALDALE
21/24	HOLT, HILARY	710	00:46:56.20	09:23	+00:20:45	195/225	102/125	RAYMOND
22/24	DYCK, COLLEEN	687	00:47:26.05	09:29	+00:21:15	201/225	107/125	LETHBRIDGE
23/24	NAVRATIL, WENDY	850	00:47:46.20	09:33	+00:21:35	203/225	109/125	COALDALE
24/24	PITSTRA, WILLIE	758	01:11:39.70	14:19	+00:45:29	223/225	124/125	CALGARY

5K40-49M - 16 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/16	LUKINUK, BRENDT	840	00:19:48.45	03:57	+00:00:00	4/225	4/100	LETH
2/16	HIGGINS, BOB	703	00:22:26.40	04:29	+00:02:37	18/225	16/100	LETHBRIDGE
3/16	SLAWSON, ROB	786	00:23:36.60	04:43	+00:03:48	24/225	19/100	FORT MACLEOD
4/16	WIELENGA, CHRIS	818	00:25:20.45	05:04	+00:05:32	36/225	28/100	BARNWELL
5/16	DYCK, BRIAN	685	00:25:25.95	05:05	+00:05:37	38/225	30/100	LETHBRIDGE
6/16	BURKE, DOUG	672	00:26:20.85	05:16	+00:06:32	44/225	32/100	COALDALE
7/16	ROBERTSON, WILF	845	00:26:43.55	05:20	+00:06:55	47/225	34/100	COALDALE
8/16	KELLY, DAVE	714	00:27:13.15	05:26	+00:07:24	52/225	37/100	LETHBRIDGE
9/16	THORNHILL, ROBERT	797	00:28:08.75	05:37	+00:08:20	57/225	40/100	LETHBRIDGE
10/16	MEYER, WES	743	00:32:35.20	06:31	+00:12:46	96/225	54/100	ATHABASCA

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Category Results

5K - 3.1 Miles 225

Finishers

5K40-49M - 16 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
11/16	JANZEN, SHAWN	712	00:32:59.90	06:35	+00:13:11	99/225	55/100	LETHBRIDGE
12/16	WERKMAN, RON	877	00:35:36.60	07:07	+00:15:48	118/225	62/100	COALDALE
13/16	HAAYEMA, BRIAN	695	00:35:38.05	07:07	+00:15:49	120/225	63/100	LETHBRIDGE
14/16	NELSON, DAVE	833	00:40:38.60	08:07	+00:20:50	163/225	78/100	LETHBRIDGE
15/16	KRUEGER, DAN	720	00:42:44.75	08:32	+00:22:56	178/225	85/100	LETHBRIDGE
16/16	KRAMPL, BILL	717	00:44:21.65	08:52	+00:24:33	187/225	88/100	LETHBRIDGE

5K50-59F - 16 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/16	TIEFENBACH, DONNA	799	00:24:43.00	04:56	+00:00:00	33/225	7/125	LETH
2/16	SCOTT, JANE	778	00:26:57.30	05:23	+00:02:14	49/225	15/125	LETH
3/16	MORO-CLARKE, LORI	844	00:29:20.50	05:52	+00:04:37	68/225	23/125	LETHBRIDGE
4/16	DE WEERD, RITA	679	00:29:57.00	05:59	+00:05:14	75/225	27/125	COALDALE
5/16	HOFKINK, JACKIE	709	00:30:22.60	06:04	+00:05:39	77/225	29/125	Coaldale
6/16	HOUWELING, MARG	711	00:30:39.95	06:07	+00:05:56	81/225	32/125	COALDALE
7/16	POHL, JOANNE	761	00:30:59.30	06:11	+00:06:16	83/225	34/125	LETHBRIDGE
8/16	DIROCCO, DIANA	815	00:33:29.60	06:41	+00:08:46	100/225	45/125	LETHBRIDGE
9/16	JONES, JOAN-MARIE	828	00:36:43.05	07:20	+00:12:00	135/225	67/125	COALDALE
10/16	LOW, GAYLE	728	00:38:11.25	07:38	+00:13:28	146/225	77/125	LETHBRIDGE
11/16	NICHOLSON, ALICE	752	00:38:41.80	07:44	+00:13:58	151/225	80/125	LETHBRIDGE
12/16	HERNANDEZ, NANCY	701	00:42:25.95	08:29	+00:17:42	177/225	93/125	COALDALE
13/16	WOUDWIJK, GERDA	826	00:43:18.15	08:39	+00:18:35	180/225	94/125	CRANFORD
14/16	HOFKINK, MIRAM	855	00:50:21.25	10:04	+00:25:38	208/225	113/125	COALDALE
15/16	KOZIER KAWCHUK, MARY-ANN	856	00:58:46.70	11:45	+00:34:03	220/225	121/125	COALDALE
16/16	ROSS, LYNN	768	01:04:37.90	12:55	+00:39:54	222/225	123/125	LETH

5K50-59M - 7 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/7	MCCOMISKEY, MICK	836	00:20:37.65	04:07	+00:00:00	6/225	6/100	COALDALE
2/7	LOW, STEVE	830	00:21:17.15	04:15	+00:00:39	10/225	10/100	COALDALE
3/7	TELKE, DWIGHT	873	00:21:55.25	04:23	+00:01:17	14/225	13/100	LETH
4/7	STAFFORD, DAVE	853	00:22:49.40	04:33	+00:02:11	21/225	17/100	LETHBRIDGE
5/7	LOW, RICHARD	729	00:25:22.60	05:04	+00:04:44	37/225	29/100	LETHBRIDGE
6/7	VIROSTEK, KEVIN	814	00:34:44.20	06:56	+00:14:06	114/225	60/100	COALHURST
7/7	THOM, JOE	796	00:38:39.55	07:43	+00:18:01	148/225	71/100	LETHBRIDGE

5K60-69F - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/3	BAREMAN, ALICE	829	00:42:05.25	08:25	+00:00:00	176/225	92/125	TABER
2/3	DUBAN, MARION	682	00:43:38.00	08:43	+00:01:32	182/225	96/125	COALDALE
3/3	BURKE, CAROLYN	671	01:11:41.25	14:20	+00:29:36	225/225	125/125	NA

5K60-69M - 7 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/7	GUENTHER, CHARLES	871	00:24:00.85	04:48	+00:00:00	25/225	20/100	LETHBRIDGE
2/7	BRYANT, RAY	866	00:24:31.45	04:54	+00:00:30	31/225	25/100	TABER
3/7	SCOTT, JIM	779	00:27:23.15	05:28	+00:03:22	55/225	38/100	LETHBRIDGE
4/7	WITTEN, RALPH	824	00:33:55.05	06:47	+00:09:54	102/225	56/100	LETHBRIDGE
5/7	BAREMAN, JOHN	846	00:35:58.35	07:11	+00:11:57	125/225	65/100	TABER
6/7	POHL, BERNIE	760	00:44:15.45	08:51	+00:20:14	185/225	87/100	LETHBRIDGE
7/7	GROENWOLD, PIET	882	00:52:36.80	10:31	+00:28:35	215/225	97/100	COALDALE

5K70+F - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/1	EVANS, CAROLYN	689	00:35:52.80	07:10	+00:00:00	122/225	59/125	COALDALE

5K70+M - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/1	ZADAN, NICK	827	00:30:25.60	06:05	+00:00:00	78/225	49/100	LETHBRIDGE