

OA/PI = Overall Placing

Cat/PI = Category Placing

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Offset = Diff from Category win time hh:mm:ss

### Top Category Results TOP 3 In Category

5K - 3.1 Miles

277 Finishers

**5K09&UF (Female) - 28 Competitors**

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/28	ANDERSON, KADIE	502	00:26:20.40	05:16	+00:00:00	54/277	19/152	JAFFRAY
2/28	DUECK, CAMRYNN	531	00:29:06.00	05:49	+00:02:45	88/277	35/152	COALDALE
3/28	HAMER, BRONWYN	542	00:31:12.89	06:14	+00:04:52	104/277	46/152	LETHBRIDGE

**5K09&UM (Male) - 38 Competitors**

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/38	MACKAY, JAMES	579	00:23:19.09	04:39	+00:00:00	24/277	17/125	COALDALE
2/38	HOFKINK, JARED	739	00:25:22.81	05:04	+00:02:03	42/277	28/125	COALDALE
3/38	VANDER HEIDE, SETH	643	00:25:34.83	05:06	+00:02:15	44/277	29/125	COALDALE

**5K10-14F (Female) - 21 Competitors**

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/21	VANKAMMEN, AMBER	688	00:24:31.51	04:54	+00:00:00	34/277	12/152	CRANFORD
2/21	BAREMAN, MEGAN	697	00:27:10.83	05:26	+00:02:39	61/277	21/152	GRASSY LAKE
3/21	WIELENGA, LAUREN	683	00:27:26.94	05:29	+00:02:55	64/277	23/152	COALDALE

**5K10-14M (Male) - 21 Competitors**

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/21	SCHMIDTKE, KIERAN	752	00:22:14.46	04:26	+00:00:00	13/277	10/125	LETHBRIDGE
2/21	VANDER HEIDE, NOAH	641	00:22:31.16	04:30	+00:00:16	15/277	11/125	COALDALE
3/21	BOONE, SHAUN	730	00:22:41.26	04:32	+00:00:26	18/277	14/125	PICTURE BUTTE

**5K15-19F (Female) - 6 Competitors**

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/6	SCHMIDTKE, DANIKA	751	00:19:32.94	03:54	+00:00:00	2/277	1/152	LETHBRIDGE
2/6	BOONE, VANESSA	722	00:27:30.20	05:30	+00:07:57	65/277	24/152	PICTURE BUTTE
3/6	VANDE HAAR, ROSALIE	636	00:30:47.24	06:09	+00:11:14	103/277	45/152	NOBLEFORD

**5K15-19M (Male) - 4 Competitors**

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/4	LINDHOUT, SETH	570	00:21:19.27	04:15	+00:00:00	7/277	6/125	PICTURE BUTTE
2/4	STEWART, DEAN	621	00:21:37.45	04:19	+00:00:18	9/277	8/125	LETH
3/4	VAN DIJK, DAVID	628	00:23:02.26	04:36	+00:01:42	20/277	16/125	COALHURST

**5K20-29F (Female) - 20 Competitors**

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/20	SNOW, KIMBER	617	00:21:59.79	04:23	+00:00:00	11/277	2/152	RAYMOND
2/20	DEBOER, TAMMY	657	00:23:08.26	04:37	+00:01:08	21/277	5/152	LETHBRIDGE
3/20	HANSON, JANNIS	653	00:23:24.14	04:40	+00:01:24	25/277	8/152	TABER

**5K20-29M (Male) - 5 Competitors**

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/5	VANDERGAAG, TYLER	720	00:25:47.04	05:09	+00:00:00	47/277	32/125	TABER
2/5	VAN DIJK, MICHAEL	629	00:26:00.99	05:12	+00:00:13	50/277	33/125	COALDALE
3/5	BOEHMER, KATLIN	509	00:26:27.63	05:17	+00:00:40	56/277	37/125	COALDALE

**5K30-39F (Female) - 34 Competitors**

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/34	BERNATCHEZ, CORA	507	00:23:16.44	04:39	+00:00:00	22/277	6/152	LETHBRIDGE
2/34	IWAASA, JAIME	560	00:23:17.87	04:39	+00:00:01	23/277	7/152	LETHBRIDGE
3/34	STIMSON, KELSEY	623	00:23:29.87	04:41	+00:00:13	28/277	9/152	LETHBRIDGE

**5K30-39M (Male) - 26 Competitors**

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/26	VEURINK, IVAN	709	00:19:50.26	03:58	+00:00:00	4/277	3/125	COALDALE
2/26	COUTURE, JESSE	716	00:20:37.42	04:07	+00:00:47	5/277	4/125	LETHBRIDGE
3/26	LOW, MARK	572	00:22:32.55	04:30	+00:02:42	16/277	12/125	LETHBRIDGE

**5K40-49F (Female) - 21 Competitors**

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/21	FERGUSON, BILLIE-JO	537	00:22:09.68	04:25	+00:00:00	12/277	3/152	TABER
2/21	SLAWSON, CORREEN	659	00:22:16.91	04:27	+00:00:07	14/277	4/152	FORT MACLEOD
3/21	SIKKENS, HEIDI	764	00:23:41.41	04:44	+00:01:31	30/277	11/152	TURIN

**5K40-49M (Male) - 12 Competitors**

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/12	LUKINUK, BRENDT	576	00:18:54.54	03:46	+00:00:00	1/277	1/125	LETH
2/12	MESHEN, ROBBIE	589	00:19:39.19	03:55	+00:00:44	3/277	2/125	MEDICINE HAT
3/12	SLAWSON, ROB	615	00:21:09.83	04:13	+00:02:15	6/277	5/125	FORT MACLEOD

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## Top Category Results

## TOP 3 In Category

## 5K - 3.1 Miles

277 Finishers

## 5K50-59F (Female) - 14 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/14	HOFKINK, JACKIE	557	00:29:26.23	05:53	+00:00:00	93/277	38/152	COALDALE
2/14	HIMSL-RAYNER, CHRISTINE	555	00:29:31.17	05:54	+00:00:04	94/277	39/152	LETH
3/14	VEDRES, HELENA	646	00:34:10.67	06:50	+00:04:44	134/277	64/152	LETHBRIDGE

## 5K50-59M (Male) - 6 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/6	LOW, STEVEN	574	00:21:24.77	04:16	+00:00:00	8/277	7/125	COALDALE
2/6	MARKS, CORWIIN	750	00:23:56.60	04:47	+00:02:31	31/277	20/125	BROOKS
3/6	MICHALS, TIMMY	590	00:28:30.23	05:42	+00:07:05	78/277	48/125	COALDALE

## 5K60-69F (Female) - 7 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/7	AMBROSI, WILMA	501	00:31:41.79	06:20	+00:00:00	111/277	52/152	MEDICINE HAT
2/7	JOHNSTONE, "CHE CHE" SHARRON	562	00:36:15.48	07:15	+00:04:33	164/277	84/152	HOPE
3/7	HARKER, PATTI	547	00:36:18.06	07:15	+00:04:36	165/277	85/152	LACOMBE

## 5K60-69M (Male) - 10 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/10	GUENTHER, CHARLES	745	00:26:02.61	05:12	+00:00:00	52/277	35/125	LETHBRIDGE
2/10	LOW, RICHARD	573	00:26:51.84	05:22	+00:00:49	59/277	39/125	LETHBRIDGE
3/10	BAREMAN, JOHN	504	00:29:20.63	05:52	+00:03:18	90/277	54/125	TABER

## 5K70+F (Female) - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/1	HOFKINK, MAGGIE	717	00:59:17.80	11:51	+00:00:00	270/277	148/152	COALDALE

## 5K70+M (Male) - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/3	SALMON, MAX	749	00:27:34.43	05:30	+00:00:00	66/277	42/125	LETHBRIDGE
2/3	SCOTT, JIM	731	00:28:37.96	05:43	+00:01:03	79/277	49/125	LETHBRIDGE
3/3	LEFFERS, ANDREW	567	01:02:36.13	12:31	+00:35:01	273/277	124/125	COALDALE