

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

Top Category Results TOP 3 In Category

5K - 3.1 Miles

406 Finishers

5K09&UF (Female) - 37 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/37	VANKAMMEN, DAYNE	1002	00:26:24.39	05:16	+00:00:00	83/406	26/227	CRANFORD
2/37	JUBBER, LAINEY	1053	00:26:57.26	05:23	+00:00:32	97/406	30/227	LETHBRIDGE
3/37	DUECK, CAMRYNN	135	00:27:04.84	05:24	+00:00:40	101/406	32/227	COALDALE

5K09&UM (Male) - 31 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/31	SENNEKER, OWEN	252	00:22:55.07	04:35	+00:00:00	30/406	25/179	COALDALE
2/31	LOW, WALKER	330	00:23:26.07	04:41	+00:00:31	37/406	29/179	LETHBRIDGE
3/31	MACKAY, DARREN	1032	00:25:18.30	05:03	+00:02:23	65/406	48/179	COALDALE

5K10-14F (Female) - 17 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/17	VANKAMMEN, AMBER	294	00:25:21.38	05:04	+00:00:00	66/406	18/227	CRANFORD
2/17	SELK, HADLEY	365	00:25:22.23	05:04	+00:00:00	67/406	19/227	LETHBRIDGE
3/17	MPOFU, AMY	1036	00:25:42.46	05:08	+00:00:21	75/406	22/227	COALDALE

5K10-14M (Male) - 28 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/28	STEWART, OWEN	367	00:20:22.59	04:04	+00:00:00	9/406	8/179	LETHBRIDGE
2/28	LOW, BERKLEY	326	00:21:13.16	04:14	+00:00:50	10/406	9/179	LETHBRIDGE
3/28	VANDERHEIDE, NOAH	290	00:21:15.76	04:15	+00:00:53	12/406	11/179	COALDALE

5K15-19F (Female) - 14 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/14	KLIMA, KAYLEIGH	197	00:23:54.83	04:46	+00:00:00	43/406	10/227	COALDALE
2/14	RICHARD, SHELBY	331	00:24:33.43	04:54	+00:00:38	54/406	13/227	TABER
3/14	BOEVE, KRISTEN	111	00:26:48.24	05:21	+00:02:53	92/406	28/227	BARNWELL

5K15-19M (Male) - 7 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/7	JENSEN, BROCK	184	00:17:57.08	03:35	+00:00:00	3/406	3/179	LETHBRIDGE
2/7	STEWART, DEAN	366	00:21:29.64	04:17	+00:03:32	16/406	15/179	LETHBRIDGE
3/7	DEVISSER, RYAN	976	00:21:58.44	04:23	+00:04:01	21/406	19/179	COALDALE

5K20-29F (Female) - 55 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/55	SPENCER, EMILY	260	00:20:00.96	04:00	+00:00:00	7/406	1/227	CALGARY
2/55	DYCK, JESSICA	137	00:22:03.33	04:24	+00:02:02	22/406	3/227	LETHBRIDGE
3/55	STEELE, BRITTANY	262	00:22:45.66	04:33	+00:02:44	27/406	4/227	FORT MACLEOD

5K20-29M (Male) - 26 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/26	CLACK, PETER	1040	00:17:36.70	03:31	+00:00:00	1/406	1/179	LETHBRIDGE
2/26	KEARL, BRENDAN	192	00:19:19.72	03:51	+00:01:43	5/406	5/179	LETHBRIDGE
3/26	BETT, JAMES	104	00:21:14.92	04:14	+00:03:38	11/406	10/179	COALDALE

5K30-39F (Female) - 46 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/46	MRAK, LAURA	224	00:21:43.27	04:20	+00:00:00	20/406	2/227	COALDALE
2/46	VEURINK, TINA	415	00:22:56.31	04:35	+00:01:13	32/406	7/227	COALDALE
3/46	LAMMERTSEN, LEANNE	364	00:24:01.41	04:48	+00:02:18	45/406	11/227	LETHBRIDGE

5K30-39M (Male) - 33 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/33	MCILROY, TREVOR	1024	00:17:38.57	03:31	+00:00:00	2/406	2/179	LETHBRIDGE
2/33	LOW, MARK	207	00:21:17.45	04:15	+00:03:38	14/406	13/179	LETHBRIDGE
3/33	LOW, BRADLEY	327	00:21:39.34	04:19	+00:04:00	18/406	17/179	LETHBRIDGE

5K40-49F (Female) - 24 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/24	SLAWSON, CORREEN	255	00:22:51.28	04:34	+00:00:00	29/406	5/227	FT MACLEOD
2/24	CHARTIER, BONNIE	120	00:23:29.20	04:41	+00:00:37	38/406	9/227	COALDALE
3/24	VANDEN DOOL, GRACE	287	00:25:10.08	05:02	+00:02:18	61/406	16/227	LETHBRIDGE

5K40-49M (Male) - 23 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/23	MESHEN, ROBBIE	408	00:19:08.33	03:49	+00:00:00	4/406	4/179	MEDICINE HAT
2/23	LUKINUK, BRENDT	209	00:19:49.80	03:57	+00:00:41	6/406	6/179	LETHBRIDGE
3/23	SLAWSON, ROB	258	00:20:21.72	04:04	+00:01:13	8/406	7/179	FT. MACLEOD

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Top Category Results

TOP 3 In Category

5K - 3.1 Miles

406 Finishers

5K50-59F (Female) - 18 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/18	DALPHOND, LOUISE	431	00:23:06.78	04:37	+00:00:00	33/406	8/227	LETHBRIDGE
2/18	CALE, MARCELLE	118	00:27:58.03	05:35	+00:04:51	119/406	41/227	COALDALE
3/18	DE WEERD, RITA	130	00:28:48.10	05:45	+00:05:41	130/406	49/227	COALDALE

5K50-59M (Male) - 17 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/17	LOW, STEVEN	329	00:21:32.01	04:18	+00:00:00	17/406	16/179	COALDALE
2/17	HIGGINS, BOB	175	00:21:42.65	04:20	+00:00:10	19/406	18/179	LETHBRIDGE
3/17	MARKS, CORWIN	1052	00:23:07.83	04:37	+00:01:35	34/406	26/179	BROOKS

5K60-69F (Female) - 13 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/13	SCOTT, JANE	394	00:28:14.62	05:38	+00:00:00	124/406	45/227	LETHBRIDGE
2/13	AMBROSI, WILMA	101	00:33:27.55	06:41	+00:05:12	205/406	91/227	MEDICINE HAT
3/13	NICHOLSON, ALICE	229	00:34:12.63	06:50	+00:05:58	225/406	105/227	LETHBRIDGE

5K60-69M (Male) - 11 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/11	LOW, RICHARD	208	00:26:52.65	05:22	+00:00:00	95/406	66/179	LETHBRIDGE
2/11	NASH, GEOFF	227	00:28:19.98	05:40	+00:01:27	126/406	80/179	LETHBRIDGE
3/11	SCHROYEN, CALVIN	251	00:29:32.77	05:54	+00:02:40	142/406	88/179	COALDALE

5K70+F (Female) - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/3	TYMKO, JENNY	397	00:32:07.23	06:25	+00:00:00	183/406	81/227	TABER
2/3	LEFFERS, HELEN	342	00:42:50.38	08:34	+00:10:43	311/406	159/227	COALDALE
3/3	HOFSINK, MAGGIE	381	00:58:37.78	11:43	+00:26:30	397/406	221/227	COALDALE

5K70+M (Male) - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/3	SCOTT, JIM	1013	00:30:01.77	06:00	+00:00:00	153/406	95/179	LETHBRIDGE
2/3	DEHAAS, JOHN	339	00:36:23.49	07:16	+00:06:21	258/406	134/179	COALDALE
3/3	WALTON, TOM	304	01:00:08.49	12:01	+00:30:06	406/406	179/179	LETHBRIDGE