

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

## Category Results

## 5K - 3.1 Miles 406

## Finishers

## 5K09&amp;UF - 37 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/37	VANKAMMEN, DAYNE	1002	00:26:24.39	05:16	+00:00:00	83/406	26/227	CRANFORD
2/37	JUBBER, LAINEY	1053	00:26:57.26	05:23	+00:00:32	97/406	30/227	LETHBRIDGE
3/37	DUECK, CAMRYNN	135	00:27:04.84	05:24	+00:00:40	101/406	32/227	COALDALE
4/37	SLOMP, ALIYAH	1017	00:27:33.72	05:30	+00:01:09	110/406	36/227	COALDALE
5/37	WILSON, ALYSSA	315	00:27:52.16	05:34	+00:01:27	114/406	38/227	LETHBRIDGE
6/37	VEURINK, RAELYNN	417	00:28:34.38	05:42	+00:02:09	129/406	48/227	COALDALE
7/37	JUBBER, AUBREE	1023	00:29:39.28	05:55	+00:03:14	143/406	55/227	LETHBRIDGE
8/37	HAMER, BRONWYN	160	00:30:33.34	06:06	+00:04:08	156/406	60/227	COALDALE
9/37	TYMKO, PETRA	398	00:31:12.15	06:14	+00:04:47	170/406	69/227	TABER
10/37	VEURINK, PEYTON	418	00:31:40.10	06:20	+00:05:15	179/406	77/227	COALDALE
11/37	VEURINK, JORDAN	419	00:32:25.20	06:29	+00:06:00	188/406	85/227	COALDALE
12/37	DIEK, SHARISE	1011	00:32:47.28	06:33	+00:06:22	196/406	88/227	COALDALE
13/37	VANDER HEIDE, HAILEY	423	00:33:06.74	06:37	+00:06:42	198/406	90/227	COALDALE
14/37	MORAN, EMMA	344	00:33:29.72	06:41	+00:07:05	209/406	95/227	LETHBRIDGE
15/37	DYCK, BROOKE	351	00:33:32.08	06:42	+00:07:07	212/406	98/227	LETHBRIDGE
16/37	HENDRICK, JUSTINE	170	00:33:55.72	06:47	+00:07:31	221/406	102/227	LETHBRIDGE
17/37	VAN SCHEPEN, KENDRA	426	00:34:23.04	06:52	+00:07:58	226/406	106/227	COALDALE
18/37	MACKAY, DANIKA	1031	00:34:42.58	06:56	+00:08:18	230/406	108/227	COALDALE
19/37	BAREMAN, NAOMI	338	00:35:51.94	07:10	+00:09:27	249/406	120/227	TABER
20/37	MCCONNELL, TAYLOR	421	00:35:52.99	07:10	+00:09:28	250/406	121/227	LETHBRIDGE
21/37	BREUKELMAN, EMMA	1049	00:36:07.90	07:13	+00:09:43	252/406	123/227	COALDALE
22/37	VAN RAALTE, TESSA	284	00:36:29.03	07:17	+00:10:04	260/406	125/227	COALDALE
23/37	VANKAMMEN, RUBY	1001	00:36:35.25	07:19	+00:10:10	261/406	126/227	CRANFORD
24/37	HARTHOORN, SIMONE	1022	00:36:50.05	07:22	+00:10:25	265/406	130/227	COALDALE
25/37	HENDRICK, RACHEL	171	00:37:00.69	07:24	+00:10:36	271/406	135/227	LETHBRIDGE
26/37	MRAK, CORA	221	00:37:53.55	07:34	+00:11:29	280/406	138/227	COALDALE
27/37	SADR, JACKIE	427	00:39:27.13	07:53	+00:13:02	290/406	142/227	LETHBRIDGE
28/37	JENSEN, IVY	382	00:39:59.36	07:59	+00:13:34	292/406	143/227	LETHBRIDGE
29/37	OHLMANN, KARLI	231	00:43:23.85	08:40	+00:16:59	317/406	164/227	COALDALE
30/37	WRIGHT, KINLEY	317	00:44:59.56	08:59	+00:18:35	325/406	170/227	COALDALE
31/37	DOEVE, ASHLYN	432	00:45:16.81	09:03	+00:18:52	326/406	171/227	LETHBRIDGE
32/37	TYMKO, JAYDA	396	00:45:38.32	09:07	+00:19:13	329/406	174/227	TABER
33/37	BLACK WATER, MESA	108	00:48:34.28	09:42	+00:22:09	342/406	184/227	LETHBRIDGE
34/37	SLINGERLAND, KARMYN	1004	00:49:05.27	09:49	+00:22:40	345/406	187/227	COALDALE
35/37	SLINGERLAND, JANESSA	1006	00:50:03.12	10:00	+00:23:38	351/406	191/227	COALDALE
36/37	LAROCQUE, EVAH	385	00:56:19.47	11:15	+00:29:55	388/406	214/227	LETHBRIDGE
37/37	HAMILTON, CHARLOTTE	162	00:58:40.30	11:44	+00:32:15	400/406	224/227	COALDALE

## 5K09&amp;UM - 31 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/31	SENNEKER, OWEN	252	00:22:55.07	04:35	+00:00:00	30/406	25/179	COALDALE
2/31	LOW, WALKER	330	00:23:26.07	04:41	+00:00:31	37/406	29/179	LETHBRIDGE
3/31	MACKAY, DARREN	1032	00:25:18.30	05:03	+00:02:23	65/406	48/179	COALDALE
4/31	VAN RAALTE, JADON	282	00:25:43.39	05:08	+00:02:48	76/406	54/179	COALDALE
5/31	VANDERHEIDE, SETH	292	00:25:44.70	05:08	+00:02:49	77/406	55/179	COALDALE
6/31	VANDERHEIDE, ISAIAH	302	00:25:49.09	05:09	+00:02:54	79/406	57/179	COALDALE
7/31	HAMILTON, KADE	163	00:26:52.74	05:22	+00:03:57	96/406	67/179	COALDALE
8/31	HARTHOORN, DYLAN	1028	00:27:07.52	05:25	+00:04:12	103/406	70/179	COALDALE
9/31	DIEK, NOAH	1010	00:27:33.19	05:30	+00:04:38	109/406	74/179	COALDALE
10/31	VAN REEUWYK, KARSIN	402	00:27:38.54	05:31	+00:04:43	111/406	75/179	COALDALE
11/31	VANDENBERG, ASHTON	1019	00:28:24.93	05:40	+00:05:29	127/406	81/179	COALDALE
12/31	VISSER, JOSIAH	1057	00:29:02.52	05:48	+00:06:07	133/406	83/179	COALDALE
13/31	LOW, HUDSON	328	00:29:11.32	05:50	+00:06:16	134/406	84/179	LETHBRIDGE
14/31	PAUL, JACOB	234	00:32:16.74	06:27	+00:09:21	187/406	103/179	TABER
15/31	HARTHOORN, BRADLEY	1025	00:33:08.01	06:37	+00:10:12	199/406	109/179	COALDALE
16/31	MORAN, ZACH	345	00:33:11.34	06:38	+00:10:16	202/406	112/179	LETHBRIDGE
17/31	BREUKELMAN, JONATHAN	1048	00:33:26.71	06:41	+00:10:31	204/406	114/179	COALDALE
18/31	SLINGERLAND, KALEB	1005	00:33:44.53	06:44	+00:10:49	216/406	117/179	COALDALE
19/31	VANDERHEIDE, JESSE	289	00:33:49.69	06:45	+00:10:54	217/406	118/179	COALDALE
20/31	MPOFU, ARNIE	1035	00:33:58.01	06:47	+00:11:02	223/406	120/179	COALDALE
21/31	VAN RAALTE, CODY	281	00:34:37.42	06:55	+00:11:42	227/406	121/179	COALDALE
22/31	WORKMAN, KAYSON	1029	00:34:38.98	06:55	+00:11:43	228/406	122/179	COALDALE
23/31	IWAASA, KALE	356	00:35:38.18	07:07	+00:12:43	243/406	126/179	LETHBRIDGE, AB
24/31	BAREMAN, ETHAN	1020	00:35:45.28	07:09	+00:12:50	245/406	128/179	TABER
25/31	DEBOER, ADAM	1037	00:36:52.82	07:22	+00:13:57	266/406	136/179	COALDALE
26/31	SCHROYEN, NOLAN	1027	00:38:28.75	07:41	+00:15:33	287/406	146/179	COALDALE
27/31	DIEK, LEVI	1012	00:39:01.37	07:48	+00:16:06	289/406	148/179	COALDALE
28/31	IWAASA, KOHEN	358	00:42:22.07	08:28	+00:19:27	308/406	151/179	LETHBRIDGE, AB
29/31	WILLIS, EASTON	336	00:43:21.00	08:40	+00:20:25	316/406	153/179	COALDALE
30/31	LAROCQUE, ISAIAH	386	00:48:18.68	09:39	+00:25:23	341/406	158/179	LETHBRIDGE
31/31	DOEVE, JOEL	435	00:55:33.29	11:06	+00:32:38	384/406	173/179	LETHBRIDGE

OA/PI = Overall Placing

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## Category Results

## 5K - 3.1 Miles 406

## Finishers

## 5K10-14F - 17 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/17	VANKAMMEN, AMBER	294	00:25:21.38	05:04	+00:00:00	66/406	18/227	CRANFORD
2/17	SELK, HADLEY	365	00:25:22.23	05:04	+00:00:00	67/406	19/227	LETHBRIDGE
3/17	MPOFU, AMY	1036	00:25:42.46	05:08	+00:00:21	75/406	22/227	COALDALE
4/17	VAN MIL, VENA	280	00:26:45.58	05:21	+00:01:24	91/406	27/227	LETHBRIDGE
5/17	DUECK, GILLIAN	136	00:26:57.73	05:23	+00:01:36	99/406	31/227	COALDALE
6/17	WIELENGA, LAUREN	309	00:28:14.39	05:38	+00:02:53	123/406	44/227	TABER
7/17	VEURINK, MACKENNA	299	00:29:24.45	05:52	+00:04:03	138/406	53/227	COALDALE
8/17	MEHLHAFF, TRINITY	216	00:31:15.38	06:15	+00:05:54	171/406	70/227	TABER
9/17	VANDENBERG, NATALIE	1038	00:31:19.41	06:15	+00:05:58	174/406	72/227	COALDALE
10/17	JOHNSON, HOPE	185	00:31:39.82	06:19	+00:06:18	178/406	76/227	LETHBRIDGE
11/17	FELDBUSCH, TESSA	353	00:34:08.85	06:49	+00:08:47	224/406	104/227	COALDALE
12/17	BAREMAN, EMILY	337	00:36:49.62	07:21	+00:11:28	264/406	129/227	TABER
13/17	BREUKELMAN, SARA	1050	00:38:24.87	07:40	+00:13:03	284/406	140/227	COALDALE
14/17	ABREY, KACI	987	00:41:06.17	08:13	+00:15:44	301/406	152/227	COALDALE
15/17	JOHNSTON, DESTYNI	186	00:42:05.79	08:25	+00:16:44	305/406	155/227	LETHBRIDGE
16/17	SLAWSON, DANIELLE	256	00:47:11.96	09:26	+00:21:50	340/406	183/227	FT MACLEOD
17/17	JOHNSTON, NEVAYA	187	00:53:09.49	10:37	+00:27:48	377/406	206/227	LETHBRIDGE

## 5K10-14M - 28 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/28	STEWART, OWEN	367	00:20:22.59	04:04	+00:00:00	9/406	8/179	LETHBRIDGE
2/28	LOW, BERKLEY	326	00:21:13.16	04:14	+00:00:50	10/406	9/179	LETHBRIDGE
3/28	VANDERHEIDE, NOAH	290	00:21:15.76	04:15	+00:00:53	12/406	11/179	COALDALE
4/28	MACKAY, JAMES	214	00:22:13.03	04:26	+00:01:50	23/406	20/179	COALDALE
5/28	VANDERHEIDE, ETHAN	288	00:22:38.98	04:31	+00:02:16	26/406	23/179	COALDALE
6/28	AMELINCKX, ERIK	322	00:22:48.16	04:33	+00:02:25	28/406	24/179	LETHBRIDGE
7/28	CROW CHIEF, TRACE	324	00:23:48.94	04:45	+00:03:26	41/406	32/179	LETHBRIDGE
8/28	MACKAY, GRANT	213	00:24:03.11	04:48	+00:03:40	46/406	35/179	COALDALE
9/28	YPMA, THOMAS	319	00:24:20.77	04:52	+00:03:58	49/406	38/179	TABER
10/28	SLAWSON, BLAINE	254	00:25:27.30	05:05	+00:05:04	69/406	49/179	FT MACLEOD
11/28	VELDMAN, RYLAN	411	00:25:31.71	05:06	+00:05:09	71/406	51/179	COALDALE
12/28	WIELENGA, AARON	306	00:25:41.80	05:08	+00:05:19	74/406	53/179	TABER
13/28	DEBOER, LIAM	131	00:25:48.73	05:09	+00:05:26	78/406	56/179	COALDALE
14/28	BEUMER, IAN	106	00:26:25.60	05:17	+00:06:03	85/406	59/179	COALDALE
15/28	HOFSINK, JARED	178	00:26:40.81	05:20	+00:06:18	89/406	63/179	COALDALE
16/28	YPMA, CALEB	318	00:26:51.32	05:22	+00:06:28	93/406	65/179	TABER
17/28	MRAK, KASON	223	00:27:00.86	05:24	+00:06:38	100/406	69/179	COALDALE
18/28	WEGENAST, SAM	406	00:27:14.23	05:26	+00:06:51	105/406	71/179	COALDALE
19/28	BREUKELMAN, NATHAN	116	00:29:27.50	05:53	+00:09:04	140/406	86/179	COALDALE
20/28	SLOMP, ASHER	414	00:29:49.34	05:57	+00:09:26	149/406	92/179	COALDALE
21/28	ROBERTSON, AIDAN	332	00:29:59.27	05:59	+00:09:36	151/406	93/179	COALDALE
22/28	GETTMAN, GRANT	998	00:29:59.31	05:59	+00:09:36	152/406	94/179	COALDALE
23/28	LOVE, CARSON	205	00:30:40.83	06:08	+00:10:18	162/406	99/179	TABER
24/28	KLASSEN, ADRIAN	383	00:32:41.44	06:32	+00:12:18	194/406	108/179	COALDALE
25/28	SLAWSON, LUKE	257	00:33:08.28	06:37	+00:12:45	201/406	111/179	FT. MACLEOD
26/28	CROW CHIEF, TAGE	323	00:41:22.39	08:16	+00:20:59	302/406	150/179	STANDOFF
27/28	WIERENGA, NOAH	310	00:45:48.63	09:09	+00:25:26	331/406	156/179	TABER
28/28	WIERSMA, KAYDEN	312	00:45:49.16	09:09	+00:25:26	332/406	157/179	COALDALE

## 5K15-19F - 14 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/14	KLIMA, KAYLEIGH	197	00:23:54.83	04:46	+00:00:00	43/406	10/227	COALDALE
2/14	RICHARD, SHELBY	331	00:24:33.43	04:54	+00:00:38	54/406	13/227	TABER
3/14	BOEVE, KRISTEN	111	00:26:48.24	05:21	+00:02:53	92/406	28/227	BARNWELL
4/14	DYCK, NANCY	138	00:32:12.74	06:26	+00:08:17	185/406	83/227	PICTURE BUTTE
5/14	KLEINJAN, MIRTHE	341	00:33:29.50	06:41	+00:09:34	208/406	94/227	PURPLE SPRINGS
6/14	LODER, BLAISE	204	00:36:55.05	07:23	+00:13:00	267/406	131/227	RAYMOND
7/14	TATARYN, LAURA	268	00:36:58.59	07:23	+00:13:03	268/406	132/227	CALGARY
8/14	LEKACH, TAYLOR	203	00:36:58.97	07:23	+00:13:04	269/406	133/227	LETHBRIDGE
9/14	NIBOURG, ALICIA	228	00:36:59.13	07:23	+00:13:04	270/406	134/227	ERSKINE
10/14	ABREY, RAEGAN	988	00:40:47.34	08:09	+00:16:52	297/406	148/227	COALDALE
11/14	SCHOLTEN, KIRSTEN	250	00:41:01.42	08:12	+00:17:06	299/406	150/227	PICTURE BUTTE
12/14	THOM, ABBILYNN	995	00:42:12.54	08:26	+00:18:17	306/406	156/227	LETHBRIDGE
13/14	HERNANDEZ, KATHLEEN	173	00:45:21.93	09:04	+00:21:27	328/406	173/227	LETHBRIDGE
14/14	FONTAINE, ABI	144	00:46:42.15	09:20	+00:22:47	337/406	180/227	LETHBRIDGE

## 5K15-19M - 7 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/7	JENSEN, BROCK	184	00:17:57.08	03:35	+00:00:00	3/406	3/179	LETHBRIDGE
2/7	STEWART, DEAN	366	00:21:29.64	04:17	+00:03:32	16/406	15/179	LETHBRIDGE
3/7	DEVISSER, RYAN	976	00:21:58.44	04:23	+00:04:01	21/406	19/179	COALDALE
4/7	JENSEN, JOSHUA	360	00:23:15.90	04:39	+00:05:18	35/406	27/179	MAGRATH

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

## Category Results

## 5K - 3.1 Miles 406

## Finishers

## 5K15-19M - 7 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
5/7	VAN DIJK, DAVID	1039	00:23:33.84	04:42	+00:05:36	39/406	30/179	COALHURST
6/7	DEVOS, NICHOLAS	413	00:24:27.98	04:53	+00:06:30	52/406	41/179	BARNWELL
7/7	FELDBUSCH, TROY	354	00:29:47.21	05:57	+00:11:50	147/406	91/179	COALDALE

## 5K20-29F - 55 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/55	SPENCER, EMILY	260	00:20:00.96	04:00	+00:00:00	7/406	1/227	CALGARY
2/55	DYCK, JESSICA	137	00:22:03.33	04:24	+00:02:02	22/406	3/227	LETHBRIDGE
3/55	STEELE, BRITTANY	262	00:22:45.66	04:33	+00:02:44	27/406	4/227	FORT MACLEOD
4/55	POYTRESS, BRITTANY	244	00:22:55.67	04:35	+00:02:54	31/406	6/227	FORT MACLEOD
5/55	VANDE HAAR, TAMATA	285	00:24:30.86	04:54	+00:04:29	53/406	12/227	PICTURE BUTTE
6/55	VAN ECK, NICOLE	278	00:24:46.47	04:57	+00:04:45	57/406	14/227	LETHBRIDGE
7/55	OLIVIERI, TIFFANY	1058	00:24:56.14	04:59	+00:04:55	59/406	15/227	BELLEVUE
8/55	CLARK, KARLEEN	123	00:25:14.11	05:02	+00:05:13	62/406	17/227	COALDALE
9/55	BOYD, NALISSA	115	00:25:24.51	05:04	+00:05:23	68/406	20/227	OKOTOKS
10/55	TORRIE, JOCELYNE	347	00:25:41.69	05:08	+00:05:40	73/406	21/227	GRASSY LAKE
11/55	FRANCOM, MELISSA	151	00:26:07.56	05:13	+00:06:06	81/406	24/227	COALDALE
12/55	VELDMAN, CHANTEL	298	00:26:52.42	05:22	+00:06:51	94/406	29/227	COALDALE
13/55	BUTLER, SOPHIA	1018	00:27:08.42	05:25	+00:07:07	104/406	34/227	LETHBRIDGE
14/55	THERAUX, DEL	981	00:27:57.14	05:35	+00:07:56	117/406	39/227	COALDALE
15/55	HANSEN, VIENNA	410	00:27:57.89	05:35	+00:07:56	118/406	40/227	COALDALE
16/55	FRANCOM, KARAH	150	00:28:07.62	05:37	+00:08:06	121/406	43/227	COALDALE
17/55	KEARL, MEGAN	193	00:28:17.14	05:39	+00:08:16	125/406	46/227	LETHBRIDGE
18/55	STROM, HEIDI	264	00:29:24.81	05:52	+00:09:23	139/406	54/227	JAFFRAY
19/55	TAYLOR, BRITTANEY	269	00:29:56.75	05:59	+00:09:55	150/406	58/227	WELLING
20/55	GROENENDAAL, ELINE	157	00:31:02.02	06:12	+00:11:01	167/406	66/227	COALDALE
21/55	MANS, LIANNE	388	00:31:16.12	06:15	+00:11:15	172/406	71/227	NOBLEFORD
22/55	MENDENHALL, KENDYL	217	00:31:22.89	06:16	+00:11:21	176/406	74/227	RAYMOND
23/55	CALDWELL, KATIE	117	00:31:26.98	06:17	+00:11:26	177/406	75/227	LETHBRIDGE
24/55	MORASH, AMANDA	429	00:31:45.00	06:21	+00:11:44	180/406	78/227	LETHBRIDGE
25/55	HOLMES, KEARA	179	00:32:09.01	06:25	+00:12:08	184/406	82/227	LETHBRIDGE
26/55	DYCK, ANNA	980	00:32:13.18	06:26	+00:12:12	186/406	84/227	COALDALE
27/55	KWAN, TIFFANY	199	00:32:41.75	06:32	+00:12:40	195/406	87/227	LETHBRIDGE
28/55	POLLOCK, TIANA	241	00:32:59.36	06:35	+00:12:58	197/406	89/227	LETHBRIDGE
29/55	TURNER, BRITTANY	274	00:33:29.94	06:41	+00:13:28	210/406	96/227	JAFFRAY
30/55	BINFET, MACKENZIE	107	00:33:50.35	06:46	+00:13:49	219/406	100/227	CALGARY
31/55	LANGILLE, LYDIA	201	00:33:50.69	06:46	+00:13:49	220/406	101/227	CALGARY
32/55	BETTCHER, ERIN	105	00:34:56.49	06:59	+00:14:55	232/406	110/227	TABER
33/55	BLACK RIDER, CHARITY	369	00:35:02.19	07:00	+00:15:01	235/406	113/227	LETHBRIDGE
34/55	KUTA, PAIGE	198	00:35:21.79	07:04	+00:15:20	238/406	116/227	COLEMAN
35/55	MACMILLAN, JACLYN	430	00:35:23.21	07:04	+00:15:22	239/406	117/227	COALDALE
36/55	KINNIBURGH, KAYLEE	194	00:36:35.33	07:19	+00:16:34	262/406	127/227	LETHBRIDGE
37/55	DOUGLAS, AMANDA	134	00:38:27.90	07:41	+00:18:26	285/406	141/227	RAYMOND
38/55	FEHR, ASHLEE	142	00:40:11.77	08:02	+00:20:10	294/406	145/227	COALHURST
39/55	HAWKINS, TARYN	167	00:40:49.21	08:09	+00:20:48	298/406	149/227	LETHBRIDGE
40/55	KLEINJAN, ELINE	195	00:41:01.62	08:12	+00:21:00	300/406	151/227	PURPLE SPRINGS
41/55	IWAASA, KASSI	357	00:42:21.51	08:28	+00:22:20	307/406	157/227	LETHBRIDGE
42/55	HEIN, PAMELA	168	00:42:23.22	08:28	+00:22:22	309/406	158/227	LETHBRIDGE
43/55	BACSU, AMANDA	103	00:44:58.98	08:59	+00:24:58	324/406	169/227	REGINA
44/55	BOEVE, ESTHER	110	00:45:18.00	09:03	+00:25:17	327/406	172/227	BARNWELL
45/55	BORKOWSKY, ARYELLE	114	00:46:41.19	09:20	+00:26:40	335/406	178/227	LETHBRIDGE
46/55	ENS, DARCI	140	00:46:41.98	09:20	+00:26:41	336/406	179/227	LETHBRIDGE
47/55	DE GROOT, CHELSEY	128	00:48:35.18	09:43	+00:28:34	343/406	185/227	LETHBRIDGE
48/55	BOS, ELAINE	1059	00:50:02.59	10:00	+00:30:01	349/406	189/227	COALDALE
49/55	SMITH, ALYSHA	259	00:51:13.23	10:14	+00:31:12	361/406	195/227	LETHBRIDGE
50/55	THOM, AMANDA	271	00:51:48.92	10:21	+00:31:47	368/406	200/227	COALDALE
51/55	POLS, CARINA	242	00:51:51.71	10:22	+00:31:50	371/406	202/227	COALDALE
52/55	DONKER, SARINA	132	00:54:28.43	10:53	+00:34:27	379/406	207/227	COALDALE
53/55	VAN DYKE, NICOLE	277	00:54:29.28	10:53	+00:34:28	380/406	208/227	COALDALE
54/55	STOUT, CHARLENE	1014	00:56:24.16	11:16	+00:36:23	389/406	215/227	COALDALE
55/55	SAILER, JOCELYN	978	00:56:48.41	11:21	+00:36:47	390/406	216/227	LETHBRIDGE

## 5K20-29M - 26 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/26	CLACK, PETER	1040	00:17:36.70	03:31	+00:00:00	1/406	1/179	LETHBRIDGE
2/26	KEARL, BRENDAN	192	00:19:19.72	03:51	+00:01:43	5/406	5/179	LETHBRIDGE
3/26	BETT, JAMES	104	00:21:14.92	04:14	+00:03:38	11/406	10/179	COALDALE
4/26	WIGTON, ANDREW	314	00:21:18.02	04:15	+00:03:41	15/406	14/179	LETHBRIDGE
5/26	TAYLOR, LORNE	270	00:23:21.68	04:40	+00:05:44	36/406	28/179	WELLING
6/26	BLADES, CHARLES	370	00:23:57.02	04:47	+00:06:20	44/406	34/179	COALHURST
7/26	CLARK, JARED	122	00:24:07.95	04:49	+00:06:31	48/406	37/179	COALDALE
	STROM, DALLIN	263	00:24:48.18	04:57	+00:07:11	58/406	44/179	JAFFRAY

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

## Category Results

## 5K - 3.1 Miles 406

## Finishers

## 5K20-29M - 26 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
8/26								
9/26	BOEHMER, KATLIN	109	00:25:14.35	05:02	+00:07:37	63/406	46/179	COALDALE
10/26	ENS, RYLUND	141	00:26:26.65	05:17	+00:08:49	86/406	60/179	LETHBRIDGE
11/26	HASTINGS, KALEN	165	00:27:14.57	05:26	+00:09:37	106/406	72/179	COALDALE
12/26	CHARTIER, CONNOR	372	00:27:15.63	05:27	+00:09:38	107/406	73/179	COALDALE
13/26	CURRAN, WILLI	374	00:27:55.01	05:35	+00:10:18	115/406	77/179	LETHBRIDGE
14/26	THERAUX, JP	982	00:27:55.82	05:35	+00:10:19	116/406	78/179	COALDALE
15/26	REMPEL, SHAWN	246	00:30:35.82	06:07	+00:12:59	158/406	97/179	Picture Butte
16/26	ELFORD, SCOTT	377	00:35:29.68	07:05	+00:17:52	242/406	125/179	COALDALE
17/26	FONTAINE, SHAWN	149	00:35:49.98	07:10	+00:18:13	248/406	129/179	RAYMOND
18/26	MARTENS, RILEY	389	00:37:01.84	07:24	+00:19:25	272/406	137/179	COALDALE
19/26	ROTH, RILEY	392	00:37:03.33	07:24	+00:19:26	274/406	138/179	COALDALE
20/26	RUITENBEEK, WILL	393	00:37:05.30	07:25	+00:19:28	276/406	139/179	COALDALE
21/26	FONTAINE, DAVID	146	00:38:20.36	07:40	+00:20:43	283/406	144/179	COALDALE
22/26	NISHIGUCHI, GREG	391	00:50:33.61	10:06	+00:32:56	353/406	162/179	COALDALE
23/26	HERNANDEZ, AARON	172	00:51:04.69	10:12	+00:33:27	358/406	166/179	COALDALE
24/26	SMODI, AHMED	994	00:51:49.48	10:21	+00:34:12	369/406	169/179	LETHBRIDGE
25/26	EASINGWOOD, BRYCE	375	00:52:56.49	10:35	+00:35:19	375/406	170/179	LETHBRIDGE
26/26	SAILER, SCOTT	977	00:56:49.29	11:21	+00:39:12	391/406	175/179	LETHBRIDGE

## 5K30-39F - 46 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/46	MRAC, LAURA	224	00:21:43.27	04:20	+00:00:00	20/406	2/227	COALDALE
2/46	VEURINK, TINA	415	00:22:56.31	04:35	+00:01:13	32/406	7/227	COALDALE
3/46	LAMMERTSEN, LEANNE	364	00:24:01.41	04:48	+00:02:18	45/406	11/227	LETHBRIDGE
4/46	VANDERHEIDE, TRACY	293	00:25:54.82	05:10	+00:04:11	80/406	23/227	COALDALE
5/46	MPOFU, MEL	1034	00:26:16.27	05:15	+00:04:33	82/406	25/227	COALDALE
6/46	FRENCH, RIANNA	152	00:27:06.17	05:25	+00:05:22	102/406	33/227	COALDALE
7/46	LUKINUK, ELIZABETH	210	00:27:31.38	05:30	+00:05:48	108/406	35/227	LETHBRIDGE
8/46	PITCHER, CHELSIE	238	00:27:49.36	05:33	+00:06:06	113/406	37/227	COALDALE
9/46	MACINNIS-TANNER, DANIELLE	211	00:28:29.70	05:41	+00:06:46	128/406	47/227	COALDALE
10/46	SCHIPPER, ALANA	248	00:28:52.65	05:46	+00:07:09	131/406	50/227	COALDALE
11/46	PERRY, SALINA	236	00:29:16.73	05:51	+00:07:33	137/406	52/227	LETHBRIDGE
12/46	JUBBER, HEATHER	1054	00:29:39.46	05:55	+00:07:56	144/406	56/227	LETHBRIDGE
13/46	DUVAL, TRISTINE	973	00:30:35.44	06:07	+00:08:52	157/406	61/227	LETHBRIDGE
14/46	REMPEL, CARRIE	245	00:30:37.73	06:07	+00:08:54	160/406	63/227	PICTURE BUTTE
15/46	GORZITZA, CAYLEE	156	00:30:52.75	06:10	+00:09:09	165/406	64/227	LETHBRIDGE
16/46	VEDRES, FAYLA	296	00:31:10.13	06:14	+00:09:26	168/406	67/227	LETHBRIDGE
17/46	HOWG, RAELENE	181	00:31:54.93	06:22	+00:10:11	181/406	79/227	LETHBRIDGE
18/46	CONSTABLE, MARIKO	124	00:31:55.93	06:23	+00:10:12	182/406	80/227	LETHBRIDGE
19/46	BENNETT, MANDY	996	00:32:38.10	06:31	+00:10:54	191/406	86/227	LETHBRIDGE
20/46	NYMEYER, LINDA	230	00:33:27.87	06:41	+00:11:44	206/406	92/227	COALDALE
21/46	HOWG, NICOLE	180	00:33:29.35	06:41	+00:11:46	207/406	93/227	COALDALE
22/46	VANDER MOLEN, AMANDA	348	00:33:30.85	06:42	+00:11:47	211/406	97/227	LETHBRIDGE
23/46	EDWARDS, JULIA	139	00:33:32.52	06:42	+00:11:49	213/406	99/227	COALHURST
24/46	MACK, LINDSAY	212	00:34:58.46	06:59	+00:13:15	233/406	111/227	LETHBRIDGE
25/46	SQUIRES, HILARY	261	00:34:58.58	06:59	+00:13:15	234/406	112/227	LETHBRIDGE
26/46	HANSON, STEPHANIE	164	00:35:47.91	07:09	+00:14:04	247/406	119/227	BROOKS
27/46	MCCONNELL, SHANDA	420	00:35:53.91	07:10	+00:14:10	251/406	122/227	LETHBRIDGE
28/46	VANKAMMEN, LEANNE	1003	00:36:36.21	07:19	+00:14:52	263/406	128/227	CRANFORD
29/46	WILMS, NAPHTALI	316	00:38:12.66	07:38	+00:16:29	282/406	139/227	COALDALE
30/46	WOLF, CHELASIE	1045	00:40:11.29	08:02	+00:18:28	293/406	144/227	FT MACLEOD
31/46	JOHNSTON, TRILLEEN	189	00:42:04.73	08:24	+00:20:21	304/406	154/227	LETHBRIDGE
32/46	OHLMANN, NIKKI	232	00:43:24.10	08:40	+00:21:40	318/406	165/227	COALDALE
33/46	GOODSTRIKER, CHRISSY	155	00:43:33.40	08:42	+00:21:50	320/406	166/227	STANDOFF
34/46	WALTON-HAMILTON, ROBYN	305	00:44:29.53	08:53	+00:22:46	321/406	167/227	COALDALE
35/46	CHUDOBIAK, APRIL	409	00:46:44.09	09:20	+00:25:00	338/406	181/227	COALDALE
36/46	FONTAINE, JAIME	147	00:46:44.51	09:20	+00:25:01	339/406	182/227	LETHBRIDGE
37/46	SLINGERLAND, TANIA	1007	00:50:02.83	10:00	+00:28:19	350/406	190/227	COALDALE
38/46	LAPIERRE, TARUN	202	00:51:23.73	10:16	+00:29:40	366/406	199/227	COALDALE
39/46	WIIG, JILLIAN	993	00:51:49.62	10:21	+00:30:06	370/406	201/227	LETHBRIDGE
40/46	WIERSMA, BRENDA	311	00:51:52.31	10:22	+00:30:09	372/406	203/227	COALDALE
41/46	DOEVE, TINEKE	433	00:55:32.66	11:06	+00:33:49	383/406	211/227	LETHBRIDGE
42/46	WAITE, JENNIFER	983	00:55:34.32	11:06	+00:33:51	385/406	212/227	COALDALE
43/46	BISSCHOP, HEATHER	1015	00:55:40.50	11:08	+00:33:57	386/406	213/227	COALDALE
44/46	SHROUD, LESLIE	253	00:56:58.40	11:23	+00:35:15	393/406	217/227	LETHBRIDGE
45/46	ZANONI, SUZANNE	321	00:56:59.82	11:23	+00:35:16	395/406	219/227	LETHBRIDGE
46/46	LAROCQUE, JENNIFER	387	00:57:05.87	11:25	+00:35:22	396/406	220/227	LETHBRIDGE

## 5K30-39M - 33 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
	MCILROY, TREVOR	1024	00:17:38.57	03:31	+00:00:00	2/406	2/179	LETHBRIDGE

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

## Category Results

## 5K - 3.1 Miles 406

## Finishers

## 5K30-39M - 33 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/33								
2/33	LOW, MARK	207	00:21:17.45	04:15	+00:03:38	14/406	13/179	LETHBRIDGE
3/33	LOW, BRADLEY	327	00:21:39.34	04:19	+00:04:00	18/406	17/179	LETHBRIDGE
4/33	MPOFU, ARCHIE	1033	00:22:24.45	04:28	+00:04:45	24/406	21/179	COALDALE
5/33	TANNER, WESLEY	267	00:24:24.70	04:52	+00:06:46	50/406	39/179	COALDALE
6/33	MOORE, RILEY	219	00:24:25.71	04:53	+00:06:47	51/406	40/179	MAGRATH
7/33	ZANONI, JAMES	320	00:25:32.13	05:06	+00:07:53	72/406	52/179	LETHBRIDGE
8/33	DOEVE, ANDREW	434	00:26:34.50	05:18	+00:08:55	88/406	62/179	LETHBRIDGE
9/33	VAN REEUWYK, MARTY	403	00:26:42.78	05:20	+00:09:04	90/406	64/179	COALDALE
10/33	JUBBER, JUSTIN	1055	00:26:57.33	05:23	+00:09:18	98/406	68/179	LETHBRIDGE
11/33	SCHIPPER, TOM	249	00:28:52.79	05:46	+00:11:14	132/406	82/179	COALDALE
12/33	CERON, FRANCISCO	119	00:29:15.21	05:51	+00:11:36	136/406	85/179	LETHBRIDGE
13/33	HUTCHINGS, RICHARD	183	00:29:30.73	05:54	+00:11:52	141/406	87/179	LETHBRIDGE
14/33	CROIL, SPENCER	127	00:29:45.35	05:57	+00:12:06	145/406	89/179	COALDALE
15/33	VISSER, DARRYL	1056	00:29:45.64	05:57	+00:12:07	146/406	90/179	COALDALE
16/33	ROTH, COREY	335	00:30:49.87	06:09	+00:13:11	164/406	101/179	COALDALE
17/33	VEURINK, IVAN	416	00:32:25.84	06:29	+00:14:47	189/406	104/179	COALDALE
18/33	KLASSEN, FRANCISCO	384	00:32:41.35	06:32	+00:15:02	193/406	107/179	COALDALE
19/33	MORAN, DANILO	343	00:33:11.72	06:38	+00:15:33	203/406	113/179	LETHBRIDGE
20/33	DYCK, BRADEN	350	00:33:33.02	06:42	+00:15:54	214/406	115/179	LETHBRIDGE
21/33	VAN SCHEPEN, JONATHAN	425	00:35:26.56	07:05	+00:17:47	240/406	123/179	COALDALE
22/33	MCKEOWN, KEVIN	390	00:36:12.39	07:14	+00:18:33	255/406	132/179	COALDALE
23/33	VAN RAALTE, JEFF	283	00:36:28.81	07:17	+00:18:50	259/406	135/179	COALDALE
24/33	VREEKEN, KYLE	404	00:37:19.12	07:27	+00:19:40	277/406	140/179	COALDALE
25/33	DE KREEK, KEVIN	129	00:37:22.60	07:28	+00:19:44	278/406	141/179	COALHRUST
26/33	MRAK, JOE	222	00:37:53.09	07:34	+00:20:14	279/406	142/179	COALDALE
27/33	SCHROYEN, MIKE	1026	00:38:28.70	07:41	+00:20:50	286/406	145/179	COALDALE
28/33	DIEK, ASH	1009	00:39:00.80	07:48	+00:21:22	288/406	147/179	COALDALE
29/33	SAILER, JORDAN	247	00:43:31.17	08:42	+00:25:52	319/406	154/179	LETHBRIDGE
30/33	HLADY, TIM	380	00:50:39.68	10:07	+00:33:01	354/406	163/179	COALDALE
31/33	BURTON, MATT	371	00:51:39.08	10:19	+00:34:00	367/406	168/179	COALDALE
32/33	JOHNSTON, RICK	188	00:53:09.88	10:37	+00:35:31	378/406	172/179	LETHBRIDGE
33/33	SAILER, JASON	979	00:56:51.85	11:22	+00:39:13	392/406	176/179	LETHBRIDGE

## 5K40-49F - 24 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/24	SLAWSON, CORREEN	255	00:22:51.28	04:34	+00:00:00	29/406	5/227	FT MACLEOD
2/24	CHARTIER, BONNIE	120	00:23:29.20	04:41	+00:00:37	38/406	9/227	COALDALE
3/24	VANDEN DOOL, GRACE	287	00:25:10.08	05:02	+00:02:18	61/406	16/227	LETHBRIDGE
4/24	ARLETT, ADONUS	102	00:28:03.65	05:36	+00:05:12	120/406	42/227	LETHBRIDGE
5/24	VASELENAK, HOLLY	295	00:29:14.06	05:50	+00:06:22	135/406	51/227	COALDALE
6/24	KASKO, SHANNON	363	00:29:47.75	05:57	+00:06:56	148/406	57/227	COALDALE
7/24	WEGENAST, CARLY	405	00:30:33.17	06:06	+00:07:41	155/406	59/227	COALDALE
8/24	HAUVER, DEBORAH	166	00:30:36.63	06:07	+00:07:45	159/406	62/227	COALDALE
9/24	COOPER, DAWN	125	00:30:56.78	06:11	+00:08:05	166/406	65/227	MEDICINE HAT
10/24	WEREWKA, JUDIE	1046	00:33:57.92	06:47	+00:11:06	222/406	103/227	TABER
11/24	FELDBUSCH, SHERI	352	00:35:46.53	07:09	+00:12:55	246/406	118/227	COALDALE
12/24	TYMKO, BEE	395	00:36:21.18	07:16	+00:13:29	257/406	124/227	TABER
13/24	HENDRICK, JENNIFER	169	00:37:02.55	07:24	+00:14:11	273/406	136/227	LETHBRIDGE
14/24	BOGAART, JANNA	112	00:37:04.17	07:24	+00:14:12	275/406	137/227	LETHBRIDGE
15/24	HAAYEMA, CAROL	159	00:42:01.03	08:24	+00:19:09	303/406	153/227	LETHBRIDGE
16/24	ROBERTSON, MARION	333	00:44:51.36	08:58	+00:22:00	323/406	168/227	COALDALE
17/24	FERGUSON, BILLIE-JO	143	00:45:38.63	09:07	+00:22:47	330/406	175/227	TABER
18/24	VAN HIERDEN, TRACEY	279	00:46:10.76	09:14	+00:23:19	334/406	177/227	FORT MACLEOD
19/24	UNGER, LANA	275	00:51:12.76	10:14	+00:28:21	360/406	194/227	COALDALE
20/24	WORKMAN, KIM	1042	00:51:22.22	10:16	+00:28:30	364/406	197/227	COALDALE
21/24	GARBUTT, JULIE	378	00:51:22.66	10:16	+00:28:31	365/406	198/227	COALDALE
22/24	ABREY, KIM	986	00:52:30.30	10:30	+00:29:39	373/406	204/227	COALDALE
23/24	DEVOS, KINSKE	1047	00:52:37.70	10:31	+00:29:46	374/406	205/227	BARNWELL
24/24	CHAPMAN, DEB	984	00:59:28.49	11:53	+00:36:37	403/406	225/227	COALDALE

## 5K40-49M - 23 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/23	MESHEN, ROBBIE	408	00:19:08.33	03:49	+00:00:00	4/406	4/179	MEDICINE HAT
2/23	LUKINUK, BRENDT	209	00:19:49.80	03:57	+00:00:41	6/406	6/179	LETHBRIDGE
3/23	SLAWSON, ROB	258	00:20:21.72	04:04	+00:01:13	8/406	7/179	FT. MACLEOD
4/23	VANDEN DOOL, GLENN	286	00:21:16.40	04:15	+00:02:08	13/406	12/179	LETHBRIDGE
5/23	PAUL, TYLER	235	00:22:31.12	04:30	+00:03:22	25/406	22/179	TABER
6/23	TYMKO, SHELDON	400	00:23:34.70	04:42	+00:04:26	40/406	31/179	TABER
7/23	BOGAART, WILLIAM	113	00:23:53.71	04:46	+00:04:45	42/406	33/179	LETHBRIDGE
8/23	KASKO, RYAN	362	00:24:34.11	04:54	+00:05:25	55/406	42/179	COALDALE
	ROBERTSON, WILF	334	00:24:34.64	04:54	+00:05:26	56/406	43/179	COALDALE

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

## Category Results

## 5K - 3.1 Miles 406

## Finishers

## 5K40-49M - 23 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
9/23								
10/23	JENSEN, JONATHAN	359	00:25:15.59	05:03	+00:06:07	64/406	47/179	MAGRATH
11/23	WIELENGA, CHRIS	307	00:25:27.75	05:05	+00:06:19	70/406	50/179	TABER
12/23	PIERSON, CHAD	237	00:27:47.35	05:33	+00:08:39	112/406	76/179	COALDALE
13/23	PENNINGA, TIM	1021	00:28:10.07	05:38	+00:09:01	122/406	79/179	SMITHERS
14/23	HAMER, THOMAS	161	00:30:38.96	06:07	+00:11:30	161/406	98/179	COALDALE
15/23	FUJITA, KEVIN	325	00:32:27.76	06:29	+00:13:19	190/406	105/179	COALDALE
16/23	QUINTON, JUSTIN	997	00:32:38.44	06:31	+00:13:30	192/406	106/179	COALDALE
17/23	VANDERHEIDE, PAUL	291	00:33:50.04	06:46	+00:14:41	218/406	119/179	COALDALE
18/23	HAAYEMA, BRIAN	158	00:35:39.51	07:07	+00:16:31	244/406	127/179	LETHBRIDGE
19/23	BREUKELMAN, RON	1051	00:36:09.12	07:13	+00:17:00	254/406	131/179	COALDALE
20/23	PACK, SHAUNLEE	346	00:36:18.79	07:15	+00:17:10	256/406	133/179	LETHBRIDGE
21/23	SADR, JAVID	428	00:39:49.44	07:57	+00:20:41	291/406	149/179	LETHBRIDGE
22/23	VAN BOSTLEN, CONRAD	401	00:50:31.68	10:06	+00:31:23	352/406	161/179	COALDALE
23/23	CNOSSSEN, KEN	373	00:50:50.96	10:10	+00:31:42	355/406	164/179	COALDALE

## 5K50-59F - 18 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/18	DALPHOND, LOUISE	431	00:23:06.78	04:37	+00:00:00	33/406	8/227	LETHBRIDGE
2/18	CALE, MARCELLE	118	00:27:58.03	05:35	+00:04:51	119/406	41/227	COALDALE
3/18	DE WEERD, RITA	130	00:28:48.10	05:45	+00:05:41	130/406	49/227	COALDALE
4/18	HOUWELING, MARG	975	00:31:11.33	06:14	+00:08:04	169/406	68/227	COALADALE
5/18	HOF SINK, JACKIE	177	00:31:22.30	06:16	+00:08:15	175/406	73/227	COALDALE
6/18	VEDRES, HELENA	297	00:34:40.27	06:56	+00:11:33	229/406	107/227	LETHBRIDGE
7/18	FRIESEN, PAT	153	00:35:07.03	07:01	+00:12:00	236/406	114/227	TABER
8/18	BARTZ, MONICA	349	00:35:07.77	07:01	+00:12:00	237/406	115/227	COALDALE
9/18	HILL, MARILYN	176	00:40:16.80	08:03	+00:17:10	295/406	146/227	COALDALE
10/18	WOUDWIJK, GERDA	1016	00:40:18.92	08:03	+00:17:12	296/406	147/227	CRANFORD
11/18	FONTAINE, ANNE-MARIE	145	00:43:12.08	08:38	+00:20:05	313/406	161/227	RAYMOND
12/18	VAN DEN BROEK, NANCY	276	00:46:10.63	09:14	+00:23:03	333/406	176/227	LETHBRIDGE
13/18	GELDERMAN, IRENE	1008	00:49:01.17	09:48	+00:25:54	344/406	186/227	COALDALE
14/18	HERNANDEZ, NANCY	174	00:51:04.47	10:12	+00:27:57	357/406	192/227	COALDALE
15/18	HOFFMAN, CINDY	985	00:51:12.15	10:14	+00:28:05	359/406	193/227	COALDALE
16/18	ELFORD, KATHY	376	00:54:33.90	10:54	+00:31:27	382/406	210/227	LETHBRIDGE
17/18	TIBBO, DOREEN	273	00:56:59.40	11:23	+00:33:52	394/406	218/227	COALDALE
18/18	CRAIG, TARALYNN	991	00:59:30.11	11:54	+00:36:23	404/406	226/227	COALDALE

## 5K50-59M - 17 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/17	LOW, STEVEN	329	00:21:32.01	04:18	+00:00:00	17/406	16/179	COALDALE
2/17	HIGGINS, BOB	175	00:21:42.65	04:20	+00:00:10	19/406	18/179	LETHBRIDGE
3/17	MARKS, CORWIN	1052	00:23:07.83	04:37	+00:01:35	34/406	26/179	BROOKS
4/17	DROLLINGER, JEFF	1030	00:24:04.07	04:48	+00:02:32	47/406	36/179	LETH
5/17	VISSER, CLARENCE	301	00:25:04.42	05:00	+00:03:32	60/406	45/179	STIRLING
6/17	MCCRAY, GLENN	215	00:26:25.37	05:17	+00:04:53	84/406	58/179	LETHBRIDGE
7/17	DYCK, MARK	340	00:26:30.35	05:18	+00:04:58	87/406	61/179	COALDALE
8/17	DORE, THOMAS	133	00:30:41.69	06:08	+00:09:09	163/406	100/179	LETHBRIDGE
9/17	DEVOS, PAUL	412	00:31:18.11	06:15	+00:09:46	173/406	102/179	BARNWELL
10/17	HORVATH, BERNIE	355	00:33:37.77	06:43	+00:12:05	215/406	116/179	COALDALE
11/17	ABREY, JACEN	990	00:35:29.42	07:05	+00:13:57	241/406	124/179	COALDALE
12/17	FONTAINE, RENE	148	00:36:08.77	07:13	+00:14:36	253/406	130/179	RAYMOND
13/17	THOM, JOE	272	00:42:27.22	08:29	+00:20:55	310/406	152/179	LETHBRIDGE
14/17	GETTMAN, GARY	1000	00:51:02.91	10:12	+00:29:30	356/406	165/179	COALDALE
15/17	MURPHY, MARK	225	00:51:18.51	10:15	+00:29:46	362/406	167/179	COALDALE
16/17	WINTERS, BRIAN	407	00:53:05.25	10:37	+00:31:33	376/406	171/179	COALDALE
17/17	CHAPMAN, BILL	992	00:58:58.76	11:47	+00:37:26	401/406	177/179	COALDALE

## 5K60-69F - 13 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/13	SCOTT, JANE	394	00:28:14.62	05:38	+00:00:00	124/406	45/227	LETHBRIDGE
2/13	AMBROSI, WILMA	101	00:33:27.55	06:41	+00:05:12	205/406	91/227	MEDICINE HAT
3/13	NICHOLSON, ALICE	229	00:34:12.63	06:50	+00:05:58	225/406	105/227	LETHBRIDGE
4/13	JOHNSTONE, CHE CHE (SHARRON)	190	00:34:55.17	06:59	+00:06:40	231/406	109/227	HOPE
5/13	KLEMEN, KATHLEEN	196	00:42:57.00	08:35	+00:14:42	312/406	160/227	Vauxhall
6/13	LOW, GAYLE	206	00:43:17.24	08:39	+00:15:02	314/406	162/227	LETHBRIDGE
7/13	POTTS, CAROLYN	243	00:43:19.68	08:39	+00:15:05	315/406	163/227	COALDALE
8/13	HUMPHRIES, RICHELLE	182	00:49:52.43	09:58	+00:21:37	348/406	188/227	CALGARY
9/13	MURPHY, MARY ANNE	226	00:51:19.14	10:15	+00:23:04	363/406	196/227	COALDALE
10/13	GERVAIS, GERMAINE	379	00:54:33.68	10:54	+00:26:19	381/406	209/227	LETHBRIDGE
11/13	VANDENBERG, GERTEEN	974	00:58:38.85	11:43	+00:30:24	398/406	222/227	COALDALE
12/13	VANSPRONSEN, JOHANNA	422	00:58:39.00	11:43	+00:30:24	399/406	223/227	COALDALE
13/13	WALTON, JEANNIE	303	01:00:05.78	12:01	+00:31:51	405/406	227/227	LETHBRIDGE

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

## Category Results

## 5K - 3.1 Miles 406

## Finishers

## 5K60-69M - 11 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/11	LOW, RICHARD	208	00:26:52.65	05:22	+00:00:00	95/406	66/179	LETHBRIDGE
2/11	NASH, GEOFF	227	00:28:19.98	05:40	+00:01:27	126/406	80/179	LETHBRIDGE
3/11	SCHROYEN, CALVIN	251	00:29:32.77	05:54	+00:02:40	142/406	88/179	COALDALE
4/11	POYTRESS, ALAN	1044	00:30:30.28	06:06	+00:03:37	154/406	96/179	FT. MACLEOD
5/11	BAREMAN, JOHN	368	00:33:08.13	06:37	+00:06:15	200/406	110/179	TABER
6/11	HASTINGS, MICHAEL	1043	00:38:10.71	07:38	+00:11:18	281/406	143/179	LETHBRIDGE
7/11	VIROSTEK, KEVIN	300	00:44:31.33	08:54	+00:17:38	322/406	155/179	COALHURST
8/11	DOEVE, HENRY	972	00:49:27.33	09:53	+00:22:34	346/406	159/179	COALDALE
9/11	VAN RIJN, JACK	989	00:49:44.37	09:56	+00:22:51	347/406	160/179	COALDALE
10/11	GROENWOLD, PIETER	1041	00:56:07.28	11:13	+00:29:14	387/406	174/179	COALDALE
11/11	CRAIG, KIM	126	00:59:01.42	11:48	+00:32:08	402/406	178/179	COALDALE

## 5K70+F - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/3	TYMKO, JENNY	397	00:32:07.23	06:25	+00:00:00	183/406	81/227	TABER
2/3	LEFFERS, HELEN	342	00:42:50.38	08:34	+00:10:43	311/406	159/227	COALDALE
3/3	HOFKINK, MAGGIE	381	00:58:37.78	11:43	+00:26:30	397/406	221/227	COALDALE

## 5K70+M - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/3	SCOTT, JIM	1013	00:30:01.77	06:00	+00:00:00	153/406	95/179	LETHBRIDGE
2/3	DEHAAS, JOHN	339	00:36:23.49	07:16	+00:06:21	258/406	134/179	COALDALE
3/3	WALTON, TOM	304	01:00:08.49	12:01	+00:30:06	406/406	179/179	LETHBRIDGE