

OA/PI = Overall Placing

## Category Results

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

5K Run - 3.1 Miles  
361 Finishers

## 5K06&amp;UF - 11 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/11	LE GRANGE, ELZE	1277	00:32:30.278	06:30	10:27	128/361	45/190	+00:00:00	COALDALE
2/11	JANZEN, AUDYN	1258	00:40:24.586	08:04	12:59	200/361	88/190	+00:07:54	COALDALE
3/11	HOFKINK, MEGAN	1234	00:40:58.701	08:11	13:10	207/361	92/190	+00:08:28	TABER
4/11	VAN KAMMEN, KRISTY	1488	00:42:36.745	08:31	13:42	219/361	102/190	+00:10:06	CRANFORD
5/11	BULTENA, JORDYNN	1154	00:43:42.525	08:44	14:03	230/361	106/190	+00:11:12	COALDALE
6/11	MULDER, HAILEY	1310	00:43:51.263	08:46	14:06	232/361	107/190	+00:11:20	LETHBRIDGE
7/11	LEFFERS, AMELIA	1458	00:52:51.174	10:34	16:59	292/361	148/190	+00:20:20	COALDALE
8/11	BOOTH, WINRY	1142	00:53:21.651	10:40	17:09	295/361	150/190	+00:20:51	LETHBRIDGE
9/11	VAN DYK, NORA	1388	00:58:40.114	11:44	18:51	338/361	175/190	+00:26:09	COALDALE
10/11	BEEKMAN, SOPHIA	1129	00:59:41.671	11:56	19:11	342/361	178/190	+00:27:11	COALDALE
11/11	BEEKMAN, CASSANDRA	1127	01:07:06.484	13:25	21:34	359/361	189/190	+00:34:36	COALDALE

## 5K06&amp;UM - 8 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/8	HOFKINK, CALEB	1230	00:46:17.606	09:15	14:53	248/361	129/171	+00:00:00	TABER
2/8	FLOBERT, WILLIAM	1196	00:47:33.180	09:30	15:17	262/361	133/171	+00:01:15	COALDALE
3/8	BAREMAN, CLAY	1114	00:49:04.911	09:48	15:46	268/361	137/171	+00:02:47	COALDALE
4/8	VEURINK, REID	1411	00:53:11.692	10:38	17:06	293/361	145/171	+00:06:54	COALDALE
5/8	VEURINK, COLE	1404	00:56:37.537	11:19	18:12	319/361	154/171	+00:10:19	COALDALE
6/8	VAN DYK, LEO	1386	00:58:39.952	11:43	18:51	336/361	163/171	+00:12:22	COALDALE
7/8	HUTCHINGS, NIXON	1251	01:03:45.472	12:45	20:30	354/361	167/171	+00:17:27	COALDALE
8/8	BULTENA, CARSON	1153	01:06:21.575	13:16	21:20	358/361	170/171	+00:20:03	COALDALE

## 5K07-10F - 26 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/26	VAN KAMMEN, RUBY	1490	00:24:50.193	04:58	07:59	40/361	10/190	+00:00:00	CRANFORD
2/26	VAN KAMMEN, JAMIE-LYNN	1489	00:27:31.849	05:30	08:51	75/361	23/190	+00:02:41	CRANFORD
3/26	VEURINK, APRIL	1402	00:27:38.628	05:31	08:53	76/361	24/190	+00:02:48	COALDALE
4/26	HARDING, RYLEE	1219	00:29:37.364	05:55	09:31	99/361	37/190	+00:04:47	LETHBRIDGE
5/26	BAREMAN, ALINA	1113	00:33:46.172	06:45	10:51	148/361	53/190	+00:08:55	TABER
6/26	YPMA, NAOMI	1434	00:34:03.448	06:48	10:57	153/361	57/190	+00:09:13	PURPLE SPRINGS
7/26	VOORHORST, KATIE	1487	00:34:57.281	06:59	11:14	160/361	63/190	+00:10:07	LETHBRIDGE COL
8/26	HARTHOORN, CHELSEA	1223	00:35:40.714	07:08	11:28	167/361	67/190	+00:10:50	COALDALE
9/26	HOFKINK, TAYLOR	1236	00:38:17.280	07:39	12:18	183/361	78/190	+00:13:27	TABER
10/26	ROMEO, ALLY	1348	00:41:17.239	08:15	13:16	210/361	95/190	+00:16:27	COALDALE
11/26	MANY GUNS, TAYVEN	1294	00:41:25.429	08:17	13:19	212/361	97/190	+00:16:35	PIIKANI
12/26	BULTENA, MACKENZIE	1156	00:44:14.795	08:50	14:13	236/361	111/190	+00:19:24	COALDALE
13/26	LITTLE BEAR, SURAY	1284	00:44:36.344	08:55	14:20	237/361	112/190	+00:19:46	PIIKANI
14/26	BIG SWAN, ZEPHONIA	1134	00:44:39.074	08:55	14:21	238/361	113/190	+00:19:48	PIIKANI
15/26	COOK, CHLOE	1171	00:45:10.892	09:02	14:31	242/361	115/190	+00:20:20	LETHBRIDGE
16/26	YELLOW HORN, CHARLIE	1429	00:46:36.462	09:19	14:59	253/361	123/190	+00:21:46	PIIKANI
17/26	CAT FACE, GRACIE	1161	00:46:36.472	09:19	14:59	254/361	124/190	+00:21:46	PIIKANI
18/26	GRIER, GENEVIEVE	1216	00:46:37.168	09:19	14:59	255/361	125/190	+00:21:46	PIIKANI
19/26	LITTLE BEAR, WILLOW	1285	00:46:37.944	09:19	14:59	256/361	126/190	+00:21:47	PIIKANI
20/26	YELLOW WINGS, ZOEY	1430	00:52:13.861	10:26	16:47	281/361	141/190	+00:27:23	PIIKANI
21/26	PARD, MIRANDA	1313	00:52:18.176	10:27	16:49	284/361	143/190	+00:27:27	PIIKANI
22/26	CAT FACE, LENNON	1162	00:52:18.188	10:27	16:49	286/361	144/190	+00:27:27	PIIKANI
23/26	BIG SWAN, LATAYVIA	1133	00:57:58.459	11:35	18:38	329/361	172/190	+00:33:08	PIIKANI
24/26	VAN DYK, BRIELLE	1383	00:58:40.091	11:44	18:51	337/361	174/190	+00:33:49	COALDALE
25/26	TIMMERMAN, AURORAH	1372	01:03:36.915	12:43	20:27	352/361	186/190	+00:38:46	LETHBRIDGE
26/26	HUTCHINGS, RYLYNN	1252	01:03:46.817	12:45	20:30	355/361	188/190	+00:38:56	COALDALE

## 5K07-10M - 36 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/36	HARTHOORN, BRADLEY	1222	00:23:45.846	04:45	07:38	21/361	19/171	+00:00:00	COALDALE
2/36	SENNEKER, DAWSON	1358	00:24:35.059	04:55	07:54	34/361	28/171	+00:00:49	COALDALE
3/36	VAN ASSEN, MANUAL	1472	00:25:11.707	05:02	08:06	47/361	35/171	+00:01:25	COALDALE
4/36	HOUWELING, TRISTEN	1505	00:25:38.867	05:07	08:14	53/361	40/171	+00:01:53	COALDALE
5/36	VANDERHEIDE, JESSE	1329	00:25:50.137	05:10	08:18	58/361	45/171	+00:02:04	COALDALE
6/36	HARTHOORN, JASON	1224	00:25:50.425	05:10	08:18	59/361	46/171	+00:02:04	COALDALE
7/36	LE GRANGE, MJ	1281	00:27:07.436	05:25	08:43	71/361	52/171	+00:03:21	COALDALE
8/36	BAREMAN, JONAH	1117	00:27:52.713	05:34	08:57	80/361	54/171	+00:04:06	TABER
9/36	VANDERMOLLEN, ANDREW	1397	00:29:47.095	05:57	09:34	104/361	66/171	+00:06:01	COALDALE
10/36	HOFKINK, JAMES	1233	00:29:49.371	05:57	09:35	105/361	67/171	+00:06:03	TABER
11/36	GALLANT, NOLAN	1209	00:29:57.335	05:59	09:37	108/361	70/171	+00:06:11	LETHBRIDGE
12/36	VOORHORST, MARK	1485	00:31:12.738	06:14	10:02	115/361	75/171	+00:07:26	LETHBRIDGE COL
13/36	CREEK, LOGAN	1178	00:31:15.217	06:15	10:02	116/361	76/171	+00:07:29	COALDALE

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## Category Results

5K Run - 3.1 Miles  
361 Finishers

## 5K07-10M - 36 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
14/36	BULTENA, LUCAS	1155	00:31:40.206	06:20	10:10	119/361	78/171	+00:07:54	COALDALE
15/36	VAN REEUWYK, NIXON	1479	00:32:46.970	06:33	10:32	131/361	85/171	+00:09:01	COALDALE
16/36	CLARKE, CHARLIE	1504	00:32:51.955	06:34	10:34	132/361	86/171	+00:09:06	COALDALE
17/36	HOUWELING, LEVI	1506	00:32:58.039	06:35	10:36	135/361	89/171	+00:09:12	COALDALE
18/36	VOORHORST, RYAN	1486	00:33:27.838	06:41	10:45	143/361	92/171	+00:09:41	LETHBRIDGE COL
19/36	COQUET, MARSHALL	1176	00:35:04.065	07:00	11:16	163/361	99/171	+00:11:18	COALDALE
20/36	TROCKSTAD, TREYSON	1484	00:35:28.054	07:05	11:24	166/361	100/171	+00:11:42	COALDALE
21/36	PERSSON, JAXON	1320	00:37:11.668	07:26	11:57	179/361	103/171	+00:13:25	LETHBRIDGE
22/36	LEFFERS, EVAN	1462	00:38:54.779	07:46	12:30	190/361	109/171	+00:15:08	COALDALE
23/36	BEEKMAN, ARIAN	1125	00:39:22.885	07:52	12:39	194/361	111/171	+00:15:37	COALDALE
24/36	BAREMAN, SHANE	1499	00:41:55.367	08:23	13:28	216/361	117/171	+00:18:09	COALDALE
25/36	KOETHLER, MATTHEW	1446	00:42:43.335	08:32	13:44	221/361	118/171	+00:18:57	PURPLE SPRINGS
26/36	YPMA, JOSHUA	1432	00:42:43.885	08:32	13:44	222/361	119/171	+00:18:58	PURPLE SPRINGS
27/36	BILLECK, JAMES	1136	00:43:51.230	08:46	14:06	231/361	125/171	+00:20:05	COALDALE
28/36	BOOTH, FINN	1141	00:45:39.719	09:07	14:40	244/361	128/171	+00:21:53	LETHBRIDGE
29/36	BESON-WRIGHT, THOMAS	1131	00:47:32.595	09:30	15:17	259/361	131/171	+00:23:46	COALDALE
30/36	KENT, JASON	1267	00:50:48.766	10:09	16:20	275/361	139/171	+00:27:02	PIIKANI
31/36	PRAIRIE CHICKEN, XXAVIER	1328	00:51:40.940	10:20	16:37	280/361	140/171	+00:27:55	PIIKANI
32/36	PROVOST, DENNIS	1332	00:52:17.986	10:27	16:48	283/361	141/171	+00:28:32	PIIKANI
33/36	PLAIN EAGLE, COOPER	1326	00:52:18.586	10:27	16:49	287/361	143/171	+00:28:32	PIIKANI
34/36	TIMMERMAN, THIJS	1374	00:54:10.132	10:50	17:25	296/361	146/171	+00:30:24	LETHBRIDGE
35/36	VAN DYK, LUCAS	1387	00:58:29.721	11:41	18:48	331/361	159/171	+00:34:43	COALDALE
36/36	VAN DYK, SAMUEL	1390	00:58:31.383	11:42	18:49	333/361	160/171	+00:34:45	COALDALE

## 5K11-14F - 19 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/19	DUECK, CAMRYNN	1457	00:24:05.592	04:49	07:44	24/361	4/190	+00:00:00	COALDALE
2/19	VAN KAMMEN, LEAH	1475	00:24:37.449	04:55	07:55	35/361	7/190	+00:00:31	CRANFORD
3/19	VEURINK, PEYTON	1409	00:24:38.422	04:55	07:55	36/361	8/190	+00:00:32	COALDALE
4/19	VEURINK, JORDYNN	1406	00:24:49.244	04:57	07:58	39/361	9/190	+00:00:43	COALDALE
5/19	VEURINK, RAELYNN	1410	00:28:55.983	05:47	09:18	92/361	32/190	+00:04:50	COALDALE
6/19	HOOGERDYK, JOCELYN	1240	00:28:57.100	05:47	09:18	93/361	33/190	+00:04:51	COALDALE
7/19	VAN KAMMEN, DAYNA	1474	00:29:20.485	05:52	09:26	97/361	35/190	+00:05:14	CRANFORD
8/19	DIEK, MEAGHAN	1456	00:31:40.306	06:20	10:11	120/361	42/190	+00:07:34	COALDALE
9/19	RICHARDS, AUTUMN	1342	00:32:19.171	06:27	10:23	126/361	44/190	+00:08:13	COALDALE
10/19	EYDING, ISABELLE	1480	00:32:42.727	06:32	10:31	130/361	46/190	+00:08:37	COALDALE
11/19	MACKAY, DANIKA	1493	00:32:59.420	06:35	10:36	137/361	48/190	+00:08:53	COALDALE
12/19	VANDERMOLLEN, ABIGAIL	1396	00:33:00.409	06:36	10:36	138/361	49/190	+00:08:54	COALDALE
13/19	VAN ASSEN, EUNIECE	1471	00:33:10.856	06:38	10:40	141/361	51/190	+00:09:05	COALDALE
14/19	BULTENA, ABBY	1151	00:34:18.850	06:51	11:02	154/361	58/190	+00:10:13	COALDALE
15/19	LEFFERS, SOPHIA	1465	00:36:40.575	07:20	11:47	176/361	74/190	+00:12:34	COALDALE
16/19	ALLEN, AVERY	1436	00:36:49.728	07:21	11:50	177/361	75/190	+00:12:44	COALDALE
17/19	LEFFERS, KYLIE	1464	00:37:53.003	07:34	12:10	182/361	77/190	+00:13:47	COALDALE
18/19	PAUL, MCKAYLA	1316	00:41:03.957	08:12	13:12	208/361	93/190	+00:16:58	TABER
19/19	FRENCH, ELLY	1443	01:00:13.140	12:02	19:21	343/361	179/190	+00:36:07	COALDALE

## 5K11-14M - 18 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/18	VANDERHEIDE, ISAIAH	1287	00:20:52.793	04:10	06:42	5/361	5/171	+00:00:00	COALDALE
2/18	DE VISSER, JOEL	1498	00:21:27.034	04:17	06:53	7/361	6/171	+00:00:34	COALDALE
3/18	SENNEKER, OWEN	1360	00:22:19.082	04:27	07:10	11/361	10/171	+00:01:26	COALDALE
4/18	YPMA, MARK	1433	00:25:00.821	05:00	08:02	44/361	32/171	+00:04:08	PURPLE SPRINGS
5/18	SENNEKER, KEALON	1359	00:25:02.189	05:00	08:03	45/361	33/171	+00:04:09	COALDALE
6/18	VAN REEUWYK, KARSIN	1476	00:25:12.675	05:02	08:06	48/361	36/171	+00:04:19	COALDALE
7/18	LE GRANGE, JACQUES	1279	00:28:30.982	05:42	09:10	86/361	59/171	+00:07:38	COALDALE
8/18	VANDERMOLLEN, OWEN	1399	00:29:10.219	05:50	09:22	95/361	61/171	+00:08:17	COALDALE
9/18	BAREMAN, ETHAN	1115	00:29:11.068	05:50	09:23	96/361	62/171	+00:08:18	TABER
10/18	DEBOER, ADAM	1455	00:29:41.386	05:56	09:32	101/361	64/171	+00:08:48	COALDALE
11/18	CLARKE, TANNER	1503	00:32:54.432	06:34	10:34	133/361	87/171	+00:12:01	COALDALE
12/18	KELLY, CAM	1500	00:33:51.968	06:46	10:53	152/361	96/171	+00:12:59	PICTURE BUTTE
13/18	PAUL, JACOB	1314	00:40:25.785	08:05	12:59	202/361	113/171	+00:19:32	TABER
14/18	BULTENA, NATHAN	1158	00:42:43.960	08:32	13:44	223/361	120/171	+00:21:51	COALDALE
15/18	LITTLE MUSTACHE, MANNY	1286	00:52:18.187	10:27	16:49	285/361	142/171	+00:31:25	PIIKANI
16/18	LEFFERS, DAREK	1461	00:52:48.175	10:33	16:58	291/361	144/171	+00:31:55	COALDALE
17/18	MANY SWAN, JEREMIAH	1296	00:57:36.227	11:31	18:31	327/361	157/171	+00:36:43	PIIKANI
18/18	VAN DYK, RILEY	1389	00:58:33.348	11:42	18:49	335/361	162/171	+00:37:40	COALDALE

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

## Category Results

5K Run - 3.1 Miles  
361 Finishers

## 5K15-19F - 11 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/11	FROESE, JESSICA	1204	00:26:13.083	05:14	08:25	61/361	14/190	+00:00:00	RAYMOND
2/11	CAVAGNERO, GRETA	1494	00:26:37.246	05:19	08:33	64/361	15/190	+00:00:24	LETHBRIDGE
3/11	HUBER, LIA	1497	00:27:02.296	05:24	08:41	70/361	19/190	+00:00:49	COALDALE
4/11	TOWNLEY, JULIA	1379	00:27:26.972	05:29	08:49	73/361	21/190	+00:01:13	LETHBRIDGE
5/11	KOK, EMMA	1272	00:28:42.063	05:44	09:13	89/361	30/190	+00:02:28	COALDALE
6/11	FABREGUES DESPELCHIN, MAELIE	1192	00:28:49.719	05:45	09:16	90/361	31/190	+00:02:36	COALDALE
7/11	ANDREWS, TEHYA	1108	00:32:58.942	06:35	10:36	136/361	47/190	+00:06:45	LETHBRIDGE
8/11	FUJIKAWA, MEI	1206	00:34:42.132	06:56	11:09	158/361	62/190	+00:08:29	LETHBRIDGE
9/11	PERSSON, OLIVIA	1321	00:39:49.328	07:57	12:48	196/361	85/190	+00:13:36	LETHBRIDGE
10/11	STEVERLYNCK, JUDIT	1366	00:41:59.313	08:23	13:30	218/361	101/190	+00:15:46	LETHBRIDGE
11/11	VEURINK, MACKENNA	1408	00:56:40.731	11:20	18:13	320/361	166/190	+00:30:27	COALDALE

## 5K15-19M - 13 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/13	TUCEK, LUKASH	1380	00:21:36.692	04:19	06:56	8/361	7/171	+00:00:00	LETHBRIDGE
2/13	MRAK, KASON	1307	00:22:47.821	04:33	07:19	14/361	13/171	+00:01:11	COALDALE
3/13	DEBOER, OWEN	1186	00:23:05.155	04:37	07:25	18/361	16/171	+00:01:28	COALDALE
4/13	TINGA, ALEC	1376	00:23:15.735	04:39	07:28	19/361	17/171	+00:01:39	COALDALE
5/13	MOHAMED, KAYSAN	1305	00:24:06.924	04:49	07:45	26/361	22/171	+00:02:30	LETHBRIDGE
6/13	DEBOER, LIAM	1185	00:24:32.841	04:54	07:53	32/361	26/171	+00:02:56	COALDALE
7/13	NEIL, KALEB	1311	00:25:39.890	05:07	08:15	55/361	42/171	+00:04:03	LETHBRIDGE
8/13	FABREGUES DESPELCHEN, CLEMENT	1502	00:28:50.339	05:46	09:16	91/361	60/171	+00:07:13	PICTURE BUTTE
9/13	RED YOUNG MAN, BRAYDEN	1447	00:29:55.394	05:59	09:37	107/361	69/171	+00:08:18	BROCKET
10/13	MESHEN, GAVIN	1302	00:31:15.412	06:15	10:03	117/361	77/171	+00:09:38	MEDICINE HAT
11/13	HOLTHE, RYDER	1239	00:32:10.801	06:26	10:20	122/361	80/171	+00:10:34	LETHBRIDGE
12/13	ALLEN, CALE	1437	00:36:00.439	07:12	11:34	170/361	101/171	+00:14:23	COALDALE
13/13	LAVIN, MATTIZ	1501	00:37:17.531	07:27	11:59	181/361	105/171	+00:15:40	PICTURE BUTTE

## 5K20-29F - 31 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/31	ARIK, KATELYN	1111	00:29:32.274	05:54	09:29	98/361	36/190	+00:00:00	MONARCH
2/31	ANDERSON, BRITTANY	1104	00:32:15.529	06:27	10:22	125/361	43/190	+00:02:43	LETHBRIDGE
3/31	AHLGREN, SAMANTHA	1482	00:33:09.733	06:37	10:39	140/361	50/190	+00:03:37	LETHBRIDGE
4/31	CLARK, KARLEEN	1168	00:34:57.496	06:59	11:14	161/361	64/190	+00:05:25	COALDALE
5/31	SCHMIDT, BRITNEY	1356	00:35:23.072	07:04	11:22	165/361	66/190	+00:05:50	LETHBRIDGE
6/31	DUURSMA, JACLYN	1189	00:35:45.695	07:09	11:29	168/361	68/190	+00:06:13	LETHBRIDGE
7/31	TOKARIUK, REBECCA	1377	00:36:08.161	07:13	11:37	171/361	70/190	+00:06:35	LETHBRIDGE COL
8/31	MORNING BULL, LYDIA	1306	00:36:15.832	07:15	11:39	172/361	71/190	+00:06:43	PIIKANI
9/31	KAISER, CHANTELLE	1262	00:38:31.117	07:42	12:23	184/361	79/190	+00:08:58	TABER
10/31	FONTAINE, ABI	1200	00:39:20.794	07:52	12:39	193/361	83/190	+00:09:48	LETHBRIDGE
11/31	FIRTH, SHAVANA	1195	00:39:50.853	07:58	12:48	197/361	86/190	+00:10:18	LETHBRIDGE
12/31	BECKER, ERIN	1124	00:39:51.217	07:58	12:48	198/361	87/190	+00:10:18	COALDALE
13/31	JANZEN, JENNA	1259	00:40:25.061	08:05	12:59	201/361	89/190	+00:10:52	COALDALE
14/31	ROMEO, ERICA	1349	00:41:18.232	08:15	13:16	211/361	96/190	+00:11:45	COALDALE
15/31	SCOTT, BRENNNA	1357	00:41:30.869	08:18	13:20	213/361	98/190	+00:11:58	LETHBRIDGE
16/31	YELLOW HORN, DEEG	1327	00:46:35.615	09:19	14:58	251/361	121/190	+00:17:03	PIIKANI
17/31	BAREMAN, SHYANNE	1120	00:49:05.426	09:49	15:47	269/361	132/190	+00:19:33	COALDALE
18/31	BESON, MAGGIE-MAE	1130	00:49:29.803	09:53	15:54	270/361	133/190	+00:19:57	COALDALE
19/31	CHMILAR, SARAH	1165	00:51:06.161	10:13	16:25	276/361	137/190	+00:21:33	COALDALE
20/31	VASAS, BAILEY	1401	00:51:40.104	10:20	16:36	278/361	139/190	+00:22:07	COALDALE
21/31	BOS, HANNAH	1143	00:51:40.933	10:20	16:37	279/361	140/190	+00:22:08	COALDALE
22/31	JORDYN, MOORE	1330	00:54:44.757	10:56	17:36	301/361	154/190	+00:25:12	COALDALE
23/31	BOWMAN, PETRA	1146	00:54:49.398	10:57	17:37	305/361	158/190	+00:25:17	LETHBRIDGE
24/31	HARROLD, BRITTANY	1221	00:55:45.839	11:09	17:55	314/361	163/190	+00:26:13	COALDALE
25/31	SEWARD, MEGAN	1361	00:56:13.114	11:14	18:04	317/361	165/190	+00:26:40	COALDALE
26/31	BANDSTRA, SUSIE	1112	00:56:54.586	11:22	18:17	321/361	167/190	+00:27:22	LETHBRIDGE
27/31	SMITH, KESLEY	1449	00:57:11.274	11:26	18:23	325/361	170/190	+00:27:39	BUDA
28/31	SAILER, MACKENZIE	1352	00:57:36.236	11:31	18:31	328/361	171/190	+00:28:03	COALDALE
29/31	STRAUSS, SHAYLYN	1368	01:01:58.669	12:23	19:55	348/361	183/190	+00:32:26	LETHBRIDGE
30/31	BOS, TAMARA	1440	01:03:06.940	12:37	20:17	349/361	184/190	+00:33:34	COALDALE
31/31	HALMA, CARINA	1218	01:03:09.995	12:37	20:18	350/361	185/190	+00:33:37	BARNWELL

## 5K20-29M - 19 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/19	BETT, JAMES	1132	00:20:04.654	04:00	06:27	3/361	3/171	+00:00:00	COALDALE
2/19	YANKE, DUSTIN	1428	00:23:18.555	04:39	07:29	20/361	18/171	+00:03:13	COALDALE
3/19	HOWG, RUSTY	1246	00:25:27.387	05:05	08:11	50/361	38/171	+00:05:22	COALDALE

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

## Category Results

5K Run - 3.1 Miles  
361 Finishers

## 5K20-29M - 19 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
4/19	WIGTON, ANDREW	1422	00:26:43.443	05:20	08:35	67/361	50/171	+00:06:38	LETHBRIDGE
5/19	BAREMAN, GAVIN	1116	00:30:03.941	06:00	09:40	109/361	71/171	+00:09:59	TABER
6/19	FONTAINE, SHAWN	1202	00:32:11.675	06:26	10:21	123/361	81/171	+00:12:07	COALDALE
7/19	FIRTH, CODY	1194	00:33:00.645	06:36	10:36	139/361	90/171	+00:12:55	LETHBRIDGE
8/19	GEERAERT, CARTER	1212	00:33:29.312	06:41	10:46	144/361	93/171	+00:13:24	TABER
9/19	GEERAERT, MITCHELL	1213	00:33:29.495	06:41	10:46	145/361	94/171	+00:13:24	TABER
10/19	NIELSEN, DEVON	1468	00:35:03.949	07:00	11:16	162/361	98/171	+00:14:59	LETHBRIDGE COL
11/19	KAWCHUK, MICHAEL	1266	00:38:47.744	07:45	12:28	189/361	108/171	+00:18:43	LETHBRIDGE
12/19	JANZEN, SHANE	1260	00:40:21.523	08:04	12:58	199/361	112/171	+00:20:16	COALDALE
13/19	CONNON, CHRISTIAN	1170	00:40:51.293	08:10	13:08	206/361	115/171	+00:20:46	COALDALE
14/19	FLOBERT, WILLIAM	1197	00:47:32.869	09:30	15:17	261/361	132/171	+00:27:28	COALDALE
15/19	DODD, CODEY	1508	00:48:22.071	09:40	15:33	266/361	136/171	+00:28:17	LETHBRIDGE
16/19	DAKOTA, MOORE	1331	00:54:51.731	10:58	17:38	306/361	148/171	+00:34:47	COALDALE
17/19	STIGTER, JOEL	1367	00:54:51.921	10:58	17:38	307/361	149/171	+00:34:47	MEDICINE HAT
18/19	ANKERMANN, MITCH	1439	00:57:08.763	11:25	18:22	324/361	155/171	+00:37:04	LETHBRIDGE
19/19	MALINOWSKI, ANTHONY	1293	01:01:57.336	12:23	19:55	347/361	165/171	+00:41:52	LETHBRIDGE

## 5K30-39F - 38 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/38	NELSON, KAILYN	1312	00:21:16.188	04:15	06:50	6/361	1/190	+00:00:00	LETHBRIDGE
2/38	MCALLEESE, STEPHANIE	1300	00:24:58.677	04:59	08:01	43/361	12/190	+00:03:42	LETHBRIDGE
3/38	WEISS, NADIA	1419	00:26:37.561	05:19	08:33	65/361	16/190	+00:05:21	COALDALE
4/38	REMPEL, CARRIE	1339	00:26:39.416	05:19	08:34	66/361	17/190	+00:05:23	PICTURE BUTTE
5/38	JAKOBER, LINDSEY	1257	00:27:31.341	05:30	08:50	74/361	22/190	+00:06:15	PICTURE BUTTE
6/38	VANDER HEYDEN, MANDY	1395	00:27:46.953	05:33	08:55	79/361	26/190	+00:06:30	LETHBRIDGE
7/38	REIS, LISA	1338	00:28:15.950	05:39	09:05	83/361	27/190	+00:06:59	COALDALE
8/38	VAN DIJK, MARLEY	1382	00:28:37.686	05:43	09:12	88/361	29/190	+00:07:21	COALDALE
9/38	YPMA, JENNETTE	1431	00:29:42.179	05:56	09:33	102/361	38/190	+00:08:25	PURPLE SPRINGS
10/38	HOLTHE, RACHEL	1238	00:33:47.188	06:45	10:51	149/361	54/190	+00:12:31	LETHBRIDGE
11/38	DE BOER, MELISSA	1183	00:33:48.351	06:45	10:52	150/361	55/190	+00:12:32	COALDALE
12/38	HEATHER, AMY	1226	00:36:22.333	07:16	11:41	173/361	72/190	+00:15:06	COALDALE
13/38	FROESE, LEANNE	1205	00:36:52.794	07:22	11:51	178/361	76/190	+00:15:36	RAYMOND
14/38	BILCIK, KATHRYN	1453	00:38:37.252	07:43	12:25	185/361	80/190	+00:17:21	COALDALE
15/38	HAYES, JEN	1187	00:38:37.444	07:43	12:25	186/361	81/190	+00:17:21	COALDALE
16/38	VOSSEBELT, DEB	1451	00:38:57.079	07:47	12:31	191/361	82/190	+00:17:40	LETHBRIDGE
17/38	VAN KAMMEN, LEANNE	1491	00:42:38.090	08:31	13:42	220/361	103/190	+00:21:21	CRANFORD
18/38	MULDER, ANGELA	1309	00:43:59.342	08:47	14:08	233/361	108/190	+00:22:43	LETHBRIDGE
19/38	BILLECK, ALISON	1135	00:44:00.613	08:48	14:09	234/361	109/190	+00:22:44	COALDALE
20/38	COOK, TATIANA	1173	00:45:11.081	09:02	14:31	243/361	116/190	+00:23:54	COALDALE
21/38	HUGHES, SANDI	1249	00:45:53.073	09:10	14:45	245/361	117/190	+00:24:36	LETHBRIDGE
22/38	HUMMEL, RACHEL	1250	00:46:09.609	09:13	14:50	246/361	118/190	+00:24:53	COALHURST
23/38	SURYARANSHI, MANASI	1369	00:46:11.972	09:14	14:51	247/361	119/190	+00:24:55	COALDALE
24/38	BISSCHOP, HEATHER	1138	00:47:09.209	09:25	15:09	257/361	127/190	+00:25:53	COALDALE
25/38	LIEVAART, BRITNEY	1283	00:47:32.732	09:30	15:17	260/361	129/190	+00:26:16	CRANFORD
26/38	BEAUCHAMP, SHANNON	1509	00:49:52.758	09:58	16:02	271/361	134/190	+00:28:36	LETHBRIDGE
27/38	COOK, JODY	1172	00:51:06.254	10:13	16:25	277/361	138/190	+00:29:50	COALDALE
28/38	LE GRANGE, HETTIE	1278	00:52:37.714	10:31	16:55	288/361	145/190	+00:31:21	COALDALE
29/38	BULTENA, MICHELLE	1157	00:52:38.786	10:31	16:55	289/361	146/190	+00:31:22	COALDALE
30/38	COLLINS, FRANCES	1169	00:53:17.667	10:39	17:08	294/361	149/190	+00:32:01	LETHBRIDGE
31/38	LOHUES, KRISTEN	1290	00:54:18.753	10:51	17:27	298/361	151/190	+00:33:02	LETHBRIDGE
32/38	LEFFERS, JENNIFER	1463	00:54:38.407	10:55	17:34	300/361	153/190	+00:33:22	COALDALE
33/38	CRABB, ASHLEY	1177	00:54:47.179	10:57	17:36	303/361	156/190	+00:33:30	LETHBRIDGE
34/38	LAPIERRE, TARYN	1276	00:54:48.235	10:57	17:37	304/361	157/190	+00:33:32	COALDALE
35/38	BODNARCHUK, STEPHANIE	1140	00:56:55.643	11:23	18:18	322/361	168/190	+00:35:39	FORT MACLEOD
36/38	VAN DYK, JESS	1385	00:58:30.879	11:42	18:48	332/361	173/190	+00:37:14	COALDALE
37/38	TIMMERMAN, GERRIANE	1373	01:03:41.293	12:44	20:28	353/361	187/190	+00:42:25	LETHBRIDGE
38/38	BEEKMAN, AUDREY	1126	01:07:09.605	13:25	21:35	360/361	190/190	+00:45:53	COALDALE

## 5K30-39M - 27 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/27	LEBLANC, JOSHUA	1282	00:16:47.315	03:21	05:23	1/361	1/171	+00:00:00	LETHBRIDGE
2/27	HILL, JOSHUA	1229	00:19:53.933	03:58	06:23	2/361	2/171	+00:03:06	RAYMOND
3/27	HAYES, DUSTIN	1220	00:22:24.207	04:28	07:12	12/361	11/171	+00:05:36	COALDALE
4/27	LJA, ROB	1288	00:23:01.397	04:36	07:24	16/361	14/171	+00:06:14	COALDALE
5/27	CLARK, JARED	1167	00:24:03.707	04:48	07:44	23/361	20/171	+00:07:16	COALDALE
6/27	BRACK, TYLER	1148	00:24:06.230	04:49	07:45	25/361	21/171	+00:07:18	LETHBRIDGE
7/27	VANDERGAAG, TYLER	1245	00:24:10.801	04:50	07:46	27/361	23/171	+00:07:23	TABER

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

## Category Results

5K Run - 3.1 Miles  
361 Finishers

## 5K30-39M - 27 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
8/27	TROCKSTAD, CHAD	1483	00:24:34.181	04:54	07:54	33/361	27/171	+00:07:46	COALDALE
9/27	SCHAFTHUIZEN, DEVIN	1355	00:25:21.164	05:04	08:09	49/361	37/171	+00:08:33	LETHBRIDGE
10/27	MANY SWAN, EVAN	1295	00:25:44.095	05:08	08:16	57/361	44/171	+00:08:56	FORT MACLEOD
11/27	VANDERMOLEN, JOEL	1398	00:26:09.001	05:13	08:24	60/361	47/171	+00:09:21	COALDALE
12/27	BEAUCHAMP, KYLE	1123	00:26:49.331	05:21	08:37	68/361	51/171	+00:10:02	LETHBRIDGE
13/27	BEEKMAN, JASON	1128	00:27:40.386	05:32	08:53	78/361	53/171	+00:10:53	COALDALE
14/27	HOWG, TJ	1247	00:27:57.241	05:35	08:59	81/361	55/171	+00:11:09	COALDALE
15/27	ELFORD, SCOTT	1191	00:28:10.505	05:38	09:03	82/361	56/171	+00:11:23	COALDALE
16/27	HUGHES, LIAM	1248	00:29:44.206	05:56	09:33	103/361	65/171	+00:12:56	LETHBRIDGE
17/27	WHITE, MATT	1420	00:30:35.484	06:07	09:50	112/361	72/171	+00:13:48	LETHBRIDGE
18/27	EAVES, BRYCE	1190	00:30:51.434	06:10	09:55	113/361	73/171	+00:14:04	LETHBRIDGE
19/27	HIEMSTRA, KYLE	1228	00:32:11.735	06:26	10:21	124/361	82/171	+00:15:24	COALDALE
20/27	KOBA, TIM	1271	00:32:26.010	06:29	10:25	127/361	83/171	+00:15:38	COALDALE
21/27	SINGH, PARAM	1365	00:33:15.381	06:39	10:41	142/361	91/171	+00:16:28	COALDALE
22/27	REMPEL, SHAWN	1340	00:41:33.122	08:18	13:21	215/361	116/171	+00:24:45	PICTURE BUTTE
23/27	LOHUES, CONNOR	1289	00:54:18.490	10:51	17:27	297/361	147/171	+00:37:31	LETHBRIDGE
24/27	SAILER, SCOTT	1353	00:57:34.864	11:30	18:30	326/361	156/171	+00:40:47	COALDALE
25/27	BAREMAN, JORDAN	1118	00:58:04.353	11:36	18:40	330/361	158/171	+00:41:17	COALDALE
26/27	VAN DYK, JEFF	1384	00:58:32.087	11:42	18:49	334/361	161/171	+00:41:44	COALDALE
27/27	TORGUNRUD, DUSTIN	1378	01:08:17.659	13:39	21:57	361/361	171/171	+00:51:30	COALDALE

## 5K40-49F - 26 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/26	PINDER, ERIN	1452	00:22:53.679	04:34	07:21	15/361	2/190	+00:00:00	LETHBRIDGE
2/26	TUCKOVA, HEATHER	1381	00:23:52.798	04:46	07:40	22/361	3/190	+00:00:59	LETHBRIDGE
3/26	MRAK, LAURA	1308	00:24:16.147	04:51	07:48	29/361	5/190	+00:01:22	COALDALE
4/26	ROEMMELE, TRACEY	1346	00:24:24.375	04:52	07:50	31/361	6/190	+00:01:30	LETHBRIDGE
5/26	FERGUSON, BILLIE-JO	1193	00:24:58.100	04:59	08:01	42/361	11/190	+00:02:04	TABER
6/26	OEVERING, LENA	1470	00:27:22.238	05:28	08:48	72/361	20/190	+00:04:28	COALDALE
7/26	VEURINK, TINA	1412	00:27:39.159	05:31	08:53	77/361	25/190	+00:04:45	COALDALE
8/26	SHAW, MICHELLE	1362	00:28:33.275	05:42	09:10	87/361	28/190	+00:05:39	COALDALE
9/26	PEACOCK, CARRIE	1318	00:30:19.141	06:03	09:44	110/361	39/190	+00:07:25	LETHBRIDGE
10/26	BAREMAN, NATALIE	1119	00:33:36.926	06:43	10:48	146/361	52/190	+00:10:43	TABER
11/26	LEBLANC, SARAH	1481	00:34:20.291	06:52	11:02	155/361	59/190	+00:11:26	COALDALE
12/26	COQUET, LEANNE	1175	00:35:04.111	07:00	11:16	164/361	65/190	+00:12:10	COALDALE
13/26	PERRY, SALINA	1319	00:35:54.562	07:10	11:32	169/361	69/190	+00:13:00	LETHBRIDGE
14/26	ROELOFSEN, BRANDI	1345	00:39:46.348	07:57	12:47	195/361	84/190	+00:16:52	LETHBRIDGE
15/26	MESHEN, MICHELLE	1303	00:40:50.525	08:10	13:07	205/361	91/190	+00:17:56	MEDICINE HAT
16/26	PAUL, KIMMIE	1315	00:41:11.300	08:14	13:14	209/361	94/190	+00:18:17	TABER
17/26	BARNES, KRISTY	1122	00:41:56.907	08:23	13:29	217/361	100/190	+00:19:03	PICTURE BUTTE
18/26	FONTAINE, JAIME	1201	00:43:23.802	08:40	13:57	228/361	105/190	+00:20:30	LETHBRIDGE
19/26	PERSSON, VANESSA	1322	00:46:35.913	09:19	14:59	252/361	122/190	+00:23:42	LETHBRIDGE
20/26	SWEETGRASS, SARAH	1450	00:47:43.980	09:32	15:20	264/361	130/190	+00:24:50	LETHBRIDGE
21/26	HORNE, CURT	1243	00:50:14.074	10:02	16:09	272/361	135/190	+00:27:20	COALDALE
22/26	FOLDEN, SARA	1199	00:54:25.855	10:53	17:30	299/361	152/190	+00:31:32	COALDALE
23/26	COX, SHAUNA	1454	00:55:17.694	11:03	17:46	310/361	160/190	+00:32:24	COALDALE
24/26	WHITE, MARNIE	1478	00:56:55.686	11:23	18:18	323/361	169/190	+00:34:02	LETHBRIDGE
25/26	ALLEN, AMANDA	1435	01:00:16.319	12:03	19:22	344/361	180/190	+00:37:22	COALDALE
26/26	FRENCH, RIANNA	1444	01:00:16.384	12:03	19:22	345/361	181/190	+00:37:22	COALDALE

## 5K40-49M - 19 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/19	MESHEN, ROBBIE	1304	00:20:14.856	04:02	06:30	4/361	4/171	+00:00:00	MEDICINE HAT
2/19	MALINKOWSKI, MAC	1292	00:21:44.783	04:20	06:59	9/361	8/171	+00:01:29	LETHBRIDGE
3/19	PAUL, TYLER	1317	00:23:04.547	04:36	07:25	17/361	15/171	+00:02:49	TABER
4/19	VEURINK, IVAN	1405	00:24:49.228	04:57	07:58	38/361	30/171	+00:04:34	COALDALE
5/19	CUMMING, NICHOLAS	1181	00:24:55.289	04:59	08:00	41/361	31/171	+00:04:40	LETHBRIDGE
6/19	WALDORF, RYAN	1417	00:25:33.215	05:06	08:12	52/361	39/171	+00:05:18	LETHBRIDGE
7/19	BULLOCK, BRADLEY	1150	00:25:39.853	05:07	08:15	54/361	41/171	+00:05:24	COALDALE
8/19	KRAMPS, JESSE	1274	00:25:41.745	05:08	08:15	56/361	43/171	+00:05:26	LETHBRIDGE
9/19	GALLANT, BRAD	1208	00:26:21.129	05:16	08:28	62/361	48/171	+00:06:06	LETHBRIDGE
10/19	HOLTHE, BRETT	1237	00:29:37.867	05:55	09:31	100/361	63/171	+00:09:23	LETHBRIDGE
11/19	MAZEROLLE, KEVIN	1299	00:31:05.916	06:13	09:59	114/361	74/171	+00:10:51	LETHBRIDGE
12/19	LE GRANGE, JP	1280	00:32:30.979	06:30	10:27	129/361	84/171	+00:12:16	COALDALE
13/19	DIEK, LEON	1442	00:33:37.205	06:43	10:48	147/361	95/171	+00:13:22	COALDALE
14/19	BAREMAN, TRAVIS	1121	00:34:44.452	06:56	11:10	159/361	97/171	+00:14:29	TABER
15/19	SHOEMAKER, TYLER	1364	00:37:17.002	07:27	11:59	180/361	104/171	+00:17:02	LETHBRIDGE

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

## Category Results

5K Run - 3.1 Miles  
361 Finishers

## 5K40-49M - 19 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
16/19	BULTENA, BRANDON	1152	00:43:42.036	08:44	14:03	229/361	124/171	+00:23:27	COALDALE
17/19	GOOD EAGLE, LJ	1445	00:47:42.601	09:32	15:20	263/361	134/171	+00:27:27	LETHBRIDGE
18/19	FOLDEN, JAMIE	1198	00:55:49.123	11:09	17:56	315/361	152/171	+00:35:34	COALDALE
19/19	TIMMERMAN, TOINE	1375	01:03:24.527	12:40	20:23	351/361	166/171	+00:43:09	LETHBRIDGE

## 5K50-59F - 18 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/18	GAUTHIER, HEATHER	1210	00:25:28.952	05:05	08:11	51/361	13/190	+00:00:00	LETHBRIDGE
2/18	RADOWITS, SAMANTHA	1334	00:27:02.211	05:24	08:41	69/361	18/190	+00:01:33	LETHBRIDGE
3/18	WAGENAAR, JANE	1507	00:29:04.785	05:48	09:21	94/361	34/190	+00:03:35	LETHBRIDGE
4/18	KASKO, SHANNON	1264	00:30:29.832	06:05	09:48	111/361	40/190	+00:05:00	COALDALE
5/18	DE WEERD, RITA	1184	00:31:17.801	06:15	10:03	118/361	41/190	+00:05:48	COALDALE
6/18	BOYCE, JANE	1147	00:33:51.822	06:46	10:53	151/361	56/190	+00:08:22	LETHBRIDGE
7/18	MAY, JACKIE	1298	00:34:20.487	06:52	11:02	156/361	60/190	+00:08:51	COALDALE
8/18	GEERAERT, ARLENE	1211	00:36:36.479	07:19	11:46	174/361	73/190	+00:11:07	TABER
9/18	WIELENGA, JOHANNA	1421	00:41:32.769	08:18	13:21	214/361	99/190	+00:16:03	COALDALE
10/18	PITSTRA, JACKIE	1325	00:44:39.434	08:55	14:21	239/361	114/190	+00:19:10	COALDALE
11/18	HOFSTRA, DOROTHY	1231	00:46:23.188	09:16	14:54	250/361	120/190	+00:20:54	TABER
12/18	KOZIER, MARY-ANN	1273	00:50:17.410	10:03	16:10	274/361	136/190	+00:24:48	COALDALE
13/18	BOWMAN, NANCY	1492	00:54:46.060	10:57	17:36	302/361	155/190	+00:29:17	LETHBRIDGE
14/18	ANTONY, LANA	1109	00:54:58.237	10:59	17:40	308/361	159/190	+00:29:29	COALDALE
15/18	LITTLE, SHANNON	1467	00:55:18.124	11:03	17:46	311/361	161/190	+00:29:49	COALDALE
16/18	ROOSEN, DENISE	1350	00:55:29.610	11:05	17:50	312/361	162/190	+00:30:00	COALDALE
17/18	JOHNSTONE, JOY	1261	00:56:05.940	11:13	18:02	316/361	164/190	+00:30:36	COALDALE
18/18	ALLEN, ROSE	1103	00:59:09.351	11:49	19:01	341/361	177/190	+00:33:40	LETHBRIDGE

## 5K50-59M - 14 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/14	WORTHANNAM, JOHN	1425	00:21:58.224	04:23	07:03	10/361	9/171	+00:00:00	LETHBRIDGE
2/14	ROBERTSON, WILF	1448	00:24:23.850	04:52	07:50	30/361	25/171	+00:02:25	COALDALE
3/14	HENRY, GLENN	1227	00:24:40.947	04:56	07:56	37/361	29/171	+00:02:42	COALDALE
4/14	MARKS, CORWIN	1297	00:25:11.223	05:02	08:05	46/361	34/171	+00:03:12	BROOKS
5/14	WALTER, GREG	1418	00:26:34.270	05:18	08:32	63/361	49/171	+00:04:36	COALDALE
6/14	KASKO, RYAN	1263	00:28:19.880	05:39	09:06	84/361	57/171	+00:06:21	COALDALE
7/14	BROADBENT, GREGORY	1149	00:28:23.822	05:40	09:07	85/361	58/171	+00:06:25	LETHBRIDGE
8/14	ALLEN, TERRY	1438	00:32:54.720	06:34	10:34	134/361	88/171	+00:10:56	COALDALE
9/14	GROVES, LACHLAND	1217	00:39:06.145	07:49	12:34	192/361	110/171	+00:17:07	LETHBRIDGE
10/14	ABREY, JACEN	1101	00:45:02.114	09:00	14:28	241/361	127/171	+00:23:03	COALDALE
11/14	HOFSTRA, ED	1232	00:46:23.077	09:16	14:54	249/361	130/171	+00:24:24	TABER
12/14	CONNICK, DEREK	1495	00:47:54.921	09:34	15:24	265/361	135/171	+00:25:56	LETHBRIDGE
13/14	RIJS, HANS	1343	00:54:58.795	10:59	17:40	309/361	150/171	+00:33:00	VOORBURG
14/14	ROOSEN, TERRY	1351	00:55:30.253	11:06	17:50	313/361	151/171	+00:33:32	COALDALE

## 5K60-69F - 9 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/9	JACKIE, HOFSTRA	1255	00:34:37.867	06:55	11:08	157/361	61/190	+00:00:00	COALDALE
2/9	FOWLER, CHRISTINE	1203	00:40:30.378	08:06	13:01	203/361	90/190	+00:05:52	COALDALE
3/9	WAGNER, KRIS	1416	00:42:48.564	08:33	13:45	224/361	104/190	+00:08:10	CASTLE ROCK
4/9	ISLEIFSON, IRENE	1254	00:44:11.738	08:50	14:12	235/361	110/190	+00:09:33	LETHBRIDGE
5/9	VOTH, EILEEN	1414	00:47:21.155	09:28	15:13	258/361	128/190	+00:12:43	COALDALE
6/9	KING, MONNIE	1268	00:52:16.422	10:27	16:48	282/361	142/190	+00:17:38	PIIKANI
7/9	KLIMA, LINDA	1270	00:52:38.953	10:31	16:55	290/361	147/190	+00:18:01	LETHBRIDGE
8/9	CHAPMAN, DEB	1164	00:58:48.741	11:45	18:54	340/361	176/190	+00:24:10	COALDALE
9/9	TIBBO, DOREEN	1370	01:01:48.120	12:21	19:52	346/361	182/190	+00:27:10	COALDALE

## 5K60-69M - 12 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/12	LOW, STEVEN	1291	00:22:40.345	04:32	07:17	13/361	12/171	+00:00:00	COALDALE
2/12	ARGYLE, GRAHAM	1110	00:24:14.776	04:50	07:47	28/361	24/171	+00:01:34	LETHBRIDGE
3/12	YELLOW HORN, JOESPH	1423	00:29:54.730	05:58	09:37	106/361	68/171	+00:07:14	PIIKANI
4/12	MCLEAN, PATRICK	1242	00:31:58.491	06:23	10:16	121/361	79/171	+00:09:18	COALDALE
5/12	VAN RIJN, JACK	1394	00:43:04.905	08:36	13:51	225/361	121/171	+00:20:24	COALDALE
6/12	PICKERING, DALE	1324	00:43:12.970	08:38	13:53	226/361	122/171	+00:20:32	COALDALE
7/12	ALKERTON, KEN	1102	00:43:15.599	08:39	13:54	227/361	123/171	+00:20:35	CASTLE ROCK
8/12	HOFSTRA, RON	1235	00:45:01.244	09:00	14:28	240/361	126/171	+00:22:20	COALDALE
9/12	BOSCH, JIM	1144	00:50:14.257	10:02	16:09	273/361	138/171	+00:27:33	COALDALE
10/12	CHAPMAN, BILL	1163	00:58:48.635	11:45	18:54	339/361	164/171	+00:36:08	COALDALE
11/12	TIBBO, MAX	1371	01:03:54.360	12:46	20:32	356/361	168/171	+00:41:14	COALDALE

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

## Category Results

5K Run - 3.1 Miles  
361 Finishers

## 5K60-69M - 12 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
12/12	ANDERSON, MARK	1107	01:05:42.699	13:08	21:07	357/361	169/171	+00:43:02	COALDALE

## 5K70+F - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/1	BURKE, CAROLYN	1159	00:48:42.474	09:44	15:39	267/361	131/190	+00:00:00	COALDALE

## 5K70+M - 5 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/5	ROELOFS, GLEN	1344	00:36:39.371	07:19	11:47	175/361	102/171	+00:00:00	COALDALE
2/5	SCOTT, JIM	1496	00:38:41.616	07:44	12:26	187/361	106/171	+00:02:02	COALDALE
3/5	COOPER, HAROLD	1174	00:38:43.335	07:44	12:27	188/361	107/171	+00:02:03	LETHBRIDGE
4/5	DEHAAS, JOHN	1441	00:40:31.057	08:06	13:01	204/361	114/171	+00:03:51	COALDALE
5/5	VOTH, JAKE	1415	00:56:32.790	11:18	18:10	318/361	153/171	+00:19:53	COALDALE