

## 2023 Coaldale 5K Family Fun Run

## Alpha Overall Results

## 5K - 3.1 Miles

## 611 Finishers

O/A	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat/PI	Gender	Gen/PI	City
344/611	ABREY, JACEN	1001	42:32.558	08:30	13:40	5K50-59M	14/17	M	199/289	COALDALE, AB
455/611	ABREY, VERA	1002	49:57.894	09:59	16:03	5K60-69F	10/19	F	214/322	COALDALE, AB
359/611	ALLEN, AMANDA	1445	43:49.535	08:45	14:05	5K40-49F	23/52	F	152/322	COALDALE, AB
215/611	ALLEN, AVERY	1446	32:40.948	06:32	10:30	5K11-14F	17/50	F	71/322	COALDALE, AB
358/611	ALLEN, TERRY	1447	43:49.188	08:45	14:05	5K50-59M	15/17	M	207/289	COALDALE, AB
304/611	ALVARADO-LOPEZ, SEBASTION	1118	38:44.277	07:44	12:27	5K07-10M	28/47	M	179/289	COALDALE, AB
120/611	ANDERSON, BRITTANY	1003	27:55.137	05:35	08:58	5K30-39F	8/58	F	28/322	LETHBRIDGE, AB
570/611	ANDERSON, CAROL	1004	58:41.138	11:44	18:52	5K60-69F	16/19	F	289/322	COALDALE, AB
70/611	ANDERSON, JUSTIN	1005	25:23.883	05:04	08:09	5K20-29M	8/29	M	60/289	LETHBRIDGE, AB
584/611	ANKERMANN, MITCH	1395	59:39.830	11:55	19:11	5K30-39M	45/45	M	285/289	COALDALE, AB
40/611	ARGYLE, GRAHAM	1007	23:35.083	04:43	07:35	5K60-69M	1/14	M	35/289	LETHBRIDGE, AB
220/611	ARVIDSON, ROB	1396	32:53.483	06:34	10:34	5K70+M	1/6	M	149/289	LETHBRIDGE, AB
498/611	ASCIONE, CHLOE	1534	53:06.602	10:37	17:04	5K20-29F	24/40	F	243/322	MAGRATH, AB
513/611	BABB, DYLAN	1008	54:38.794	10:55	17:34	5K20-29M	26/29	M	260/289	LETHBRIDGE, AB
361/611	BAKER, DARILYN	1009	44:02.384	08:48	14:09	5K40-49F	24/52	F	154/322	LETHBRIDGE, AB
362/611	BAKER, TIM	1010	44:02.598	08:48	14:09	5K40-49M	34/43	M	208/289	LETHBRIDGE, AB
263/611	BAREMAN, ALINA	1510	35:07.949	07:01	11:17	5K07-10F	11/42	F	101/322	TABER, AB
125/611	BAREMAN, GAVIN	1552	28:01.687	05:36	09:00	5K20-29M	13/29	M	97/289	TABER, AB
112/611	BAREMAN, JONAH	1553	27:39.717	05:31	08:53	5K11-14M	22/55	M	87/289	TABER, AB
202/611	BAREMAN, NATALIE	1511	32:08.665	06:25	10:20	5K40-49F	12/52	F	64/322	TABER, AB
136/611	BAREMAN, TRAVIS	1512	28:34.280	05:42	09:11	5K40-49M	18/43	M	106/289	TABER, AB
430/611	BARNES, CHARLOTTE	1011	48:01.968	09:36	15:26	5K06&UF	9/19	F	198/322	PICTURE BUTTE, AB
434/611	BARNES, KRISTY	1012	48:18.874	09:39	15:32	5K40-49F	33/52	F	201/322	PICTURE BUTTE, AB
537/611	BARTZ, MONICA	1013	56:04.864	11:12	18:01	5K50-59F	25/27	F	267/322	COALDALE, AB
481/611	BEEBE, LOLA	1014	52:03.909	10:24	16:44	5K11-14F	38/50	F	231/322	KAINAI, AB
173/611	BEEKMAN, ARIAN	1535	30:32.236	06:06	09:49	5K07-10M	15/47	M	126/289	COALDALE, AB
499/611	BEEKMAN, AUDREY	1536	53:08.046	10:37	17:05	5K30-39F	46/58	F	244/322	COALDALE, AB
241/611	BEEKMAN, ELLA	1015	33:39.766	06:43	10:49	5K07-10F	9/42	F	85/322	COALDALE, AB
523/611	BEEKMAN, ERIN	1016	55:30.652	11:06	17:50	5K40-49F	42/52	F	260/322	COALDALE, AB
246/611	BEEKMAN, JASON	1017	33:46.916	06:45	10:51	5K40-49M	27/43	M	157/289	COALDALE, AB
524/611	BEEKMAN, RHEA	1018	55:31.360	11:06	17:51	5K07-10F	36/42	F	261/322	COALDALE, AB
505/611	BENNETT, AMANDA	1019	54:13.326	10:50	17:26	5K40-49F	40/52	F	248/322	PICTURE BUTTE, AB
462/611	BERGEN, ELMER	1020	51:02.156	10:12	16:24	5K15-19M	18/18	M	243/289	COALDALE, AB
383/611	BERGEN, FRANZ	1021	45:41.335	09:08	14:41	5K20-29M	21/29	M	218/289	COALDALE, AB
9/611	BERGEN, JOHNNY	1577	20:44.697	04:08	06:40	5K15-19M	3/18	M	7/289	PICTURE BUTTE, AB
593/611	BERLINO, LILLITH	1448	1:00:44.948	12:08	19:32	5K11-14F	47/50	F	307/322	COALDALE, AB
497/611	BESAW, GAVIN	1449	53:06.313	10:37	17:04	5K11-14M	51/55	M	255/289	COALDALE, AB
501/611	BESON, MAGGIE-MAE	1022	53:25.762	10:41	17:10	5K20-29F	25/40	F	246/322	COALDALE, AB
373/611	BESON-WRIGHT, THOMAS	1023	45:04.294	09:00	14:29	5K07-10M	33/47	M	213/289	COALDALE, AB
14/611	BETT, JAMES	1649	21:27.400	04:17	06:53	5K20-29M	1/29	M	12/289	COALDALE, AB
471/611	BIG SWALLOW, LIAM	1025	51:37.899	10:19	16:36	5K11-14M	49/55	M	247/289	KAINAI, AB
582/611	BIRSS, BELLA	1537	59:36.090	11:55	19:09	5K11-14F	44/50	F	299/322	COALDALE, AB
351/611	BIRSS, COPELAND	1538	42:54.955	08:34	13:47	5K07-10M	32/47	M	203/289	COALDALE, AB
349/611	BIRSS, NOVA	1539	42:52.891	08:34	13:47	5K15-19M	17/18	M	201/289	COALDALE, AB
348/611	BIRSS, STEVE	1540	42:52.303	08:34	13:47	5K40-49M	32/43	M	200/289	COALDALE, AB
507/611	BISSCHOP, HEATHER	1628	54:19.398	10:51	17:28	5K30-39F	47/58	F	250/322	COALDALE, AB
143/611	BISSONETTE, MAKAYLA	1026	28:52.906	05:46	09:17	5K20-29F	3/40	F	32/322	LETHBRIDGE, AB
467/611	BLACK FOREHEAD, EMMA	1380	51:19.033	10:15	16:30	5K11-14F	34/50	F	222/322	KAINAI, AB
85/611	BLACK RABBIT, KEVIN	1028	26:17.345	05:15	08:27	5K11-14M	17/55	M	71/289	KAINAI, AB
281/611	BLACK-RIDER, CHARITY	1029	36:41.401	07:20	11:47	5K30-39F	25/58	F	109/322	LETHBRIDGE, AB
611/611	BOGAART, BEATRIX	1397	1:04:39.209	12:55	20:47	5K06&UF	19/19	F	322/322	LETHBRIDGE, AB
609/611	BOGAART, JANNA	1398	1:04:36.820	12:55	20:46	5K40-49F	52/52	F	320/322	LETHBRIDGE, AB
610/611	BOGAART, JULIANNA	1399	1:04:37.661	12:55	20:46	5K07-10F	42/42	F	321/322	LETHBRIDGE, AB
57/611	BOGAART, WILLIAM	1030	24:10.236	04:50	07:46	5K40-49M	9/43	M	51/289	LETHBRIDGE, AB
164/611	BOLSTAD, LESLIE	1450	30:04.337	06:00	09:40	5K11-14M	28/55	M	122/289	LETHBRIDGE COUNTY, AB
542/611	BOS, TAMARA	1031	56:19.031	11:15	18:06	5K20-29F	34/40	F	272/322	COALDALE, AB
483/611	BOSCH, JIM	1032	52:04.497	10:24	16:44	5K60-69M	9/14	M	251/289	COALDALE, AB

## 2023 Coaldale 5K Family Fun Run

## Alpha Overall Results

## 5K - 3.1 Miles

## 611 Finishers

O/A	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat/PI	Gender	Gen/PI	City
142/611	BOTMA, MELISSA	1541	28:50.556	05:46	09:16	5K30-39F	9/58	F	31/322	MONARCH, AB
559/611	BRACK, EASTON	1033	57:10.081	11:26	18:22	5K07-10M	47/47	M	279/289	LETHBRIDGE, AB
39/611	BRACK, TYLER	1034	23:34.631	04:42	07:34	5K30-39M	8/45	M	34/289	LETHBRIDGE, AB
141/611	BROADBENT, GREGORY	1036	28:45.673	05:45	09:14	5K50-59M	6/17	M	111/289	LETHBRIDGE, AB
99/611	BROWN, JORDAN	1037	27:14.048	05:26	08:45	5K30-39M	15/45	M	80/289	TABER, AB
275/611	BULLOCK, CHELSIE	1451	36:24.642	07:16	11:42	5K30-39F	24/58	F	105/322	BARNWELL, AB
575/611	BULLOCK, EMILY	1542	59:01.176	11:48	18:58	5K20-29F	39/40	F	294/322	LETHBRIDGE, AB
210/611	BULTENA, ABBY	1586	32:24.229	06:28	10:25	5K11-14F	16/50	F	68/322	COALDALE, AB
355/611	BULTENA, BRANDON	1588	43:33.296	08:42	14:00	5K40-49M	33/43	M	205/289	COALDALE, AB
285/611	BULTENA, CARSON	1590	37:00.152	07:24	11:53	5K06&UM	1/15	M	174/289	COALDALE, AB
414/611	BULTENA, JORDYNN	1589	47:22.055	09:28	15:13	5K06&UF	8/19	F	186/322	COALDALE, AB
257/611	BULTENA, LUCAS	1592	34:37.453	06:55	11:07	5K07-10M	22/47	M	160/289	COALDALE, AB
354/611	BULTENA, MACKENZIE	1591	43:32.732	08:42	14:00	5K07-10F	21/42	F	150/322	COALDALE, AB
436/611	BULTENA, MICHELLE	1587	48:27.782	09:41	15:34	5K30-39F	40/58	F	203/322	COALDALE, AB
118/611	BULTENA, NATHAN	1593	27:49.889	05:33	08:56	5K11-14M	24/55	M	91/289	COALDALE, AB
433/611	BURKE, CAROLINE	1038	48:10.566	09:38	15:29	5K70+F	3/4	F	200/322	COALDALE, AB
177/611	BURKE, DOUG	1452	30:43.480	06:08	09:52	5K50-59M	9/17	M	128/289	COALDALE, AB
132/611	BURKE, MARK	1453	28:30.409	05:42	09:09	5K15-19M	13/18	M	102/289	COALDALE, AB
165/611	BURNDRED, KARMYN	1401	30:06.415	06:01	09:40	5K15-19F	3/11	F	43/322	LETHBRIDGE, AB
394/611	BURSAW, HEATHER	1634	46:44.171	09:20	15:01	5K40-49F	27/52	F	172/322	COALDALE, AB
531/611	CHAPMAN, BILL	1039	55:50.828	11:10	17:57	5K60-69M	10/14	M	268/289	COALDALE, AB
17/611	CHATTERTON, ANNA	1040	21:40.440	04:20	06:58	5K11-14F	1/50	F	3/322	LETHBRIDGE, AB
30/611	CHATTERTON, STEVEN	1041	23:08.924	04:37	07:26	5K15-19M	6/18	M	26/289	LETHBRIDGE, AB
131/611	CHUPIUK, CHRIS	1042	28:25.177	05:41	09:08	5K40-49M	16/43	M	101/289	BEAUMONT, AB
152/611	CHUPIUK, DEBBIE	1043	29:19.345	05:51	09:25	5K40-49F	9/52	F	36/322	BEAUMONT, AB
3/611	CHUPIUK, JULIANNA	1044	19:31.920	03:54	06:16	5K15-19F	1/11	F	1/322	BEAUMONT, AB
4/611	CHUPIUK, RYLAN	1045	19:32.286	03:54	06:16	5K11-14M	1/55	M	3/289	BEAUMONT, AB
591/611	CHRISTENSEN, MARA	1046	1:00:43.980	12:08	19:31	5K07-10F	41/42	F	305/322	LETHBRIDGE, AB
201/611	CLARK, JARED	1402	32:06.946	06:25	10:19	5K30-39M	24/45	M	138/289	COALDALE, AB
520/611	CLARK, KALE	1554	55:12.965	11:02	17:45	5K11-14M	52/55	M	262/289	COALDALE, AB
83/611	CLARK, MARLEY	455	26:10.158	05:14	08:24	5K30-39F	4/58	F	14/322	COALDALE, AB
148/611	CLARKE, CHARLIE	1047	29:04.269	05:48	09:20	5K07-10M	13/47	M	114/289	COALDALE, AB
47/611	CLARKE, JOSH	467	23:54.170	04:46	07:41	5K20-29M	5/29	M	42/289	COALDALE, AB
209/611	CLARKE, TANNER	1048	32:22.945	06:28	10:24	5K15-19M	14/18	M	142/289	COALDALE, AB
182/611	CLARKE-IRWIN, LEE	1454	31:01.488	06:12	09:58	5K60-69F	2/19	F	54/322	BROOKS, AB
494/611	CLAY-FILGAS, SIERRA	1543	53:01.700	10:36	17:03	5K15-19F	11/11	F	240/322	LETHBRIDGE, AB
493/611	COLENUTT, ADLINE	1544	52:57.463	10:35	17:01	5K20-29F	23/40	F	239/322	MAGRATH, AB
384/611	CONNON, CHRISTIAN	1049	45:41.919	09:08	14:41	5K20-29M	22/29	M	219/289	COALDALE, AB
216/611	CONRAD, EMERSON	1050	32:41.385	06:32	10:30	5K07-10M	19/47	M	145/289	COALDALE, AB
217/611	CONRAD, EMMETT	1051	32:41.405	06:32	10:30	5K07-10M	20/47	M	146/289	COALDALE, AB
227/611	CONRAD, GRACIE	1052	33:07.812	06:37	10:39	5K11-14F	18/50	F	78/322	COALDALE, AB
212/611	CONRAD, TANYA	1335	32:40.224	06:32	10:30	5K40-49F	14/52	F	70/322	COALDALE, AB
163/611	CONRAD, TRAVIS	1053	29:58.984	05:59	09:38	5K40-49M	22/43	M	121/289	COALDALE, AB
495/611	CORKUM, ARLENE	1054	53:02.593	10:36	17:03	5K30-39F	45/58	F	241/322	COALDALE, AB
307/611	CORKUM, DANIEL	1055	39:13.994	07:50	12:36	5K40-49M	29/43	M	182/289	COALDALE, AB
168/611	CORKUM, ELISABETH	1056	30:08.870	06:01	09:41	5K07-10F	3/42	F	45/322	COALDALE, AB
166/611	CORKUM, ESTHER	1057	30:06.714	06:01	09:40	5K11-14F	8/50	F	44/322	COALDALE, AB
171/611	CORKUM, JAMES	1058	30:19.181	06:03	09:44	5K07-10M	14/47	M	125/289	COALDALE, AB
572/611	CORKUM, JANELLE	1059	58:54.471	11:46	18:56	5K06&UF	14/19	F	291/322	COALDALE, AB
492/611	CORKUM, MAGDALENE	1060	52:35.010	10:31	16:54	5K07-10F	34/42	F	238/322	COALDALE, AB
324/611	CORKUM, NATHANIEL	1061	40:08.427	08:01	12:54	5K06&UM	4/15	M	189/289	COALDALE, AB
64/611	COTE, JUSTIN	1062	25:00.481	05:00	08:02	5K30-39M	11/45	M	57/289	STIRLING, AB
571/611	CRABB, ASHLEY	1063	58:52.029	11:46	18:55	5K30-39F	54/58	F	290/322	COALDALE, AB
558/611	CRABB, CALLA	1064	57:09.573	11:25	18:22	5K07-10F	37/42	F	280/322	LETHBRIDGE, AB
509/611	CRABB, DIANDRA	1065	54:32.307	10:54	17:32	5K20-29F	26/40	F	251/322	LETHBRIDGE, AB
119/611	CRAVEN, JIM	1403	27:54.744	05:34	08:58	5K40-49M	12/43	M	92/289	COALDALE, AB
32/611	CRAVEN, MAX	1404	23:20.611	04:40	07:30	5K07-10M	2/47	M	28/289	COALDALE, AB

## 2023 Coaldale 5K Family Fun Run

## Alpha Overall Results

## 5K - 3.1 Miles

## 611 Finishers

O/A	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat/PI	Gender	Gen/PI	City
244/611	CROSS, OLIVIA	1405	33:42.017	06:44	10:50	5K11-14F	20/50	F	88/322	LETHBRIDGE, NA
452/611	CRYING HEAD, DASHAWN	1377	49:52.760	09:58	16:02	5K11-14M	46/55	M	240/289	KAINAI, AB
353/611	CUEVAS, DAN	1513	43:21.001	08:40	13:56	5K30-39M	34/45	M	204/289	LETHBRIDGE, AB
484/611	CUEVAS, DORIAN	1514	52:06.045	10:25	16:45	5K06&UM	11/15	M	252/289	LETHBRIDGE, AB
485/611	CUEVAS, JENNIFER	1515	52:06.310	10:25	16:45	5K30-39F	43/58	F	233/322	LETHBRIDGE, AB
412/611	CUEVAS, MYDENE	1572	47:18.104	09:27	15:12	5K40-49F	30/52	F	185/322	CALGARY, AB
319/611	CURRAN, FAITH	1068	39:54.072	07:58	12:49	5K07-10F	18/42	F	134/322	LETHBRIDGE, AB
321/611	CURRAN, WILLI	1406	39:55.258	07:59	12:50	5K30-39M	32/45	M	187/289	LETHBRIDGE, AB
360/611	CURTIS, ALLISAN	1069	44:02.229	08:48	14:09	5K20-29F	15/40	F	153/322	COALDALE, AB
564/611	CURTIS, MEGAN	1564	57:39.792	11:31	18:32	5K40-49F	47/52	F	285/322	COALDALE, AB
592/611	DALHUISEN, BETTY	453	1:00:44.395	12:08	19:31	5K60-69F	17/19	F	306/322	COALDALE, AB
589/611	DALHUISEN, JOHN	454	1:00:39.320	12:07	19:30	5K60-69M	13/14	M	286/289	COALDALE, AB
200/611	DALRYMPLE, DANIELLE	1516	31:52.521	06:22	10:14	5K30-39F	15/58	F	63/322	COALDALE, AB
470/611	DAUTEL, LEIGH	1071	51:35.122	10:19	16:35	5K11-14M	48/55	M	246/289	COALDALE, AB
416/611	DAWSON, MONIQUE	1073	47:23.253	09:28	15:14	5K40-49F	31/52	F	188/322	LETHBRIDGE, AB
278/611	DAY CHIEF, ASHLEY	1074	36:32.561	07:18	11:45	5K11-14F	24/50	F	108/322	KAINAI, AB
84/611	DAY RIDER, JOHNNY	1075	26:16.228	05:15	08:26	5K11-14M	16/55	M	70/289	KAINAI, AB
154/611	DE BOER, EMMA	1076	29:23.768	05:52	09:27	5K20-29F	5/40	F	37/322	COALDALE, AB
43/611	DE BOER, OWEN	1077	23:49.495	04:45	07:39	5K20-29M	4/29	M	38/289	COALDALE, AB
376/611	DE LEEUW, ADELINA	1078	45:19.142	09:03	14:34	5K07-10F	24/42	F	162/322	COALHURST, AB
94/611	DE LEEUW, ARIETTE	1079	26:54.260	05:22	08:39	5K30-39F	6/58	F	19/322	COALHURST, AB
27/611	DE LEEUW, DEREK	1080	22:45.724	04:33	07:19	5K30-39M	4/45	M	23/289	COALHURST, AB
151/611	DE WEERD, PETER	1407	29:18.310	05:51	09:25	5K50-59M	8/17	M	116/289	COALDALE, AB
192/611	DE WEERD, RITA	1081	31:34.683	06:18	10:09	5K50-59F	4/27	F	60/322	COALDALE, AB
332/611	DEERING, TANNER	1594	40:28.874	08:05	13:00	5K07-10M	30/47	M	193/289	COALDALE, AB
352/611	DERINGER, MIRANDA	1082	43:13.001	08:38	13:53	5K20-29F	14/40	F	149/322	LETHBRIDGE, AB
328/611	DIEK, ASH	460	40:21.176	08:04	12:58	5K40-49M	30/43	M	190/289	COALDALE, AB
238/611	DIEK, LEON	1563	33:31.388	06:42	10:46	5K40-49M	26/43	M	155/289	COALDALE, AB
126/611	DIEK, LEVI	457	28:05.946	05:37	09:02	5K11-14M	25/55	M	98/289	COALDALE, AB
375/611	DIEK, MAKAYLA	459	45:12.392	09:02	14:32	5K07-10F	23/42	F	161/322	COALDALE, AB
170/611	DIEK, SHARISE	458	30:18.414	06:03	09:44	5K11-14F	9/50	F	46/322	COALDALE, AB
422/611	DIETRICH, ELIZABETH	463	47:43.904	09:32	15:20	5K30-39F	39/58	F	192/322	COALDALE, AB
588/611	DIETRICH, GABBY	466	1:00:09.784	12:01	19:20	5K11-14F	45/50	F	303/322	COALDALE, AB
386/611	DIETRICH, HUDSON	465	45:57.018	09:11	14:46	5K07-10M	35/47	M	220/289	COALDALE, AB
432/611	DIETRICH, ZACHARY	464	48:07.575	09:37	15:28	5K07-10M	41/47	M	233/289	COALDALE, AB
496/611	DODD, ELLA	1455	53:04.031	10:36	17:03	5K07-10F	35/42	F	242/322	COALDALE, AB
346/611	DODD, REESE	1456	42:40.296	08:32	13:43	5K11-14F	27/50	F	147/322	COALDALE, AB
261/611	DUURSMA, JACLYN	1086	34:49.423	06:57	11:11	5K20-29F	11/40	F	100/322	LETHBRIDGE, AB
303/611	EAGLE PLUME, NATALIE	1252	38:42.927	07:44	12:26	5K11-14F	25/50	F	125/322	KAINAI, AB
466/611	EAGLE PLUME, TIANA	1391	51:14.955	10:14	16:28	5K11-14F	33/50	F	221/322	KAINAI, AB
279/611	EAVES, BRYCE	1087	36:34.544	07:18	11:45	5K40-49M	28/43	M	171/289	LETHBRIDGE, AB
61/611	ENS, RYLUND	1088	24:22.858	04:52	07:50	5K30-39M	9/45	M	54/289	LETHBRIDGE, AB
343/611	EVANS, CAROLYN	1089	42:24.322	08:28	13:38	5K70+F	1/4	F	145/322	COALDALE, AB
446/611	FEGAN, AISLYNN	1090	49:33.945	09:54	15:56	5K07-10F	31/42	F	209/322	LETHBRIDGE COUNTY,
406/611	FEGAN, BLAYKE	1091	47:13.320	09:26	15:11	5K07-10F	28/42	F	181/322	LETHBRIDGE COUNTY,
410/611	FEGAN, CHRIS	1092	47:16.269	09:27	15:11	5K40-49M	35/43	M	226/289	LETHBRIDGE COUNTY,
445/611	FEGAN, LINSEY	1093	49:32.505	09:54	15:55	5K40-49F	35/52	F	208/322	LETHBRIDGE COUNTY,
80/611	FEHR, BRODY	1095	25:58.832	05:11	08:21	5K07-10M	6/47	M	68/289	STIRLING, AB
159/611	FEHR, CORNELIO	1096	29:45.270	05:57	09:34	5K30-39M	21/45	M	120/289	STIRLING, AB
20/611	FEHR, EMMA	1097	21:56.767	04:23	07:03	5K30-39F	1/58	F	4/322	STIRLING, AB
408/611	FERGUSON, BILLIE-JO	1098	47:15.452	09:27	15:11	5K40-49F	29/52	F	183/322	TABER, AB
91/611	FEYTER, DWAYNE	1457	26:39.596	05:19	08:34	5K30-39M	14/45	M	74/289	MONARCH, AB
277/611	FEYTER, MELISSA	1408	36:32.149	07:18	11:44	5K40-49F	19/52	F	107/322	MONARCH, AB
232/611	FITZHENRY, HANNA	1409	33:17.344	06:39	10:42	5K07-10F	7/42	F	81/322	LETHBRIDGE, AB
423/611	FLAWS, KOBY	1635	47:44.840	09:32	15:21	5K11-14M	45/55	M	231/289	COALDALE, AB
221/611	FLEXHAUG, MARINDA	1099	32:57.843	06:35	10:35	5K30-39F	17/58	F	72/322	COALDALE, AB
219/611	FLEXHAUG, NASH	1100	32:49.147	06:33	10:33	5K07-10M	21/47	M	148/289	COALDALE, AB

## 2023 Coaldale 5K Family Fun Run

## Alpha Overall Results

## 5K - 3.1 Miles

## 611 Finishers

O/A	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat/PI	Gender	Gen/PI	City
372/611	FLOBERT, WILLIAM	1102	45:03.043	09:00	14:29	5K06&UM	6/15	M	212/289	COALDALE, AB
374/611	FLOBERT, WILLIAM	1101	45:05.112	09:01	14:29	5K20-29M	20/29	M	214/289	COALDALE, AB
225/611	FOISY, ALLISON	1103	33:02.768	06:36	10:37	5K07-10F	6/42	F	76/322	MONARCH, AB
224/611	FOISY, JENNIFER	1104	33:02.285	06:36	10:37	5K30-39F	18/58	F	75/322	MONARCH, AB
357/611	FONTAINE, AMANDA	1105	43:43.018	08:44	14:03	5K30-39F	34/58	F	151/322	COALDALE, AB
461/611	FONTAINE, ANNE-MARIE	1106	51:01.085	10:12	16:24	5K50-59F	21/27	F	219/322	RAYMOND, AB
426/611	FONTAINE, JAIME	1107	47:50.577	09:34	15:23	5K40-49F	32/52	F	194/322	LETHBRIDGE, AB
427/611	FONTAINE, PAIGE	1108	47:50.676	09:34	15:23	5K20-29F	20/40	F	195/322	LETHBRIDGE, AB
337/611	FONTAINE, RENE	1109	41:28.503	08:17	13:20	5K60-69M	7/14	M	197/289	RAYMOND, AB
300/611	FOWLER, CHRISTINE	1458	38:16.027	07:39	12:18	5K60-69F	6/19	F	123/322	COALDALE, AB
356/611	FOX, CAICUS	1315	43:39.164	08:43	14:02	5K11-14M	42/55	M	206/289	KAINAI, AB
286/611	FRANZ, JAYLYN	1517	37:18.393	07:27	11:59	5K40-49F	21/52	F	112/322	LETHBRIDGE, AB
2/611	FRIESEN, CHARLES	1111	19:16.630	03:51	06:11	5K40-49M	1/43	M	2/289	LETHBRIDGE, AB
65/611	FRIESEN, HELENA	1459	25:03.891	05:00	08:03	5K30-39F	2/58	F	8/322	LETHBRIDGE, AB
421/611	FRIESEN, SEFORA	1410	47:41.713	09:32	15:20	5K20-29F	19/40	F	191/322	PICTURE BUTTE, AB
250/611	FROESE, LEANNE	1112	33:58.375	06:47	10:55	5K30-39F	22/58	F	92/322	RAYMOND, AB
179/611	FROOM, COURTNEY	461	30:55.360	06:11	09:56	5K11-14F	11/50	F	51/322	LETHBRIDGE, AB
129/611	FYFE, GRIFFIN	1411	28:11.584	05:38	09:03	5K07-10M	10/47	M	100/289	COALDALE, AB
525/611	GAEHRING, DARCI	1114	55:31.504	11:06	17:51	5K20-29F	32/40	F	262/322	COALDALE, AB
522/611	GAEHRING, JARED	1115	55:30.260	11:06	17:50	5K20-29M	27/29	M	263/289	COALDALE, AB
82/611	GAUTHIER, HEATHER	1116	26:03.077	05:12	08:22	5K50-59F	1/27	F	13/322	LETHBRIDGE, NA
326/611	GAYOWSKI, ERIN	1117	40:19.999	08:04	12:58	5K11-14F	26/50	F	137/322	COALDALE, AB
327/611	GAYOWSKI, TANYA	1119	40:20.283	08:04	12:58	5K50-59F	13/27	F	138/322	COALDALE, AB
295/611	GEERAERT, ARLENE	1120	37:59.115	07:35	12:12	5K50-59F	10/27	F	120/322	TABER, AB
186/611	GEERAERT, MITCHELL	1121	31:04.549	06:12	09:59	5K20-29M	14/29	M	130/289	TABER, AB
252/611	GIBSON, JAMES	1122	34:05.027	06:49	10:57	5K20-29M	16/29	M	159/289	LETHBRIDGE, AB
331/611	GOERTZEN, CARRIE	1123	40:27.830	08:05	13:00	5K30-39F	31/58	F	139/322	LETHBRIDGE, AB
330/611	GOERTZEN, NATHAN	1243	40:26.131	08:05	13:00	5K30-39M	33/45	M	192/289	LETHBRIDGE, AB
429/611	GOERZEN SINE, EMMA	1124	47:56.945	09:35	15:25	5K60-69F	8/19	F	197/322	LETHBRIDGE, AB
364/611	GOOD DAGGER, TANISHA	1066	44:23.754	08:52	14:16	5K11-14F	29/50	F	155/322	KAINAI, AB
544/611	GOOD EAGLE, LJ	1125	56:27.412	11:17	18:09	5K40-49M	39/43	M	271/289	KAINAI, AB
605/611	GOOD STRIKER, BETH	1126	1:01:38.497	12:19	19:49	5K11-14F	48/50	F	316/322	KAINAI, AB
284/611	GRAYSTON, BROOKE	1460	36:51.285	07:22	11:51	5K30-39F	26/58	F	111/322	LETHBRIDGE, AB
282/611	GRAYSTON, ROWAN	1461	36:48.735	07:21	11:50	5K07-10M	26/47	M	173/289	LETHBRIDGE, AB
108/611	GRIGOR, MAX	1462	27:34.342	05:30	08:51	5K11-14M	21/55	M	86/289	COALDALE, AB
550/611	GROENWOLD, PIET	1599	56:46.318	11:21	18:15	5K70+M	5/6	M	277/289	COALDALE, AB
397/611	GROSS, JANICE	1463	46:47.174	09:21	15:02	5K50-59F	18/27	F	174/322	COALDALE, AB
419/611	GUNNESS, SYDNEY	1128	47:38.498	09:31	15:19	5K20-29F	18/40	F	190/322	LETHBRIDGE, AB
395/611	HAASE, HOLLIE	1633	46:44.318	09:20	15:01	5K07-10F	27/42	F	173/322	COALDALE, AB
269/611	HAASE, WILLOW	1632	36:06.327	07:13	11:36	5K11-14F	23/50	F	103/322	COALDALE, AB
46/611	HAGEL, RYAN	1545	23:53.846	04:46	07:41	5K40-49M	6/43	M	41/289	LETHBRIDGE, AB
528/611	HAMILTON, CHARLIE	1129	55:48.380	11:09	17:56	5K11-14F	42/50	F	263/322	COALDALE, AB
437/611	HAMMOND, TAITON	1130	48:45.409	09:45	15:40	5K07-10M	42/47	M	234/289	TABER, AB
247/611	HAMMOND, TARA	1131	33:50.677	06:46	10:52	5K30-39F	21/58	F	90/322	TABER, AB
464/611	HARKER, ABIGAIL	1133	51:13.733	10:14	16:28	5K07-10F	33/42	F	220/322	COALDALE, AB
390/611	HARKER, ISABELLE	1134	46:24.295	09:16	14:55	5K06&UF	5/19	F	169/322	COALDALE, AB
389/611	HARKER, MELISSA	1135	46:23.813	09:16	14:55	5K30-39F	36/58	F	168/322	COALDALE, AB
465/611	HARKER, SCOTT	1137	51:13.807	10:14	16:28	5K30-39M	39/45	M	245/289	COALDALE, AB
130/611	HARRIS, STACEY	1138	28:11.928	05:38	09:04	5K40-49F	8/52	F	30/322	TABER, AB
55/611	HARTHOORN, BEN	1518	24:06.260	04:49	07:45	5K11-14M	11/55	M	49/289	COALDALE, AB
21/611	HARTHOORN, BRAD	1139	22:05.382	04:25	07:06	5K11-14M	5/55	M	17/289	COALDALE, AB
259/611	HARTHOORN, CHELSEA	1140	34:40.316	06:56	11:08	5K07-10F	10/42	F	99/322	COALDALE, AB
48/611	HARTHOORN, JASON	1141	23:54.295	04:46	07:41	5K07-10M	3/47	M	43/289	COALDALE, AB
36/611	HARTHOORN, MELANIE	1142	23:27.759	04:41	07:32	5K40-49F	1/52	F	5/322	COALDALE, NA
87/611	HARTHOORN, SHAWNA	1144	26:25.814	05:17	08:29	5K11-14F	5/50	F	15/322	COALDALE, AB
102/611	HARTHOORN, ZACHARY	1646	27:17.668	05:27	08:46	5K07-10M	8/47	M	83/289	COALDALE, AB
453/611	HAUGAN, BROOKS	1145	49:54.139	09:58	16:02	5K06&UM	10/15	M	241/289	COALDALE, AB

## 2023 Coaldale 5K Family Fun Run

## Alpha Overall Results

## 5K - 3.1 Miles

## 611 Finishers

O/A	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat/PI	Gender	Gen/PI	City
444/611	HAUGAN, COLIN	1146	49:32.325	09:54	15:55	5K30-39M	37/45	M	237/289	COALDALE, AB
454/611	HAUGAN, SASHA	1147	49:54.286	09:58	16:02	5K06&UF	10/19	F	213/322	COALDALE, AB
600/611	HAZELL, DENNIS	1412	1:01:01.240	12:12	19:37	5K70+M	6/6	M	288/289	GRASSY LAKE, AB
95/611	HEALY, RILEY	1149	26:56.955	05:23	08:39	5K20-29M	11/29	M	76/289	GLEICHEN, AB
388/611	HEALY, TAMMY	1150	46:13.302	09:14	14:51	5K50-59F	16/27	F	167/322	GLEICHEN, AB
474/611	HEAVY RUNNER, WHITNEY	1151	51:42.026	10:20	16:37	5K11-14F	36/50	F	226/322	KAINAI, AB
377/611	HEFFERNAN, CHANTAL	1152	45:23.289	09:04	14:35	5K40-49F	26/52	F	163/322	LETHBRIDGE, AB
594/611	HEITMAN, PEYTON	1606	1:00:50.179	12:10	19:33	5K06&UF	16/19	F	308/322	COALDALE, AB
318/611	HENDERSON, CARMINE	1413	39:53.405	07:58	12:49	5K50-59F	12/27	F	133/322	LETHBRIDGE, AB
50/611	HENRY, GLENN	1153	23:58.363	04:47	07:42	5K60-69M	2/14	M	45/289	COALDALE, AB
500/611	HENRY, HEATHER	1154	53:15.832	10:39	17:07	5K50-59F	23/27	F	245/322	COALDALE, AB
239/611	HIEMSTRA, ABIGAIL	1155	33:32.666	06:42	10:47	5K06&UF	2/19	F	84/322	COALDALE, AB
211/611	HIEMSTRA, KIRA	1156	32:39.877	06:31	10:30	5K30-39F	16/58	F	69/322	COALDALE, AB
237/611	HIEMSTRA, KYLE	1157	33:30.046	06:42	10:46	5K30-39M	27/45	M	154/289	COALDALE, AB
139/611	HILGERSOM, ARI	1464	28:40.082	05:44	09:13	5K07-10M	12/47	M	109/289	LETHBRIDGE, AB
190/611	HILGERSOM, LENNOX	1465	31:33.259	06:18	10:08	5K07-10M	16/47	M	132/289	LETHBRIDGE, AB
28/611	HILL, JOSHUA	1158	22:46.428	04:33	07:19	5K30-39M	5/45	M	24/289	RAYMOND, AB
7/611	HILLIER, ZACHARY	456	20:13.855	04:02	06:30	5K15-19M	2/18	M	6/289	LETHBRIDGE, AB
106/611	HOBLEY, RICHARD	1159	27:20.621	05:28	08:47	5K50-59M	5/17	M	85/289	MEDICINE HAT, AB
249/611	HOFINK, JACKIE	1546	33:55.350	06:47	10:54	5K60-69F	3/19	F	91/322	COALDALE, AB
413/611	HOFINK, RON	1547	47:18.746	09:27	15:12	5K60-69M	8/14	M	228/289	COALDALE, AB
185/611	HOOGERDYK, JOCELYN	1618	31:03.779	06:12	09:59	5K15-19F	4/11	F	56/322	COALDALE,
482/611	HORNE, CALLA	1161	52:03.954	10:24	16:44	5K11-14F	39/50	F	232/322	COALDALE, AB
479/611	HORNE, CURT	1162	52:03.439	10:24	16:44	5K40-49M	37/43	M	250/289	COALDALE, AB
480/611	HORNE, HOLLY	1163	52:03.596	10:24	16:44	5K11-14F	37/50	F	230/322	COALDALE, AB
311/611	HOUWELING, CADENCE	1647	39:21.207	07:52	12:39	5K07-10F	15/42	F	128/322	COALDALE, AB
135/611	HOUWELING, LEVI	1645	28:31.230	05:42	09:10	5K11-14M	26/55	M	105/289	COALDALE, AB
338/611	HOUWELING, MARG	1164	41:30.605	08:18	13:20	5K60-69F	7/19	F	141/322	COALDALE, AB
31/611	HOUWELING, TRISTEN	1648	23:17.500	04:39	07:29	5K11-14M	7/55	M	27/289	COALDALE, AB
124/611	HOWG, RUSTY	1165	28:01.036	05:36	09:00	5K30-39M	18/45	M	96/289	COALDALE, AB
206/611	HULST, ANGELA	1582	32:18.407	06:27	10:23	5K50-59F	5/27	F	66/322	COALDALE, AB
291/611	HUNSPERGER, KALINDA	1166	37:51.319	07:34	12:10	5K30-39F	27/58	F	116/322	MAGRATH, AB
290/611	HUNSPERGER, KANSAS	1167	37:50.002	07:34	12:09	5K06&UF	3/19	F	115/322	MAGRATH, AB
67/611	HUNSPERGER, MACIE	1168	25:17.705	05:03	08:08	5K11-14F	4/50	F	10/322	MAGRATH, AB
138/611	HUNSPERGER, MARK	1169	28:35.375	05:43	09:11	5K40-49M	19/43	M	108/289	MAGRATH, AB
29/611	HUNSPERGER, WADE	1170	22:50.812	04:34	07:20	5K07-10M	1/47	M	25/289	MAGRATH, AB
264/611	ISAAK, ART	1414	35:08.935	07:01	11:18	5K70+M	2/6	M	163/289	LETHBRIDGE, AB
93/611	JAFFRAY, STEPHANIE	1171	26:52.740	05:22	08:38	5K40-49F	3/52	F	18/322	LETHBRIDGE, AB
512/611	JANECKE, SIERRA	1172	54:38.145	10:55	17:34	5K20-29F	28/40	F	253/322	LETHBRIDGE, AB
398/611	JANZEN, AUDYN	1467	46:47.456	09:21	15:02	5K06&UF	6/19	F	175/322	COALDALE, AB
193/611	JANZEN, SHANE	462	31:37.437	06:19	10:10	5K30-39M	22/45	M	133/289	COALDALE, AB
144/611	JOHNSON, HOPE	1173	28:54.637	05:46	09:17	5K20-29F	4/40	F	33/322	LETHBRIDGE, AB
76/611	JOHNSON, ZARA	1174	25:48.277	05:09	08:17	5K20-29F	2/40	F	12/322	LETHBRIDGE, AB
598/611	JONES, ALLY	1175	1:00:58.250	12:11	19:36	5K30-39F	57/58	F	311/322	COALDALE, AB
189/611	JONES, JOANNA	1176	31:30.863	06:18	10:07	5K30-39F	14/58	F	58/322	COALDALE, AB
562/611	KABI, ADRIENNE	1177	57:35.424	11:31	18:31	5K30-39F	53/58	F	283/322	LETHBRIDGE, AB
563/611	KABI, GEORGIA	1178	57:35.810	11:31	18:31	5K06&UF	13/19	F	284/322	LETHBRIDGE, AB
561/611	KABI, MALIA	1179	57:34.838	11:30	18:30	5K06&UF	12/19	F	282/322	LETHBRIDGE, AB
23/611	KASKO, PARKER	1181	22:12.899	04:26	07:08	5K20-29M	2/29	M	19/289	COALDALE, AB
89/611	KASKO, RYAN	1182	26:38.160	05:19	08:33	5K50-59M	4/17	M	73/289	COALDALE, AB
100/611	KAWCHUK, MICHAEL	1184	27:14.102	05:26	08:45	5K30-39M	16/45	M	81/289	LETHBRIDGE, AB
313/611	KEAN, ALLY	1520	39:30.288	07:54	12:42	5K30-39F	30/58	F	130/322	LETHBRIDGE, AB
271/611	KEAN, CHAD	1521	36:14.804	07:14	11:39	5K20-29M	18/29	M	167/289	LETHBRIDGE, AB
272/611	KEAN, KAELEM	1522	36:16.322	07:15	11:39	5K07-10M	25/47	M	168/289	LETHBRIDGE, AB
314/611	KEAN, LILIA	1523	39:30.846	07:54	12:42	5K07-10F	17/42	F	131/322	LETHBRIDGE, AB
287/611	KIARED, AHMED	1185	37:28.617	07:29	12:03	5K50-59M	12/17	M	175/289	LETHBRIDGE, AB
491/611	KINNIBURGH, COLTER	1548	52:30.744	10:30	16:53	5K20-29M	25/29	M	254/289	LETHBRIDGE, AB

## 2023 Coaldale 5K Family Fun Run

## Alpha Overall Results

## 5K - 3.1 Miles

## 611 Finishers

O/A	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat/PI	Gender	Gen/PI	City
489/611	KINNIBURGH, CORI	1186	52:29.116	10:29	16:52	5K40-49F	38/52	F	236/322	LETHBRIDGE, AB
504/611	KINNIBURGH, LYANNE	1470	54:03.894	10:48	17:23	5K50-59F	24/27	F	247/322	LETHBRIDGE, AB
503/611	KINNIBURGH, ROBERT	1471	54:03.147	10:48	17:22	5K50-59M	17/17	M	257/289	LETHBRIDGE, AB
184/611	KLASSEN, ADAM	1187	31:02.892	06:12	09:59	5K11-14M	31/55	M	129/289	COALDALE, AB
180/611	KLASSEN, BRIANCA	1188	30:57.797	06:11	09:57	5K11-14F	12/50	F	52/322	COALDALE, AB
109/611	KLASSEN, LACEY	1189	27:35.442	05:31	08:52	5K30-39F	7/58	F	23/322	COALDALE, AB
198/611	KLASSEN, LES	1190	31:47.066	06:21	10:13	5K40-49M	23/43	M	137/289	COALDALE, AB
42/611	KLASSEN, MATTHEW	1191	23:39.372	04:43	07:36	5K15-19M	8/18	M	37/289	COALDALE, AB
608/611	KLEMEN, KATHLEEN	1192	1:04:21.783	12:52	20:41	5K60-69F	19/19	F	319/322	VAUXHALL, AB
468/611	KLIMA, LINDA	1194	51:21.734	10:16	16:30	5K60-69F	12/19	F	223/322	LETHBRIDGE, AB
580/611	KNUTT, ANNELIESE	1195	59:32.008	11:54	19:08	5K07-10F	39/42	F	297/322	LETHBRIDGE COUNTY, AB
579/611	KNUTT, JENNIFER	1196	59:31.322	11:54	19:08	5K40-49F	50/52	F	296/322	LETHBRIDGE COUNTY, AB
578/611	KNUTT, KAYLYN	1197	59:30.992	11:54	19:08	5K06&UF	15/19	F	295/322	LETHBRIDGE COUNTY, AB
577/611	KNUTT, LACHLAN	1198	59:29.446	11:53	19:07	5K06&UM	15/15	M	283/289	LETHBRIDGE COUNTY, AB
576/611	KNUTT, SCOTT	1199	59:26.332	11:53	19:06	5K40-49M	42/43	M	282/289	LETHBRIDGE COUNTY, AB
273/611	KOBA, TIM	1200	36:17.375	07:15	11:40	5K30-39M	31/45	M	169/289	COALDALE, AB
230/611	KONYNENBELT, ANNE	1629	33:14.341	06:38	10:41	5K50-59F	6/27	F	80/322	COALDALE, AB
229/611	KONYNENBELT, DUANE	1630	33:14.264	06:38	10:41	5K50-59M	10/17	M	150/289	COALDALE, AB
403/611	KOZIER, MARY-ANN	1584	47:04.000	09:24	15:08	5K50-59F	19/27	F	180/322	COALDALE, AB
34/611	KYJAC-URASAKI, EVIAN	1201	23:25.118	04:41	07:31	5K20-29M	3/29	M	30/289	LETHBRIDGE, AB
1/611	LEFFERS, ANDREW	1203	17:16.333	03:27	05:33	5K15-19M	1/18	M	1/289	SPRUCE GROVE, AB
54/611	LEFFERS, BRENNAN	1204	24:04.985	04:48	07:44	5K15-19M	9/18	M	48/289	SPRUCE GROVE, AB
312/611	LEFFERS, EMMA	1205	39:26.885	07:53	12:41	5K07-10F	16/42	F	129/322	SPRUCE GROVE, AB
218/611	LEFFERS, ISAAC	1206	32:43.796	06:32	10:31	5K11-14M	35/55	M	147/289	SPRUCE GROVE, AB
128/611	LEFFERS, KEN	1207	28:09.524	05:37	09:03	5K40-49M	15/43	M	99/289	SPRUCE GROVE, AB
19/611	LEFFERS, LUKE	1208	21:56.483	04:23	07:03	5K11-14M	4/55	M	16/289	SPRUCE GROVE, AB
35/611	LEFFERS, SAM	1209	23:27.040	04:41	07:32	5K15-19M	7/18	M	31/289	SPRUCE GROVE, AB
127/611	LEFFERS, SHELLEY	1210	28:08.102	05:37	09:02	5K40-49F	7/52	F	29/322	SPRUCE GROVE, AB
146/611	LEFFERS, SKYLA	1211	28:59.260	05:47	09:19	5K11-14F	6/50	F	34/322	SPRUCE GROVE, AB
502/611	LEISHMAN, KYLE	1472	53:27.541	10:41	17:11	5K07-10M	44/47	M	256/289	COALDALE, AB
350/611	LENGERT, PARKER	1212	42:54.627	08:34	13:47	5K11-14M	41/55	M	202/289	COALDALE, AB
140/611	LEQUIERE, JACOB	1213	28:40.813	05:44	09:13	5K30-39M	19/45	M	110/289	COALDALE, AB
428/611	LIVINGSTONE, CLAIRE	1555	47:52.014	09:34	15:23	5K11-14F	31/50	F	196/322	LETHBRIDGE, AB
424/611	LIVINGSTONE, JASON	1556	47:47.169	09:33	15:21	5K40-49M	36/43	M	232/289	LETHBRIDGE, AB
573/611	LIVINGSTONE, JOANNE	1557	58:54.685	11:46	18:56	5K40-49F	49/52	F	292/322	LETHBRIDGE, AB
425/611	LIVINGSTONE, KAMI	1558	47:48.592	09:33	15:22	5K15-19F	9/11	F	193/322	LETHBRIDGE, AB
574/611	LIVINGSTONE, TAMARIN	1214	58:56.588	11:47	18:57	5K20-29F	38/40	F	293/322	LETHBRIDGE, AB
431/611	LIVINSTONE, BRENNAN	1559	48:06.107	09:37	15:28	5K15-19F	10/11	F	199/322	LETHBRIDGE, AB
12/611	LJA, ROB	1215	21:11.374	04:14	06:48	5K30-39M	1/45	M	10/289	COALDALE, AB
137/611	LOW, RICHARD	1217	28:34.511	05:42	09:11	5K60-69M	3/14	M	107/289	LETHBRIDGE, AB
22/611	LUKINUK, BRENDT	1218	22:07.633	04:25	07:06	5K40-49M	4/43	M	18/289	LETHBRIDGE, AB
172/611	LUKINUK, ELIZABETH	1533	30:28.069	06:05	09:47	5K40-49F	10/52	F	47/322	LETHBRIDGE, AB
213/611	MACMILLAN, FRASER	1221	32:40.559	06:32	10:30	5K30-39M	26/45	M	143/289	COALDALE, AB
62/611	MAINZER, CHRIS	1222	24:23.115	04:52	07:50	5K30-39M	10/45	M	55/289	LETHBRIDGE, AB
103/611	MAINZER, PATRICIA	1223	27:19.954	05:27	08:47	5K60-69F	1/19	F	20/322	LETHBRIDGE, AB
71/611	MALCHOW, BRENNAN	1035	25:27.953	05:05	08:11	5K30-39F	3/58	F	11/322	LETHBRIDGE, AB
10/611	MALINOWSKI, MACIEJ	1418	20:45.747	04:09	06:40	5K40-49M	3/43	M	8/289	LETHBRIDGE, NA
404/611	MANZANO, MARCUS	1573	47:04.090	09:24	15:08	5K07-10M	39/47	M	224/289	CALGARY, AB
329/611	MANZANO, MICHAEL	1571	40:21.586	08:04	12:58	5K40-49M	31/43	M	191/289	CALGARY, AB
409/611	MANZANO, MICHAELLA	1574	47:15.460	09:27	15:11	5K07-10F	29/42	F	184/322	CALGARY, AB
208/611	MAROIS, BRODY	1224	32:21.264	06:28	10:24	5K11-14M	34/55	M	141/289	COALDALE, AB
260/611	MAROIS, NATE	1242	34:41.006	06:56	11:09	5K30-39M	29/45	M	161/289	COALDALE, AB
258/611	MAROIS, TALINA	1329	34:39.314	06:55	11:08	5K15-19F	5/11	F	98/322	COALDALE, AB
41/611	MARSHALL, BENNETT	1419	23:36.989	04:43	07:35	5K11-14M	9/55	M	36/289	LETHBRIDGE, AB
233/611	MARSHALL, BRIANNA	1420	33:17.989	06:39	10:42	5K07-10F	8/42	F	82/322	LETHBRIDGE, AB
242/611	MARSHALL, KAREN	1421	33:40.444	06:44	10:49	5K40-49F	15/52	F	86/322	LETHBRIDGE, AB
420/611	MARTENS, PETER	1422	47:41.696	09:32	15:20	5K20-29M	24/29	M	230/289	PICTURE BUTTE, AB

## 2023 Coaldale 5K Family Fun Run

## Alpha Overall Results

## 5K - 3.1 Miles

## 611 Finishers

O/A	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat/PI	Gender	Gen/PI	City
156/611	MAZEROLLE, KEVIN	1225	29:33.654	05:54	09:30	5K40-49M	21/43	M	119/289	LETHBRIDGE, AB
553/611	MCALOON, ERICA	1226	56:55.805	11:23	18:18	5K40-49F	45/52	F	276/322	COALDALE, AB
52/611	MCCRAY, GLENN	1423	24:01.969	04:48	07:43	5K50-59M	3/17	M	46/289	LETHBRIDGE, AB
176/611	MCCLEAN, PATRICK	1631	30:42.351	06:08	09:52	5K60-69M	5/14	M	127/289	COALDALE, AB
75/611	MEGARRY, NOAH	1474	25:47.425	05:09	08:17	5K11-14M	14/55	M	64/289	COALDALE, AB
122/611	MESHEN, GAVIN	1228	27:56.504	05:35	08:59	5K15-19M	12/18	M	94/289	MEDICINE HAT, AB
283/611	MESHEN, MICHELLE	1229	36:49.357	07:21	11:50	5K40-49F	20/52	F	110/322	MEDICINE HAT, AB
6/611	MESHEN, ROBBIE	1230	20:11.143	04:02	06:29	5K40-49M	2/43	M	5/289	MEDICINE HAT, AB
345/611	METHERAL, BREANNE	1475	42:36.848	08:31	13:42	5K07-10F	20/42	F	146/322	COALDALE, AB
555/611	METZGER, JAIME	1231	56:57.298	11:23	18:18	5K40-49F	46/52	F	278/322	COALDALE, AB
441/611	METZGER, NATE	1232	49:11.885	09:50	15:49	5K07-10M	43/47	M	236/289	COALDALE, AB
417/611	MIDDLETON, SEAN	1233	47:23.391	09:28	15:14	5K20-29M	23/29	M	229/289	LETHBRIDGE, AB
347/611	MIEDEMA, KAILYN	1476	42:42.980	08:32	13:44	5K11-14F	28/50	F	148/322	COALDALE, AB
308/611	MIKLOS, SARAH	1234	39:14.529	07:50	12:37	5K20-29F	12/40	F	126/322	COALDALE, AB
554/611	MIKLOS, SIGRID	1235	56:55.810	11:23	18:18	5K50-59F	26/27	F	277/322	COALDALE, AB
16/611	MITCHELL, ERIC	1236	21:29.238	04:17	06:54	5K30-39M	2/45	M	14/289	LETHBRIDGE, AB
366/611	MITCHELL, TRICIA	1237	44:44.364	08:56	14:23	5K50-59F	15/27	F	157/322	COALDALE, AB
11/611	MOHAMED, KAYSAN	1238	21:04.193	04:12	06:46	5K15-19M	4/18	M	9/289	PICTURE BUTTE, AB
472/611	MOINTAIN HORSE, SKY	1027	51:40.112	10:20	16:36	5K30-39M	40/45	M	248/289	KAINAI, AB
517/611	MOODIE, KAITLYNN	1239	54:52.624	10:58	17:38	5K20-29F	30/40	F	257/322	LETHBRIDGE, AB
411/611	MORNING OWL, JAVIER	1240	47:17.963	09:27	15:12	5K11-14M	44/55	M	227/289	KAINAI, AB
197/611	MOULDING, BRADY	1583	31:46.856	06:21	10:13	5K07-10M	18/47	M	136/289	COALDALE, AB
270/611	MURPHY, DEBRA	1241	36:08.395	07:13	11:37	5K60-69F	4/19	F	104/322	LETHBRIDGE, AB
457/611	MURRAY, DAVE	1477	50:15.620	10:03	16:09	5K30-39M	38/45	M	242/289	STIRLING, AB
205/611	MURRAY, LEVI	1478	32:15.817	06:27	10:22	5K11-14M	33/55	M	140/289	STIRLING, AB
458/611	MURRAY, LUCY	1479	50:16.814	10:03	16:10	5K07-10F	32/42	F	216/322	STIRLING, AB
297/611	MURRAY, WILL	1480	38:01.431	07:36	12:13	5K07-10M	27/47	M	176/289	STIRLING, AB
86/611	NEARING, THOMAS	1244	26:19.858	05:15	08:27	5K20-29M	9/29	M	72/289	LETHBRIDGE, AB
63/611	NEIL, KALEB	1481	24:34.259	04:54	07:54	5K15-19M	10/18	M	56/289	LETHBRIDGE, AB
568/611	NEUFELD, HANNAH	1575	57:43.301	11:32	18:33	5K07-10F	38/42	F	288/322	COALDALE, AB
567/611	NEUFELD, OLIVIA	1576	57:42.913	11:32	18:33	5K11-14F	43/50	F	287/322	COALDALE, AB
449/611	NOBLE, JESSICA	1245	49:41.830	09:56	15:58	5K30-39F	41/58	F	210/322	LETHBRIDGE, AB
448/611	NOBLE, PACE	1246	49:41.790	09:56	15:58	5K06&UM	9/15	M	239/289	LETHBRIDGE, AB
518/611	NYMEYER, BENJAMIN	1569	55:05.941	11:01	17:43	5K06&UM	13/15	M	261/289	COALDALE, AB
393/611	NYMEYER, JACK	1566	46:38.209	09:19	14:59	5K07-10M	37/47	M	222/289	COALDALE, AB
516/611	NYMEYER, LINDA	1570	54:48.372	10:57	17:37	5K30-39F	48/58	F	256/322	COALDALE, AB
262/611	NYMEYER, LUKE	1567	34:53.644	06:58	11:13	5K07-10M	23/47	M	162/289	COALDALE, AB
488/611	NYMEYER, TAYAH	1568	52:17.968	10:27	16:48	5K11-14F	40/50	F	235/322	COALDALE, AB
111/611	OEVERING, LENA	1247	27:37.922	05:31	08:53	5K40-49F	5/52	F	25/322	COALDALE, AB
365/611	OHLMANN, AUDRA	1248	44:26.675	08:53	14:17	5K07-10F	22/42	F	156/322	COALDALE, AB
519/611	OHLMANN, KARLI	1249	55:10.957	11:02	17:44	5K11-14F	41/50	F	258/322	COALDALE, AB
298/611	OHLMANN, NEVAN	1250	38:12.628	07:38	12:17	5K06&UM	2/15	M	177/289	COALDALE, AB
299/611	OHLMANN, NIKKI	1251	38:13.219	07:38	12:17	5K30-39F	28/58	F	122/322	COALDALE, AB
134/611	OLIVE, ROBERT	1253	28:31.054	05:42	09:10	5K40-49M	17/43	M	104/289	FORT MACLEOD, AB
369/611	OLIVIERI, DANIELLE	1254	44:57.085	08:59	14:27	5K40-49F	25/52	F	159/322	COALDALE, AB
418/611	OLSEN, MEGAN	1255	47:31.823	09:30	15:16	5K30-39F	38/58	F	189/322	LETHBRIDGE, AB
169/611	ONDRIK, HENRY	1256	30:15.803	06:03	09:43	5K11-14M	30/55	M	124/289	COALDALE, AB
545/611	ONDRIK, OLIVER	1257	56:34.343	11:18	18:11	5K11-14M	53/55	M	272/289	COALDALE, AB
121/611	ONDRIK, RANDY	1258	27:55.178	05:35	08:58	5K40-49M	13/43	M	93/289	COALDALE, AB
569/611	ONDRIK, RENA	1259	58:30.310	11:42	18:48	5K40-49M	41/43	M	281/289	COALDALE, AB
254/611	ORSTEN, AMANDA	1260	34:09.878	06:49	10:59	5K30-39F	23/58	F	95/322	COALDALE, AB
442/611	ORSTEN, ELLIE	1261	49:18.730	09:51	15:51	5K50-59F	20/27	F	206/322	COALDALE, AB
45/611	ORSTEN, RYKER	1262	23:52.102	04:46	07:40	5K11-14M	10/55	M	40/289	COALDALE, AB
305/611	OSTAP, PIRUS	1263	38:46.870	07:45	12:28	5K15-19M	15/18	M	180/289	COALDALE, AB
539/611	PAKLA, DARLENE	1424	56:17.344	11:15	18:05	5K30-39F	51/58	F	269/322	COALDALE, AB
405/611	PALADINO, KADE	1264	47:13.240	09:26	15:11	5K07-10M	40/47	M	225/289	COALDALE, AB
604/611	PALADINO, KIMBERLY	1265	1:01:12.758	12:14	19:40	5K30-39F	58/58	F	315/322	COALDALE, AB

## 2023 Coaldale 5K Family Fun Run

## Alpha Overall Results

## 5K - 3.1 Miles

## 611 Finishers

O/A	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat/PI	Gender	Gen/PI	City
603/611	PALADINO, TATE	1266	1:01:11.259	12:14	19:40	5K40-49M	43/43	M	289/289	COALDALE, AB
543/611	PATZER, DONNALEE	1425	56:19.624	11:15	18:06	5K40-49F	44/52	F	273/322	COALDALE, AB
336/611	PAUL, JACOB	1268	41:27.781	08:17	13:19	5K11-14M	40/55	M	196/289	TABER, AB
288/611	PAUL, KIMMIE	1269	37:43.292	07:32	12:07	5K40-49F	22/52	F	113/322	TABER, AB
392/611	PAUL, MCKAYLA	1270	46:34.172	09:18	14:58	5K15-19F	8/11	F	171/322	TABER, AB
49/611	PAUL, TYLER	1271	23:55.803	04:47	07:41	5K40-49M	7/43	M	44/289	TABER, AB
511/611	PAYNE, HILARY	1273	54:37.694	10:55	17:33	5K20-29F	27/40	F	252/322	LETHBRIDGE, AB
335/611	PELESKEY, AUBREE	1274	40:59.760	08:11	13:10	5K07-10F	19/42	F	140/322	TABER, AB
153/611	PELESKEY, NIXON	1275	29:20.885	05:52	09:26	5K11-14M	27/55	M	117/289	TABER, AB
228/611	PELESKEY, STACY	1276	33:08.869	06:37	10:39	5K30-39F	20/58	F	79/322	TABER, AB
478/611	PENNER, CAROLYN	1607	51:49.160	10:21	16:39	5K50-59F	22/27	F	229/322	COALDALE, AB
435/611	PENNER, CLAIRE	1608	48:20.246	09:40	15:32	5K07-10F	30/42	F	202/322	COALDALE, AB
235/611	PENNER, DANIEL	1277	33:23.073	06:40	10:44	5K11-14M	36/55	M	152/289	COALDALE, AB
334/611	PENNER, EVAN	1278	40:41.972	08:08	13:05	5K11-14M	39/55	M	195/289	COALDALE, AB
596/611	PERRY, AMI MARIE	1279	1:00:51.125	12:10	19:33	5K30-39F	56/58	F	310/322	LETHBRIDGE, AB
595/611	PERRY, HEATHER	1280	1:00:50.590	12:10	19:33	5K60-69F	18/19	F	309/322	COALDALE, AB
251/611	PERRY, SALINA	1426	34:04.728	06:48	10:57	5K40-49F	17/52	F	93/322	LETHBRIDGE, AB
407/611	PETEK, BRYNLEE	1281	47:14.863	09:26	15:11	5K06&UF	7/19	F	182/322	TABER, AB
240/611	PHILIPS, SPENCER	1282	33:33.352	06:42	10:47	5K30-39M	28/45	M	156/289	LETHBRIDGE, AB
601/611	PICKEN, ANITA	1283	1:01:09.425	12:13	19:39	5K20-29F	40/40	F	313/322	LETHBRIDGE, AB
534/611	PICKERING, DALE	1284	55:51.663	11:10	17:57	5K60-69M	12/14	M	270/289	COALDALE, AB
566/611	PILLING, JODI	1549	57:42.341	11:32	18:33	5K40-49F	48/52	F	286/322	COALDALE, AB
391/611	PITSTRA, JACOMINA	1286	46:32.017	09:18	14:57	5K50-59F	17/27	F	170/322	COALDALE, AB
90/611	PLAUSTEINER, LISA	1287	26:38.668	05:19	08:34	5K40-49F	2/52	F	17/322	LETHBRIDGE, AB
443/611	PONOMAR, WENDY	1288	49:28.908	09:53	15:54	5K60-69F	9/19	F	207/322	LETHBRIDGE, AB
280/611	POOLE, CHRISTOPHER	1289	36:40.323	07:20	11:47	5K20-29M	19/29	M	172/289	LETHBRIDGE, AB
268/611	POST, JOHN	1290	36:02.319	07:12	11:35	5K20-29M	17/29	M	166/289	COALDALE, AB
487/611	PRETE, MELISSA	1291	52:08.776	10:25	16:46	5K30-39F	44/58	F	234/322	LETHBRIDGE, AB
486/611	PRETE, REMINGTON	1293	52:08.659	10:25	16:46	5K06&UM	12/15	M	253/289	LETHBRIDGE, AB
187/611	PUURVEEN-VANSCHOTHORST, DENISE	1295	31:19.487	06:15	10:04	5K50-59F	3/27	F	57/322	LETHBRIDGE, AB
527/611	QUINTON, JUSTIN	1295	55:33.717	11:06	17:51	5K40-49M	38/43	M	265/289	PICTURE BUTTE, AB
526/611	QUINTON, MAXWELL	1296	55:32.859	11:06	17:51	5K06&UM	14/15	M	264/289	PICTURE BUTTE, AB
223/611	RAINS, MOXIE	1579	33:00.771	06:36	10:36	5K20-29F	9/40	F	74/322	LETHBRIDGE, AB
363/611	RED CRANE, RIDON	1297	44:21.076	08:52	14:15	5K11-14M	43/55	M	209/289	KAINAI, AB
535/611	REIS, LISA	1298	55:51.893	11:10	17:57	5K30-39F	49/58	F	265/322	COALDALE, AB
116/611	ROBERTS, AUSTIN	1550	27:48.347	05:33	08:56	5K07-10M	9/47	M	89/289	COALDALE, AB
296/611	ROBERTS, BEKAH	1551	37:59.674	07:35	12:13	5K07-10F	14/42	F	121/322	CARDSTON, AB
274/611	ROBERTS, MICAH	1485	36:23.793	07:16	11:42	5K11-14M	37/55	M	170/289	CARDSTON, AB
44/611	ROBERTSON, WILF	1641	23:51.554	04:46	07:40	5K50-59M	2/17	M	39/289	COALDALE, AB
382/611	ROBINSON, CADENCE	1486	45:39.752	09:07	14:40	5K07-10F	26/42	F	165/322	COALDALE, AB
380/611	ROBINSON, DESMOND	1487	45:33.259	09:06	14:38	5K07-10M	34/47	M	217/289	COALDALE, AB
167/611	ROBINSON, JACE	1488	30:07.153	06:01	09:41	5K11-14M	29/55	M	123/289	COALDALE, AB
385/611	ROBINSON, LACEY	1489	45:43.765	09:08	14:42	5K30-39F	35/58	F	166/322	COALDALE, AB
368/611	ROBINSON, RYAN	1490	44:56.019	08:59	14:26	5K30-39M	35/45	M	210/289	COALDALE, AB
301/611	ROELOFS, GLEN	1299	38:16.399	07:39	12:18	5K70+M	3/6	M	178/289	COALDALE, AB
110/611	ROEMMELE, TRACEY	1427	27:35.857	05:31	08:52	5K40-49F	4/52	F	24/322	LETHBRIDGE, NA
541/611	ROGALSKY, DORIT	1428	56:18.988	11:15	18:06	5K60-69F	15/19	F	271/322	COALDALE, AB
289/611	ROGERS, IRENE	1429	37:45.960	07:33	12:08	5K60-69F	5/19	F	114/322	BADGER, NL
101/611	ROLLINGSON, JONAH	1491	27:15.778	05:27	08:45	5K11-14M	20/55	M	82/289	COALDALE, AB
53/611	ROOT, WESLEY	1430	24:03.511	04:48	07:44	5K20-29M	6/29	M	47/289	COALDALE, AB
415/611	ROSALES, SHEKINAH	1300	47:22.748	09:28	15:14	5K20-29F	17/40	F	187/322	LETHBRIDGE, AB
551/611	ROSS, SABINA	1560	56:48.363	11:21	18:15	5K20-29F	35/40	F	274/322	COALDALE, AB
602/611	SAAVEDRA-PICKEN, AVERY	1303	1:01:09.779	12:13	19:39	5K06&UF	18/19	F	314/322	LETHBRIDGE, AB
399/611	SAILER, KAYLEE	1304	46:54.046	09:22	15:04	5K30-39F	37/58	F	176/322	COALDALE, AB
585/611	SAILER, MACKENZIE	1431	59:42.959	11:56	19:12	5K30-39F	55/58	F	300/322	COALDALE, AB
583/611	SAILER, SCOTT	1432	59:36.522	11:55	19:10	5K30-39M	44/45	M	284/289	COALDALE, AB
302/611	SANDERSON, MELANIE	1306	38:24.756	07:40	12:21	5K30-39F	29/58	F	124/322	LETHBRIDGE, AB



## 2023 Coaldale 5K Family Fun Run

## Alpha Overall Results

## 5K - 3.1 Miles

## 611 Finishers

O/A	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat/PI	Gender	Gen/PI	City
557/611	SANDFORD, WYATT	1307	57:05.290	11:25	18:21	5K07-10M	46/47	M	278/289	LETHBRIDGE, AB
24/611	SCHAFTHUIZEN, DEVIN	1433	22:13.261	04:26	07:08	5K30-39M	3/45	M	20/289	COALDALE, AB
552/611	SCHMIDT, CHRISTINA	1565	56:49.752	11:21	18:16	5K20-29F	36/40	F	275/322	COALDALE, AB
476/611	SCHOEN, KRISNA	1492	51:47.032	10:21	16:39	5K20-29F	21/40	F	227/322	PICTURE BUTTE, AB
378/611	SCHROYEN, ASHER	451	45:25.088	09:05	14:36	5K06&UM	7/15	M	215/289	COALDALE, AB
450/611	SCHROYEN, CARMEN	1650	49:43.482	09:56	15:59	5K30-39F	42/58	F	211/322	COALDALE, AB
451/611	SCHROYEN, LAINE	1605	49:43.580	09:56	15:59	5K40-49F	36/52	F	212/322	COALDALE, AB
81/611	SCHROYEN, NOAH	1604	26:00.478	05:12	08:21	5K07-10M	7/47	M	69/289	COALDALE, AB
74/611	SCHROYEN, NOLAN	1603	25:46.259	05:09	08:17	5K11-14M	13/55	M	63/289	COALDALE, AB
379/611	SCHROYEN, TIM	452	45:26.033	09:05	14:36	5K30-39M	36/45	M	216/289	COALDALE, AB
341/611	SCOTT, BRENNNA	1309	41:55.673	08:23	13:28	5K30-39F	32/58	F	143/322	LETHBRIDGE, AB
18/611	SENNEKER, DAWSON	1310	21:51.290	04:22	07:01	5K11-14M	3/55	M	15/289	COALDALE, AB
13/611	SENNEKER, OWEN	1311	21:25.759	04:17	06:53	5K15-19M	5/18	M	11/289	COALDALE, AB
243/611	SHAW, MICHELLE	1313	33:41.966	06:44	10:50	5K40-49F	16/52	F	87/322	COALDALE, AB
309/611	SHEPHERD, ROWENA	1314	39:15.159	07:51	12:37	5K50-59F	11/27	F	127/322	PICTURE BUTTE, AB
597/611	SINE, DAVID	1493	1:00:55.198	12:11	19:35	5K60-69M	14/14	M	287/289	LETHBRIDGE, AB
322/611	SLAWSON, ROB	1316	40:05.884	08:01	12:53	5K50-59M	13/17	M	188/289	FORT MACLEOD, AB
195/611	SLINGERLAND, DARCY	1317	31:42.696	06:20	10:11	5K30-39M	23/45	M	135/289	LETHBRIDGE, AB
342/611	SLINGERLAND, KIM	1318	42:03.244	08:24	13:31	5K30-39F	33/58	F	144/322	LETHBRIDGE, AB
60/611	SLINGERLAND, RILEY	1319	24:19.132	04:51	07:49	5K07-10M	4/47	M	53/289	LETHBRIDGE, AB
72/611	SLOMP, MARK	1085	25:38.305	05:07	08:14	5K40-49M	11/43	M	61/289	COALDALE, AB
56/611	SLOMP, WILLIAM	1322	24:06.489	04:49	07:45	5K40-49M	8/43	M	50/289	PICTURE BUTTE, AB
438/611	SMITH, ALEX	1381	48:50.590	09:46	15:42	5K11-14F	32/50	F	204/322	KAINAI, AB
581/611	SMITH, DENISE	1434	59:33.811	11:54	19:09	5K50-59F	27/27	F	298/322	COALDALE, AB
530/611	SORENSEN, JESSIE	1494	55:49.467	11:09	17:56	5K20-29M	29/29	M	267/289	LETHBRIDGE, AB
276/611	SORENSEN, KAREN	1495	36:27.682	07:17	11:43	5K50-59F	7/27	F	106/322	STETTTLER, AB
367/611	SORENSEN, MACKENZIE	1496	44:54.908	08:58	14:26	5K20-29F	16/40	F	158/322	EDMONTON, AB
529/611	SORENSEN, MORGAN	1497	55:48.941	11:09	17:56	5K20-29M	28/29	M	266/289	LETHBRIDGE, AB
145/611	SORENSEN, RED	1498	28:59.160	05:47	09:19	5K50-59M	7/17	M	112/289	STETTTLER, AB
533/611	SORENSEN, WILLOW	1499	55:51.554	11:10	17:57	5K20-29F	33/40	F	264/322	STETTTLER, AB
175/611	SORENSEN, MYKAYLA	1500	30:33.472	06:06	09:49	5K20-29F	8/40	F	49/322	EDMONTON, AB
456/611	STANDEN, AMBER	1323	50:07.446	10:01	16:07	5K40-49F	37/52	F	215/322	LETHBRIDGE, AB
214/611	STANDEN, JIM	1324	32:40.799	06:32	10:30	5K40-49M	24/43	M	144/289	LETHBRIDGE, AB
162/611	STINSON, MELISSA	1325	29:53.548	05:58	09:36	5K30-39F	11/58	F	42/322	LETHBRIDGE, AB
317/611	STONE, JACKSON	1326	39:46.398	07:57	12:47	5K15-19M	16/18	M	185/289	COALDALE, AB
15/611	STONE, JASON	1435	21:27.427	04:17	06:53	5K50-59M	1/17	M	13/289	LETHBRIDGE, NA
161/611	STRAUTS, KATHERINE	1327	29:46.274	05:57	09:34	5K30-39F	10/58	F	41/322	LETHBRIDGE, AB
207/611	SULLIVAN-FEHR, KHLOE ANN	1328	32:19.643	06:27	10:23	5K11-14F	15/50	F	67/322	STIRLING, AB
203/611	TAMS, CATHERINE	1330	32:09.529	06:25	10:20	5K40-49F	13/52	F	65/322	TABER, AB
150/611	TAMS, LUKE	1331	29:14.728	05:50	09:24	5K30-39M	20/45	M	115/289	COALDALE, AB
92/611	TANNER, JAROM	1332	26:41.695	05:20	08:35	5K20-29M	10/29	M	75/289	COALDALE, AB
236/611	TANNER, RUSS	1333	33:25.945	06:41	10:44	5K40-49M	25/43	M	153/289	COALDALE, AB
66/611	TANNER, SKYLER	1334	25:06.765	05:01	08:04	5K20-29F	1/40	F	9/322	COALDALE, AB
401/611	TATLOW, GRACE	1336	46:56.463	09:23	15:05	5K11-14F	30/50	F	178/322	RAYMOND, AB
400/611	TATLOW, JESSICA	1337	46:56.385	09:23	15:05	5K40-49F	28/52	F	177/322	RAYMOND, AB
88/611	THEROUX, DEL	1436	26:35.814	05:19	08:33	5K30-39F	5/58	F	16/322	COALDALE, AB
78/611	THEROUX, JP	1437	25:51.770	05:10	08:18	5K30-39M	13/45	M	66/289	COALDALE, AB
508/611	THOMSEN, CADEN	1338	54:25.486	10:53	17:29	5K07-10M	45/47	M	258/289	COALDALE, AB
97/611	TIEFENBACH, CAL	1438	27:04.623	05:24	08:42	5K20-29M	12/29	M	78/289	LETHBRIDGE, AB
107/611	TIEFENBACH, DONNA	1340	27:23.856	05:28	08:48	5K50-59F	2/27	F	22/322	LETHBRIDGE, AB
306/611	TIEFENBACH, RICH	1341	39:03.084	07:48	12:33	5K60-69M	6/14	M	181/289	LETHBRIDGE, AB
586/611	TIMMERMAN, AURORAH	1342	1:00:05.014	12:01	19:19	5K07-10F	40/42	F	301/322	LETHBRIDGE, AB
587/611	TIMMERMAN, GERRIANE	1343	1:00:06.145	12:01	19:19	5K40-49F	51/52	F	302/322	COALDALE, AB
565/611	TORGUNRUD, DUSTIN	1344	57:41.536	11:32	18:33	5K30-39M	43/45	M	280/289	COALDALE, AB
104/611	TROCKSTAD, CHAD	1345	27:20.074	05:28	08:47	5K30-39M	17/45	M	84/289	COALDALE, AB
599/611	TROCKSTAD, CHLOE	1346	1:00:58.507	12:11	19:36	5K06&UF	17/19	F	312/322	COALDALE, AB
105/611	TROCKSTAD, CLAIRE	1347	27:20.184	05:28	08:47	5K06&UF	1/19	F	21/322	COALDALE, AB

## 2023 Coaldale 5K Family Fun Run

## Alpha Overall Results

## 5K - 3.1 Miles

## 611 Finishers

O/A	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat/PI	Gender	Gen/PI	City
396/611	TROCKSTAD, DREW	1348	46:45.058	09:21	15:01	5K07-10M	38/47	M	223/289	COALDALE, AB
340/611	TROCKSTAD, TREYSON	1349	41:37.962	08:19	13:23	5K07-10M	31/47	M	198/289	COALDALE, AB
548/611	TWIGG, MARLEY	1350	56:45.531	11:21	18:15	5K11-14M	54/55	M	275/289	KAINAI, AB
8/611	TYMKO, PETRA	1578	20:21.327	04:04	06:32	5K15-19F	2/11	F	2/322	TABER, AB
147/611	TYNDALL, CURTIS	1351	29:03.025	05:48	09:20	5K40-49M	20/43	M	113/289	LETHBRIDGE, AB
515/611	TYNDALL, ROBIN	1352	54:46.990	10:57	17:36	5K40-49F	41/52	F	255/322	LETHBRIDGE, AB
325/611	UGLEM, SEANNA	1439	40:12.811	08:02	12:55	5K20-29F	13/40	F	136/322	LETHBRIDGE, AB
231/611	ULLY, BRETT	1440	33:16.635	06:39	10:42	5K20-29M	15/29	M	151/289	LETHBRIDGE, AB
117/611	UYTDEWILLIGEN, CASEY	1637	27:49.143	05:33	08:56	5K11-14M	23/55	M	90/289	COALDALE, AB
447/611	UYTDEWILLIGEN, MIKE	1638	49:38.173	09:55	15:57	5K50-59M	16/17	M	238/289	COALDALE, AB
293/611	UYTDEWILLIGEN, PATTI	1636	37:56.579	07:35	12:12	5K50-59F	8/27	F	118/322	COALDALE, AB
292/611	UYTDEWILLIGEN, PIPER	1639	37:53.039	07:34	12:10	5K07-10F	13/42	F	117/322	COALDALE, AB
196/611	VAN DER MOLEN, ABIGAIL	1501	31:43.645	06:20	10:12	5K11-14F	13/50	F	61/322	COALDALE, AB
194/611	VAN DER MOLEN, ANDREW	1502	31:40.232	06:20	10:11	5K07-10M	17/47	M	134/289	COADALE, AB
68/611	VAN DER MOLEN, JOEL	1503	25:18.101	05:03	08:08	5K30-39M	12/45	M	58/289	COALDALE, AB
256/611	VAN DER MOLEN, JOLENE	1504	34:33.564	06:54	11:06	5K40-49F	18/52	F	97/322	COALDALE, AB
188/611	VAN DER MOLEN, OWEN	1505	31:26.406	06:17	10:06	5K11-14M	32/55	M	131/289	COALDALE, AB
245/611	VAN HIERDEN, CHELSIA	1353	33:43.521	06:44	10:50	5K20-29F	10/40	F	89/322	COALDALE, AB
248/611	VAN HIERDEN, EDWARD	1354	33:50.827	06:46	10:52	5K50-59M	11/17	M	158/289	COALDALE, AB
98/611	VAN RAALTE, CODY	1585	27:05.499	05:25	08:42	5K11-14M	19/55	M	79/289	COALDALE, AB
323/611	VAN REEUWYK, ABIGAIL	1356	40:05.885	08:01	12:53	5K06&UF	4/19	F	135/322	COALDALE, AB
157/611	VAN REEUWYK, CALLIE	1357	29:36.396	05:55	09:31	5K11-14F	7/50	F	38/322	COALDALE, AB
73/611	VAN REEUWYK, KARSIN	1358	25:41.041	05:08	08:15	5K11-14M	12/55	M	62/289	COALDALE, AB
33/611	VAN REEUWYK, MARTIN	1359	23:22.575	04:40	07:30	5K30-39M	6/45	M	29/289	COALDALE, AB
133/611	VAN REEUWYK, NIXON	1360	28:30.618	05:42	09:10	5K07-10M	11/47	M	103/289	COALDALE, AB
532/611	VAN RIJN, JACK	1361	55:50.957	11:10	17:57	5K60-69M	11/14	M	269/289	COALDALE, AB
191/611	VAN RIJN, LINDSAY	1506	31:33.268	06:18	10:08	5K40-49F	11/52	F	59/322	LETHBRIDGE, AB
540/611	VAN RYN, CHARLOTTE	1362	56:17.819	11:15	18:06	5K60-69F	14/19	F	270/322	COALDALE, AB
199/611	VANDE GRIEND, AVA	1363	31:47.933	06:21	10:13	5K11-14F	14/50	F	62/322	LETHBRIDGE, AB
266/611	VANDE GRIEND, JON	1364	35:23.827	07:04	11:22	5K30-39M	30/45	M	164/289	LETHBRIDGE, AB
265/611	VANDE GRIEND, RUBY	1365	35:21.366	07:04	11:22	5K07-10F	12/42	F	102/322	LETHBRIDGE, AB
149/611	VANDE GRIEND, SADIE	1366	29:11.447	05:50	09:23	5K07-10F	2/42	F	35/322	LETHBRIDGE, AB
440/611	VANDE GRIEND, TARA	1367	49:01.040	09:48	15:45	5K40-49F	34/52	F	205/322	LETHBRIDGE, AB
439/611	VANDE GRIEND, TY	1368	48:59.956	09:47	15:45	5K06&UM	8/15	M	235/289	LETHBRIDGE, AB
514/611	VANDE MUNT, ELINE	1369	54:40.646	10:56	17:34	5K20-29F	29/40	F	254/322	COALDALE, AB
521/611	VANDENBERG, TIANA	1370	55:28.766	11:05	17:50	5K20-29F	31/40	F	259/322	COALDALE, AB
5/611	VANDER HEIDE, ISIAH	1441	19:52.776	03:58	06:23	5K11-14M	2/55	M	4/289	COALDALE, AB
26/611	VANDER HEIDE, JESSE	1581	22:45.449	04:33	07:19	5K11-14M	6/55	M	22/289	COALDALE, AB
25/611	VANDER HEIDE, PAUL	1580	22:41.642	04:32	07:17	5K40-49M	5/43	M	21/289	COALDALE, AB
115/611	VANDER HEIDE, SETH	1640	27:47.704	05:33	08:56	5K15-19M	11/18	M	88/289	COALDALE, AB
234/611	VANDERGAAG, CALI	1609	33:22.862	06:40	10:44	5K11-14F	19/50	F	83/322	TABER, AB
37/611	VANDERGAAG, JAYDEN	1610	23:29.207	04:41	07:33	5K11-14M	8/55	M	32/289	TABER, AB
38/611	VANDERGAAG, TYLER	1611	23:33.060	04:42	07:34	5K30-39M	7/45	M	33/289	TABER, AB
402/611	VANSPRONSEN, JOHANNA	1602	46:59.905	09:23	15:06	5K70+F	2/4	F	179/322	COALDALE, AB
204/611	VARJASSY, CLAYTON	1371	32:12.354	06:26	10:21	5K30-39M	25/45	M	139/289	COALDALE, AB
226/611	VEDRES, FAYLA	1372	33:05.963	06:37	10:38	5K30-39F	19/58	F	77/322	LETHBRIDGE, AB
174/611	VELDMAN, AUSTIN	1612	30:32.839	06:06	09:49	5K11-14F	10/50	F	48/322	LETHBRIDGE COUNTY,
181/611	VELDMAN, CHANTEL	1526	30:57.921	06:11	09:57	5K30-39F	12/58	F	53/322	COALDALE, AB
387/611	VELDMAN, COLTON	1613	45:57.514	09:11	14:46	5K07-10M	36/47	M	221/289	LETHBRIDGE COUNTY,
459/611	VELDMAN, DENVER	1614	50:36.930	10:07	16:16	5K06&UF	11/19	F	217/322	LETHBRIDGE COUNTY,
310/611	VELDMAN, HALLIE	1615	39:18.287	07:51	12:38	5K07-10M	29/47	M	183/289	LETHBRIDGE COUNTY,
460/611	VELDMAN, HEIDI	1616	50:37.482	10:07	16:16	5K60-69F	11/19	F	218/322	LETHBRIDGE COUNTY,
267/611	VELDMAN, HUDSON	1617	35:35.703	07:07	11:26	5K07-10M	24/47	M	165/289	LETHBRIDGE COUNTY,
178/611	VELDMAN, KINLEY	1527	30:51.167	06:10	09:55	5K07-10F	4/42	F	50/322	COALDALE, AB
77/611	VELDMAN, LINCOLN	1528	25:50.993	05:10	08:18	5K07-10M	5/47	M	65/289	COALDALE, AB
339/611	VELDMAN, PATSY	1373	41:35.961	08:19	13:22	5K50-59F	14/27	F	142/322	MONARCH, AB
510/611	VERHOEF, JON	1507	54:36.386	10:55	17:33	5K30-39M	41/45	M	259/289	COALDALE, AB

## 2023 Coaldale 5K Family Fun Run

## Alpha Overall Results

## 5K - 3.1 Miles

## 611 Finishers

O/A	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat/PI	Gender	Gen/PI	City
560/611	VERHOEF, LAINA	1508	57:33.053	11:30	18:30	5K20-29F	37/40	F	281/322	COALDALE, AB
477/611	VEURINK, ANNELIES	1509	51:47.185	10:21	16:39	5K20-29F	22/40	F	228/322	COALDALE, AB
113/611	VEURINK, APRIL	1625	27:40.494	05:32	08:53	5K07-10F	1/42	F	26/322	COALDALE, AB
370/611	VEURINK, COLE	1627	44:58.566	08:59	14:27	5K06&UM	5/15	M	211/289	COALDALE, AB
59/611	VEURINK, IVAN	1619	24:16.145	04:51	07:48	5K40-49M	10/43	M	52/289	COALDALE, AB
58/611	VEURINK, JORDYNN	1624	24:15.288	04:51	07:47	5K11-14F	3/50	F	7/322	COALDALE, AB
316/611	VEURINK, MACKENNA	1621	39:43.580	07:56	12:46	5K15-19F	6/11	F	132/322	COALDALE, AB
51/611	VEURINK, PEYTON	1623	23:59.623	04:47	07:42	5K11-14F	2/50	F	6/322	COALDALE, AB
371/611	VEURINK, RAELYNN	1622	45:00.056	09:00	14:28	5K15-19F	7/11	F	160/322	COALDALE, AB
315/611	VEURINK, REID	1626	39:43.337	07:56	12:46	5K06&UM	3/15	M	184/289	COALDALE, AB
114/611	VEURINK, TINA	1620	27:40.848	05:32	08:54	5K40-49F	6/52	F	27/322	COALDALE, AB
155/611	VORNBROCK, RICK	1561	29:33.096	05:54	09:30	5K60-69M	4/14	M	118/289	COALHURST, AB
123/611	WALDORF, RYAN	1374	28:00.313	05:36	09:00	5K40-49M	14/43	M	95/289	LETHBRIDGE, AB
547/611	WALL, ANDREW	1442	56:44.381	11:20	18:14	5K40-49M	40/43	M	274/289	COALDALE, AB
536/611	WALTON, ROBYN	1375	55:55.313	11:11	17:58	5K30-39F	50/58	F	266/322	COALDALE, AB
538/611	WATSON, TONNIA	1444	56:05.601	11:13	18:02	5K40-49F	43/52	F	268/322	LETHBRIDGE, AB
546/611	WEASEL FAT, HORTON	1376	56:34.564	11:18	18:11	5K30-39M	42/45	M	273/289	KAINAI, AB
606/611	WEINKAUF, PHOENIX	1378	1:03:13.965	12:38	20:19	5K11-14F	49/50	F	317/322	COALDALE, AB
463/611	WELLS, AIDEN	1379	51:11.247	10:14	16:27	5K11-14M	47/55	M	244/289	KAINAI, AB
556/611	WHEELER, ALANA	1382	56:57.708	11:23	18:18	5K30-39F	52/58	F	279/322	COALDALE, AB
469/611	WHITE GRASS, DAWNY-RAE	1383	51:32.117	10:18	16:34	5K11-14F	35/50	F	224/322	KAINAI, AB
160/611	WHYNOTT, ALEXANDRIA	1384	29:45.873	05:57	09:34	5K20-29F	7/40	F	40/322	LETHBRIDGE, AB
607/611	WIEDEMANN, ALICE	1595	1:03:17.953	12:39	20:21	5K11-14F	50/50	F	318/322	COALDALE, AB
69/611	WIGTON, ANDREW	1385	25:23.208	05:04	08:09	5K20-29M	7/29	M	59/289	LETHBRIDGE, AB
381/611	WILLMS, AVEYAH	1387	45:37.791	09:07	14:40	5K07-10F	25/42	F	164/322	COALDALE, AB
320/611	WILLMS, ZANDER	1388	39:54.833	07:58	12:50	5K11-14M	38/55	M	186/289	COALDALE, AB
253/611	WITHAGE, JANESE	1601	34:05.168	06:49	10:57	5K11-14F	21/50	F	94/322	COALDALE, AB
255/611	WITHAGE, MARCIA	1600	34:11.856	06:50	10:59	5K11-14F	22/50	F	96/322	COALDALE, AB
333/611	WITTEN, RALPH	1389	40:29.648	08:05	13:01	5K70+M	4/6	M	194/289	LETHBRIDGE, AB
158/611	WOLF, TINA	1562	29:38.276	05:55	09:31	5K20-29F	6/40	F	39/322	COALHURST, AB
549/611	WOLF CHILD, ETHAN	1390	56:45.579	11:21	18:15	5K11-14M	55/55	M	276/289	KAINAI, AB
475/611	WOODS, ADEN	1642	51:42.693	10:20	16:37	5K11-14M	50/55	M	249/289	COALDALE, AB
473/611	WOODS, MARY	1644	51:40.811	10:20	16:37	5K70+F	4/4	F	225/322	COALDALE, AB
294/611	WOODS, TANYA	1643	37:59.112	07:35	12:12	5K50-59F	9/27	F	119/322	COALDALE, AB
490/611	WUTKE, ERIN	1392	52:29.195	10:29	16:52	5K40-49F	39/52	F	237/322	COALDALE, AB
590/611	WUTKE-VAN MILL, IVY-RAE	1393	1:00:42.357	12:08	19:31	5K11-14F	46/50	F	304/322	COALDALE, AB
506/611	YOUNG, GLENDA	1394	54:18.775	10:51	17:27	5K60-69F	13/19	F	249/322	LETHBRIDGE, AB
183/611	YPMA, JENNETTE	1529	31:01.820	06:12	09:58	5K30-39F	13/58	F	55/322	PURPLE SPRINGS, AB
96/611	YPMA, JOSHUA	1530	27:03.330	05:24	08:41	5K11-14M	18/55	M	77/289	PURPLE SPRINGS, AB
79/611	YPMA, MARK	1531	25:53.035	05:10	08:19	5K11-14M	15/55	M	67/289	PURPLE SPRINGS, AB
222/611	YPMA, NAOMI	1532	32:59.993	06:35	10:36	5K07-10F	5/42	F	73/322	PURPLE SPRINGS, AB