

2023 Coaldale 5K Family Fun Run
Category Award Results
TOP 3 In Category

5K Run - 3.1 Miles
611 Finishers

5K06&UF (Female) - 20 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/20	TROCKSTAD, CLAIRE	1347	27:20.184	05:28	08:47	+00:00:00	105/619	21/326	COALDALE
2/20	HIEMSTRA, ABIGAIL	1155	33:32.666	06:42	10:47	+00:06:12	239/619	84/326	COALDALE
3/20	HUNSPERGER, KANSAS	1167	37:50.002	07:34	12:09	+00:10:29	290/619	115/326	MAGRATH

5K06&UM (Male) - 15 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/15	BULTENA, CARSON	1590	37:00.152	07:24	11:53	+00:00:00	285/619	174/293	COALDALE
2/15	OHLMANN, NEVAN	1250	38:12.628	07:38	12:17	+00:01:12	298/619	177/293	COALDALE
3/15	VEURINK, REID	1626	39:43.337	07:56	12:46	+00:02:43	315/619	184/293	COALDALE

5K07-10F (Female) - 42 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/42	VEURINK, APRIL	1625	27:40.494	05:32	08:53	+00:00:00	113/619	26/326	COALDALE
2/42	VANDE GRIEND, SADIE	1366	29:11.447	05:50	09:23	+00:01:30	149/619	35/326	LETHBRIDGE
3/42	CORKUM, ELISABETH	1056	30:08.870	06:01	09:41	+00:02:28	168/619	45/326	COALDALE

5K07-10M (Male) - 49 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/49	HUNSPERGER, WADE	1170	22:50.812	04:34	07:20	+00:00:00	29/619	25/293	MAGRATH
2/49	CRAVEN, MAX	1404	23:20.611	04:40	07:30	+00:00:29	32/619	28/293	COALDALE
3/49	HARTHOORN, JASON	1141	23:54.295	04:46	07:41	+00:01:03	48/619	43/293	COALDALE

5K11-14F (Female) - 50 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/50	CHATTERTON, ANNA	1040	21:40.440	04:20	06:58	+00:00:00	17/619	3/326	LETHBRIDGE
2/50	VEURINK, PEYTON	1623	23:59.623	04:47	07:42	+00:02:19	51/619	6/326	COALDALE
3/50	VEURINK, JORDYNN	1624	24:15.288	04:51	07:47	+00:02:34	58/619	7/326	COALDALE

5K11-14M (Male) - 55 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/55	CHIPIUK, RYLAN	1045	19:32.286	03:54	06:16	+00:00:00	4/619	3/293	BEAUMONT
2/55	VANDER HEIDE, ISAIAH	1441	19:52.776	03:58	06:23	+00:00:20	5/619	4/293	COALDALE
3/55	SENNEKER, DAWSON	1310	21:51.290	04:22	07:01	+00:02:19	18/619	15/293	COALDALE

5K15-19F (Female) - 11 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/11	CHIPIUK, JULIANNA	1044	19:31.920	03:54	06:16	+00:00:00	3/619	1/326	BEAUMONT
2/11	TYMKO, PETRA	1578	20:21.327	04:04	06:32	+00:00:49	8/619	2/326	TABER
3/11	BURNDRED, KARMYN	1401	30:06.415	06:01	09:40	+00:10:34	165/619	43/326	LETHBRIDGE

5K15-19M (Male) - 18 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/18	LEFFERS, ANDREW	1203	17:16.333	03:27	05:33	+00:00:00	1/619	1/293	SPRUCE GROVE
2/18	HILLIER, ZACHARY	456	20:13.855	04:02	06:30	+00:02:57	7/619	6/293	LETHBRIDGE
3/18	BERGEN, JOHNNY	1577	20:44.697	04:08	06:40	+00:03:28	9/619	7/293	PICTURE BUTTE

5K20-29F (Female) - 41 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/41	TANNER, SKYLER	1334	25:06.765	05:01	08:04	+00:00:00	66/619	9/326	COALDALE
2/41	JOHNSON, ZARA	1174	25:48.277	05:09	08:17	+00:00:41	76/619	12/326	LETHBRIDGE
3/41	BISSONETTE, MAKAYLA	1026	28:52.906	05:46	09:17	+00:03:46	143/619	32/326	LETHBRIDGE

5K20-29M (Male) - 30 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/30	BETT, JAMES	1649	21:27.400	04:17	06:53	+00:00:00	14/619	12/293	COALDALE
2/30	KASKO, PARKER	1181	22:12.899	04:26	07:08	+00:00:45	23/619	19/293	COALDALE
3/30	KYJAC-URASAKI, EVIAN	1201	23:25.118	04:41	07:31	+00:01:57	34/619	30/293	LETHBRIDGE

5K30-39F (Female) - 59 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/59	FEHR, EMMA	1097	21:56.767	04:23	07:03	+00:00:00	20/619	4/326	STIRLING
2/59	FRIESEN, HELENA	1459	25:03.891	05:00	08:03	+00:03:07	65/619	8/326	LETHBRIDGE
3/59	MALCHOW, BRENNIA	1035	25:27.953	05:05	08:11	+00:03:31	71/619	11/326	LETHBRIDGE

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5K30-39M (Male) - 45 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/45	LJA, ROB	1215	21:11.374	04:14	06:48	+00:00:00	12/619	10/293	COALDALE
2/45	MITCHELL, ERIC	1236	21:29.238	04:17	06:54	+00:00:17	16/619	14/293	LETHBRIDGE
3/45	SCHAFFTHUIZEN, DEVIN	1433	22:13.261	04:26	07:08	+00:01:01	24/619	20/293	COALDALE

5K40-49F (Female) - 52 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/52	HARTHOORN, MELANIE	1142	23:27.759	04:41	07:32	+00:00:00	36/619	5/326	COALDALE
2/52	PLAUSTEINER, LISA	1287	26:38.668	05:19	08:34	+00:03:10	90/619	17/326	LETHBRIDGE
3/52	JAFFRAY, STEPHANIE	1171	26:52.740	05:22	08:38	+00:03:24	93/619	18/326	LETHBRIDGE

5K40-49M (Male) - 43 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/43	FRIESEN, CHARLES	1111	19:16.630	03:51	06:11	+00:00:00	2/619	2/293	LETHBRIDGE
2/43	MESHEN, ROBBIE	1230	20:11.143	04:02	06:29	+00:00:54	6/619	5/293	MEDICINE HAT
3/43	MALINOWSKI, MACIEJ	1418	20:45.747	04:09	06:40	+00:01:29	10/619	8/293	LETHBRIDGE

5K50-59F (Female) - 27 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/27	GAUTHIER, HEATHER	1116	26:03.077	05:12	08:22	+00:00:00	82/619	13/326	LETHBRIDGE
2/27	TIEFENBACH, DONNA	1340	27:23.856	05:28	08:48	+00:01:20	107/619	22/326	LETHBRIDGE
3/27	PUURVEEN-VANSCHOTHORST, DENIS	294	31:19.487	06:15	10:04	+00:05:16	187/619	57/326	LETHBRIDGE

5K50-59M (Male) - 17 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/17	STONE, JASON	1435	21:27.427	04:17	06:53	+00:00:00	15/619	13/293	LETHBRIDGE
2/17	ROBERTSON, WILF	1641	23:51.554	04:46	07:40	+00:02:24	44/619	39/293	COALDALE
3/17	MCCRAY, GLENN	1423	24:01.969	04:48	07:43	+00:02:34	52/619	46/293	LETHBRIDGE

5K60-69F (Female) - 20 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/20	MAINZER, PATRICIA	1223	27:19.954	05:27	08:47	+00:00:00	103/619	20/326	LETHBRIDGE
2/20	CLARKE-IRWIN, LEE	1454	31:01.488	06:12	09:58	+00:03:41	182/619	54/326	BROOKS
3/20	HOFKINK, JACKIE	1546	33:55.350	06:47	10:54	+00:06:35	249/619	91/326	COALDALE

5K60-69M (Male) - 15 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/15	ARGYLE, GRAHAM	1007	23:35.083	04:43	07:35	+00:00:00	40/619	35/293	LETHBRIDGE
2/15	HENRY, GLENN	1153	23:58.363	04:47	07:42	+00:00:23	50/619	45/293	COALDALE
3/15	LOW, RICHARD	1217	28:34.511	05:42	09:11	+00:04:59	137/619	107/293	LETHBRIDGE

5K70+F (Female) - 4 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/4	EVANS, CAROLYN	1089	42:24.322	08:28	13:38	+00:00:00	343/619	145/326	COALDALE
2/4	VANSPRONSEN, JOHANNA	1602	46:59.905	09:23	15:06	+00:04:35	402/619	179/326	COALDALE
3/4	BURKE, CAROLINE	1038	48:10.566	09:38	15:29	+00:05:46	433/619	200/326	COALDALE

5K70+M (Male) - 6 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/6	ARVIDSON, ROB	1396	32:53.483	06:34	10:34	+00:00:00	220/619	149/293	LETHBRIDGE
2/6	ISAAK, ART	1414	35:08.935	07:01	11:18	+00:02:15	264/619	163/293	LETHBRIDGE
3/6	ROELOFS, GLEN	1299	38:16.399	07:39	12:18	+00:05:22	301/619	178/293	COALDALE