

Overall Gender Results

5K Run/Walk - 3.1 Miles

Female 64

Gender	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat	O/A	City
1/64	CHARKO, KATIE	107	22:04.577	04:24	07:05	5K16-19F	1/5	7/115	WHITECOURT, AB
2/64	BURGESS, NICOLE	105	22:36.123	04:31	07:16	5K11-15F	1/2	10/115	LETHBRIDGE, ALBERTA, AB
3/64	INDZEOSKI, CHARLEY	131	23:38.842	04:43	07:36	5K11-15F	2/2	17/115	COALHURST, AB
4/64	MCINTOSH, ELLIOTTE	187	23:39.124	04:43	07:36	5K10&UF	1/15	18/115	LETHBRIDGE, AB
5/64	GAUTHIER, HEATHER	127	24:07.154	04:49	07:45	5K50-59F	1/8	19/115	LETHBRIDGE, AB
6/64	OSUNGADE, ATINUKE	149	24:28.926	04:53	07:52	5K20-29F	1/5	22/115	LETHBRIDGE, AB
7/64	SUTTORP, VIVIEN	164	25:23.394	05:04	08:09	5K50-59F	2/8	28/115	LETHBRIDGE, AB
8/64	MALCHOW, BRENNNA	213	25:40.835	05:08	08:15	5K30-39F	1/12	30/115	LETHBRIDGE, AB
9/64	HUNSPERGER, MACIE	129	25:44.676	05:08	08:16	5K10&UF	2/15	32/115	MAGRATH, AB
10/64	DEGROOT, ANDREA	177	25:55.389	05:11	08:20	5K20-29F	2/5	33/115	LETHBRIDGE, AB
11/64	FOWLER, ALEXA	122	26:13.271	05:14	08:25	5K16-19F	2/5	35/115	WHITECOURT, AB
12/64	VANDEN DOOL, GRACE	169	26:14.138	05:14	08:26	5K50-59F	3/8	36/115	LETHBRIDGE, AB
13/64	WELLS, JOHANNA	194	26:21.497	05:16	08:28	5K50-59F	4/8	37/115	COALHURST, AB
14/64	GRAHAM, KENDALL	199	26:57.027	05:23	08:39	5K10&UF	3/15	39/115	LETHBRIDGE, AB
15/64	HARGRAVE, LINDSEY	200	26:57.710	05:23	08:40	5K30-39F	2/12	40/115	LETHBRIDGE, AB
16/64	HEGGIE, DIXIE	128	28:23.088	05:40	09:07	5K60-69F	1/7	42/115	LETHBRIDGE, AB
17/64	DARBY, BARBARA	113	29:19.034	05:51	09:25	5K50-59F	5/8	43/115	LETHBRIDGE, AB
18/64	PARDIAC, KATRINA	151	29:49.996	05:57	09:35	5K20-29F	3/5	44/115	LETHBRIDGE, AB
19/64	PLAUSTEINER, LISA	153	30:07.574	06:01	09:41	5K40-49F	1/9	45/115	LETHBRIDGE, AB
20/64	SCOTT, JANE	161	30:09.613	06:01	09:41	5K60-69F	2/7	46/115	LETHBRIDGE, AB
21/64	NISH, APRYL	148	31:15.212	06:15	10:02	5K20-29F	4/5	48/115	LETHBRIDGE, AB
22/64	VEDRES, FAYLA	170	31:21.399	06:16	10:04	5K30-39F	3/12	49/115	LETHBRIDGE, AB
23/64	VAN LEUKEN, DESIREE	191	33:00.398	06:36	10:36	5K40-49F	2/9	53/115	LETHBRIDGE, AB
24/64	OVIATT, CHRISTINE	150	33:24.257	06:40	10:44	5K40-49F	3/9	55/115	LETHBRIDGE, AB
25/64	WILKINSON, SYDNEY	174	34:09.583	06:49	10:59	5K16-19F	3/5	57/115	LETHBRIDGE, AB
26/64	WILKINSON, SARAH	173	34:09.865	06:49	10:59	5K16-19F	4/5	58/115	LETHBRIDGE, AB
27/64	DE GROOT, SANDRA	114	34:21.046	06:52	11:02	5K50-59F	6/8	59/115	VAUXHALL, AB
28/64	BULLOCK, CHELSIE	104	34:42.723	06:56	11:09	5K30-39F	4/12	62/115	BARNWELL, AB
29/64	BRIDGES, TESS	101	34:48.138	06:57	11:11	5K30-39F	5/12	63/115	LETHBRIDGE, AB
30/64	BROWN, BARB	103	35:39.676	07:07	11:27	5K40-49F	4/9	64/115	LETHBRIDGE, AB
31/64	DUURSMA, JACLYN	117	35:49.660	07:09	11:31	5K20-29F	5/5	66/115	LETHBRIDGE, AB
32/64	SHEPHERD, ROWENA	162	35:49.832	07:09	11:31	5K40-49F	5/9	67/115	PICTURE BUTTE, AB
33/64	FOWLER, CHRISTINE	208	36:34.003	07:18	11:45	5K60-69F	3/7	68/115	COALDALE, AB
34/64	BUCSIS, CALLA	182	40:23.125	08:04	12:59	5K10&UF	4/15	72/115	LETHBRIDGE, AB
35/64	ENTZ, ELIZABETH	119	43:21.670	08:40	13:56	5K60-69F	4/7	75/115	COALHURST, AB
36/64	SLINGERLAND, KRISTY	219	43:34.514	08:42	14:00	5K40-49F	6/9	76/115	DIAMOND CITY, AB
37/64	SANDHAM, SHARON	160	43:48.109	08:45	14:05	5K70+F	1/1	77/115	COALHURST, AB
38/64	LITTLE MUSTACHE, DEVA	216	44:00.483	08:48	14:09	5K30-39F	6/12	78/115	LETHBRIDGE, AB
39/64	BORT, ELLIE	196	44:59.192	08:59	14:27	5K10&UF	5/15	80/115	SHAUGHNESSY, AB
40/64	FEGAN, BLAYKE	184	45:26.429	09:05	14:36	5K10&UF	6/15	81/115	LETHBRIDGE COUNTY, AB
41/64	FEGAN, LINSEY	185	45:30.951	09:06	14:38	5K40-49F	7/9	82/115	LETHBRIDGE COUNTY, AB
42/64	REGIER, RICHELLE	188	45:31.420	09:06	14:38	5K40-49F	8/9	83/115	LETHBRIDGE, AB
43/64	FEGAN, AISLYNN	183	45:31.468	09:06	14:38	5K10&UF	7/15	84/115	LETHBRIDGE COUNTY, AB
44/64	VANGARDEREN, GERDA	193	46:21.809	09:16	14:54	5K30-39F	7/12	85/115	COALHURST, AB
45/64	MARTIN, BOBBI-JO	145	47:12.246	09:26	15:10	5K50-59F	7/8	86/115	LETHBRIDGE, AB
46/64	KAYTOR, PAM	134	47:13.302	09:26	15:11	5K50-59F	8/8	87/115	LETHBRIDGE, AB
47/64	WALKER, ASHLEY	171	47:33.856	09:30	15:17	5K30-39F	8/12	89/115	LETHBRIDGE, AB
48/64	PELUCCO, SILVER	203	49:09.480	09:49	15:48	5K10&UF	8/15	91/115	COALHURST, AB
49/64	MCALPINE, JESSICA	215	49:09.971	09:49	15:48	5K30-39F	9/12	92/115	LETHBRIDGE, AB
50/64	PELUCCO, LEXI	202	49:11.050	09:50	15:48	5K10&UF	9/15	93/115	COALHURST, AB
51/64	TOCKER, AUGUSTA	165	50:05.003	10:01	16:06	5K10&UF	10/15	94/115	LETHBRIDGE, AB
52/64	LEBEAU, WESLEY	142	50:05.284	10:01	16:06	5K40-49F	9/9	95/115	LETHBRIDGE, AB
53/64	COOK-REINHART, ADALYN	109	52:49.275	10:33	16:59	5K10&UF	11/15	98/115	COALHURST, AB
54/64	COOK-REINHART, ARIA	110	52:49.343	10:33	16:59	5K10&UF	12/15	99/115	COALHURST, AB
55/64	COOK, AMY	108	52:51.195	10:34	16:59	5K30-39F	10/12	100/115	COALHURST, AB

Overall Gender Results

5K Run/Walk - 3.1 Miles

Female 64

Gender	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat	O/A	City
56/64	DECRANE, CHERYL	115	53:01.672	10:36	17:03	5K60-69F	5/7	101/115	COALHURST, AB
57/64	REIERSTAD, DIXIE	157	55:41.514	11:08	17:54	5K60-69F	6/7	105/115	MEDICINE HAT, AB
58/64	INDZEOSKI, DIANNE	212	59:37.269	11:55	19:10	5K60-69F	7/7	106/115	COALHURST,
59/64	INDZEOSKI, JESSIE	132	59:38.253	11:55	19:10	5K16-19F	5/5	107/115	COALHURST, AB
60/64	BORT, PENNY	197	59:41.043	11:56	19:11	5K10&UF	13/15	108/115	SHAUGHNESSY, AB
61/64	LANGLOIS, ABIGAIL	139	1:01:55.243	12:23	19:54	5K10&UF	14/15	109/115	COALHURST, AB
62/64	LANGLOIS, TERRI	141	1:02:01.382	12:24	19:56	5K30-39F	11/12	111/115	COALHURST, AB
63/64	BORT, SHARLA	198	1:02:29.392	12:29	20:05	5K30-39F	12/12	112/115	SHAUGHNESSY, AB
64/64	BORT, CLAIRE	195	1:02:32.508	12:30	20:06	5K10&UF	15/15	114/115	SHAUGHNESSY, AB

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Male 51

Gender	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat	O/A	City
1/51	RAUDA, FELIX	155	19:59.179	03:59	06:25	5K11-15M	1/6	1/115	COALHURST, AB
2/51	VANDEN DOOL, GLENN	168	20:07.952	04:01	06:28	5K50-59M	1/5	2/115	LETHBRIDGE, AB
3/51	MALINOWSKI, MACIEJ	214	20:09.520	04:01	06:28	5K40-49M	1/6	3/115	LETHBRIDGE, AB
4/51	LJA, ROB	207	21:09.267	04:13	06:48	5K30-39M	1/6	4/115	COALDALE, AB
5/51	PERICH, MATEO	152	21:35.376	04:19	06:56	5K20-29M	1/7	5/115	RED DEER, AB
6/51	PAUL, TYLER	181	21:56.960	04:23	07:03	5K40-49M	2/6	6/115	TABER, AB
7/51	ROBERTSON, WILF	204	22:18.242	04:27	07:10	5K50-59M	2/5	8/115	COALDALE, AB
8/51	GALLANT, DYLAN	125	22:25.343	04:29	07:12	5K16-19M	1/3	9/115	LETHBRIDGE, AB
9/51	KWASNY, SIMON	136	22:46.131	04:33	07:19	5K11-15M	2/6	11/115	LETHBRIDGE, AB
10/51	MOREAU, LUC	201	22:52.999	04:34	07:21	5K20-29M	2/7	12/115	GRANDE PRAIRIE, AB
11/51	HUNSPERGER, WADE	130	22:54.779	04:34	07:22	5K10&UM	1/14	13/115	MAGRATH, AB
12/51	ARGYLE, GRAHAM	100	22:55.462	04:35	07:22	5K60-69M	1/2	14/115	LETHBRIDGE, AB
13/51	KWASNY, JASON	135	23:26.180	04:41	07:32	5K40-49M	3/6	15/115	LETHBRIDGE, AB
14/51	HUDSON, KIHEI	179	23:32.303	04:42	07:34	5K11-15M	3/6	16/115	COALHURST, AB
15/51	DYCK, GREG	118	24:16.915	04:51	07:48	5K50-59M	3/5	20/115	LETHBRIDGE, AB
16/51	MILROY, KYE	146	24:22.577	04:52	07:50	5K16-19M	2/3	21/115	LETHBRIDGE, AB
17/51	REIMER, NICKY	159	24:34.787	04:54	07:54	5K11-15M	4/6	23/115	LETHBRIDGE, AB
18/51	CAMPBELL, RILEY	106	24:38.630	04:55	07:55	5K16-19M	3/3	24/115	LETHBRIDGE, AB
19/51	TOCKER, MORGAN	167	24:39.433	04:55	07:55	5K30-39M	2/6	25/115	LETHBRIDGE, AB
20/51	FEENSTRA, BARNEY	120	24:42.333	04:56	07:56	5K70+M	1/2	26/115	LETHBRIDGE, AB
21/51	LAW, DAX	206	25:16.129	05:03	08:07	5K20-29M	3/7	27/115	LETHBRIDGE, AB
22/51	DIXON, BRADY	116	25:40.154	05:08	08:15	5K20-29M	4/7	29/115	LETHBRIDGE, AB
23/51	GALLANT, BRAD	124	25:41.280	05:08	08:15	5K40-49M	4/6	31/115	LETHBRIDGE, AB
24/51	POITRAS, ADAM	154	26:07.106	05:13	08:23	5K30-39M	3/6	34/115	LETHBRIDGE, AB
25/51	BROADBENT, GREGORY	102	26:45.169	05:21	08:36	5K50-59M	4/5	38/115	LETHBRIDGE, AB
26/51	SHADE, BADGER	190	28:18.988	05:39	09:06	5K10&UM	2/14	41/115	COALHURST, AB
27/51	HIRCH, LIAM	178	30:16.057	06:03	09:43	5K20-29M	5/7	47/115	LETHBRIDGE, AB
28/51	GATTAFONI, MAX	126	31:21.659	06:16	10:05	5K20-29M	6/7	50/115	LETHBRIDGE, AB
29/51	SCOTT, JIM	218	31:38.201	06:19	10:10	5K70+M	2/2	51/115	COALDALE, AB
30/51	LEWICKI, LYNKYN	186	32:59.508	06:35	10:36	5K10&UM	3/14	52/115	LETHBRIDGE, AB
31/51	JORGENSEN, TIM	133	33:23.437	06:40	10:44	5K50-59M	5/5	54/115	LETHBRIDGE, AB
32/51	SIMPSON, BRADY	163	33:43.759	06:44	10:50	5K20-29M	7/7	56/115	LETHBRIDGE, AB
33/51	ZANONI, JAMES	175	34:33.327	06:54	11:06	5K30-39M	4/6	60/115	LETHBRIDGE, AB
34/51	ZANONI, MIGUEL	176	34:35.975	06:55	11:07	5K10&UM	4/14	61/115	LETHBRIDGE, AB
35/51	SLINGERLAND, EDWIN	220	35:41.340	07:08	11:28	5K11-15M	5/6	65/115	DIAMOND CITY, AB
36/51	RAUDA, KNOX	156	36:51.218	07:22	11:51	5K11-15M	6/6	69/115	COALHURST, AB
37/51	IWANCZUK, DANIEL	205	37:02.761	07:24	11:54	5K10&UM	5/14	70/115	COALHURST, AB
38/51	VANESSEN, HANK	192	38:53.639	07:46	12:30	5K30-39M	5/6	71/115	COALHURST, AB
39/51	MALCHOW, DARREN	143	41:08.969	08:13	13:13	5K60-69M	2/2	73/115	LETHBRIDGE, AB
40/51	MALCHOW, VANCE	144	41:09.131	08:13	13:13	5K30-39M	6/6	74/115	LETHBRIDGE, AB
41/51	TOCKER, JASPER	166	44:48.529	08:57	14:24	5K10&UM	6/14	79/115	LETHBRIDGE, AB
42/51	WALKER, NICHOLAS	172	47:32.840	09:30	15:17	5K10&UM	7/14	88/115	LETHBRIDGE, AB
43/51	WALKER, JOSH	180	47:33.996	09:30	15:17	5K40-49M	5/6	90/115	LETHBRIDGE, AB
44/51	SLINGERLAND, MARCUS	221	52:12.900	10:26	16:47	5K10&UM	8/14	96/115	DIAMOND CITY, AB
45/51	FLORENCE, RYKER	121	52:16.554	10:27	16:48	5K10&UM	9/14	97/115	COALHURST, AB
46/51	BLAKE, MALACHI	210	54:30.921	10:54	17:31	5K10&UM	10/14	102/115	COALHURST, AB
47/51	BLAKE, SAMUEL	211	54:50.700	10:58	17:38	5K10&UM	11/14	103/115	COALHURST, AB
48/51	BLAKE, VICTOR	209	54:52.927	10:58	17:38	5K40-49M	6/6	104/115	COALHURST, AB
49/51	LANGLOIS, MARCUS	140	1:01:57.374	12:23	19:55	5K10&UM	12/14	110/115	COALHURST, AB
50/51	FLORENCE, COOPER	111	1:02:30.023	12:30	20:05	5K10&UM	13/14	113/115	COALHURST, AB
51/51	CHEECHOO, SIIBII	217	1:09:02.368	13:48	22:11	5K10&UM	14/14	115/115	LETHBRIDGE, AB