

2021 Conquer The Ridge Half, 10K, 5K

Alpha Overall Results

10K Run - 6.21 Miles

51 Finishers

O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	City
49/51	AMOS, MICHELLE	2101	01:19:14.82	07:55	10K35-49F	24/25	F	37/39	MEDICINE HAT
24/51	ANDERSON, SHAR	2103	01:00:05.10	06:00	10K35-49F	9/25	F	15/39	MEDICINE HAT
41/51	ASPINALL, TRENA	101	01:14:59.68	07:29	10K35-49F	20/25	F	31/39	MEDICINE HAT
10/51	AYALA AGUILAR, ALEX	102	00:53:42.02	05:22	10K18&UM	3/3	M	4/12	MEDICINE HAT
50/51	BENZ, COURTNEY	105	01:26:21.00	08:38	10K35-49F	25/25	F	38/39	MEDICINE HAT
9/51	BERNATH, DANIELLE	106	00:52:21.67	05:14	10K35-49F	3/25	F	6/39	MEDICINE HAT
29/51	CARROLL, ALLISON	108	01:01:48.79	06:10	10K35-49F	13/25	F	20/39	MEDICINE HAT
22/51	CHESTNEY, SHERRY	154	00:59:06.42	05:54	10K50+F	3/10	F	13/39	REGINA
14/51	CHUDLEIGH, KRISTY	111	00:55:54.67	05:35	10K35-49F	4/25	F	8/39	MEDICINE HAT
36/51	COPELAND, JESSICA	113	01:06:39.67	06:39	10K35-49F	17/25	F	27/39	MEDICINE HAT
17/51	DIAZ, LUIS	116	00:56:37.10	05:39	10K35-49M	3/5	M	8/12	MEDICINE HAT
6/51	DIRKER, CAREN	117	00:50:50.57	05:05	10K35-49F	2/25	F	4/39	MEDICINE HAT
2/51	DOYLE, RICKI	118	00:44:35.74	04:27	10K19-34F	1/4	F	1/39	LACADENA
38/51	FINSTAD, MICHELLE	122	01:08:04.58	06:48	10K35-49F	19/25	F	29/39	ETZIKOM
16/51	GURUNG, SUNIL	127	00:56:36.84	05:39	10K35-49M	2/5	M	7/12	RALSTON
5/51	HAMILL, MELANIE	128	00:50:22.80	05:02	10K19-34F	2/4	F	3/39	MEDICINE HAT
23/51	HELLMAN, MEGHAN	129	00:59:56.67	05:59	10K35-49F	8/25	F	14/39	MEDICINE HAT
44/51	HENFREY, CHARITY	130	01:15:50.53	07:35	10K35-49F	22/25	F	33/39	RED DEER
25/51	HODGKINSON, PAM	139	01:01:12.78	06:07	10K35-49F	10/25	F	16/39	MEDICINE HAT
48/51	JAMES, NICOLE	133	01:18:27.46	07:50	10K19-34F	4/4	F	36/39	MEDICINE HAT
51/51	JENSEN, ANITA	134	01:26:23.33	08:38	10K50+F	10/10	F	39/39	BARNWELL
30/51	JOHNSTON, LINDSAY	574	01:02:44.75	06:16	10K35-49F	14/25	F	21/39	MEDICINE HAT
28/51	KING, ANNALISE	532	01:01:48.67	06:10	10K50+F	4/10	F	19/39	MEDICINE HAT
33/51	KOCH, LEANA	136	01:04:08.41	06:24	10K50+F	7/10	F	24/39	MEDICINE HAT
26/51	LEHR, MANDY	138	01:01:12.80	06:07	10K35-49F	11/25	F	17/39	MEDICINE HAT
37/51	MANDRYK, SARA	141	01:07:23.43	06:44	10K35-49F	18/25	F	28/39	MEDICINE HAT
42/51	MANSON, LAYNE	142	01:15:00.23	07:30	10K35-49M	5/5	M	11/12	MEDICINE HAT
40/51	MICHALOPOULOS, JAMES	144	01:13:05.29	07:18	10K19-34M	1/1	M	10/12	MEDICINE HAT
19/51	MULROONEY, PAUL	148	00:57:21.91	05:44	10K35-49M	4/5	M	9/12	MEDICINE HAT
21/51	MUSTAFAEVA, SHAHLO	149	00:59:06.18	05:54	10K35-49F	7/25	F	12/39	REGINA
43/51	OUELLET, JANICE	150	01:15:22.26	07:32	10K35-49F	21/25	F	32/39	MEDICINE HAT
45/51	O'NEILL, JANIS	151	01:15:50.71	07:35	10K35-49F	23/25	F	34/39	RED DEER
46/51	PADILLA, MARENA	152	01:16:52.82	07:41	10K50+F	9/10	F	35/39	MEDICINE HAT
32/51	PATTERSON, LIZ	153	01:04:08.29	06:24	10K50+F	6/10	F	23/39	CALGARY
11/51	POWELL, BRIAN	110	00:54:14.98	05:25	10K50+M	1/3	M	5/12	REGINA
18/51	RANA, RITA	155	00:57:18.86	05:43	10K35-49F	6/25	F	10/39	MEDICINE HAT
8/51	RIEHELTMANN, TANIS	2185	00:52:21.00	05:14	10K50+F	1/10	F	5/39	MEDICINE HAT
15/51	SCHERER, JILLIAN	156	00:56:12.53	05:37	10K35-49F	5/25	F	9/39	MEDICINE HAT
4/51	SHIGEHIRO, KEENE	575	00:46:35.51	04:39	10K18&UM	2/3	M	2/12	MEDICINE HAT
3/51	SHRIVES, HELOISE	159	00:46:07.61	04:36	10K35-49F	1/25	F	2/39	MEDICINE HAT
35/51	SNAZEL, AIME	161	01:06:20.72	06:38	10K35-49F	16/25	F	26/39	MEDICINE HAT
39/51	SNORTLAND, TRACY	162	01:08:04.77	06:48	10K50+F	8/10	F	30/39	ETZIKOM
1/51	SUMNER, BRANNON	160	00:43:46.98	04:22	10K18&UM	1/3	M	1/12	MEDICINE HAT
20/51	SUNDE, BRENDA	165	00:58:38.45	05:51	10K50+F	2/10	F	11/39	MAPLE CREEK
13/51	SUNDE, MELVIN	166	00:55:38.98	05:33	10K50+M	2/3	M	6/12	MAPLE CREEK
12/51	SWIRSKY, DANIELLE	167	00:54:33.23	05:27	10K19-34F	3/4	F	7/39	MEDICINE HAT
34/51	TREIBER, CHRISTY	171	01:06:15.08	06:37	10K35-49F	15/25	F	25/39	MEDICINE HAT
7/51	TREIBER, PETER	172	00:51:51.28	05:11	10K35-49M	1/5	M	3/12	MEDICINE HAT
27/51	VOSSLER, RAELENE	173	01:01:40.66	06:10	10K35-49F	12/25	F	18/39	MEDICINE HAT
31/51	WHEELER, BARBARA	174	01:02:47.31	06:16	10K50+F	5/10	F	22/39	MEDICINE HAT
47/51	WITTS, PETER	175	01:17:26.83	07:44	10K50+M	3/3	M	12/12	REDCLIFF