

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Category Award Results

TOP 17 In Age Category

10K Run - 6.21 Miles

50 Finishers

10K13-17F (Female) - 2 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/2	PIZARRO, LAURA	1050	44:17.349	04:25	07:07	+00:00:00	13/50	1/22	LETHBRIDGE
2/2	FROESE, JESSICA	1013	58:16.929	05:49	09:23	+00:13:59	33/50	12/22	RAYMOND

10K13-17M (Male) - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/1	ZUIDHOF, RYKER	1042	43:50.233	04:23	07:03	+00:00:00	12/50	12/28	TABER

10K18-25F (Female) - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/1	ARIK, KATELYN	1001	59:28.179	05:56	09:34	+00:00:00	38/50	15/22	MONARCH

10K18-25M (Male) - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/1	ARMKNECHT, EVAN	1002	42:37.057	04:15	06:51	+00:00:00	11/50	11/28	BARNWELL

10K35-45F (Female) - 9 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/9	PINDER, ERIN	1044	45:44.934	04:34	07:22	+00:00:00	14/50	2/22	LETHBRIDGE
2/9	FEHR, EVA	1051	47:01.388	04:42	07:34	+00:01:16	18/50	5/22	TABER
3/9	GOUGH, MELISSA	1053	48:54.989	04:53	07:52	+00:03:10	20/50	7/22	CALGARY
4/9	VANDER HAYDEN, MANDY	1047	52:14.794	05:13	08:24	+00:06:29	23/50	9/22	LETHBRIDGE
5/9	WALKER, ASHLEY	1036	57:45.897	05:46	09:18	+00:12:00	31/50	11/22	LETHBRIDGE
6/9	WRIGHT, AMANDA	1046	59:03.056	05:54	09:30	+00:13:18	36/50	14/22	LETHBRIDGE
7/9	VEDRES, FAYLA	1034	1:01:10.320	06:07	09:51	+00:15:25	42/50	16/22	LETHBRIDGE
8/9	BELL, CHRISTINE	1003	1:01:42.900	06:10	09:56	+00:15:57	44/50	18/22	TABER
9/9	KLASSEN, NAOMI	1017	1:21:24.951	08:08	13:06	+00:35:40	50/50	22/22	TABER

10K35-45M (Male) - 10 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/10	CHABOT, CHRIS	1007	36:25.833	03:38	05:51	+00:00:00	1/50	1/28	TABER
2/10	WIGHT, DARIN	1043	39:50.534	03:59	06:24	+00:03:24	3/50	3/28	TABER
3/10	LJA, ROB	1018	39:51.166	03:59	06:25	+00:03:25	4/50	4/28	COALDALE
4/10	WARD, KIERAN	1039	41:33.893	04:09	06:41	+00:05:08	7/50	7/28	LETHBRIDGE
5/10	DEFRAINE, DEVIN	1011	41:37.994	04:09	06:42	+00:05:12	8/50	8/28	CALGARY
6/10	WIGHT, TAYLOR	1040	42:35.347	04:15	06:51	+00:06:09	10/50	10/28	CARDSTON
7/10	TAYLOR, JARED	1031	50:51.265	05:05	08:11	+00:14:25	21/50	14/28	OKOTOKS
8/10	GOUGH, BRAD	1052	53:33.897	05:21	08:37	+00:17:08	26/50	17/28	CALGARY
9/10	SOMMERFELDT, JOSEPH	1030	58:52.812	05:53	09:28	+00:22:26	35/50	22/28	RED DEER COUNTY
10/10	BELL, DUSTIN	1004	1:00:41.892	06:04	09:46	+00:24:16	40/50	25/28	TABER

10K46-54F (Female) - 6 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/6	REIMER, SUSAN	1028	46:03.004	04:36	07:24	+00:00:00	16/50	3/22	TABER
2/6	MOORE, JODI	1024	46:30.029	04:39	07:29	+00:00:27	17/50	4/22	CALGARY
3/6	WALDNER, WENDI	1035	51:08.584	05:06	08:14	+00:05:05	22/50	8/22	MEDICINE HAT
4/6	LUKINUK, ELIZABETH	1020	57:00.687	05:42	09:10	+00:10:57	30/50	10/22	LETHBRIDGE
5/6	YPMA, FLORENE	1041	58:23.398	05:50	09:24	+00:12:20	34/50	13/22	LETHBRIDGE
6/6	PACK, COLLEEN	1026	1:01:40.227	06:10	09:55	+00:15:37	43/50	17/22	TABER

10K46-54M (Male) - 6 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/6	RASMUSSEN, DEREK	1027	38:39.120	03:51	06:13	+00:00:00	2/50	2/28	BARNWELL
2/6	MONTESINOS, CESAR	1023	41:28.432	04:08	06:40	+00:02:49	5/50	5/28	MEDICINE HAT
3/6	LUKINUK, BRENDT	1019	41:56.933	04:11	06:45	+00:03:17	9/50	9/28	LETHBRIDGE
4/6	KOZUB, JON	1045	45:56.629	04:35	07:23	+00:07:17	15/50	13/28	LETHBRIDGE
5/6	WARD, CHRIS	1038	1:00:04.953	06:00	09:40	+00:21:25	39/50	24/28	TABER
6/6	KLASSEN, LES	1016	1:02:21.055	06:14	10:02	+00:23:41	45/50	27/28	COALDALE

10K55-64F (Female) - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/3	CLAASSEN, MARJOLEIN	1009	48:20.045	04:50	07:46	+00:00:00	19/50	6/22	VAUXHALL
2/3	FERGUSON, KIRSTEN L.	1012	1:17:06.927	07:42	12:25	+00:28:46	48/50	20/22	TABER
3/3	MACDONALD, TRACY	1021	1:19:38.521	07:57	12:49	+00:31:18	49/50	21/22	TABER

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Category Award Results

TOP 17 In Age Category

10K Run - 6.21 Miles

50 Finishers

10K55-64M (Male) - 7 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/7	VANDEN DOOL, GLENN	1033	41:33.120	04:09	06:41	+00:00:00	6/50	6/28	LETHBRIDGE
2/7	CARLSON, MARK	1006	53:04.529	05:18	08:32	+00:11:31	25/50	16/28	CALGARY
3/7	HAMILTON, JEFF	1015	55:21.709	05:32	08:54	+00:13:48	27/50	18/28	TABER
4/7	TSCHITTER, RALPH	1032	55:37.955	05:33	08:57	+00:14:04	28/50	19/28	MEDICINE HAT
5/7	BROADBENT, GREGORY	1005	56:54.944	05:41	09:09	+00:15:21	29/50	20/28	LETHBRIDGE
6/7	FURTADO, ALASTAIR	1014	57:56.024	05:47	09:19	+00:16:22	32/50	21/28	LETHBRIDGE
7/7	MELNYCHUK, CAL	1048	1:06:03.524	06:36	10:38	+00:24:30	47/50	28/28	LETHBRIDGE

10K65+F (Female) - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/1	CHOW, PHYLLIS	1008	1:05:45.570	06:34	10:35	+00:00:00	46/50	19/22	MEDICINE HAT

10K65+M (Male) - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/3	RIBAR, HAROLD	1029	52:30.404	05:15	08:27	+00:00:00	24/50	15/28	LETHBRIDGE
2/3	MCLEAN, PATRICK	1049	59:19.226	05:55	09:33	+00:06:48	37/50	23/28	COALDALE
3/3	CUNNINGHAM, BARNEY	1010	1:00:55.978	06:05	09:48	+00:08:25	41/50	26/28	MEDICINE HAT