

## 2018 Calgary Women's Run - Aug 26/2018

## Alpha Overall Results

## 10K Run - 6.21 Miles

## 72 Finishers

O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	City
13/72	ANDERSON, JANICE	802	00:51:40.19	05:10	10K40-49	3/22	F	13/72	
12/72	BABES, LIANE	804	00:51:24.84	05:08	10K30-39	7/17	F	12/72	
45/72	BEAUDRY, PENNY	808	01:03:53.75	06:23	10K50-59	9/14	F	45/72	
46/72	BETZNER, CARLA	809	01:04:15.18	06:25	10K50-59	10/14	F	46/72	
69/72	BHALLA, ACHALA	810	01:18:15.25	07:49	10K40-49	21/22	F	69/72	
21/72	BLACKWELL, JENNIFER	811	00:57:00.12	05:42	10K30-39	9/17	F	21/72	
67/72	BRYANT, DALYCE	813	01:15:18.18	07:31	10K20-29	8/8	F	67/72	
28/72	CARVALHO, ASHLEY	818	01:00:06.85	06:00	10K20-29	5/8	F	28/72	
38/72	COTTAM, SHANNON	820	01:02:49.68	06:16	10K40-49	10/22	F	38/72	
49/72	DIXON, CHRISTINA	821	01:05:44.07	06:34	10K40-49	14/22	F	49/72	
11/72	DUMOULIN, ELAINE	825	00:49:02.40	04:54	10K30-39	6/17	F	11/72	
70/72	EKEWENU, EBBY	828	01:18:24.70	07:50	10K40-49	22/22	F	70/72	
64/72	ELLIS, ALLISON	829	01:12:48.62	07:16	10K40-49	20/22	F	64/72	
18/72	ERSKI NE, BRENDA	831	00:56:11.42	05:37	10K60-69	1/7	F	18/72	
37/72	FARRELL, TAMMY	833	01:02:07.52	06:12	10K50-59	7/14	F	37/72	
56/72	GARG, MANJU	840	01:07:36.31	06:45	10K30-39	13/17	F	56/72	
68/72	GARSTAD, TINA	841	01:17:47.41	07:46	10K50-59	14/14	F	68/72	
7/72	GELLATLY, BREANNE	843	00:48:12.22	04:49	10K30-39	3/17	F	7/72	
65/72	GREIDANUS, MARGRIET	844	01:12:49.62	07:16	10K30-39	15/17	F	65/72	
25/72	HALL, DEBORAH	847	00:58:22.33	05:50	10K40-49	5/22	F	25/72	
2/72	HALL, SARA	848	00:44:04.21	04:24	10K20-29	1/8	F	2/72	
42/72	HAMILTON, LESLIE	849	01:03:32.59	06:21	10K40-49	13/22	F	42/72	
26/72	HAYNE, CHRISTY	850	00:59:11.06	05:55	10K50-59	5/14	F	26/72	
3/72	HEIN, AMY	851	00:44:43.59	04:28	10K20-29	2/8	F	3/72	
27/72	HERASYMIUK, JENNA	906	00:59:52.80	05:59	10K20-29	4/8	F	27/72	
62/72	HOLDER, SARAH	852	01:08:45.21	06:52	10K40-49	19/22	F	62/72	
36/72	HUGHES, AIA	853	01:01:44.76	06:10	10K40-49	9/22	F	36/72	
48/72	JABS, DEANNE	854	01:05:23.82	06:32	10K50-59	11/14	F	48/72	
39/72	JENSEN, CAITLIN	855	01:03:11.54	06:19	10K40-49	11/22	F	39/72	
32/72	JOHNSON, FAYE	856	01:01:11.89	06:07	10K30-39	12/17	F	32/72	
50/72	JOHNSON, KATHLEEN	857	01:05:58.81	06:35	10K40-49	15/22	F	50/72	
5/72	KARY, EMMA	858	00:46:06.57	04:36	10K15-19	1/1	F	5/72	
57/72	KEEPING, CHRISTINE	859	01:07:52.19	06:47	10K40-49	18/22	F	57/72	
14/72	KINLOCH, NATASHA	860	00:52:25.88	05:14	10K30-39	8/17	F	14/72	
55/72	KONDRO, KYRA	861	01:07:35.12	06:45	10K40-49	17/22	F	55/72	
40/72	LOVE, RICHELLE	907	01:03:14.63	06:19	10K40-49	12/22	F	40/72	
52/72	MACDONALD, MAUREEN	864	01:06:45.08	06:40	10K60-69	6/7	F	52/72	
19/72	MANITOPYES, CARRIE	913	00:56:45.58	05:40	10K50-59	2/14	F	19/72	
23/72	MANSON, SHELBY	812	00:57:10.22	05:43	10K20-29	3/8	F	23/72	
34/72	MCCORMACK, MARNIE	867	01:01:13.27	06:07	10K50-59	6/14	F	34/72	
4/72	MERCIER, BARB	911	00:45:35.79	04:33	10K40-49	1/22	F	4/72	
72/72	MILLER, KAREN	870	01:34:18.30	09:25	10K30-39	17/17	F	72/72	
71/72	MILLER, NATASHA	871	01:34:17.13	09:25	10K 9&U	1/1	F	71/72	
59/72	MIYANISHI, KIYOKO	872	01:08:24.91	06:50	10K70-79	2/2	F	59/72	
1/72	MOODY, POLLY	873	00:38:42.97	03:52	10K30-39	1/17	F	1/72	
47/72	NG, MO	875	01:05:18.41	06:31	10K60-69	4/7	F	47/72	
20/72	NICHOLS, LEAH	876	00:56:47.06	05:40	10K50-59	3/14	F	20/72	
6/72	PARR, ALISON	878	00:48:08.29	04:48	10K30-39	2/17	F	6/72	
53/72	PIGOTT-HASS, PENNY	880	01:07:13.41	06:43	10K40-49	16/22	F	53/72	
33/72	RECKORD, HEIDI	883	01:01:12.01	06:07	10K40-49	7/22	F	33/72	
66/72	ROQUERO, DARIKA	884	01:13:50.18	07:23	10K30-39	16/17	F	66/72	
58/72	SAFRUK, PAMELA	885	01:07:58.50	06:47	10K50-59	12/14	F	58/72	
29/72	SCHMIDT, JOANNE	887	01:00:27.90	06:02	10K40-49	6/22	F	29/72	
22/72	SCRIMSHAW, SASKIA	888	00:57:06.14	05:42	10K30-39	10/17	F	22/72	
41/72	SERPICO, ROSE	908	01:03:15.19	06:19	10K50-59	8/14	F	41/72	
30/72	SHANKS, WENDY	909	01:00:40.70	06:04	10K60-69	2/7	F	30/72	
9/72	SHIMAZU, MIHO	889	00:48:49.83	04:52	10K30-39	4/17	F	9/72	
16/72	SKOV, BONNIE	890	00:54:31.03	05:27	10K70-79	1/2	F	16/72	
54/72	SO, RAE	891	01:07:13.55	06:43	10K60-69	7/7	F	54/72	
35/72	SOHN, MELANIE	912	01:01:22.08	06:08	10K40-49	8/22	F	35/72	
43/72	STRETCH, BETTI	892	01:03:50.53	06:23	10K60-69	3/7	F	43/72	
44/72	STRETCH, LAURA	893	01:03:50.68	06:23	10K20-29	6/8	F	44/72	
10/72	SUCHOV, KRISTEN	894	00:48:57.91	04:53	10K30-39	5/17	F	10/72	
15/72	SWITZER, MELODY	895	00:53:53.50	05:23	10K50-59	1/14	F	15/72	
17/72	SYCH, TRACY	910	00:54:39.50	05:27	10K40-49	4/22	F	17/72	
61/72	TILDEN, DONNA	896	01:08:39.80	06:51	10K50-59	13/14	F	61/72	

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## 10K Run - 6.21 Miles

## 72 Finishers

O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	City
60/72	TUDOR, LULU	898	01:08:31.69	06:51	10K20-29	7/8	F	60/72	
31/72	VISSER, MARILYN	899	01:00:57.03	06:05	10K30-39	11/17	F	31/72	
63/72	VOISIN, REBEKAH	900	01:11:52.79	07:11	10K30-39	14/17	F	63/72	
51/72	WHEATCROFT, LOUISE	902	01:06:40.64	06:40	10K60-69	5/7	F	51/72	
8/72	YAO, TINA	904	00:48:30.34	04:51	10K40-49	2/22	F	8/72	
24/72	YEE, KAREN	905	00:58:12.85	05:49	10K50-59	4/14	F	24/72	