

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

## Category Results

10K Run - 6.21 Miles  
72 Finishers

## 10K 9&amp;U - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace	OA/PI	Gen/PI	Offset	City
1/1	MILLER, NATASHA	871	01:34:17.13	09:25	71/72	71/72	+00:00:00	

## 10K15-19 - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace	OA/PI	Gen/PI	Offset	City
1/1	KARY, EMMA	858	00:46:06.57	04:36	5/72	5/72	+00:00:00	

## 10K20-29 - 8 Competitors

Cat/PI	Name	Bib #	Time	Pace	OA/PI	Gen/PI	Offset	City
1/8	HALL, SARA	848	00:44:04.21	04:24	2/72	2/72	+00:00:00	
2/8	HEIN, AMY	851	00:44:43.59	04:28	3/72	3/72	+00:00:39	
3/8	MANSON, SHELBY	812	00:57:10.22	05:43	23/72	23/72	+00:13:06	
4/8	HERASYMIUK, JENNA	906	00:59:52.80	05:59	27/72	27/72	+00:15:48	
5/8	CARVALHO, ASHLEY	818	01:00:06.85	06:00	28/72	28/72	+00:16:02	
6/8	STRETCH, LAURA	893	01:03:50.68	06:23	44/72	44/72	+00:19:46	
7/8	TUDOR, LULU	898	01:08:31.69	06:51	60/72	60/72	+00:24:27	
8/8	BRYANT, DALYCE	813	01:15:18.18	07:31	67/72	67/72	+00:31:13	

## 10K30-39 - 17 Competitors

Cat/PI	Name	Bib #	Time	Pace	OA/PI	Gen/PI	Offset	City
1/17	MOODY, POLLY	873	00:38:42.97	03:52	1/72	1/72	+00:00:00	
2/17	PARR, ALISON	878	00:48:08.29	04:48	6/72	6/72	+00:09:25	
3/17	GELLATLY, BREANNE	843	00:48:12.22	04:49	7/72	7/72	+00:09:29	
4/17	SHIMAZU, MIHO	889	00:48:49.83	04:52	9/72	9/72	+00:10:06	
5/17	SUCHOV, KRISTEN	894	00:48:57.91	04:53	10/72	10/72	+00:10:14	
6/17	DUMOULIN, ELAINE	825	00:49:02.40	04:54	11/72	11/72	+00:10:19	
7/17	BABES, LIANE	804	00:51:24.84	05:08	12/72	12/72	+00:12:41	
8/17	KINLOCH, NATASHA	860	00:52:25.88	05:14	14/72	14/72	+00:13:42	
9/17	BLACKWELL, JENNIFER	811	00:57:00.12	05:42	21/72	21/72	+00:18:17	
10/17	SCRIMSHAW, SASKIA	888	00:57:06.14	05:42	22/72	22/72	+00:18:23	
11/17	VISSER, MARILYN	899	01:00:57.03	06:05	31/72	31/72	+00:22:14	
12/17	JOHNSON, FAYE	856	01:01:11.89	06:07	32/72	32/72	+00:22:28	
13/17	GARG, MANJU	840	01:07:36.31	06:45	56/72	56/72	+00:28:53	
14/17	VOISIN, REBEKAH	900	01:11:52.79	07:11	63/72	63/72	+00:33:09	
15/17	GREIDANUS, MARGRIET	844	01:12:49.62	07:16	65/72	65/72	+00:34:06	
16/17	ROQUERO, DARIKA	884	01:13:50.18	07:23	66/72	66/72	+00:35:07	
17/17	MILLER, KAREN	870	01:34:18.30	09:25	72/72	72/72	+00:55:35	

## 10K40-49 - 22 Competitors

Cat/PI	Name	Bib #	Time	Pace	OA/PI	Gen/PI	Offset	City
1/22	MERCIER, BARB	911	00:45:35.79	04:33	4/72	4/72	+00:00:00	
2/22	YAO, TINA	904	00:48:30.34	04:51	8/72	8/72	+00:02:54	
3/22	ANDERSON, JANICE	802	00:51:40.19	05:10	13/72	13/72	+00:06:04	
4/22	SYCH, TRACY	910	00:54:39.50	05:27	17/72	17/72	+00:09:03	
5/22	HALL, DEBORAH	847	00:58:22.33	05:50	25/72	25/72	+00:12:46	
6/22	SCHMIDT, JOANNE	887	01:00:27.90	06:02	29/72	29/72	+00:14:52	
7/22	RECKORD, HEIDI	883	01:01:12.01	06:07	33/72	33/72	+00:15:36	
8/22	SOHN, MELANIE	912	01:01:22.08	06:08	35/72	35/72	+00:15:46	
9/22	HUGHES, AIA	853	01:01:44.76	06:10	36/72	36/72	+00:16:08	
10/22	COTTAM, SHANNON	820	01:02:49.68	06:16	38/72	38/72	+00:17:13	
11/22	JENSEN, CAITLIN	855	01:03:11.54	06:19	39/72	39/72	+00:17:35	
12/22	LOVE, RICHELLE	907	01:03:14.63	06:19	40/72	40/72	+00:17:38	
13/22	HAMILTON, LESLIE	849	01:03:32.59	06:21	42/72	42/72	+00:17:56	
14/22	DIXON, CHRISTINA	821	01:05:44.07	06:34	49/72	49/72	+00:20:08	
15/22	JOHNSON, KATHLEEN	857	01:05:58.81	06:35	50/72	50/72	+00:20:23	
16/22	PIGOTT-HASS, PENNY	880	01:07:13.41	06:43	53/72	53/72	+00:21:37	
17/22	KONDRO, KYRA	861	01:07:35.12	06:45	55/72	55/72	+00:21:59	
18/22	KEEPING, CHRISTINE	859	01:07:52.19	06:47	57/72	57/72	+00:22:16	
19/22	HOLDER, SARAH	852	01:08:45.21	06:52	62/72	62/72	+00:23:09	
20/22	ELLIS, ALLISON	829	01:12:48.62	07:16	64/72	64/72	+00:27:12	
21/22	BHALLA, ACHALA	810	01:18:15.25	07:49	69/72	69/72	+00:32:39	
22/22	EKEWENU, EBBY	828	01:18:24.70	07:50	70/72	70/72	+00:32:48	

## 10K50-59 - 14 Competitors

Cat/PI	Name	Bib #	Time	Pace	OA/PI	Gen/PI	Offset	City
1/14	SWITZER, MELODY	895	00:53:53.50	05:23	15/72	15/72	+00:00:00	

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## Category Results

10K Run - 6.21 Miles  
72 Finishers

## 10K50-59 - 14 Competitors

Cat/PI	Name	Bib #	Time	Pace	OA/PI	Gen/PI	Offset	City
2/14	MANITOPYES, CARRIE	913	00:56:45.58	05:40	19/72	19/72	+00:02:52	
3/14	NICHOLS, LEAH	876	00:56:47.06	05:40	20/72	20/72	+00:02:53	
4/14	YEE, KAREN	905	00:58:12.85	05:49	24/72	24/72	+00:04:19	
5/14	HAYNE, CHRISTY	850	00:59:11.06	05:55	26/72	26/72	+00:05:17	
6/14	MCCORMACK, MARNIE	867	01:01:13.27	06:07	34/72	34/72	+00:07:19	
7/14	FARRELL, TAMMY	833	01:02:07.52	06:12	37/72	37/72	+00:08:14	
8/14	SERPICO, ROSE	908	01:03:15.19	06:19	41/72	41/72	+00:09:21	
9/14	BEAUDRY, PENNY	808	01:03:53.75	06:23	45/72	45/72	+00:10:00	
10/14	BETZNER, CARLA	809	01:04:15.18	06:25	46/72	46/72	+00:10:21	
11/14	JABS, DEANNE	854	01:05:23.82	06:32	48/72	48/72	+00:11:30	
12/14	SAFRUK, PAMELA	885	01:07:58.50	06:47	58/72	58/72	+00:14:05	
13/14	TILDEN, DONNA	896	01:08:39.80	06:51	61/72	61/72	+00:14:46	
14/14	GARSTAD, TINA	841	01:17:47.41	07:46	68/72	68/72	+00:23:53	

## 10K60-69 - 7 Competitors

Cat/PI	Name	Bib #	Time	Pace	OA/PI	Gen/PI	Offset	City
1/7	ERSKI NE, BRENDA	831	00:56:11.42	05:37	18/72	18/72	+00:00:00	
2/7	SHANKS, WENDY	909	01:00:40.70	06:04	30/72	30/72	+00:04:29	
3/7	STRETCH, BETTI	892	01:03:50.53	06:23	43/72	43/72	+00:07:39	
4/7	NG, MO	875	01:05:18.41	06:31	47/72	47/72	+00:09:06	
5/7	WHEATCROFT, LOUISE	902	01:06:40.64	06:40	51/72	51/72	+00:10:29	
6/7	MACDONALD, MAUREEN	864	01:06:45.08	06:40	52/72	52/72	+00:10:33	
7/7	SO, RAE	891	01:07:13.55	06:43	54/72	54/72	+00:11:02	

## 10K70-79 - 2 Competitors

Cat/PI	Name	Bib #	Time	Pace	OA/PI	Gen/PI	Offset	City
1/2	SKOV, BONNIE	890	00:54:31.03	05:27	16/72	16/72	+00:00:00	
2/2	MIYANISHI, KIYOKO	872	01:08:24.91	06:50	59/72	59/72	+00:13:53	