

2022 Calgary Women's Run - Aug 21/2022

Alpha Overall Results

5K Run/Walk - 3.1 Miles

67 Finishers

O/A	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat/PI	Gender	Gen/PI	City
1/67	ASTRIDGE, ROBYN	318	19:47.577	03:57	06:21	5K15-19	1/3	F	1/67	CALGARY,
49/67	BARICH, JESSICA	398	49:11.153	09:50	15:48	5K40-49	10/13	F	49/67	CALGARY, AB
54/67	BRAND-TOOTLE, TULIA	319	51:52.452	10:22	16:40	5K60-69	11/11	F	54/67	HERITAGE POINTE,
60/67	BURNETT, DEBBRA	396	58:10.490	11:38	18:42	5K50-59	13/15	F	60/67	CALGARY,
42/67	BUSCHE, BARB	320	41:34.170	08:18	13:21	5K60-69	9/11	F	42/67	CALGARY,
25/67	CHUNG, MONICA	321	32:16.334	06:27	10:22	5K30-39	6/12	F	25/67	CALGARY,
38/67	COLAS, LATOYA	322	40:00.606	08:00	12:51	5K40-49	6/13	F	38/67	CALGARY,
19/67	COPITHORNE, CHELSEA	323	30:48.491	06:09	09:54	5K30-39	4/12	F	19/67	CALGARY,
51/67	DAME, NEVAEH	327	49:23.295	09:52	15:52	5K10-14	4/5	F	51/67	CALGARY,
5/67	DEAUSY, PATRICIA	329	24:36.231	04:55	07:54	5K40-49	1/13	F	5/67	CALGARY,
31/67	ELIAS, CALLISTA	331	36:32.600	07:18	11:45	5K20-29	2/4	F	31/67	CALGARY,
24/67	EMERY, CLARE	332	31:57.984	06:23	10:16	5K60-69	4/11	F	24/67	CALGARY,
66/67	FINGLER, ERIN	333	1:00:35.732	12:07	19:29	5K40-49	13/13	F	66/67	CALGARY,
53/67	FINKBINER, ELIZABETH	334	51:51.164	10:22	16:40	5K50-59	11/15	F	53/67	HERITAGE POINTE,
59/67	FREROT, JOANNE	336	53:39.794	10:43	17:15	5K50-59	12/15	F	59/67	CALGARY,
48/67	GARSTAD, TINA	399	48:24.818	09:40	15:34	5K50-59	9/15	F	48/67	CALGARY,
61/67	GERVAIS, CHRISTINA	337	58:12.296	11:38	18:42	5K50-59	14/15	F	61/67	CALGARY,
27/67	GILLES, BROOKE	390	34:05.154	06:49	10:57	5K40-49	4/13	F	27/67	CALGARY, AB
28/67	GILLES, PAYTON	391	34:05.245	06:49	10:57	5K09&U	1/3	F	28/67	CALGARY, AB
29/67	GILLES, TAZZLYN	392	34:05.574	06:49	10:57	5K09&U	2/3	F	29/67	CALGARY, AB
58/67	GRAF, AMY	339	53:34.169	10:42	17:13	5K30-39	10/12	F	58/67	CALGARY,
6/67	HAGGARD, KAREN	340	25:01.101	05:00	08:02	5K60-69	1/11	F	6/67	CALGARY,
10/67	HAMILTON, PAIGE	366	27:19.686	05:27	08:47	5K50-59	4/15	F	10/67	CALGARY, 1
47/67	HECK, DANIELLE	342	45:49.755	09:09	14:44	5K30-39	9/12	F	47/67	CALGARY,
65/67	HIGGINS, LINDA MAE	343	59:35.123	11:55	19:09	5K40-49	12/13	F	65/67	CALGARY,
3/67	HOCKING, PHILIPPA	344	23:35.432	04:43	07:35	5K50-59	2/15	F	3/67	CALGARY,
8/67	HOLDER, MELISSA	345	26:21.572	05:16	08:28	5K10-14	1/5	F	8/67	CALGARY,
32/67	HUNT, JEAN	346	37:41.318	07:32	12:07	5K60-69	5/11	F	32/67	CALGARY,
35/67	JOHN, SARAH	348	39:17.807	07:51	12:38	5K60-69	6/11	F	35/67	CALGARY,
11/67	KELLY, DEBORAH	349	28:08.084	05:37	09:02	5K60-69	3/11	F	11/67	CALGARY,
43/67	KENNEDY, CORNELIA	350	45:01.989	09:00	14:28	5K50-59	8/15	F	43/67	CALGARY,
45/67	LANGEN, SHERI	354	45:28.873	09:05	14:37	5K60-69	10/11	F	45/67	CALGARY,
55/67	LIEBENBERG, KAYLEY	355	52:50.246	10:34	16:59	5K10-14	5/5	F	55/67	CALGARY,
56/67	LIEBENBERG, MIEKE	356	52:51.045	10:34	16:59	5K15-19	3/3	F	56/67	CALGARY,
57/67	LIEBENBERG, RACHEL	357	52:57.160	10:35	17:01	5K40-49	11/13	F	57/67	CALGARY,
30/67	MARTIN, ANNA	358	35:49.827	07:09	11:31	5K50-59	6/15	F	30/67	CALGARY,
7/67	MCCAFFREY, JANICE	359	25:15.139	05:03	08:07	5K60-69	2/11	F	7/67	CALGARY,
22/67	MCELGUNN, JAMIE	360	31:44.061	06:20	10:12	5K30-39	5/12	F	22/67	BROOKS,
46/67	MCGILLVREY, STEPHANIE	361	45:29.832	09:05	14:37	5K40-49	9/13	F	46/67	CALGARY,
39/67	METCALFE, KIM	1396	40:32.947	08:06	13:02	5K50-59	7/15	F	39/67	CALGARY,
63/67	MING, NATASHA	362	59:29.803	11:53	19:07	5K30-39	12/12	F	63/67	CALGARY,
36/67	MURPHY, SUSAN	363	39:29.410	07:53	12:41	5K60-69	7/11	F	36/67	CALGARY,
20/67	NORRISH, VALERIE	364	31:21.234	06:16	10:04	5K70-79	1/1	F	20/67	CALGARY,
2/67	PATTERSON, JANICE	367	22:11.782	04:26	07:08	5K50-59	1/15	F	2/67	CALGARY,
50/67	PIGOTT-HASS, PENNY	400	49:11.764	09:50	15:49	5K50-59	10/15	F	50/67	CALGARY,
41/67	PODGORSKI, MARY-ANN	368	40:43.801	08:08	13:05	5K60-69	8/11	F	41/67	CALGARY,
26/67	ROBINSON, KESA	370	33:02.200	06:36	10:37	5K30-39	7/12	F	26/67	CALGARY,
37/67	ROBINSON, POPPY	371	39:30.043	07:54	12:42	5K09&U	3/3	F	37/67	CALGARY,
40/67	SANDOVAL, CARMEN	372	40:35.247	08:07	13:03	5K40-49	7/13	F	40/67	CALGARY,
4/67	SARIN, AYMARA	394	24:34.732	04:54	07:54	5K15-19	2/3	F	4/67	CALGARY, AB
14/67	SARIN, SIYARA	395	28:27.913	05:41	09:09	5K10-14	2/5	F	14/67	CALGARY, AB
18/67	SCHMIDT, ERIN	373	30:23.622	06:04	09:46	5K30-39	3/12	F	18/67	CALGARY,
13/67	SHAAK, REBECCA	374	28:09.726	05:37	09:03	5K20-29	1/4	F	13/67	CALGARY,
67/67	SHADE, LOUISE	375	1:00:38.193	12:07	19:29	5K50-59	15/15	F	67/67	CALGARY,
33/67	SHEPHERD, ROWENA	376	37:48.232	07:33	12:09	5K40-49	5/13	F	33/67	PICTURE BUTTE,
15/67	SLEMKO, TARA	393	28:29.261	05:41	09:09	5K50-59	5/15	F	15/67	CALGARY, AB
23/67	STURDY, MARA	378	31:48.233	06:21	10:13	5K40-49	3/13	F	23/67	CALGARY,

2022 Calgary Women's Run - Aug 21/2022

Alpha Overall Results

5K Run/Walk - 3.1 Miles

67 Finishers

O/A	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat/PI	Gender	Gen/PI	City
12/67	SULLIVAN, NICOLE	379	28:09.584	05:37	09:03	5K30-39	1/12	F	12/67	CALGARY,
62/67	TEODORO, SARAH	380	59:28.676	11:53	19:07	5K30-39	11/12	F	62/67	CALGARY,
52/67	TOMA-DAME, MADISON	381	49:23.318	09:52	15:52	5K20-29	3/4	F	52/67	CALGARY,
64/67	UNGER, SOFIA	397	59:33.977	11:54	19:09	5K20-29	4/4	F	64/67	CALGARY, AB
34/67	VASSOLO, KRISTAL	383	37:49.686	07:33	12:09	5K30-39	8/12	F	34/67	CALGARY,
9/67	VERBONAC, MARIA	384	27:09.395	05:25	08:43	5K50-59	3/15	F	9/67	CALGARY,
21/67	WALTERS, ALLISON	385	31:26.880	06:17	10:06	5K40-49	2/13	F	21/67	CALGARY,
16/67	WEISBRICH, ABIGAIL	386	29:55.241	05:59	09:37	5K10-14	3/5	F	16/67	CALGARY,
17/67	WEISBRICH, MOOKTIDA	387	29:55.733	05:59	09:37	5K30-39	2/12	F	17/67	CALGARY,
44/67	YOUNG, CRYSTAL	389	45:21.044	09:04	14:34	5K40-49	8/13	F	44/67	CALGARY,