

OA/PI = Overall Placing

Cat/PI = Category Placing

Category Award Results

TOP 3 In Category

5K - 3.1 Miles

154 Finishers

5K09&U - 2 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	City
1/2	KWOK, HALEY	235	48:56.205	09:47	15:44	+00:00:00	139/154	CALGARY
2/2	KAUR, AVNOOR	228	49:58.026	09:59	16:03	+00:01:01	143/154	CALGARY

5K10-19 - 20 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	City
1/20	BOIRE, ASPEN	172	21:26.612	04:17	06:53	+00:00:00	2/154	CALGARY
2/20	ENGLESON, AVERY	199	26:30.735	05:18	08:31	+00:05:04	7/154	CHESTERMERE
3/20	SELLIAH, OVIYA	290	30:44.772	06:08	09:53	+00:09:18	24/154	CALGARY

5K20-29 - 27 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	City
1/27	PLASTIRAS, MAGGIE	276	27:35.021	05:31	08:52	+00:00:00	11/154	CALGARY
2/27	KIERNAN, FRIEDE	231	27:41.633	05:32	08:54	+00:00:06	14/154	CALGARY
3/27	NAEGELE, HELENA	323	28:23.960	05:40	09:07	+00:00:48	15/154	HEIDELBERG

5K30-39 - 51 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	City
1/51	LOGAN, JENNA	243	20:32.496	04:06	06:36	+00:00:00	1/154	CANMORE
2/51	WILLIAMS, VALERIE	311	26:06.441	05:13	08:23	+00:05:33	5/154	CALGARY
3/51	CHAN, EVE	180	26:15.922	05:15	08:26	+00:05:43	6/154	CALGARY

5K40-49 - 28 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	City
1/28	BOIRE, LAURA	173	21:40.299	04:20	06:58	+00:00:00	3/154	CALGARY
2/28	MACSWEEN, MAUREEN	247	25:17.422	05:03	08:07	+00:03:37	4/154	CALGARY
3/28	HIGGINS, LINDA MAE	208	27:37.836	05:31	08:53	+00:05:57	12/154	CALGARY

5K50-59 - 15 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	City
1/15	PLASTIRAS, ANDREA	275	29:16.576	05:51	09:24	+00:00:00	20/154	CALGARY
2/15	LAUTERMILCH, JENNY	239	29:58.697	05:59	09:38	+00:00:42	22/154	CALGARY
3/15	MAY, DOREEN	253	31:03.429	06:12	09:59	+00:01:46	25/154	CALGARY

5K60-69 - 7 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	City
1/7	SKENE, CATHERINE	297	37:06.264	07:25	11:55	+00:00:00	75/154	CALGARY
2/7	IRWIN, LESLIE	216	39:48.380	07:57	12:47	+00:02:42	90/154	CALGARY
3/7	SHANE, KAIT	291	41:33.559	08:18	13:21	+00:04:27	103/154	CALGARY

5K70-79 - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	City
1/3	SKOV, BONNIE	326	37:51.428	07:34	12:10	+00:00:00	77/154	CALGARY
2/3	KENT, ADELE	230	41:46.127	08:21	13:25	+00:03:54	106/154	CALGARY
3/3	PODGORSKI, MARY-ANN	331	47:16.407	09:27	15:12	+00:09:24	132/154	CALGARY

5K80+ - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	City
1/1	WHITE, MARY MADELINE	309	46:48.003	09:21	15:02	+00:00:00	130/154	CALGARY