

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

## Category Results

## 10K Run - 6.21 Miles

111 Finishers

## 10K10-19 - 4 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Offset	City
1/4	LIPPERT, EVELYN	1475	45:02.053	04:30	07:15	3/111	+00:00:00	AIRDRIE
2/4	HOLDER, ISABELA	1453	1:01:33.769	06:09	09:54	40/111	+00:16:31	CALGARY
3/4	HUNTER, MAKAYLA	1459	1:04:54.908	06:29	10:27	53/111	+00:19:52	CALGARY
4/4	NEALON, LEXI	1493	1:24:13.373	08:25	13:33	104/111	+00:39:11	CALGARY

## 10K20-29 - 22 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Offset	City
1/22	GRIFFITHS, NIA	1443	49:03.672	04:54	07:54	9/111	+00:00:00	CALGARY
2/22	WANG, DALIA	1536	51:43.243	05:10	08:19	11/111	+00:02:39	CALGARY
3/22	JOHNSON, OLIVIA	1461	55:52.404	05:35	08:59	17/111	+00:06:48	CALGARY
4/22	LEAHY, TARYN	1469	57:59.224	05:47	09:20	28/111	+00:08:55	CALGARY
5/22	MICHO, OPHRAH	1483	58:23.364	05:50	09:24	31/111	+00:09:19	CALGARY
6/22	DIMNIK, MACKENZIE	1427	1:00:06.019	06:00	09:40	36/111	+00:11:02	CALGARY
7/22	WHITFIELD, INDIA	1539	1:01:16.331	06:07	09:52	39/111	+00:12:12	CANMORE
8/22	PICKERSGILL, MAKENA	1505	1:01:59.010	06:11	09:58	41/111	+00:12:55	CALGARY
9/22	WALKER, STEPHANIE	1534	1:03:38.337	06:21	10:14	46/111	+00:14:34	CALGARY
10/22	RAGAN, CAROLINE	1509	1:05:25.330	06:32	10:32	57/111	+00:16:21	CALGARY
11/22	DONAHUE, JENNA	1429	1:07:01.331	06:42	10:47	64/111	+00:17:57	CALGARY
12/22	STROUD, JULIA	1521	1:09:41.736	06:58	11:13	75/111	+00:20:38	OKOTOKS
13/22	HOOD, TERESA	1457	1:13:46.767	07:22	11:52	85/111	+00:24:43	WINNIPEG
14/22	ZHAN, ANNIE	1545	1:14:24.513	07:26	11:58	86/111	+00:25:20	CALGARY
15/22	BUSATO, HAILEY	1414	1:18:59.243	07:53	12:43	93/111	+00:29:55	AIRDRIE
16/22	LUCAS, REEGAN	1477	1:19:00.137	07:54	12:43	95/111	+00:29:56	AIRDRIE
17/22	MCDONALD, TESSA	1479	1:19:01.775	07:54	12:43	96/111	+00:29:58	CROSSFIELD
18/22	BISWANGER, ALIVIA	1408	1:19:02.055	07:54	12:43	97/111	+00:29:58	CROSSFIELD
19/22	MESSING, JENAY	1481	1:20:13.188	08:01	12:55	98/111	+00:31:09	CALGARY
20/22	RANDHAWA, ZAINA	1511	1:20:13.562	08:01	12:55	99/111	+00:31:09	HERITAGE POINT
21/22	BARCLAY, ASHLEIGH	1404	1:25:39.368	08:33	13:47	108/111	+00:36:35	CALGARY
22/22	DELORME, KYLIA	1424	1:26:45.948	08:40	13:58	109/111	+00:37:42	MAPLE CREEK

## 10K30-39 - 43 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Offset	City
1/43	DELANEY, KARA	1423	40:51.471	04:05	06:34	1/111	+00:00:00	COCHRANE
2/43	HARRIS, LAURIE	1446	43:51.169	04:23	07:03	2/111	+00:02:59	CALGARY
3/43	ORTLIEB, ASHLEY	1500	45:13.688	04:31	07:16	4/111	+00:04:22	CALGARY
4/43	CURTS, MICHELLE	1420	47:40.617	04:46	07:40	8/111	+00:06:49	CALGARY
5/43	YU, FLORENCE	1544	50:05.320	05:00	08:03	10/111	+00:09:13	CALGARY
6/43	SKANDERUP, COURTNEY	1517	52:32.783	05:15	08:27	12/111	+00:11:41	CALGARY
7/43	DANCY, KAREN	1421	52:36.820	05:15	08:28	13/111	+00:11:45	AIRDRIE
8/43	BAUM, VIRGINIA	1405	55:21.245	05:32	08:54	14/111	+00:14:29	CALGARY
9/43	REABURN, JACQUI	1512	55:33.979	05:33	08:56	15/111	+00:14:42	CALGARY
10/43	SANDUTTI, ADRIANNA	1514	55:39.745	05:33	08:57	16/111	+00:14:48	CALGARY
11/43	BROADHURST, KYM	1410	56:05.153	05:36	09:01	18/111	+00:15:13	CALGARY
12/43	NEALON, KATHLEEN	1492	56:27.348	05:38	09:05	20/111	+00:15:35	CALGARY
13/43	WATSON, JANELLE	1537	56:32.926	05:39	09:06	22/111	+00:15:41	CALGARY
14/43	WILLCOCKS, AVY	1540	56:35.881	05:39	09:06	23/111	+00:15:44	CALGARY
15/43	BISHOP, KAITLIN	1407	57:13.894	05:43	09:12	25/111	+00:16:22	LACOMBE
16/43	SYDORYK, KRISTEN	1523	58:13.004	05:49	09:22	30/111	+00:17:21	CALGARY
17/43	GRANSON, OLIVIA	1441	1:02:11.855	06:13	10:00	42/111	+00:21:20	CALGARY
18/43	HACKETT, HANNAH	1444	1:02:11.924	06:13	10:00	43/111	+00:21:20	LACOMBE
19/43	DUECK, ANNA	1431	1:04:02.245	06:24	10:18	48/111	+00:23:10	CALGARY
20/43	MUNRO, JANELLE	1488	1:04:33.746	06:27	10:23	50/111	+00:23:42	CALGARY
21/43	WENTZEL, TRACY	1538	1:04:35.806	06:27	10:24	51/111	+00:23:44	CALGARY
22/43	PRINCIPALLI, JENNIFER	1508	1:05:02.501	06:30	10:28	55/111	+00:24:11	AIRDRIE
23/43	DIMINYATZ, MEGHANN	1426	1:05:10.443	06:31	10:29	56/111	+00:24:18	RED DEER
24/43	GRANSON, CLAIRE	1439	1:05:45.770	06:34	10:35	59/111	+00:24:54	CALGARY
25/43	KELLSEY, CASSANDRA	1462	1:06:34.542	06:39	10:43	62/111	+00:25:43	MOUNTAIN VIEW (
26/43	THAPA, KALPANA	1528	1:07:46.272	06:46	10:54	67/111	+00:26:54	CALGARY
27/43	GRAYWAL, MANDEEP	1442	1:08:17.823	06:49	10:59	70/111	+00:27:26	CALGARY
28/43	HOCEVAR, LAURA	1451	1:08:55.378	06:53	11:05	71/111	+00:28:03	CALGARY
29/43	DHAKAL, ASMITA	1425	1:09:04.437	06:54	11:07	72/111	+00:28:12	CALGARY
30/43	ROJAS, GABRIELLE	1513	1:09:17.290	06:55	11:09	73/111	+00:28:25	KELOWNA
31/43	NUNWEILER, HANNA	1497	1:09:29.877	06:56	11:11	74/111	+00:28:38	CALGARY
32/43	DOOLITTLE, BRIGITTE	1430	1:10:00.744	07:00	11:16	76/111	+00:29:09	DRUMHELLER
33/43	HURTADO, PIERINA	1496	1:10:56.592	07:05	11:25	77/111	+00:30:05	CALGARY
34/43	NHAN, SAMANTHA	1495	1:11:04.468	07:06	11:26	78/111	+00:30:12	CALGARY
35/43	TUDOR, JAYCEE	1532	1:11:08.384	07:06	11:27	79/111	+00:30:16	REDWOOD MEAD

OA/PI = Overall Placing

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Offset = Diff from Category win time hh:mm:ss

## Category Results

10K Run - 6.21 Miles  
111 Finishers

## 10K30-39 - 43 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Offset	City
36/43	TANG, HELEN	1527	1:12:07.161	07:12	11:36	82/111	+00:31:15	CALGARY
37/43	LAMBIE, WENDY	1466	1:12:19.213	07:13	11:38	83/111	+00:31:27	REDWOOD MEAD
38/43	CHAMARRO, LISANDRA	1417	1:13:19.488	07:19	11:48	84/111	+00:32:28	CALGARY
39/43	NWABUEZE, UGOCHI	1498	1:14:44.711	07:28	12:02	88/111	+00:33:53	AIRDRIE
40/43	PEIKOS, OLIVIA	1502	1:16:36.111	07:39	12:20	91/111	+00:35:44	CALGARY
41/43	BELL, JESSICA	1406	1:22:14.455	08:13	13:14	101/111	+00:41:22	CALGARY
42/43	MURRAY, JENN	1489	1:24:12.321	08:25	13:33	102/111	+00:43:20	CALGARY
43/43	TOMIK, DANIELLE	1530	1:27:20.735	08:44	14:03	110/111	+00:46:29	CALGARY

## 10K40-49 - 19 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Offset	City
1/19	COTTRILL, FAIRLIE	1418	56:13.193	05:37	09:03	19/111	+00:00:00	CALGARY
2/19	LIPPERT, MELINDA	1476	57:11.670	05:43	09:12	24/111	+00:00:58	AIRDRIE
3/19	ELDRED, KARIN	1432	57:42.770	05:46	09:17	27/111	+00:01:29	CALGARY
4/19	HOEHN, SARA	1452	58:02.735	05:48	09:20	29/111	+00:01:49	OKOTOKS
5/19	TOMCHAK, FALYNN	1529	58:29.411	05:50	09:25	32/111	+00:02:16	CALGARY
6/19	HOPE, KANDAS	1458	59:49.029	05:58	09:37	35/111	+00:03:35	THREE HILLS
7/19	LEE, CECILIA	1471	1:00:47.269	06:04	09:47	37/111	+00:04:34	CALGARY
8/19	HAWKINS, MARY	1546	1:02:14.362	06:13	10:01	44/111	+00:06:01	CALGARY
9/19	POLRA, TARA	1507	1:03:41.409	06:22	10:15	47/111	+00:07:28	CALGARY
10/19	JENSEN, CAITLIN	1460	1:04:37.121	06:27	10:24	52/111	+00:08:23	CALGARY
11/19	FUTERS, TERESA	1438	1:05:02.151	06:30	10:28	54/111	+00:08:48	AIRDRIE
12/19	NAM, YOONJIN	1491	1:06:24.581	06:38	10:41	61/111	+00:10:11	CALGARY
13/19	CRAVEN, KRYSTAL	1419	1:08:11.624	06:49	10:58	68/111	+00:11:58	CALGARY
14/19	FIELD, MELISSA	1436	1:11:38.151	07:09	11:32	80/111	+00:15:24	CALGARY
15/19	BRAGG, BRONWYN	1409	1:11:39.344	07:09	11:32	81/111	+00:15:26	LETHBRIDGE
16/19	LEACH, CLANCIE	1467	1:15:33.275	07:33	12:09	90/111	+00:19:20	AIRDRIE
17/19	HOLWEGNER, SONIA	1455	1:18:59.313	07:53	12:43	94/111	+00:22:46	AIRDRIE
18/19	NEALON, LINDSAY	1494	1:24:12.580	08:25	13:33	103/111	+00:27:59	CALGARY
19/19	STEWART, TINA	1520	1:30:11.782	09:01	14:31	111/111	+00:33:58	CALGARY

## 10K50-59 - 13 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Offset	City
1/13	WALL, SUSAN	1535	45:35.134	04:33	07:20	5/111	+00:00:00	COCHRANE
2/13	YOHEMAS, LEANNE	1543	45:46.502	04:34	07:22	6/111	+00:00:11	CALGARY
3/13	WONG, JESSICA	1541	56:28.098	05:38	09:05	21/111	+00:10:52	CALGARY
4/13	HAZLETT, TERRA	1448	57:20.105	05:44	09:13	26/111	+00:11:44	CALGARY
5/13	TOPHAM, TRACY	1531	59:02.120	05:54	09:30	33/111	+00:13:26	CALGARY
6/13	HOLT, CAROLE	1454	59:45.347	05:58	09:37	34/111	+00:14:10	CALGARY
7/13	YEE, KAREN	1542	1:05:53.441	06:35	10:36	60/111	+00:20:18	CALGARY
8/13	PEPIN, VERONICA	1503	1:06:52.026	06:41	10:46	63/111	+00:21:16	CALGARY
9/13	FARLEY, TARA	1435	1:14:30.683	07:27	11:59	87/111	+00:28:55	CALGARY
10/13	SZAMOSFALVI, MARGARET	1524	1:14:48.650	07:28	12:02	89/111	+00:29:13	CANMORE
11/13	LIM, EUN KYOUNG	1474	1:20:59.219	08:05	13:02	100/111	+00:35:24	EDMONTON
12/13	LEGERE TETZLAFF, LINDA	1473	1:24:23.267	08:26	13:35	105/111	+00:38:48	CALGARY
13/13	KOSLOSKI, DAWN	1464	1:24:23.875	08:26	13:35	107/111	+00:38:48	CALGARY

## 10K60-69 - 9 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Offset	City
1/9	MULLIGAN, ZITA	1487	47:23.693	04:44	07:37	7/111	+00:00:00	CALGARY
2/9	BUTLER-GRETTON, MARY	1415	1:01:05.775	06:06	09:50	38/111	+00:13:42	CALGARY
3/9	LEAHY, ELSPEETH	1468	1:03:18.675	06:19	10:11	45/111	+00:15:54	CALGARY
4/9	HARRIS, MARGARET	1447	1:04:03.088	06:24	10:18	49/111	+00:16:39	CALGARY
5/9	ALLAN, MOIRA	1401	1:05:25.846	06:32	10:32	58/111	+00:18:02	CALGARY
6/9	GRANSON, KATE	1440	1:07:14.969	06:43	10:49	65/111	+00:19:51	CALGARY
7/9	TUMBACH, KAREN	1533	1:07:43.824	06:46	10:54	66/111	+00:20:20	CALGARY
8/9	LEE, JOANNE	1472	1:08:11.952	06:49	10:58	69/111	+00:20:48	CALGARY
9/9	DANIELS, LAURA	1422	1:24:23.830	08:26	13:35	106/111	+00:37:00	CALGARY

## 10K80+ - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Offset	City
1/1	MIYANISHI, KIYOKO	1486	1:17:50.694	07:47	12:32	92/111	+00:00:00	CALGARY