

2011 Dino Dash 5K ,10 K - Sept 3/2011

Alpha Overall Results

10K - 6.2 Miles

| O/A | Name | Bib# | Time | Pace /k | Category | Cat/PI | Gender | Gen/PI | Chip Time |
|---------|--------------------|------|-------------|---------|-----------|--------|--------|--------|-------------|
| 106/115 | ADAMS, KELLY | 260 | 01:02:58.20 | 06:17 | 10K20-29F | 11/13 | F | 47/55 | 01:02:43.95 |
| 30/115 | ALINSANGAN, NANCY | 377 | 00:43:06.85 | 04:18 | 10K30-39F | 4/21 | F | 5/55 | 00:43:01.65 |
| 113/115 | ARNOUX, DELANEY | 261 | 01:07:51.25 | 06:47 | 10K30-39F | 21/21 | F | 53/55 | 01:07:37.10 |
| 66/115 | BARLOW, GEOFF | 262 | 00:52:39.55 | 05:15 | 10K50-59M | 17/20 | M | 50/60 | 00:52:19.65 |
| 83/115 | BARLOW, JOAN | 263 | 00:57:03.55 | 05:42 | 10K50-59F | 5/7 | F | 29/55 | 00:56:44.30 |
| 18/115 | BECKSTEAD, PAUL | 264 | 00:39:47.45 | 03:58 | 10K20-29M | 3/7 | M | 16/60 | 00:39:43.50 |
| 101/115 | BENNETT, SHAUNA | 265 | 01:01:51.85 | 06:11 | 10K40-49F | 9/11 | F | 44/55 | 01:01:45.00 |
| 43/115 | BENZ, WAYNE | 372 | 00:46:52.30 | 04:41 | 10K50-59M | 9/20 | M | 35/60 | 00:46:34.75 |
| 21/115 | BICKLEY, ED | 267 | 00:40:48.35 | 04:04 | 10K50-59M | 4/20 | M | 18/60 | 00:39:00.80 |
| 111/115 | BOIVIN, JULIE | 268 | 01:04:40.30 | 06:28 | 10K30-39F | 19/21 | F | 51/55 | 01:04:30.50 |
| 22/115 | BORKOVIC, BEN | 269 | 00:40:53.00 | 04:05 | 10K20-29M | 4/7 | M | 19/60 | 00:40:44.55 |
| 13/115 | BOYLE, SHARI | 270 | 00:38:21.90 | 03:50 | 10K30-39F | 1/21 | F | 2/55 | 00:38:21.35 |
| 73/115 | BOYNTON, ALLISON | 272 | 00:54:36.85 | 05:27 | 10K19&UF | 2/3 | F | 21/55 | 00:54:28.65 |
| 67/115 | BOYNTON, NUI | 271 | 00:52:52.10 | 05:17 | 10K50-59F | 1/7 | F | 17/55 | 00:52:43.90 |
| 9/115 | BRADFORD, KEITH | 273 | 00:37:11.45 | 03:43 | 10K30-39M | 4/16 | M | 8/60 | 00:37:09.90 |
| 57/115 | BREUER, MICHAEL | 274 | 00:50:27.60 | 05:02 | 10K30-39M | 13/16 | M | 45/60 | 00:50:12.65 |
| 89/115 | BROOKE, SUSAN | 275 | 00:58:55.15 | 05:53 | 10K40-49F | 7/11 | F | 35/55 | 00:58:49.90 |
| 114/115 | BRUNEL, GISELLE | 371 | 01:08:49.95 | 06:53 | 10K40-49F | 10/11 | F | 54/55 | 01:08:37.40 |
| 55/115 | BURGIS, MELISSA | 276 | 00:49:52.45 | 04:59 | 10K30-39F | 7/21 | F | 11/55 | 00:49:36.50 |
| 34/115 | BUTLER, MARTIN | 374 | 00:44:48.55 | 04:28 | 10K30-39M | 10/16 | M | 29/60 | 00:44:44.80 |
| 25/115 | CARY, DAVID | 277 | 00:41:02.40 | 04:06 | 10K40-49M | 4/13 | M | 21/60 | 00:40:58.30 |
| 56/115 | CHAPMAN, EMILY | 278 | 00:50:00.80 | 05:00 | 10K19&UF | 1/3 | F | 12/55 | 00:49:57.00 |
| 62/115 | CHIN, KWANLING | 279 | 00:52:14.40 | 05:13 | 10K40-49F | 4/11 | F | 14/55 | 00:52:08.30 |
| 92/115 | CHOATE, DEIRDRE | 280 | 01:00:11.25 | 06:01 | 10K50-59F | 7/7 | F | 37/55 | 00:59:58.50 |
| 76/115 | CHOATE, GORDON | 281 | 00:55:42.20 | 05:34 | 10K50-59F | 3/7 | F | 23/55 | 00:55:31.65 |
| 96/115 | COLLIVER, RAYMOND | 282 | 01:00:57.50 | 06:05 | 10K70+M | 1/1 | M | 56/60 | 01:00:40.35 |
| 35/115 | COOK, ROB | 283 | 00:45:04.30 | 04:30 | 10K40-49M | 8/13 | M | 30/60 | 00:44:42.90 |
| 36/115 | COOPER, ALAN | 284 | 00:45:57.05 | 04:35 | 10K50-59M | 7/20 | M | 31/60 | 00:45:46.65 |
| 3/115 | DEERE, JEREMY | 375 | 00:33:07.00 | 03:18 | 10K30-39M | 2/16 | M | 3/60 | 00:33:06.20 |
| 10/115 | DESANDOLI, ROBERTO | 286 | 00:37:13.70 | 03:43 | 10K20-29M | 2/7 | M | 9/60 | 00:37:10.90 |
| 26/115 | ERICKSON, CLAYTON | 288 | 00:41:45.85 | 04:10 | 10K40-49M | 5/13 | M | 22/60 | 00:41:42.75 |
| 81/115 | ERICKSON, DAVID | 289 | 00:56:17.70 | 05:37 | 10K20-29M | 7/7 | M | 54/60 | 00:56:03.40 |
| 58/115 | ERICKSON, GRANT | 287 | 00:50:37.25 | 05:03 | 10K30-39M | 14/16 | M | 46/60 | 00:50:17.10 |
| 70/115 | FOSS, PIA | 290 | 00:53:18.00 | 05:19 | 10K50-59F | 2/7 | F | 19/55 | 00:52:59.85 |
| 90/115 | FOWERS, MITCH | 291 | 00:58:59.90 | 05:53 | 10K40-49M | 11/13 | M | 55/60 | 00:58:52.70 |
| 12/115 | FREEMAN, DREW | 292 | 00:38:14.95 | 03:49 | 10K30-39M | 5/16 | M | 11/60 | 00:38:13.40 |
| 110/115 | GAGNON, ALLISON | 293 | 01:04:35.75 | 06:27 | 10K20-29F | 13/13 | F | 50/55 | 01:04:13.85 |
| 115/115 | GARSTAD, TINA | 294 | 01:09:26.55 | 06:56 | 10K40-49F | 11/11 | F | 55/55 | 01:09:08.70 |
| 28/115 | GLADUE, PATRICK | 295 | 00:42:33.05 | 04:15 | 10K30-39M | 9/16 | M | 24/60 | 00:42:30.35 |
| 46/115 | GREEN, PAUL | 382 | 00:47:22.95 | 04:44 | 10K50-59M | 11/20 | M | 37/60 | 00:47:10.90 |
| 24/115 | GUREVITCH, JASON | 296 | 00:40:57.90 | 04:05 | 10K40-49M | 3/13 | M | 20/60 | 00:40:56.05 |
| 6/115 | GUSS, DAVID | 298 | 00:36:39.95 | 03:39 | 10K50-59M | 1/20 | M | 6/60 | 00:36:39.80 |
| 38/115 | GUSS, KELLY | 297 | 00:46:22.60 | 04:38 | 10K30-39F | 5/21 | F | 7/55 | 00:46:20.40 |
| 52/115 | HACKBORN, BILL | 299 | 00:48:37.90 | 04:51 | 10K50-59M | 14/20 | M | 42/60 | 00:48:32.50 |
| 72/115 | HALBERG, JASON | 301 | 00:54:32.40 | 05:27 | 10K30-39M | 15/16 | M | 52/60 | 00:54:28.35 |
| 95/115 | HALBERG, KELLY | 300 | 01:00:49.40 | 06:04 | 10K30-39F | 14/21 | F | 40/55 | 01:00:45.15 |
| 8/115 | HARVEY, LISA | 376 | 00:37:05.55 | 03:42 | 10K40-49F | 1/11 | F | 1/55 | 00:37:05.45 |
| 100/115 | HICKERTY, TRACY | 302 | 01:01:46.80 | 06:10 | 10K20-29F | 10/13 | F | 43/55 | 01:01:25.40 |
| 54/115 | HINTON, DAREN | 303 | 00:49:47.15 | 04:58 | 10K40-49M | 9/13 | M | 44/60 | 00:49:37.35 |
| 65/115 | HNATYSHYN, MELANIE | 380 | 00:52:36.35 | 05:15 | 10K20-29F | 3/13 | F | 16/55 | 00:52:28.90 |
| 41/115 | HOOVER, REG | 304 | 00:46:46.45 | 04:40 | 10K60-69M | 1/1 | M | 33/60 | 00:46:36.70 |
| 75/115 | HUBLEY, ANDY | 306 | 00:54:57.65 | 05:29 | 10K50-59M | 19/20 | M | 53/60 | 00:54:51.05 |
| 87/115 | HUBLEY, CATHY | 305 | 00:57:57.85 | 05:47 | 10K40-49F | 6/11 | F | 33/55 | 00:57:51.05 |
| 50/115 | JACKSON, AIMEE | 307 | 00:48:18.95 | 04:49 | 10K20-29F | 2/13 | F | 10/55 | 00:48:10.10 |
| 107/115 | JANZE, JESSICA | 308 | 01:02:58.20 | 06:17 | 10K20-29F | 12/13 | F | 48/55 | 01:02:44.30 |
| 79/115 | KALYN, ANNIE | 309 | 00:55:59.85 | 05:35 | 10K50-59F | 4/7 | F | 26/55 | 00:55:53.55 |
| 27/115 | KAY, JEFF | 310 | 00:41:56.55 | 04:11 | 10K40-49M | 6/13 | M | 23/60 | 00:41:54.05 |

Alpha Overall Results

10K - 6.2 Miles

| O/A | Name | Bib# | Time | Pace /k | Category | Cat/PI | Gender | Gen/PI | Chip Time |
|---------|----------------------|------|-------------|---------|-----------|--------|--------|--------|-------------|
| 60/115 | KAY, KELLY | 311 | 00:51:38.95 | 05:09 | 10K40-49F | 3/11 | F | 13/55 | 00:51:34.35 |
| 47/115 | KEEP, ALFRED | 312 | 00:47:23.05 | 04:44 | 10K50-59M | 12/20 | M | 38/60 | 00:47:17.30 |
| 80/115 | KRISTALEE, WATSON | 313 | 00:56:00.20 | 05:36 | 10K20-29F | 6/13 | F | 27/55 | 00:55:38.35 |
| 108/115 | KUHL, GREG | 314 | 01:03:14.20 | 06:19 | 10K50-59M | 20/20 | M | 60/60 | 01:03:02.95 |
| 93/115 | LAURIE, SOUCHOTTE | 315 | 01:00:19.55 | 06:01 | 10K30-39F | 13/21 | F | 38/55 | 01:00:03.90 |
| 74/115 | LISSEL, SHELLEY | 316 | 00:54:40.10 | 05:28 | 10K30-39F | 8/21 | F | 22/55 | 00:54:31.90 |
| 16/115 | LUIINSTR, DAVID | 317 | 00:39:35.25 | 03:57 | 10K30-39M | 8/16 | M | 14/60 | 00:39:34.10 |
| 14/115 | MACEACHERN, PAUL | 373 | 00:38:44.40 | 03:52 | 10K30-39M | 6/16 | M | 12/60 | 00:38:41.70 |
| 53/115 | MACPHERSON, STEVEN | 319 | 00:49:04.95 | 04:54 | 10K30-39M | 12/16 | M | 43/60 | 00:48:50.45 |
| 1/115 | MAJOCK, NYIAL | 320 | 00:31:57.40 | 03:11 | 10K20-29M | 1/7 | M | 1/60 | 00:31:57.40 |
| 68/115 | MAYSON, PHILIP | 321 | 00:52:54.75 | 05:17 | 10K50-59M | 18/20 | M | 51/60 | 00:52:38.30 |
| 5/115 | MCARTHUR, COLIN | 379 | 00:36:05.00 | 03:36 | 10K30-39M | 3/16 | M | 5/60 | 00:36:04.35 |
| 32/115 | MCCOSH, ROBERT | 322 | 00:43:49.85 | 04:22 | 10K50-59M | 5/20 | M | 27/60 | 00:43:48.20 |
| 84/115 | MOLLERSON, JANICE | 325 | 00:57:16.45 | 05:43 | 10K20-29F | 7/13 | F | 30/55 | 00:57:11.30 |
| 69/115 | MULEKOVA, NATALIA | 326 | 00:53:12.45 | 05:19 | 10K20-29F | 4/13 | F | 18/55 | 00:53:09.00 |
| 19/115 | MURPHY, STEPHANIE | 327 | 00:39:48.95 | 03:58 | 10K30-39F | 2/21 | F | 3/55 | 00:39:48.20 |
| 17/115 | NELSON, CHRIS | 328 | 00:39:39.70 | 03:57 | 10K50-59M | 3/20 | M | 15/60 | 00:39:37.85 |
| 94/115 | OAMIL, EMERLITA | 329 | 01:00:43.05 | 06:04 | 10K40-49F | 8/11 | F | 39/55 | 01:00:19.90 |
| 49/115 | ONG, SIMON | 330 | 00:48:18.65 | 04:49 | 10K20-29M | 6/7 | M | 40/60 | 00:48:06.40 |
| 61/115 | OUMET, ROBERT | 331 | 00:51:50.15 | 05:11 | 10K40-49M | 10/13 | M | 48/60 | 00:51:50.15 |
| 105/115 | OWEN, DAVE | 332 | 01:02:54.20 | 06:17 | 10K40-49M | 13/13 | M | 59/60 | 01:02:35.45 |
| 78/115 | OWEN, KIM | 333 | 00:55:59.70 | 05:35 | 10K19&UF | 3/3 | F | 25/55 | 00:55:40.25 |
| 15/115 | PALASCHUK, ANDREW | 334 | 00:38:51.05 | 03:53 | 10K30-39M | 7/16 | M | 13/60 | 00:38:48.70 |
| 45/115 | PENNO, ERIN | 335 | 00:46:57.15 | 04:41 | 10K30-39F | 6/21 | F | 9/55 | 00:46:48.35 |
| 11/115 | PEXMAN, JOHN | 336 | 00:38:06.25 | 03:48 | 10K19&UM | 1/2 | M | 10/60 | 00:38:05.35 |
| 97/115 | PFEIFFER, SHANNON | 378 | 01:01:13.55 | 06:07 | 10K30-39F | 15/21 | F | 41/55 | 01:00:58.55 |
| 20/115 | PIETERSMA, IAN | 337 | 00:40:22.40 | 04:02 | 10K40-49M | 2/13 | M | 17/60 | 00:40:20.25 |
| 104/115 | PIETRAS, KUWANNA | 338 | 01:02:49.40 | 06:16 | 10K30-39F | 17/21 | F | 46/55 | 01:02:36.65 |
| 98/115 | PILLING, LINDSAY | 339 | 01:01:20.30 | 06:08 | 10K20-29F | 9/13 | F | 42/55 | 01:01:06.40 |
| 48/115 | POWER, TIMOTHY | 340 | 00:47:43.65 | 04:46 | 10K20-29M | 5/7 | M | 39/60 | 00:47:35.35 |
| 91/115 | REGIER, CHASTITY | 109 | 01:00:08.50 | 06:00 | 10K30-39F | 12/21 | F | 36/55 | 00:59:52.75 |
| 109/115 | REID, ARLENE | 343 | 01:04:25.50 | 06:26 | 10K30-39F | 18/21 | F | 49/55 | 01:04:10.55 |
| 4/115 | ROBERT, RENMAN | 344 | 00:33:51.45 | 03:23 | 10K40-49M | 1/13 | M | 4/60 | 00:33:51.10 |
| 85/115 | SCHENK, LARA | 345 | 00:57:27.00 | 05:44 | 10K20-29F | 8/13 | F | 31/55 | 00:57:13.35 |
| 39/115 | SCHMIDT, JOANNE | 346 | 00:46:26.90 | 04:38 | 10K40-49F | 2/11 | F | 8/55 | 00:46:20.80 |
| 71/115 | SHERMAN, JENNIFER | 347 | 00:53:54.30 | 05:23 | 10K20-29F | 5/13 | F | 20/55 | 00:53:52.70 |
| 112/115 | SIMPSON, KYLIE | 348 | 01:06:20.55 | 06:38 | 10K30-39F | 20/21 | F | 52/55 | 01:06:09.40 |
| 51/115 | SINCLAIR, PAUL | 349 | 00:48:37.55 | 04:51 | 10K50-59M | 13/20 | M | 41/60 | 00:48:26.70 |
| 44/115 | SKEA, KEN | 350 | 00:46:52.55 | 04:41 | 10K50-59M | 10/20 | M | 36/60 | 00:46:33.50 |
| 40/115 | STARK, CHRIS | 352 | 00:46:33.90 | 04:39 | 10K30-39M | 11/16 | M | 32/60 | 00:46:20.95 |
| 7/115 | STEWART, BRIAN | 353 | 00:37:02.55 | 03:42 | 10K50-59M | 2/20 | M | 7/60 | 00:37:00.30 |
| 37/115 | STRZELECKA, KAMILA | 354 | 00:46:08.15 | 04:36 | 10K20-29F | 1/13 | F | 6/55 | 00:46:05.40 |
| 63/115 | STRZELECKI, WITOLD | 355 | 00:52:23.85 | 05:14 | 10K50-59M | 16/20 | M | 49/60 | 00:52:21.85 |
| 23/115 | STYLES, SHARON | 356 | 00:40:53.90 | 04:05 | 10K30-39F | 3/21 | F | 4/55 | 00:40:52.15 |
| 59/115 | THORNE, JIM | 357 | 00:51:35.70 | 05:09 | 10K50-59M | 15/20 | M | 47/60 | 00:51:24.45 |
| 86/115 | THORNE, WENDY | 358 | 00:57:28.40 | 05:44 | 10K50-59F | 6/7 | F | 32/55 | 00:57:15.50 |
| 103/115 | VEALE, CRAIG | 359 | 01:02:08.90 | 06:12 | 10K30-39M | 16/16 | M | 58/60 | 01:01:55.45 |
| 31/115 | WASDAL, BAILEY | 360 | 00:43:29.15 | 04:20 | 10K19&UM | 2/2 | M | 26/60 | 00:43:27.60 |
| 88/115 | WEMP, SUZANNE | 361 | 00:58:33.15 | 05:51 | 10K30-39F | 11/21 | F | 34/55 | 00:58:25.50 |
| 64/115 | WESA, BRENDA | 362 | 00:52:30.05 | 05:15 | 10K40-49F | 5/11 | F | 15/55 | 00:52:24.05 |
| 77/115 | WICKS, LIZ | 363 | 00:55:58.15 | 05:35 | 10K30-39F | 9/21 | F | 24/55 | 00:55:54.60 |
| 33/115 | WONG, TED | 365 | 00:44:15.20 | 04:25 | 10K50-59M | 6/20 | M | 28/60 | 00:44:06.15 |
| 2/115 | WOOLSTENCROFT, FRANK | 366 | 00:33:01.00 | 03:18 | 10K30-39M | 1/16 | M | 2/60 | 00:32:59.80 |
| 82/115 | WORKUN, RACHEL | 370 | 00:56:47.75 | 05:40 | 10K30-39F | 10/21 | F | 28/55 | 00:56:34.70 |
| 29/115 | WURFEL, CARL | 381 | 00:42:44.25 | 04:16 | 10K40-49M | 7/13 | M | 25/60 | 00:42:42.40 |
| 102/115 | YOUNG, KEELEY | 367 | 01:02:06.20 | 06:12 | 10K30-39F | 16/21 | F | 45/55 | 01:01:59.45 |
| 99/115 | ZELENSKI, MICHAEL | 368 | 01:01:34.55 | 06:09 | 10K40-49M | 12/13 | M | 57/60 | 01:01:27.80 |

Alpha Overall Results

10K - 6.2 Miles

| O/A | Name | Bib# | Time | Pace /k | Category | Cat/PI | Gender | Gen/PI | Chip Time |
|--------|---------------|------|-------------|---------|-----------|--------|--------|--------|-------------|
| 42/115 | ZORNIAK, MIKE | 369 | 00:46:52.25 | 04:41 | 10K50-59M | 8/20 | M | 34/60 | 00:46:32.70 |