

Category Results

10K - 6.2 Miles

10K19&UF - 3 Competitors

Cat	Name	Bib #	Time	Pace	O/A	Chiptime	City
1/3	CHAPMAN, EMILY	278	00:50:00.80	05:00	56/115	00:49:57.00	STETTLER, AB
2/3	BOYNTON, ALLISON	272	00:54:36.85	05:27	73/115	00:54:28.65	CALGARY, AB
3/3	OWEN, KIM	333	00:55:59.70	05:35	78/115	00:55:40.25	CALGARY, AB

10K19&UM - 2 Competitors

Cat	Name	Bib #	Time	Pace	O/A	Chiptime	City
1/2	PEXMAN, JOHN	336	00:38:06.25	03:48	11/115	00:38:05.35	CALGARY, AB
2/2	WASDAL, BAILEY	360	00:43:29.15	04:20	31/115	00:43:27.60	CALGARY., AB

10K20-29F - 13 Competitors

Cat	Name	Bib #	Time	Pace	O/A	Chiptime	City
1/13	STRZELECKA, KAMILA	354	00:46:08.15	04:36	37/115	00:46:05.40	CALGARY, AB
2/13	JACKSON, AIMEE	307	00:48:18.95	04:49	50/115	00:48:10.10	CALGARY, AB
3/13	HNATYSHYN, MELANIE	380	00:52:36.35	05:15	65/115	00:52:28.90	
4/13	MULEKOVA, NATALIA	326	00:53:12.45	05:19	69/115	00:53:09.00	CALGARY, AB
5/13	SHERMAN, JENNIFER	347	00:53:54.30	05:23	71/115	00:53:52.70	DRAYTON VALLEY, AB
6/13	KRISTALEE, WATSON	313	00:56:00.20	05:36	80/115	00:55:38.35	CALGARY, AB
7/13	MOLLERSON, JANICE	325	00:57:16.45	05:43	84/115	00:57:11.30	BROOMFIELD, CO
8/13	SCHENK, LARA	345	00:57:27.00	05:44	85/115	00:57:13.35	CALGARY, AB
9/13	PILLING, LINDSAY	339	01:01:20.30	06:08	98/115	01:01:06.40	CALGARY, AB
10/13	HICKERTY, TRACY	302	01:01:46.80	06:10	100/115	01:01:25.40	
11/13	ADAMS, KELLY	260	01:02:58.20	06:17	106/115	01:02:43.95	CALGARY, AB
12/13	JANZE, JESSICA	308	01:02:58.20	06:17	107/115	01:02:44.30	CALGARY, AB
13/13	GAGNON, ALLISON	293	01:04:35.75	06:27	110/115	01:04:13.85	CALGARY, AB

10K20-29M - 7 Competitors

Cat	Name	Bib #	Time	Pace	O/A	Chiptime	City
1/7	MAJOCK, NYIAL	320	00:31:57.40	03:11	1/115	00:31:57.40	
2/7	DESANDOLI, ROBERTO	286	00:37:13.70	03:43	10/115	00:37:10.90	LETHBRIDGE, AB
3/7	BECKSTEAD, PAUL	264	00:39:47.45	03:58	18/115	00:39:43.50	AIRDRIE, AB
4/7	BORKOVIC, BEN	269	00:40:53.00	04:05	22/115	00:40:44.55	CALGARY, AB
5/7	POWER, TIMOTHY	340	00:47:43.65	04:46	48/115	00:47:35.35	CALGARY, AB
6/7	ONG, SIMON	330	00:48:18.65	04:49	49/115	00:48:06.40	
7/7	ERICKSON, DAVID	289	00:56:17.70	05:37	81/115	00:56:03.40	CALGARY, AB

10K30-39F - 21 Competitors

Cat	Name	Bib #	Time	Pace	O/A	Chiptime	City
1/21	BOYLE, SHARI	270	00:38:21.90	03:50	13/115	00:38:21.35	CALGARY, AB
2/21	MURPHY, STEPHANIE	327	00:39:48.95	03:58	19/115	00:39:48.20	CALGARY, AB
3/21	STYLES, SHARON	356	00:40:53.90	04:05	23/115	00:40:52.15	CARSTAIRS, AB
4/21	ALINSANGAN, NANCY	377	00:43:06.85	04:18	30/115	00:43:01.65	
5/21	GUSS, KELLY	297	00:46:22.60	04:38	38/115	00:46:20.40	CALGARY, AB
6/21	PENNO, ERIN	335	00:46:57.15	04:41	45/115	00:46:48.35	CALGARY, AB
7/21	BURGIS, MELISSA	276	00:49:52.45	04:59	55/115	00:49:36.50	AIRDRIE, AB
8/21	LISSEL, SHELLEY	316	00:54:40.10	05:28	74/115	00:54:31.90	CALGARY, AB
9/21	WICKS, LIZ	363	00:55:58.15	05:35	77/115	00:55:54.60	CALGARY, AB
10/21	WORKUN, RACHEL	370	00:56:47.75	05:40	82/115	00:56:34.70	
11/21	WEMP, SUZANNE	361	00:58:33.15	05:51	88/115	00:58:25.50	SPARWOOD, BC
12/21	REGIER, CHASTITY	109	01:00:08.50	06:00	91/115	00:59:52.75	CALGARY, AB
13/21	LAURIE, SOUCHOTTE	315	01:00:19.55	06:01	93/115	01:00:03.90	CALGARY, AB
14/21	HALBERG, KELLY	300	01:00:49.40	06:04	95/115	01:00:45.15	LACOMBE, AB
15/21	PFEIFFER, SHANNON	378	01:01:13.55	06:07	97/115	01:00:58.55	
16/21	YOUNG, KEELEY	367	01:02:06.20	06:12	102/115	01:01:59.45	OKOTOKS, AB
17/21	PIETRAS, KUWANNA	338	01:02:49.40	06:16	104/115	01:02:36.65	CALGARY, AB
18/21	REID, ARLENE	343	01:04:25.50	06:26	109/115	01:04:10.55	CALGARY, AB
19/21	BOVIN, JULIE	268	01:04:40.30	06:28	111/115	01:04:30.50	RED DEER, AB
20/21	SIMPSON, KYLIE	348	01:06:20.55	06:38	112/115	01:06:09.40	CALGARY, AB
21/21	ARNOUX, DELANEY	261	01:07:51.25	06:47	113/115	01:07:37.10	CALGARY, AB

10K30-39M - 16 Competitors

Cat	Name	Bib #	Time	Pace	O/A	Chiptime	City
1/16	WOOLSTENCROFT, FRANK	366	00:33:01.00	03:18	2/115	00:32:59.80	CALGARY, AB
2/16	DEERE, JEREMY	375	00:33:07.00	03:18	3/115	00:33:06.20	
3/16	MCARTHUR, COLIN	379	00:36:05.00	03:36	5/115	00:36:04.35	
4/16	BRADFORD, KEITH	273	00:37:11.45	03:43	9/115	00:37:09.90	AIRDRIE, AB

Category Results

10K - 6.2 Miles

10K30-39M - 16 Competitors

Cat	Name	Bib #	Time	Pace	O/A	Chiptime	City
5/16	FREEMAN, DREW	292	00:38:14.95	03:49	12/115	00:38:13.40	CALGARY, AB
6/16	MACEACHERN, PAUL	373	00:38:44.40	03:52	14/115	00:38:41.70	
7/16	PALASCHUK, ANDREW	334	00:38:51.05	03:53	15/115	00:38:48.70	CALGARY, AB
8/16	LUINSTR, DAVID	317	00:39:35.25	03:57	16/115	00:39:34.10	CALGARY, AB
9/16	GLADUE, PATRICK	295	00:42:33.05	04:15	28/115	00:42:30.35	COCHRANE, AB
10/16	BUTLER, MARTIN	374	00:44:48.55	04:28	34/115	00:44:44.80	
11/16	STARK, CHRIS	352	00:46:33.90	04:39	40/115	00:46:20.95	
12/16	MACPHERSON, STEVEN	319	00:49:04.95	04:54	53/115	00:48:50.45	CALGARY, AB
13/16	BREUER, MICHAEL	274	00:50:27.60	05:02	57/115	00:50:12.65	CALGARY, AB
14/16	ERICKSON, GRANT	287	00:50:37.25	05:03	58/115	00:50:17.10	AIRDRIE, AB
15/16	HALBERG, JASON	301	00:54:32.40	05:27	72/115	00:54:28.35	LACOMBE, AB
16/16	VEALE, CRAIG	359	01:02:08.90	06:12	103/115	01:01:55.45	CALGARY, AB

10K40-49F - 11 Competitors

Cat	Name	Bib #	Time	Pace	O/A	Chiptime	City
1/11	HARVEY, LISA	376	00:37:05.55	03:42	8/115	00:37:05.45	
2/11	SCHMIDT, JOANNE	346	00:46:26.90	04:38	39/115	00:46:20.80	
3/11	KAY, KELLY	311	00:51:38.95	05:09	60/115	00:51:34.35	
4/11	CHIN, KWANLING	279	00:52:14.40	05:13	62/115	00:52:08.30	CALGARY, AB
5/11	WESA, BRENDA	362	00:52:30.05	05:15	64/115	00:52:24.05	CALGARY, AB
6/11	HUBLEY, CATHY	305	00:57:57.85	05:47	87/115	00:57:51.05	CALGARY, AB
7/11	BROOKE, SUSAN	275	00:58:55.15	05:53	89/115	00:58:49.90	CALGARY, AB
8/11	OAMIL, EMERLITA	329	01:00:43.05	06:04	94/115	01:00:19.90	SUMMERLAND, BC
9/11	BENNETT, SHAUNA	265	01:01:51.85	06:11	101/115	01:01:45.00	TERRACE, BC
10/11	BRUNEL, GISELLE	371	01:08:49.95	06:53	114/115	01:08:37.40	
11/11	GARSTAD, TINA	294	01:09:26.55	06:56	115/115	01:09:08.70	CALGARY, AB

10K40-49M - 13 Competitors

Cat	Name	Bib #	Time	Pace	O/A	Chiptime	City
1/13	ROBERT, RENMAN	344	00:33:51.45	03:23	4/115	00:33:51.10	CAMROSE, AB
2/13	PIETERSMA, IAN	337	00:40:22.40	04:02	20/115	00:40:20.25	CALGARY, AB
3/13	GUREVITCH, JASON	296	00:40:57.90	04:05	24/115	00:40:56.05	CALGARY, AB
4/13	CARY, DAVID	277	00:41:02.40	04:06	25/115	00:40:58.30	CALGARY, AB
5/13	ERICKSON, CLAYTON	288	00:41:45.85	04:10	26/115	00:41:42.75	SHERWOOD PARK, AB
6/13	KAY, JEFF	310	00:41:56.55	04:11	27/115	00:41:54.05	
7/13	WURFEL, CARL	381	00:42:44.25	04:16	29/115	00:42:42.40	
8/13	COOK, ROB	283	00:45:04.30	04:30	35/115	00:44:42.90	CALGARY, AB
9/13	HINTON, DAREN	303	00:49:47.15	04:58	54/115	00:49:37.35	
10/13	OUIMET, ROBERT	331	00:51:50.15	05:11	61/115	00:51:50.15	CALGARY, AB
11/13	FOWERS, MITCH	291	00:58:59.90	05:53	90/115	00:58:52.70	CALGARY, AB
12/13	ZELENSKI, MICHAEL	368	01:01:34.55	06:09	99/115	01:01:27.80	OKOTOKS, AB
13/13	OWEN, DAVE	332	01:02:54.20	06:17	105/115	01:02:35.45	CALGARY, AB

10K50-59F - 7 Competitors

Cat	Name	Bib #	Time	Pace	O/A	Chiptime	City
1/7	BOYNTON, NUI	271	00:52:52.10	05:17	67/115	00:52:43.90	CALGARY, AB
2/7	FOSS, PIA	290	00:53:18.00	05:19	70/115	00:52:59.85	COCHRANCE, AB
3/7	CHOATE, GORDON	281	00:55:42.20	05:34	76/115	00:55:31.65	CALGARY, AB
4/7	KALYN, ANNIE	309	00:55:59.85	05:35	79/115	00:55:53.55	CALGARY, AB
5/7	BARLOW, JOAN	263	00:57:03.55	05:42	83/115	00:56:44.30	CALGARY, AB
6/7	THORNE, WENDY	358	00:57:28.40	05:44	86/115	00:57:15.50	CALGARY, AB
7/7	CHOATE, DEIRDRE	280	01:00:11.25	06:01	92/115	00:59:58.50	CALGARY, AB

10K50-59M - 20 Competitors

Cat	Name	Bib #	Time	Pace	O/A	Chiptime	City
1/20	GUSS, DAVID	298	00:36:39.95	03:39	6/115	00:36:39.80	
2/20	STEWART, BRIAN	353	00:37:02.55	03:42	7/115	00:37:00.30	EDMONTON, AB
3/20	NELSON, CHRIS	328	00:39:39.70	03:57	17/115	00:39:37.85	CALGARY, AB
4/20	BICKLEY, ED	267	00:40:48.35	04:04	21/115	00:39:00.80	CALGARY, AB
5/20	MCCOSH, ROBERT	322	00:43:49.85	04:22	32/115	00:43:48.20	CALGARY, AB
6/20	WONG, TED	365	00:44:15.20	04:25	33/115	00:44:06.15	CALGARY, AB
7/20	COOPER, ALAN	284	00:45:57.05	04:35	36/115	00:45:46.65	
8/20	ZORNIK, MIKE	369	00:46:52.25	04:41	42/115	00:46:32.70	COCHRANE, AB
9/20	BENZ, WAYNE	372	00:46:52.30	04:41	43/115	00:46:34.75	COCHRANE, AB
10/20	SKEA, KEN	350	00:46:52.55	04:41	44/115	00:46:33.50	

Category Results

10K - 6.2 Miles

10K50-59M - 20 Competitors

Cat	Name	Bib #	Time	Pace	O/A	Chiptime	City
11/20	GREEN, PAUL	382	00:47:22.95	04:44	46/115	00:47:10.90	
12/20	KEEP, ALFRED	312	00:47:23.05	04:44	47/115	00:47:17.30	REDCLIFF, AB
13/20	SINCLAIR, PAUL	349	00:48:37.55	04:51	51/115	00:48:26.70	CALGARY, AB
14/20	HACKBORN, BILL	299	00:48:37.90	04:51	52/115	00:48:32.50	CAMROSE, AB
15/20	THORNE, JIM	357	00:51:35.70	05:09	59/115	00:51:24.45	CALGARY, AB
16/20	STRZELECKI, WITOLD	355	00:52:23.85	05:14	63/115	00:52:21.85	CALGARY, AB
17/20	BARLOW, GEOFF	262	00:52:39.55	05:15	66/115	00:52:19.65	CALGARY, AB
18/20	MAYSON, PHILIP	321	00:52:54.75	05:17	68/115	00:52:38.30	
19/20	HUBLEY, ANDY	306	00:54:57.65	05:29	75/115	00:54:51.05	CALGARY, AB
20/20	KUHL, GREG	314	01:03:14.20	06:19	108/115	01:03:02.95	CALGARY, AB

10K60-69M - 1 Competitors

Cat	Name	Bib #	Time	Pace	O/A	Chiptime	City
1/1	HOOVER, REG	304	00:46:46.45	04:40	41/115	00:46:36.70	CALGARY, AB

10K70+M - 1 Competitors

Cat	Name	Bib #	Time	Pace	O/A	Chiptime	City
1/1	COLLIVER, RAYMOND	282	01:00:57.50	06:05	96/115	01:00:40.35	CALGARY, AB