

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

## Category Results

10K Run/6.21 Miles  
169 Finishers

## 10K19&amp;UF - 2 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	Chiptime
1/2	STOESZ, SONYA	177	00:58:58.00	05:53	10K19&UF	131/169	47/74	00:58:43.30
2/2	VU, CONNIE	193	01:00:02.95	06:00	10K19&UF	137/169	52/74	00:59:41.60

## 10K19&amp;UM - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	Chiptime
1/3	WASDAL, BAILEY	197	00:41:50.15	04:11	10K19&UM	23/169	16/95	00:41:49.85
2/3	ROUHI, ARMIN	161	00:46:37.20	04:39	10K19&UM	54/169	42/95	00:46:11.45
3/3	HARASEM-MITCHELL, SETH	68	00:50:06.50	05:00	10K19&UM	74/169	54/95	00:50:01.45

## 10K20-29F - 25 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	Chiptime
1/25	FRY, NADYIA	58	00:37:55.75	03:47	10K20-29F	6/169	2/74	00:37:54.60
2/25	LETIER, VANESSA	109	00:41:15.35	04:07	10K20-29F	16/169	4/74	00:40:58.95
3/25	FRANCIS, TAMMARA	55	00:42:04.75	04:12	10K20-29F	24/169	8/74	00:42:02.80
4/25	HILL, JENNIFER	74	00:45:42.75	04:34	10K20-29F	47/169	11/74	00:45:30.55
5/25	GOLDTHORPE, LINDSAY	62	00:47:53.20	04:47	10K20-29F	60/169	16/74	00:47:44.55
6/25	HENRY, MATT	72	00:49:26.25	04:56	10K20-29F	70/169	20/74	00:49:07.95
7/25	GUILLEN, NANCY	215	00:50:32.50	05:03	10K20-29F	79/169	21/74	00:50:31.20
8/25	INMAN, ANJALI	84	00:51:31.10	05:09	10K20-29F	84/169	22/74	00:51:24.40
9/25	MCBRIDE, LISA	121	00:51:58.75	05:11	10K20-29F	87/169	23/74	00:51:46.30
10/25	LAMBOO, NICOLE	106	00:53:45.65	05:22	10K20-29F	101/169	32/74	00:53:34.60
11/25	MCELHERAN, ALISHA	123	00:54:05.00	05:24	10K20-29F	103/169	33/74	00:54:02.30
12/25	COLLIS, JENNIFER	35	00:56:59.45	05:41	10K20-29F	122/169	43/74	00:56:50.95
13/25	PARSONS, KARI	146	00:57:58.05	05:47	10K20-29F	127/169	44/74	00:57:37.80
14/25	HOBDAV, KATIE	81	00:58:10.85	05:49	10K20-29F	128/169	45/74	00:58:01.45
15/25	JUDD, KELSIE	89	00:59:15.60	05:55	10K20-29F	133/169	49/74	00:59:00.70
16/25	FUJIMOTO, JULIE	59	00:59:17.60	05:55	10K20-29F	134/169	50/74	00:59:06.40
17/25	LISSON, EMMA	111	00:59:19.95	05:56	10K20-29F	135/169	51/74	00:58:53.95
18/25	OLSEN, MEGAN	142	01:00:31.30	06:03	10K20-29F	140/169	54/74	01:00:22.30
19/25	BEGG, JENNIFER	7	01:01:32.95	06:09	10K20-29F	145/169	58/74	01:01:16.85
20/25	NG, EMILY	137	01:04:12.85	06:25	10K20-29F	149/169	60/74	01:03:50.80
21/25	TURNER, LETITIA	186	01:05:32.40	06:33	10K20-29F	153/169	63/74	01:05:08.50
22/25	TURNER, SARA	188	01:07:40.15	06:46	10K20-29F	154/169	64/74	01:07:21.55
23/25	BLACKWELL, ANDREA	12	01:08:23.95	06:50	10K20-29F	157/169	65/74	01:07:59.20
24/25	NUTBROWN, KELLEY	140	01:08:58.70	06:53	10K20-29F	158/169	66/74	01:08:33.80
25/25	KELLAR, AMELIA	93	01:09:13.45	06:55	10K20-29F	160/169	68/74	01:08:51.55

## 10K20-29M - 20 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	Chiptime
1/20	DIEHL, GRAHAM	42	00:34:00.55	03:24	10K20-29M	1/169	1/95	00:34:00.35
2/20	DESANDOLI, ROBERTO	41	00:35:36.55	03:33	10K20-29M	3/169	3/95	00:35:35.65
3/20	HART, DOUG	70	00:40:58.75	04:05	10K20-29M	14/169	11/95	00:40:49.15
4/20	KELLY, STEVEN	94	00:43:11.25	04:19	10K20-29M	32/169	24/95	00:43:08.90
5/20	CHAN, SIMON	25	00:44:39.80	04:27	10K20-29M	37/169	28/95	00:44:13.40
6/20	RAFOLS, EDDIE	154	00:44:42.75	04:28	10K20-29M	38/169	29/95	00:44:30.85
7/20	MCLEAN, MATTHEW	126	00:45:22.45	04:32	10K20-29M	45/169	35/95	00:45:08.95
8/20	FREDE, JAMES	56	00:47:11.15	04:43	10K20-29M	57/169	43/95	00:46:46.75
9/20	SIMON, ONG	170	00:48:06.25	04:48	10K20-29M	62/169	46/95	00:48:05.40
10/20	KINDEL, TREVOR	97	00:49:57.95	04:59	10K20-29M	73/169	53/95	00:49:36.60
11/20	ALBERTS, MITCHELL	3	00:50:08.60	05:00	10K20-29M	75/169	55/95	00:49:58.60
12/20	CLARK, KEVIN	30	00:50:29.10	05:02	10K20-29M	78/169	58/95	00:50:14.80
13/20	ZALMANOWITZ, JASON	209	00:50:34.45	05:03	10K20-29M	80/169	59/95	00:50:13.80
14/20	PETLUK, DUANE	150	00:51:58.40	05:11	10K20-29M	86/169	64/95	00:51:53.50
15/20	MAXWELL, LOGAN	119	00:54:18.50	05:25	10K20-29M	106/169	72/95	00:54:14.95
16/20	DRAGLAND, ADDISON	47	00:54:57.40	05:29	10K20-29M	111/169	75/95	00:54:43.65
17/20	DIODATI, JEFFREY	43	01:00:34.65	06:03	10K20-29M	141/169	87/95	01:00:12.15
18/20	RICHARDS, LLOYD	158	01:04:33.85	06:27	10K20-29M	150/169	90/95	01:04:18.75
19/20	HAGGITH, DAVID	66	01:08:11.15	06:49	10K20-29M	156/169	92/95	01:07:45.65
20/20	LOWE, DENNIS	112	01:09:30.30	06:57	10K20-29M	161/169	93/95	01:09:05.50

## 10K30-39F - 27 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	Chiptime
1/27	MCLEAN, PAULINE	128	00:39:10.50	03:55	10K30-39F	10/169	3/74	00:39:09.30
2/27	LADDS-BOND, DAWN	104	00:41:19.90	04:07	10K30-39F	18/169	5/74	00:41:16.85
3/27	CHAPMAN, JACQUELINE	26	00:41:27.25	04:08	10K30-39F	19/169	6/74	00:41:25.65

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## Category Results

10K Run/6.21 Miles  
169 Finishers

## 10K30-39F - 27 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	Chiptime
4/27	CLANCY, SHANNYN	28	00:41:50.00	04:11	10K30-39F	22/169	7/74	00:41:48.05
5/27	ALINSANGAN, NANCY	4	00:43:24.25	04:20	10K30-39F	34/169	9/74	00:43:16.35
6/27	GUSS, KELLY	65	00:45:22.40	04:32	10K30-39F	44/169	10/74	00:45:20.40
7/27	NELSON, KIMBERLEY	136	00:46:25.80	04:38	10K30-39F	52/169	12/74	00:46:01.85
8/27	CURR-MYSCHUK, CHRISTINA	39	00:46:53.20	04:41	10K30-39F	56/169	14/74	00:46:41.00
9/27	TSANG, PATRICIA	184	00:47:50.50	04:47	10K30-39F	59/169	15/74	00:47:18.50
10/27	WILTSHIRE, KATIE	201	00:48:40.35	04:52	10K30-39F	67/169	18/74	00:48:17.35
11/27	YELLIN, LISA	205	00:52:07.95	05:12	10K30-39F	88/169	24/74	00:51:41.75
12/27	COLBERT, JILLIAN	33	00:52:26.65	05:14	10K30-39F	89/169	25/74	00:52:14.75
13/27	WORKUN, RACHEL	204	00:52:50.25	05:17	10K30-39F	90/169	26/74	00:52:42.50
14/27	BOIVIN, STACEY	13	00:53:02.45	05:18	10K30-39F	94/169	28/74	00:52:57.70
15/27	VAN TINE, SARAH	191	00:53:16.00	05:19	10K30-39F	96/169	29/74	00:53:00.20
16/27	BURGIS, MELISSA	18	00:53:20.90	05:20	10K30-39F	97/169	30/74	00:53:13.00
17/27	HILL, JESSICA	75	00:53:27.05	05:20	10K30-39F	98/169	31/74	00:53:12.95
18/27	LISSEL, SHELLEY	110	00:54:20.90	05:26	10K30-39F	107/169	35/74	00:54:01.40
19/27	JACKSON, AIMEE	85	00:54:51.05	05:29	10K30-39F	110/169	36/74	00:54:40.85
20/27	DOYLE, KIMBERLEIGH	45	00:55:09.15	05:30	10K30-39F	112/169	37/74	00:54:58.05
21/27	LUKINUK, ELIZABETH	114	00:55:23.90	05:32	10K30-39F	114/169	38/74	00:55:16.45
22/27	KARVINEN, TRISHA	91	01:00:23.35	06:02	10K30-39F	138/169	53/74	01:00:02.35
23/27	PARSONS, KATE	147	01:01:26.95	06:08	10K30-39F	144/169	57/74	01:01:07.55
24/27	CEJALVO, KATHRYN	24	01:05:06.55	06:30	10K30-39F	152/169	62/74	01:04:50.15
25/27	HO, CELIA	79	01:09:58.05	06:59	10K30-39F	162/169	69/74	01:09:38.85
26/27	YUILL, TANYA	207	01:13:42.45	07:22	10K30-39F	164/169	70/74	01:13:12.85
27/27	LANGFORD, TRINA	107	01:18:37.65	07:51	10K30-39F	168/169	73/74	01:18:19.85

## 10K30-39M - 21 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	Chiptime
1/21	BRADFORD, KEITH	16	00:35:50.85	03:35	10K30-39M	4/169	4/95	00:35:50.15
2/21	LUKINUK, BRENDT	113	00:38:01.85	03:48	10K30-39M	7/169	5/95	00:37:58.45
3/21	LETIER, FABRICE	108	00:41:15.35	04:07	10K30-39M	17/169	13/95	00:40:59.20
4/21	ESTRADA, RICARDO	52	00:42:30.65	04:15	10K30-39M	28/169	20/95	00:42:28.75
5/21	TURNER, DUSTIN	185	00:42:58.90	04:17	10K30-39M	30/169	22/95	00:42:51.10
6/21	O'BRIEN, JAMIE	141	00:44:48.25	04:28	10K30-39M	39/169	30/95	00:44:29.10
7/21	DAVISON, TREVOR	40	00:44:58.80	04:29	10K30-39M	41/169	32/95	00:44:55.15
8/21	HO, OLIVER	80	00:45:26.25	04:32	10K30-39M	46/169	36/95	00:45:04.35
9/21	TRAN, TAM	183	00:46:07.25	04:36	10K30-39M	49/169	38/95	00:45:58.10
10/21	KOHLLEN, BENJAMIN	98	00:47:45.05	04:46	10K30-39M	58/169	44/95	00:47:17.05
11/21	CARTER, MATTHEW	22	00:48:21.35	04:50	10K30-39M	64/169	47/95	00:48:11.50
12/21	MCMAHON, JOHN	130	00:49:04.95	04:54	10K30-39M	69/169	50/95	00:48:57.75
13/21	HEWITT, SEAN	73	00:50:22.40	05:02	10K30-39M	76/169	56/95	00:50:15.60
14/21	CARR, CHRIS	21	00:52:55.10	05:17	10K30-39M	91/169	65/95	00:52:43.05
15/21	SEARS, BRAD	168	00:53:43.30	05:22	10K30-39M	100/169	69/95	00:53:37.75
16/21	GITTEL, ANDRE	61	00:54:45.60	05:28	10K30-39M	109/169	74/95	00:54:39.80
17/21	ESPEY, CRAIG	51	00:55:10.90	05:31	10K30-39M	113/169	76/95	00:54:50.00
18/21	YOUNG, KEVIN	206	00:55:53.45	05:35	10K30-39M	118/169	78/95	00:55:40.35
19/21	HARRIS, JACOB	69	00:57:13.75	05:43	10K30-39M	124/169	81/95	00:56:56.25
20/21	CLEMENT, THOMAS	32	00:57:25.95	05:44	10K30-39M	125/169	82/95	00:57:02.40
21/21	ZACHARY, JAMIE	208	00:57:26.40	05:44	10K30-39M	126/169	83/95	00:57:08.45

## 10K40-49F - 12 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	Chiptime
1/12	HARVEY, LISA	71	00:37:05.15	03:42	10K40-49F	5/169	1/74	00:37:05.00
2/12	GALLUP, SUSAN	60	00:46:38.70	04:39	10K40-49F	55/169	13/74	00:46:29.55
3/12	PENNY, CINDY	149	00:55:42.85	05:34	10K40-49F	117/169	40/74	00:55:42.25
4/12	ZIEBARTH, LISA	211	00:58:43.70	05:52	10K40-49F	130/169	46/74	00:58:32.05
5/12	RETTIE, AGA	157	00:59:11.75	05:55	10K40-49F	132/169	48/74	00:59:06.00
6/12	SOMERSET, TARA	173	01:01:26.45	06:08	10K40-49F	143/169	56/74	01:01:14.55
7/12	WONG, WENDY	202	01:03:27.85	06:20	10K40-49F	147/169	59/74	01:03:14.35
8/12	PIEKEMA, CHRISTINE	212	01:05:04.45	06:30	10K40-49F	151/169	61/74	01:04:49.05
9/12	LARSON, BRENDA	217	01:09:05.55	06:54	10K40-49F	159/169	67/74	01:08:41.60
10/12	HILLIARD, FRANCINE	76	01:14:33.35	07:27	10K40-49F	166/169	71/74	01:14:25.90
11/12	TOMBROWSKI, ANDREA	182	01:17:54.85	07:47	10K40-49F	167/169	72/74	01:17:11.05
12/12	FOX, BARBARA	54	01:19:55.75	07:59	10K40-49F	169/169	74/74	01:19:12.70

OA/PI = Overall Placing

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Gen/PI = Overall Gender Placing

## Category Results

## 10K Run/6.21 Miles

169 Finishers

## 10K40-49M - 24 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	Chiptime
1/24	WOOD, STEPHEN	203	00:38:47.90	03:52	10K40-49M	9/169	7/95	00:38:47.30
2/24	PARKER, MICHAEL	145	00:39:13.20	03:55	10K40-49M	11/169	8/95	00:39:10.80
3/24	KAY, JEFF	92	00:41:44.45	04:10	10K40-49M	21/169	15/95	00:41:43.20
4/24	MCLEAN, SCOTT	129	00:42:11.60	04:13	10K40-49M	26/169	18/95	00:42:09.30
5/24	RUNKEL, ROLF	163	00:43:22.60	04:20	10K40-49M	33/169	25/95	00:43:13.75
6/24	VULIC, MARKO	194	00:44:56.90	04:29	10K40-49M	40/169	31/95	00:44:47.30
7/24	ERICKSON, CLAYTON	49	00:45:02.55	04:30	10K40-49M	42/169	33/95	00:44:53.65
8/24	WARD, GLENN	195	00:45:55.25	04:35	10K40-49M	48/169	37/95	00:45:51.70
9/24	ZAREMBA, TONY	210	00:46:07.30	04:36	10K40-49M	50/169	39/95	00:45:59.30
10/24	OUIMET, ROBERT	143	00:46:08.30	04:36	10K40-49M	51/169	40/95	00:46:05.50
11/24	CAMPBELL, MICHAEL	20	00:48:06.10	04:48	10K40-49M	61/169	45/95	00:47:43.20
12/24	PEMBERTON, JONATHAN	148	00:48:31.70	04:51	10K40-49M	65/169	48/95	00:48:12.50
13/24	DOYLE, STEPHAN	46	00:49:48.35	04:58	10K40-49M	72/169	52/95	00:49:36.95
14/24	CRANSTONE, DAVID	38	00:50:51.85	05:05	10K40-49M	82/169	61/95	00:50:38.40
15/24	KRAFT, SCOTT	99	00:52:58.95	05:17	10K40-49M	93/169	66/95	00:52:36.45
16/24	ERICKSON, GRANT	50	00:53:37.30	05:21	10K40-49M	99/169	68/95	00:53:08.70
17/24	THORNHILL, ROBERT W	181	00:53:56.10	05:23	10K40-49M	102/169	70/95	00:53:54.15
18/24	TESSIER, SCOTT	180	00:55:32.10	05:33	10K40-49M	116/169	77/95	00:55:10.50
19/24	HUIZINGA, PAUL	82	00:56:16.10	05:37	10K40-49M	120/169	79/95	00:55:47.60
20/24	SMALES, DEAN	172	01:00:02.75	06:00	10K40-49M	136/169	85/95	00:59:56.40
21/24	FOWERS, MITCH	53	01:00:29.05	06:02	10K40-49M	139/169	86/95	01:00:10.75
22/24	RINEHART, LANCE	160	01:08:09.65	06:48	10K40-49M	155/169	91/95	01:07:59.20
23/24	RUDOLPH, JAMES	162	01:10:58.50	07:05	10K40-49M	163/169	94/95	01:10:29.70
24/24	KRAMER, JERRY	100	01:13:42.75	07:22	10K40-49M	165/169	95/95	01:13:12.55

## 10K50-59F - 6 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	Chiptime
1/6	BENZ, CATHY	8	00:48:09.20	04:48	10K50-59F	63/169	17/74	00:48:04.80
2/6	BOIVIN, SYLVIE	14	00:52:56.85	05:17	10K50-59F	92/169	27/74	00:52:50.55
3/6	RICHARDS, SIAN	159	00:55:25.80	05:32	10K50-59F	115/169	39/74	00:55:11.55
4/6	KALYN, ANNIE	90	00:55:58.90	05:35	10K50-59F	119/169	41/74	00:55:54.10
5/6	COOPER, BARBARA	37	00:56:23.55	05:38	10K50-59F	121/169	42/74	00:56:15.05
6/6	MIRELAS, PATRICIA	216	01:01:14.70	06:07	10K50-59F	142/169	55/74	01:01:13.25

## 10K50-59M - 19 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	Chiptime
1/19	GUSS, DAVID	64	00:35:29.75	03:32	10K50-59M	2/169	2/95	00:35:29.75
2/19	BICKLEY, ED	10	00:39:33.50	03:57	10K50-59M	12/169	9/95	00:39:31.70
3/19	CARY, DAVID	23	00:41:14.25	04:07	10K50-59M	15/169	12/95	00:41:11.15
4/19	SKEA, KEN	171	00:41:42.75	04:10	10K50-59M	20/169	14/95	00:41:38.45
5/19	VAN GRONINGEN, JOHN	190	00:42:06.55	04:12	10K50-59M	25/169	17/95	00:42:03.80
6/19	BENZ, WAYNE	9	00:42:23.55	04:14	10K50-59M	27/169	19/95	00:42:19.55
7/19	HLADY, MARK	78	00:42:59.15	04:17	10K50-59M	31/169	23/95	00:42:55.50
8/19	NELSON, CHRIS	135	00:43:41.20	04:22	10K50-59M	35/169	26/95	00:43:37.80
9/19	SCHMALZ, PAUL	166	00:45:11.50	04:31	10K50-59M	43/169	34/95	00:45:08.80
10/19	MCDONNELL, MICHAEL	122	00:46:26.35	04:38	10K50-59M	53/169	41/95	00:46:11.80
11/19	WELCH, MICHAEL	198	00:48:33.15	04:51	10K50-59M	66/169	49/95	00:48:26.85
12/19	GRAJAUSKAS, ALGIS	63	00:49:43.00	04:58	10K50-59M	71/169	51/95	00:49:40.10
13/19	MAYSON, PHILIP	120	00:50:36.25	05:03	10K50-59M	81/169	60/95	00:50:26.45
14/19	VERMEULEN, STEPHEN	192	00:50:55.40	05:05	10K50-59M	83/169	62/95	00:50:48.10
15/19	MCGIVERN, LEN	124	00:51:39.90	05:09	10K50-59M	85/169	63/95	00:51:26.50
16/19	MILBURY, DAWSON	133	00:53:03.90	05:18	10K50-59M	95/169	67/95	00:52:52.40
17/19	CLARK, JAMIE	29	00:57:01.70	05:42	10K50-59M	123/169	80/95	00:56:47.85
18/19	WENIG, MICHAEL	214	00:58:26.60	05:50	10K50-59M	129/169	84/95	00:58:11.15
19/19	THORNTON, OWEN	218	01:03:10.60	06:19	10K50-59M	146/169	88/95	01:03:10.60

## 10K60-69M - 4 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	Chiptime
1/4	STRAND, DAVID	178	00:40:45.50	04:04	10K60-69M	13/169	10/95	00:40:42.70
2/4	MCLEAN, DOUGLAS	125	00:50:28.30	05:02	10K60-69M	77/169	57/95	00:50:14.75
3/4	WILLIAMS, BOB	200	00:54:30.35	05:27	10K60-69M	108/169	73/95	00:54:25.85
4/4	MEREDITH, PETER	132	01:03:47.60	06:22	10K60-69M	148/169	89/95	01:03:26.25

## 10KSTROLLERF - 2 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	Chiptime
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OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

## Category Results

10K Run/6.21 Miles  
169 Finishers

## 10KSTROLLERF - 2 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	Chiptime
1/2	WARD, KIMBERLY	196	00:49:04.30	04:54	10KSTROLLEF	68/169	19/74	00:48:55.20
2/2	ARPIN, CHERYL	6	00:54:07.25	05:24	10KSTROLLEF	104/169	34/74	00:54:00.95

## 10KSTROLLERM - 4 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	Chiptime
1/4	DOUCETTE, PHIL	44	00:38:26.85	03:50	10KSTROLLEF	8/169	6/95	00:38:26.85
2/4	NG, HUBERT	138	00:42:45.30	04:16	10KSTROLLEF	29/169	21/95	00:42:42.55
3/4	MCLEAN, MICHAEL	127	00:44:39.75	04:27	10KSTROLLEF	36/169	27/95	00:44:37.05
4/4	LAFORGE, PAUL	105	00:54:07.40	05:24	10KSTROLLEF	105/169	71/95	00:54:00.70