

OA/PI = Overall Placing
 Cat/PI = Category Placing
 Gen/PI = Overall Gender Placing

Category Award Results
TOP 3 In Category

5K Run - 3.1 Miles
215 Finishers

5K19&UF (Female) - 16 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/16	LAYCOCK, RAYANNE	683	00:20:43.65	04:08	+00:00:00	5/215	1/130	STRATHMORE
2/16	BERES, SYDNEY	443	00:23:20.67	04:40	+00:02:37	16/215	3/130	CALGARY
3/16	ABBAS, HANNEYA	593	00:26:16.72	05:15	+00:05:33	38/215	11/130	CALGARY

5K19&UM (Male) - 20 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/20	FALKENBERG, KEVIN	478	00:18:58.38	03:47	+00:00:00	1/215	1/85	CALGARY
2/20	LAMONT, BAILEY	622	00:23:53.70	04:46	+00:04:55	20/215	16/85	CALGARY
3/20	RIOU, PARKER	564	00:26:25.94	05:17	+00:07:27	41/215	29/85	STRATHMORE

5K20-29F (Female) - 17 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/17	YAMAMURA, SATSUKI	659	00:24:44.88	04:56	+00:00:00	29/215	7/130	AIRDRIE
2/17	HESCH, ROBBYN	504	00:29:12.25	05:50	+00:04:27	66/215	22/130	CALGARY
3/17	POULSEN, HANNA	642	00:30:55.31	06:11	+00:06:10	77/215	30/130	CALGARY

5K20-29M (Male) - 9 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/9	CORMIER, RYAN	466	00:19:19.56	03:51	+00:00:00	2/215	2/85	CALGARY
2/9	JAEGER, CONRAD	682	00:22:10.84	04:26	+00:02:51	7/215	6/85	COCHRANE
3/9	PEARCE, RYAN	636	00:22:29.45	04:29	+00:03:09	11/215	10/85	COCHRANE

5K30-39F (Female) - 37 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/37	LEYDON, SHANNON	628	00:23:45.00	04:45	+00:00:00	17/215	4/130	CALGARY
2/37	SEVERS, STACEY	569	00:24:14.30	04:50	+00:00:29	26/215	5/130	CALGARY
3/37	CHAN, EVA	454	00:25:08.93	05:01	+00:01:23	34/215	9/130	CALGARY

5K30-39M (Male) - 16 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/16	CORDER, CRAIG	664	00:20:23.08	04:04	+00:00:00	4/215	4/85	CALGARY
2/16	TSUYUHARA, KUNIO	652	00:21:31.43	04:18	+00:01:08	6/215	5/85	CALGARY
3/16	O'GRADY, PAUL	546	00:22:12.12	04:26	+00:01:49	8/215	7/85	CALGARY

5K40-49F (Female) - 34 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/34	DONATO, ADRIANNA	471	00:24:23.48	04:52	+00:00:00	28/215	6/130	CALGARY
2/34	HAMILTON, PAIGE	662	00:25:08.33	05:01	+00:00:44	33/215	8/130	CALGARY
3/34	KING, DINEEN	509	00:25:58.81	05:11	+00:01:35	37/215	10/130	DEWINTON

5K40-49M (Male) - 13 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/13	PARKER, PHILIP	681	00:19:29.54	03:53	+00:00:00	3/215	3/85	CALGARY
2/13	KOSCHIK, KRISTOPHER	686	00:22:13.35	04:26	+00:02:43	9/215	8/85	CALGARY
3/13	LUTZ, PATRICK	525	00:24:13.51	04:50	+00:04:43	24/215	20/85	CALGARY

5K50-59F (Female) - 15 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/15	BOLSTAD, JANE	597	00:22:42.82	04:32	+00:00:00	13/215	2/130	CALGARY
2/15	WONG, TINA	590	00:28:32.58	05:42	+00:05:49	61/215	19/130	CALGARY
3/15	MACDONALD, MAUREEN	660	00:29:21.70	05:52	+00:06:38	67/215	23/130	CALGARY

5K50-59M (Male) - 12 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/12	LUCIANO, JIMMY	631	00:22:16.86	04:27	+00:00:00	10/215	9/85	COCHRANE
2/12	CONEYBEARE, STEVE	464	00:23:11.90	04:38	+00:00:55	15/215	13/85	CALGARY
3/12	GOLDBLUM, DAVID	492	00:23:50.26	04:46	+00:01:33	18/215	14/85	CALGARY

5K60-69F (Female) - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/3	MILLER, ROSEMARIE	672	00:33:11.27	06:38	+00:00:00	96/215	45/130	CALGARY
2/3	HARVEY, SUSAN	500	00:38:14.87	07:38	+00:05:03	142/215	79/130	CALGARY
3/3	WATSON, GRACIE	586	00:50:12.85	10:02	+00:17:01	199/215	118/130	CALGARY

5K60-69M (Male) - 7 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/7	VAN GRONINGEN, JOHN	583	00:22:38.78	04:31	+00:00:00	12/215	11/85	CALGARY
2/7	MCKINNON, ROBERT	532	00:23:58.26	04:47	+00:01:19	22/215	18/85	CALGARY
3/7	LAMONT, DOUG	623	00:24:51.97	04:58	+00:02:13	30/215	23/85	CALGARY

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Category Award Results

TOP 3 In Category

5K Run - 3.1 Miles

215 Finishers

5K70+F (Female) - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/3	WHITE, MARY MADELINE	588	00:36:09.10	07:13	+00:00:00	132/215	71/130	CALGARY
2/3	HAMILTON, JANET	499	00:50:12.07	10:02	+00:14:02	198/215	117/130	CALGARY
3/3	GMAINER, DOROTHEA	675	00:53:17.47	10:39	+00:17:08	202/215	121/130	CALGARY

5K70+M (Male) - 5 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/5	FRY, JIM	489	00:26:22.60	05:16	+00:00:00	40/215	28/85	CALGARY
2/5	KIRKBY, BOB	617	00:27:31.87	05:30	+00:01:09	49/215	34/85	CALGARY
3/5	INGLIS, GEORGE	505	00:28:09.30	05:37	+00:01:46	56/215	40/85	CALGARY

5KSTROLLERF (Female) - 5 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/5	DAVIES, BETHAN	467	00:33:18.47	06:39	+00:00:00	98/215	47/130	CALGARY
2/5	LOGAN, ANDRIA	520	00:34:00.12	06:48	+00:00:41	106/215	52/130	COCHRANE
3/5	BLACKTOPP, AMANDA	446	00:38:58.95	07:47	+00:05:40	150/215	85/130	CALGARY

5KSTROLLERM (Male) - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/3	NGAI, JAMES	633	00:22:56.04	04:35	+00:00:00	14/215	12/85	CALGARY
2/3	SPICKNELL, DARREN	576	00:23:56.70	04:47	+00:01:00	21/215	17/85	CALGARY
3/3	SALMON, NATHAN	566	00:33:44.48	06:44	+00:10:48	102/215	52/85	CALGARY