

## Alpha Overall Results

## 10K Run - 6.21 Miles

## 257 Finishers

O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
79/257	AARBO-GUEST, KIRSTEN	1	00:53:06.81	05:18	10K40-49F	6/30	F	15/119	00:52:38.36
90/257	ALEXANDER, SABIN	3	00:54:20.92	05:26	10K30-39M	22/34	M	70/138	00:54:20.92
87/257	ALLAN, FRASER	4	00:54:10.82	05:25	10K30-39M	21/34	M	67/138	00:53:38.02
128/257	ANTOSH, TARA	336	00:57:37.47	05:45	10K30-39F	12/48	F	35/119	00:57:01.41
80/257	ARMOUR, NANCY	6	00:53:11.22	05:19	10K50-59F	2/18	F	16/119	00:53:05.63
113/257	AVERNS, DICK	335	00:56:33.46	05:39	10K50-59M	18/26	M	84/138	00:56:15.73
151/257	BAKER, GEMMA	303	01:00:47.58	06:04	10K30-39F	19/48	F	48/119	01:00:41.56
107/257	BALARAMAN, KOWSHIK	8	00:55:41.86	05:34	10K19&UM	2/8	M	79/138	00:55:28.17
166/257	BARNOUW, SCOTT	9	01:04:08.03	06:24	10K50-59M	20/26	M	111/138	01:03:02.05
17/257	BEATTIE, SEAN	10	00:41:19.02	04:07	10K40-49M	5/34	M	16/138	00:41:16.21
56/257	BENSON, LAUREN	304	00:49:45.55	04:58	10K30-39F	4/48	F	9/119	00:49:05.97
55/257	BENSON, STACEY	305	00:49:45.55	04:58	10K30-39F	3/48	F	8/119	00:49:05.97
22/257	BIALY, ADAM	11	00:42:19.91	04:13	10K30-39M	7/34	M	21/138	00:42:15.43
153/257	BIAN, ALEX	12	01:01:28.39	06:08	10K30-39M	27/34	M	105/138	01:01:18.96
98/257	BIRD, DONNA	13	00:54:45.96	05:28	10K50-59F	4/18	F	25/119	00:54:33.42
190/257	BLAIR, CRYSTAL	14	01:07:11.72	06:43	10K40-49F	16/30	F	68/119	01:07:00.31
191/257	BLAIR, DARCY	15	01:07:12.11	06:43	10K40-49M	33/34	M	123/138	01:07:00.52
159/257	BRADE, JANELLE	16	01:02:34.71	06:15	10K20-29F	8/13	F	51/119	01:01:40.34
125/257	BRADE, KYLE	17	00:57:22.56	05:44	10K20-29M	16/21	M	93/138	00:56:28.67
230/257	BRADE, LAURIE	18	01:18:26.36	07:50	10K50-59F	17/18	F	98/119	01:17:32.25
106/257	BRADE, TYLER	19	00:55:35.00	05:33	10K20-29M	14/21	M	78/138	00:54:40.91
3/257	BRADFORD, KEITH	254	00:34:27.74	03:26	10K40-49M	1/34	M	3/138	00:34:27.54
149/257	BRADLEY, JAY	20	01:00:34.97	06:03	10K60-69M	8/12	M	103/138	01:00:25.98
164/257	BRAND, HANS	340	01:03:28.89	06:20	10K60-69M	9/12	M	110/138	01:03:19.90
222/257	BRANDWAGT, JOHN	21	01:15:39.60	07:33	10K50-59M	25/26	M	130/138	01:14:45.33
199/257	BRAUNBERGER, DANA	22	01:08:43.14	06:52	10K40-49F	18/30	F	74/119	01:08:14.63
1/257	BRETT, ALLAN	23	00:33:14.76	03:19	10K20-29M	1/21	M	1/138	00:33:14.56
104/257	BROWN, LACEY	24	00:55:23.77	05:32	10KSTROLLERF	2/2	F	27/119	00:55:23.56
219/257	BUDGELL, DANIELLE	26	01:14:43.47	07:28	10K30-39F	38/48	F	92/119	01:14:36.20
11/257	BUHLERS, DEBORAH	27	00:39:20.61	03:56	10K40-49F	1/30	F	1/119	00:39:20.61
160/257	BURTON, DAN	29	01:03:00.43	06:18	10K30-39M	29/34	M	109/138	01:02:33.06
38/257	CALDERWOOD, FRASER	31	00:47:06.89	04:42	10K30-39M	10/34	M	34/138	00:46:11.75
180/257	CAMERON, KAREN	32	01:05:55.69	06:35	10K50-59F	11/18	F	63/119	01:05:26.05
64/257	CARON, SEBASTIEN	255	00:51:16.59	05:07	10K20-29M	10/21	M	52/138	00:51:09.30
138/257	CARR, CHRIS	343	00:58:49.10	05:52	10K40-49M	26/34	M	99/138	00:57:58.28
4/257	CHAFE, DAVID	306	00:34:43.67	03:28	10K30-39M	2/34	M	4/138	00:34:43.28
137/257	CHAN, CALVIN	33	00:58:46.76	05:52	10K20-29M	18/21	M	98/138	00:58:29.47
117/257	CHATTEN, KARI	34	00:56:44.12	05:40	10K40-49F	8/30	F	31/119	00:55:59.21
168/257	CHO, YOUNGHWA (ELLIE)	36	01:04:24.26	06:26	10K30-39F	22/48	F	57/119	01:04:17.92
238/257	CHOW, JANE	37	01:22:15.39	08:13	10K30-39F	44/48	F	104/119	01:21:31.03
193/257	COBRA, NANCY	40	01:07:17.62	06:43	10K50-59F	12/18	F	70/119	01:06:37.22
220/257	COLLIVER, RAYMOND	307	01:15:09.97	07:30	10K70+M	1/1	M	128/138	01:14:48.01
51/257	COOK, ROB	256	00:49:02.31	04:54	10K50-59M	7/26	M	45/138	00:48:43.59
41/257	CROUGHTON, BARRY	344	00:47:28.93	04:44	10K40-49M	11/34	M	37/138	00:46:47.75
246/257	D'ADAMO, ANGELA	43	01:26:39.22	08:39	10K30-39F	45/48	F	110/119	01:25:52.23
216/257	DE CHAMPLAIN, JENNY	257	01:13:47.52	07:22	10K30-39F	36/48	F	89/119	01:12:50.05
253/257	DE GUIA, DENNIS	46	01:34:29.31	09:26	10K40-49M	34/34	M	137/138	01:33:42.78
248/257	DE GUIA, MIANNE	47	01:31:08.56	09:06	10K40-49F	27/30	F	112/119	01:30:22.05
158/257	DIMITROV, KRISTINA	258	01:02:28.07	06:14	10K20-29F	7/13	F	50/119	01:02:00.14
37/257	DIMITROV, VASIL	288	00:47:03.11	04:42	10K20-29M	7/21	M	33/138	00:46:35.30
72/257	DITTRICH, ALEX	49	00:52:21.14	05:14	10K20-29F	2/13	F	14/119	00:52:14.54
145/257	DONSKY, MICHELE	259	01:00:23.71	06:02	10K50-59F	9/18	F	43/119	00:59:56.28
25/257	DOUGLAS, LEE	51	00:42:45.30	04:16	10K40-49M	8/34	M	23/138	00:38:08.30
154/257	DU TOIT, JUAN	52	01:01:52.69	06:11	10K30-39M	28/34	M	106/138	01:01:20.13
93/257	ELLIS, CRYSTAL	53	00:54:28.78	05:26	10K30-39F	8/48	F	22/119	00:53:37.99
16/257	EVANS, DOUG	56	00:41:07.19	04:06	10K50-59M	2/26	M	15/138	00:41:06.53
212/257	FADER, LAURA	57	01:13:25.52	07:20	10K20-29F	10/13	F	85/119	01:13:19.61
28/257	FAHME, MANUELA	58	00:43:27.23	04:20	10K30-39F	1/48	F	3/119	00:43:20.32
77/257	FIRTH, JOHN	260	00:52:50.07	05:17	10K40-49M	16/34	M	63/138	00:52:20.49
225/257	FOLLENSBEE, LISA	261	01:16:20.74	07:38	10K40-49F	22/30	F	94/119	01:16:12.97
227/257	FOSTER, COLETIN	289	01:17:11.06	07:43	10K19&UM	7/8	M	132/138	01:16:47.52
226/257	FOSTER, MARCY	290	01:17:10.74	07:43	10K30-39F	39/48	F	95/119	01:16:47.62
120/257	FRAIL, NEIL	60	00:56:58.87	05:41	10K30-39M	25/34	M	88/138	00:56:08.09
32/257	FREISEN, MARK	320	00:45:30.85	04:33	10K20-29M	5/21	M	29/138	00:45:13.38
126/257	FRENCH, ETTA	61	00:57:25.07	05:44	10K50-59F	7/18	F	33/119	00:57:07.10
97/257	FREUND, JENNIFER	62	00:54:45.90	05:28	10K40-49F	7/30	F	24/119	00:54:42.98

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## 10K Run - 6.21 Miles

## 257 Finishers

O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
217/257	FRISON, AMANDA	63	01:13:56.74	07:23	10K20-29F	11/13	F	90/119	01:13:48.41
52/257	FRITZ, ERWIN	64	00:49:22.91	04:56	10K50-59M	8/26	M	46/138	00:49:02.47
239/257	GARSTAD, TINA	291	01:22:33.29	08:15	10K40-49F	26/30	F	105/119	01:21:58.19
110/257	GIKAS, MIKE	308	00:56:05.60	05:36	10K30-39M	24/34	M	81/138	00:55:40.34
229/257	GINGERICH, LARISSA	69	01:18:08.09	07:48	10K40-49F	23/30	F	97/119	01:17:30.51
91/257	GIRGULIS, JILL	262	00:54:25.22	05:26	10K20-29F	5/13	F	21/119	00:54:21.22
26/257	GOASDOUE, ERWAN	338	00:42:52.13	04:17	10K40-49M	9/34	M	24/138	00:42:49.21
60/257	GOLDBLUM, DAVID	263	00:50:37.09	05:03	10K50-59M	10/26	M	50/138	00:50:33.27
170/257	GOODE, CHRISTINE	71	01:04:29.10	06:26	10K30-39F	23/48	F	58/119	01:03:45.64
100/257	GORDON, BOYD	72	00:54:51.88	05:29	10K50-59M	16/26	M	75/138	00:53:48.25
15/257	GRAY, NEIL	74	00:40:58.41	04:05	10K40-49M	4/34	M	14/138	00:40:57.26
194/257	GRAVES, LISA	75	01:07:27.92	06:44	10K50-59F	13/18	F	71/119	01:06:31.71
12/257	GRIFFIN, BRENT	76	00:39:38.46	03:57	10K30-39M	5/34	M	11/138	00:39:35.22
171/257	GRIFFITHS, NATHALIE	77	01:04:30.03	06:27	10K30-39F	24/48	F	59/119	01:03:46.57
256/257	GRIJZENHOUT, CATHERINE	78	01:42:13.28	10:13	10K30-39F	48/48	F	118/119	01:41:12.26
255/257	GRIJZENHOUT, NICHOLAS	346	01:42:12.52	10:13	10K19&UM	8/8	M	138/138	01:41:10.92
252/257	GROCOCK, FRIEDA	79	01:32:34.38	09:15	10K40-49F	30/30	F	116/119	01:31:35.77
251/257	GROCOCK, SANDI	80	01:32:34.27	09:15	10K40-49F	29/30	F	115/119	01:31:35.28
192/257	GROVES, MEAGHAN	81	01:07:13.35	06:43	10K30-39F	28/48	F	69/119	01:06:45.42
223/257	GRUENWALD, TRISH	82	01:15:44.72	07:34	10K40-49F	21/30	F	93/119	01:14:46.51
218/257	GUSTAFSON, BREAHA	83	01:14:21.69	07:26	10K30-39F	37/48	F	91/119	01:13:23.68
42/257	HALPRIN, DANYAEL	264	00:47:32.21	04:45	10K40-49F	3/30	F	5/119	00:47:26.01
67/257	HAMILTON, CHRIS	84	00:51:23.59	05:08	10K30-39M	16/34	M	55/138	00:51:15.74
169/257	HAN, DIQING	85	01:04:29.02	06:26	10K30-39M	30/34	M	112/138	01:04:20.09
20/257	HARBOUR, MIKE	86	00:42:02.66	04:12	10K40-49M	7/34	M	19/138	00:41:56.90
61/257	HARTWELL, WARREN	292	00:50:37.09	05:03	10K50-59M	11/26	M	51/138	00:50:33.77
73/257	HARVEY, ERIC	87	00:52:21.15	05:14	10K40-49M	14/34	M	59/138	00:51:26.11
99/257	HEFFERNAN, NIALL	89	00:54:46.30	05:28	10K20-29M	13/21	M	74/138	00:54:31.72
14/257	HEHR, NEIL	90	00:40:51.83	04:05	10K40-49M	3/34	M	13/138	00:40:50.57
23/257	HENDERSON, KEN	309	00:42:32.13	04:15	10K50-59M	4/26	M	22/138	00:42:29.50
33/257	HO, SUNNY	265	00:45:33.59	04:33	10K20-29M	6/21	M	30/138	00:45:25.96
234/257	HOEPPNER, FIONA	92	01:19:42.70	07:58	10K40-49F	24/30	F	100/119	01:19:31.79
18/257	HOLMES, ROBERT	266	00:41:51.56	04:11	10K40-49M	6/34	M	17/138	00:41:48.83
257/257	HOPKINS, DAWN	94	01:52:52.27	11:17	10K60-69F	5/5	F	119/119	01:52:27.85
249/257	HUYNH, JESSICA	97	01:32:02.21	09:12	10K20-29F	13/13	F	113/119	01:31:37.51
135/257	HUYNH, SUSAN	98	00:58:22.56	05:50	10K20-29F	6/13	F	39/119	00:57:41.56
215/257	HYNES, LAINA	310	01:13:47.37	07:22	10K30-39F	35/48	F	88/119	01:12:48.78
10/257	INGLIS, LORIN	311	00:38:25.19	03:50	10K30-39M	4/34	M	10/138	00:38:24.04
84/257	JELAVIC, ANTO	267	00:53:40.22	05:22	10K30-39M	20/34	M	65/138	00:53:22.99
202/257	JESSOP, JAIMIE	268	01:09:27.16	06:56	10K30-39F	30/48	F	76/119	01:09:14.89
235/257	JOHNSON, CHELSEA	312	01:20:58.63	08:05	10K40-49F	25/30	F	101/119	01:20:32.90
221/257	JOHNSTON, CAL	313	01:15:33.14	07:33	10K60-69M	10/12	M	129/138	01:15:16.51
36/257	JONES, RACHEL	314	00:46:46.15	04:40	10K30-39F	2/48	F	4/119	00:46:34.09
48/257	JORDAN, MARK	99	00:48:50.41	04:53	10K40-49M	12/34	M	42/138	00:48:39.31
165/257	KADEN, SVENJA	341	01:03:29.17	06:20	10K40-49F	13/30	F	55/119	01:03:20.16
244/257	KAKAR, KUSHAGRA	100	01:24:54.87	08:29	10K30-39M	34/34	M	135/138	01:24:54.87
208/257	KARPIAK, JODY	101	01:12:15.56	07:13	10K40-49F	20/30	F	81/119	01:11:24.11
207/257	KARPIAK, SHELBY	102	01:12:15.43	07:13	10K19&UF	2/2	F	80/119	01:11:23.58
62/257	KENNEDY, ELIZA	103	00:51:11.11	05:07	10K30-39F	5/48	F	11/119	00:51:04.02
140/257	KENNEDY, JOSH	104	00:59:45.70	05:58	10K19&UM	3/8	M	100/138	00:59:24.06
163/257	KENNEDY, RHONDA	105	01:03:19.05	06:19	10K40-49F	12/30	F	54/119	01:02:57.59
188/257	KLASSEN, KIMBERLEY	269	01:07:04.68	06:42	10K60-69F	3/5	F	67/119	01:06:08.55
254/257	KNIVE, MELISSA	106	01:40:14.93	10:01	10K30-39F	47/48	F	117/119	01:39:49.77
124/257	KOHR, BERNARD	293	00:57:18.96	05:43	10K50-59M	19/26	M	92/138	00:57:01.29
5/257	KRAR, JEFF	108	00:35:10.14	03:31	10K40-49M	2/34	M	5/138	00:35:09.69
89/257	KRAUS, HERM	294	00:54:17.35	05:25	10K60-69M	2/12	M	69/138	00:53:44.19
19/257	KROCHAK, KEITH	109	00:42:01.03	04:12	10K30-39M	6/34	M	18/138	00:41:57.06
209/257	LAI, DIANE	116	01:12:16.81	07:13	10K20-29F	9/13	F	82/119	01:12:16.81
69/257	LAI, JAMIE	117	00:51:53.13	05:11	10K30-39F	6/48	F	13/119	00:51:46.81
63/257	LAM, CHRISTINA	118	00:51:11.64	05:07	10K20-29F	1/13	F	12/119	00:49:52.64
111/257	LAMBE, GRANT	316	00:56:05.98	05:36	10K40-49M	19/34	M	82/138	00:55:45.70
210/257	LANCTOT, IRIS	120	01:12:41.64	07:16	10K50-59F	16/18	F	83/119	01:12:06.70
53/257	LAW DABISZA, JANELLE	121	00:49:24.59	04:56	10K40-49F	4/30	F	7/119	00:49:03.70
156/257	LEE, CAMERON	124	01:02:13.69	06:13	10K20-29M	19/21	M	108/138	01:02:01.81
47/257	LEE, DON	125	00:48:43.53	04:52	10K60-69M	1/12	M	41/138	00:48:40.05
189/257	LEI, ALAN	126	01:07:11.54	06:43	10K40-49M	32/34	M	122/138	01:07:04.88

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O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
129/257	LENAOUR, KELLEY	317	00:57:38.96	05:45	10K30-39F	13/48	F	36/119	00:57:04.85
250/257	LEONOR, AILEEN	127	01:32:34.18	09:15	10K40-49F	28/30	F	114/119	01:31:34.66
205/257	LEVEQUE, PETER	295	01:11:28.66	07:08	10K50-59M	24/26	M	127/138	01:10:54.04
136/257	LEVESQUE, PATRICK	128	00:58:29.85	05:50	10K40-49M	25/34	M	97/138	00:57:45.41
76/257	LEWIS, GWYN	270	00:52:45.68	05:16	10K30-39M	19/34	M	62/138	00:51:42.90
92/257	LI, IVAN	130	00:54:25.86	05:26	10K30-39M	23/34	M	71/138	00:54:07.91
9/257	LINDLAND, KEVIN	133	00:38:24.99	03:50	10K50-59M	1/26	M	9/138	00:38:24.33
130/257	LIONG, ERIC	134	00:57:41.58	05:46	10K20-29M	17/21	M	94/138	00:56:22.44
206/257	LIU, DIYAO	135	01:12:05.35	07:12	10K30-39F	31/48	F	79/119	01:11:55.30
127/257	LOKE, CYNTHIA	137	00:57:32.75	05:45	10K30-39F	11/48	F	34/119	00:57:20.95
102/257	LOMBERG, MICHELLE	138	00:55:03.69	05:30	10K50-59F	5/18	F	26/119	00:54:49.22
155/257	LUNN, SCOTT	139	01:02:08.57	06:12	10K40-49M	29/34	M	107/138	01:01:48.67
7/257	MACDONALD, RICHARD	319	00:36:22.46	03:38	10KSTROLLERM	1/2	M	7/138	00:36:22.45
214/257	MACLACHLAN, KYLA	141	01:13:30.54	07:21	10K30-39F	34/48	F	87/119	01:13:00.97
31/257	MAH, EVAN	142	00:45:22.07	04:32	10K20-29M	4/21	M	28/138	00:45:04.52
224/257	MALKINSON, TERRANCE	144	01:16:06.64	07:36	10K60-69M	11/12	M	131/138	01:15:30.15
95/257	MANN, DON	145	00:54:43.37	05:28	10K60-69M	3/12	M	72/138	00:53:59.79
74/257	MARSHALL, LAWRENCE	147	00:52:41.79	05:16	10K30-39M	18/34	M	60/138	00:51:51.98
44/257	MARSHALL, RICHARD	148	00:48:03.31	04:48	10K30-39M	13/34	M	39/138	00:47:12.53
112/257	MARTENS, JEFF	149	00:56:21.44	05:38	10K40-49M	20/34	M	83/138	00:56:10.61
233/257	MARTIN, ASHLEY	150	01:19:10.22	07:55	10K30-39F	41/48	F	99/119	01:18:41.77
231/257	MARTIN, BILL	271	01:18:36.98	07:51	10K50-59M	26/26	M	133/138	01:17:28.32
27/257	MARTIN, SCOTT	296	00:43:27.15	04:20	10K30-39M	8/34	M	25/138	00:43:20.07
68/257	MASSINA, SEAN	151	00:51:29.17	05:08	10KSTROLLERM	2/2	M	56/138	00:51:27.27
236/257	MCARA, CHLOE	152	01:21:58.57	08:11	10K30-39F	42/48	F	102/119	01:21:10.98
197/257	MCDERMOTT, KRISTI	154	01:08:32.68	06:51	10K30-39F	29/48	F	72/119	01:07:29.05
144/257	MCDUFFIE, NICOLA	272	01:00:22.78	06:02	10K50-59F	8/18	F	42/119	00:59:55.74
6/257	MCILROY, TREVOR	345	00:36:14.16	03:37	10K30-39M	3/34	M	6/138	00:36:13.49
195/257	MCKENNA, DANIEL	156	01:07:46.52	06:46	10K20-29M	20/21	M	124/138	01:06:57.65
184/257	MELNYK, DARYL	273	01:06:48.58	06:40	10K50-59M	23/26	M	121/138	01:06:22.71
141/257	MIERAU, CAM	274	01:00:11.24	06:01	10K40-49M	27/34	M	101/138	00:59:44.35
88/257	MIGLIARESE, ANGELO	339	00:54:13.90	05:25	10K50-59M	15/26	M	68/138	00:53:56.29
29/257	MOLITOR, RANDY	163	00:43:57.47	04:23	10K50-59M	5/26	M	26/138	00:43:49.76
179/257	MONTGOMERY, LISA	276	01:05:38.77	06:33	10K40-49F	14/30	F	62/119	01:05:03.55
85/257	MOORE, DONNA	164	00:53:40.42	05:22	10K50-59F	3/18	F	20/119	00:53:23.40
133/257	MORATINOS, JESUS	165	00:58:12.94	05:49	10K40-49M	24/34	M	95/138	00:57:11.60
34/257	MORIN, MARC	321	00:45:53.88	04:35	10K40-49M	10/34	M	31/138	00:45:46.19
39/257	MORTSON, DEREK	166	00:47:20.23	04:44	10K30-39M	11/34	M	35/138	00:47:12.74
57/257	MYERS, TODD	170	00:49:56.77	04:59	10K50-59M	9/26	M	48/138	00:49:43.56
245/257	NAIR, ROSHAN	171	01:24:55.31	08:29	10K20-29M	21/21	M	136/138	01:24:55.31
78/257	NANYA, TADASHI	172	00:52:55.52	05:17	10K20-29M	12/21	M	64/138	00:52:20.10
96/257	NELLIGAN, BRUCE	173	00:54:44.74	05:28	10K40-49M	17/34	M	73/138	00:54:00.90
139/257	NELSON, JENNIFER	174	00:59:43.02	05:58	10K40-49F	9/30	F	40/119	00:58:45.01
228/257	NELSON, LAURA	175	01:17:37.72	07:45	10K30-39F	40/48	F	96/119	01:17:13.89
200/257	NEWMAN, CANDACE	176	01:08:43.21	06:52	10K40-49F	19/30	F	75/119	01:08:15.12
242/257	NICHOLSON, ALICE	178	01:22:59.75	08:17	10K60-69F	4/5	F	108/119	01:22:37.29
115/257	OLIVER, CHRIS	179	00:56:36.52	05:39	10K40-49M	21/34	M	86/138	00:55:47.97
58/257	OLSEN, KENNA	181	00:50:24.10	05:02	10K40-49F	5/30	F	10/119	00:50:22.49
83/257	OLSON-LESCHERT, STEPHANIE	297	00:53:25.32	05:20	10K30-39F	7/48	F	19/119	00:53:14.93
13/257	ONG, SIMON (WENG)	183	00:40:00.67	04:00	10K20-29M	3/21	M	12/138	00:40:00.38
2/257	ONSARE, BERNARD	182	00:34:12.06	03:25	10K30-39M	1/34	M	2/138	00:34:11.96
70/257	OROZCO, SERGIO	277	00:51:55.79	05:11	10K20-29M	11/21	M	57/138	00:51:51.19
142/257	ORR, IAN	323	01:00:11.31	06:01	10K60-69M	7/12	M	102/138	00:59:45.58
65/257	OVEREND, BILL	184	00:51:18.47	05:07	10K50-59M	12/26	M	53/138	00:51:04.00
243/257	OYSTRECK, TERESA	185	01:24:27.67	08:26	10K50-59F	18/18	F	109/119	01:23:25.27
196/257	PAPROCKE, BRANDON	186	01:08:27.06	06:50	10K19&UM	6/8	M	125/138	01:08:01.01
183/257	PAPROCKE, DAVID	187	01:06:32.38	06:39	10K50-59M	22/26	M	120/138	01:06:07.58
198/257	PAPROCKE, JULIE	188	01:08:38.78	06:51	10K40-49F	17/30	F	73/119	01:08:12.22
247/257	PAQUIN, TAMARA	189	01:27:23.02	08:44	10K30-39F	46/48	F	111/119	01:26:20.42
213/257	PARKER, JENN	190	01:13:26.89	07:20	10K30-39F	33/48	F	86/119	01:13:22.55
43/257	PERESSINI, JAY	193	00:47:51.81	04:47	10K50-59M	6/26	M	38/138	00:47:22.69
30/257	PEREZ, PATRICK	324	00:44:33.22	04:27	10K19&UM	1/8	M	27/138	00:44:28.54
122/257	PESTA, TOM	194	00:57:02.30	05:42	10K60-69M	5/12	M	90/138	00:56:49.45
187/257	PIGOTT-HASS, PENNY	196	01:07:04.62	06:42	10K40-49F	15/30	F	66/119	01:06:08.57
45/257	PLAVA, LILIANA	278	00:48:04.87	04:48	10K50-59F	1/18	F	6/119	00:47:56.26
123/257	RABY, GERARD	299	00:57:11.38	05:43	10K60-69M	6/12	M	91/138	00:56:58.29

## Alpha Overall Results

## 10K Run - 6.21 Miles

## 257 Finishers

O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
109/257	RABY, JODY	300	00:55:58.04	05:35	10K60-69F	1/5	F	29/119	00:55:45.29
173/257	RAWLINS, DEB	199	01:05:09.48	06:30	10K30-39F	25/48	F	60/119	01:05:08.52
174/257	RAWLINS, JASON	200	01:05:09.61	06:30	10K30-39M	32/34	M	114/138	01:05:08.56
152/257	REDEKOP, COLIN	201	01:01:15.70	06:07	10K40-49M	28/34	M	104/138	01:01:04.51
185/257	RESTALL, LISA	204	01:06:49.84	06:40	10K30-39F	27/48	F	64/119	01:06:25.62
157/257	RICHARDS, CHARLENE	205	01:02:16.21	06:13	10K40-49F	11/30	F	49/119	01:01:38.92
147/257	ROBINSON, BRIDGET	206	01:00:28.80	06:02	10K30-39F	16/48	F	45/119	00:59:40.13
101/257	ROMANO, ALBERTO	208	00:54:53.88	05:29	10K50-59M	17/26	M	76/138	00:54:44.71
8/257	ROSS, KYLE	209	00:38:12.82	03:49	10K20-29M	2/21	M	8/138	00:38:05.36
241/257	SAMUELSON, MARLENE	211	01:22:50.77	08:17	10K70+F	1/1	F	107/119	01:22:42.44
148/257	SANDS, CHRISTINA	212	01:00:31.99	06:03	10K30-39F	17/48	F	46/119	01:00:16.43
116/257	SAVSKOFF, CHRISTINA	213	00:56:42.07	05:40	10K30-39F	9/48	F	30/119	00:56:23.11
162/257	SCHMIDT, LAUREN	214	01:03:09.95	06:18	10K30-39F	20/48	F	53/119	01:02:30.37
131/257	SCOTT, LINDSEY	325	00:57:53.52	05:47	10K30-39F	14/48	F	37/119	00:55:52.74
118/257	SHAUGHNESSY, JEFF	326	00:56:51.73	05:41	10K40-49M	22/34	M	87/138	00:56:07.62
82/257	SHEPARD, MERT	280	00:53:24.71	05:20	10K20-29F	4/13	F	18/119	00:52:22.24
240/257	SIAD, FARTOON	215	01:22:50.48	08:17	10K20-29F	12/13	F	106/119	01:22:24.20
59/257	SIEMENS, KYLER	216	00:50:24.78	05:02	10K20-29M	9/21	M	49/138	00:50:08.87
237/257	SIMARI, EDEN	217	01:21:58.62	08:11	10K30-39F	43/48	F	103/119	01:21:11.03
203/257	SIMON, JUDY	281	01:10:56.08	07:05	10K50-59F	14/18	F	77/119	01:10:49.09
143/257	SKILNICK-MIERAU, TAMMY	282	01:00:21.18	06:02	10K40-49F	10/30	F	41/119	00:59:53.55
40/257	SLADE, LEITHAN	218	00:47:26.62	04:44	10K30-39M	12/34	M	36/138	00:47:11.36
181/257	SMALES, DEAN	219	01:06:09.53	06:36	10K40-49M	31/34	M	118/138	01:05:42.10
114/257	SMITSNUK, DARREN	220	00:56:35.42	05:39	10K20-29M	15/21	M	85/138	00:55:47.65
86/257	SNOW, PETER	283	00:53:47.68	05:22	10K50-59M	14/26	M	66/138	00:52:58.06
21/257	SPAKOWSKI, GEORGE	342	00:42:08.73	04:12	10K50-59M	3/26	M	20/138	00:42:06.68
176/257	SPATE, AIDAN	222	01:05:15.81	06:31	10K19&UM	4/8	M	116/138	01:05:13.18
178/257	SPATE, DEVON	223	01:05:28.55	06:32	10K19&UM	5/8	M	117/138	01:05:26.82
182/257	SPATE, PHIL	224	01:06:20.76	06:38	10K50-59M	21/26	M	119/138	01:06:12.53
172/257	SRINIVASAN, PRABHU	327	01:04:49.91	06:28	10K30-39M	31/34	M	113/138	01:03:44.38
146/257	STAFFORD, KAREN	284	01:00:23.71	06:02	10K50-59F	10/18	F	44/119	00:59:56.50
186/257	STRETCH, BETTI	226	01:06:55.21	06:41	10K60-69F	2/5	F	65/119	01:06:43.64
24/257	SUTHERLAND, ANDRIA	328	00:42:40.59	04:16	10K40-49F	2/30	F	2/119	00:42:33.32
75/257	SWABB, CHRIS	285	00:52:43.56	05:16	10K40-49M	15/34	M	61/138	00:52:16.43
66/257	SWAILES, JEFF	227	00:51:22.31	05:08	10K50-59M	13/26	M	54/138	00:51:03.21
50/257	SWAILES, TAYLOR	228	00:48:59.42	04:53	10K20-29M	8/21	M	44/138	00:48:39.93
175/257	TAMAYO, MIGUEL	329	01:05:14.58	06:31	10K40-49M	30/34	M	115/138	01:05:10.44
201/257	THOMSON, COREY	330	01:09:01.61	06:54	10K30-39M	33/34	M	126/138	01:08:20.85
150/257	THREESUNS, LYNDSEY	232	01:00:46.73	06:04	10K30-39F	18/48	F	47/119	01:00:30.93
71/257	VALENZUELA, JOSE	286	00:52:09.51	05:12	10K30-39M	17/34	M	58/138	00:52:06.78
103/257	VASQUEZ, ALVARO	234	00:55:08.89	05:30	10K40-49M	18/34	M	77/138	00:55:07.82
177/257	VIVEK, KIRUTHIKA	235	01:05:19.40	06:31	10K30-39F	26/48	F	61/119	01:05:16.77
121/257	VULIC, MARKO	237	00:57:00.52	05:42	10K40-49M	23/34	M	89/138	00:56:15.31
108/257	WAKOLUK, JOHN	238	00:55:42.94	05:34	10K60-69M	4/12	M	80/138	00:55:38.67
134/257	WEBB, JAMES	241	00:58:13.60	05:49	10K30-39M	26/34	M	96/138	00:57:56.96
132/257	WEBB, JAMIE	242	00:57:55.52	05:47	10K30-39F	15/48	F	38/119	00:57:20.99
49/257	WENSLEY, STEPHEN	243	00:48:56.19	04:53	10K30-39M	15/34	M	43/138	00:47:52.33
54/257	WHITNEY, DYLAN	287	00:49:34.75	04:57	10K40-49M	13/34	M	47/138	00:49:31.93
94/257	WHITNEY, NATALIE	707	00:54:34.22	05:27	10KSTROLLERF	1/2	F	23/119	00:54:28.52
211/257	WILLIAMS, LAURA	245	01:13:16.80	07:19	10K30-39F	32/48	F	84/119	01:12:34.54
81/257	WILSON, LAURA	246	00:53:19.16	05:19	10K20-29F	3/13	F	17/119	00:52:44.32
46/257	WISEMAN, STEVEN	332	00:48:29.51	04:50	10K30-39M	14/34	M	40/138	00:48:20.58
232/257	WONG, PAUL	248	01:18:38.29	07:51	10K60-69M	12/12	M	134/138	01:18:07.23
119/257	WONG, ROSE	333	00:56:57.86	05:41	10K30-39F	10/48	F	32/119	00:56:07.05
167/257	WOODWARD, SHANNON	249	01:04:18.83	06:25	10K30-39F	21/48	F	56/119	01:03:43.33
204/257	WOU, EVELYN	301	01:10:58.86	07:05	10K50-59F	15/18	F	78/119	01:10:39.51
161/257	WOU, MEGAN	302	01:03:03.91	06:18	10K19&UF	1/2	F	52/119	01:02:44.17
105/257	WYLIE, DEBBIE	250	00:55:26.69	05:32	10K50-59F	6/18	F	28/119	00:54:41.11
35/257	YARKER, JOSH	337	00:46:22.07	04:38	10K30-39M	9/34	M	32/138	00:46:17.39