

2018 Dino Dash 5K/10K Sept 8/2018

Alpha Overall Results

5K Run - 3.1 Miles

336 Finishers

| O/A | Name | Bib# | Time | Pace/m | Category | Cat/PI | Gender | Gen/PI | Chip Time |
|---------|----------------------|------|-------------|--------|-------------|--------|--------|---------|-------------|
| 187/336 | ABBOTT, JACQUELINE | 1 | 00:36:56.90 | 07:23 | 5K50-59F | 13/28 | F | 105/206 | 00:36:02.52 |
| 13/336 | ADMUSSEN, RYAN | 6 | 00:21:07.04 | 04:13 | 5K30-39M | 1/26 | M | 11/130 | 00:21:04.89 |
| 112/336 | AHMED, ALI | 9 | 00:31:32.12 | 06:18 | 5K30-39M | 12/26 | M | 60/130 | 00:31:32.12 |
| 63/336 | AITCHISON, SANDY | 12 | 00:26:57.14 | 05:23 | 5K60-69F | 3/8 | F | 26/206 | 00:26:54.45 |
| 161/336 | ALLAIN, MALLORY | 683 | 00:35:34.73 | 07:06 | 5K20-29F | 16/26 | F | 87/206 | 00:34:46.62 |
| 8/336 | AMELINCKX, ERIK | 17 | 00:19:56.58 | 03:59 | 5K19&UM | 2/41 | M | 7/130 | 00:19:55.69 |
| 62/336 | ANDERSON, TRACY | 685 | 00:26:44.54 | 05:20 | 5K50-59F | 3/28 | F | 25/206 | 00:26:35.34 |
| 243/336 | ARDLEY, BILL | 23 | 00:40:54.30 | 08:10 | 5K70+M | 3/5 | M | 99/130 | 00:40:26.66 |
| 103/336 | ARGENTO, GIANNA | 25 | 00:30:39.33 | 06:07 | 5K30-39F | 9/57 | F | 46/206 | 00:29:46.20 |
| 11/336 | ATKINS, DASHA | 27 | 00:21:03.12 | 04:12 | 5KSTROLLERF | 1/11 | F | 2/206 | 00:21:03.05 |
| 135/336 | AUBREY, RON | 28 | 00:33:32.17 | 06:42 | 5K60-69M | 5/7 | M | 67/130 | 00:33:24.22 |
| 254/336 | AUDETTE, GERRY | 29 | 00:42:30.32 | 08:30 | 5K50-59M | 11/12 | M | 102/130 | 00:42:18.62 |
| 253/336 | AUDETTE, GERRY | 30 | 00:42:29.28 | 08:29 | 5K19&UM | 30/41 | M | 101/130 | 00:42:16.76 |
| 110/336 | AVOLIO, FIORELLA | 32 | 00:31:15.23 | 06:15 | 5K20-29F | 12/26 | F | 52/206 | 00:31:01.29 |
| 299/336 | BANKS, DAVID | 35 | 00:48:43.58 | 09:44 | 5K19&UM | 37/41 | M | 122/130 | 00:48:25.21 |
| 298/336 | BANKS, PETER | 36 | 00:48:43.45 | 09:44 | 5K40-49M | 15/16 | M | 121/130 | 00:48:24.96 |
| 105/336 | BARLEY, MISTY | 38 | 00:30:52.17 | 06:10 | 5K40-49F | 10/44 | F | 48/206 | 00:29:51.38 |
| 10/336 | BARNOUW, GRAHAM | 39 | 00:20:48.48 | 04:09 | 5K19&UM | 3/41 | M | 9/130 | 00:20:42.29 |
| 91/336 | BARNOUW, SCOTT | 40 | 00:29:25.30 | 05:53 | 5K50-59M | 6/12 | M | 53/130 | 00:29:01.32 |
| 137/336 | BARR, CHRISTINA | 41 | 00:33:48.08 | 06:45 | 5K30-39F | 18/57 | F | 70/206 | 00:33:26.90 |
| 141/336 | BARR, SIMON | 42 | 00:34:10.89 | 06:50 | 5K30-39M | 16/26 | M | 69/130 | 00:33:47.88 |
| 259/336 | BARTOK, ERIN | 43 | 00:43:49.24 | 08:45 | 5K30-39F | 42/57 | F | 156/206 | 00:43:07.20 |
| 277/336 | BASSYOUNI, MOHAMED | 822 | 00:46:17.38 | 09:15 | 5K30-39M | 22/26 | M | 109/130 | 00:46:11.61 |
| 38/336 | BERES, ANDREA | 53 | 00:24:35.67 | 04:55 | 5K50-59F | 1/28 | F | 12/206 | 00:24:32.10 |
| 35/336 | BERES, SYDNEY | 54 | 00:24:05.27 | 04:49 | 5K19&UF | 2/27 | F | 11/206 | 00:24:03.08 |
| 315/336 | BERZE, BRYNA | 58 | 00:51:10.24 | 10:14 | 5K30-39F | 53/57 | F | 190/206 | 00:50:47.78 |
| 130/336 | BISWAS, ARIF | 59 | 00:33:14.71 | 06:38 | 5K30-39M | 15/26 | M | 66/130 | 00:32:33.96 |
| 127/336 | BLAKELY, S | 687 | 00:32:47.13 | 06:33 | 5K30-39F | 14/57 | F | 62/206 | 00:31:59.30 |
| 318/336 | BOYD, EARL KODY | 70 | 00:51:52.70 | 10:22 | 5KSTROLLERM | 3/4 | M | 126/130 | 00:51:43.70 |
| 6/336 | BOYLE, SHARI | 71 | 00:19:23.02 | 03:52 | 5K40-49F | 1/44 | F | 1/206 | 00:19:23.01 |
| 158/336 | BROWER, KEELY | 81 | 00:35:11.59 | 07:02 | 5K30-39F | 21/57 | F | 84/206 | 00:34:24.34 |
| 71/336 | BROWN, LACEY | 794 | 00:28:30.25 | 05:42 | 5KSTROLLERF | 3/11 | F | 31/206 | 00:28:30.04 |
| 76/336 | BRUNSKILL, VALERIE | 84 | 00:29:01.11 | 05:48 | 5K20-29F | 10/26 | F | 33/206 | 00:28:21.77 |
| 145/336 | BRUMER, KYLE | 85 | 00:34:20.35 | 06:52 | 5K20-29M | 14/19 | M | 71/130 | 00:34:07.69 |
| 196/336 | BUDGELL, DANIELLE | 86 | 00:37:43.88 | 07:32 | 5K30-39F | 26/57 | F | 110/206 | 00:37:20.18 |
| 233/336 | BURRELL, EMILY | 88 | 00:39:50.53 | 07:58 | 5K30-39F | 36/57 | F | 138/206 | 00:39:45.67 |
| 143/336 | CAMBALIZA, HEATHLEY | 93 | 00:34:12.33 | 06:50 | 5K19&UM | 16/41 | M | 70/130 | 00:34:01.03 |
| 330/336 | CAMBALIZA, KADEN | 94 | 00:57:18.04 | 11:27 | 5K19&UM | 41/41 | M | 130/130 | 00:57:06.59 |
| 41/336 | CAMBALIZA, KAREN | 95 | 00:25:03.21 | 05:00 | 5K40-49F | 2/44 | F | 13/206 | 00:24:53.11 |
| 104/336 | CAMPBELL, CAELLY | 97 | 00:30:41.75 | 06:08 | 5K30-39F | 10/57 | F | 47/206 | 00:30:09.29 |
| 14/336 | CAMPBELL, JOEL | 99 | 00:21:11.63 | 04:14 | 5K40-49M | 2/16 | M | 12/130 | 00:21:09.64 |
| 332/336 | CHAN, DANA | 107 | 01:03:44.21 | 12:44 | 5K30-39F | 56/57 | F | 202/206 | 01:02:36.56 |
| 122/336 | CHOI, KWANGYUL | 115 | 00:32:18.89 | 06:27 | 5K30-39M | 13/26 | M | 64/130 | 00:32:08.21 |
| 284/336 | CLARKE, ARMINTY | 118 | 00:47:51.41 | 09:34 | 5K30-39F | 47/57 | F | 172/206 | 00:46:54.85 |
| 93/336 | CLOUTIER, MATHIEU | 124 | 00:29:32.63 | 05:54 | 5K20-29M | 12/19 | M | 54/130 | 00:29:23.15 |
| 33/336 | CONSTABLE, BRUCE | 125 | 00:23:38.64 | 04:43 | 5K50-59M | 2/12 | M | 24/130 | 00:23:30.89 |
| 157/336 | COOPER, PAM | 127 | 00:35:00.41 | 07:00 | 5K40-49F | 19/44 | F | 83/206 | 00:34:30.41 |
| 159/336 | CORBIELL, MICHELE | 128 | 00:35:24.62 | 07:04 | 5K50-59F | 11/28 | F | 85/206 | 00:34:47.47 |
| 287/336 | CORKE, JUSTIN | 129 | 00:47:57.34 | 09:35 | 5K30-39M | 25/26 | M | 115/130 | 00:47:33.72 |
| 316/336 | CORKE, SAWYER | 130 | 00:51:10.41 | 10:14 | 5K19&UF | 26/27 | F | 191/206 | 00:50:47.10 |
| 3/336 | CORMIER, RYAN | 131 | 00:18:25.82 | 03:41 | 5K20-29M | 3/19 | M | 3/130 | 00:18:25.10 |
| 25/336 | CORTVRIENDT, ANTHONY | 132 | 00:22:40.40 | 04:32 | 5K20-29M | 8/19 | M | 19/130 | 00:22:33.33 |
| 147/336 | COWLARD, DAVID | 135 | 00:34:25.21 | 06:53 | 5K19&UM | 17/41 | M | 72/130 | 00:34:01.69 |
| 150/336 | COWLARD, DEN | 136 | 00:34:33.21 | 06:54 | 5K50-59M | 7/12 | M | 74/130 | 00:34:08.44 |
| 209/336 | CRAIG, DAWN | 137 | 00:38:31.48 | 07:42 | 5K50-59F | 18/28 | F | 122/206 | 00:37:52.13 |
| 92/336 | CROSS, REBECCA | 139 | 00:29:26.04 | 05:53 | 5K30-39F | 6/57 | F | 39/206 | 00:29:06.44 |
| 279/336 | CURLE, LAURA | 692 | 00:46:36.62 | 09:19 | 5K50-59F | 24/28 | F | 169/206 | 00:46:02.09 |
| 90/336 | CURLEY, AARON | 795 | 00:29:25.27 | 05:53 | 5KSTROLLERM | 1/4 | M | 52/130 | 00:29:18.73 |
| 83/336 | CURLEY, JILLIAN | 796 | 00:29:11.88 | 05:50 | 5KSTROLLERF | 4/11 | F | 37/206 | 00:29:05.97 |
| 275/336 | D'ADAMO, ALEXIS | 140 | 00:46:10.25 | 09:14 | 5K19&UF | 21/27 | F | 168/206 | 00:45:46.81 |
| 274/336 | D'ADAMO, ANGELA | 141 | 00:46:10.13 | 09:14 | 5K30-39F | 46/57 | F | 167/206 | 00:45:47.52 |
| 195/336 | DAVIES, DANIELLE | 145 | 00:37:35.67 | 07:31 | 5K20-29F | 19/26 | F | 109/206 | 00:36:59.33 |
| 198/336 | DAVIS, CLAIRE | 146 | 00:37:50.88 | 07:34 | 5K30-39F | 27/57 | F | 112/206 | 00:37:10.02 |
| 184/336 | DERRAUGH, TANIA | 810 | 00:36:54.17 | 07:22 | 5KSTROLLERF | 8/11 | F | 102/206 | 00:36:51.98 |
| 247/336 | DESJARDINS, BJ | 694 | 00:41:40.69 | 08:20 | 5K40-49F | 32/44 | F | 148/206 | 00:40:41.67 |
| 79/336 | DIBSKI, PATTI | 155 | 00:29:07.19 | 05:49 | 5K40-49F | 6/44 | F | 35/206 | 00:29:07.19 |

2018 Dino Dash 5K/10K Sept 8/2018

Alpha Overall Results

5K Run - 3.1 Miles

336 Finishers

| O/A | Name | Bib# | Time | Pace/m | Category | Cat/PI | Gender | Gen/PI | Chip Time |
|---------|---------------------------|------|-------------|--------|-------------|--------|--------|---------|-------------|
| 272/336 | DICKERSON, KRICKET | 156 | 00:45:58.33 | 09:11 | 5K20-29F | 22/26 | F | 165/206 | 00:45:32.77 |
| 199/336 | DOHERTY, COURTNEY | 159 | 00:37:52.39 | 07:34 | 5K30-39F | 28/57 | F | 113/206 | 00:37:00.57 |
| 106/336 | DONNELLY, KAREN | 696 | 00:31:03.68 | 06:12 | 5K40-49F | 11/44 | F | 49/206 | 00:30:46.80 |
| 250/336 | DOUGHERTY, KACIE | 783 | 00:42:17.08 | 08:27 | 5K30-39F | 39/57 | F | 151/206 | 00:41:39.94 |
| 133/336 | DOUGLAS, SHELLEY | 165 | 00:33:22.95 | 06:40 | 5K40-49F | 16/44 | F | 67/206 | 00:33:02.74 |
| 224/336 | DRAKE, DENISE | 166 | 00:39:18.17 | 07:51 | 5K40-49F | 27/44 | F | 132/206 | 00:38:59.74 |
| 173/336 | DREBIT, CRAIG | 784 | 00:36:06.15 | 07:13 | 5K30-39M | 17/26 | M | 78/130 | 00:35:14.91 |
| 101/336 | DUARTE, LUZ | 821 | 00:30:31.67 | 06:06 | 5K40-49F | 9/44 | F | 44/206 | 00:30:31.67 |
| 37/336 | DUCEY, MARK | 169 | 00:24:17.08 | 04:51 | 5K30-39M | 6/26 | M | 26/130 | 00:24:10.21 |
| 207/336 | DUNFORD, KEVIN | 171 | 00:38:22.02 | 07:40 | 5K50-59M | 9/12 | M | 87/130 | 00:37:54.27 |
| 138/336 | ELDERKIN-SAFRUK, PAM | 174 | 00:33:59.93 | 06:47 | 5K50-59F | 6/28 | F | 71/206 | 00:33:21.41 |
| 48/336 | EVANS, JOHN | 699 | 00:25:40.27 | 05:08 | 5K50-59M | 4/12 | M | 31/130 | 00:25:22.30 |
| 111/336 | EVERTON, ETHAN | 180 | 00:31:29.47 | 06:17 | 5K19&UM | 14/41 | M | 59/130 | 00:31:23.46 |
| 258/336 | EVERTON, OWEN | 181 | 00:43:21.00 | 08:40 | 5K19&UM | 31/41 | M | 103/130 | 00:43:11.60 |
| 257/336 | EVERTON, SHEENA | 182 | 00:43:20.99 | 08:40 | 5K30-39F | 41/57 | F | 155/206 | 00:43:12.05 |
| 231/336 | FANDRICH, JACOB | 185 | 00:39:39.16 | 07:55 | 5K19&UM | 28/41 | M | 95/130 | 00:39:34.24 |
| 206/336 | FERREIRA, KIM | 190 | 00:38:17.60 | 07:39 | 5K50-59F | 17/28 | F | 120/206 | 00:38:03.66 |
| 273/336 | FINK, DEANNA | 191 | 00:46:09.59 | 09:13 | 5K30-39F | 45/57 | F | 166/206 | 00:45:20.39 |
| 124/336 | FITZPATRICK, KATE | 193 | 00:32:26.53 | 06:29 | 5K30-39F | 11/57 | F | 59/206 | 00:31:59.76 |
| 131/336 | FLANAGAN, ANGELA | 194 | 00:33:18.67 | 06:39 | 5K30-39F | 16/57 | F | 65/206 | 00:33:13.35 |
| 271/336 | FOLLENSBEE, LISA | 701 | 00:45:51.32 | 09:10 | 5K40-49F | 37/44 | F | 164/206 | 00:45:38.27 |
| 217/336 | FRANK, ELISA | 702 | 00:38:57.56 | 07:47 | 5K30-39F | 33/57 | F | 128/206 | 00:38:06.80 |
| 49/336 | FREDE, HEATHER | 197 | 00:25:44.50 | 05:08 | 5K30-39F | 4/57 | F | 18/206 | 00:25:39.97 |
| 160/336 | FREIBURGER, FRAN | 201 | 00:35:32.95 | 07:06 | 5K60-69F | 5/8 | F | 86/206 | 00:35:08.93 |
| 89/336 | FREIBURGER, RON | 202 | 00:29:24.30 | 05:52 | 5K60-69M | 4/7 | M | 51/130 | 00:29:00.19 |
| 188/336 | FREIDAY, NANCY | 203 | 00:37:10.32 | 07:26 | 5K60-69F | 7/8 | F | 106/206 | 00:36:31.80 |
| 84/336 | FRIESEN, HANNAH | 205 | 00:29:12.63 | 05:50 | 5K20-29F | 11/26 | F | 38/206 | 00:28:40.41 |
| 276/336 | FURTADO, JOE | 208 | 00:46:11.72 | 09:14 | 5K19&UM | 34/41 | M | 108/130 | 00:45:46.23 |
| 175/336 | FURTADO, MICHAEL | 209 | 00:36:18.82 | 07:15 | 5K19&UM | 19/41 | M | 80/130 | 00:35:54.05 |
| 100/336 | GALLOWAY, CHARLOTTE | 213 | 00:30:23.23 | 06:04 | 5K19&UF | 5/27 | F | 43/206 | 00:29:44.47 |
| 99/336 | GALLOWAY, OLIVIA | 214 | 00:30:21.39 | 06:04 | 5K19&UF | 4/27 | F | 42/206 | 00:30:12.94 |
| 4/336 | GEERAERT, BRYCE | 217 | 00:19:01.46 | 03:48 | 5K20-29M | 4/19 | M | 4/130 | 00:19:00.30 |
| 323/336 | GENTLES, KRISTINA | 218 | 00:53:21.34 | 10:40 | 5K30-39F | 54/57 | F | 197/206 | 00:52:19.97 |
| 54/336 | GIBSON, KIRSTIAN | 219 | 00:26:00.34 | 05:12 | 5K20-29F | 6/26 | F | 19/206 | 00:25:47.59 |
| 61/336 | GIFFEN, REBECCA | 221 | 00:26:40.38 | 05:20 | 5K40-49F | 4/44 | F | 24/206 | 00:26:33.41 |
| 197/336 | GLEAVE, LYNNE | 222 | 00:37:44.80 | 07:32 | 5K50-59F | 15/28 | F | 111/206 | 00:37:06.65 |
| 317/336 | GMAINER, DOROTHEA | 223 | 00:51:21.40 | 10:16 | 5K70+F | 5/5 | F | 192/206 | 00:50:33.99 |
| 7/336 | GOUGH, TYLER | 229 | 00:19:44.80 | 03:56 | 5K20-29M | 5/19 | M | 6/130 | 00:19:43.33 |
| 18/336 | GOULD, BECCA | 230 | 00:21:26.04 | 04:17 | 5K20-29F | 2/26 | F | 4/206 | 00:21:24.77 |
| 242/336 | GRANT, LISA | 231 | 00:40:53.78 | 08:10 | 5K30-39F | 38/57 | F | 144/206 | 00:40:48.92 |
| 166/336 | GRAY, CHERI | 232 | 00:35:45.67 | 07:09 | 5K50-59F | 12/28 | F | 90/206 | 00:35:03.20 |
| 261/336 | GRAY, DIANA | 233 | 00:44:20.10 | 08:52 | 5K50-59F | 23/28 | F | 157/206 | 00:43:24.82 |
| 265/336 | GREENOUGH, CODY | 818 | 00:45:09.45 | 09:01 | 5K30-39M | 21/26 | M | 106/130 | 00:44:35.52 |
| 256/336 | GROVES, MEAGHAN | 238 | 00:42:54.08 | 08:34 | 5K30-39F | 40/57 | F | 154/206 | 00:42:16.68 |
| 82/336 | HALPRIN, DANYAEL | 242 | 00:29:11.87 | 05:50 | 5K40-49F | 7/44 | F | 36/206 | 00:29:06.34 |
| 308/336 | HAMILTON, JANET | 243 | 00:50:28.89 | 10:05 | 5K70+F | 3/5 | F | 183/206 | 00:49:38.61 |
| 43/336 | HAMILTON INGLIS, JENNIFER | 244 | 00:25:27.51 | 05:05 | 5K30-39F | 2/57 | F | 15/206 | 00:25:26.79 |
| 116/336 | HANNIGAN, MORGAN | 246 | 00:32:05.65 | 06:25 | 5K20-29F | 13/26 | F | 55/206 | 00:31:40.29 |
| 178/336 | HANULIK, TONI | 247 | 00:36:28.31 | 07:17 | 5K40-49F | 23/44 | F | 98/206 | 00:36:10.53 |
| 245/336 | HARVEY, SUSAN | 251 | 00:41:30.66 | 08:18 | 5K60-69F | 8/8 | F | 146/206 | 00:41:02.15 |
| 136/336 | HAYWOOD, ANGELA | 254 | 00:33:47.51 | 06:45 | 5K40-49F | 17/44 | F | 69/206 | 00:33:15.94 |
| 174/336 | HELDERWEIRT, DARREN | 256 | 00:36:06.53 | 07:13 | 5K40-49M | 12/16 | M | 79/130 | 00:35:31.63 |
| 47/336 | HENDERSON, LAURA | 257 | 00:25:37.51 | 05:07 | 5K30-39F | 3/57 | F | 17/206 | 00:25:29.10 |
| 290/336 | HENSCH, AMY | 258 | 00:48:12.34 | 09:38 | 5K40-49F | 38/44 | F | 174/206 | 00:47:45.41 |
| 291/336 | HENSCH, CHRIS | 259 | 00:48:12.58 | 09:38 | 5K20-29M | 18/19 | M | 117/130 | 00:47:45.82 |
| 59/336 | HEPPLE, ROWAN | 260 | 00:26:26.77 | 05:17 | 5K19&UF | 3/27 | F | 22/206 | 00:26:19.13 |
| 5/336 | HEUVER, JACOB | 263 | 00:19:04.48 | 03:48 | 5K19&UM | 1/41 | M | 5/130 | 00:18:58.47 |
| 149/336 | HICKS, MELISSA | 265 | 00:34:33.01 | 06:54 | 5K50-59F | 8/28 | F | 76/206 | 00:34:09.02 |
| 95/336 | HIGGINS, KEVIN | 268 | 00:29:36.44 | 05:55 | 5KSTROLLERM | 2/4 | M | 56/130 | 00:29:31.67 |
| 102/336 | HO, JACKLYN | 272 | 00:30:36.89 | 06:07 | 5K30-39F | 8/57 | F | 45/206 | 00:30:00.61 |
| 108/336 | HOLLAND, JENNIFER | 275 | 00:31:06.53 | 06:13 | 5KSTROLLERF | 5/11 | F | 51/206 | 00:31:06.10 |
| 75/336 | HRONEK, KEVIN | 278 | 00:28:53.31 | 05:46 | 5K30-39M | 9/26 | M | 43/130 | 00:28:16.55 |
| 9/336 | IRONSIDE, TIM | 286 | 00:20:14.09 | 04:02 | 5K40-49M | 1/16 | M | 8/130 | 00:20:11.63 |
| 50/336 | IVERSEN, QUINNTEN | 814 | 00:25:48.72 | 05:09 | 5K19&UM | 6/41 | M | 32/130 | 00:25:48.55 |
| 77/336 | JAMES, HUDSON | 714 | 00:29:01.98 | 05:48 | 5K19&UM | 9/41 | M | 44/130 | 00:28:46.11 |
| 80/336 | JAMES, TODD | 715 | 00:29:11.13 | 05:50 | 5K40-49M | 7/16 | M | 45/130 | 00:28:56.40 |

Alpha Overall Results

5K Run - 3.1 Miles

336 Finishers

| O/A | Name | Bib# | Time | Pace/m | Category | Cat/PI | Gender | Gen/PI | Chip Time |
|---------|--------------------------|------|-------------|--------|----------|--------|--------|---------|-------------|
| 96/336 | JAMIESON, SPENCER | 808 | 00:29:37.31 | 05:55 | 5K30-39M | 11/26 | M | 57/130 | 00:29:31.12 |
| 222/336 | JENKINS, DAVID | 290 | 00:39:07.52 | 07:49 | 5K19&UM | 25/41 | M | 91/130 | 00:38:11.67 |
| 229/336 | JENKINS, DEBBIE | 291 | 00:39:26.08 | 07:53 | 5K40-49F | 28/44 | F | 135/206 | 00:38:32.95 |
| 126/336 | JENKINS, HEATHER | 292 | 00:32:37.35 | 06:31 | 5K30-39F | 13/57 | F | 61/206 | 00:32:08.93 |
| 239/336 | JIN, HUGH | 295 | 00:40:31.58 | 08:06 | 5K30-39M | 20/26 | M | 97/130 | 00:39:58.15 |
| 226/336 | JOHNSON, CHLOE | 297 | 00:39:22.88 | 07:52 | 5K19&UF | 17/27 | F | 134/206 | 00:39:00.80 |
| 227/336 | JOHNSON, JACOB | 299 | 00:39:23.60 | 07:52 | 5K19&UM | 26/41 | M | 93/130 | 00:39:01.45 |
| 60/336 | JOHNSTON, ALANNA | 300 | 00:26:29.81 | 05:17 | 5K20-29F | 7/26 | F | 23/206 | 00:26:24.10 |
| 211/336 | KAI, MICHELLE | 303 | 00:38:37.04 | 07:43 | 5K30-39F | 32/57 | F | 124/206 | 00:37:42.79 |
| 40/336 | KARPIAK, DAVID | 304 | 00:25:00.11 | 05:00 | 5K50-59M | 3/12 | M | 28/130 | 00:24:58.04 |
| 148/336 | KATAFONI, KRZYSZTOF | 305 | 00:34:28.37 | 06:53 | 5K40-49M | 11/16 | M | 73/130 | 00:34:12.56 |
| 230/336 | KATAFONI, MAGDALENA | 306 | 00:39:30.17 | 07:54 | 5K40-49F | 29/44 | F | 136/206 | 00:39:14.16 |
| 225/336 | KELLY, BONNIE | 309 | 00:39:22.25 | 07:52 | 5K30-39F | 35/57 | F | 133/206 | 00:39:03.56 |
| 248/336 | KELLY, CATHERINE | 310 | 00:41:56.26 | 08:23 | 5K50-59F | 22/28 | F | 149/206 | 00:41:34.24 |
| 303/336 | KELLY, SHANNON | 311 | 00:49:08.84 | 09:49 | 5K30-39F | 50/57 | F | 179/206 | 00:48:14.25 |
| 179/336 | KENNEDY, TENIKA | 313 | 00:36:31.25 | 07:18 | 5K19&UF | 11/27 | F | 99/206 | 00:36:01.72 |
| 282/336 | KERSWILL, JASON | 719 | 00:47:08.21 | 09:25 | 5K30-39M | 23/26 | M | 112/130 | 00:46:45.06 |
| 281/336 | KERSWILL, PEYTON | 720 | 00:47:06.71 | 09:25 | 5K19&UF | 22/27 | F | 170/206 | 00:46:42.48 |
| 152/336 | KERSWILL, TAYLOR | 721 | 00:34:34.83 | 06:54 | 5K19&UF | 8/27 | F | 78/206 | 00:34:12.17 |
| 153/336 | KERSWILL, WENDY | 722 | 00:34:34.97 | 06:54 | 5K40-49F | 18/44 | F | 79/206 | 00:34:12.19 |
| 64/336 | KONJOLKA, RACHELLE | 315 | 00:27:06.75 | 05:25 | 5K20-29F | 8/26 | F | 27/206 | 00:26:37.05 |
| 132/336 | KOWALCZYK, RHEA | 723 | 00:33:21.55 | 06:40 | 5K30-39F | 17/57 | F | 66/206 | 00:33:08.99 |
| 66/336 | KRILE, RALPH | 725 | 00:27:32.32 | 05:30 | 5K50-59M | 5/12 | M | 39/130 | 00:26:45.70 |
| 218/336 | KROCHAK, JENNIFER | 726 | 00:38:58.98 | 07:47 | 5K30-39F | 34/57 | F | 129/206 | 00:38:19.63 |
| 20/336 | KROCHAK, KEITH | 727 | 00:21:29.61 | 04:17 | 5K40-49M | 4/16 | M | 16/130 | 00:21:19.01 |
| 278/336 | LAING, DOUGLAS | 326 | 00:46:27.24 | 09:17 | 5K20-29M | 16/19 | M | 110/130 | 00:45:41.41 |
| 165/336 | LAING, STUART | 328 | 00:35:45.01 | 07:09 | 5K20-29M | 15/19 | M | 76/130 | 00:34:59.19 |
| 72/336 | LAM, CYNTHIA | 329 | 00:28:44.16 | 05:44 | 5K20-29F | 9/26 | F | 32/206 | 00:28:35.15 |
| 30/336 | LAMONT, BAILEY | 330 | 00:23:24.67 | 04:40 | 5K20-29M | 9/19 | M | 23/130 | 00:23:22.36 |
| 58/336 | LAMONT, DOUG | 331 | 00:26:24.83 | 05:16 | 5K60-69M | 2/7 | M | 37/130 | 00:26:22.56 |
| 107/336 | LAUNIERE-ZIELKE, CYNTHIA | 728 | 00:31:03.71 | 06:12 | 5K40-49F | 12/44 | F | 50/206 | 00:30:47.08 |
| 321/336 | LAVERGNE, PATRICIA | 332 | 00:52:47.15 | 10:33 | 5K40-49F | 41/44 | F | 195/206 | 00:52:03.57 |
| 228/336 | LEE, RYAN | 338 | 00:39:23.88 | 07:52 | 5K19&UM | 27/41 | M | 94/130 | 00:38:35.85 |
| 46/336 | LEGROW, BRUCE | 339 | 00:25:35.46 | 05:07 | 5K70+M | 1/5 | M | 30/130 | 00:25:29.45 |
| 73/336 | LEONG, JUSTIN | 730 | 00:28:44.34 | 05:44 | 5K20-29M | 11/19 | M | 41/130 | 00:28:36.89 |
| 289/336 | LEUNG, THOMSON | 343 | 00:48:10.13 | 09:38 | 5K60-69M | 7/7 | M | 116/130 | 00:48:05.64 |
| 314/336 | LEVESCONTE, LESLIE | 344 | 00:51:05.24 | 10:13 | 5K50-59F | 28/28 | F | 189/206 | 00:50:20.61 |
| 331/336 | LEW, EVA | 346 | 01:03:44.11 | 12:44 | 5K30-39F | 55/57 | F | 201/206 | 01:02:33.53 |
| 34/336 | LEWIS, TARA | 348 | 00:23:55.49 | 04:47 | 5K20-29F | 5/26 | F | 10/206 | 00:23:52.14 |
| 336/336 | LI, MICHELLE | 351 | 01:16:28.80 | 15:17 | 5K30-39F | 57/57 | F | 206/206 | 01:15:04.28 |
| 288/336 | LI, PISA | 352 | 00:48:08.45 | 09:37 | 5K50-59F | 25/28 | F | 173/206 | 00:48:03.96 |
| 1/336 | LIBRE, NACHO | 353 | 00:14:37.83 | 02:55 | 5K20-29M | 1/19 | M | 1/130 | 00:14:37.72 |
| 109/336 | LINDSAY, STU | 356 | 00:31:10.39 | 06:14 | 5K70+M | 2/5 | M | 58/130 | 00:30:57.02 |
| 241/336 | LOGAN, ANDRIA | 803 | 00:40:33.02 | 08:06 | 5K30-39F | 37/57 | F | 143/206 | 00:39:33.20 |
| 240/336 | LOGAN, LIAM | 804 | 00:40:33.02 | 08:06 | 5K19&UM | 29/41 | M | 98/130 | 00:39:31.89 |
| 280/336 | LOK, KENNY | 737 | 00:46:36.69 | 09:19 | 5K20-29M | 17/19 | M | 111/130 | 00:46:01.52 |
| 322/336 | LONGPRE, LINDA | 360 | 00:52:47.34 | 10:33 | 5K40-49F | 42/44 | F | 196/206 | 00:52:03.36 |
| 29/336 | LUCIANO, JIMMY | 361 | 00:23:22.87 | 04:40 | 5K50-59M | 1/12 | M | 22/130 | 00:23:22.05 |
| 309/336 | MADRID, FRANCES NICOLE | 372 | 00:50:31.39 | 10:06 | 5K19&UF | 24/27 | F | 184/206 | 00:50:27.54 |
| 252/336 | MAKWANA, MANU | 374 | 00:42:24.24 | 08:28 | 5K70+M | 4/5 | M | 100/130 | 00:42:17.08 |
| 203/336 | MALAKOFF, TANYA | 738 | 00:38:14.79 | 07:38 | 5K30-39F | 31/57 | F | 117/206 | 00:37:55.38 |
| 232/336 | MCCONNELL, LIANA | 381 | 00:39:47.22 | 07:57 | 5K50-59F | 20/28 | F | 137/206 | 00:39:16.04 |
| 192/336 | MCCULLAGH, BOBBY | 382 | 00:37:24.47 | 07:28 | 5K40-49M | 13/16 | M | 86/130 | 00:37:15.53 |
| 204/336 | MCCULLAGH, JOY | 383 | 00:38:15.36 | 07:39 | 5K19&UF | 13/27 | F | 118/206 | 00:38:06.69 |
| 169/336 | MCCULLEY, NANCY | 384 | 00:35:47.29 | 07:09 | 5K30-39F | 22/57 | F | 92/206 | 00:35:29.70 |
| 39/336 | MCKINNON, ROBERT | 388 | 00:24:39.98 | 04:55 | 5K60-69M | 1/7 | M | 27/130 | 00:24:34.92 |
| 200/336 | MECKLING, CHRISTINE | 392 | 00:37:54.33 | 07:34 | 5K30-39F | 29/57 | F | 114/206 | 00:37:22.66 |
| 205/336 | MEDLOCK, JENNIFER | 393 | 00:38:15.46 | 07:39 | 5K40-49F | 25/44 | F | 119/206 | 00:38:06.25 |
| 128/336 | MELIA, LOUISE | 788 | 00:32:47.79 | 06:33 | 5K20-29F | 14/26 | F | 63/206 | 00:32:25.77 |
| 181/336 | MILLS, DAVID | 396 | 00:36:47.67 | 07:21 | 5K30-39M | 18/26 | M | 81/130 | 00:36:02.84 |
| 216/336 | MILLS, HEATHER | 397 | 00:38:53.57 | 07:46 | 5K19&UF | 14/27 | F | 127/206 | 00:38:12.43 |
| 97/336 | MILLS, TERA | 398 | 00:29:39.37 | 05:55 | 5K30-39F | 7/57 | F | 40/206 | 00:29:00.93 |
| 208/336 | MIZUMOTO, MADOKA | 400 | 00:38:26.92 | 07:41 | 5K40-49F | 26/44 | F | 121/206 | 00:37:52.68 |
| 190/336 | MOHLER, CARSON | 401 | 00:37:17.68 | 07:27 | 5K19&UM | 21/41 | M | 84/130 | 00:36:36.15 |
| 189/336 | MOHLER, DRU | 402 | 00:37:17.47 | 07:27 | 5K50-59M | 8/12 | M | 83/130 | 00:36:36.05 |
| 191/336 | MOHLER, RYAN | 403 | 00:37:17.86 | 07:27 | 5K19&UM | 22/41 | M | 85/130 | 00:36:35.96 |

Alpha Overall Results

5K Run - 3.1 Miles

336 Finishers

| O/A | Name | Bib# | Time | Pace/m | Category | Cat/PI | Gender | Gen/PI | Chip Time |
|---------|--------------------------|------|-------------|--------|-------------|--------|--------|---------|-------------|
| 201/336 | MOORE, RITA | 408 | 00:38:06.74 | 07:37 | 5K50-59F | 16/28 | F | 115/206 | 00:37:45.48 |
| 121/336 | MOROZ, LISA | 410 | 00:32:17.97 | 06:27 | 5K40-49F | 15/44 | F | 58/206 | 00:32:06.19 |
| 22/336 | MORTSON, DEREK | 411 | 00:21:56.40 | 04:23 | 5K30-39M | 3/26 | M | 17/130 | 00:21:50.10 |
| 172/336 | MOUNTAIN, KELSEY | 412 | 00:36:04.79 | 07:12 | 5KSTROLLERF | 7/11 | F | 95/206 | 00:35:59.72 |
| 266/336 | MUSIC, BRITNEY | 817 | 00:45:09.90 | 09:01 | 5K30-39F | 43/57 | F | 160/206 | 00:44:34.74 |
| 56/336 | NAGY, ADAM | 417 | 00:26:05.25 | 05:13 | 5K30-39M | 7/26 | M | 36/130 | 00:25:45.19 |
| 55/336 | NAGY, ALEXANDRA | 418 | 00:26:05.17 | 05:13 | 5K30-39F | 5/57 | F | 20/206 | 00:25:45.97 |
| 151/336 | NELSON, LAURA | 421 | 00:34:33.21 | 06:54 | 5K30-39F | 20/57 | F | 77/206 | 00:34:19.38 |
| 326/336 | NELSON, MIKE | 422 | 00:55:42.72 | 11:08 | 5K40-49M | 16/16 | M | 128/130 | 00:54:47.76 |
| 142/336 | NG, EMILY | 424 | 00:34:11.27 | 06:50 | 5K20-29F | 15/26 | F | 73/206 | 00:33:35.78 |
| 177/336 | NGUYEN, ANNIE | 743 | 00:36:24.68 | 07:16 | 5K20-29F | 18/26 | F | 97/206 | 00:36:13.53 |
| 176/336 | NICHOLSON, ROBIN | 425 | 00:36:22.45 | 07:16 | 5K40-49F | 22/44 | F | 96/206 | 00:36:06.37 |
| 120/336 | NWOKE, ONYEKACHI | 430 | 00:32:17.41 | 06:27 | 5K20-29M | 13/19 | M | 63/130 | 00:32:16.83 |
| 26/336 | O'GRADY, PAUL | 431 | 00:22:51.10 | 04:34 | 5K30-39M | 4/26 | M | 20/130 | 00:22:43.16 |
| 313/336 | OKHIRIA, EJEME | 433 | 00:50:58.77 | 10:11 | 5K30-39F | 52/57 | F | 188/206 | 00:50:17.18 |
| 268/336 | PALAMAR, CHERYL | 813 | 00:45:21.56 | 09:04 | 5K30-39F | 44/57 | F | 162/206 | 00:44:34.71 |
| 324/336 | PARKER, RANYA | 790 | 00:54:38.81 | 10:55 | 5K40-49F | 43/44 | F | 198/206 | 00:53:55.35 |
| 12/336 | PEARCE, RYAN | 746 | 00:21:04.10 | 04:12 | 5K20-29M | 6/19 | M | 10/130 | 00:20:58.69 |
| 234/336 | PEGG, SHARON | 449 | 00:39:59.52 | 07:59 | 5K70+F | 2/5 | F | 139/206 | 00:39:32.55 |
| 260/336 | PERESSINI, DANTE | 749 | 00:43:58.17 | 08:47 | 5K19&UM | 32/41 | M | 104/130 | 00:43:41.24 |
| 236/336 | PERESSINI, ERICA | 750 | 00:40:04.16 | 08:00 | 5K19&UF | 18/27 | F | 141/206 | 00:39:47.04 |
| 237/336 | PERESSINI, JAY | 751 | 00:40:06.90 | 08:01 | 5K50-59M | 10/12 | M | 96/130 | 00:39:49.41 |
| 219/336 | PERRAS, ELLA | 452 | 00:39:03.72 | 07:48 | 5K19&UF | 15/27 | F | 130/206 | 00:38:23.87 |
| 220/336 | PERRAS, GARY | 453 | 00:39:04.35 | 07:48 | 5K40-49M | 14/16 | M | 90/130 | 00:38:22.42 |
| 213/336 | PERRAS, ISAAC | 454 | 00:38:49.12 | 07:45 | 5K19&UM | 23/41 | M | 88/130 | 00:38:07.98 |
| 85/336 | PERRAS, JOSHUA | 455 | 00:29:16.19 | 05:51 | 5K19&UM | 11/41 | M | 47/130 | 00:28:37.05 |
| 171/336 | PERRAS, MARNELLE | 456 | 00:35:52.89 | 07:10 | 5K40-49F | 21/44 | F | 94/206 | 00:35:11.68 |
| 19/336 | PLETT, RYAN | 466 | 00:21:27.50 | 04:17 | 5K20-29M | 7/19 | M | 15/130 | 00:21:24.57 |
| 270/336 | POOLEY, JEN | 468 | 00:45:31.43 | 09:06 | 5K40-49F | 36/44 | F | 163/206 | 00:44:39.98 |
| 269/336 | POOLEY, LUCAS | 469 | 00:45:31.37 | 09:06 | 5K19&UM | 33/41 | M | 107/130 | 00:44:38.05 |
| 267/336 | POOLEY, TIA | 470 | 00:45:10.67 | 09:02 | 5K19&UF | 20/27 | F | 161/206 | 00:44:18.77 |
| 325/336 | PRAUD, AUSTIN | 471 | 00:55:41.13 | 11:08 | 5K20-29M | 19/19 | M | 127/130 | 00:54:45.72 |
| 329/336 | PRAUD, CHANTAL | 472 | 00:55:59.28 | 11:11 | 5K40-49F | 44/44 | F | 200/206 | 00:55:05.61 |
| 283/336 | PRAUD, COURTNEY | 473 | 00:47:21.69 | 09:28 | 5K20-29F | 23/26 | F | 171/206 | 00:46:27.77 |
| 28/336 | PRICE, HEATHER | 474 | 00:23:17.43 | 04:39 | 5K60-69F | 1/8 | F | 7/206 | 00:23:15.82 |
| 23/336 | PRICE, SARAH | 475 | 00:22:01.38 | 04:24 | 5K20-29F | 3/26 | F | 6/206 | 00:22:00.48 |
| 86/336 | PRUSINKIEWICZ, CHRIS | 476 | 00:29:16.51 | 05:51 | 5K40-49M | 8/16 | M | 48/130 | 00:29:13.65 |
| 87/336 | PRUSINKIEWICZ, SEBASTIAN | 477 | 00:29:16.59 | 05:51 | 5K19&UM | 12/41 | M | 49/130 | 00:29:13.55 |
| 53/336 | PYLATIUK, DANE | 478 | 00:26:00.28 | 05:12 | 5K19&UM | 8/41 | M | 35/130 | 00:25:56.21 |
| 114/336 | PYLATIUK, HEATHER | 479 | 00:31:42.16 | 06:20 | 5K40-49F | 13/44 | F | 54/206 | 00:31:36.30 |
| 113/336 | PYLATIUK, RAYA | 480 | 00:31:41.93 | 06:20 | 5K19&UF | 6/27 | F | 53/206 | 00:31:37.07 |
| 164/336 | QUINN, KRISTIN | 481 | 00:35:44.23 | 07:08 | 5K20-29F | 17/26 | F | 89/206 | 00:34:58.83 |
| 305/336 | QUONG, SUE | 482 | 00:49:40.91 | 09:56 | 5K50-59F | 27/28 | F | 181/206 | 00:48:52.12 |
| 144/336 | RAINEY, LOUISE | 483 | 00:34:15.03 | 06:51 | 5KSTROLLERF | 6/11 | F | 74/206 | 00:34:13.84 |
| 140/336 | RAWAT, ANEESH | 486 | 00:34:09.80 | 06:49 | 5K40-49M | 10/16 | M | 68/130 | 00:34:07.73 |
| 249/336 | REID, JENNIFER | 490 | 00:42:03.35 | 08:24 | 5K40-49F | 33/44 | F | 150/206 | 00:41:45.23 |
| 335/336 | REID, KATE | 491 | 01:07:30.75 | 13:30 | 5K20-29F | 26/26 | F | 205/206 | 01:06:57.38 |
| 69/336 | RIGBY, LEEANNE | 496 | 00:27:58.55 | 05:35 | 5K40-49F | 5/44 | F | 30/206 | 00:27:49.76 |
| 94/336 | RIOU, CONNOR | 497 | 00:29:36.21 | 05:55 | 5K19&UM | 13/41 | M | 55/130 | 00:29:35.88 |
| 27/336 | RIOU, PARKER | 498 | 00:23:02.54 | 04:36 | 5K19&UM | 5/41 | M | 21/130 | 00:23:02.42 |
| 88/336 | ROGERS, EVAN | 501 | 00:29:22.75 | 05:52 | 5K30-39M | 10/26 | M | 50/130 | 00:29:04.07 |
| 125/336 | ROGERS, RACHEL | 502 | 00:32:34.23 | 06:30 | 5K30-39F | 12/57 | F | 60/206 | 00:32:15.61 |
| 67/336 | RONKSLEY, VANESSA | 757 | 00:27:50.95 | 05:34 | 5KSTROLLERF | 2/11 | F | 28/206 | 00:27:46.62 |
| 42/336 | ROONEY, BARBARA | 758 | 00:25:11.60 | 05:02 | 5K60-69F | 2/8 | F | 14/206 | 00:25:10.44 |
| 24/336 | ROSENEGGER, NOLAN | 506 | 00:22:13.31 | 04:26 | 5K19&UM | 4/41 | M | 18/130 | 00:22:12.09 |
| 32/336 | ROSS, SIERRA | 507 | 00:23:36.26 | 04:43 | 5K20-29F | 4/26 | F | 9/206 | 00:23:33.68 |
| 334/336 | RUTLEDGE, NADINE | 509 | 01:07:29.90 | 13:29 | 5K20-29F | 25/26 | F | 204/206 | 01:06:56.87 |
| 129/336 | RYAN MAHON, CAROLINE | 760 | 00:33:06.57 | 06:37 | 5K30-39F | 15/57 | F | 64/206 | 00:32:44.53 |
| 310/336 | SALHANY, ERYN | 510 | 00:50:33.57 | 10:06 | 5K30-39F | 51/57 | F | 185/206 | 00:50:08.48 |
| 286/336 | SALHANY, GRAYSON | 511 | 00:47:56.71 | 09:35 | 5K19&UM | 35/41 | M | 114/130 | 00:47:34.34 |
| 311/336 | SALHANY, GRAYLEY | 512 | 00:50:33.66 | 10:06 | 5K19&UF | 25/27 | F | 186/206 | 00:50:08.10 |
| 285/336 | SALHANY, MARK | 513 | 00:47:56.11 | 09:35 | 5K30-39M | 24/26 | M | 113/130 | 00:47:35.73 |
| 21/336 | SANGHA, MANDEEP | 516 | 00:21:52.78 | 04:22 | 5K19&UF | 1/27 | F | 5/206 | 00:21:52.74 |
| 263/336 | SAWDON, TOM | 518 | 00:44:43.41 | 08:56 | 5K70+M | 5/5 | M | 105/130 | 00:44:00.49 |
| 306/336 | SCHMIDT, EMMA | 519 | 00:49:59.51 | 09:59 | 5K19&UF | 23/27 | F | 182/206 | 00:49:09.74 |
| 307/336 | SCHMIDT, TAYLOR | 523 | 00:49:59.62 | 09:59 | 5K19&UM | 40/41 | M | 125/130 | 00:49:09.73 |

Alpha Overall Results

5K Run - 3.1 Miles

336 Finishers

| O/A | Name | Bib# | Time | Pace/m | Category | Cat/PI | Gender | Gen/PI | Chip Time |
|---------|----------------------|------|-------------|--------|-------------|--------|--------|---------|-------------|
| 155/336 | SCOTT-DOUGLAS, ANITA | 531 | 00:34:41.23 | 06:56 | 5K50-59F | 10/28 | F | 81/206 | 00:34:23.63 |
| 31/336 | SEVERS, STACEY | 534 | 00:23:30.44 | 04:42 | 5K30-39F | 1/57 | F | 8/206 | 00:23:29.16 |
| 118/336 | SHELDRAKE, ERIN | 536 | 00:32:13.08 | 06:26 | 5K19&UF | 7/27 | F | 57/206 | 00:31:52.38 |
| 119/336 | SHELDRAKE, ROD | 537 | 00:32:14.65 | 06:26 | 5K40-49M | 9/16 | M | 62/130 | 00:31:53.38 |
| 154/336 | SIMM, SUSAN | 541 | 00:34:41.15 | 06:56 | 5K50-59F | 9/28 | F | 80/206 | 00:34:24.26 |
| 163/336 | SINCLAIR, AODHÁN | 764 | 00:35:39.45 | 07:07 | 5K19&UM | 18/41 | M | 75/130 | 00:35:20.70 |
| 162/336 | SINCLAIR, MICHELLE | 765 | 00:35:39.39 | 07:07 | 5K40-49F | 20/44 | F | 88/206 | 00:35:20.70 |
| 212/336 | SOBULIAK, LINDA | 552 | 00:38:41.46 | 07:44 | 5K50-59F | 19/28 | F | 125/206 | 00:38:13.12 |
| 262/336 | SOLURI, COLOMBA | 767 | 00:44:38.29 | 08:55 | 5K40-49F | 35/44 | F | 158/206 | 00:44:21.49 |
| 319/336 | SOUDAVARI, MELANIE | 799 | 00:52:20.38 | 10:28 | 5K19&UF | 27/27 | F | 193/206 | 00:51:56.93 |
| 320/336 | SOUDAVARI, ROMINA | 768 | 00:52:20.43 | 10:28 | 5K20-29F | 24/26 | F | 194/206 | 00:51:57.37 |
| 183/336 | SPENCER, JONATHAN | 556 | 00:36:50.64 | 07:22 | 5K19&UM | 20/41 | M | 82/130 | 00:36:37.49 |
| 185/336 | SPENCER, KARI | 557 | 00:36:56.40 | 07:23 | 5K30-39F | 24/57 | F | 103/206 | 00:36:43.05 |
| 215/336 | STADNYK, BRADY | 559 | 00:38:51.99 | 07:46 | 5K19&UM | 24/41 | M | 89/130 | 00:38:13.67 |
| 115/336 | STADNYK, ETHAN | 560 | 00:32:03.75 | 06:24 | 5K19&UM | 15/41 | M | 61/130 | 00:31:25.43 |
| 304/336 | STEEVES, JENNIFER | 769 | 00:49:33.84 | 09:54 | 5K40-49F | 40/44 | F | 180/206 | 00:49:21.28 |
| 251/336 | STEVENSON, TIFFANY | 770 | 00:42:17.12 | 08:27 | 5K20-29F | 21/26 | F | 152/206 | 00:41:39.98 |
| 202/336 | STOCKDALE, JULIE | 569 | 00:38:12.53 | 07:38 | 5K30-39F | 30/57 | F | 116/206 | 00:38:09.99 |
| 264/336 | STOJANOVIC, TEODORA | 801 | 00:44:48.82 | 08:57 | 5K19&UF | 19/27 | F | 159/206 | 00:44:23.92 |
| 65/336 | SUTHERLAND, TODD | 578 | 00:27:23.81 | 05:28 | 5K40-49M | 6/16 | M | 38/130 | 00:26:21.66 |
| 221/336 | SYVENKY, NATASHA | 581 | 00:39:04.86 | 07:48 | 5K19&UF | 16/27 | F | 131/206 | 00:38:34.76 |
| 235/336 | SYVENKY, PHUNG-QUY | 582 | 00:40:03.64 | 08:00 | 5K40-49F | 30/44 | F | 140/206 | 00:39:35.52 |
| 246/336 | TALDORF, KRISTA | 585 | 00:41:33.88 | 08:18 | 5K40-49F | 31/44 | F | 147/206 | 00:41:16.03 |
| 139/336 | TALDORF, SYLVIA | 586 | 00:34:07.21 | 06:49 | 5K50-59F | 7/28 | F | 72/206 | 00:33:49.24 |
| 123/336 | TANG, MICHAEL | 587 | 00:32:24.39 | 06:28 | 5K30-39M | 14/26 | M | 65/130 | 00:32:16.95 |
| 295/336 | TERLESKY, ALEX | 591 | 00:48:18.19 | 09:39 | 5K19&UM | 36/41 | M | 119/130 | 00:47:30.28 |
| 296/336 | TERLESKY, CAITLYN | 592 | 00:48:19.17 | 09:39 | 5K30-39F | 48/57 | F | 177/206 | 00:47:30.83 |
| 297/336 | TERLESKY, CURTIS | 593 | 00:48:19.79 | 09:39 | 5K30-39M | 26/26 | M | 120/130 | 00:47:30.81 |
| 74/336 | TORRES, RAUL | 599 | 00:28:49.55 | 05:45 | 5K30-39M | 8/26 | M | 42/130 | 00:28:40.94 |
| 134/336 | TRIGG, HEATHER | 600 | 00:33:30.59 | 06:42 | 5K50-59F | 5/28 | F | 68/206 | 00:33:21.89 |
| 193/336 | TRIGG, SHELLEY | 601 | 00:37:31.35 | 07:30 | 5K50-59F | 14/28 | F | 107/206 | 00:37:02.86 |
| 52/336 | TRZOK, GRAHAM | 604 | 00:25:59.66 | 05:11 | 5K19&UM | 7/41 | M | 34/130 | 00:25:54.26 |
| 15/336 | TRZOK, MLADEN | 606 | 00:21:12.24 | 04:14 | 5K40-49M | 3/16 | M | 13/130 | 00:21:05.18 |
| 70/336 | VANTYGHEM, JOHN | 613 | 00:28:16.13 | 05:39 | 5K60-69M | 3/7 | M | 40/130 | 00:28:12.01 |
| 17/336 | VARTY, ALEXANDRIA | 616 | 00:21:24.96 | 04:16 | 5K20-29F | 1/26 | F | 3/206 | 00:21:23.99 |
| 57/336 | VERBONAC, MARIA | 618 | 00:26:21.73 | 05:16 | 5K50-59F | 2/28 | F | 21/206 | 00:26:18.28 |
| 81/336 | VERBUCK, EYTAN | 619 | 00:29:11.35 | 05:50 | 5K19&UM | 10/41 | M | 46/130 | 00:29:05.77 |
| 293/336 | VERCAMMEN, MARY | 620 | 00:48:17.01 | 09:39 | 5K50-59F | 26/28 | F | 175/206 | 00:47:24.31 |
| 292/336 | VERCAMMEN, MIKE | 621 | 00:48:14.82 | 09:38 | 5K50-59M | 12/12 | M | 118/130 | 00:47:22.10 |
| 2/336 | VINEY, KEENAN | 772 | 00:15:49.85 | 03:09 | 5K20-29M | 2/19 | M | 2/130 | 00:15:49.43 |
| 51/336 | VULIC, MARKO | 623 | 00:25:50.60 | 05:10 | 5K40-49M | 5/16 | M | 33/130 | 00:25:36.06 |
| 168/336 | WALDMAN, HARTLEY | 624 | 00:35:47.09 | 07:09 | 5K60-69M | 6/7 | M | 77/130 | 00:35:10.81 |
| 167/336 | WALDMAN, NADINE | 625 | 00:35:46.81 | 07:09 | 5K60-69F | 6/8 | F | 91/206 | 00:35:11.04 |
| 146/336 | WALKER, MICHELLE | 626 | 00:34:23.48 | 06:52 | 5K30-39F | 19/57 | F | 75/206 | 00:33:52.23 |
| 36/336 | WALKER, STEVEN | 627 | 00:24:13.41 | 04:50 | 5K30-39M | 5/26 | M | 25/130 | 00:23:42.54 |
| 170/336 | WAMBOLD, CASSIDY | 629 | 00:35:48.16 | 07:09 | 5K19&UF | 10/27 | F | 93/206 | 00:35:11.78 |
| 294/336 | WAMBOLD, DAWN | 630 | 00:48:17.95 | 09:39 | 5K40-49F | 39/44 | F | 176/206 | 00:47:33.12 |
| 180/336 | WANG, JIAPING | 776 | 00:36:40.99 | 07:20 | 5K30-39F | 23/57 | F | 100/206 | 00:36:15.59 |
| 238/336 | WARNOCK, ANN | 636 | 00:40:12.50 | 08:02 | 5KSTROLLERF | 9/11 | F | 142/206 | 00:39:44.87 |
| 312/336 | WATSON, GRACIE | 637 | 00:50:39.03 | 10:07 | 5K70+F | 4/5 | F | 187/206 | 00:49:48.30 |
| 68/336 | WATT, MARG | 638 | 00:27:53.35 | 05:34 | 5K60-69F | 4/8 | F | 29/206 | 00:27:53.35 |
| 333/336 | WEGENER, STEPHANIE | 639 | 01:03:44.85 | 12:44 | 5KSTROLLERF | 11/11 | F | 203/206 | 01:02:34.51 |
| 16/336 | WEI, CHENG | 777 | 00:21:12.84 | 04:14 | 5K30-39M | 2/26 | M | 14/130 | 00:21:10.30 |
| 45/336 | WETHERELL, DAWNA | 641 | 00:25:33.65 | 05:06 | 5K40-49F | 3/44 | F | 16/206 | 00:25:22.69 |
| 327/336 | WHITE, ARVY | 792 | 00:55:43.14 | 11:08 | 5KSTROLLERM | 4/4 | M | 129/130 | 00:55:35.68 |
| 214/336 | WHITE, MARY MADELINE | 643 | 00:38:49.91 | 07:45 | 5K70+F | 1/5 | F | 126/206 | 00:38:42.16 |
| 328/336 | WHITE, NICOLE | 644 | 00:55:44.80 | 11:08 | 5KSTROLLERF | 10/11 | F | 199/206 | 00:55:36.61 |
| 98/336 | WICKHAM, MICHELLE | 645 | 00:30:19.05 | 06:03 | 5K40-49F | 8/44 | F | 41/206 | 00:30:13.18 |
| 194/336 | WILLIAMS, JAYME | 646 | 00:37:32.60 | 07:30 | 5K40-49F | 24/44 | F | 108/206 | 00:36:38.99 |
| 300/336 | WILLIAMS, JOSHUA | 647 | 00:48:51.67 | 09:46 | 5K19&UM | 38/41 | M | 123/130 | 00:47:59.05 |
| 302/336 | WILLIAMS, LAURA | 648 | 00:49:02.33 | 09:48 | 5K30-39F | 49/57 | F | 178/206 | 00:48:10.76 |
| 301/336 | WILLIAMS, NICHOLAS | 649 | 00:49:01.39 | 09:48 | 5K19&UM | 39/41 | M | 124/130 | 00:48:08.58 |
| 244/336 | WONG, CAROL | 655 | 00:41:24.83 | 08:16 | 5K50-59F | 21/28 | F | 145/206 | 00:40:50.80 |
| 78/336 | WONG, TINA | 659 | 00:29:02.49 | 05:48 | 5K50-59F | 4/28 | F | 34/206 | 00:28:52.33 |
| 186/336 | WOODALL, ELISE | 660 | 00:36:56.83 | 07:23 | 5K30-39F | 25/57 | F | 104/206 | 00:36:04.72 |
| 44/336 | WU, STEPHEN | 662 | 00:25:28.11 | 05:05 | 5K20-29M | 10/19 | M | 29/130 | 00:25:02.62 |

2018 Dino Dash 5K/10K Sept 8/2018

Alpha Overall Results

5K Run - 3.1 Miles

336 Finishers

| O/A | Name | Bib# | Time | Pace/m | Category | Cat/PI | Gender | Gen/PI | Chip Time |
|---------|-----------------|------|-------------|--------|----------|--------|--------|---------|-------------|
| 210/336 | WU, WENTING | 663 | 00:38:31.91 | 07:42 | 5K20-29F | 20/26 | F | 123/206 | 00:37:09.78 |
| 117/336 | YEE, LESLIE | 665 | 00:32:09.69 | 06:25 | 5K40-49F | 14/44 | F | 56/206 | 00:32:03.02 |
| 255/336 | YEUNG, SANDY | 666 | 00:42:43.74 | 08:32 | 5K40-49F | 34/44 | F | 153/206 | 00:42:04.10 |
| 223/336 | YOUNG, KYLE | 668 | 00:39:15.83 | 07:51 | 5K30-39M | 19/26 | M | 92/130 | 00:38:53.46 |
| 156/336 | ZHAO, AMY | 676 | 00:34:43.09 | 06:56 | 5K19&UF | 9/27 | F | 82/206 | 00:34:34.96 |
| 182/336 | ZHAO, KATHERINE | 677 | 00:36:48.57 | 07:21 | 5K19&UF | 12/27 | F | 101/206 | 00:36:26.20 |