

Overall Gender Results

5K - 3.1 Miles

Female

Gender	Name	Bib#	Time	Pace	Category	Cat	O/A	Chiptime	City
1/26	MCAVOY, SHANNON	255	00:20:21.65	04:04	5K19&UF	1/5	12/55	00:20:16.75	CALGARY
2/26	MORAN, MANDY	226	00:23:26.05	04:41	5K20-29F	1/5	18/55	00:23:19.15	CALGARY
3/26	ALEXANDRIA, VARTY	202	00:24:37.75	04:55	5K19&UF	2/5	20/55	00:24:34.45	CALGARY
4/26	MCCLEMENTS, VALERIE	224	00:24:45.40	04:57	5K30-39F	1/6	21/55	00:24:42.30	CALGARY
5/26	BADGER, ALLISON	204	00:25:12.70	05:02	5K19&UF	3/5	25/55	00:25:04.95	CALGARY
6/26	ELIASZIW, MISHA	215	00:25:38.15	05:07	5K40-49F	1/8	26/55	00:25:34.65	CALGARY
7/26	VAN SANT, JANE	241	00:27:40.55	05:32	5K40-49F	2/8	29/55	00:27:32.55	CALGARY
8/26	TALDORF, SYLVIA	239	00:27:45.35	05:33	5K40-49F	3/8	30/55	00:27:37.45	CALGARY
9/26	NEIL, LESLEY	252	00:28:31.20	05:42	5K20-29F	2/5	33/55	00:28:25.80	HALIFAX
10/26	ZUMWALT, KATIE	249	00:29:57.55	05:59	5K19&UF	4/5	34/55	00:29:49.55	CALGARY
11/26	ZUMWALT, CASSIE	251	00:29:58.85	05:59	5K19&UF	5/5	35/55	00:29:50.55	CALGARY
12/26	KEATING, BRIANNA	220	00:31:13.85	06:14	5K20-29F	3/5	37/55	00:31:08.70	CALGARY
13/26	ADAMS, ANGIE	201	00:31:55.45	06:23	5K40-49F	4/8	38/55	00:31:47.30	CALGARY
14/26	LOURO, MERCEDES	222	00:32:10.80	06:26	5K20-29F	4/5	39/55	00:32:00.45	CALGARY
15/26	MIHALCHEON, MIMI	225	00:32:39.95	06:31	5K40-49F	5/8	42/55	00:32:26.85	CALGARY
16/26	TALDORF, KRISTA	238	00:33:58.65	06:47	5K30-39F	2/6	43/55	00:33:50.90	CALGARY
17/26	BOECHLER, TAMARA	206	00:34:51.50	06:58	5K30-39F	3/6	44/55	00:34:36.65	CALGARY
18/26	HAMILTON, LARA	216	00:35:01.05	07:00	5K40-49F	6/8	45/55	00:34:48.60	CALGARY
19/26	STEVENS, COLLEEN	237	00:35:15.30	07:03	5K30-39F	4/6	46/55	00:35:06.25	CALGARY
20/26	CHEN, DEBBIE	210	00:37:29.15	07:29	5K30-39F	5/6	47/55	00:37:23.35	VANCOUVER
21/26	AZPIAZU, MARIA CRISTI	203	00:38:32.70	07:42	5K50-59F	1/1	49/55	00:38:22.15	CALGARY
22/26	DOWNEY, JENNIFER	213	00:39:22.35	07:52	5K20-29F	5/5	50/55	00:39:08.30	CALGARY
23/26	MARINO, MARGARET	254	00:39:32.80	07:54	5K40-49F	7/8	51/55	00:39:18.25	CALGARY
24/26	CAHOON, PAIJE	209	00:39:44.20	07:56	5K30-39F	6/6	52/55	00:39:31.45	CALGARY
25/26	NESTERENKO, LOUISE	230	00:42:24.45	08:28	5K60-69F	1/1	53/55	00:42:15.80	CALGARY
26/26	CROSS, BONNIE	212	00:43:09.40	08:37	5K40-49F	8/8	55/55	00:42:57.60	CALGARY

Overall Gender Results

5K - 3.1 Miles

Male

Gender	Name	Bib#	Time	Pace	Category	Cat	O/A	Chiptime	City
1/29	MYERS, KEN	105	00:16:08.70	03:13	5K30-39M	1/7	1/55	00:16:08.35	CALGARY
2/29	HUSSEIN, VURHAN	259	00:17:55.35	03:35	5K30-39M	2/7	2/55	00:17:54.95	
3/29	CHRIST, ADRIAN	211	00:17:59.95	03:35	5K19&UM	1/9	3/55	00:17:57.30	RED DEER
4/29	DWYER, MARK	214	00:18:04.90	03:36	5K30-39M	3/7	4/55	00:18:03.75	CALGARY
5/29	WILKINSON, JOEL	245	00:18:19.40	03:39	5K40-49M	1/6	5/55	00:18:19.10	COCHRANE
6/29	MCLELLAN, COLE	248	00:18:43.05	03:44	5K19&UM	2/9	6/55	00:18:40.50	CALGARY
7/29	SELTSAM, NATANIAL	256	00:18:55.45	03:47	5K19&UM	3/9	7/55	00:18:53.25	
8/29	BLANSAH, JOSEPH	257	00:19:22.15	03:52	5K40-49M	2/6	8/55	00:19:20.70	
9/29	LANGILLE, DAVID	253	00:19:22.65	03:52	5K20-29M	1/3	9/55	00:19:17.95	CALGARY
10/29	WILKINSON, JAMIE	244	00:20:00.45	04:00	5K19&UM	4/9	10/55	00:19:59.75	COCHRANE
11/29	LEIGH, RYAN	221	00:20:17.55	04:03	5K30-39M	4/7	11/55	00:20:14.15	CALGARY
12/29	NAKASKA, JOSH	228	00:20:46.70	04:09	5K30-39M	5/7	13/55	00:20:44.40	CALGARY
13/29	KARPIAK, DAVE	219	00:21:43.65	04:20	5K40-49M	3/6	14/55	00:21:41.95	KAMLOOPS
14/29	BADGER, DYLAN	205	00:22:25.35	04:29	5K19&UM	5/9	15/55	00:22:16.70	CALGARY
15/29	NAKASKA, DANIEL	229	00:22:29.10	04:29	5K20-29M	2/3	16/55	00:22:26.60	CALGARY
16/29	MORDEN, FRASER	227	00:22:51.30	04:34	5K30-39M	6/7	17/55	00:22:44.35	CALGARY
17/29	BRUCE, CAMERON	208	00:23:43.75	04:44	5K30-39M	7/7	19/55	00:23:40.35	CALGARY
18/29	VAN SANT, MAX	243	00:24:48.85	04:57	5K19&UM	6/9	22/55	00:24:44.00	CALGARY
19/29	INGLIS, GEORGE	217	00:24:55.30	04:59	5K60-69M	1/3	23/55	00:24:51.05	CALGARY
20/29	MATTHEWS, GERRY	223	00:25:09.25	05:01	5K50-59M	1/1	24/55	00:25:00.65	CALGARY NW
21/29	PILICH, VLADIMIR	232	00:25:56.85	05:11	5K40-49M	4/6	27/55	00:25:44.60	CALGARY
22/29	ZUMWALT, BEN	250	00:27:36.10	05:31	5K19&UM	7/9	28/55	00:27:27.75	CALGARY
23/29	ZAIDI, FAHAD	247	00:27:55.60	05:35	5K20-29M	3/3	31/55	00:27:53.40	CALGARY
24/29	RUSTEBAKKE, DALE	235	00:28:16.90	05:39	5K60-69M	2/3	32/55	00:28:07.95	HIGH RIVER
25/29	JONES, DEAN	218	00:31:13.55	06:14	5K40-49M	5/6	36/55	00:31:08.40	CALGARY
26/29	RODRIGUES, LOUIS	233	00:32:38.15	06:31	5K40-49M	6/6	40/55	00:32:28.30	CALGARY
27/29	RODRIGUES, TOMMY	234	00:32:38.40	06:31	5K19&UM	8/9	41/55	00:32:28.45	CALGARY
28/29	BOECHLER, RILEY	207	00:37:59.30	07:35	5K19&UM	9/9	48/55	00:37:43.90	CALGARY
29/29	KIRKBY, BOB	258	00:42:24.85	08:28	5K60-69M	3/3	54/55	00:42:15.60	