

2010 Dinosaur Pump it up Run Category Results

5K - 3.11 Miles

5K12UF - 6 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/6	ALTWASSER, MYRA	405	00:26:41.25	08:34	16/169	BROOKS, AB, CANADA
2/6	JAKOBSEN, LAURA	485	00:43:38.45	14:01	121/169	TILLEY, , CANADA
3/6	JAKOBSEN, JANAE	484	00:43:40.10	14:02	122/169	TILLEY, , CANADA
4/6	HENDERSON, PHEONIX	578	00:44:35.65	14:20	126/169	, ,
5/6	VIROSTEK, KASSIDY	560	00:50:10.55	16:07	143/169	TABER, , CANADA
6/6	REGEHR, KIERSTYN	527	00:51:34.40	16:34	144/169	ROSEMARY, , CANADA

5K12UM - 7 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/7	ALTWASSER, IAN	404	00:26:56.85	08:39	18/169	BROOKS, AB, CANADA
2/7	CHOI, ANDY	574	00:27:34.45	08:51	22/169	BROOKS, , CANADA
3/7	WIEBE, KELLY	566	00:30:22.65	09:45	47/169	ROSEMARY, , CANADA
4/7	BUTEAU, RUSSELL	423	00:32:51.75	10:33	69/169	BROOKS, , CANADA
5/7	ARTHUR, LACHLAN	577	00:38:15.95	12:17	98/169	BROOKS, AB,
6/7	REGEHR, MASON	528	00:51:40.00	16:36	145/169	ROSEMARY, , CANADA
7/7	BEASLEY, SHAYMUS	571	00:53:49.85	17:18	155/169	BROOKS, AB,

5K13-19F - 4 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/4	KNUTSVIK, MIRANDA	495	00:27:47.25	08:56	25/169	BROOKS, , CANADA
2/4	SKRIVER, LAUREN	542	00:36:20.20	11:40	88/169	BROOKS, , CANADA
3/4	JAKOBSEN, TANESHA	487	00:43:30.70	13:59	120/169	TILLEY, , CANADA
4/4	JOHNSON, ANNETTE	489	00:48:39.20	15:38	135/169	ROSEMARY, , CANADA

5K13-19M - 6 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/6	GRAHAM, TRAVIS	464	00:21:56.15	07:03	1/169	RAINIER, , CANADA
2/6	DAVIDSON, KYLE	129	00:25:35.95	08:13	7/169	BROOKS, , CANADA
3/6	DANIELS, ROBIN	437	00:26:19.15	08:27	11/169	TILLEY, , CANADA
4/6	TOWN, JOSH	555	00:26:20.75	08:28	13/169	BROOKS, , CANADA
5/6	DAVIDSON, LOGAN	130	00:27:43.20	08:54	23/169	BROOKS, , CANADA
6/6	JOHNSON, THERON	573	00:29:04.00	09:20	33/169	MED.HAT, AB,

5K20-29F - 38 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/38	MORRIS, MICHELLE	580	00:26:20.65	08:28	12/169	EDMONTON, AB, CANADA
2/38	SKANDERUP, DARA	540	00:29:33.95	09:30	42/169	BROOKS, , CANADA
3/38	SCHWARTZENBERGER, KATRINA	537	00:29:35.40	09:30	43/169	BROOKS, , CANADA
4/38	LARSON, DARSEY	498	00:29:41.40	09:32	44/169	DUCHESS, AB, CANADA
5/38	SHEPARD, JEN	538	00:30:40.40	09:51	51/169	BROOKS, AB, CANADA
6/38	COOPER, KENDRA	431	00:31:01.85	09:58	54/169	EDMONTON, AB, CANADA
7/38	VAN MAANEN, JENNIFER	556	00:31:20.45	10:04	57/169	COALHURST, , CANADA
8/38	SCHMIDEK, SARAH	535	00:31:48.75	10:13	59/169	MEDICINE HAT, , CANADA
9/38	MCNIVEN, BARBARA	507	00:32:15.60	10:22	62/169	DUCHESS, , CANADA
10/38	ECKERT, VALERIE	447	00:33:27.60	10:45	77/169	DUCHESS, , CANADA
11/38	OSADCZUK, AMANDA	515	00:33:30.45	10:46	78/169	DUCHESS, , CANADA
12/38	ROOKE, CARRIE	531	00:33:39.95	10:49	81/169	DUCHESS, , CANADA
13/38	BEST, BUFFY	417	00:33:44.25	10:50	82/169	BROOKS, AB, CANADA
14/38	CHORNEY, CARRIE	427	00:34:25.60	11:04	84/169	CALGARY, , CANADA
15/38	SCHULTZ, AMANDA	536	00:35:31.05	11:25	87/169	BROOKS, , CANADA
16/38	HODGSON, ROBBIE	476	00:37:45.05	12:08	94/169	DUCHESS, , CANADA
17/38	ZIMMER, AMANDA	567	00:37:57.20	12:12	95/169	BROOKS, , CANADA
18/38	TJEERDEMA, LINDSAY	553	00:38:16.25	12:18	99/169	BROOKS, AB, CANADA
19/38	CHHIV, TAHNEE	426	00:38:25.85	12:21	101/169	BROOKS, AB, CANADA
20/38	LAUBER, SHYLA	499	00:38:28.70	12:22	102/169	BROOKS, AB, CANADA
21/38	JENSEN, JENNIFER	488	00:39:06.85	12:34	103/169	BROOKS, , CANADA
22/38	MOELLER, JIYA	509	00:39:08.55	12:35	104/169	BROOKS, AB, CANADA
23/38	BOSCH, JEN	418	00:39:52.10	12:49	106/169	BROOKS, AB, CANADA
24/38	HOPP, LINDSAY	477	00:39:59.90	12:51	110/169	DUCHESS, , CANADA
25/38	BECKER, MIRANDA	416	00:41:06.20	13:12	114/169	BROOKS, , CANADA
26/38	JOHNSON, BRITANY	490	00:48:39.35	15:38	136/169	ROSEMARY, , CANADA
27/38	CRITCH, ALLISON	433	00:48:52.35	15:42	139/169	BROOKS, , CANADA
28/38	VELDHUISEN, DANIELLE	559	00:48:55.35	15:43	140/169	RAINIER, , CANADA
29/38	GRAHAM, KATIE	463	00:49:45.15	15:59	142/169	DUCHESS, , CANADA
30/38	SPAHMANN, CHRISTA	242	00:53:01.10	17:02	149/169	COALDALE, , CANADA
31/38	SPAHMANN, SABINA	244	00:53:01.40	17:02	151/169	COALDALE, , CANADA

2010 Dinosaur Pump it up Run Category Results

5K - 3.11 Miles

5K20-29F - 38 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
32/38	SCHEIBNER, SHELLEY	534	00:53:03.35	17:03	153/169	GEM, , CANADA
33/38	SWAIN, RACHELLE	549	00:57:24.95	18:27	160/169	DUCHESS, AB, CANADA
34/38	FREIMARK, KALLIE	456	00:57:28.30	18:28	161/169	DUCHESS, , CANADA
35/38	GREEN, KIMBERLY	155	00:58:33.45	18:49	163/169	BROOKS, AB, CANADA
36/38	ARTHUR, JENNIFER	408	01:01:45.80	19:51	165/169	BROOKS, AB, CANADA
37/38	LESTER, DARBY	503	01:06:33.25	21:23	167/169	RAINIER, , CANADA
38/38	DOVICHAK, MELISSA	441	01:06:33.75	21:23	168/169	BROOKS, , CANADA

5K20-29M - 8 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/8	RICHARDSON, BRAD	530	00:22:32.85	07:14	3/169	DUCHESS, AB, CANADA
2/8	EBREY, JAMES	446	00:23:40.45	07:36	5/169	LETHBRIDGE, AB, CANADA
3/8	SWAIN, KRESTEN	481	00:25:42.80	08:15	8/169	DUCHESS, , CANADA
4/8	LUKEY, JASON	505	00:26:16.15	08:26	10/169	BROOKS, , CANADA
5/8	ALBERS, TORY	402	00:26:38.60	08:33	14/169	BROOKS, , CANADA
6/8	PHILIPSEN, JAY	483	00:27:59.25	08:59	27/169	TILLEY, , CANADA
7/8	LAYCHUK, TYLER	500	00:32:20.35	10:23	63/169	BROOKS, , CANADA
8/8	TJEERDEMA, SHELDEN	554	00:38:16.75	12:18	100/169	BROOKS, AB, CANADA

5K30-39F - 28 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/28	FISSET-HOFER, RACHELLE	451	00:27:45.25	08:55	24/169	BROOKS, AB, CANADA
2/28	HALE, ROXANNE	469	00:28:16.95	09:05	28/169	DOROTHY, , CANADA
3/28	SUCHY, SHARIE	545	00:28:28.80	09:09	29/169	TILLEY, , CANADA
4/28	SIDAM, TRACY	539	00:29:14.55	09:24	36/169	HAYS, , CANADA
5/28	KIRKELUND, JENNIFER	494	00:29:18.00	09:25	38/169	BROOKS, , CANADA
6/28	PRESTON, MARILYN	525	00:30:27.20	09:47	48/169	ROSEMARY, , CANADA
7/28	DAME, PAULA	568	00:30:34.90	09:49	49/169	DUCHESS, , CANADA
8/28	DUMESNIL, MICKY	572	00:30:44.45	09:52	52/169	MED. HAT, AB,
9/28	WIEBE, DONNA	565	00:30:47.50	09:53	53/169	ROSEMARY, , CANADA
10/28	VELASCO, TAMZIN	558	00:31:32.55	10:08	58/169	BROOKS, , CANADA
11/28	ANDERSON, KERRI	406	00:32:01.55	10:17	60/169	BROOKS, AB, CANADA
12/28	GREER, CHARMAINE	465	00:32:13.55	10:21	61/169	HAYS, , CANADA
13/28	GILMOUR, DESIREE	461	00:32:39.15	10:29	66/169	BROOKS, , CANADA
14/28	FULTON, CARA	459	00:33:03.35	10:37	74/169	DUCHESS, , CANADA
15/28	HIEBERT, WENDY	475	00:34:03.80	10:56	83/169	GEM, , CANADA
16/28	HEAL, DONNA	473	00:35:09.85	11:18	86/169	BROOKS, , CANADA
17/28	THOMPSON, LANA	552	00:37:41.80	12:07	93/169	BROOKS, , CANADA
18/28	MCCLELLAND, KIM	506	00:38:08.45	12:15	96/169	BROOKS, , CANADA
19/28	MOELLER, SHELLSEE	510	00:39:30.15	12:42	105/169	BROOKS, AB, CANADA
20/28	WHITE, KIMARA	563	00:40:07.20	12:53	111/169	BROOKS, , CANADA
21/28	KEEPING, MARLA	492	00:41:22.75	13:18	115/169	BROOKS, AB, CANADA
22/28	CHARLTON, MARCIA	425	00:44:23.65	14:16	123/169	BROOKS, , CANADA
23/28	CHRISTMAN, SHARON	429	00:44:26.20	14:17	124/169	BROOKS, , CANADA
24/28	GINET, TANYA	462	00:44:50.35	14:24	127/169	BROOKS, , CANADA
25/28	HUTCHISON, REBECCA	480	00:47:06.85	15:08	130/169	OKOTOKS, AB, CANADA
26/28	HAMLIN, TONY	470	00:47:07.00	15:09	131/169	BASSANO, , CANADA
27/28	REGEHR, DEBORAH	526	00:51:43.25	16:37	146/169	ROSEMARY, , CANADA
28/28	PIERSON, TRACY	524	00:53:03.20	17:03	152/169	LEDUC, , CANADA

5K30-39M - 12 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/12	KIRKELUND, ALAN	493	00:22:25.10	07:12	2/169	BROOKS, , CANADA
2/12	JOHNSON, RODNEY	491	00:23:36.90	07:35	4/169	BROOKS, AB, CANADA
3/12	BATEMAN, PHIL	410	00:24:15.00	07:47	6/169	BROOKS, , CANADA
4/12	LONGWORTH, TOM	504	00:25:52.55	08:19	9/169	BROOKS, , CANADA
5/12	FLECK, MIKE	453	00:27:30.70	08:50	21/169	BROOKS, , CANADA
6/12	TAYLOR, BRAD	550	00:27:49.60	08:56	26/169	BROOKS, , CANADA
7/12	LE, JOHN	501	00:28:50.60	09:16	31/169	CALGARY, , CANADA
8/12	HOWG, KYLE	478	00:29:21.15	09:26	40/169	ENCHANT, , CANADA
9/12	HECK, CLAYTON	474	00:31:18.75	10:03	56/169	BROOKS, AB, CANADA
10/12	BUTEAU, DEVON	422	00:32:52.85	10:34	70/169	BROOKS, , CANADA
11/12	CHRISTMAN, BUCK	428	00:44:26.50	14:17	125/169	BROOKS, , CANADA
12/12	FITZPATRICK, JESSE	452	00:48:33.65	15:36	134/169	BROOKS, , CANADA

2010 Dinosaur Pump it up Run Category Results

5K - 3.11 Miles

5K40-49F - 23 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/23	GAMBLE, TILLY	460	00:26:40.95	08:34	15/169	BROOKS, AB, CANADA
2/23	SUTHERLAND, SHERRY	546	00:28:28.85	09:09	30/169	CALGARY, , CANADA
3/23	OSADCZUK, ELAINE	516	00:29:05.45	09:21	34/169	JENNER, , CANADA
4/23	NEELY, SHERRI	513	00:29:17.65	09:24	37/169	DUCHESS, , CANADA
5/23	PAPROSKI, THERESA	519	00:29:21.05	09:26	39/169	BROOKS, , CANADA
6/23	SKRIVER, LEONA	543	00:30:17.85	09:44	46/169	BROOKS, , CANADA
7/23	BURNS, CINDEE	421	00:30:39.85	09:51	50/169	BASSANO, , CANADA
8/23	DAVIDSON, COLLEEN	127	00:32:51.35	10:33	68/169	BROOKS, , CANADA
9/23	DYCK, ANNIE	443	00:32:57.85	10:35	71/169	LETHBRIDGE, , CANADA
10/23	ROSS, ROXANNE	533	00:33:03.30	10:37	73/169	BROOKS, AB, CANADA
11/23	JAKOBSEN, SHARON	486	00:33:08.55	10:39	75/169	TILLEY, , CANADA
12/23	OSADCZUK, LORNA	517	00:33:36.85	10:48	80/169	JENNER, , CANADA
13/23	COOPER, JUDY	430	00:34:33.40	11:06	85/169	BROOKS, AB, CANADA
14/23	TAYLOR, TRINA	551	00:37:40.05	12:06	92/169	BROOKS, , CANADA
15/23	ALBERS, LISA	401	00:39:54.95	12:49	107/169	BROOKS, , CANADA
16/23	DYCK, LAURA	444	00:39:58.45	12:51	109/169	ROSEMARY, , CANADA
17/23	SCHULTZ, KAREN	569	00:40:42.35	13:05	112/169	, ,
18/23	MCRAE, LISA	508	00:41:04.45	13:12	113/169	LETHBRIDGE, , CANADA
19/23	SVOBODA, LAURIELEE	547	00:45:34.75	14:39	128/169	BROOKS, AB, CANADA
20/23	MOREY, LINDA	511	00:48:01.95	15:26	132/169	DUCHESS, , CANADA
21/23	BRAGG, KELLY	419	00:48:02.25	15:26	133/169	DUCHESS, , CANADA
22/23	VANDERLOH, SHARRON	557	00:49:14.10	15:49	141/169	DUCHESS, , CANADA
23/23	MORRIS, BRENDA	579	00:59:32.95	19:08	164/169	, ,

5K40-49M - 7 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/7	DRIEDGER, DARCY	442	00:26:56.05	08:39	17/169	DUCHESS, AB, CANADA
2/7	ALTWASSER, BRENT	403	00:26:58.15	08:40	19/169	BROOKS, AB, CANADA
3/7	COOPER, WAYNE	432	00:31:03.40	09:59	55/169	BROOKS, AB, CANADA
4/7	WHITE, SEAN	564	00:33:10.45	10:39	76/169	BROOKS, , CANADA
5/7	OLSEN, KEVIN	514	00:36:28.35	11:43	90/169	BROOKS, AB, CANADA
6/7	OLSEN, GORD	576	00:36:29.45	11:43	91/169	, ,
7/7	SVOBODA, MARVIN	548	00:45:35.85	14:39	129/169	BROOKS, AB, CANADA

5K50-59F - 19 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/19	PERCIVAL, DONNA	521	00:29:09.80	09:22	35/169	BROOKS, AB, CANADA
2/19	FULLER, LAURIE	458	00:32:21.75	10:24	64/169	DUCHESS, , CANADA
3/19	ROSS, LINDA	532	00:32:21.90	10:24	65/169	DUCHESS, , CANADA
4/19	PATTERSON, MONA	520	00:32:40.35	10:30	67/169	BROOKS, , CANADA
5/19	EGGER, RHONDA	448	00:36:21.95	11:41	89/169	BROOKS, , CANADA
6/19	HAGER, TERRIE	468	00:38:13.20	12:17	97/169	BROOKS, , CANADA
7/19	PERKINS, JANET	523	00:39:58.25	12:51	108/169	BROOKS, , CANADA
8/19	DIRK, PATRICIA	440	00:41:42.30	13:24	116/169	MEDICINE HAT, AB, CANADA
9/19	EUBANK, DEBORAH	450	00:42:42.05	13:43	117/169	BROOKS, , CANADA
10/19	HUMPHRIES, RICHELLE	479	00:43:10.35	13:52	118/169	CALGATY, , CANADA
11/19	BROWN, JANICE	420	00:48:40.70	15:38	137/169	BROOKS, , CANADA
12/19	WEISS, KATHY	562	00:48:40.95	15:38	138/169	BROOKS, , CANADA
13/19	SPAHMANN, JEAN	243	00:53:01.40	17:02	150/169	COALDALE, , CANADA
14/19	HANSON, KAREN	471	00:53:33.60	17:13	154/169	LETHBRIDGE, AB, CANADA
15/19	BOSCH, DIANE	570	00:54:00.05	17:21	156/169	BROOKS, AB,
16/19	KRISTIANSON, KAREN	496	00:54:58.00	17:40	157/169	ROLLING HILLS, , CANADA
17/19	DEUNK, VALERIE	575	00:57:21.25	18:26	159/169	BROOKS, AB,
18/19	HAUSHER, AUDREY	472	00:57:51.00	18:36	162/169	DUCHESS, , CANADA
19/19	FRANCES, BRENDA	454	01:01:48.65	19:52	166/169	BROOKS, AB, CANADA

5K50-59M - 9 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/9	HAGER, RON	467	00:27:06.05	08:42	20/169	BROOKS, , CANADA
2/9	LE, NAM	502	00:28:50.75	09:16	32/169	BROOKS, , CANADA
3/9	DAVIDSON, KEITH	128	00:29:32.05	09:29	41/169	BROOKS, , CANADA
4/9	JACKSON, BILL	482	00:29:52.45	09:36	45/169	BROOKS, , CANADA
5/9	ENGBRECHT, ERNIE	449	00:32:58.10	10:36	72/169	LETHBRIDGE, , CANADA
6/9	PERCIVAL, FRANK	522	00:33:35.05	10:47	79/169	BROOKS, AB, CANADA
7/9	VIROSTEK, KEVIN	561	00:43:10.35	13:52	119/169	COALHURST, AB, CANADA

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5K - 3.11 Miles**5K50-59M - 9 Competitors**

Cat	Name	Bib #	Time	Pace	O/A	City:
8/9	DAHL, TIM	436	00:52:27.75	16:51	148/169	BROOKS, AB, CANADA
9/9	KRISTIANSON, MARVIN	497	00:56:20.85	18:06	158/169	ROLLING HILLS, , CANADA

5K60-69F - 1 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/1	FRIESEN, KATHIE	457	01:11:30.20	22:59	169/169	VAUXHALL, , CANADA

5K60-69M - 1 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/1	FRANCES, JOHN	455	00:52:27.45	16:51	147/169	BROOKS, AB, CANADA