6/2/2019 **2019 Elkford Triathlon** Page 3 of 10

Overall Results

2K R	un	11 Finishers										
Bib#	Category	Finish	Swim	O/A	Pace/100M	Bike	O/A	Pace K/H	Run	O/A	Pace/Km	City
343	K200-11-13M	00:28:16.40	00:04:02.33	3	02:01	00:15:01.62	1	19.96	00:09:12.45	1	04:36	ELKFORD
341	K200-11-13F	00:30:06.80	00:03:39.53	1	01:49	00:15:06.04	2	19.87	00:11:21.23	5	05:40	CROWSNEST PASS
344	K200-11-13M	00:30:34.47	00:03:58.54	2	01:59	00:16:20.94	4	18.35	00:10:14.99	2	05:07	ELKFORD
342	K200-11-13M	00:31:35.58	00:05:13.74	5	02:36	00:15:10.87	3	19.76	00:11:10.97	3	05:35	ELKFORD
345	K200-14-16M	00:35:11.83	00:05:35.30	8	02:47	00:18:24.06	7	16.30	00:11:12.47	4	05:36	ELKFORD
338	K200- 8-10F	00:36:10.36	00:06:42.10	10	03:21	00:17:47.74	5	16.86	00:11:40.52	7	05:50	ELKFORD
336	K200- 8-10F	00:36:11.74	00:05:33.86	7	02:46	00:19:15.07	9	15.58	00:11:22.81	6	05:41	ELKFORD
339	K200- 8-10F	00:37:11.57	00:05:55.40	9	02:57	00:18:34.23	8	16.15	00:12:41.94	9	06:20	ELKFORD
337	K200- 8-10F	00:38:17.83	00:05:22.54	6	02:41	00:19:46.44	10	15.17	00:13:08.85	10	06:34	CALGARY
340	K200- 8-10M	00:41:02.87	00:04:25.29	4	02:12	00:17:48.33	6	16.85	00:18:49.25	11	09:24	SPARWOOD
335	K200- 7&UM	00:41:17.60	00:09:28.52	11	04:44	00:19:57.45	11	15.03	00:11:51.63	8	05:55	ELKFORD
	Bib# 343 341 344 345 338 336 339 337 340	341 K200-11-13F 344 K200-11-13M 342 K200-11-13M 345 K200-14-16M 338 K200- 8-10F 336 K200- 8-10F 339 K200- 8-10F 337 K200- 8-10F 340 K200- 8-10M	Bib# Category Finish 343 K200-11-13M 00:28:16.40 341 K200-11-13F 00:30:06.80 344 K200-11-13M 00:30:34.47 342 K200-11-13M 00:31:35.58 345 K200-14-16M 00:35:11.83 338 K200- 8-10F 00:36:10.36 336 K200- 8-10F 00:36:11.74 339 K200- 8-10F 00:37:11.57 337 K200- 8-10F 00:38:17.83 340 K200- 8-10M 00:41:02.87	Bib# Category Finish Swim 343 K200-11-13M 00:28:16.40 00:04:02.33 341 K200-11-13F 00:30:06.80 00:03:39.53 344 K200-11-13M 00:30:34.47 00:03:58.54 342 K200-11-13M 00:31:35.58 00:05:13.74 345 K200-14-16M 00:35:11.83 00:05:35.30 338 K200- 8-10F 00:36:10.36 00:06:42.10 336 K200- 8-10F 00:36:11.74 00:05:33.86 339 K200- 8-10F 00:37:11.57 00:05:55.40 337 K200- 8-10F 00:38:17.83 00:05:22.54 340 K200- 8-10M 00:41:02.87 00:04:25.29	Bib# Category Finish Swim O/A 343 K200-11-13M 00:28:16.40 00:04:02.33 3 341 K200-11-13F 00:30:06.80 00:03:39.53 1 344 K200-11-13M 00:30:34.47 00:03:58.54 2 342 K200-11-13M 00:31:35.58 00:05:13.74 5 345 K200-14-16M 00:35:11.83 00:05:35.30 8 338 K200- 8-10F 00:36:10.36 00:06:42.10 10 336 K200- 8-10F 00:36:11.74 00:05:33.86 7 339 K200- 8-10F 00:37:11.57 00:05:55.40 9 337 K200- 8-10F 00:38:17.83 00:05:22.54 6 340 K200- 8-10M 00:41:02.87 00:04:25.29 4	Bib# Category Finish Swim O/A Pace/100M 343 K200-11-13M 00:28:16.40 00:04:02.33 3 02:01 341 K200-11-13F 00:30:06.80 00:03:39.53 1 01:49 344 K200-11-13M 00:30:34.47 00:03:58.54 2 01:59 342 K200-11-13M 00:31:35.58 00:05:13.74 5 02:36 345 K200-14-16M 00:35:11.83 00:05:35.30 8 02:47 338 K200- 8-10F 00:36:10.36 00:06:42.10 10 03:21 336 K200- 8-10F 00:36:11.74 00:05:33.86 7 02:46 339 K200- 8-10F 00:37:11.57 00:05:55.40 9 02:57 337 K200- 8-10F 00:38:17.83 00:05:22.54 6 02:41 340 K200- 8-10M 00:41:02.87 00:04:25.29 4 02:12	Bib# Category Finish Swim O/A Pace/100M Bike 343 K200-11-13M 00:28:16.40 00:04:02.33 3 02:01 00:15:01.62 341 K200-11-13F 00:30:06.80 00:03:39.53 1 01:49 00:15:06.04 344 K200-11-13M 00:30:34.47 00:03:58.54 2 01:59 00:16:20.94 342 K200-11-13M 00:31:35.58 00:05:13.74 5 02:36 00:15:10.87 345 K200-14-16M 00:35:11.83 00:05:35.30 8 02:47 00:18:24.06 338 K200- 8-10F 00:36:10.36 00:06:42.10 10 03:21 00:17:47.74 336 K200- 8-10F 00:36:11.74 00:05:33.86 7 02:46 00:19:15.07 339 K200- 8-10F 00:37:11.57 00:05:55.40 9 02:57 00:18:34.23 337 K200- 8-10F 00:38:17.83 00:05:22.54 6 02:41 00:19:46.44 340 K200- 8-10M 00:41:02.87 00:04:25.29 4 02:12 00:17:48.33	Bib# Category Finish Swim O/A Pace/100M Bike O/A 343 K200-11-13M 00:28:16.40 00:04:02.33 3 02:01 00:15:01.62 1 341 K200-11-13F 00:30:06.80 00:03:39.53 1 01:49 00:15:06.04 2 344 K200-11-13M 00:30:34.47 00:03:58.54 2 01:59 00:16:20.94 4 342 K200-11-13M 00:31:35.58 00:05:13.74 5 02:36 00:15:10.87 3 345 K200-14-16M 00:35:11.83 00:05:35.30 8 02:47 00:18:24.06 7 338 K200- 8-10F 00:36:10.36 00:06:42.10 10 03:21 00:17:47.74 5 336 K200- 8-10F 00:36:11.74 00:05:33.86 7 02:46 00:19:15.07 9 339 K200- 8-10F 00:37:11.57 00:05:55.40 9 02:57 00:18:34.23 8 337 K200- 8-10F 00:38:17.83 00:05:22.54 6 02:41 00:19:46.44 10 340 K200- 8-10M 0	Bib# Category Finish Swim O/A Pace/100M Bike O/A Pace K/H 343 K200-11-13M 00:28:16.40 00:04:02.33 3 02:01 00:15:01.62 1 19.96 341 K200-11-13F 00:30:06.80 00:03:39.53 1 01:49 00:15:06.04 2 19.87 344 K200-11-13M 00:30:34.47 00:03:58.54 2 01:59 00:16:20.94 4 18.35 342 K200-11-13M 00:31:35.58 00:05:13.74 5 02:36 00:15:10.87 3 19.76 345 K200-14-16M 00:35:11.83 00:05:35.30 8 02:47 00:18:24.06 7 16.30 338 K200- 8-10F 00:36:10.36 00:06:42.10 10 03:21 00:17:47.74 5 16.86 336 K200- 8-10F 00:36:11.74 00:05:33.86 7 02:46 00:19:15.07 9 15.58 339 K200- 8-10F 00:37:11.57 00:05:55.40 9 02:57 00:18:34.23 8 16.15 340 K200- 8-10F	Bib# Category Finish Swim O/A Pace/100M Bike O/A Pace K/H Run 343 K200-11-13M 00:28:16.40 00:04:02.33 3 02:01 00:15:01.62 1 19.96 00:09:12.45 341 K200-11-13F 00:30:06.80 00:03:39.53 1 01:49 00:15:06.04 2 19.87 00:11:21.23 344 K200-11-13M 00:30:34.47 00:03:58.54 2 01:59 00:16:20.94 4 18.35 00:10:14.99 342 K200-11-13M 00:31:35.58 00:05:13.74 5 02:36 00:15:10.87 3 19.76 00:11:10.97 345 K200-14-16M 00:35:11.83 00:05:35.30 8 02:47 00:18:24.06 7 16.30 00:11:24.7 338 K200- 8-10F 00:36:10.36 00:06:42.10 10 03:21 00:17:47.74 5 16.86 00:11:40.52 336 K200- 8-10F 00:36:11.74 00:05:33.86 7 02:46 00:19:15.07 9 15.58 00:11:22.81 339 K200- 8-10F 00:37:11.57 00:05:55.40 9 02:57 00:18:34.23 8 16.15 00:12:41.94 337 K200- 8-10F 00:41:02.87<	Bib# Category Finish Swim O/A Pace/100M Bike O/A Pace K/H Run O/A 343 K200-11-13M 00:28:16.40 00:04:02.33 3 02:01 00:15:01.62 1 19.96 00:09:12.45 1 341 K200-11-13F 00:30:06.80 00:03:39.53 1 01:49 00:15:06.04 2 19.87 00:11:21.23 5 344 K200-11-13M 00:30:34.47 00:03:58.54 2 01:59 00:16:20.94 4 18.35 00:10:14.99 2 342 K200-11-13M 00:31:35.58 00:05:13.74 5 02:36 00:15:10.87 3 19.76 00:11:10.97 3 345 K200-14-16M 00:35:11.83 00:05:35.30 8 02:47 00:18:24.06 7 16.30 00:11:12.47 4 338 K200- 8-10F 00:36:10.36 00:06:42.10 10 03:21 00:17:47.74 5 16.86 00:11:40.52 7 336 K200- 8-10F 00:36:11.74 00:05:33.86 7 02:46 00:19:15	Bib# Category Finish Swim O/A Pace/100M Bike O/A Pace K/H Run O/A Pace/Km 343 K200-11-13M 00:28:16.40 00:04:02.33 3 02:01 00:15:01.62 1 19.96 00:09:12.45 1 04:36 341 K200-11-13F 00:30:06.80 00:03:39.53 1 01:49 00:15:06.04 2 19.87 00:11:21.23 5 05:40 344 K200-11-13M 00:30:34.47 00:03:58.54 2 01:59 00:16:20.94 4 18.35 00:10:14.99 2 05:07 342 K200-11-13M 00:31:35.58 00:05:13.74 5 02:36 00:15:10.87 3 19.76 00:11:10.97 3 05:35 345 K200-14-16M 00:35:11.83 00:05:35.30 8 02:47 00:18:24.06 7 16:30 00:11:12.47 4 05:36 338 K200- 8-10F 00:36:10.36 00:06:42.10 10 03:21 00:17:47.74 5 16:86 00:11:22.81 6 05:41