

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

## Category Results

10K Run - 6.21 Miles  
69 Competitors Total

## 10K15&amp;UF - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	Chiptime
1/3	EAST, ISABELLE	4484	00:52:11.25	05:13	10K15&UF	19/69	8/38	00:52:10.40
2/3	UKRAINETZ, KATE	4460	00:52:31.60	05:15	10K15&UF	23/69	10/38	00:52:29.35
3/3	SNODGRASS, KAYLIN	4453	00:55:44.60	05:34	10K15&UF	32/69	12/38	00:55:40.65

## 10K15&amp;UM - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	Chiptime
1/1	MCCALLUM, NATE	4439	00:53:52.05	05:23	10K15&UM	27/69	16/31	00:53:46.30

## 10K16-19F - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	Chiptime
1/3	COPELAND, KATIE	4408	00:58:12.50	05:49	10K16-19F	43/69	20/38	00:58:09.15
2/3	TERLETSKI, ROBYN	4457	01:00:37.10	06:03	10K16-19F	54/69	29/38	01:00:28.25
3/3	MCCREDIE, PAIGE	4441	01:14:49.50	07:28	10K16-19F	67/69	37/38	01:14:41.80

## 10K16-19M - 2 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	Chiptime
1/2	DUNLOP, THOMAS	4472	00:48:35.00	04:51	10K16-19M	11/69	8/31	00:48:23.10
2/2	HOBERG, KENNET	4425	01:04:33.45	06:27	10K16-19M	60/69	28/31	01:04:08.25

## 10K20-29F - 10 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	Chiptime
1/10	GRAHAM, STEPHANIE	4421	00:47:23.50	04:44	10K20-29F	10/69	3/38	00:47:22.85
2/10	DUNCAN, ASHLEY	4477	00:50:41.20	05:04	10K20-29F	14/69	5/38	00:50:35.60
3/10	HENDERSON, LYNN	4466	00:53:19.00	05:19	10K20-29F	26/69	11/38	00:53:15.65
4/10	NUTBROWN, AMELIA	4465	00:57:55.70	05:47	10K20-29F	41/69	18/38	00:57:52.40
5/10	SNELL, SHANA	4452	00:58:43.35	05:52	10K20-29F	44/69	21/38	00:58:37.95
6/10	DOUGLAS, JULIE	4413	00:59:32.80	05:57	10K20-29F	52/69	27/38	00:59:17.00
7/10	MATHIESON, STEPHANIE	4438	00:59:33.00	05:57	10K20-29F	53/69	28/38	00:59:17.10
8/10	DOHERTY, KAYLA	4474	01:01:01.55	06:06	10K20-29F	55/69	30/38	01:00:57.10
9/10	KAISER, CHELSEY	4428	01:07:12.20	06:43	10K20-29F	61/69	33/38	01:06:55.80
10/10	MCCREDIE, LEAH	4440	01:14:07.35	07:24	10K20-29F	65/69	36/38	01:14:00.50

## 10K20-29M - 7 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	Chiptime
1/7	DESANDOLI, ROBERTO	4412	00:35:55.30	03:35	10K20-29M	1/69	1/31	00:35:55.30
2/7	GRIFFIN, BRENT	4478	00:42:46.25	04:16	10K20-29M	4/69	4/31	00:42:41.05
3/7	WARING, PATRICK	4462	00:51:37.75	05:09	10K20-29M	15/69	10/31	00:51:26.30
4/7	WHITELAW, LIAM	4468	00:52:23.20	05:14	10K20-29M	21/69	13/31	00:52:20.30
5/7	ULLOA, ANDRE	4470	00:52:33.15	05:15	10K20-29M	24/69	14/31	00:52:26.30
6/7	CLARK, SCOTT	4406	00:55:49.20	05:34	10K20-29M	34/69	21/31	00:55:34.60
7/7	MYLES, ANDREW	4443	00:55:53.50	05:35	10K20-29M	36/69	22/31	00:55:40.40

## 10K30-39F - 9 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	Chiptime
1/9	SALT, ADELA	4449	00:42:52.60	04:17	10K30-39F	5/69	1/38	00:42:51.40
2/9	CLARK, AMANDA	4405	00:55:49.50	05:34	10K30-39F	35/69	14/38	00:55:35.85
3/9	ENSMINGER, SUE	4416	00:56:05.80	05:36	10K30-39F	37/69	15/38	00:56:01.50
4/9	MARSHALL, CYNTHIA	4437	00:57:59.20	05:47	10K30-39F	42/69	19/38	00:57:51.25
5/9	COMEAU, JANELLE	4407	00:58:45.25	05:52	10K30-39F	45/69	22/38	00:58:32.25
6/9	SHIELDS, MARIE	4451	00:58:49.10	05:52	10K30-39F	47/69	23/38	00:58:35.95
7/9	MITCHELL, STEPHANIE	4442	00:59:28.30	05:56	10K30-39F	51/69	26/38	00:59:23.35
8/9	LITTLEWOOD, KATIE	4433	01:02:20.75	06:14	10K30-39F	57/69	31/38	01:02:14.20
9/9	MORASCH, MORRICK	4475	01:02:21.10	06:14	10K30-39F	58/69	32/38	01:02:14.45

## 10K30-39M - 6 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	Chiptime
1/6	POWER, KEITH	4467	00:44:15.70	04:25	10K30-39M	6/69	5/31	00:44:07.40
2/6	JONES, ALED	4427	00:44:25.70	04:26	10K30-39M	7/69	6/31	00:44:25.05
3/6	GIESBRECHT, MARK	4486	00:45:30.80	04:33	10K30-39M	8/69	7/31	00:45:29.15
4/6	O'GRADY, PAUL	4445	00:49:01.00	04:54	10K30-39M	12/69	9/31	00:48:58.15
5/6	COULOMBE, GREG	4476	00:52:43.95	05:16	10K30-39M	25/69	15/31	00:52:33.65
6/6	DUNHAM, REG	4414	00:55:03.10	05:30	10K30-39M	30/69	19/31	00:54:49.10

## 10K40-49F - 11 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	Chiptime
1/11	KEIL, KATHY	4429	00:47:06.45	04:42	10K40-49F	9/69	2/38	00:47:05.30
2/11	LINZMEYER, BESS	4432	00:49:47.65	04:58	10K40-49F	13/69	4/38	00:49:26.85
3/11	EAST, ROSEMARY	4485	00:51:58.45	05:11	10K40-49F	17/69	6/38	00:51:57.00

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## Category Results

10K Run - 6.21 Miles  
69 Competitors Total

## 10K40-49F - 11 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	Chiptime
4/11	TERLETSKI, TRISH	4458	00:52:11.20	05:13	10K40-49F	18/69	7/38	00:52:01.20
5/11	UKRAINETZ, NADIA	4487	00:52:31.50	05:15	10K40-49F	22/69	9/38	00:52:29.20
6/11	SNODGRASS, TRICIA	4454	00:55:45.70	05:34	10K40-49F	33/69	13/38	00:55:41.85
7/11	PRONCHUK, LESLEY	4448	00:56:08.80	05:36	10K40-49F	38/69	16/38	00:56:04.60
8/11	BISSETT, WINNIE	4403	00:57:21.75	05:44	10K40-49F	40/69	17/38	00:57:10.45
9/11	ATENCIO, STEPHANIE	4401	00:59:12.70	05:55	10K40-49F	49/69	25/38	00:59:08.55
10/11	BOROWSKI, CHERYLE	4404	01:12:34.05	07:15	10K40-49F	64/69	35/38	01:12:30.95
11/11	STREMICK, GAYLE	4455	01:32:25.20	09:14	10K40-49F	69/69	38/38	01:32:20.55

## 10K40-49M - 12 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	Chiptime
1/12	MAIER, TOM	4488	00:40:25.40	04:02	10K40-49M	2/69	2/31	00:40:24.40
2/12	KENNY, DAVE	4464	00:41:26.05	04:08	10K40-49M	3/69	3/31	00:41:24.25
3/12	DUNLOP, ROBERT	4471	00:52:13.25	05:13	10K40-49M	20/69	12/31	00:52:01.35
4/12	FINNEGAN, STEPHEN	4418	00:53:52.20	05:23	10K40-49M	28/69	17/31	00:53:43.20
5/12	DE KLEINE, WILLIAM	4410	00:53:57.45	05:23	10K40-49M	29/69	18/31	00:53:49.15
6/12	MACKILLOP, JOHN	4483	00:55:21.10	05:32	10K40-49M	31/69	20/31	00:55:17.25
7/12	OLAR, JOHN	4446	00:57:14.20	05:43	10K40-49M	39/69	23/31	00:57:05.40
8/12	MAINS, GORDON	4435	00:58:49.05	05:52	10K40-49M	46/69	24/31	00:58:36.55
9/12	LIVELY, KURTIS	4434	00:59:27.95	05:56	10K40-49M	50/69	25/31	00:59:18.90
10/12	HOBERG, LES	4426	01:01:45.05	06:10	10K40-49M	56/69	26/31	01:01:20.20
11/12	HARRISON, LLOYD	4423	01:02:35.90	06:15	10K40-49M	59/69	27/31	01:02:16.75
12/12	CAMERON, JOHN	4473	01:14:14.40	07:25	10K40-49M	66/69	30/31	01:14:06.60

## 10K50-59F - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	Chiptime
1/1	PASOLLI, LORNA	4469	01:09:04.20	06:54	10K50-59F	62/69	34/38	01:08:55.95

## 10K50-59M - 2 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	Chiptime
1/2	EWING, DAVID	4417	00:51:48.45	05:10	10K50-59M	16/69	11/31	00:51:41.90
2/2	WALKER, JEFF	4461	01:11:55.50	07:11	10K50-59M	63/69	29/31	01:11:46.70

## 10K60+F - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	Chiptime
1/1	CLARKE, LAYNE	4482	00:58:55.85	05:53	10K60+F	48/69	24/38	00:58:51.20

## 10K60+M - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	Chiptime
1/1	ANDRESEN, JOHN	4491	01:14:53.00	07:29	10K60+M	68/69	31/31	01:14:39.20