

Alpha Overall Results

10K Run - 6.21 Miles

71 Finishers

O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
43/71	ALBERT-GAUTHIER, KARINE	3101	00:59:12.60	05:55	10K30-39F	2/9	F	14/39	00:58:54.90
52/71	ATWELL, JOSH	3232	01:02:50.00	06:17	10K30-39M	11/11	M	31/32	01:02:32.00
8/71	BAIN, MICHAEL	3103	00:46:45.90	04:40	10K30-39M	2/11	M	5/32	00:46:42.65
39/71	BARNHART, CHRISTA	3104	00:58:31.95	05:51	10K30-39F	1/9	F	13/39	00:58:14.70
6/71	BARRETT, TYE	3105	00:46:34.00	04:39	10K20-29M	3/7	M	4/32	00:46:32.10
29/71	BARRETT, VERLAINE	3106	00:55:36.15	05:33	10K40-49F	4/6	F	8/39	00:55:34.75
63/71	BELL, MARY	3230	01:10:31.60	07:03	10K50-59F	3/6	F	31/39	01:10:24.00
23/71	BOULANGER, CHARLOTTE	3110	00:53:32.65	05:21	10K20-29F	3/16	F	7/39	00:53:26.20
71/71	BOYER, TARA	3111	01:42:10.15	10:13	10K40-49F	6/6	F	39/39	01:41:46.15
59/71	BROWN, GENEVIEVE	3113	01:08:37.15	06:51	10K20-29F	13/16	F	28/39	01:08:18.00
26/71	BRYDLE, GRANT	3114	00:54:26.35	05:26	10K60+M	2/2	M	19/32	00:54:22.20
54/71	BUTCHER, AMANDA	3116	01:04:31.90	06:27	10K30-39F	5/9	F	23/39	01:04:25.05
2/71	BUTCHER, STUART	3117	00:43:13.60	04:19	10K30-39M	1/11	M	2/32	00:43:10.05
31/71	CAMPBELL, MICHAEL	3119	00:56:44.70	05:40	10K50-59M	4/8	M	23/32	00:56:41.90
14/71	CARPENTER, MATT	3204	00:51:18.55	05:07	10K20-29M	4/7	M	10/32	00:51:17.45
57/71	CHRISTENSEN, KASSIDY	3223	01:08:16.55	06:49	10K20-29F	12/16	F	26/39	01:08:10.05
53/71	DEACON, JANE	3126	01:02:54.05	06:17	10K20-29F	10/16	F	22/39	01:02:45.70
37/71	FORBES, JENNIFER	3130	00:57:50.20	05:47	10K20-29F	5/16	F	12/39	00:57:44.20
66/71	GARNIER, KRISTAL	3133	01:16:21.55	07:38	10K30-39F	8/9	F	34/39	01:15:47.45
11/71	GIESBRECHT, MARK	3215	00:48:55.25	04:53	10K30-39M	4/11	M	7/32	00:48:50.15
58/71	GLOVER, ASHLEY	3135	01:08:29.70	06:50	10K30-39F	7/9	F	27/39	01:06:46.45
50/71	GOODWIN, COURTNEY	3137	01:02:05.50	06:12	10K20-29F	8/16	F	20/39	01:02:00.75
47/71	GOODWIN, DEBBIE	3138	01:01:16.00	06:07	10K50-59F	2/6	F	18/39	01:01:11.75
13/71	GREIG, WILLIAM JEFF	3139	00:50:53.75	05:05	10K30-39M	5/11	M	9/32	00:50:02.30
1/71	GRIFFIN, BRENT	3140	00:42:47.20	04:16	10K20-29M	1/7	M	1/32	00:42:44.80
4/71	GROARKE, MITCH	3206	00:45:09.80	04:30	10K20-29M	2/7	M	3/32	00:45:09.05
38/71	HAEKEL, HERB	3141	00:58:25.65	05:50	10K50-59M	6/8	M	26/32	00:58:17.90
44/71	HANSMA, NICOLE	3143	01:00:24.25	06:02	10K30-39F	3/9	F	15/39	01:00:09.55
32/71	HARDY, KATHERINE	3144	00:56:54.85	05:41	10K40-49F	5/6	F	9/39	00:56:38.90
18/71	HARTLEY, SEAN	3208	00:53:07.15	05:18	10K30-39M	7/11	M	14/32	00:52:56.40
19/71	JONES, KEVIN	3216	00:53:12.50	05:19	10K20-29M	5/7	M	15/32	00:53:11.45
10/71	KEIL, KATHY	3233	00:48:33.45	04:51	10K40-49F	1/6	F	4/39	00:48:28.85
15/71	KORNELSEN, GARRY	3149	00:51:35.20	05:09	10K60+M	1/2	M	11/32	00:51:32.80
21/71	LEROUX, CATHY	3226	00:53:25.60	05:20	10K40-49F	2/6	F	5/39	00:53:18.45
20/71	LEROUX, DAVID	3227	00:53:25.25	05:20	10K50-59M	1/8	M	16/32	00:53:17.85
16/71	LEROUX, PAUL	3228	00:51:53.40	05:11	10K15&UM	1/1	M	12/32	00:51:46.00
5/71	LITHGOW, KRISTINA	3231	00:45:20.40	04:32	10K20-29F	1/16	F	2/39	00:45:18.45
35/71	LOEHR, CHRISTIAN	3209	00:57:23.00	05:44	10K30-39M	10/11	M	25/32	00:57:20.55
61/71	LUTZ, SARAH	3157	01:09:50.80	06:59	10K20-29F	14/16	F	29/39	01:09:39.05
17/71	MACDONALD, DAVID	3217	00:53:05.15	05:18	10K30-39M	6/11	M	13/32	00:52:49.10
46/71	MASTEL, STACEY	3161	01:01:10.50	06:07	10K20-29F	7/16	F	17/39	01:00:56.95
12/71	MCCALLUM, MIKE	3163	00:49:46.15	04:58	10K40-49M	1/3	M	8/32	00:49:40.75
24/71	MCGREGOR, BRENT	3210	00:53:51.00	05:23	10K30-39M	8/11	M	17/32	00:53:49.10
36/71	MCINTOSH, ANN	3225	00:57:31.50	05:45	10K50-59F	1/6	F	11/39	00:57:25.80
25/71	MCINTOSH, RON	3224	00:53:57.25	05:23	10K50-59M	2/8	M	18/32	00:53:51.75
65/71	MEYER, ROBIN	3165	01:12:32.80	07:15	10K20-29F	15/16	F	33/39	01:12:02.20
40/71	MOWAT, DON	3168	00:58:35.30	05:51	10K40-49M	2/3	M	27/32	00:58:28.25
7/71	MURPHY, DARA	3229	00:46:34.60	04:39	10K20-29F	2/16	F	3/39	00:46:33.80
9/71	O'GRADY, PAUL	3170	00:48:23.65	04:50	10K30-39M	3/11	M	6/32	00:48:18.90
48/71	PASOLLI, ALAN	3211	01:01:38.00	06:09	10K50-59M	8/8	M	30/32	01:01:32.60
64/71	PASOLLI, LORNA	3212	01:11:14.85	07:07	10K50-59F	4/6	F	32/39	01:11:09.40
68/71	PERILLO, JESSICA	3174	01:18:00.75	07:48	10K20-29F	16/16	F	36/39	01:17:14.75
41/71	POLSON, ALEXANDER	3175	00:58:55.55	05:53	10K20-29M	7/7	M	28/32	00:58:36.00
42/71	POLSON, RORY	3218	00:58:56.20	05:53	10K50-59M	7/8	M	29/32	00:58:34.35
49/71	ROEDLER, RHONDA	3180	01:01:55.40	06:11	10K30-39F	4/9	F	19/39	01:01:51.10
33/71	SENNETT, DEREK	3185	00:56:57.85	05:41	10K50-59M	5/8	M	24/32	00:56:54.90
30/71	SHAW, JAMES	3219	00:56:28.95	05:38	10K30-39M	9/11	M	22/32	00:56:20.70
69/71	SHEPPARD, S	3220	01:30:40.55	09:04	10K30-39F	9/9	F	37/39	01:30:20.40
28/71	SMITH, CHRIS	3186	00:55:25.60	05:32	10K50-59M	3/8	M	21/32	00:55:16.45
62/71	SPAARGAREN, SHARON	3187	01:10:21.50	07:02	10K60+F	1/1	F	30/39	01:10:05.70
70/71	SUMMERS, SANDY	3193	01:42:10.10	10:13	10K50-59F	6/6	F	38/39	01:41:45.55
56/71	TANNER, KIM	3221	01:06:52.20	06:41	10K30-39F	6/9	F	25/39	01:06:23.15
45/71	TROOLINES, BRYN	3196	01:00:24.40	06:02	10K20-29F	6/16	F	16/39	01:00:08.85
3/71	UKRAINETZ, KATE	3214	00:43:17.35	04:19	10K15&UF	1/1	F	1/39	00:43:12.65
22/71	UKRAINETZ, SANDRA	3197	00:53:31.10	05:21	10K40-49F	3/6	F	6/39	00:53:25.15
51/71	VINCENT, SHELBY	3198	01:02:18.35	06:13	10K20-29F	9/16	F	21/39	01:02:09.30

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10K Run - 6.21 Miles

71 Finishers

O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
60/71	WALTHER, ANDREAS	3222	01:09:14.20	06:55	10K40-49M	3/3	M	32/32	01:09:05.95
34/71	WATSON, STEPHANIE	3199	00:57:02.10	05:42	10K20-29F	4/16	F	10/39	00:56:44.95
67/71	WIGG, GLADYS	3201	01:17:30.85	07:45	10K50-59F	5/6	F	35/39	01:17:26.50
27/71	YOUNGGREN, JEFFREY	3202	00:54:29.70	05:26	10K20-29M	6/7	M	20/32	00:54:16.90
55/71	YOUNGGREN, TARA	3203	01:06:26.50	06:38	10K20-29F	11/16	F	24/39	01:06:15.50