

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

## Category Award Results

## TOP 3 In Category

## 5K Run - 3.1 Miles

## 126 Finishers

| 5K15&UF (Female) - 12 Competitors  |                       |       |             |       |           |        |        |             |
|------------------------------------|-----------------------|-------|-------------|-------|-----------|--------|--------|-------------|
| Cat/PI                             | Name                  | Bib # | Time        | Pace  | Offset    | OA/PI  | Gen/PI | City        |
| 1/12                               | BERLINGUETTE, CHELLEY | 5013  | 00:24:53.45 | 04:58 | +00:00:00 | 13/126 | 3/81   | HIGH RIVER  |
| 2/12                               | SKRYNYK, PAITYN       | 5095  | 00:25:17.10 | 05:03 | +00:00:23 | 14/126 | 4/81   | CHESTERMERE |
| 3/12                               | MAYR, AMELIA          | 5134  | 00:34:30.17 | 06:54 | +00:09:36 | 53/126 | 25/81  | CALGARY     |
| 5K15&UM (Male) - 12 Competitors    |                       |       |             |       |           |        |        |             |
| Cat/PI                             | Name                  | Bib # | Time        | Pace  | Offset    | OA/PI  | Gen/PI | City        |
| 1/12                               | SKRYNYK, NOAH         | 5094  | 00:21:48.11 | 04:21 | +00:00:00 | 3/126  | 3/44   | CHESTERMERE |
| 2/12                               | AMELINCKX, ERIK       | 5001  | 00:22:51.25 | 04:34 | +00:01:03 | 4/126  | 4/44   | LETHBRIDGE  |
| 3/12                               | STRILCHUK, JAMISON    | 5111  | 00:24:47.15 | 04:57 | +00:02:59 | 10/126 | 9/44   | OKOTOKS     |
| 5K16-19F (Female) - 4 Competitors  |                       |       |             |       |           |        |        |             |
| Cat/PI                             | Name                  | Bib # | Time        | Pace  | Offset    | OA/PI  | Gen/PI | City        |
| 1/4                                | UKRAINETZ, KATE       | 5115  | 00:22:55.85 | 04:35 | +00:00:00 | 5/126  | 1/81   | CALGARY     |
| 2/4                                | BARNARD, LEA          | 5007  | 00:29:36.69 | 05:55 | +00:06:40 | 28/126 | 10/81  | OKOTOKS     |
| 3/4                                | BARNARD, ILNE         | 5006  | 00:33:16.27 | 06:39 | +00:10:20 | 44/126 | 18/81  | OKOTOKS     |
| 5K16-19M (Male) - 2 Competitors    |                       |       |             |       |           |        |        |             |
| Cat/PI                             | Name                  | Bib # | Time        | Pace  | Offset    | OA/PI  | Gen/PI | City        |
| 1/2                                | NESTERENKO, DANIEL    | 5072  | 00:23:23.16 | 04:40 | +00:00:00 | 7/126  | 6/44   | CALGARY     |
| 2/2                                | MCCALLUM, ALEXANDER   | 5109  | 00:27:09.35 | 05:25 | +00:03:46 | 19/126 | 15/44  | CALGARY     |
| 5K20-29F (Female) - 4 Competitors  |                       |       |             |       |           |        |        |             |
| Cat/PI                             | Name                  | Bib # | Time        | Pace  | Offset    | OA/PI  | Gen/PI | City        |
| 1/4                                | NORUM, JAIME          | 5073  | 00:24:51.15 | 04:58 | +00:00:00 | 11/126 | 2/81   | HIGH RIVER  |
| 2/4                                | RICHER, APRIL         | 5084  | 00:34:55.08 | 06:59 | +00:10:03 | 56/126 | 28/81  | CALGARY     |
| 3/4                                | KINDT, MELISSA        | 5052  | 00:49:23.09 | 09:52 | +00:24:31 | 96/126 | 57/81  | HIGH RIVER  |
| 5K20-29M (Male) - 7 Competitors    |                       |       |             |       |           |        |        |             |
| Cat/PI                             | Name                  | Bib # | Time        | Pace  | Offset    | OA/PI  | Gen/PI | City        |
| 1/7                                | RYNNE, MATT           | 5087  | 00:20:55.74 | 04:11 | +00:00:00 | 1/126  | 1/44   | GRANUM      |
| 2/7                                | MOORE, OWEN           | 5019  | 00:21:34.03 | 04:18 | +00:00:38 | 2/126  | 2/44   | CALGARY     |
| 3/7                                | FRASER, BEN           | 5035  | 00:24:10.81 | 04:50 | +00:03:15 | 9/126  | 8/44   | HIGH RIVER  |
| 5K30-39F (Female) - 16 Competitors |                       |       |             |       |           |        |        |             |
| Cat/PI                             | Name                  | Bib # | Time        | Pace  | Offset    | OA/PI  | Gen/PI | City        |
| 1/16                               | LUNDBERG, SHERRI      | 5060  | 00:27:16.39 | 05:27 | +00:00:00 | 20/126 | 5/81   | CAYLEY      |
| 2/16                               | SZABON-SMITH, LISA    | 5098  | 00:28:59.74 | 05:47 | +00:01:43 | 26/126 | 8/81   | HIGH RIVER  |
| 3/16                               | NELSON, JAIMIE        | 5070  | 00:32:07.82 | 06:25 | +00:04:51 | 37/126 | 16/81  | HIGH RIVER  |
| 5K30-39M (Male) - 9 Competitors    |                       |       |             |       |           |        |        |             |
| Cat/PI                             | Name                  | Bib # | Time        | Pace  | Offset    | OA/PI  | Gen/PI | City        |
| 1/9                                | HARTLEY, SEAN         | 5040  | 00:23:24.19 | 04:40 | +00:00:00 | 8/126  | 7/44   | CALGARY     |
| 2/9                                | BARTEL, TRAVIS        | 5009  | 00:24:51.86 | 04:58 | +00:01:27 | 12/126 | 10/44  | OKOTOKS     |
| 3/9                                | COLLIS, TIM           | 5022  | 00:28:12.82 | 05:38 | +00:04:48 | 22/126 | 16/44  | HIGH RIVER  |
| 5K40-49F (Female) - 19 Competitors |                       |       |             |       |           |        |        |             |
| Cat/PI                             | Name                  | Bib # | Time        | Pace  | Offset    | OA/PI  | Gen/PI | City        |
| 1/19                               | ANDERSON, TRACY       | 5003  | 00:28:19.82 | 05:39 | +00:00:00 | 23/126 | 7/81   | OKOTOKS     |
| 2/19                               | STRILCHUK, KATHRYN    | 5112  | 00:29:22.86 | 05:52 | +00:01:03 | 27/126 | 9/81   | OKOTOKS     |
| 3/19                               | KOSSATZ, REGINA       | 5108  | 00:30:16.60 | 06:03 | +00:01:56 | 33/126 | 13/81  | HIGH RIVER  |
| 5K40-49M (Male) - 5 Competitors    |                       |       |             |       |           |        |        |             |
| Cat/PI                             | Name                  | Bib # | Time        | Pace  | Offset    | OA/PI  | Gen/PI | City        |
| 1/5                                | SHELDRAKE, JOE        | 5110  | 00:23:04.19 | 04:36 | +00:00:00 | 6/126  | 5/44   | OKOTOKS     |
| 2/5                                | HUDSON, DEAN          | 5119  | 00:26:34.53 | 05:18 | +00:03:30 | 18/126 | 14/44  | OKOTOKS     |
| 3/5                                | BARNARD, GERHARD      | 5005  | 00:33:16.62 | 06:39 | +00:10:12 | 45/126 | 27/44  | OKOTOKS     |
| 5K50-59F (Female) - 14 Competitors |                       |       |             |       |           |        |        |             |
| Cat/PI                             | Name                  | Bib # | Time        | Pace  | Offset    | OA/PI  | Gen/PI | City        |
| 1/14                               | KEIL, KATHY           | 5107  | 00:29:49.31 | 05:57 | +00:00:00 | 30/126 | 11/81  | CALGARY     |
| 2/14                               | BROWN, JENNEFER       | 5017  | 00:31:37.57 | 06:19 | +00:01:48 | 35/126 | 14/81  | CALGARY     |
| 3/14                               | KEELING, LYNN         | 5135  | 00:33:32.23 | 06:42 | +00:03:42 | 48/126 | 20/81  | CALGARY     |
| 5K50-59M (Male) - 6 Competitors    |                       |       |             |       |           |        |        |             |
| Cat/PI                             | Name                  | Bib # | Time        | Pace  | Offset    | OA/PI  | Gen/PI | City        |
| 1/6                                | MAIER, TOM            | 5063  | 00:29:44.86 | 05:56 | +00:00:00 | 29/126 | 19/44  | CALGARY     |
| 2/6                                | BENNETT, DOUG         | 5012  | 00:29:58.31 | 05:59 | +00:00:13 | 31/126 | 20/44  | HIGH RIVER  |
| 3/6                                | BRADBURY, TIM         | 5015  | 00:32:58.01 | 06:35 | +00:03:13 | 43/126 | 26/44  | HIGH RIVER  |

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

## Category Award Results

## TOP 3 In Category

## 5K Run - 3.1 Miles

126 Finishers

**5K60+F (Female) - 12 Competitors**

| Cat/PI | Name          | Bib # | Time        | Pace  | Offset    | OA/PI  | Gen/PI | City       |
|--------|---------------|-------|-------------|-------|-----------|--------|--------|------------|
| 1/12   | HANSMA, SANDY | 5038  | 00:27:39.17 | 05:31 | +00:00:00 | 21/126 | 6/81   | GRANUM     |
| 2/12   | WESTON, ANN   | 5129  | 00:30:10.89 | 06:02 | +00:02:31 | 32/126 | 12/81  | HIGH RIVER |
| 3/12   | HARI, MARILYN | 5039  | 00:31:55.19 | 06:23 | +00:04:16 | 36/126 | 15/81  | HIGH RIVER |

**5K60+M (Male) - 4 Competitors**

| Cat/PI | Name            | Bib # | Time        | Pace  | Offset    | OA/PI  | Gen/PI | City           |
|--------|-----------------|-------|-------------|-------|-----------|--------|--------|----------------|
| 1/4    | KIRKBY, BOB     | 5053  | 00:28:26.80 | 05:41 | +00:00:00 | 24/126 | 17/44  | CALGARY        |
| 2/4    | VANSTON, GRANT  | 5103  | 00:35:47.67 | 07:09 | +00:07:20 | 60/126 | 30/44  | PORT COQUITLAM |
| 3/4    | HAMILTON, GRANT | 5118  | 00:48:12.25 | 09:38 | +00:19:45 | 95/126 | 39/44  | CALGARY        |