

2019 AIMS High River 1/2,10K,5K

Alpha Overall Results

5K Run - 3.1 Miles

88 Finishers

| O/A | Name | Bib# | Time | Pace/m | Category | Cat/PI | Gender | Gen/PI | Chip Time |
|-------|-----------------------|------|-------------|--------|----------|--------|--------|--------|-------------|
| 45/88 | ABMA, DAVID | 5001 | 00:37:09.37 | 07:25 | 5K60+M | 2/3 | M | 19/28 | 00:36:39.99 |
| 23/88 | ABMA, TEAGAN | 5002 | 00:30:35.85 | 06:07 | 5K20-29F | 2/10 | F | 12/60 | 00:30:28.83 |
| 5/88 | ABRAMSON, DONNA | 5003 | 00:25:23.86 | 05:04 | 5K50-59F | 1/10 | F | 4/60 | 00:25:15.46 |
| 51/88 | BATTRUM, KIM | 5080 | 00:37:31.96 | 07:30 | 5K30-39F | 8/12 | F | 31/60 | 00:37:20.65 |
| 50/88 | BATTRUM, TROY | 5081 | 00:37:31.94 | 07:30 | 5K40-49M | 4/5 | M | 20/28 | 00:37:20.52 |
| 79/88 | BOWLES, JANET | 5098 | 00:54:31.86 | 10:54 | 5K40-49F | 12/14 | F | 51/60 | 00:53:59.46 |
| 11/88 | CHISHOLM, HALEY | 5049 | 00:27:09.98 | 05:25 | 5K20-29F | 1/10 | F | 6/60 | 00:26:54.22 |
| 58/88 | COLLIS, CHRISTINE | 5007 | 00:39:33.11 | 07:54 | 5K40-49F | 7/14 | F | 34/60 | 00:39:22.81 |
| 49/88 | CORREIA, MEGAN | 5089 | 00:37:14.85 | 07:26 | 5K30-39F | 7/12 | F | 30/60 | 00:36:56.56 |
| 63/88 | DAWSON, NORMA | 5008 | 00:41:45.46 | 08:21 | 5K60+F | 2/9 | F | 39/60 | 00:41:28.58 |
| 87/88 | DUNCAN, GLORIA | 5079 | 00:55:41.44 | 11:08 | 5K60+F | 9/9 | F | 59/60 | 00:55:14.31 |
| 67/88 | FAY, JOANNE | 5100 | 00:46:19.93 | 09:15 | 5K30-39F | 10/12 | F | 42/60 | 00:45:48.30 |
| 59/88 | FONESKA, PAMILA | 5010 | 00:39:56.45 | 07:59 | 5K50-59F | 6/10 | F | 35/60 | 00:39:51.15 |
| 62/88 | GLADISH, VAL | 5076 | 00:41:45.18 | 08:21 | 5K50-59F | 7/10 | F | 38/60 | 00:41:37.15 |
| 25/88 | GROENEVELD, JOSEY | 5012 | 00:30:51.02 | 06:10 | 5K20-29M | 4/4 | M | 12/28 | 00:30:39.83 |
| 6/88 | GUERRERO, AMERICA | 5013 | 00:25:25.45 | 05:05 | 5K15&UF | 3/4 | F | 5/60 | 00:25:22.58 |
| 1/88 | HANKINS, SAM | 5091 | 00:23:04.76 | 04:36 | 5K20-29M | 1/4 | M | 1/28 | 00:22:45.11 |
| 39/88 | HART, CHRISTINE | 5015 | 00:34:48.06 | 06:57 | 5K50-59F | 4/10 | F | 23/60 | 00:34:37.69 |
| 12/88 | HENDERSON, AIDAN | 5016 | 00:27:30.89 | 05:30 | 5K30-39M | 1/2 | M | 6/28 | 00:27:11.03 |
| 77/88 | HENRY, RONIN | 5078 | 00:54:19.08 | 10:51 | 5K16-19M | 3/3 | M | 28/28 | 00:53:55.16 |
| 46/88 | HIPKIN, BREENA | 5086 | 00:37:12.60 | 07:26 | 5K16-19F | 1/1 | F | 27/60 | 00:36:54.45 |
| 47/88 | HIPKIN, JODY | 5017 | 00:37:13.47 | 07:26 | 5K40-49F | 6/14 | F | 28/60 | 00:36:56.16 |
| 40/88 | HUDSON, SAMANTHA | 5018 | 00:34:48.74 | 06:57 | 5K30-39F | 5/12 | F | 24/60 | 00:34:38.11 |
| 17/88 | HYNES, SHELDON | 5082 | 00:29:02.01 | 05:48 | 5K20-29M | 3/4 | M | 9/28 | 00:29:01.53 |
| 60/88 | IZYK, SAMANTHA | 5019 | 00:40:07.56 | 08:01 | 5K20-29F | 8/10 | F | 36/60 | 00:39:42.99 |
| 21/88 | JANTZEN, COLLEEN | 5020 | 00:30:08.55 | 06:01 | 5K50-59F | 2/10 | F | 11/60 | 00:29:49.56 |
| 26/88 | JANTZEN, KYLE | 5021 | 00:31:28.89 | 06:17 | 5K50-59M | 1/6 | M | 13/28 | 00:31:08.98 |
| 28/88 | JEONG, HEEJIN | 5022 | 00:31:56.16 | 06:23 | 5K40-49F | 3/14 | F | 15/60 | 00:31:38.20 |
| 36/88 | KEYS, KAYLEE | 5023 | 00:32:49.94 | 06:33 | 5K20-29F | 5/10 | F | 20/60 | 00:32:42.67 |
| 53/88 | KING, DAVID | 5024 | 00:38:38.22 | 07:43 | 5K50-59M | 3/6 | M | 22/28 | 00:38:35.30 |
| 22/88 | LARSEN, ERIK | 5102 | 00:30:19.07 | 06:03 | 5K15&UM | 2/5 | M | 11/28 | 00:29:54.03 |
| 78/88 | LEBSACK, SHARON | 5027 | 00:54:30.10 | 10:54 | 5K60+F | 4/9 | F | 50/60 | 00:54:04.29 |
| 18/88 | LEE, SARAH | 5028 | 00:29:12.07 | 05:50 | 5K30-39F | 2/12 | F | 9/60 | 00:29:02.66 |
| 61/88 | LEE-JONES, JIN | 5029 | 00:41:09.48 | 08:13 | 5K40-49F | 8/14 | F | 37/60 | 00:40:51.96 |
| 72/88 | LEISTER, SYD | 5030 | 00:49:52.90 | 09:58 | 5K50-59M | 6/6 | M | 27/28 | 00:49:42.93 |
| 20/88 | LUTZ, SARAH | 5090 | 00:29:44.18 | 05:56 | 5K30-39F | 3/12 | F | 10/60 | 00:29:35.66 |
| 2/88 | MAHER, HEATHER | 5099 | 00:23:06.89 | 04:37 | 5K40-49F | 1/14 | F | 1/60 | 00:22:49.09 |
| 76/88 | MAHER, KIRSTEN | 5077 | 00:54:19.01 | 10:51 | 5K40-49F | 11/14 | F | 49/60 | 00:53:56.36 |
| 88/88 | MAKHDOOM, SARAH | 5032 | 00:59:07.58 | 11:49 | 5K50-59F | 10/10 | F | 60/60 | 00:58:55.50 |
| 75/88 | MASLAK, KIRA | 5033 | 00:54:18.54 | 10:51 | 5K30-39F | 12/12 | F | 48/60 | 00:53:55.02 |
| 70/88 | MAYER, SIMONE | 5097 | 00:48:27.80 | 09:41 | 5K30-39F | 11/12 | F | 44/60 | 00:47:54.96 |
| 56/88 | MCCALLUM, GERRY | 5088 | 00:39:28.14 | 07:53 | 5K60+M | 3/3 | M | 24/28 | 00:39:00.33 |
| 38/88 | MCKEDIE, BRENDA | 5095 | 00:34:02.92 | 06:48 | 5K50-59F | 3/10 | F | 22/60 | 00:33:59.91 |
| 85/88 | MEDD, STACEY | 5034 | 00:55:30.87 | 11:06 | 5K50-59F | 9/10 | F | 57/60 | 00:55:17.22 |
| 84/88 | MEDD, WENDY | 5035 | 00:55:29.14 | 11:05 | 5K60+F | 7/9 | F | 56/60 | 00:55:16.03 |
| 37/88 | MOORE, HANNAH | 5092 | 00:33:22.73 | 06:40 | 5K20-29F | 6/10 | F | 21/60 | 00:33:18.22 |
| 81/88 | MOSPANY, PATTI | 5038 | 00:55:14.00 | 11:02 | 5K60+F | 6/9 | F | 53/60 | 00:54:45.80 |
| 29/88 | NICKERSON, MANDY | 5040 | 00:31:59.53 | 06:23 | 5K40-49F | 4/14 | F | 16/60 | 00:31:51.88 |
| 24/88 | O'CONNOR, KATIE | 5041 | 00:30:41.99 | 06:08 | 5K20-29F | 3/10 | F | 13/60 | 00:30:41.37 |
| 83/88 | PAHL, NIKKI | 5042 | 00:55:24.64 | 11:04 | 5K40-49F | 14/14 | F | 55/60 | 00:54:52.55 |
| 14/88 | PAOLINI, BOBBI | 5094 | 00:28:14.74 | 05:38 | 5K40-49F | 2/14 | F | 8/60 | 00:28:00.58 |
| 15/88 | PAULGAARD, DARREN | 5043 | 00:28:42.84 | 05:44 | 5K20-29M | 2/4 | M | 7/28 | 00:28:24.04 |
| 71/88 | PAULGAARD, HOLLY | 5044 | 00:49:15.71 | 09:51 | 5K20-29F | 10/10 | F | 45/60 | 00:48:56.95 |
| 57/88 | PEDERSEN, ALLISON | 5045 | 00:39:33.02 | 07:54 | 5K30-39F | 9/12 | F | 33/60 | 00:39:23.10 |
| 7/88 | PENNEY, MATTHEW | 5046 | 00:25:31.90 | 05:06 | 5K16-19M | 1/3 | M | 2/28 | 00:25:31.09 |
| 52/88 | PENNEY, SHELDON | 5048 | 00:38:36.01 | 07:43 | 5K40-49M | 5/5 | M | 21/28 | 00:38:32.77 |
| 16/88 | PENNY, VICKI | 5025 | 00:28:44.43 | 05:44 | 5K60+M | 1/3 | M | 8/28 | 00:28:41.82 |
| 54/88 | POPE, COURTNEY | 5050 | 00:38:46.42 | 07:45 | 5K20-29F | 7/10 | F | 32/60 | 00:38:36.45 |
| 55/88 | POPE, DAVE | 5051 | 00:38:46.80 | 07:45 | 5K50-59M | 4/6 | M | 23/28 | 00:38:35.87 |
| 27/88 | POPE, JACY | 5052 | 00:31:33.11 | 06:18 | 5K20-29F | 4/10 | F | 14/60 | 00:31:32.26 |
| 43/88 | POULIN, ANNA | 5053 | 00:36:22.87 | 07:16 | 5K30-39F | 6/12 | F | 26/60 | 00:36:21.15 |
| 69/88 | PURRVEEN, DENISE | 5093 | 00:46:20.15 | 09:16 | 5K50-59F | 8/10 | F | 43/60 | 00:45:49.09 |
| 48/88 | PUURVEEN-ABMA, AILEEN | 5054 | 00:37:13.98 | 07:26 | 5K50-59F | 5/10 | F | 29/60 | 00:36:44.09 |
| 30/88 | REHAK, LILLIAN | 5056 | 00:32:01.38 | 06:24 | 5K60+F | 1/9 | F | 17/60 | 00:31:32.28 |
| 31/88 | REKERK, LEE | 5101 | 00:32:01.54 | 06:24 | 5K30-39M | 2/2 | M | 14/28 | 00:31:31.13 |
| 74/88 | ROCHER, KATHERINE | 5057 | 00:50:45.10 | 10:09 | 5K40-49F | 10/14 | F | 47/60 | 00:50:09.37 |

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Alpha Overall Results

5K Run - 3.1 Miles

88 Finishers

| O/A | Name | Bib# | Time | Pace/m | Category | Cat/PI | Gender | Gen/PI | Chip Time |
|-------|------------------------|------|-------------|--------|----------|--------|--------|--------|-------------|
| 73/88 | ROCHER, ROSEMARY | 5058 | 00:50:44.08 | 10:08 | 5K60+F | 3/9 | F | 46/60 | 00:50:09.48 |
| 4/88 | SANDOVAL, RUBI | 5059 | 00:25:23.27 | 05:04 | 5K15&UF | 2/4 | F | 3/60 | 00:25:20.68 |
| 86/88 | SAWATZKY, ESTHER | 5060 | 00:55:41.40 | 11:08 | 5K60+F | 8/9 | F | 58/60 | 00:55:14.28 |
| 33/88 | SEKURA, EMMIT | 5061 | 00:32:28.52 | 06:29 | 5K15&UM | 4/5 | M | 16/28 | 00:32:24.15 |
| 19/88 | SEKURA, ETHAN | 5062 | 00:29:43.66 | 05:56 | 5K15&UM | 1/5 | M | 10/28 | 00:29:39.39 |
| 3/88 | SEKURA, GRACYN | 5063 | 00:24:44.06 | 04:56 | 5K15&UF | 1/4 | F | 2/60 | 00:24:40.47 |
| 34/88 | SEKURA, ROXANNE | 5064 | 00:32:28.59 | 06:29 | 5K40-49F | 5/14 | F | 18/60 | 00:32:24.18 |
| 66/88 | SHAW, FINN | 5087 | 00:45:43.54 | 09:08 | 5K15&UM | 5/5 | M | 25/28 | 00:45:19.67 |
| 80/88 | SMITH, GLORIA | 5071 | 00:55:12.15 | 11:02 | 5K60+F | 5/9 | F | 52/60 | 00:54:44.27 |
| 65/88 | SMITH, QUINCY | 5066 | 00:43:06.01 | 08:37 | 5K20-29F | 9/10 | F | 41/60 | 00:42:55.92 |
| 8/88 | STARK, ADAM | 5067 | 00:25:32.11 | 05:06 | 5K16-19M | 2/3 | M | 3/28 | 00:25:30.79 |
| 44/88 | STARK, GLEN | 5068 | 00:36:30.79 | 07:18 | 5K50-59M | 2/6 | M | 18/28 | 00:36:28.41 |
| 35/88 | STUBBS, LINDSAY | 5069 | 00:32:30.11 | 06:30 | 5K30-39F | 4/12 | F | 19/60 | 00:32:18.45 |
| 9/88 | STUBBS, MICHAEL | 5070 | 00:25:57.04 | 05:11 | 5K40-49M | 1/5 | M | 4/28 | 00:25:45.64 |
| 64/88 | TINCHER, KRISTA | 5072 | 00:41:47.59 | 08:21 | 5K40-49F | 9/14 | F | 40/60 | 00:41:30.61 |
| 68/88 | VAN SCHOTHURST, GERALD | 5096 | 00:46:19.95 | 09:15 | 5K50-59M | 5/6 | M | 26/28 | 00:45:44.29 |
| 32/88 | WALKER, LAWSON | 5084 | 00:32:22.54 | 06:28 | 5K15&UM | 3/5 | M | 15/28 | 00:32:17.59 |
| 41/88 | WALKER, MAKENNA | 5085 | 00:35:59.78 | 07:11 | 5K15&UF | 4/4 | F | 25/60 | 00:35:54.22 |
| 42/88 | WALKER, WES | 5083 | 00:36:07.96 | 07:13 | 5K40-49M | 3/5 | M | 17/28 | 00:36:01.83 |
| 82/88 | WATKINS, NORISSA | 5073 | 00:55:24.61 | 11:04 | 5K40-49F | 13/14 | F | 54/60 | 00:54:51.41 |
| 10/88 | WEBB, DON | 5074 | 00:26:54.21 | 05:22 | 5K40-49M | 2/5 | M | 5/28 | 00:26:50.66 |
| 13/88 | WEBB, SARAH | 5075 | 00:28:10.61 | 05:38 | 5K30-39F | 1/12 | F | 7/60 | 00:28:07.55 |