

2021 AIMS High River 10K, 5K Overall Gender Award Results

Top 10 In Gender

5K Run - 3.1 Miles 25 Finishers

Female						19 Finishers			
Gen/PI	Name	Bib#	Time	Pace	Category	OA/PI	Cat/PI	Offset	City
1/19	ABRAMSON, DONNA	529	00:25:30.99	05:06	5K50-59F	2/25	1/9	+00:00:00	HIGH RIVER
2/19	VALGARDSON, PAIGE	526	00:31:05.41	06:13	5K20-29F	3/25	1/4	+00:05:34	HIGH RIVER
3/19	JANTZEN, COLLEEN	507	00:31:24.77	06:16	5K50-59F	4/25	2/9	+00:05:53	HIGH RIVER
4/19	MCINTOSH, ANN	528	00:31:43.47	06:20	5K50-59F	5/25	3/9	+00:06:12	HIGH RIVER
5/19	REHAK, LILLIAN	523	00:33:03.62	06:36	5K60+F	6/25	1/5	+00:07:32	HIGH RIVER
6/19	VALGARDSON, MIKAELA	525	00:34:43.62	06:56	5K20-29F	8/25	2/4	+00:09:12	HIGH RIVER
7/19	BENNETT, BERNICE	501	00:36:05.92	07:13	5K50-59F	9/25	4/9	+00:10:34	HIGH RIVER
8/19	FLANIGAN, AMANDA	506	00:37:37.62	07:31	5K20-29F	11/25	3/4	+00:12:06	CALGARY
9/19	NICKERSON, MANDY	520	00:37:37.84	07:31	5K40-49F	12/25	1/1	+00:12:06	OKOTOKS
10/19	JEONG, HEEJIN	508	00:50:41.44	10:08	5K50-59F	13/25	5/9	+00:25:10	CALGARY

Male						6 Finishers			
Gen/PI	Name	Bib#	Time	Pace	Category	OA/PI	Cat/PI	Offset	City
1/6	NIEMANS, TREYTON	521	00:20:27.66	04:05	5K16-19M	1/25	1/1	+00:00:00	HIGH RIVER
2/6	REHAK, LEE	522	00:33:04.24	06:36	5K30-39M	7/25	1/2	+00:12:36	HIGH RIVER
3/6	BENNETT, DOUG	502	00:36:06.49	07:13	5K50-59M	10/25	1/1	+00:15:39	HIGH RIVER
4/6	CAMPBELL, BRUCE	530	00:52:26.75	10:29	5K60+M	15/25	1/2	+00:31:59	HIGH RIVER
5/6	MEDD, EVAN	514	01:02:44.22	12:32	5K30-39M	21/25	2/2	+00:42:16	CALGARY
6/6	MORRISON, DOUG	518	01:08:08.57	13:37	5K60+M	25/25	2/2	+00:47:41	NANTON