

2025 AIMS High River Half, 10K, 5K

Alpha Overall Results

5K/3.11 Miles

116 Finishers

O/A	Name	Bib#	Time	Pace/k	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
38/116	ABRAMSON, DONNA	5270	27:37.408	05:31	08:52	5K60-69F	1/10	F	18/70	27:34.277
43/116	ARMOUR, KEELEY	5271	29:11.390	05:50	09:23	5K16-19F	4/4	F	20/70	29:07.337
70/116	ARMSTRONG, BRYNN	5352	36:31.190	07:18	11:44	5K15&UF	14/16	F	37/70	36:05.575
100/116	ARMSTRONG, DARIA	5373	56:43.484	11:20	18:14	5K40-49F	9/12	F	58/70	56:15.887
69/116	ARMSTRONG, LOGAN	5353	36:31.143	07:18	11:44	5K15&UM	11/12	M	33/46	36:05.385
30/116	ASSELSTINE, ANNA	5391	25:43.713	05:08	08:16	5K15&UF	9/16	F	14/70	25:42.472
75/116	BARRIAGE, JANET	5393	37:48.720	07:33	12:09	5K30-39F	6/12	F	40/70	37:36.406
37/116	BEEKMAN, LISA	5273	27:27.681	05:29	08:49	5K50-59F	1/9	F	17/70	27:21.099
97/116	BENNETT, BEV	5354	55:55.155	11:11	17:58	5K60-69F	7/10	F	56/70	55:55.155
61/116	BEWS, JACE	5374	33:52.941	06:46	10:53	5K20-29F	2/5	F	30/70	33:34.053
39/116	BOIRE, MAREK	5274	28:06.684	05:37	09:02	5K20-29M	2/6	M	21/46	28:01.267
94/116	BOURRET, LISE	5275	53:56.094	10:47	17:20	5K60-69F	5/10	F	54/70	53:44.778
23/116	BROWN, JULIANNA	5276	24:33.354	04:54	07:53	5K16-19F	3/4	F	12/70	24:31.933
114/116	BRULE, LAURA	5277	1:08:57.867	13:47	22:10	5K60-69F	10/10	F	69/70	1:08:38.541
95/116	BUSBY, CAM	5278	53:56.164	10:47	17:20	5K70+M	3/4	M	41/46	53:39.550
56/116	CARRINGTON, NATALIE	5279	32:44.200	06:32	10:31	5K50-59F	2/9	F	27/70	32:38.463
72/116	CHOW, PHYLLIS	5375	37:27.766	07:29	12:02	5K60-69F	4/10	F	39/70	37:17.589
59/116	CLAASSEN, INGRID	5280	33:02.270	06:36	10:37	5K40-49F	4/12	F	28/70	32:54.193
58/116	CLAASSEN, MAURICE	5281	33:01.942	06:36	10:37	5K50-59M	3/8	M	31/46	32:54.424
110/116	CLINANSMITH, JACLYN	5282	1:00:33.237	12:06	19:28	5K40-49F	10/12	F	65/70	1:00:19.165
108/116	COLEMAN, HANNAH	5283	59:57.120	11:59	19:16	5K20-29F	5/5	F	64/70	59:40.362
79/116	COLEMAN, JOHN	5284	39:07.258	07:49	12:34	5K50-59M	6/8	M	37/46	38:52.141
107/116	COLEMAN, LEE-ANNE	5285	59:56.621	11:59	19:16	5K50-59F	7/9	F	63/70	59:39.520
109/116	COLEMAN, SCOTT	5286	59:57.472	11:59	19:16	5K20-29M	6/6	M	45/46	59:39.559
24/116	COMFORT, COHEN	5289	25:01.689	05:00	08:02	5K16-19M	2/4	M	12/46	24:55.809
54/116	COMFORT, CONNOR	5287	31:38.108	06:19	10:10	5K30-39M	4/5	M	29/46	31:15.262
7/116	COMFORT, JUSTIN	5288	20:16.403	04:03	06:31	5K30-39M	1/5	M	5/46	20:14.795
80/116	COY, DANA	5376	39:32.828	07:54	12:42	5K50-59F	5/9	F	43/70	39:24.369
14/116	CROWELL, GORD	5355	21:43.502	04:20	06:59	5K60-69M	1/5	M	10/46	21:42.165
106/116	DEN OUDSTEN, ROSALIE	5305	59:51.191	11:58	19:14	5K60-69F	9/10	F	62/70	59:34.995
17/116	DUECK, LIANA	5290	23:30.964	04:42	07:33	5K15&UF	3/16	F	6/70	23:29.484
47/116	ELDRIDGE, MITCHEL	5377	29:24.866	05:52	09:27	5K20-29M	4/6	M	25/46	29:06.037
90/116	FEHR, LENA	5356	44:34.795	08:54	14:20	5K15&UF	16/16	F	51/70	44:14.098
91/116	FEHR, SANDY	5357	44:35.075	08:55	14:20	5K30-39F	10/12	F	52/70	44:14.374
3/116	FLORA, BEN	5378	19:07.973	03:49	06:09	5K15&UM	2/12	M	3/46	19:07.511
8/116	GILL, ALEC	5293	21:15.636	04:15	06:50	5K50-59M	1/8	M	6/46	21:13.447
22/116	GILL, LYVIA	5294	24:19.362	04:51	07:49	5K15&UF	7/16	F	11/70	24:18.243
49/116	GLOVER, KALYN	5295	30:05.952	06:01	09:40	5K20-29F	1/5	F	23/70	29:42.543
65/116	GOODWIN, DEBBIE	5296	34:36.745	06:55	11:07	5K60-69F	3/10	F	33/70	34:29.028
96/116	GOODWIN, DIANE	5297	53:58.320	10:47	17:21	5K60-69F	6/10	F	55/70	53:47.406
36/116	GRAMS, KEZIA	5298	27:13.267	05:26	08:45	5K30-39F	2/12	F	16/70	26:58.469
44/116	GUNNIP, GAIL	5379	29:14.109	05:50	09:24	5K60-69F	2/10	F	21/70	29:11.838
5/116	HALBERT, JANELLE	5358	19:59.582	03:59	06:25	5K40-49F	1/12	F	1/70	19:58.338
6/116	HALBERT, VICTORIA	5359	20:08.347	04:01	06:28	5K15&UF	1/16	F	2/70	20:07.450
116/116	HANDZIUK, LAURA	5299	1:11:49.644	14:21	23:05	5K40-49F	12/12	F	70/70	1:11:27.138
18/116	HARKER, CADRIEN	5387	23:39.613	04:43	07:36	5K16-19F	2/4	F	7/70	23:38.951
33/116	HEFFERAN, ELLIOTT	5300	26:37.900	05:19	08:33	5K15&UF	10/16	F	15/70	26:37.238
92/116	HILL, COURTNEY	5301	48:15.856	09:39	15:31	5K30-39F	11/12	F	53/70	47:54.895
12/116	HINGE, MARLEY	5360	21:34.620	04:18	06:56	5K16-19F	1/4	F	4/70	21:33.718
85/116	HYNES, JACY	5392	42:23.662	08:28	13:37	5K30-39F	8/12	F	47/70	42:03.995
48/116	JOHNSON, BLAKE	5302	29:52.030	05:58	09:36	5K20-29M	5/6	M	26/46	29:42.999
50/116	JOHNSON, BODIE	5303	30:38.577	06:07	09:51	5K15&UM	10/12	M	27/46	30:31.137
1/116	KEELER, BRIGHAM	5380	18:33.356	03:42	05:57	5K15&UM	1/12	M	1/46	18:32.736
57/116	KIRKBY, BOB	5306	32:47.202	06:33	10:32	5K70+M	1/4	M	30/46	32:34.584
31/116	KOHN, MATTHEW	5361	26:13.126	05:14	08:25	5K15&UM	8/12	M	17/46	26:12.085
21/116	KRENTZ, GRACIANA	5362	24:15.495	04:51	07:48	5K15&UF	6/16	F	10/70	24:13.626
16/116	KU, ARIEL	5308	22:37.620	04:31	07:16	5K30-39F	1/12	F	5/70	22:33.405
29/116	KUSTERMANS, PETRUS	5309	25:39.634	05:07	08:15	5K50-59M	2/8	M	16/46	25:31.354
41/116	LAWSON, SUMMER	5388	28:30.375	05:42	09:09	5K15&UF	11/16	F	19/70	28:27.711
81/116	LENZEN, BRETT	5363	40:07.492	08:01	12:54	5K30-39M	5/5	M	38/46	40:02.690
45/116	LENZEN, LASCA	5364	29:16.687	05:51	09:24	5K30-39F	3/12	F	22/70	29:11.885

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O/A	Name	Bib#	Time	Pace/k	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
32/116	LUTZ, JOSHUA	5310	26:29.720	05:17	08:31	5K30-39M	3/5	M	18/46	26:24.146
19/116	MACPHERSON, REESE	5365	24:07.926	04:49	07:45	5K15&UF	4/16	F	8/70	24:07.227
113/116	MAJCHROWSKI, JUBILEE	5366	1:05:29.720	13:05	21:03	5K40-49F	11/12	F	68/70	1:05:10.969
89/116	MCCALLUM, GERRY	5311	43:00.388	08:36	13:49	5K60-69M	3/5	M	39/46	42:47.288
74/116	MCKENNA, EIRIK	5313	37:28.493	07:29	12:02	5K15&UM	12/12	M	35/46	37:21.833
88/116	MCKENNA, JESSICA	5314	42:41.732	08:32	13:43	5K40-49F	8/12	F	50/70	42:33.021
73/116	MCKENNA, JW	5315	37:28.447	07:29	12:02	5K50-59M	5/8	M	34/46	37:19.677
87/116	MCKENNA, RUNA	5316	42:41.552	08:32	13:43	5K15&UF	15/16	F	49/70	42:33.613
2/116	MCKERNAN, KAELAN	5367	18:44.676	03:44	06:01	5K16-19M	1/4	M	2/46	18:44.276
102/116	MOHAMMED, SAMI	5317	57:08.583	11:25	18:22	5K50-59M	7/8	M	43/46	57:01.605
55/116	MOULAND, CHERISSY	5318	32:35.576	06:31	10:28	5K40-49F	3/12	F	26/70	32:28.994
20/116	MOULAND, MORGAN	5319	24:12.261	04:50	07:46	5K15&UF	5/16	F	9/70	24:10.391
13/116	MULLINGS, DWAYNE	5320	21:35.604	04:19	06:56	5K30-39M	2/5	M	9/46	21:33.595
115/116	MURRAY, MIKE	5321	1:08:59.297	13:47	22:10	5K60-69M	5/5	M	46/46	1:08:39.709
98/116	NAZNEEN, BUSHRA	5322	56:09.405	11:13	18:03	5K50-59F	6/9	F	57/70	56:01.262
40/116	NESTERENKO, DANIEL	5323	28:17.906	05:39	09:05	5K20-29M	3/6	M	22/46	28:05.408
78/116	NISBETT, TAUREA	5325	38:38.665	07:43	12:25	5K50-59F	4/9	F	42/70	38:34.163
86/116	O'CONNOR, KATIE	5394	42:23.850	08:28	13:37	5K30-39F	9/12	F	48/70	42:03.333
84/116	OLIPHANT, SAMANTHA	5326	41:42.506	08:20	13:24	5K40-49F	7/12	F	46/70	41:30.338
9/116	OLYNYK, ISLYN	5385	21:19.410	04:15	06:51	5K15&UF	2/16	F	3/70	21:19.153
52/116	PASOLLI, ALAN	5327	31:33.092	06:18	10:08	5K60-69M	2/5	M	28/46	31:28.111
62/116	PETERSON, CLAIRE	5328	34:14.621	06:50	11:00	5K15&UF	13/16	F	31/70	34:11.629
15/116	PETERSON, DAVID	5329	21:46.713	04:21	07:00	5K40-49M	1/2	M	11/46	21:44.525
34/116	PETERSON, JACK	5330	26:41.532	05:20	08:34	5K16-19M	3/4	M	19/46	26:39.063
60/116	PETERSON, JORDAN	5331	33:49.263	06:45	10:52	5K15&UF	12/16	F	29/70	33:46.475
53/116	PETERSON, LEEZA	5332	31:36.092	06:19	10:09	5K40-49F	2/12	F	25/70	31:22.994
101/116	RAPCHUK, JANIS	5333	56:43.765	11:20	18:14	5K70+F	2/2	F	59/70	56:16.237
104/116	RAY, KELLY	5334	57:29.817	11:29	18:29	5K50-59M	8/8	M	44/46	57:05.375
103/116	RAY, LINDA	5335	57:28.862	11:29	18:28	5K60-69F	8/10	F	60/70	57:08.085
105/116	RAY, MARISSA	5336	57:29.817	11:29	18:29	5K30-39F	12/12	F	61/70	57:09.888
28/116	REMPEL, CATHERINE	5337	25:14.792	05:02	08:07	5K15&UF	8/16	F	13/70	25:11.344
27/116	REMPEL, RORAN	5338	25:11.416	05:02	08:05	5K15&UM	7/12	M	15/46	25:07.196
51/116	ROBINSON, JESSICA	5369	30:55.241	06:11	09:56	5K30-39F	4/12	F	24/70	30:49.443
112/116	ROCHER, KATHERINE	5395	1:05:16.011	13:03	20:59	5K50-59F	9/9	F	67/70	1:04:41.064
35/116	ROY, JONAH	5339	27:11.602	05:26	08:44	5K20-29M	1/6	M	20/46	27:06.701
99/116	SAWATZKY, GARY	5370	56:40.975	11:20	18:13	5K70+M	4/4	M	42/46	56:15.302
42/116	SCHEIDEMAN, JACK	5340	28:56.250	05:47	09:18	5K15&UM	9/12	M	23/46	28:55.292
66/116	SCHEIDEMAN, SHELLY	5341	34:58.238	06:59	11:14	5K40-49F	5/12	F	34/70	34:52.501
83/116	SCHNEIDER, CARRIGEN	5342	41:23.499	08:16	13:18	5K20-29F	4/5	F	45/70	41:15.677
93/116	SCHUMACHER, JOHN	5304	50:41.074	10:08	16:17	5K60-69M	4/5	M	40/46	50:27.972
68/116	SHAW, TERRI	5344	35:53.527	07:10	11:32	5K30-39F	5/12	F	36/70	35:31.427
64/116	SORKILMO, ERIC	5381	34:31.337	06:54	11:06	5K50-59M	4/8	M	32/46	34:08.390
63/116	SORKILMO, LEA	5382	34:31.121	06:54	11:05	5K50-59F	3/9	F	32/70	34:08.863
71/116	STROM, CHRISTINA	5383	36:36.815	07:19	11:46	5K40-49F	6/12	F	38/70	36:32.197
46/116	STROM, LIAM	5384	29:18.047	05:51	09:25	5K16-19M	4/4	M	24/46	29:13.149
82/116	SWISTERSKI, MAHALA	5345	40:18.601	08:03	12:57	5K20-29F	3/5	F	44/70	40:10.578
10/116	SZIVA, ARCHER	5389	21:24.003	04:16	06:52	5K15&UM	4/12	M	7/46	21:23.983
111/116	THIRLWELL, MICHELLE	5371	1:03:09.213	12:37	20:18	5K50-59F	8/9	F	66/70	1:02:50.526
77/116	TOCHAMNONG, NARISARA	5386	38:29.243	07:41	12:22	5K30-39F	7/12	F	41/70	38:26.112
67/116	TOLLEY, PAMELA	5346	35:53.502	07:10	11:32	5K70+F	1/2	F	35/70	35:31.404
76/116	TOLLEY, PAUL	5347	38:23.782	07:40	12:20	5K70+M	2/4	M	36/46	38:00.514
4/116	TYNDALL, BLYTHE	5372	19:47.746	03:57	06:21	5K15&UM	3/12	M	4/46	19:47.425
25/116	VOLSTEEDT, CHARL	5349	25:08.861	05:01	08:05	5K40-49M	2/2	M	13/46	25:05.474
26/116	VOLSTEEDT, JOHAN	5350	25:08.980	05:01	08:05	5K15&UM	6/12	M	14/46	25:05.892
11/116	WONDERHAM, MARC	5390	21:30.260	04:18	06:54	5K15&UM	5/12	M	8/46	21:29.799