

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Category Award Results

TOP 3 In Category

5K/3.11 Miles

116 Finishers

5K15&UF (Female) - 16 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/16	HALBERT, VICTORIA	5359	20:08.347	04:01	06:28	+00:00:00	6/116	2/70	FOOTHILLS
2/16	OLYNYK, ISLYN	5385	21:19.410	04:15	06:51	+00:01:11	9/116	3/70	OKOTOKS
3/16	DUECK, LIANA	5290	23:30.964	04:42	07:33	+00:03:22	17/116	6/70	FOOTHILLS

5K15&UM (Male) - 12 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/12	KEELER, BRIGHAM	5380	18:33.356	03:42	05:57	+00:00:00	1/116	1/46	OKOTOKS
2/12	FLORA, BEN	5378	19:07.973	03:49	06:09	+00:00:34	3/116	3/46	OKOTOKS
3/12	TYNDALL, BLYTHE	5372	19:47.746	03:57	06:21	+00:01:14	4/116	4/46	CALGARY

5K16-19F (Female) - 4 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/4	HINGE, MARLEY	5360	21:34.620	04:18	06:56	+00:00:00	12/116	4/70	OKOTOKS
2/4	HARKER, CADRIEN	5387	23:39.613	04:43	07:36	+00:02:04	18/116	7/70	HIGH RIVER
3/4	BROWN, JULIANNA	5276	24:33.354	04:54	07:53	+00:02:58	23/116	12/70	OKOTOKS

5K16-19M (Male) - 4 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/4	MCKERNAN, KAELAN	5367	18:44.676	03:44	06:01	+00:00:00	2/116	2/46	OKOTOKS
2/4	COMFORT, COHEN	5289	25:01.689	05:00	08:02	+00:06:17	24/116	12/46	FOOTHILLS
3/4	PETERSON, JACK	5330	26:41.532	05:20	08:34	+00:07:56	34/116	19/46	CALGARY

5K20-29F (Female) - 5 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/5	GLOVER, KALYN	5295	30:05.952	06:01	09:40	+00:00:00	49/116	23/70	NANTON
2/5	BEWS, JACE	5374	33:52.941	06:46	10:53	+00:03:46	61/116	30/70	LONGVIEW
3/5	SWISTERSKI, MAHALA	5345	40:18.601	08:03	12:57	+00:10:12	82/116	44/70	EDMONTON

5K20-29M (Male) - 6 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/6	ROY, JONAH	5339	27:11.602	05:26	08:44	+00:00:00	35/116	20/46	HIGH RIVER
2/6	BOIRE, MAREK	5274	28:06.684	05:37	09:02	+00:00:55	39/116	21/46	OKOTOKS
3/6	NESTERENKO, DANIEL	5323	28:17.906	05:39	09:05	+00:01:06	40/116	22/46	ROCKY VIEW COUNTY

5K30-39F (Female) - 12 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/12	KU, ARIEL	5308	22:37.620	04:31	07:16	+00:00:00	16/116	5/70	CALGARY
2/12	GRAMS, KEZIA	5298	27:13.267	05:26	08:45	+00:04:35	36/116	16/70	OKOTOKS
3/12	LENZEN, LASCA	5364	29:16.687	05:51	09:24	+00:06:39	45/116	22/70	CALGARY

5K30-39M (Male) - 5 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/5	COMFORT, JUSTIN	5288	20:16.403	04:03	06:31	+00:00:00	7/116	5/46	FOOTHILLS
2/5	MULLINGS, DWAYNE	5320	21:35.604	04:19	06:56	+00:01:19	13/116	9/46	CALGARY
3/5	LUTZ, JOSHUA	5310	26:29.720	05:17	08:31	+00:06:13	32/116	18/46	OKOTOKS

5K40-49F (Female) - 12 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/12	HALBERT, JANELLE	5358	19:59.582	03:59	06:25	+00:00:00	5/116	1/70	FOOTHILLS
2/12	PETERSON, LEEZA	5332	31:36.092	06:19	10:09	+00:11:36	53/116	25/70	CALGARY
3/12	MOULAND, CRISSY	5318	32:35.576	06:31	10:28	+00:12:35	55/116	26/70	OKOTOKS

5K40-49M (Male) - 2 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/2	PETERSON, DAVID	5329	21:46.713	04:21	07:00	+00:00:00	15/116	11/46	CALGARY
2/2	VOLSTEEDT, CHARL	5349	25:08.861	05:01	08:05	+00:03:22	25/116	13/46	OKOTOKS

5K50-59F (Female) - 9 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/9	BEEKMAN, LISA	5273	27:27.681	05:29	08:49	+00:00:00	37/116	17/70	STRATHMORE
2/9	CARRINGTON, NATALIE	5279	32:44.200	06:32	10:31	+00:05:16	56/116	27/70	BRAGG CREEK
3/9	SORKILMO, LEA	5382	34:31.121	06:54	11:05	+00:07:03	63/116	32/70	HIGH RIVER

5K50-59M (Male) - 8 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/8	GILL, ALEC	5293	21:15.636	04:15	06:50	+00:00:00	8/116	6/46	OKOTOKS
2/8	KUSTERMANS, PETRUS	5309	25:39.634	05:07	08:15	+00:04:23	29/116	16/46	OKOTOKS
3/8	CLAASSEN, MAURICE	5281	33:01.942	06:36	10:37	+00:11:46	58/116	31/46	WOUW

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Category Award Results

TOP 3 In Category

5K/3.11 Miles

116 Finishers

5K60-69F (Female) - 10 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/10	ABRAMSON, DONNA	5270	27:37.408	05:31	08:52	+00:00:00	38/116	18/70	HIGH RIVER
2/10	GUNNIP, GAIL	5379	29:14.109	05:50	09:24	+00:01:36	44/116	21/70	CALGARY
3/10	GOODWIN, DEBBIE	5296	34:36.745	06:55	11:07	+00:06:59	65/116	33/70	STRATHMORE

5K60-69M (Male) - 5 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/5	CROWELL, GORD	5355	21:43.502	04:20	06:59	+00:00:00	14/116	10/46	OKOTOKS
2/5	PASOLLI, ALAN	5327	31:33.092	06:18	10:08	+00:09:49	52/116	28/46	HIGH RIVER
3/5	MCCALLUM, GERRY	5311	43:00.388	08:36	13:49	+00:21:16	89/116	39/46	HIGH RIVER

5K70+F (Female) - 2 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/2	TOLLEY, PAMELA	5346	35:53.502	07:10	11:32	+00:00:00	67/116	35/70	CALGARY
2/2	RAPCHUK, JANIS	5333	56:43.765	11:20	18:14	+00:20:50	101/116	59/70	CALGARY

5K70+M (Male) - 4 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/4	KIRKBY, BOB	5306	32:47.202	06:33	10:32	+00:00:00	57/116	30/46	ROCKY VIEW COUNTY
2/4	TOLLEY, PAUL	5347	38:23.782	07:40	12:20	+00:05:36	76/116	36/46	CALGARY
3/4	BUSBY, CAM	5278	53:56.164	10:47	17:20	+00:21:08	95/116	41/46	CALGARY