

Alpha Overall Results

10K Run - 6.21 Miles

562 Finishers

O/A	Name	Bib#	Time	Pace/K	Category	Cat/PI	Gender	Gen/PI	Chip Time
389/562	ADAMSON, CARLA	176	01:01:20.15	06:08	F5559	15/26	F	171/300	01:01:06.25
160/562	ADAMSON, LARRY	95	00:49:15.45	04:55	M5559	9/25	M	113/262	00:49:01.80
84/562	ADAMSON, LAUREN	79	00:44:52.35	04:29	F2529	5/48	F	19/300	00:44:50.75
517/562	AIELLO, ROBERT	214	01:12:38.55	07:15	M6064	17/20	M	248/262	01:12:08.20
220/562	ALBRECHT, BRENT	131	00:52:36.85	05:15	M3034	25/39	M	145/262	00:52:29.80
163/562	ALBRECHT, KELLY	132	00:49:19.85	04:55	F3034	6/63	F	49/300	00:49:12.30
265/562	ALLAN, ASHILY	459	00:54:53.00	05:29	F3034	22/63	F	100/300	00:54:50.85
51/562	ALLAN, TOBY	50	00:42:14.90	04:13	M3539	9/33	M	40/262	00:42:13.15
309/562	ALTWASSER, DIANE	468	00:56:49.65	05:40	F5559	7/26	F	127/300	00:56:39.45
228/562	ANDERSEN, KRISTINE	434	00:53:06.70	05:18	F4549	4/22	F	81/300	00:53:01.45
513/562	ANDERSON, RICHARD	384	01:12:18.00	07:13	M6599	6/8	M	247/262	01:11:53.55
524/562	ANDERSON, WENDY	385	01:14:37.50	07:27	F5559	23/26	F	273/300	01:14:14.25
403/562	ANDIE, JOHAN	441	01:02:10.95	06:13	M3539	27/33	M	221/262	01:02:00.00
499/562	ANSELL, AMY	483	01:10:51.75	07:05	F2529	44/48	F	255/300	01:10:44.60
299/562	ANTHONY, TYLER	594	00:56:11.45	05:37	M2024	10/11	M	179/262	00:55:36.05
169/562	ARMSTRONG, MEGHAN	57	00:49:28.60	04:56	F3034	8/63	F	53/300	00:49:22.45
357/562	AYCOCK, ERIN	461	00:59:48.30	05:58	F3034	34/63	F	152/300	00:59:26.90
150/562	BAIRD, PHILLIP	177	00:48:38.55	04:51	M3034	20/39	M	107/262	00:48:23.25
535/562	BAKER, TARA	556	01:17:28.65	07:44	F3034	62/63	F	282/300	01:16:53.40
352/562	BALL, DANIELLE	587	00:59:37.90	05:57	F2529	33/48	F	148/300	00:59:23.90
332/562	BARNETT, GILLIAN	212	00:58:29.10	05:50	F3034	30/63	F	138/300	00:58:15.85
502/562	BAYZAE, PARTOW	367	01:11:11.95	07:07	F4044	26/34	F	257/300	01:10:43.95
30/562	BECK, DAN	608	00:40:10.70	04:01	M3034	4/39	M	25/262	00:40:08.25
549/562	BECK, SHELAGH	463	01:22:09.40	08:12	F3539	40/41	F	292/300	01:21:36.70
99/562	BELIX, TASHA	482	00:45:34.60	04:33	F4044	3/34	F	22/300	00:45:30.80
167/562	BELZIUK, JEFF	127	00:49:27.55	04:56	M3539	17/33	M	116/262	00:49:20.65
519/562	BENNET, LOUISE	328	01:12:44.60	07:16	F5054	26/27	F	270/300	01:12:34.75
409/562	BERGERMAN, LISA	375	01:02:35.90	06:15	F3034	40/63	F	185/300	01:02:18.35
518/562	BERNBAUM, HARVEY	259	01:12:42.95	07:16	M6599	7/8	M	249/262	01:12:37.50
431/562	BEST, ASHLEY	141	01:04:28.55	06:26	F2529	38/48	F	203/300	01:04:28.55
473/562	BLAKELY, JESSICA	284	01:09:05.05	06:54	F3034	47/63	F	236/300	01:08:40.75
212/562	BOUGIE, ANDRE	190	00:52:04.35	05:12	M2024	9/11	M	143/262	00:51:55.30
278/562	BOWEN, MAGGIE	119	00:55:22.85	05:32	F4549	7/22	F	107/300	00:55:10.10
344/562	BOWEN, RICK	120	00:59:11.75	05:55	M6064	9/20	M	200/262	00:58:59.60
423/562	BRACHO, ROSANA	30	01:03:47.25	06:22	F4044	20/34	F	197/300	01:03:47.25
411/562	BRADLEY, JAY	329	01:02:39.40	06:15	M6599	2/8	M	225/262	01:02:16.60
146/562	BRANDT, JUANITA	170	00:48:13.70	04:49	F3539	10/41	F	42/300	00:48:08.65
216/562	BREBBER, WILLIAM	138	00:52:22.95	05:14	M6064	6/20	M	144/262	00:52:05.75
514/562	BROOK, NEROLI	90	01:12:23.55	07:14	F6599	2/3	F	267/300	01:12:00.20
195/562	BROWN, CHRIS	500	00:51:21.75	05:08	M2529	26/42	M	134/262	00:50:49.10
305/562	BROWN, JAMIE	219	00:56:40.30	05:40	M3539	23/33	M	182/262	00:56:14.85
419/562	BROWN, RENA	218	01:02:58.85	06:17	F3539	29/41	F	194/300	01:02:33.35
114/562	BROWN, VANESSA	494	00:46:35.90	04:39	F2024	1/18	F	29/300	00:46:31.05
193/562	BROWNE, VICTORIA	413	00:51:11.55	05:07	F2024	4/18	F	61/300	00:50:50.70
259/562	BROWNIE, BETH	94	00:54:45.50	05:28	F3539	15/41	F	97/300	00:54:38.75
64/562	BROWNIE, GILLON	93	00:43:09.80	04:18	M4044	6/26	M	50/262	00:43:03.70
24/562	BUER, GREGER	633	00:39:47.30	03:58	M2529	3/42	M	20/262	00:39:44.45
503/562	BUIE, ALISON	78	01:11:21.95	07:08	F4549	19/22	F	258/300	01:11:12.30
176/562	BURNS, SCOTT	637	00:49:52.65	04:59	M5054	11/24	M	121/262	00:49:44.70
508/562	BURT, SOFIA	591	01:11:33.35	07:09	F3034	57/63	F	263/300	01:11:21.00
410/562	BUTTON, CARA	640	01:02:38.75	06:15	F5054	16/27	F	186/300	01:02:33.60
325/562	CABAJ, NICOLE	228	00:57:50.75	05:47	F3539	22/41	F	135/300	00:57:33.55
374/562	CAMPBELL, WENDY	611	01:00:25.00	06:02	F5559	12/26	F	162/300	01:00:06.85
390/562	CANTRUP, HEIKE	539	01:01:23.95	06:08	F4044	16/34	F	172/300	01:01:12.60
186/562	CARLSON, MARK	507	00:50:22.15	05:02	M5054	13/24	M	128/262	00:50:14.60
104/562	CARRICK, ADRIAN	43	00:45:44.45	04:34	M3539	16/33	M	79/262	00:45:36.40
495/562	CARRICK, CHELSEY	42	01:10:34.30	07:03	F3034	55/63	F	252/300	01:10:08.05

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O/A	Name	Bib#	Time	Pace/K	Category	Cat/PI	Gender	Gen/PI	Chip Time
125/562	CASHIN, JOHN	17	00:47:05.00	04:42	M6064	3/20	M	94/262	00:46:58.25
53/562	CASHION, MICHAEL	107	00:42:29.95	04:14	M2529	6/42	M	42/262	00:42:27.25
464/562	CASSIE, BRIAN	312	01:07:31.90	06:45	M5054	21/24	M	237/262	01:06:58.20
401/562	CASSIE, JANET	311	01:02:03.40	06:12	F4549	11/22	F	182/300	01:01:29.45
85/562	CAULFIELD, THOMAS	560	00:44:54.80	04:29	M3539	13/33	M	66/262	00:44:50.50
56/562	CHAMBERS, RYAN	295	00:42:39.60	04:15	M2529	7/42	M	44/262	00:42:34.90
485/562	CHAN, EUGENE	206	01:09:58.85	06:59	M3034	38/39	M	239/262	01:09:32.70
247/562	CHAN, JENNY	160	00:54:18.45	05:25	F4549	5/22	F	88/300	00:54:04.80
26/562	CHANDLER, HARRY	524	00:39:52.60	03:59	M2529	4/42	M	22/262	00:39:46.85
241/562	CHAO, ELISABETH	281	00:53:58.70	05:23	F4044	8/34	F	86/300	00:53:42.35
239/562	CHAO, ERIC	282	00:53:54.90	05:23	M4044	15/26	M	154/262	00:53:38.70
469/562	CHOU, DEBBIE	240	01:08:26.30	06:50	F4044	24/34	F	232/300	01:08:14.15
540/562	CHRIASTY, WARREN	448	01:19:40.35	07:58	M6064	19/20	M	255/262	01:19:07.30
562/562	CHRISTIA, MAGALY	644	02:05:59.60	12:35	F5559	26/26	F	300/300	02:05:33.45
432/562	CHRISTOPHER, EVAN	142	01:04:29.25	06:26	M3034	36/39	M	229/262	01:03:51.00
414/562	CISSELL-DANA, PAMELA	485	01:02:42.65	06:16	F3539	28/41	F	189/300	01:02:08.50
79/562	CLAPPERTON, FORD	466	00:44:36.90	04:27	M1519	1/6	M	63/262	00:44:29.05
362/562	CLARK, JAMIE	168	00:59:59.60	05:59	M6064	10/20	M	207/262	00:59:39.75
324/562	CLARK, KEVIN	169	00:57:41.35	05:46	M3034	33/39	M	190/262	00:57:31.40
317/562	CLARKE, PAUL	221	00:57:06.55	05:42	M3034	31/39	M	187/262	00:56:41.35
161/562	CLARKE, ROBERT	53	00:49:15.85	04:55	M2529	22/42	M	114/262	00:49:11.55
225/562	CLARKE, STEPANIE	651	00:52:56.00	05:17	F2024	8/18	F	80/300	00:52:53.25
77/562	CLARKSON, BOB	108	00:44:27.35	04:26	M5054	4/24	M	61/262	00:44:23.25
116/562	CLAYTON, ROB	162	00:46:37.75	04:39	M5054	8/24	M	87/262	00:46:23.20
314/562	CLOWSER, CHRISTINE	253	00:56:58.20	05:41	F3034	27/63	F	130/300	00:56:50.60
158/562	COHOS, STEPHEN	649	00:49:09.40	04:54	M2529	21/42	M	111/262	00:49:07.70
354/562	COLE, CATHY	24	00:59:40.65	05:58	F5559	9/26	F	150/300	00:59:30.45
426/562	COLE, MARTY	23	01:04:05.45	06:24	M5559	24/25	M	227/262	01:03:51.55
63/562	COLE, VINCE	38	00:43:01.75	04:18	M6064	1/20	M	49/262	00:42:58.50
75/562	COLEMAN, MARK	47	00:44:23.80	04:26	M4044	7/26	M	59/262	00:44:18.90
126/562	COONAN, MEGAN	344	00:47:05.10	04:42	F2529	9/48	F	32/300	00:46:27.35
29/562	CORMIER, RYAN	243	00:40:09.00	04:00	M2024	4/11	M	24/262	00:40:08.15
385/562	CORRIGAN, ROBERT	197	01:00:59.75	06:05	M6064	11/20	M	218/262	01:00:44.95
181/562	CORRIGAN, SEAN	198	00:50:08.95	05:00	M2024	8/11	M	125/262	00:49:54.70
336/562	COSTELLO, ALEXANDRA	498	00:58:37.85	05:51	F3034	32/63	F	142/300	00:58:12.70
243/562	COSTELLO, JAMES	646	00:54:01.25	05:24	M3034	26/39	M	156/262	00:53:53.30
179/562	COUSINEAU, CHRIS	527	00:50:06.20	05:00	M3539	18/33	M	124/262	00:49:46.35
112/562	CRANE-HANNA, TANIA	546	00:46:29.20	04:38	F5054	2/27	F	28/300	00:46:22.85
368/562	CRAWFORD, KRISTA	245	01:00:14.70	06:01	F2529	35/48	F	159/300	00:59:46.15
394/562	CROMBIE, MARIN	479	01:01:36.75	06:09	F3539	26/41	F	175/300	01:01:14.70
526/562	CROOKES, ALEX	82	01:15:13.05	07:31	F2529	45/48	F	275/300	01:14:55.90
110/562	CRUICKSHANK, DOUG	122	00:46:24.75	04:38	M5559	6/25	M	83/262	00:46:21.75
93/562	CRUTTENDEN, PETER	244	00:45:19.30	04:31	M5559	4/25	M	72/262	00:45:07.25
13/562	CUMMING, DAVID	111	00:37:35.65	03:45	M3034	3/39	M	13/262	00:37:32.85
8/562	CUMMINGS, TRAVIS	404	00:37:16.30	03:43	M3034	2/39	M	8/262	00:37:15.95
250/562	CUNES, JILL	288	00:54:23.45	05:26	F3034	19/63	F	90/300	00:54:09.10
263/562	CUNNINGHAM, JENNA	173	00:54:48.30	05:28	F2529	22/48	F	99/300	00:54:35.10
89/562	CURR-MYSCHUK, CHRISTINA	181	00:45:01.55	04:30	F4044	2/34	F	20/300	00:44:46.60
170/562	DANESH, DANON	523	00:49:35.60	04:57	M3034	21/39	M	117/262	00:49:14.25
448/562	DE BOON, KRISTY	279	01:06:18.15	06:37	F3034	43/63	F	216/300	01:05:39.90
124/562	DE BOON, STEVE	343	00:47:04.70	04:42	M3034	15/39	M	93/262	00:46:26.75
321/562	DEBOON, CARRIE	297	00:57:28.20	05:44	F3539	21/41	F	133/300	00:57:25.55
43/562	DELCOURT, GREGG	562	00:41:23.05	04:08	M4549	5/27	M	35/262	00:41:23.00
382/562	DELEAU, DEREK	319	01:00:53.15	06:05	M3539	26/33	M	217/262	01:00:27.05
45/562	DELONG, TERRY	559	00:41:31.10	04:09	M4549	6/27	M	36/262	00:41:27.50
12/562	DENISON, JOSH	629	00:37:27.45	03:44	M2024	3/11	M	12/262	00:37:27.30
363/562	DETENTION, JESSICA	620	01:00:05.00	06:00	F3034	36/63	F	156/300	00:59:42.60

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O/A	Name	Bib#	Time	Pace/K	Category	Cat/PI	Gender	Gen/PI	Chip Time
61/562	DIEHL, NAOMI	33	00:42:53.85	04:17	F3034	4/63	F	14/300	00:42:48.95
221/562	DIELISSEN, ANDREA	114	00:52:37.75	05:15	F2024	7/18	F	76/300	00:52:26.60
197/562	DIEP, HUNG	126	00:51:24.05	05:08	M3034	24/39	M	135/262	00:51:17.60
544/562	DINARDO, HANNAH	299	01:21:20.05	08:08	F2529	47/48	F	288/300	01:20:49.40
293/562	DIODATI, KEVIN	501	00:56:01.10	05:36	M3034	28/39	M	177/262	00:55:34.15
245/562	DIQUINZIO, LINO	225	00:54:07.70	05:24	M3539	21/33	M	158/262	00:54:00.25
128/562	DISIGLIO, STEPHANIE	167	00:47:08.50	04:42	F4549	3/22	F	34/300	00:46:48.55
330/562	DIXON, EVAN	58	00:58:22.05	05:50	M3539	25/33	M	193/262	00:58:05.20
142/562	DIXON, REMA	59	00:48:05.40	04:48	F3539	9/41	F	40/300	00:47:59.75
532/562	DONALDSON, DAVID	275	01:16:01.20	07:36	M5054	23/24	M	253/262	01:15:34.15
248/562	DOUGLAS, BLAIR	636	00:54:19.20	05:25	M5054	14/24	M	160/262	00:54:18.60
452/562	DOUGLAS, FAY	188	01:06:38.00	06:39	F6064	7/11	F	219/300	01:06:27.50
400/562	DUCKETT, LINDSEY	52	01:02:02.90	06:12	F2024	11/18	F	181/300	01:01:58.15
312/562	DUERR, CARLY	201	00:56:57.50	05:41	F3034	26/63	F	129/300	00:56:43.55
497/562	DUNCAN, EMILY	440	01:10:38.80	07:03	F3034	56/63	F	253/300	01:10:30.10
302/562	DUNCAN, SEAN	48	00:56:23.85	05:38	M3034	29/39	M	180/262	00:56:14.90
553/562	DUNHAM, CONNIE	159	01:26:47.35	08:40	F5054	27/27	F	296/300	01:26:16.65
310/562	DURING, SALLY	414	00:56:55.50	05:41	F5054	10/27	F	128/300	00:56:47.25
46/562	DUTTON, TIM	412	00:41:47.90	04:10	M4549	7/27	M	37/262	00:41:45.95
11/562	DWYER, MARK	632	00:37:26.40	03:44	M3539	5/33	M	11/262	00:37:26.35
31/562	DYCK, DAVID	653	00:40:13.90	04:01	M3539	8/33	M	26/262	00:40:11.05
32/562	DYMENT, GEOFF	195	00:40:18.10	04:01	M4044	2/26	M	27/262	00:40:16.50
108/562	EKSTEEN, BERTUS	316	00:46:05.15	04:36	M4044	10/26	M	82/262	00:46:03.55
289/562	ELDER, JENNIFER	324	00:55:49.60	05:34	F1519	4/5	F	115/300	00:55:37.90
69/562	ELEKES, CONNOR	573	00:43:54.75	04:23	M2529	10/42	M	55/262	00:43:48.60
294/562	EMSLIE, COURTENAY	639	00:56:04.90	05:36	F3539	18/41	F	117/300	00:55:53.95
268/562	ENGSTROM, CAROL	454	00:54:58.65	05:29	F4044	10/34	F	102/300	00:54:37.00
280/562	EVERETT, JAMES	265	00:55:25.85	05:32	M4549	16/27	M	172/262	00:55:20.85
174/562	EVERETT, NOAH	264	00:49:46.10	04:58	M1519	3/6	M	119/262	00:49:41.75
101/562	EVERETT, RUTH	3	00:45:42.20	04:34	F4549	1/22	F	24/300	00:45:38.65
180/562	FAHEY, BECCA	180	00:50:07.15	05:00	F4044	6/34	F	56/300	00:49:42.00
512/562	FARR, ROBIN	533	01:12:16.55	07:13	F4044	29/34	F	266/300	01:11:39.40
301/562	FEFCHAK, KIRSTEN	628	00:56:13.90	05:37	F2529	30/48	F	122/300	00:55:45.25
550/562	FEHRMANN, JENNIFER	462	01:22:09.60	08:12	F3539	41/41	F	293/300	01:21:37.60
191/562	FENTIE, LOGAN	211	00:50:42.50	05:04	M2529	25/42	M	132/262	00:50:21.45
358/562	FERGUSON, ERIN	427	00:59:48.30	05:58	F3034	35/63	F	153/300	00:59:27.00
80/562	FINNINGLEY, MARK	400	00:44:42.90	04:28	M3034	13/39	M	64/262	00:44:40.20
328/562	FITZPATRICK, MICHAEL	491	00:58:15.45	05:49	M6064	8/20	M	192/262	00:57:58.10
226/562	FLATTERS, JOHN	631	00:52:57.55	05:17	M2529	28/42	M	146/262	00:49:23.75
65/562	FLORES, MAURICIO	643	00:43:36.10	04:21	M2529	9/42	M	51/262	00:43:33.40
148/562	FLYNN, ETHAN	563	00:48:25.60	04:50	M4549	9/27	M	105/262	00:48:22.00
489/562	FORD, DAVID	21	01:10:14.55	07:01	M2529	40/42	M	241/262	01:09:40.10
493/562	FRANCIS, RENEE	532	01:10:30.50	07:03	F3034	53/63	F	250/300	01:09:53.15
260/562	FREDERICK, RENE	290	00:54:47.40	05:28	M5559	18/25	M	163/262	00:54:34.20
477/562	FRIESEN, NATASHA	302	01:09:29.00	06:56	F3034	49/63	F	239/300	01:09:00.85
115/562	GAGNIERE, MARC-ANDRE	495	00:46:36.15	04:39	M3034	14/39	M	86/262	00:46:30.40
415/562	GANDASUBRATA, JADE	239	01:02:46.95	06:16	F5054	17/27	F	190/300	01:02:34.65
282/562	GAUTHIER, MADDIE	104	00:55:27.75	05:32	F2529	27/48	F	109/300	00:55:11.25
468/562	GERVAIS, LORI	289	01:08:18.20	06:49	F5559	21/26	F	231/300	01:07:57.60
384/562	GIBSON, LAURIE	609	01:00:57.65	06:05	F5559	13/26	F	167/300	01:00:38.30
500/562	GIRARD, KYLE	223	01:10:56.65	07:05	M3539	31/33	M	245/262	01:10:31.30
196/562	GIRGULIS, JILL	416	00:51:23.45	05:08	F1519	3/5	F	62/300	00:51:23.45
50/562	GIRGULIS, KATIE	87	00:42:10.85	04:13	F1519	2/5	F	11/300	00:42:08.10
311/562	GIRGULIS, SAM	415	00:56:55.50	05:41	M5054	18/24	M	183/262	00:56:47.60
262/562	GIUFFRE, ANTHONY	28	00:54:47.95	05:28	M4044	17/26	M	164/262	00:54:34.20
261/562	GIUFFRE, BRITT	27	00:54:47.75	05:28	F3539	16/41	F	98/300	00:54:34.60
481/562	GLAZERMAN, ALEX	303	01:09:31.20	06:57	F3034	51/63	F	243/300	01:09:02.45

Alpha Overall Results

10K Run - 6.21 Miles

562 Finishers

O/A	Name	Bib#	Time	Pace/K	Category	Cat/PI	Gender	Gen/PI	Chip Time
141/562	GODFREY, MICHAEL	7	00:47:56.95	04:47	M5559	8/25	M	102/262	00:47:54.45
183/562	GOLKO, ERIN	348	00:50:14.90	05:01	F3034	11/63	F	57/300	00:50:03.40
334/562	GORODETSKY, HEATHER	618	00:58:36.75	05:51	F4044	12/34	F	140/300	00:58:07.90
475/562	GOULD, CHELSEA	571	01:09:14.80	06:55	F3034	48/63	F	237/300	01:08:41.10
482/562	GRABOWSKA, KIRSTEN	480	01:09:32.75	06:57	F3539	35/41	F	244/300	01:09:10.60
559/562	GRAHAM, GERRY	337	01:31:14.40	09:07	M4549	27/27	M	261/262	01:30:55.50
316/562	GRAMSON, LAWRENCE	555	00:57:03.75	05:42	M2529	34/42	M	186/262	00:56:39.70
313/562	GRANT, MATT	202	00:56:58.10	05:41	M3034	30/39	M	184/262	00:56:43.85
498/562	GRAY, CHERI	193	01:10:41.15	07:04	F4549	18/22	F	254/300	01:10:06.90
40/562	GRECH, EDDIE	579	00:41:15.20	04:07	M3034	7/39	M	33/262	00:41:11.10
307/562	GREEN, JOANNE	134	00:56:48.35	05:40	F5054	9/27	F	125/300	00:56:33.80
188/562	GREEN, MICHAEL	135	00:50:27.10	05:02	M2529	24/42	M	130/262	00:50:12.95
98/562	GREY, MARTY	432	00:45:32.95	04:33	M2529	14/42	M	77/262	00:45:16.80
288/562	GROSCH, PHIL	269	00:55:44.90	05:34	M5054	16/24	M	174/262	00:55:17.95
433/562	GUICHON, MEL	417	01:04:33.20	06:27	F2529	39/48	F	204/300	01:04:15.90
422/562	GUNDERSON, AMY	567	01:03:42.60	06:22	F2529	36/48	F	196/300	01:03:35.05
135/562	GUNN, JONATHAN	395	00:47:45.85	04:46	M2529	17/42	M	100/262	00:47:26.15
251/562	GUNN, MATT	519	00:54:26.30	05:26	M2529	31/42	M	161/262	00:54:06.85
28/562	GUSS, TIM	235	00:40:07.45	04:00	M5054	2/24	M	23/262	00:40:06.65
4/562	HAAGER, SEBASTIAN	656	00:35:24.05	03:32	M3034	1/39	M	4/262	00:35:23.25
369/562	HAN, ALFRED	377	01:00:16.25	06:01	M4044	22/26	M	210/262	00:59:56.80
381/562	HAN, MIKE	355	01:00:52.85	06:05	M4044	25/26	M	216/262	01:00:33.10
483/562	HAN, PAMELA	376	01:09:49.20	06:58	F4044	25/34	F	245/300	01:09:29.85
510/562	HAN, SUE	356	01:11:36.00	07:09	F4044	28/34	F	265/300	01:11:16.95
555/562	HANLEY, JAMES	444	01:29:47.50	08:58	M6064	20/20	M	258/262	01:29:18.20
306/562	HANNAM, JORDAN	576	00:56:44.25	05:40	F2024	10/18	F	124/300	00:56:44.25
16/562	HANSEN, DANA	112	00:38:30.70	03:51	F3539	1/41	F	2/300	00:38:29.35
257/562	HAVERSTOCK, HONOR	619	00:54:40.00	05:28	F5559	4/26	F	95/300	00:54:34.80
224/562	HAWLEY, LORNA	213	00:52:50.45	05:17	F6064	2/11	F	79/300	00:52:37.25
70/562	HENRY, SHANNON	11	00:43:55.25	04:23	F4044	1/34	F	15/300	00:43:50.65
281/562	HILDEBRANDT, DALE	317	00:55:27.70	05:32	M5559	21/25	M	173/262	00:55:15.95
360/562	HINTON, DAREN	360	00:59:50.25	05:59	M4549	21/27	M	206/262	00:59:35.00
71/562	HIRD, ANNIE	314	00:44:10.75	04:25	F3539	5/41	F	16/300	00:44:07.20
560/562	HO-CHUNG-QUI, TINA	336	01:31:14.60	09:07	F4044	34/34	F	299/300	01:30:56.50
274/562	HOANG, KHANH TUE	492	00:55:12.10	05:31	F2529	25/48	F	105/300	00:55:05.85
1/562	HOFBAUER, TREVOR	634	00:32:09.95	03:13	M2024	1/11	M	1/262	00:32:09.90
48/562	HOLCEK, ADRIANA	437	00:42:04.75	04:12	F1519	1/5	F	10/300	00:42:04.00
298/562	HOLTBY, JENNIFER	549	00:56:10.35	05:37	F3034	25/63	F	120/300	00:55:50.70
187/562	HOLTBY, KELLY	511	00:50:23.15	05:02	M3539	20/33	M	129/262	00:50:20.45
5/562	HOOPER, CHRIS	62	00:36:32.45	03:39	M3539	2/33	M	5/262	00:36:31.60
399/562	HOOPER, IONE	183	01:02:01.05	06:12	F6064	5/11	F	180/300	01:01:53.90
151/562	HOOPER, JANICE	61	00:48:52.80	04:53	F3539	11/41	F	44/300	00:48:46.25
172/562	HOOPER, RICHARD	185	00:49:40.05	04:58	M6064	4/20	M	118/262	00:49:38.15
283/562	HOPKIN, LOUISE	361	00:55:28.65	05:32	F4044	11/34	F	110/300	00:55:21.05
531/562	HOPWOOD-JONES, DEBBIE	476	01:15:38.75	07:33	F5559	24/26	F	279/300	01:15:06.95
54/562	HOUSTON, CHAD	457	00:42:34.45	04:15	M3034	9/39	M	43/262	00:42:32.30
223/562	HOWARD, SHARLA	481	00:52:45.25	05:16	F4044	7/34	F	78/300	00:52:24.15
375/562	HOWARTH, CARMEN	486	01:00:29.90	06:02	F3539	23/41	F	163/300	00:59:59.65
539/562	HOWLAND, MURRAY	146	01:18:26.10	07:50	M6064	18/20	M	254/262	01:17:48.25
3/562	HUANG, GEORGE	570	00:34:43.35	03:28	M2024	2/11	M	3/262	00:34:40.35
249/562	HUGHSON, LEAH	109	00:54:20.70	05:26	F3034	18/63	F	89/300	00:54:05.35
286/562	HUNT, LAURA	229	00:55:39.00	05:33	F5559	5/26	F	113/300	00:55:29.20
229/562	HUNT, SAM	593	00:53:07.05	05:18	F2529	21/48	F	82/300	00:53:00.30
424/562	HUNT, SHELBY	585	01:03:47.85	06:22	F2024	13/18	F	198/300	01:03:16.00
416/562	HUNTER, DAWN	194	01:02:47.85	06:16	F4549	12/22	F	191/300	01:02:13.00
515/562	HUSACK, JACKIE	595	01:12:36.75	07:15	F4549	22/22	F	268/300	01:12:34.80
319/562	HUTCHINSON, MARNI	222	00:57:14.80	05:43	F3539	20/41	F	132/300	00:56:49.95

Alpha Overall Results

10K Run - 6.21 Miles

562 Finishers

O/A	Name	Bib#	Time	Pace/K	Category	Cat/PI	Gender	Gen/PI	Chip Time
463/562	HUTCHISON, JIM	516	01:07:31.55	06:45	M6599	5/8	M	236/262	01:07:19.95
528/562	IBLE, LYNNELL	92	01:15:36.40	07:33	F3539	39/41	F	276/300	01:15:08.80
453/562	INGRAM, JEREMY	307	01:06:49.50	06:40	M3539	29/33	M	234/262	01:06:27.80
554/562	INLOW, NANCY	442	01:29:45.40	08:58	F6064	11/11	F	297/300	01:29:15.85
347/562	IP, JEFFREY	209	00:59:26.60	05:56	M3034	34/39	M	201/262	00:59:02.15
76/562	IRWIN, GEOFF	575	00:44:24.20	04:26	M2529	11/42	M	60/262	00:44:22.00
88/562	JACKSON, ALUN	255	00:44:59.75	04:29	M5054	6/24	M	69/262	00:44:56.60
159/562	JANSEN, RICHARD	429	00:49:10.10	04:55	M4044	13/26	M	112/262	00:48:59.90
165/562	JAQUES, CHANTELE	409	00:49:22.65	04:56	F2024	3/18	F	50/300	00:49:02.20
349/562	JENKINS, SCOTT	393	00:59:35.65	05:57	M4044	21/26	M	202/262	00:59:35.65
52/562	JENSEN, BOB	237	00:42:15.60	04:13	M5559	2/25	M	41/262	00:42:12.35
207/562	JESSEE, LORRAINE	191	00:51:46.55	05:10	F5559	2/26	F	67/300	00:51:30.70
326/562	JOHNSTON, AARON	557	00:57:53.30	05:47	M4549	18/27	M	191/262	00:57:19.00
536/562	JOHNSTON, KATHY	564	01:17:28.80	07:44	F4044	32/34	F	283/300	01:17:28.80
137/562	JONES, KIM	362	00:47:48.40	04:46	F5054	4/27	F	37/300	00:47:38.35
461/562	JONES, LAUREN	74	01:07:25.65	06:44	F2529	42/48	F	227/300	01:07:04.50
523/562	JONES, TYSON	363	01:14:34.15	07:27	M2024	11/11	M	251/262	01:13:57.00
27/562	KAISER, JESSICA	403	00:40:01.45	04:00	F2529	1/48	F	5/300	00:40:00.55
315/562	KARST, MICHAEL	554	00:57:03.40	05:42	M2529	33/42	M	185/262	00:56:40.25
155/562	KATCHMAR, DOREEN	647	00:49:00.75	04:54	F5054	5/27	F	46/300	00:48:53.15
103/562	KEAY, AGATHA	401	00:45:44.05	04:34	F2529	7/48	F	25/300	00:45:40.60
331/562	KEELING, JAMES	216	00:58:24.50	05:50	M5559	22/25	M	194/262	00:58:01.85
329/562	KEELING, LYNN	215	00:58:18.25	05:49	F5054	11/27	F	137/300	00:57:55.60
295/562	KELLY, KATRINA	75	00:56:05.10	05:36	F2529	29/48	F	118/300	00:55:54.15
60/562	KELLY, STEVEN	272	00:42:47.55	04:16	M5054	3/24	M	47/262	00:42:36.40
90/562	KENT, SARAH	458	00:45:10.90	04:31	F3539	7/41	F	21/300	00:45:08.20
383/562	KETO, LEANA	332	01:00:55.30	06:05	F3539	24/41	F	166/300	01:00:44.60
217/562	KILAM, ANDREA	338	00:52:26.80	05:14	F3034	15/63	F	73/300	00:52:02.05
393/562	KIM, GRACE	396	01:01:29.70	06:08	F3539	25/41	F	174/300	01:01:29.70
234/562	KIM, JACOB	443	00:53:15.25	05:19	M1519	5/6	M	152/262	00:52:56.30
379/562	KIM, LUCAS	357	01:00:39.90	06:03	M1519	6/6	M	214/262	01:00:21.65
237/562	KIM, RICHARD	354	00:53:42.15	05:22	M4549	14/27	M	153/262	00:53:23.90
376/562	KIM, UJAY	397	01:00:32.85	06:03	M2529	39/42	M	213/262	01:00:32.85
342/562	KING, JENNIFER	155	00:58:54.30	05:53	F5054	13/27	F	144/300	00:58:44.80
130/562	KING, MARTIN	156	00:47:19.55	04:43	M4549	8/27	M	96/262	00:47:19.55
49/562	KING, SHANE	561	00:42:09.85	04:12	M4044	4/26	M	39/262	00:42:07.65
353/562	KLAPKO, KELLY	499	00:59:38.55	05:57	F2529	34/48	F	149/300	00:59:05.10
244/562	KLEIN, KEVIN	438	00:54:04.20	05:24	M4044	16/26	M	157/262	00:53:47.40
522/562	KLEIN, MICHELE	439	01:13:28.75	07:20	F3539	38/41	F	272/300	01:13:12.05
480/562	KNIGHT, REA	207	01:09:31.00	06:57	F3034	50/63	F	242/300	01:09:19.15
175/562	KNUTSON, LAINE	577	00:49:52.05	04:59	M2529	23/42	M	120/262	00:49:37.55
240/562	KNUTSON, TRAVIS	578	00:53:56.55	05:23	M2529	30/42	M	155/262	00:53:42.55
444/562	KOHLE, DONNA	192	01:05:30.10	06:33	F4549	15/22	F	213/300	01:04:55.20
343/562	KOKOTT, RYAN	650	00:58:59.25	05:53	M4044	20/26	M	199/262	00:58:36.00
277/562	KOLIAS, SAMANTHA	394	00:55:22.50	05:32	F2529	26/48	F	106/300	00:55:03.05
21/562	KOSTIS, KYLE	603	00:39:18.75	03:55	M2529	2/42	M	18/262	00:39:18.20
466/562	KOTKAS, KATIE	22	01:08:07.55	06:48	F3034	44/63	F	229/300	01:07:33.10
408/562	KUFTA, ALEX	150	01:02:29.00	06:14	M4549	24/27	M	224/262	01:02:06.50
413/562	KUFTA, NATALIYA	154	01:02:42.10	06:16	F3539	27/41	F	188/300	01:02:19.60
34/562	KWOK, EAGLE	405	00:40:51.20	04:05	M4044	3/26	M	29/262	00:40:46.80
428/562	LAMOND, EMELINE	452	01:04:10.45	06:25	F3539	30/41	F	201/300	01:03:53.70
287/562	LATIMER-ARNES, ELLEN	496	00:55:39.45	05:33	F4549	8/22	F	114/300	00:55:22.80
366/562	LAUER, BARB	161	01:00:08.20	06:00	F5054	15/27	F	158/300	01:00:08.20
459/562	LAW, FIONA	548	01:07:14.90	06:43	F6064	8/11	F	225/300	01:07:05.50
227/562	LEDREW, MAC	445	00:53:03.35	05:18	M6064	7/20	M	147/262	00:52:54.90
442/562	LEE, BRIAN	84	01:05:21.60	06:32	M6064	15/20	M	231/262	01:05:10.00
117/562	LEE, DON	171	00:46:41.75	04:40	M6064	2/20	M	88/262	00:46:36.70

Alpha Overall Results

10K Run - 6.21 Miles

562 Finishers

O/A	Name	Bib#	Time	Pace/K	Category	Cat/PI	Gender	Gen/PI	Chip Time
178/562	LEE, PAUL	203	00:49:57.65	04:59	M3034	22/39	M	123/262	00:49:34.40
95/562	LEHMANN, MARC	164	00:45:27.10	04:32	M3539	15/33	M	74/262	00:45:19.45
242/562	LEHMANN, SHANNON	163	00:54:00.35	05:24	F3539	14/41	F	87/300	00:53:35.90
121/562	LESLIE, PAT	446	00:46:54.15	04:41	M2529	16/42	M	91/262	00:46:50.55
509/562	LEUNG, VICKI	659	01:11:33.65	07:09	F3034	58/63	F	264/300	01:11:20.90
397/562	LIDIN, THU	136	01:01:46.05	06:10	F4044	18/34	F	178/300	01:01:35.40
67/562	LIM, SU-CHONG	4	00:43:44.75	04:22	M6599	1/8	M	53/262	00:43:41.90
10/562	LINDLAND, KEVIN	103	00:37:25.05	03:44	M5054	1/24	M	10/262	00:37:24.75
506/562	LLOYD, WENDY	622	01:11:24.80	07:08	F3539	36/41	F	261/300	01:11:04.80
58/562	LOBERG, KIRK	654	00:42:42.70	04:16	M4044	5/26	M	45/262	00:42:41.45
304/562	LODOEN, PEDER	530	00:56:30.55	05:39	M4549	17/27	M	181/262	00:56:15.75
420/562	LOKANC, SABINA	256	01:03:18.00	06:19	F4549	13/22	F	195/300	01:03:02.95
92/562	LONDRY, EVAN	251	00:45:18.50	04:31	M3539	14/33	M	71/262	00:45:16.25
388/562	LOUIE, SHAUNA	513	01:01:15.85	06:07	F4044	15/34	F	170/300	01:00:56.70
474/562	LOW, JOSEPH	420	01:09:12.50	06:55	M4549	25/27	M	238/262	01:08:51.70
350/562	LUKACS, ROB	98	00:59:36.70	05:57	M2529	36/42	M	203/262	00:59:35.60
530/562	LUTZ, KELLY	456	01:15:38.45	07:33	F4044	30/34	F	278/300	01:15:06.90
272/562	LUTZ, PATRICK	455	00:55:11.25	05:31	M4044	18/26	M	169/262	00:54:42.75
395/562	MACDONALD, ANGELA	379	01:01:37.40	06:09	F4549	10/22	F	176/300	01:01:22.30
377/562	MACDONALD-GRAY, BETTY	125	01:00:38.25	06:03	F6064	3/11	F	164/300	01:00:26.20
118/562	MACKAY, MIKE	263	00:46:45.55	04:40	M5054	9/24	M	89/262	00:46:32.90
445/562	MACKENZIE, CHARLENE	16	01:05:44.65	06:34	F5559	18/26	F	214/300	01:05:20.35
218/562	MACPHERSON, BERKLY	473	00:52:32.00	05:15	F2024	6/18	F	74/300	00:52:11.85
476/562	MACPHERSON, CARLY	471	01:09:15.70	06:55	F1519	5/5	F	238/300	01:08:56.95
440/562	MACPHERSON, SUE	470	01:05:07.95	06:30	F5054	19/27	F	210/300	01:04:48.50
72/562	MAJCHRZAK, MARKUS	286	00:44:12.45	04:25	M3539	11/33	M	56/262	00:43:51.85
472/562	MAJCHRZAK, STACEY	285	01:09:05.05	06:54	F3034	46/63	F	235/300	01:08:40.60
266/562	MAKI, RICHARD	149	00:54:55.35	05:29	M5559	19/25	M	166/262	00:54:41.95
17/562	MALCOLM, TODD	358	00:38:51.75	03:53	M4044	1/26	M	15/262	00:38:49.75
436/562	MARENCO, WILL	658	01:04:45.30	06:28	M3034	37/39	M	230/262	01:04:31.90
81/562	MARKOVIC, JELENA	172	00:44:47.65	04:28	F2529	4/48	F	17/300	00:44:40.70
355/562	MARSON, LINA	538	00:59:43.50	05:58	F5559	10/26	F	151/300	00:59:14.65
275/562	MARTIN, JEAN-LUC	493	00:55:12.45	05:31	M3539	22/33	M	170/262	00:55:06.40
561/562	MARTINEZ, JULIO	645	02:05:57.35	12:35	M5559	25/25	M	262/262	02:05:31.40
100/562	MARZETTI, JANE	423	00:45:41.95	04:34	F2529	6/48	F	23/300	00:45:35.30
407/562	MARZETTI, JOAN	422	01:02:23.55	06:14	F6064	6/11	F	184/300	01:02:08.95
387/562	MASTERS, JANET	610	01:01:09.75	06:06	F5559	14/26	F	169/300	01:00:51.75
558/562	MAWER, ADAM	625	01:30:01.20	09:00	M3539	33/33	M	260/262	01:30:01.20
556/562	MAWER, PETER	1	01:29:59.75	08:59	M6599	8/8	M	259/262	01:29:27.00
557/562	MAWER, SUSAN	521	01:29:59.90	08:59	F6599	3/3	F	298/300	01:29:26.25
279/562	MAYER, KATIE	339	00:55:25.40	05:32	F3034	23/63	F	108/300	00:55:00.05
451/562	MAYES, MARY	189	01:06:37.95	06:39	F5559	19/26	F	218/300	01:06:27.35
106/562	MCCAFFREY, JANICE	642	00:45:47.60	04:34	F5559	1/26	F	26/300	00:45:45.05
494/562	MCCARTHY, KIMIKO	18	01:10:34.00	07:03	F3034	54/63	F	251/300	01:10:09.00
487/562	MCCARTHY, MICHIKO	20	01:10:00.85	07:00	F2024	14/18	F	247/300	01:09:35.15
391/562	MCCAULEY, SHEILA	145	01:01:25.15	06:08	F5559	16/26	F	173/300	01:01:15.05
38/562	MCCOSH, ROB	345	00:41:00.50	04:06	M5559	1/25	M	31/262	00:40:56.15
59/562	MCCULLOCH, ROB	113	00:42:44.20	04:16	M3034	10/39	M	46/262	00:42:42.85
276/562	MCDERMOTT, BRETT	543	00:55:20.05	05:32	M3034	27/39	M	171/262	00:55:11.20
327/562	MCDERMOTT, EMILY	542	00:57:55.80	05:47	F3034	29/63	F	136/300	00:57:46.80
210/562	MCDERMOTT, LIAM	541	00:51:54.25	05:11	M2529	27/42	M	141/262	00:51:45.75
323/562	MCDONALD, ALISON	391	00:57:36.80	05:45	F3034	28/63	F	134/300	00:57:20.85
133/562	MCDONALD, CAMERON	54	00:47:27.15	04:44	M3034	17/39	M	98/262	00:47:24.90
465/562	MCDONALD, MEREDITH	327	01:07:37.55	06:45	F3539	33/41	F	228/300	01:07:20.80
136/562	MCFADDEN, TARA	630	00:47:47.40	04:46	F2529	10/48	F	36/300	00:47:43.45
335/562	MCINTYRE, STEPH	545	00:58:37.40	05:51	F3034	31/63	F	141/300	00:58:27.90
86/562	MCLEAN, BYRON	15	00:44:55.70	04:29	M5054	5/24	M	67/262	00:44:51.80

Alpha Overall Results

10K Run - 6.21 Miles

562 Finishers

O/A	Name	Bib#	Time	Pace/K	Category	Cat/PI	Gender	Gen/PI	Chip Time
194/562	MCLEAN, DOUGLAS	165	00:51:17.00	05:07	M6064	5/20	M	133/262	00:51:17.00
386/562	MCLEOD, JENNY	627	01:01:06.30	06:06	F3034	38/63	F	168/300	01:00:58.65
533/562	MCMILLAN, CLAIRE	36	01:16:26.50	07:38	F3034	61/63	F	280/300	01:16:00.05
546/562	MCPHEE, BEV	268	01:21:21.45	08:08	F5559	25/26	F	290/300	01:20:51.00
120/562	MENARD, MARIE-ANDREE	296	00:46:52.15	04:41	F2529	8/48	F	30/300	00:46:47.20
421/562	MEREDITH, PETER	121	01:03:22.10	06:20	M6064	14/20	M	226/262	01:03:22.10
427/562	MO, JUN	137	01:04:05.55	06:24	F4044	21/34	F	200/300	01:03:54.80
340/562	MOCH, DARCY	566	00:58:50.80	05:53	M5054	19/24	M	197/262	00:58:31.70
443/562	MOCH, LORI	565	01:05:28.05	06:32	F5054	20/27	F	212/300	01:05:09.00
505/562	MOCK, MELANIE	623	01:11:24.60	07:08	F4044	27/34	F	260/300	01:11:05.05
44/562	MOODY, POLLY	6	00:41:23.15	04:08	F3034	3/63	F	9/300	00:41:21.90
322/562	MORGAN, CRAIG	601	00:57:36.45	05:45	M3034	32/39	M	189/262	00:57:20.35
290/562	MORONEY, JIM	97	00:55:55.95	05:35	M5054	17/24	M	175/262	00:55:35.70
446/562	MORRISON, JENNIFER	484	01:05:49.75	06:34	F3034	42/63	F	215/300	01:05:16.25
527/562	MORTON, AARON	186	01:15:24.60	07:32	M4044	26/26	M	252/262	01:15:08.10
396/562	MORTON, BRENDA	187	01:01:41.50	06:10	F4044	17/34	F	177/300	01:01:24.70
253/562	MOSSING, AMANDA	130	00:54:27.10	05:26	F3034	21/63	F	92/300	00:54:20.00
25/562	MOSSING, TYRON	129	00:39:50.85	03:59	M3539	7/33	M	21/262	00:39:44.60
87/562	MUELLER, GERD	287	00:44:56.45	04:29	M5559	3/25	M	68/262	00:44:50.45
41/562	MUELLER, JESSICA	5	00:41:20.10	04:08	F3034	2/63	F	8/300	00:41:18.85
525/562	MUIZNIKES, ALEKSANDRA	250	01:15:11.95	07:31	F3034	59/63	F	274/300	01:14:45.20
238/562	MULLIE, SUSAN	34	00:53:52.25	05:23	F5559	3/26	F	85/300	00:53:37.80
57/562	MULLIGAN, ZITA	10	00:42:39.65	04:15	F5054	1/27	F	13/300	00:42:36.65
47/562	MURPHY, MIKE	76	00:41:51.60	04:11	M3034	8/39	M	38/262	00:41:45.50
456/562	MYERS, EILEEN	624	01:07:02.35	06:42	F5054	22/27	F	222/300	01:06:42.15
284/562	NELSON, JUDY	115	00:55:33.50	05:33	F5054	8/27	F	111/300	00:55:23.25
490/562	NEUFELD, LINDSAY	89	01:10:15.20	07:01	F2024	15/18	F	249/300	01:09:41.25
439/562	NEWMAN, NICOLE	117	01:05:02.15	06:30	F3034	41/63	F	209/300	01:04:34.15
139/562	NEWMAN, PETER	116	00:47:49.80	04:46	M3034	18/39	M	101/262	00:47:49.80
296/562	NICHOL, MICHELLE	553	00:56:08.50	05:36	F3034	24/63	F	119/300	00:55:34.85
545/562	NOBLE, CHANTAL	305	01:21:20.85	08:08	F3034	63/63	F	289/300	01:20:50.80
521/562	NOSS, CHRIS	424	01:12:53.50	07:17	M3539	32/33	M	250/262	01:12:37.55
520/562	NOSS, NICHOLE	425	01:12:53.20	07:17	F3539	37/41	F	271/300	01:12:37.00
333/562	NOVICKI, COLETTE	508	00:58:36.15	05:51	F5559	8/26	F	139/300	00:58:24.40
236/562	NUCCI, CANDACE	341	00:53:22.60	05:20	F3034	17/63	F	84/300	00:52:56.90
200/562	NUSBAUM, KIM	605	00:51:39.40	05:09	F2529	16/48	F	64/300	00:51:31.25
441/562	O'HARE, JENNIFER	490	01:05:16.70	06:31	F3539	31/41	F	211/300	01:05:10.15
198/562	O'ROURKE, ROSS	465	00:51:24.65	05:08	M4044	14/26	M	136/262	00:51:14.75
462/562	OGILVIE, BILL	200	01:07:29.05	06:44	M6064	16/20	M	235/262	01:07:14.50
405/562	OGILVY, COLIN	381	01:02:15.50	06:13	M6064	13/20	M	223/262	01:01:53.50
231/562	OGILVY, JOHN	402	00:53:11.45	05:19	M2529	29/42	M	149/262	00:52:49.60
460/562	OGILVY, KATHY	380	01:07:15.90	06:43	F5559	20/26	F	226/300	01:06:53.40
496/562	OLANDESCA, JASON	512	01:10:38.65	07:03	M3539	30/33	M	244/262	01:10:18.70
501/562	OLDRING, JANE	408	01:10:57.90	07:05	F5559	22/26	F	256/300	01:10:39.30
171/562	OLDRING, RACHEL	370	00:49:37.75	04:57	F3034	9/63	F	54/300	00:49:32.50
82/562	ONG, RAYMOND	592	00:44:51.50	04:29	M2024	5/11	M	65/262	00:44:47.70
20/562	ONG, SIMON	8	00:39:13.20	03:55	M2529	1/42	M	17/262	00:39:13.05
450/562	ONIA, DARRYL	248	01:06:30.85	06:39	M6599	4/8	M	233/262	01:06:16.05
190/562	OWEN, MARION	9	00:50:39.85	05:03	F6064	1/11	F	59/300	00:50:31.10
292/562	PARROTT, JAMES	410	00:56:00.25	05:36	M2529	32/42	M	176/262	00:55:39.15
418/562	PASTEWKA, ALLISON	407	01:02:58.15	06:17	F2024	12/18	F	193/300	01:02:33.30
153/562	PATMORE, MATTHEW	293	00:48:59.10	04:53	M2529	19/42	M	109/262	00:48:55.75
55/562	PEARCE-GIECK, SARAH	276	00:42:39.20	04:15	F3539	4/41	F	12/300	00:42:37.55
365/562	PEDEN, MARTHA	210	01:00:08.20	06:00	F3034	37/63	F	157/300	00:59:46.55
454/562	PEMBERTON, DEBBIE	151	01:06:58.25	06:41	F5054	21/27	F	220/300	01:06:48.15
149/562	PEMBERTON, JONATHAN	152	00:48:36.60	04:51	M4549	10/27	M	106/262	00:48:20.15
425/562	PERKIN, SUZY	586	01:03:48.00	06:22	F2529	37/48	F	199/300	01:03:17.45

Alpha Overall Results

10K Run - 6.21 Miles

562 Finishers

O/A	Name	Bib#	Time	Pace/K	Category	Cat/PI	Gender	Gen/PI	Chip Time
94/562	PHILLIPS, MIKE	547	00:45:19.60	04:31	M4044	9/26	M	73/262	00:45:08.25
380/562	POOLE, JOHN	291	01:00:40.20	06:04	M4549	22/27	M	215/262	01:00:23.15
97/562	POSTNEKOFF, TRAVIS	179	00:45:31.60	04:33	M2529	13/42	M	76/262	00:45:21.15
430/562	PRICE, CAROLINE	520	01:04:13.95	06:25	F5054	18/27	F	202/300	01:04:02.20
166/562	PRICE, LYNSEY	449	00:49:25.25	04:56	F3034	7/63	F	51/300	00:49:10.45
206/562	PRICE, MARY-ELLEN	517	00:51:45.75	05:10	F2529	17/48	F	66/300	00:51:35.50
107/562	PRICE, TOBY	26	00:45:55.75	04:35	M5559	5/25	M	81/262	00:45:47.60
402/562	PRINGLE, TODD	49	01:02:07.60	06:12	M4549	23/27	M	220/262	01:01:32.35
337/562	PUHALJ, ROD	540	00:58:37.95	05:51	M4549	19/27	M	195/262	00:58:03.20
105/562	PUSHELBERG, LOUIS	383	00:45:44.50	04:34	M2024	6/11	M	80/262	00:45:39.75
185/562	PYE, ERIC	525	00:50:21.40	05:02	M5054	12/24	M	127/262	00:50:15.25
233/562	QUINN, SEAN	226	00:53:13.70	05:19	M4549	13/27	M	151/262	00:52:58.95
192/562	RABNETT, JULIE	270	00:51:10.35	05:07	F2529	15/48	F	60/300	00:50:50.40
538/562	RAI, SHANNA	529	01:17:29.40	07:44	F2529	46/48	F	285/300	01:16:53.95
371/562	RAOUX, DAREN	144	01:00:19.35	06:01	M4044	23/26	M	211/262	00:59:55.75
370/562	RAOUX, EMMA	143	01:00:18.65	06:01	F0014	2/2	F	160/300	00:59:54.90
356/562	RATHJE, MITCH	330	00:59:45.75	05:58	M4549	20/27	M	205/262	00:59:45.75
9/562	REED, JASON	227	00:37:20.65	03:44	M3539	4/33	M	9/262	00:37:20.45
156/562	REID, JAMIE	55	00:49:08.55	04:54	M2529	20/42	M	110/262	00:49:04.65
204/562	REID, JILL	271	00:51:43.20	05:10	F3034	13/63	F	65/300	00:51:24.05
471/562	REID, SHIRLEY	469	01:08:59.20	06:53	F6064	9/11	F	234/300	01:08:35.95
109/562	REWUCKI, BELINDA	41	00:46:07.95	04:36	F4549	2/22	F	27/300	00:39:12.15
129/562	REWUCKI, DAN	40	00:47:10.65	04:43	M4044	12/26	M	95/262	00:46:58.10
437/562	RICHARDSON, JANE	369	01:04:46.05	06:28	F2529	40/48	F	207/300	01:04:33.50
447/562	RICHARDSON, LEE	368	01:05:50.90	06:35	M6599	3/8	M	232/262	01:05:37.25
412/562	ROBERTS, CATHY	374	01:02:40.70	06:16	F5559	17/26	F	187/300	01:02:23.35
547/562	ROBINSON, DANICA	503	01:21:59.50	08:11	F2024	17/18	F	291/300	01:21:32.65
91/562	ROBINSON, DARREN	128	00:45:15.95	04:31	M4044	8/26	M	70/262	00:45:03.95
548/562	ROBINSON, DAVID	502	01:21:59.95	08:12	M5054	24/24	M	257/262	01:21:32.75
140/562	ROBINSON, DIANA	626	00:47:50.25	04:47	F2024	2/18	F	39/300	00:47:20.15
458/562	ROBINSON, HELEN	118	01:07:11.85	06:43	F4549	16/22	F	224/300	01:06:59.00
488/562	ROBINSON, KELTIE	19	01:10:11.10	07:01	F3034	52/63	F	248/300	01:09:45.45
271/562	ROBSON, GABRIELLE	267	00:55:10.40	05:31	F2529	23/48	F	103/300	00:55:03.90
102/562	RODGERS, DAVE	450	00:45:42.35	04:34	M5054	7/24	M	78/262	00:45:29.95
438/562	RODYCH, NICOLE	598	01:04:53.25	06:29	F2529	41/48	F	208/300	01:04:26.15
534/562	ROHATYN, RACHEL	617	01:17:22.50	07:44	F4044	31/34	F	281/300	01:16:53.70
486/562	ROWE, ANDREW	544	01:09:59.35	06:59	M3034	39/39	M	240/262	01:09:49.70
232/562	ROWEIN, SCOTT	655	00:53:11.70	05:19	M4549	12/27	M	150/262	00:52:51.25
406/562	RUDMIK, NITA	326	01:02:22.85	06:14	F3034	39/63	F	183/300	01:02:08.70
404/562	RUDY, KRIS	515	01:02:12.05	06:13	M3539	28/33	M	222/262	01:02:04.05
73/562	RUTHERFORD, BRIAN	31	00:44:15.35	04:25	M3539	12/33	M	57/262	00:44:08.25
205/562	SAGER, CURTIS	346	00:51:44.00	05:10	M5559	14/25	M	140/262	00:51:30.25
189/562	SAKAI, YUKI	208	00:50:29.05	05:02	M3034	23/39	M	131/262	00:50:16.65
511/562	SAMASKA, ROB	435	01:12:07.95	07:12	M5054	22/24	M	246/262	01:12:01.45
7/562	SAMPSON, CURTIS	96	00:36:54.30	03:41	M4549	1/27	M	7/262	00:36:53.45
351/562	SAPIEHA, JEFF	616	00:59:37.00	05:57	M2529	37/42	M	204/262	00:59:35.30
348/562	SAPIEHA, KATIE	615	00:59:29.55	05:56	F2529	32/48	F	147/300	00:59:27.40
269/562	SARKADI, BRIAN	262	00:54:58.95	05:29	M5054	15/24	M	167/262	00:54:53.45
96/562	SARKADI, JACOB	260	00:45:27.90	04:32	M1519	2/6	M	75/262	00:45:22.85
33/562	SAUNDERS, STEVE	35	00:40:20.15	04:02	M4549	4/27	M	28/262	00:40:16.35
122/562	SAUVE, DANIEL	45	00:46:56.55	04:41	M5559	7/25	M	92/262	00:46:52.25
213/562	SAUVE, ELISE	46	00:52:10.60	05:13	F0014	1/2	F	70/300	00:51:55.30
246/562	SAUVE, NICHOLAS	44	00:54:09.15	05:24	M0014	1/1	M	159/262	00:53:53.05
254/562	SAUVE, SUSAN	81	00:54:33.05	05:27	F5054	7/27	F	93/300	00:54:17.30
113/562	SCHAFER, PETER	597	00:46:32.70	04:39	M2529	15/42	M	85/262	00:46:27.25
359/562	SCHMIDT, JOANNE	359	00:59:50.20	05:59	F4044	13/34	F	154/300	00:59:35.10
267/562	SCOTT, SARAH	318	00:54:57.90	05:29	F4549	6/22	F	101/300	00:54:41.10

Alpha Overall Results

10K Run - 6.21 Miles

562 Finishers

O/A	Name	Bib#	Time	Pace/K	Category	Cat/PI	Gender	Gen/PI	Chip Time
154/562	SEE, CHRISTY	604	00:49:00.55	04:54	F2529	12/48	F	45/300	00:48:51.60
392/562	SHAMANNA, DILIP	453	01:01:29.55	06:08	M6064	12/20	M	219/262	01:01:21.10
320/562	SHAPKA, DAVE	600	00:57:27.10	05:44	M3539	24/33	M	188/262	00:57:06.20
162/562	SHIMONOV, MICHELLA	306	00:49:18.50	04:55	F3539	12/41	F	48/300	00:49:12.70
134/562	SHYBA, PETER	431	00:47:33.70	04:45	M2024	7/11	M	99/262	00:47:16.75
341/562	SIEMPELKAMP, CAMERON	599	00:58:52.15	05:53	M2529	35/42	M	198/262	00:58:25.50
470/562	SIKINA, IRIS	509	01:08:41.55	06:52	F5054	24/27	F	233/300	01:08:22.45
346/562	SILVER, BRENDA	85	00:59:25.35	05:56	F5054	14/27	F	146/300	00:59:21.60
507/562	SIMONIN, MICHELLE	234	01:11:26.50	07:08	F4549	21/22	F	262/300	01:11:05.40
449/562	SIU, MARIA	241	01:06:30.65	06:39	F4044	23/34	F	217/300	01:06:15.40
255/562	SKOV, BONNIE	124	00:54:36.60	05:27	F6599	1/3	F	94/300	00:54:29.85
202/562	SMITH, BRIAN	534	00:51:42.55	05:10	M5559	12/25	M	138/262	00:51:34.40
435/562	SMITH, CAROL	477	01:04:42.25	06:28	F4044	22/34	F	206/300	01:04:22.25
256/562	SMITH, DOUG	638	00:54:38.45	05:27	M5559	17/25	M	162/262	00:54:29.20
230/562	SMITH, GORDON	29	00:53:11.25	05:19	M5559	16/25	M	148/262	00:52:50.60
457/562	SMITH, MARJ	313	01:07:04.50	06:42	F5054	23/27	F	223/300	01:06:40.70
203/562	SMITH, WAYNE	535	00:51:43.05	05:10	M5559	13/25	M	139/262	00:51:35.00
123/562	SOUTIERE, STACY	101	00:47:01.75	04:42	F3539	8/41	F	31/300	00:46:52.95
36/562	SPACKMAN, BILL	460	00:40:57.75	04:05	M3034	5/39	M	30/262	00:40:55.90
143/562	SPACKMAN, JENNIFER	65	00:48:07.65	04:48	F2529	11/48	F	41/300	00:48:05.00
303/562	SPENCER, HEIDI	531	00:56:28.45	05:38	F2024	9/18	F	123/300	00:56:14.30
529/562	SPENCER, PAMELA	583	01:15:37.95	07:33	F3034	60/63	F	277/300	01:15:01.30
492/562	SPENCER, RYAN	582	01:10:16.90	07:01	M2529	42/42	M	243/262	01:09:46.35
42/562	SPITZNAGEL, MICHAEL	80	00:41:21.70	04:08	M2529	5/42	M	34/262	00:41:18.35
14/562	ST. AMANT, MARK	366	00:37:45.20	03:46	M4549	2/27	M	14/262	00:37:43.50
479/562	STATHAKIS, SOULA	304	01:09:29.55	06:56	F4549	17/22	F	241/300	01:08:59.90
35/562	STENNING, FAYE	347	00:40:53.60	04:05	F2529	2/48	F	6/300	00:40:52.75
111/562	STONE, RICHARD	558	00:46:26.70	04:38	M4044	11/26	M	84/262	00:46:22.90
516/562	STRATTON, JUDY	596	01:12:37.90	07:15	F5054	25/27	F	269/300	01:12:35.95
78/562	STRYDE, JOSH	421	00:44:35.00	04:27	M2529	12/42	M	62/262	00:44:31.95
19/562	STYLES, SHARON	37	00:38:57.85	03:53	F3539	2/41	F	3/300	00:38:57.20
83/562	SUTHERLAND, ANDRIA	652	00:44:51.65	04:29	F3539	6/41	F	18/300	00:44:48.50
184/562	SVEKLA, LARISSA	321	00:50:15.20	05:01	F3034	12/63	F	58/300	00:50:03.75
537/562	SWAN, KORTNEY	614	01:17:29.40	07:44	F2024	16/18	F	284/300	01:16:53.20
219/562	TADDEO, AMY	340	00:52:36.85	05:15	F3034	16/63	F	75/300	00:52:12.80
138/562	TAYLOR, MARILYN	230	00:47:48.55	04:46	F4044	5/34	F	38/300	00:47:47.20
39/562	TENOVE, JEFF	569	00:41:13.35	04:07	M3034	6/39	M	32/262	00:41:08.35
364/562	TENOVE, MICHAEL	399	01:00:05.50	06:00	M3034	35/39	M	208/262	00:59:44.05
66/562	THOMPSON, ROB	398	00:43:39.45	04:21	M3539	10/33	M	52/262	00:43:35.35
144/562	THURMEIER, BEN	233	00:48:10.30	04:49	M2529	18/42	M	103/262	00:48:06.10
552/562	THURSTON, BRYNNE	364	01:25:17.30	08:31	F2024	18/18	F	295/300	01:24:40.45
551/562	THURSTON, KASHA	406	01:25:17.25	08:31	F2529	48/48	F	294/300	01:24:40.80
478/562	TIMMERS, CARLENE	607	01:09:29.05	06:56	F3539	34/41	F	240/300	01:08:56.30
417/562	TIMMINS, LORIE	174	01:02:57.65	06:17	F4044	19/34	F	192/300	01:02:44.55
177/562	TIMOSHENKO, PAUL	388	00:49:56.15	04:59	M5559	11/25	M	122/262	00:49:50.60
199/562	TONKEN, MOLLY	430	00:51:27.30	05:08	F2024	5/18	F	63/300	00:51:09.50
173/562	TOTH, NORA	280	00:49:45.30	04:58	F3034	10/63	F	55/300	00:49:35.55
152/562	TUFTS, ROBERT	153	00:48:58.30	04:53	M4549	11/27	M	108/262	00:48:35.95
164/562	TUPLIN, BRIAN	123	00:49:21.55	04:56	M5559	10/25	M	115/262	00:49:06.80
252/562	VALDERRAMA, CAROLINA	588	00:54:26.30	05:26	F3034	20/63	F	91/300	00:54:25.05
157/562	VANDERWERFF, JANELLE	648	00:49:09.35	04:54	F2529	13/48	F	47/300	00:49:08.00
18/562	VASS, WILLIE	278	00:38:56.65	03:53	M4549	3/27	M	16/262	00:38:55.80
74/562	VICCARS, JOEL	100	00:44:16.95	04:25	M3034	12/39	M	58/262	00:44:07.45
285/562	VIG, CHANDRA	489	00:55:34.25	05:33	F3539	17/41	F	112/300	00:55:28.20
23/562	VOLSTEEDT, CHARL	217	00:39:44.10	03:58	M3539	6/33	M	19/262	00:39:41.85
308/562	VON VEGESACK, SHANLEE	568	00:56:48.95	05:40	F2529	31/48	F	126/300	00:56:41.60
131/562	WACHOWICH, JANE	635	00:47:23.50	04:44	F5054	3/27	F	35/300	00:47:10.10

Alpha Overall Results

10K Run - 6.21 Miles

562 Finishers

O/A	Name	Bib#	Time	Pace/K	Category	Cat/PI	Gender	Gen/PI	Chip Time
300/562	WAITE, ERIN	83	00:56:13.45	05:37	F5559	6/26	F	121/300	00:56:03.90
208/562	WALLAT, KATIE	505	00:51:48.50	05:10	F2529	18/48	F	68/300	00:51:32.80
132/562	WALLAT, NICK	506	00:47:26.20	04:44	M3034	16/39	M	97/262	00:47:10.35
373/562	WALLER, RICHARD	60	01:00:23.50	06:02	M4044	24/26	M	212/262	00:59:59.60
372/562	WALSH, MARTINA	323	01:00:21.25	06:02	F5559	11/26	F	161/300	01:00:09.90
168/562	WALSH, RICHELLE	56	00:49:28.40	04:56	F2529	14/48	F	52/300	00:49:24.75
62/562	WARD, EARL	372	00:42:57.80	04:17	M2529	8/42	M	48/262	00:42:56.45
182/562	WARKENTIN, DAVID	335	00:50:14.55	05:01	M3539	19/33	M	126/262	00:50:12.65
491/562	WATSON, GARRETT	584	01:10:16.75	07:01	M2529	41/42	M	242/262	01:09:45.45
541/562	WAUTERS, JOAN	447	01:19:40.80	07:58	F6064	10/11	F	286/300	01:19:08.55
345/562	WESTLAKE, TARA LYN	641	00:59:18.35	05:55	F3034	33/63	F	145/300	00:58:59.00
367/562	WETTHUHN, TRAVIS	246	01:00:14.65	06:01	M2529	38/42	M	209/262	00:59:47.05
222/562	WHELEHAN, COLLEEN	224	00:52:39.85	05:15	F3539	13/41	F	77/300	00:52:32.00
209/562	WHITE, CAITLIN	390	00:51:49.50	05:10	F3034	14/63	F	69/300	00:51:38.85
68/562	WHITE, LANDON	392	00:43:53.65	04:23	M3034	11/39	M	54/262	00:43:52.85
270/562	WHITEHEAD, PETER	467	00:55:07.90	05:30	M5559	20/25	M	168/262	00:54:41.80
339/562	WHITFIELD, ADINE	550	00:58:40.70	05:52	F5054	12/27	F	143/300	00:58:35.00
338/562	WHITFIELD, MIKE	334	00:58:40.70	05:52	M5559	23/25	M	196/262	00:58:14.15
467/562	WIEMKEN, ALLYSON	294	01:08:08.60	06:48	F3034	45/63	F	230/300	01:07:48.00
145/562	WIKSTROM, MICHAEL	589	00:48:12.60	04:49	M3034	19/39	M	104/262	00:48:11.45
398/562	WILHELM, BEATRICE	67	01:01:58.00	06:11	F6064	4/11	F	179/300	01:01:34.75
119/562	WILHELM, MIKE	68	00:46:48.30	04:40	M5054	10/24	M	90/262	00:46:44.75
6/562	WILLIAMS, TREV	292	00:36:46.65	03:40	M3539	3/33	M	6/262	00:36:46.00
273/562	WILLIAMSON, YVONNE	283	00:55:11.25	05:31	F2529	24/48	F	104/300	00:55:11.25
211/562	WILSON, JIM	25	00:51:56.15	05:11	M5559	15/25	M	142/262	00:51:45.00
201/562	WILSON, MARK	451	00:51:40.30	05:10	M1519	4/6	M	137/262	00:51:29.10
15/562	WINTER, LINDSAY	580	00:37:46.05	03:46	F3034	1/63	F	1/300	00:37:45.20
318/562	WITTAL, BRANDI	252	00:57:11.40	05:43	F3539	19/41	F	131/300	00:57:03.40
361/562	WONG, LINDA	474	00:59:52.75	05:59	F4549	9/22	F	155/300	00:59:29.95
297/562	WOODCOCK, KEVIN	273	00:56:09.60	05:36	M4044	19/26	M	178/262	00:55:42.70
291/562	WOODS, KATIE	315	00:55:59.70	05:35	F2529	28/48	F	116/300	00:55:42.25
2/562	WOOLSTENCROFT, FRANK	12	00:33:38.30	03:21	M3539	1/33	M	2/262	00:33:37.80
37/562	WOOLSTENCROFT, GILLIAN	371	00:40:59.10	04:05	F2529	3/48	F	7/300	00:40:56.75
504/562	WORMS, TERRI	621	01:11:23.75	07:08	F4549	20/22	F	259/300	01:11:03.90
434/562	WRIGHT, DEBBIE	433	01:04:36.45	06:27	F4549	14/22	F	205/300	01:04:31.30
429/562	WRIGHT, PAUL	436	01:04:11.95	06:25	M5054	20/24	M	228/262	01:04:06.45
215/562	WUDEL, JOCELYN	551	00:52:13.35	05:13	F2529	20/48	F	72/300	00:52:05.00
214/562	WUDEL, KIERSTEN	514	00:52:13.35	05:13	F2529	19/48	F	71/300	00:52:04.65
235/562	WYLIE, DEBBIE	249	00:53:17.10	05:19	F5054	6/27	F	83/300	00:52:56.55
378/562	YENNY, CORINNE	478	01:00:39.20	06:03	F4044	14/34	F	165/300	01:00:17.20
484/562	YOO, HEE	205	01:09:58.55	06:59	F2529	43/48	F	246/300	01:09:31.90
147/562	YOO, SARAH	204	00:48:23.55	04:50	F3034	5/63	F	43/300	00:47:59.65
22/562	YOUNG, CATHERINE	419	00:39:22.70	03:56	F3539	3/41	F	4/300	00:39:21.80
127/562	YOUNG, SHANNON	353	00:47:07.95	04:42	F4044	4/34	F	33/300	00:46:51.20
264/562	YOUNGBLOOD, ROD	590	00:54:50.55	05:29	M4549	15/27	M	165/262	00:54:28.35
455/562	ZACHARIAS, LISA	487	01:07:01.00	06:42	F3539	32/41	F	221/300	01:06:26.75
258/562	ZDUNICH, LAVONNE	184	00:54:44.35	05:28	F4044	9/34	F	96/300	00:54:36.95
542/562	ZWARYCH, JILL	310	01:20:04.80	08:00	F4044	33/34	F	287/300	01:19:31.45
543/562	ZWARYCH, KELLY	309	01:20:06.30	08:00	M4549	26/27	M	256/262	01:19:33.45