

Category Results

5 Miles/ 8 Km

19&U - 18 Competitors

Cat	Name	Bib #	Time	Pace/M	O/A	Chiptime	City
1/18	DYER, HANNAH	162	00:41:17.75	08:18	27/671	00:41:16.35	LETH, AB
2/18	MACKINNON, JORDAN	392	00:42:46.50	08:36	42/671	00:42:46.00	LETH, AB
3/18	ENTZ, HELEN	172	00:44:57.40	09:02	68/671	00:44:55.30	COALHURST, AB
4/18	CONROY, DANI	110	00:46:32.55	09:21	93/671	00:46:19.30	LETH, AB
5/18	NELSON, KIRSTEN	467	00:47:17.40	09:31	110/671	00:47:16.45	CRANFORD, AB
6/18	NELSON, LEAH	468	00:49:00.55	09:51	144/671	00:48:38.05	CARDSTON, AB
7/18	DEGROOT, ANDREA	130	00:49:02.45	09:52	147/671	00:48:44.05	VAUXHALL, AB
8/18	GRAHAM, STEPHI	224	00:54:18.45	10:55	269/671	00:54:09.45	RAINIER, AB
9/18	MACKINNON, TAYLOR	393	00:55:09.55	11:05	287/671	00:55:00.35	LETH, AB
10/18	GUNNESS, SYDNEY	237	00:57:50.30	11:38	334/671	00:57:30.75	LETH, AB
11/18	SIEBERT, HANNAH	549	01:02:47.55	12:38	412/671	01:02:36.95	COALDALE, AB
12/18	DELL, ALEXIS	132	01:06:11.85	13:19	467/671	01:05:36.65	COALHURST, AB
13/18	OVERWEG, LISA	488	01:09:44.95	14:02	509/671	01:09:23.30	COALDALE, AB
14/18	KOETHLER, TINA	345	01:10:40.65	14:13	523/671	01:10:26.65	BOW ISLAND, AB
15/18	MONAGHAN, BRENNA	447	01:14:36.80	15:00	560/671	01:14:20.65	LETH, AB
16/18	MONAGHAN, KATHLEEN	449	01:15:38.25	15:13	569/671	01:15:24.35	LETH, AB
17/18	DONKERSGOED, KENZIE	147	01:33:41.55	18:51	655/671	01:32:51.85	COALDALE, AB
18/18	MOROZ, HAYLEE	453	01:42:13.80	20:34	666/671	01:41:27.60	LETH, AB

20-24 - 32 Competitors

Cat	Name	Bib #	Time	Pace/M	O/A	Chiptime	City
1/32	RACZ, ALLYSON	541	00:39:23.30	07:55	15/671	00:39:21.10	LETH, AB
2/32	RUMER, KYM	580	00:39:55.00	08:01	16/671	00:39:44.20	LETH, AB
3/32	VIENNEAU, GWEN	701	00:40:42.25	08:11	21/671	00:40:42.15	LETH, AB
4/32	MACLEAN, JESSICA	394	00:40:45.95	08:12	22/671	00:40:29.75	LETH, AB
5/32	CAMPBELL, SACHA	84	00:43:10.20	08:41	47/671	00:43:07.40	LETH, AB
6/32	ATWOOD, PHAEDRA	15	00:44:21.80	08:55	60/671	00:44:17.95	RAYMOND, AB
7/32	BALDERSON, SARAH	23	00:47:04.30	09:28	105/671	00:46:36.30	MAGRATH, AB
8/32	NISKALA, AMANDA	473	00:47:55.15	09:38	119/671	00:47:53.10	LETH, AB
9/32	TRAVIS, EMILY	673	00:48:11.30	09:41	126/671	00:47:47.00	LETH, AB
10/32	LEAVITT, STEPHANIE	367	00:50:28.40	10:09	176/671	00:50:14.40	LETH, AB
11/32	EDGSON, ASHLEY	166	00:51:40.85	10:23	210/671	00:51:17.00	MAGRATH, AB
12/32	DOVICHAK, JESSICA	152	00:51:47.95	10:25	215/671	00:51:22.25	MED. HAT, AB
13/32	HAN, YIDONG	250	00:52:29.35	10:33	229/671	00:52:26.75	LETH, AB
14/32	WILDE, TINA	733	00:53:46.80	10:49	262/671	00:53:21.85	LETH, AB
15/32	CHANG, ALICE	94	00:54:26.35	10:57	274/671	00:54:23.05	LETH, AB
16/32	ROBINSON, LACEY	564	00:54:36.65	10:59	275/671	00:54:05.75	LETH, AB
17/32	PETRIK, JESSICA	509	00:54:39.75	10:59	276/671	00:54:37.95	LETH, AB
18/32	BOLES, CHRISTINE	2107	00:55:44.85	11:13	302/671	00:55:19.05	LETH, AB
19/32	DONKERSGOED, KARISSA	146	00:56:05.00	11:17	307/671	00:56:02.45	LETH, AB
20/32	LOWINGS, KATHERINE	382	00:56:35.90	11:23	315/671	00:56:25.40	LETH, AB
21/32	WATTS, ANDI	722	00:58:09.35	11:42	336/671	00:57:40.55	MED. HAT, AB
22/32	WIONZEK, ANDREA	740	00:58:22.05	11:44	339/671	00:57:53.80	BROOKS, AB
23/32	MATHIEU, CILENA	413	01:01:29.70	12:22	404/671	01:01:22.60	LETH, AB
24/32	HATCH, MARISSA	261	01:03:02.55	12:41	418/671	01:02:34.65	MAGRATH, AB
25/32	REYNOLDS, NICOLE	556	01:05:11.40	13:07	450/671	01:05:02.65	NOBLEFORD, AB
26/32	STEWART, SASHIERE	636	01:06:45.30	13:25	478/671	01:06:43.90	CALGARY, AB
27/32	BANMAN, ANNA	29	01:10:55.15	14:16	526/671	01:10:40.90	VAUXHALL, AB
28/32	KOETHLER, LISA	344	01:10:55.25	14:16	527/671	01:10:41.15	BURDETT, AB
29/32	PALLOWAY, MEGAN	494	01:11:04.10	14:17	531/671	01:10:54.75	LETH, AB
30/32	DYER, EMILY	160	01:15:12.75	15:08	565/671	01:14:34.45	LETH, AB
31/32	SALA, ANNA	584	01:27:19.25	17:34	632/671	01:26:53.25	LETH, AB
32/32	GILLET, QUINN	211	01:33:41.05	18:50	653/671	01:32:50.75	LETH, AB

25-29 - 78 Competitors

Cat	Name	Bib #	Time	Pace/M	O/A	Chiptime	City
1/78	HILKEWICK, LESLEE	279	00:37:45.75	07:35	6/671	00:37:45.75	LETH, AB
2/78	DOW, KRISTEN	153	00:40:25.25	08:07	17/671	00:40:21.70	CALGARY, AB
3/78	MANGONE, MELISSA	400	00:40:41.65	08:11	20/671	00:40:37.25	LETH, AB
4/78	SEITZ, DESIRAE	594	00:40:47.35	08:12	23/671	00:40:43.80	MANYBERRIES, AB
5/78	BEZOOYEN, ANDREA	45	00:41:02.70	08:15	26/671	00:40:57.10	LETH, AB
6/78	WIGGERS, TERENA	622	00:42:03.50	08:27	34/671	00:42:02.70	LETH, AB
7/78	MURPHY, STEPHANIE	461	00:42:24.55	08:32	38/671	00:42:24.50	LETH, AB
8/78	VANDER HIEDE, TRACEY	694	00:42:40.50	08:35	41/671	00:42:39.55	COALDALE, AB

Category Results

5 Miles/ 8 Km

25-29 - 78 Competitors

Cat	Name	Bib #	Time	Pace/M	O/A	Chiptime	City
9/78	WOOD, GRACE	746	00:42:56.40	08:38	45/671	00:42:55.40	LETH, AB
10/78	SJODEN, AMANDA	606	00:43:15.50	08:42	49/671	00:42:46.50	LETH, AB
11/78	JOHNSON, MERENA	376	00:43:33.05	08:45	53/671	00:43:31.45	LETH, AB
12/78	TANNER, NAOMI	657	00:43:55.30	08:50	56/671	00:43:53.55	LETH, AB
13/78	HILL, RAEGAN	280	00:45:34.95	09:10	78/671	00:45:33.50	LETH, AB
14/78	ROSBOROUGH, WHITNEY	575	00:45:50.85	09:13	81/671	00:45:49.40	LETH, AB
15/78	VOLK, VICKEY	704	00:46:49.50	09:25	98/671	00:46:40.35	LETH, AB
16/78	ENTZ, SUSANNA	173	00:46:58.00	09:27	102/671	00:46:54.70	COALHURST, AB
17/78	CHENARD, SARAH	566	00:47:09.20	09:29	106/671	00:46:49.25	MED. HAT, AB
18/78	BATTERSHILL, JAYME	37	00:47:15.75	09:30	109/671	00:47:11.55	LETH, AB
19/78	LOWRY, MARSHA	383	00:47:30.00	09:33	116/671	00:47:28.70	CARDSTON, AB
20/78	THAI-BAIRD, LYNDA	662	00:47:54.35	09:38	118/671	00:47:30.15	LETH, AB
21/78	GIESBRECHT, COLLEEN	206	00:48:12.90	09:42	127/671	00:47:53.35	LETH, AB
22/78	GRGIC, ANDREA	231	00:48:17.80	09:43	128/671	00:48:15.75	LETH, AB
23/78	GREGSON, JOANNA	230	00:48:24.15	09:44	131/671	00:48:21.25	LETH, AB
24/78	SANDERS, AMY	585	00:48:32.00	09:45	136/671	00:48:12.05	MED. HAT, AB
25/78	CLARK, BRAE	101	00:48:54.10	09:50	140/671	00:48:49.45	MED. HAT, AB
26/78	MUISE, JANAYA	458	00:48:57.10	09:50	141/671	00:48:54.10	LETH, AB
27/78	SURETTE, TANYA	650	00:49:28.65	09:57	154/671	00:49:14.30	LETH, AB
28/78	ROLSTON, MEL	572	00:49:43.75	10:00	159/671	00:49:30.50	LETH, AB
29/78	JOHNSON, TABITHA	316	00:50:56.85	10:15	188/671	00:50:48.95	TABER, AB
30/78	PONOMAR, VICTORIA	530	00:51:02.60	10:16	189/671	00:50:44.30	LETH, AB
31/78	HATHORN, RACHAEL	266	00:51:37.55	10:23	208/671	00:51:14.95	LETH, AB
32/78	VANDENBERG, SHANNON	693	00:51:37.85	10:23	209/671	00:51:30.55	COALHURST, AB
33/78	SMITH, TIFFANY	619	00:51:44.70	10:24	212/671	00:51:41.80	LETH, AB
34/78	OHLMANN, NIKKI	482	00:51:46.00	10:24	213/671	00:51:42.70	COALDALE, AB
35/78	RICHERT, KRISTA	558	00:51:47.75	10:25	214/671	00:51:25.00	LETH, AB
36/78	DE JONG, HEATHER	125	00:52:14.20	10:30	223/671	00:52:03.30	LETH, AB
37/78	SUGIMOTO, KORALIE	649	00:52:16.45	10:31	225/671	00:52:06.65	RAYMOND, AB
38/78	PLAYFAIR, TESS	524	00:52:32.25	10:34	231/671	00:52:28.15	CARDSTON, AB
39/78	ROSS, SUSAN	578	00:53:15.30	10:42	243/671	00:52:36.40	LETH, AB
40/78	GUTFRIEND, MELISSA	239	00:53:31.30	10:46	256/671	00:53:26.00	MED. HAT, AB
41/78	DUDAS, JACLYN	156	00:55:57.60	11:15	306/671	00:55:53.50	LETH, AB
42/78	GILLET, ALLISON	210	00:56:21.70	11:20	311/671	00:56:10.45	LETH, AB
43/78	PROCEE, SAMANTHA	536	00:56:38.90	11:23	317/671	00:56:29.85	LETH, AB
44/78	RIDDELL, AMANDA	560	00:57:04.35	11:29	323/671	00:57:04.35	LETH, AB
45/78	WOBICK, MICHELLE	742	00:57:30.15	11:34	330/671	00:56:48.55	LETH, AB
46/78	ANDERSON, HEATHER	8	00:58:22.20	11:44	340/671	00:57:52.90	LETH, AB
47/78	BUSZ, MARY	78	00:58:37.80	11:47	342/671	00:58:26.80	LETH, AB
48/78	MACKEY, BRITTNEY	390	00:58:48.10	11:49	345/671	00:58:40.15	LETH, AB
49/78	FORD, JAELYN	189	00:59:11.60	11:54	352/671	00:58:49.00	LETH, AB
50/78	SQUIRES, HILARY	624	00:59:44.15	12:01	363/671	00:59:33.65	CLARESHOLM, AB
51/78	WILLIAMS, JOANNE	736	01:00:03.95	12:05	370/671	00:59:46.55	MED. HAT, AB
52/78	GORE, KELSEY	220	01:00:19.90	12:08	376/671	01:00:05.20	LETH, AB
53/78	PAULS, ROBYN	499	01:00:31.65	12:10	387/671	01:00:31.65	LETH, AB
54/78	KETEL, SERENA	333	01:01:15.90	12:19	400/671	01:01:11.60	LETH, AB
55/78	JENSEN, SHELLEY	315	01:03:05.75	12:41	420/671	01:02:58.35	LETH, AB
56/78	KJELDGAARD-TAIT, KRISTIN	339	01:03:23.10	12:45	423/671	01:02:58.40	LETH, AB
57/78	NELSON, AMANDA	465	01:04:13.80	12:55	428/671	01:04:04.80	LETH, AB
58/78	HEGGIE, PAM	269	01:04:20.25	12:56	434/671	01:03:56.05	LETH, AB
59/78	HOLT, JENNIE	283	01:04:26.65	12:58	438/671	01:04:01.55	LETH, AB
60/78	BOND, SARA	54	01:05:03.50	13:05	448/671	01:04:49.70	LETH, AB
61/78	KAUVAKA, AMBER	327	01:05:25.10	13:09	453/671	01:05:00.00	LETH, AB
62/78	LEAVITT, PAIGE	366	01:06:11.95	13:19	468/671	01:05:36.55	COALHURST, AB
63/78	HATHORN, LESLEY	265	01:07:29.60	13:34	482/671	01:07:07.00	LETH, AB
64/78	GEERLIGS, JESSICA	201	01:07:46.85	13:38	485/671	01:07:28.80	VAUXHALL, AB
65/78	OWENS, ALICIA	491	01:09:56.20	14:04	514/671	01:09:47.45	MAGRATH, AB
66/78	HOYT, CARMEN	291	01:10:14.80	14:08	515/671	01:09:51.60	LETH, AB
67/78	MCKENZIE, CARMEN	423	01:10:37.55	14:12	522/671	01:10:12.25	LETH, AB
68/78	MCPHAIL, KATE	427	01:10:58.25	14:16	530/671	01:10:50.30	LETH, AB
69/78	WELLS, KERI	725	01:12:56.95	14:40	540/671	01:12:32.50	LETH, AB
70/78	HERBERS, LYNDSAY	273	01:12:57.35	14:40	541/671	01:12:32.45	LETH, AB
71/78	WILLARD, JESSICA	735	01:12:57.55	14:40	542/671	01:12:32.45	LETH, AB

Category Results

5 Miles/ 8 Km

25-29 - 78 Competitors

Cat	Name	Bib #	Time	Pace/M	O/A	Chiptime	City
72/78	REINA, JESSICA	552	01:14:03.95	14:54	553/671	01:13:44.85	LETH, AB
73/78	JARVIS, CHELSEA	309	01:17:34.90	15:36	579/671	01:17:02.25	LETH, AB
74/78	HEPLER, LAURA-MAY	272	01:21:51.70	16:28	611/671	01:21:25.30	LETH, AB
75/78	SQUAREK, TIFFANY	623	01:22:44.45	16:38	621/671	01:22:19.50	LETH, AB
76/78	PIQUETTE, LIZ	520	01:23:40.00	16:50	626/671	01:23:14.75	LETH, AB
77/78	THOMAS, JANELLE	663	01:31:27.95	18:24	645/671	01:30:54.80	LETH, AB
78/78	LAVORATO, KADI	365	01:33:41.25	18:50	654/671	01:32:50.95	LETH, AB

30-34 - 101 Competitors

Cat	Name	Bib #	Time	Pace/M	O/A	Chiptime	City
1/101	GIBB, TONYA	507	00:34:12.10	06:52	1/671	00:34:11.30	LETH, AB
2/101	STRONG, AMIE	646	00:36:13.00	07:17	4/671	00:36:11.80	Lethbridge, AB
3/101	RALPH, AMY	543	00:37:49.30	07:36	7/671	00:37:48.75	LETH, AB
4/101	HEGGIE, JONI	268	00:38:50.85	07:49	12/671	00:38:49.65	LETH, AB
5/101	LEFFERS, SHELLEY	368	00:40:40.65	08:11	19/671	00:40:39.25	COALDALE, AB
6/101	MARTIN, TASHA	411	00:41:34.70	08:22	30/671	00:41:29.30	MED. HAT, AB
7/101	BEVANS, CHRISTY	44	00:41:34.95	08:22	31/671	00:41:34.15	LETH, AB
8/101	LEUSINK, ALISON	374	00:42:12.70	08:29	36/671	00:41:42.90	LETH, AB
9/101	DOHERTY, JACKIE	143	00:42:13.00	08:29	37/671	00:42:13.00	LETH, AB
10/101	EARL, KIMBERLY	164	00:42:26.30	08:32	40/671	00:42:25.00	LETH, AB
11/101	MCCLUNG, ANGELA	420	00:42:46.85	08:36	43/671	00:42:44.35	LETH, AB
12/101	OTTO, SHAUNA	486	00:42:55.95	08:38	44/671	00:42:51.55	LETH, AB
13/101	JUBBER, HEATHER	322	00:42:58.10	08:38	46/671	00:42:56.75	LETH, AB
14/101	COURT, AMY	79	00:43:12.40	08:41	48/671	00:43:09.10	LETH, AB
15/101	VANDELLEN, TARA	691	00:43:29.00	08:44	51/671	00:43:22.85	CLARESHOLM, AB
16/101	BLACK, JODIE	48	00:43:37.00	08:46	54/671	00:43:34.40	LETH, AB
17/101	VERHELST, TWYLA	700	00:43:49.65	08:49	55/671	00:43:47.20	LETH, AB
18/101	SHEPPARD, SUZANNE	598	00:44:21.80	08:55	61/671	00:44:18.65	LETH, AB
19/101	IWAASA, JAIME	303	00:45:06.85	09:04	71/671	00:44:40.60	LETH, AB
20/101	COOK, PAMELA	111	00:45:10.15	09:05	73/671	00:45:08.65	LETH, AB
21/101	SOMMERFELDT, NICKI	620	00:46:00.70	09:15	85/671	00:45:58.70	LETH, AB
22/101	SWENNUMSON, JULIE	651	00:46:13.80	09:18	89/671	00:46:07.45	NANTON, AB
23/101	SINKE, JULIA	605	00:46:34.50	09:22	94/671	00:46:33.70	COALHURST, AB
24/101	EPP, KIMIKO	174	00:46:51.80	09:25	99/671	00:46:39.65	LETH, AB
25/101	IWAASA, DAWN	302	00:47:56.70	09:38	120/671	00:47:31.30	LETH, AB
26/101	PILLING, JODI	517	00:48:03.35	09:40	121/671	00:48:02.15	COALDALE, AB
27/101	RUDELICH, CARMEN	579	00:48:25.55	09:44	132/671	00:48:05.55	DIAMOND CITY, AB
28/101	JENSEN, JODI	314	00:48:31.60	09:45	135/671	00:48:27.75	LETH, AB
29/101	ROSS, JENNIFER	577	00:48:51.20	09:49	138/671	00:48:50.60	COALDALE, AB
30/101	HYMNAYK, MICHELLE	251	00:49:06.95	09:52	148/671	00:49:01.20	
31/101	SELK, JESSIE	595	00:49:18.30	09:55	152/671	00:49:16.05	LETH, AB
32/101	OLSON, ELAINE	484	00:49:28.85	09:57	155/671	00:49:24.95	LETH, AB
33/101	MILLS, STEPHANIE	444	00:49:54.70	10:02	165/671	00:49:31.65	LETH, AB
34/101	CARRIER, SARAH	89	00:50:01.35	10:04	166/671	00:49:52.65	LETH, AB
35/101	PRIES, KAREN	535	00:50:02.90	10:04	167/671	00:49:52.75	LETH, AB
36/101	PLANGER, MELISSA	523	00:50:56.80	10:15	187/671	00:50:52.90	TABER, AB
37/101	DA PONTE, MICHELLE	118	00:51:04.00	10:16	192/671	00:50:41.60	LETH, AB
38/101	VELASCO, TAMZIN	698	00:51:09.15	10:17	194/671	00:50:57.80	BROOKS, AB
39/101	OCHSNER, KIM	481	00:51:09.35	10:17	195/671	00:50:57.05	BROOKS, AB
40/101	WOLCOTT, RAQUEL	743	00:51:15.60	10:18	196/671	00:51:00.25	LETH, AB
41/101	THOMPSON, NICOLE	667	00:51:15.85	10:18	197/671	00:51:04.60	LETH, AB
42/101	GOOK, ADA	219	00:51:17.75	10:19	199/671	00:51:15.55	LETH, AB
43/101	UCHIKURA, TINA	683	00:51:17.75	10:19	198/671	00:51:10.30	BOW ISLAND, AB
44/101	GIESBRECHT, JODY	207	00:51:22.00	10:20	200/671	00:51:00.10	VAUXHALL, AB
45/101	KERR, AMY	332	00:52:14.25	10:30	224/671	00:52:09.45	COALDALE, AB
46/101	PREACHUK, TENNILE	422	00:52:17.75	10:31	226/671	00:51:54.45	COALDALE, AB
47/101	KIRKBY, FIONA	338	00:52:37.30	10:35	233/671	00:51:57.00	LETH, AB
48/101	MCBRIDE, JENNIFER	419	00:52:51.60	10:38	234/671	00:52:47.20	MED. HAT, AB
49/101	OBARA, CHANTAL	479	00:53:04.15	10:40	239/671	00:52:55.65	LETH, AB
50/101	CHORNEY, CARRIE	96	00:53:13.40	10:42	242/671	00:53:01.10	CALGARY, AB
51/101	PETER, NANCY	504	00:53:22.70	10:44	245/671	00:53:14.65	LETH, AB
52/101	HERWEYER, MELISSA	276	00:53:23.25	10:44	246/671	00:53:08.05	FORT MACLEOD, AB
53/101	GRISNICH, STEPHANIE	232	00:53:23.35	10:44	247/671	00:53:07.55	FORT MACLEOD, AB
54/101	ELLERMAN, JENNIFER	170	00:53:33.75	10:46	258/671	00:53:30.15	LETH, AB

Category Results

5 Miles/ 8 Km

30-34 - 101 Competitors

Cat	Name	Bib #	Time	Pace/M	O/A	Chiptime	City
55/101	STEED, JOAN	628	00:53:36.20	10:47	259/671	00:53:06.35	CALGARY, AB
56/101	ZELENY, KIM	539	00:53:43.70	10:48	261/671	00:53:28.20	LETH, AB
57/101	TYMKO, BEE	680	00:53:56.10	10:51	263/671	00:53:48.00	LETH, AB
58/101	MELVIN, HOLLY	430	00:54:19.85	10:55	270/671	00:54:09.40	LETH, AB
59/101	PUSZKAR, BETH	538	00:54:20.80	10:56	272/671	00:54:01.20	LETH, AB
60/101	FLAMAND, JODIE	186	00:54:47.70	11:01	280/671	00:54:20.85	LETH, AB
61/101	MARSHALL, JEN	406	00:55:12.75	11:06	289/671	00:55:03.90	LETH, AB
62/101	WIGAND, CORAL	731	00:55:14.80	11:06	291/671	00:54:54.55	LETH, AB
63/101	GUNNING, NICOLE	238	00:55:42.80	11:12	300/671	00:55:29.95	LETH, AB
64/101	FORTNEY, MICHELLE	190	00:56:11.85	11:18	310/671	00:55:57.15	LETH, AB
65/101	O'NEILL, CORINNE	477	00:56:40.75	11:24	318/671	00:56:35.45	LETH, AB
66/101	VANDEN DUNGEN, LANA	692	00:57:15.45	11:31	327/671	00:57:05.35	LETH, AB
67/101	STEBANUK, DAWN	627	00:57:47.00	11:37	332/671	00:57:40.40	BOW ISLAND, AB
68/101	THOMSON, KELLY	668	00:57:47.15	11:37	333/671	00:57:37.85	SEVEN PERSONS, AB
69/101	ARSENAULT, PAULINE	13	01:00:14.00	12:07	374/671	00:59:46.05	LETH, AB
70/101	ORMSTON, ANTONIA	485	01:00:26.70	12:09	382/671	00:59:49.00	LETH, AB
71/101	IWAASA, STACIE	304	01:00:27.65	12:09	384/671	01:00:01.00	LETH, AB
72/101	ANECA, JOLENE	10	01:00:38.95	12:12	389/671	01:00:14.85	CALGARY, AB
73/101	STEEVES-KLIMPKE, JENNIFER	630	01:00:41.95	12:12	390/671	01:00:17.60	COALHURST, AB
74/101	SEXTON, KATRINA	596	01:00:52.10	12:14	392/671	01:00:29.50	LETH, AB
75/101	BROWN, LYNNE	66	01:00:54.95	12:15	393/671	01:00:48.95	MED. HAT, AB
76/101	OLSHASKI, JANINE	49	01:01:04.75	12:17	396/671	01:01:03.55	LETH, AB
77/101	PUZEY, CHARMAINE	540	01:01:46.20	12:25	406/671	01:01:19.95	COALHURST, AB
78/101	WIRUN, JENNIFER	741	01:03:05.75	12:41	419/671	01:02:58.15	LETH, AB
79/101	KONYNENBELT, KRISSEY	348	01:03:16.45	12:43	422/671	01:02:45.65	LETH, AB
80/101	FERGUSON, TIFFANY	178	01:03:29.50	12:46	424/671	01:03:01.90	LETH, AB
81/101	RIDDELL, DEANNA	561	01:05:30.40	13:10	457/671	01:05:21.65	BOW ISLAND, AB
82/101	TAYLOR, KERRY	659	01:05:52.40	13:15	460/671	01:05:32.80	LETH, AB
83/101	DARVEAU-WILLMS, LAURIE	120	01:06:03.85	13:17	464/671	01:05:35.85	LETH, AB
84/101	HIEBERT, SHARI	278	01:06:06.50	13:18	466/671	01:05:46.40	MAGRATH, AB
85/101	DELL, MICA-LEA	133	01:06:13.35	13:19	471/671	01:05:37.65	COALHURST, AB
86/101	DHILLION, RAVINA	510	01:07:29.05	13:34	481/671	01:07:10.75	LETH, AB
87/101	RICHMAN, JENN	559	01:07:47.20	13:38	486/671	01:07:29.65	WELLING, AB
88/101	PATCHING, SHARALYN	497	01:08:03.65	13:41	491/671	01:07:43.60	LETH, AB
89/101	RUSTON, CARRIE	583	01:08:04.35	13:41	492/671	01:07:44.85	LETH, AB
90/101	SCULLEN, MELISSA	592	01:09:33.60	13:59	502/671	01:08:59.20	LETH, AB
91/101	LEROUX, TERRILYNE	372	01:11:17.35	14:20	533/671	01:11:03.65	LETH, AB
92/101	MILLER, LITISHA	439	01:14:39.55	15:01	561/671	01:14:04.65	BROOKS, AB
93/101	CAMPUS, SILVANA	85	01:17:39.05	15:37	580/671	01:17:05.75	LETH, AB
94/101	PIERZCHALA, KELLIE	515	01:18:18.40	15:45	583/671	01:17:40.65	LETH, AB
95/101	JENSEN, JODANA	313	01:20:18.25	16:09	595/671	01:20:02.45	CALGARY, AB
96/101	JENSEN, AMANDA	312	01:20:30.95	16:12	596/671	01:20:14.75	PURPLE SPRINGS, AB
97/101	JENNISON, NICOLE	311	01:20:31.25	16:12	597/671	01:20:14.65	TABER, AB
98/101	JANZER, HOLLY	2108	01:21:18.95	16:21	608/671	01:21:02.00	LETH, AB
99/101	WAGNER, ALLISON	707	01:26:30.10	17:24	630/671	01:26:25.35	LETH, AB
100/101	BERNARD, SARAH	43	01:26:30.30	17:24	631/671	01:26:25.10	LETH, AB
101/101	TURNBULL, AMBER	677	01:30:11.65	18:08	642/671	01:29:30.25	BROOKS, AB

35-39 - 68 Competitors

Cat	Name	Bib #	Time	Pace/M	O/A	Chiptime	City
1/68	HILL, SHERI	281	00:36:55.00	07:25	5/671	00:36:53.35	LETH, AB
2/68	ASUCHAK, SANDRA	14	00:37:59.75	07:38	9/671	00:37:58.00	LETH, AB
3/68	GREEN, DONNA	228	00:42:05.45	08:28	35/671	00:41:58.25	CLARESHOLM, AB
4/68	GERLA, LISA	204	00:42:25.70	08:32	39/671	00:42:21.05	LETH, AB
5/68	BURTON, NATALIE	75	00:44:29.50	08:57	63/671	00:44:26.20	RAYMOND, AB
6/68	VAN DAM, TRACEY	689	00:45:20.30	09:07	74/671	00:45:12.85	REDCLIFF, AB
7/68	JUDD, JANE	323	00:45:29.90	09:09	76/671	00:45:27.20	CARDSTON, AB
8/68	GOUTTIN, MONIQUE	221	00:45:32.35	09:09	77/671	00:45:21.15	LETH, AB
9/68	MULLER, STACI	459	00:45:41.35	09:11	79/671	00:45:38.50	CRANFORD, AB
10/68	SMITH, SANDRA	617	00:46:18.45	09:19	91/671	00:46:17.10	COALDALE, AB
11/68	BAKER, TRACY	21	00:47:03.00	09:28	104/671	00:47:00.30	LETH, AB
12/68	HUVENAARS, MONIQUE	300	00:47:11.80	09:29	107/671	00:46:52.80	HAYS, AB
13/68	OVIATT, CHRISTINE	2110	00:47:12.70	09:30	108/671	00:47:02.05	LETH, AB
14/68	SMITH, NICOLE	616	00:47:26.85	09:32	115/671	00:47:05.75	HILL SPRING, AB

Category Results

5 Miles/ 8 Km

35-39 - 68 Competitors

Cat	Name	Bib #	Time	Pace/M	O/A	Chiptime	City
15/68	STIGTER, MICHELLE KAY	637	00:48:09.30	09:41	125/671	00:48:03.20	REDCLIFF, AB
16/68	LABIUK, COLLEEN	353	00:48:28.50	09:45	134/671	00:48:19.30	LETH, AB
17/68	KOMERY, TANYA	346	00:48:51.90	09:49	139/671	00:48:48.50	TABER, AB
18/68	SMITH, CANDACE	612	00:48:57.65	09:51	142/671	00:48:56.95	LETH, AB
19/68	WALKER, SAMANTHA	711	00:49:07.90	09:53	149/671	00:48:34.55	STIRLING, AB
20/68	FREUND, JULIE	196	00:49:07.95	09:53	150/671	00:48:33.85	LETH, AB
21/68	HOPE, MARNI	285	00:49:53.15	10:02	164/671	00:49:24.95	LETH, AB
22/68	EBNER, KIM	165	00:50:04.35	10:04	169/671	00:50:02.60	COALDALE, AB
23/68	SIMPSON, LAURA	602	00:50:25.85	10:08	174/671	00:50:16.35	RAYMOND, AB
24/68	BRADLEY, BOBBI	63	00:50:53.75	10:14	185/671	00:50:52.25	LETH, AB
25/68	DICK, JENNIFER	136	00:52:21.35	10:32	227/671	00:52:11.35	COALDALE, AB
26/68	TYMKO, RAYLENE	682	00:52:33.60	10:34	232/671	00:52:28.40	LETH, AB
27/68	STROEVE, GISELE	643	00:53:02.20	10:40	237/671	00:52:56.35	PICTURE BUTTE, AB
28/68	O'NEILL, VICKI	478	00:53:24.60	10:44	249/671	00:53:17.70	MAGRATH, AB
29/68	GOUW, CARLA	222	00:53:27.65	10:45	253/671	00:53:23.25	TABER, AB
30/68	PITCHER, KATHY	521	00:53:29.60	10:45	254/671	00:53:28.70	COALDALE, AB
31/68	MARSH HAMM, SANDY	404	00:53:40.95	10:48	260/671	00:53:36.80	LETH, AB
32/68	HATCH, SHAUNA	263	00:54:01.30	10:52	264/671	00:53:51.65	LETH, AB
33/68	WICENTOVICH, LANA	729	00:54:45.95	11:01	277/671	00:54:20.35	LETH, AB
34/68	PIEKEMA, ALISON	513	00:55:12.85	11:06	290/671	00:55:03.05	LETH, AB
35/68	PALMETER, MEL	469	00:55:24.90	11:09	294/671	00:54:59.20	LETH, AB
36/68	AVERY, ALLISON	17	00:55:38.50	11:11	297/671	00:55:21.25	LETH, AB
37/68	NORRIS, LAURA	476	00:56:08.40	11:17	309/671	00:55:56.50	BROOKS, AB
38/68	NICHOLSON, BRENNA	471	00:58:39.65	11:48	343/671	00:58:08.40	LETH, AB
39/68	WILKINSON, LYNDA	734	01:00:02.75	12:04	369/671	00:59:52.00	LETH, AB
40/68	HARRIS, SUZANNE	260	01:00:18.15	12:07	375/671	01:00:10.50	LETH, AB
41/68	MILLER, JACINTA	436	01:00:21.60	12:08	380/671	01:00:06.80	LETH, AB
42/68	THOMPSON, NAOMI	666	01:00:21.65	12:08	381/671	00:59:57.55	COALHURST, AB
43/68	BOES, BRUNETTE	52	01:00:57.55	12:16	394/671	01:00:39.45	HAYS, AB
44/68	WALDNER, IDA	710	01:01:01.30	12:16	395/671	01:00:38.60	BOW ISLAND, AB
45/68	NG, JEANNIE	470	01:01:12.35	12:19	398/671	01:01:04.35	Lethbridge, AB
46/68	PATENAUDE, MELANIE	498	01:02:40.25	12:36	410/671	01:02:00.75	LETH, AB
47/68	MILLER, LAURA	438	01:04:18.75	12:56	432/671	01:03:51.05	LETH, AB
48/68	WOLFE, HEATHER	744	01:04:19.55	12:56	433/671	01:04:17.90	COALDALE, AB
49/68	LOOMER, DEBBIE	378	01:04:21.55	12:57	435/671	01:03:54.55	LETH, AB
50/68	PIPER, TAMMIE	519	01:04:38.95	13:00	440/671	01:04:38.95	LETH, AB
51/68	WIGGILL, JULIE	732	01:04:42.90	13:01	442/671	01:04:21.10	LETH, AB
52/68	FRANCIS, ANGIE	193	01:04:53.45	13:03	445/671	01:04:40.55	LETH, AB
53/68	ULLY, MICHELLE	684	01:05:09.40	13:06	449/671	01:04:40.90	LETH, AB
54/68	BERRY, LORI	107	01:05:52.65	13:15	461/671	01:05:24.70	LETH, AB
55/68	KOZLESKI, LISA	349	01:06:03.75	13:17	463/671	01:05:35.35	LETH, AB
56/68	MAGNAN, STEPHANIE	396	01:07:27.55	13:34	480/671	01:07:16.60	LETH, AB
57/68	HUGENHOLTZ, KERRI	299	01:07:48.30	13:38	487/671	01:07:34.65	CALGARY, AB
58/68	LAROCQUE, MARSHA	359	01:07:48.65	13:38	488/671	01:07:34.10	LETH, AB
59/68	MERRIFIELD, TRACY	431	01:09:39.75	14:01	504/671	01:09:19.25	LETH, AB
60/68	TAKAC, EMMA	655	01:10:53.00	14:15	525/671	01:10:13.85	PINCHER CREEK, AB
61/68	MILLER, LARISSA	437	01:15:35.00	15:12	567/671	01:14:57.80	LETH, AB
62/68	VISSER, SABINA	703	01:19:19.15	15:57	587/671	01:18:54.80	LETH, AB
63/68	ULMER, JAYLENE	685	01:19:19.45	15:57	588/671	01:18:55.40	LETH, AB
64/68	BLOUDOFF, MARLA	50	01:19:47.65	16:03	593/671	01:19:31.75	LETH, AB
65/68	JANZER, JILL	308	01:21:18.05	16:21	607/671	01:21:00.50	LETH, AB
66/68	COLWELL, KERI	109	01:42:17.70	20:35	668/671	01:41:33.60	LETH, AB
67/68	TETRAULT, CANDY	661	01:42:23.35	20:36	670/671	01:41:38.75	LETH, AB
68/68	MARTIN, TARA	410	01:42:23.65	20:36	671/671	01:41:38.35	LETH, AB

40-44 - 48 Competitors

Cat	Name	Bib #	Time	Pace/M	O/A	Chiptime	City
1/48	METZLER, CATHY	434	00:40:52.00	08:13	25/671	00:40:44.25	LETH, AB
2/48	WAKALUK-YANCO, KATHY	708	00:41:55.60	08:26	32/671	00:41:50.40	BLAIRMORE, AB
3/48	HAAPA-AHO, PAMELA	240	00:43:15.55	08:42	50/671	00:42:45.75	LETH, AB
4/48	WRIGHT, HOLLY	749	00:44:10.60	08:53	57/671	00:44:00.00	LETH, AB
5/48	GIN, SUSAN	213	00:44:21.90	08:55	62/671	00:44:18.35	LETH, AB
6/48	LENZ, EMMA	371	00:45:06.55	09:04	70/671	00:44:55.90	COALHURST, AB
7/48	VAN DAM, MANDY	688	00:45:20.55	09:07	75/671	00:45:13.15	MED. HAT, AB

Category Results

5 Miles/ 8 Km

40-44 - 48 Competitors

Cat	Name	Bib #	Time	Pace/M	O/A	Chiptime	City
8/48	DYER, FIONA	161	00:46:42.40	09:23	96/671	00:46:38.60	LETH, AB
9/48	PENNER, CAROLYN	501	00:49:13.10	09:54	151/671	00:49:07.70	COALDALE, AB
10/48	THORNE, TANIA	669	00:49:48.05	10:01	161/671	00:49:30.45	MED. HAT, AB
11/48	MERRITT, ALANA	433	00:49:49.80	10:01	163/671	00:49:43.55	LETH, AB
12/48	VASELENAK, HOLLY	697	00:50:10.45	10:05	170/671	00:50:10.10	COALDALE, AB
13/48	DE GROOT, SANDRA	124	00:50:53.80	10:14	186/671	00:50:35.30	VAUXHALL, AB
14/48	GUNDLOCK, TANYA	416	00:51:23.00	10:20	201/671	00:51:06.10	LETH, AB
15/48	NORN, BRENDA	474	00:51:30.25	10:21	204/671	00:51:25.30	LETH, AB
16/48	JONES, CHRISTINA	320	00:51:30.45	10:21	205/671	00:51:24.45	LETH, AB
17/48	WILSON, PENNI	739	00:51:43.00	10:24	211/671	00:51:34.60	LETH, AB
18/48	KLASSEN, KAREN	340	00:52:30.50	10:33	230/671	00:52:04.25	TABER, AB
19/48	BUSBY, CINDY	76	00:52:58.90	10:39	236/671	00:52:44.20	CLARESHOLM, AB
20/48	GRAY, MARINNE	227	00:53:04.15	10:40	238/671	00:52:48.75	LETH, AB
21/48	KAPPEL, JOANNA	324	00:54:25.00	10:56	273/671	00:53:45.20	LETH, AB
22/48	PITSTRA, JACKIE	522	00:54:56.95	11:03	283/671	00:54:52.50	COALDALE, AB
23/48	MACKINNON, BOBBIE	391	00:55:09.55	11:05	286/671	00:55:00.25	LETH, AB
24/48	WONG, ELIZABETH	745	00:55:27.45	11:09	295/671	00:55:04.45	LETH, AB
25/48	MILNER, KIMBERLIE	445	00:56:32.85	11:22	313/671	00:56:28.05	RAYMOND, AB
26/48	OLSEN, ERIN	483	00:57:15.85	11:31	328/671	00:56:35.55	LETH, AB
27/48	ZECK, DEBORAH	428	00:58:12.25	11:42	337/671	00:57:34.65	LETH, AB
28/48	SCOTT, CAROLYN	589	00:58:26.85	11:45	341/671	00:58:11.20	LETH, AB
29/48	MARSHALL, ANNA	405	00:58:44.45	11:49	344/671	00:58:19.80	LETH, AB
30/48	CAPUTO, KAAREEN	86	00:59:25.85	11:57	355/671	00:59:07.00	LETH, AB
31/48	MARTENS, CHRISTY	407	00:59:37.25	11:59	359/671	00:59:26.50	LETH, AB
32/48	LAMPIER, SUSANNE	355	00:59:48.00	12:01	367/671	00:59:25.75	LETH, AB
33/48	GEORGE, SHOBHA	203	01:00:10.05	12:06	373/671	00:59:36.00	LETH, AB
34/48	SMITH, SHARLEEN	618	01:02:18.80	12:32	408/671	01:01:42.85	MED. HAT, AB
35/48	BOSCH, LISA	62	01:02:19.10	12:32	409/671	01:01:42.15	MED. HAT, AB
36/48	BURNS, CHRISTINE	69	01:05:25.60	13:09	454/671	01:04:47.30	CALGARY, AB
37/48	MASLANYK, ANGELA	412	01:07:55.30	13:39	490/671	01:07:24.40	LETH, AB
38/48	ELASCHUK, GLORIA	167	01:08:36.00	13:48	497/671	01:08:29.50	TURIN, AB
39/48	MOGGE, MARLENE	446	01:09:41.65	14:01	507/671	01:09:25.45	LETH, AB
40/48	NIEBOER, CARLA	472	01:09:41.80	14:01	508/671	01:09:15.25	LETH, AB
41/48	MEAD, CINDY	2109	01:10:35.75	14:12	520/671	01:10:09.45	LETH, AB
42/48	MCFADZEN, MICHELLE	2113	01:10:35.80	14:12	521/671	01:10:08.85	LETH, AB
43/48	AVERY, JACKIE	18	01:12:34.90	14:36	538/671	01:12:05.05	CARDSTON, AB
44/48	MACHIELSE, STEPHANIE	389	01:13:22.65	14:45	548/671	01:12:41.65	COALDALE, AB
45/48	DYER, LEORA	163	01:15:35.10	15:12	568/671	01:14:58.00	LETH, AB
46/48	MONAGHAN, JOAN	448	01:19:11.55	15:56	586/671	01:18:58.35	LETH, AB
47/48	DELAUW, CARMEN	131	01:19:46.20	16:02	592/671	01:19:03.00	LETH, AB
48/48	UNGER, LANA	686	01:32:08.90	18:32	649/671	01:31:48.65	COALDALE, AB

45-49 - 57 Competitors

Cat	Name	Bib #	Time	Pace/M	O/A	Chiptime	City
1/57	KOENIG, KAREN	343	00:38:22.20	07:43	10/671	00:38:17.20	LETH, AB
2/57	KINDLEY, PATRICIA	334	00:38:59.35	07:50	13/671	00:38:56.10	LETH, AB
3/57	HEYLAND, REBECCA	277	00:40:50.60	08:13	24/671	00:40:49.00	LETH, AB
4/57	WILLISTON, SANDRA	737	00:41:31.90	08:21	29/671	00:41:29.05	LETH, AB
5/57	BECK, KIM	39	00:44:20.35	08:55	59/671	00:44:17.25	BOW ISLAND, AB
6/57	LASTUKA, DAWN	360	00:44:31.95	08:57	64/671	00:44:25.35	WRENTHAM, AB
7/57	ROGERS, ANNE	108	00:45:44.90	09:12	80/671	00:45:27.60	MED. HAT, AB
8/57	CLAASSEN, MARJOLEIN	100	00:46:16.75	09:18	90/671	00:46:00.95	VAUXHALL, AB
9/57	MIDDEL, FREDA	435	00:46:31.20	09:21	92/671	00:46:24.90	LETH, AB
10/57	MOROZ, CHRIS	452	00:46:56.50	09:26	100/671	00:46:41.45	LETH, AB
11/57	LANDRY, LISA	356	00:46:57.90	09:27	101/671	00:46:55.90	LETH, AB
12/57	SWIDINSKY, PATTI	652	00:46:58.30	09:27	103/671	00:46:56.00	LETH, AB
13/57	GIBBONS, WENDY	205	00:47:53.75	09:38	117/671	00:47:51.50	LETH, AB
14/57	GOODFELLOW, PIPPA	218	00:48:04.10	09:40	122/671	00:47:53.15	DIAMOND CITY, AB
15/57	STEWART, CAROLYN	633	00:48:58.60	09:51	143/671	00:48:57.45	CALGARY, AB
16/57	DEBOER, LAURIE	129	00:49:02.05	09:51	145/671	00:48:29.55	MONARCH, AB
17/57	VELDMAN, CHRISTY-ANN	699	00:49:23.15	09:56	153/671	00:49:10.35	LETH, AB
18/57	HEGGIE, DIXIE	267	00:49:35.45	09:58	156/671	00:49:31.60	RAYMOND, AB
19/57	BANKS, CHERYL	28	00:49:47.10	10:01	160/671	00:49:30.30	MED. HAT, AB
20/57	PRICE, MARION	534	00:51:36.90	10:23	207/671	00:51:10.70	LETH, AB

Category Results

5 Miles/ 8 Km

45-49 - 57 Competitors

Cat	Name	Bib #	Time	Pace/M	O/A	Chiptime	City
21/57	ROSS, ELAINE	576	00:51:55.15	10:26	216/671	00:51:48.90	LETH, AB
22/57	MACDERMID, HEATHER	385	00:52:03.65	10:28	218/671	00:51:35.75	LETH, AB
23/57	WEISBACH, CARINA	723	00:52:26.90	10:33	228/671	00:51:51.90	LETH, AB
24/57	WOODS, MARIAN	748	00:53:31.25	10:46	255/671	00:53:19.20	LETH, AB
25/57	STOKES, REBECCA	638	00:53:31.35	10:46	257/671	00:53:20.40	LETH, AB
26/57	KELLY, KIM	329	00:54:15.30	10:54	266/671	00:54:15.30	CLARESHOLM, AB
27/57	HUTCHISON, MARIE	295	00:55:41.60	11:12	298/671	00:55:39.30	TABER, AB
28/57	PUURVEEN-VANSCHOTHORST, DENISE	511	00:55:44.45	11:13	301/671	00:55:18.70	LETH, AB
29/57	DOUCETTE, BONNIE	151	00:55:54.35	11:15	303/671	00:55:39.20	MED. HAT, AB
30/57	CARTER, DIANNE	90	00:56:05.45	11:17	308/671	00:55:50.40	LETH, AB
31/57	GUKERT, KAREN	235	00:56:32.90	11:22	314/671	00:56:20.70	LETH, AB
32/57	WESTHEUSER, SUSAN	727	00:57:34.40	11:35	331/671	00:57:11.50	LETH, AB
33/57	DRAIN, CATHY	154	00:58:12.85	11:42	338/671	00:57:56.45	LETH, AB
34/57	SEIFRIDT, KRISTA	593	00:59:35.30	11:59	357/671	00:59:30.00	LETH, AB
35/57	BURTON, LORALEE	74	00:59:35.80	11:59	358/671	00:58:55.20	LETH, AB
36/57	RAUDA, MARIA	548	01:00:51.65	12:14	391/671	01:00:36.55	LETH, AB
37/57	GREEN, SHEILA	229	01:02:06.75	12:29	407/671	01:02:00.90	LUNDBRECK, AB
38/57	MCLEAN, WANDA	424	01:02:49.25	12:38	413/671	01:02:39.45	LETH, AB
39/57	KROMM, HELEN	350	01:03:40.05	12:48	425/671	01:03:27.95	LETH, AB
40/57	WALPER, SHELLY	712	01:04:56.75	13:04	446/671	01:04:17.90	CALGARY, AB
41/57	SWITZER, LISE	653	01:08:33.30	13:47	495/671	01:08:20.75	LETH, AB
42/57	FULTON, KATHY	198	01:09:23.70	13:57	499/671	01:08:59.40	LETH, AB
43/57	ANDERSON, ROXANNE	9	01:09:33.45	13:59	501/671	01:08:52.15	LETH, AB
44/57	OVERWEG, JANNET	487	01:09:46.10	14:02	510/671	01:09:25.20	COALDALE, AB
45/57	YAROSLAWSKY, DARLENE	750	01:09:46.30	14:02	511/671	01:09:08.40	HAYS, AB
46/57	COOPER, CATHY	113	01:11:17.25	14:20	532/671	01:10:53.20	MAGRATH, AB
47/57	BORG, BRENDA	61	01:11:56.60	14:28	537/671	01:11:46.50	LETH, AB
48/57	FLETCHER, JOANNE	2112	01:13:37.10	14:48	550/671	01:13:20.30	
49/57	TURNER, APRIL	678	01:14:22.05	14:57	558/671	01:14:01.80	LETH, AB
50/57	GRUCA, YOLANDA	364	01:14:23.45	14:58	559/671	01:14:02.25	LETH, AB
51/57	RODE, MICHELE	565	01:15:17.00	15:08	566/671	01:15:03.20	COALDALE, AB
52/57	CHAKI-FARRINGTON, LORI	91	01:20:50.15	16:15	600/671	01:20:14.65	LETH, AB
53/57	BRYANT, BRENDA	67	01:21:01.50	16:18	601/671	01:20:24.55	LETH, AB
54/57	ADAMS, ANGELA	1	01:23:38.85	16:49	625/671	01:23:07.15	LETH, AB
55/57	ADAMSON, LORI	2	01:32:08.25	18:32	648/671	01:31:47.25	LETH, AB
56/57	DORMAAR, LOUISE	150	01:38:26.35	19:48	663/671	01:38:12.40	LETH, AB
57/57	SAWCHUK, JOAN	270	01:42:18.25	20:35	669/671	01:41:31.75	LETH, AB

50-54 - 47 Competitors

Cat	Name	Bib #	Time	Pace/M	O/A	Chiptime	City
1/47	GLEN, LAURIE	214	00:40:29.15	08:08	18/671	00:40:29.15	RAINIER, AB
2/47	COOMBES, JUDI	112	00:44:45.65	09:00	66/671	00:44:36.15	MED. HAT, AB
3/47	MACDONALD, MARI	386	00:46:45.15	09:24	97/671	00:46:45.15	LETH, AB
4/47	APPELT, SHARON	12	00:48:24.05	09:44	130/671	00:48:17.05	LETH, AB
5/47	POHL, JOANNE	528	00:50:03.60	10:04	168/671	00:49:35.20	LETH, AB
6/47	MATHIEU, WANDA	414	00:50:25.15	10:08	173/671	00:50:18.65	ENCHANT, AB
7/47	CHRISTENSEN, SHERRY	97	00:50:52.25	10:14	184/671	00:50:46.75	COALHURST, AB
8/47	FINNIE, LAURIE	180	00:52:00.60	10:27	217/671	00:52:00.60	LETH, AB
9/47	ROBERTSON, WANDA	563	00:52:12.75	10:30	222/671	00:52:02.65	LETH, AB
10/47	ADKINS, BETTY	3	00:54:07.50	10:53	265/671	00:53:53.85	TABER, AB
11/47	PONOMAR, WENDY	531	00:54:53.75	11:02	281/671	00:54:36.80	LETH, AB
12/47	BONIN-SANDFORD, LORIE	55	00:55:12.60	11:06	288/671	00:54:55.90	MED. HAT, AB
13/47	LANSER, KAREN	358	00:55:41.80	11:12	299/671	00:55:39.40	TABER, AB
14/47	BASSO, PATRICIA	36	00:55:55.80	11:15	305/671	00:55:40.45	MED. HAT, AB
15/47	TRAVIS, KAREN	674	00:56:24.65	11:21	312/671	00:56:16.70	LETH, AB
16/47	KARNAS, ISABELLE	326	00:58:05.85	11:41	335/671	00:57:46.45	RAYMOND, AB
17/47	AUSTIN, MIRIAM	16	00:59:01.70	11:52	347/671	00:58:47.45	LETH, AB
18/47	HALLADAY, BARB	246	00:59:08.15	11:53	348/671	00:58:36.90	LETH, AB
19/47	BENSON, NOLA	40	00:59:08.30	11:53	350/671	00:58:52.00	LETH, AB
20/47	HAMILTON, MARJ	248	01:00:27.65	12:09	383/671	01:00:01.45	COALHURST, AB
21/47	CHISHOLM, DEBBIE	95	01:00:31.50	12:10	386/671	01:00:25.80	LETH, AB
22/47	JACKSON, VAL	305	01:01:11.00	12:18	397/671	01:01:00.30	LETH, AB
23/47	MARTIN, CAROLINE	408	01:01:23.55	12:21	401/671	01:01:01.40	LETH, AB
24/47	GRASDAL, SHELLEY	225	01:04:14.05	12:55	429/671	01:04:05.15	LETH, AB

Category Results

5 Miles/ 8 Km

50-54 - 47 Competitors

Cat	Name	Bib #	Time	Pace/M	O/A	Chiptime	City
25/47	SINE, EMMA	604	01:05:28.95	13:10	456/671	01:05:16.40	LETH, AB
26/47	OVINGE, PEARL	490	01:05:33.55	13:11	458/671	01:05:14.35	SCANDIA, AB
27/47	KUNDRIK, MARY	351	01:06:14.75	13:19	472/671	01:05:47.15	LETH, AB
28/47	ST. AMAND, RHONDA	625	01:06:15.15	13:19	474/671	01:05:45.65	LETH, AB
29/47	SZABO, WENDY	654	01:07:31.50	13:35	483/671	01:07:22.80	LETH, AB
30/47	MATZ, DODDI	418	01:08:38.35	13:48	498/671	01:08:26.50	LETH, AB
31/47	GAEBEL, CAROLIN	199	01:10:28.05	14:10	519/671	01:10:20.90	LETH, AB
32/47	SHEEN, PENNY	597	01:13:23.00	14:45	549/671	01:12:42.40	LETH, AB
33/47	TYLER, DARLA	679	01:13:50.60	14:51	552/671	01:13:33.00	COALDALE, AB
34/47	TAYLOR, LOURDES	660	01:14:04.20	14:54	554/671	01:13:45.10	RAYMOND, AB
35/47	WARNE, SHERRY	720	01:14:42.20	15:01	563/671	01:14:27.60	LETH, AB
36/47	FOWLER, SYLVIA	191	01:15:51.75	15:15	570/671	01:15:09.15	LETH, AB
37/47	GROSS, CONNIE	233	01:16:10.00	15:19	575/671	01:15:52.00	TABER, AB
38/47	BERKHOFF, LEAH	42	01:18:46.05	15:50	585/671	01:18:09.95	LETH, AB
39/47	LOCKHART, BARBARA	377	01:20:14.95	16:08	594/671	01:19:39.75	LETH, AB
40/47	KONRAD, JANE	347	01:20:49.90	16:15	599/671	01:20:14.20	LETH, AB
41/47	PINSENT, SHERRY	518	01:21:44.20	16:26	610/671	01:21:14.80	SPARWOOD, BC
43/47	MARTIN, ELAINE	409	01:23:16.70	16:45	622/671	01:22:34.30	LETH, AB
42/47	MYCK, SHARON	464	01:23:16.70	16:45	623/671	01:22:34.00	LETH, AB
44/47	DERENZO, DEB	134	01:23:41.85	16:50	627/671	01:23:09.55	LETH, AB
45/47	LESTER, LISE	373	01:31:53.60	18:29	646/671	01:31:37.20	TABER, AB
46/47	PAHULJE, BERNADETTE	492	01:32:24.75	18:35	651/671	01:32:01.50	LETH, AB
47/47	MOROZ, SUE	454	01:42:16.65	20:34	667/671	01:41:30.75	LETH, AB

55-59 - 28 Competitors

Cat	Name	Bib #	Time	Pace/M	O/A	Chiptime	City
1/28	SCOTT, JANE	590	00:43:29.45	08:45	52/671	00:43:28.60	LETH, AB
2/28	TAKEDA, JUNE	656	00:45:54.75	09:14	83/671	00:45:52.05	LETH, AB
3/28	RESIDE, JUDY	555	00:46:04.15	09:16	87/671	00:45:15.40	CALGARY, AB
4/28	RIES, DENISE	562	00:46:13.00	09:17	88/671	00:46:06.40	MED. HAT, AB
5/28	MEGAW, CAROL	429	00:50:26.75	10:09	175/671	00:50:20.90	LETH, AB
6/28	KENNEDY, DEE	553	00:51:08.00	10:17	193/671	00:50:59.30	LETH, AB
7/28	RUMER, MARG	581	00:54:17.20	10:55	268/671	00:54:01.05	LETH, AB
8/28	BAILEY, GLENDA	19	00:54:20.45	10:56	271/671	00:54:07.55	MED. HAT, AB
9/28	THOMAS, KAREN	664	00:55:24.35	11:09	292/671	00:55:00.40	LETH, AB
10/28	BAREHAM-WRIGHT, VALERIE	32	00:55:24.80	11:09	293/671	00:55:03.95	LETH, AB
11/28	PAHULJE, MAJDA	493	00:56:59.45	11:28	322/671	00:56:49.55	LETH, AB
12/28	PERVERSEFF, MARILYN	503	00:57:05.65	11:29	324/671	00:56:42.65	LETH, AB
13/28	BIGGINS, MARIAN	46	00:57:07.40	11:29	326/671	00:56:42.80	LETH, AB
14/28	RACZ, VICKI	542	00:58:49.70	11:50	346/671	00:58:32.05	LETH, AB
15/28	PENNINGTON, BRENDA	502	00:59:08.30	11:53	349/671	00:58:36.00	LETH, AB
16/28	PETERSEN, SARA	506	00:59:46.85	12:01	366/671	00:59:37.35	LETH, AB
17/28	TULI, SIGRUN	676	01:05:25.85	13:09	455/671	01:04:47.95	CALGARY, AB
18/28	HARKER, KAREN	257	01:06:14.75	13:19	473/671	01:05:47.05	LETH, AB
19/28	YOUNG, PAT	375	01:06:44.85	13:25	477/671	01:06:34.45	LETH, AB
20/28	VOSSEBELT, ANN	706	01:09:46.70	14:02	512/671	01:09:25.70	COALDALE, AB
21/28	MACGREGOR, MICKEY	388	01:09:49.35	14:03	513/671	01:09:37.75	ST. ALBERT, AB
22/28	HENKE, KAY	271	01:11:21.75	14:21	534/671	01:10:41.50	LETH, AB
23/28	MILLER, VICKY	443	01:14:06.00	14:54	555/671	01:13:31.55	LETH, AB
24/28	HAMMERSTEDT, JUDY	249	01:18:45.85	15:50	584/671	01:18:09.45	LETH, AB
25/28	WARKENTIN, ELIZABETH	717	01:19:24.05	15:58	589/671	01:19:01.65	COALDALE, AB
26/28	THRESHER, ANN	670	01:21:43.05	16:26	609/671	01:21:12.45	BLAIRMORE, AB
27/28	JENSEN, JANE	611	01:23:37.30	16:49	624/671	01:23:21.45	LETH, AB
28/28	BORAS, DOROTHY	59	01:32:23.90	18:35	650/671	01:32:01.70	LETH, AB

60-64 - 9 Competitors

Cat	Name	Bib #	Time	Pace/M	O/A	Chiptime	City
1/9	WILLMS, MAUREEN	738	00:53:21.45	10:44	244/671	00:53:07.55	LETH, AB
2/9	FRANZ, JANE	194	00:56:38.40	11:23	316/671	00:56:27.15	COALDALE, AB
3/9	SANTONI, PAT	586	00:59:14.40	11:55	353/671	00:59:06.65	LETH, AB
4/9	SMART, YOLANDE	608	01:10:15.00	14:08	516/671	01:10:07.65	LETH, AB
5/9	DYCK, SHARON	158	01:10:50.00	14:15	524/671	01:10:25.10	LETH, AB
6/9	BERG, ESTHER	41	01:19:24.35	15:58	590/671	01:19:02.15	COALDALE, AB
7/9	FLAMAN, LINDA	185	01:29:21.15	17:58	636/671	01:28:42.60	COALDALE, AB

Category Results

5 Miles/ 8 Km

60-64 - 9 Competitors

Cat	Name	Bib #	Time	Pace/M	O/A	Chiptime	City
8/9	JONES, GINGER	321	01:38:26.50	19:48	664/671	01:38:13.30	LETH, AB
9/9	FITZE, MARY	182	01:39:04.90	19:56	665/671	01:38:51.25	LETH, AB

65-69 - 4 Competitors

Cat	Name	Bib #	Time	Pace/M	O/A	Chiptime	City
1/4	NORRIS, JOAN	475	00:45:54.55	09:14	82/671	00:45:54.20	LETH, AB
2/4	TYMKO, JENNY	681	00:49:40.35	09:59	157/671	00:49:34.30	LETH, AB
3/4	EVANS, CAROLYN	176	01:01:14.30	12:19	399/671	01:01:13.75	COALDALE, AB
4/4	TIPPER, DOROTHY	672	01:13:02.05	14:41	543/671	01:12:59.95	LETH, AB

70+ - 6 Competitors

Cat	Name	Bib #	Time	Pace/M	O/A	Chiptime	City
1/6	WHITE, MARY MADELINE	728	01:00:28.10	12:09	385/671	01:00:18.50	CALGARY, AB
2/6	POELT, CAROL	527	01:09:32.25	13:59	500/671	01:09:14.95	COLEMAN, AB
3/6	STALLARD, MOLLY	626	01:13:02.35	14:41	544/671	01:13:00.60	LETH, AB
4/6	DYER, CATHERINE	159	01:19:40.30	16:01	591/671	01:19:21.45	LETH, AB
5/6	BAIRD, LEOLA	20	01:21:02.45	16:18	602/671	01:20:26.45	LETH, AB
6/6	MORRISON, JOYCE	457	01:28:34.80	17:49	635/671	01:27:55.20	Lethbridge, AB