

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Alpha Overall Results

8K Run - 4.97 Miles

OA/PI	Name	Bib#	Time	Pace	Category	Cat/PI	Chiptime	City
516/675	AARSEN, MARION	1	01:07:59.45	08:29	65-69	7/9	01:07:37.55	LETH, AB.
385/675	ABRAHAM, ELAINE	2	00:59:11.60	07:23	MOTHER/DAUGH'	41/106	00:59:01.70	KELOWNA, BC
144/675	ACTON, JILLIAN	3	00:48:32.95	06:04	30-34	30/126	00:48:18.50	CALGARY, AB.
528/675	ADDISON, FELICITY	4	01:08:36.00	08:34	25-29	59/66	01:07:53.35	LETH, AB.
529/675	ADDISON, LINDA	5	01:08:36.00	08:34	45-49	31/41	01:07:53.65	LETH, AB.
213/675	ADKINS, BETTY	6	00:51:27.60	06:25	55-59	4/24	00:51:16.20	TABER, AB.
82/675	ALLAN, LEAH	7	00:45:24.40	05:40	25-29	10/66	00:45:12.05	SHERWOOD PARK, AB.
658/675	AMENT, LOREEN	8	01:28:47.65	11:05	70+	8/8	01:28:27.35	COALHURST, AB.
412/675	ANDERSON, ANNIE-JO	9	01:00:26.70	07:33	30-34	75/126	00:59:48.70	LETH, AB.
424/675	ANDERSON, LINDSAY	11	01:01:01.80	07:37	50-54	26/43	01:00:31.10	TABER, AB.
480/675	ANDERSON, TIFFINY	13	01:05:11.80	08:08	40-44	50/59	01:04:57.05	LETH, AB.
517/675	ANNETT, ELLISON	14	01:08:02.70	08:30	MOTHER/DAUGH'	65/106	01:07:37.70	BROOKS, AB.
133/675	APPELT, SHARON	15	00:47:53.10	05:59	55-59	2/24	00:47:43.05	LETH, AB.
69/675	APPELT, TONIA	16	00:44:35.45	05:34	35-39	16/82	00:44:27.05	CALGARY, AB.
530/675	APPERLOO, LUCRETIA	17	01:08:38.05	08:34	40-44	54/59	01:08:23.90	LETH, AB.
150/675	APPLETON, AMY	18	00:48:57.35	06:07	MOTHER/DAUGH'	14/106	00:48:43.65	SHERWOOD PARK, AB.
406/675	APPLETON, ANNA	19	01:00:23.35	07:32	MOTHER/DAUGH'	47/106	01:00:10.55	SHERWOOD PARK, AB.
371/675	APPLETON, ELIZABETH	20	00:58:25.20	07:18	MOTHER/DAUGH'	40/106	00:58:14.30	LETH, AB.
621/675	APPLETON, LAVERN	21	01:20:17.70	10:02	MOTHER/DAUGH'	89/106	01:19:59.20	LETH, AB.
603/675	APPLETON, MADY	22	01:16:47.20	09:35	MOTHER/DAUGH'	83/106	01:16:35.00	SHERWOOD PARK, AB.
398/675	ARMSTRONG, MARILYN	23	00:59:46.80	07:28	70+	1/8	00:59:40.55	TWIN BUTTE, AB, AB.
8/675	ASUCHAK, SANDRA	24	00:38:58.05	04:52	35-39	4/82	00:38:57.70	LETH, AB.
563/675	AULENBACK, LINDA	26	01:12:11.90	09:01	50-54	33/43	01:12:04.50	LETH, AB.
504/675	AVISON, AMANDA	28	01:06:47.70	08:20	30-34	96/126	01:06:05.25	LETH, AB.
581/675	BAIRD, LEOLA	29	01:13:43.90	09:12	70+	5/8	01:13:34.30	LETH, AB.
526/675	BAKER, DARILYN	30	01:08:31.35	08:33	40-44	53/59	01:08:18.75	LETH, AB.
23/675	BALDRY, LINDSAY	31	00:40:50.30	05:06	SISTER/SISTER	4/55	00:40:47.90	RAYMOND, AB.
53/675	BALOG-DOHERTY, BECKY	33	00:43:31.70	05:26	25-29	7/66	00:43:07.60	LETH, AB.
339/675	BANKS, CHERYL	34	00:56:19.00	07:02	45-49	19/41	00:56:05.50	MEDICINE HAT, AB.
318/675	BAREHAM-WRIGHT, VALERIE	35	00:54:59.75	06:52	55-59	9/24	00:54:54.10	LETH, AB.
494/675	BARRON, SHANDI	36	01:05:58.15	08:14	30-34	91/126	01:05:15.80	LETH, AB.
492/675	BATES, KARMYN	38	01:05:55.70	08:14	25-29	55/66	01:05:40.00	COALHURST, AB.
151/675	BATTERSHILL, JAYME	162	00:49:00.20	06:07	30-34	33/126	00:48:48.00	MILLET, AB.
305/675	BAXTER, JOANNA	39	00:54:30.35	06:48	30-34	64/126	00:54:17.35	FT. MACLEOD, AB.
420/675	BEAZER, CLARA	40	01:00:40.70	07:35	MOTHER/DAUGH'	48/106	01:00:31.80	CARDSTON, AB.
91/675	BEAZER, EMMA	41	00:45:48.50	05:43	MOTHER/DAUGH'	8/106	00:45:37.40	CARDSTON, AB.
602/675	BEAZER, MARY	42	01:16:45.55	09:35	MOTHER/DAUGH'	82/106	01:16:33.45	CARDSTON, AB.
322/675	BEAZER, PATRICIA	43	00:55:10.50	06:53	MOTHER/DAUGH'	35/106	00:54:55.75	CARDSTON, AB.
31/675	BEBEK, BRYNNE	44	00:41:52.80	05:14	MOTHER/DAUGH'	2/106	00:41:41.80	LETH, AB.
355/675	BECK, KIM	45	00:57:35.70	07:11	45-49	22/41	00:57:14.50	BOW ISLAND, AB.
277/675	BECTELL, LIZ	47	00:53:40.35	06:42	35-39	38/82	00:53:31.95	CARDSTON, AB.
239/675	BECTELL, RACHEL	549	00:52:12.95	06:31	19&U	9/17	00:52:05.55	CARDSTON, AB.
465/675	BENNETT, EMILY	48	01:04:05.85	08:00	25-29	54/66	01:03:41.55	LETH, AB.
159/675	BENNETT, JANNA	25	00:49:13.40	06:09	SISTER/SISTER	14/55	00:49:09.85	LETH, AB.
601/675	BERDAY-DUSKE, LORI	50	01:16:44.10	09:35	60-64	9/15	01:16:17.40	LETH, AB.
617/675	BERGESON, BRITTANY	69	01:19:54.15	09:59	SISTER/SISTER	53/55	01:19:17.35	LETH, AB.
72/675	BEVANS, CHRISTY	52	00:44:46.00	05:35	30-34	13/126	00:44:13.95	CRANBROOK, BC
304/675	BEVANS, KAREN	53	00:54:30.00	06:48	40-44	34/59	00:54:20.95	CARDSTON, AB.
672/675	BEZOOYEN, ANDREA	54	01:36:39.55	12:04	30-34	126/126	01:35:58.35	COALDALE, AB.
290/675	BIGSTONE, BILLIE	56	00:53:56.90	06:44	30-34	60/126	00:53:33.95	LETH, AB.
478/675	BLUMEL, JANA	58	01:05:09.45	08:08	35-39	66/82	01:04:55.15	BROOKS, AB.
463/675	BOEHMER, KRISTA	59	01:04:03.15	08:00	25-29	53/66	01:03:33.25	CARDSTON, AB.
242/675	BOND, SARA	60	00:52:15.90	06:31	25-29	27/66	00:51:55.20	LETH, AB.
351/675	BONIN-SANDFORD, LORIE	61	00:57:30.70	07:11	50-54	19/43	00:57:17.35	MEDICINE HAT, AB.
99/675	BONISH, KELSIE	62	00:46:15.65	05:46	25-29	12/66	00:46:11.15	LETH, AB.
276/675	BORAS, AILYSH	63	00:53:37.30	06:42	19&U	10/17	00:53:30.15	LETH, AB.
177/675	BORAS, ANTHEA	64	00:50:04.60	06:15	40-44	19/59	00:49:54.80	LETH, AB.

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8K Run - 4.97 Miles

OA/PI	Name	Bib#	Time	Pace	Category	Cat/PI	Chiptime	City
673/675	BORAS, DOROTHY	65	01:37:03.70	12:07	55-59	24/24	01:36:42.10	LETH, AB.
27/675	BORAS, SHALYN	66	00:41:23.85	05:10	19&U	3/17	00:41:23.15	LETH, AB.
635/675	BORG, BRENDA	68	01:22:31.20	10:18	50-54	41/43	01:22:27.40	LETH, AB.
488/675	BORTHWICK, ERIKA	32	01:05:41.00	08:12	30-34	89/126	01:05:18.50	LETH, AB.
260/675	BOSCHEE, LAVERNE	70	00:52:59.70	06:37	50-54	14/43	00:52:37.00	LETH, AB.
377/675	BOSTERS, HEATHER	72	00:58:44.95	07:20	30-34	71/126	00:58:29.45	LETH, AB.
183/675	BOYSON, JILLIAN	73	00:50:20.95	06:17	20-24	5/24	00:50:03.85	CARDSTON, AB.
223/675	BOYSON, PAM	74	00:51:49.60	06:28	50-54	11/43	00:51:29.45	CARDSTON, AB.
445/675	BRODERSON, SAMANTHA	75	01:02:35.70	07:49	30-34	83/126	01:01:59.40	ENCHANT, AB.
667/675	BROUWERS, LINDSEY	76	01:31:25.50	11:25	30-34	125/126	01:30:55.30	VAUXHALL, AB.
100/675	BROWER, APRIL	77	00:46:33.35	05:49	50-54	7/43	00:46:12.90	WARNER, AB.
514/675	BROWN, JANICE	78	01:07:38.70	08:27	50-54	28/43	01:07:19.60	LETH, AB.
663/675	BROWN, NICHELLE	80	01:30:12.00	11:16	MOTHER/DAUGH'	102/106	01:29:47.70	COALHURST, AB.
336/675	BROWN, TESS	81	00:56:06.80	07:00	MOTHER/DAUGH'	38/106	00:55:56.65	FT. MACLEOD, AB.
452/675	BROWNRIDGE, NICOLE	82	01:02:48.60	07:51	35-39	63/82	01:02:16.05	LETH, AB.
327/675	BRUCE, JAMIE	83	00:55:30.20	06:56	25-29	37/66	00:54:56.60	SPARWOOD, BC
173/675	BRUCE, SHANNON	268	00:49:52.20	06:14	25-29	21/66	00:49:47.10	LETH, BC
590/675	BRUNNER, SARAH	85	01:15:23.60	09:25	30-34	107/126	01:15:19.15	LETH, AB.
580/675	BRYANT, BRENDA	86	01:13:43.45	09:12	45-49	37/41	01:13:34.15	LETH, AB.
393/675	BULTSMA, REBECCA	88	00:59:40.75	07:27	SISTER/SISTER	36/55	00:59:12.65	CARDSTON, AB.
219/675	BUREK, JUDY	89	00:51:39.05	06:27	50-54	10/43	00:51:21.15	LETH, AB.
306/675	BURGER, DANIELLE	510	00:54:33.55	06:49	20-24	13/24	00:54:25.45	LETH, AB.
482/675	BURNEY, GERI	90	01:05:14.80	08:09	40-44	51/59	01:05:05.60	CALGARY, AB.
534/675	BURNEY, JESSICA	91	01:09:01.75	08:37	19&U	17/17	01:08:53.75	CALGARY, AB.
640/675	BURR, SHELLEY	92	01:23:49.25	10:28	50-54	42/43	01:23:34.80	MEDICINE HAT, AB.
642/675	BURTON, AMANDA	93	01:24:06.70	10:30	30-34	116/126	01:23:36.70	COALDALE, AB.
125/675	BURTON, NATALIE	94	00:47:37.60	05:57	40-44	16/59	00:47:35.70	RAYMOND, AB.
627/675	BURTON, SARAH	95	01:21:14.80	10:09	35-39	81/82	01:20:49.00	LETH, AB.
357/675	BUSWELL, ASHLEY	96	00:57:46.40	07:13	SISTER/SISTER	35/55	00:57:44.20	LETH, AB.
444/675	BUSZ, MARY	97	01:02:35.60	07:49	30-34	82/126	01:02:21.50	NOBLEFORD, AB.
235/675	BYAM, BROOKE	98	00:52:12.15	06:31	SISTER/SISTER	21/55	00:51:44.50	OKOTOKS, AB.
157/675	CALE, MARCELLE	100	00:49:08.45	06:08	45-49	9/41	00:49:00.45	COALDALE, AB.
345/675	CAMPBELL, JESSICA	101	00:56:53.80	07:06	25-29	40/66	00:56:27.30	LETH, AB.
669/675	CAMPUS, NESTA	102	01:34:46.20	11:50	MOTHER/DAUGH'	104/106	01:34:11.70	CALGARY, AB.
466/675	CAMPUS, RINA	103	01:04:06.50	08:00	MOTHER/DAUGH'	57/106	01:03:31.30	CALGARY, AB.
668/675	CAMPUS, SILVANA	104	01:34:44.90	11:50	MOTHER/DAUGH'	103/106	01:34:08.30	LETH, AB.
58/675	CANADINE, LESLEE	105	00:43:45.55	05:28	40-44	7/59	00:43:40.05	MEDICINE HAT, AB.
172/675	CASTELLI, LYN	108	00:49:45.95	06:13	45-49	12/41	00:49:31.55	LETH, AB.
70/675	CHAMBERS, BRIGIDA	110	00:44:40.75	05:35	40-44	10/59	00:44:35.35	LETH, AB.
161/675	CHANG, EVA	113	00:49:15.00	06:09	45-49	11/41	00:48:59.50	LETH, AB.
660/675	CHAPLIN, CONNIE	114	01:29:49.30	11:13	60-64	14/15	01:29:23.00	LETH, AB.
205/675	CHAPMAN, MONIQUE	115	00:51:11.70	06:23	35-39	29/82	00:50:53.00	COALHURST, AB.
582/675	CHARLES, MARIANNA	116	01:13:56.05	09:14	SISTER/SISTER	50/55	01:13:43.40	LETH, AB.
594/675	CHISHOLM, DEBBIE	118	01:16:10.45	09:31	50-54	38/43	01:15:43.70	LETH, AB.
89/675	CHORNEY, CARRIE	119	00:45:45.50	05:43	MOTHER/DAUGH'	7/106	00:45:44.20	CALGARY, AB.
622/675	CHRAPKO, CHERYL	120	01:20:47.30	10:05	50-54	40/43	01:20:27.15	LETH, AB.
307/675	CHRAPKO, KAREN	121	00:54:37.20	06:49	30-34	65/126	00:54:17.90	LETH, AB.
28/675	CHRISTENSEN, KATHY	326	00:41:30.90	05:11	25-29	2/66	00:41:30.45	LETH, AB.
98/675	CHRISTENSEN, SHERRY	122	00:46:14.95	05:46	50-54	6/43	00:46:10.95	COALHURST, AB.
618/675	CHRISTENSON, KARLEE	123	01:20:01.70	10:00	SISTER/SISTER	54/55	01:19:25.05	LETH, AB.
51/675	CHRISTIANSON, KIM	124	00:43:24.50	05:25	30-34	10/126	00:43:23.50	TABER, AB.
80/675	CLAASSEN, MARJOLEIN	126	00:45:16.20	05:39	50-54	4/43	00:45:16.20	VAUXHALL, AB.
24/675	CLAMP, JANET	127	00:41:13.20	05:09	30-34	4/126	00:41:08.90	LETH, AB.
308/675	CLARK, JASMINE	128	00:54:38.00	06:49	20-24	14/24	00:54:31.90	LETH, AB.
160/675	CLARK, MYRA	759	00:49:13.65	06:09	35-39	24/82	00:49:00.30	LETH, AB.
650/675	CLARKE, SHANNON	129	01:26:03.65	10:45	30-34	120/126	01:25:36.10	TABER, AB.
293/675	CLELAND, CYNTHIA	130	00:54:04.50	06:45	MOTHER/DAUGH'	32/106	00:53:53.85	BOW ISLAND, AB.

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Alpha Overall Results

8K Run - 4.97 Miles

OA/PI	Name	Bib#	Time	Pace	Category	Cat/PI	Chiptime	City
247/675	CLELAND, KIRSTEN	131	00:52:22.65	06:32	MOTHER/DAUGH'	26/106	00:52:11.80	MAGRATH, AB.
430/675	CLEMENT, LIZ	133	01:01:21.45	07:40	25-29	49/66	01:00:50.30	CALGARY, AB.
381/675	COLLIN, KAREN	342	00:58:59.15	07:22	50-54	21/43	00:58:28.80	LETH, AB.
128/675	COMCHI, GILLIAN	134	00:47:44.95	05:58	SISTER/SISTER	13/55	00:47:40.35	LETH, AB.
593/675	CONAN, KAYCEE	135	01:15:55.90	09:29	MOTHER/DAUGH'	81/106	01:15:45.75	LETH, AB.
557/675	CONAN, NANCY	136	01:11:27.30	08:55	MOTHER/DAUGH'	74/106	01:11:16.70	LETH, AB.
279/675	CONROY, ALISON	137	00:53:44.40	06:43	40-44	30/59	00:53:30.20	LETH, AB.
329/675	CONSTANTIN, BECKY	138	00:55:37.85	06:57	25-29	38/66	00:55:22.90	LETH, AB.
116/675	COOMBES, JUDI	140	00:47:25.95	05:55	50-54	8/43	00:46:56.40	MEDICINE HAT, AB.
589/675	COOPER, MISSY	141	01:15:21.50	09:25	30-34	106/126	01:15:18.75	LETH, AB.
145/675	COOPER, RACHELLE	142	00:48:41.85	06:05	30-34	31/126	00:48:15.50	BARNWELL, AB.
18/675	COURT, AMY	143	00:40:13.95	05:01	25-29	1/66	00:40:12.60	LETH, AB.
454/675	COUSINS, MARY	428	01:02:58.15	07:52	45-49	27/41	01:02:45.10	LETH, AB.
111/675	COWAN, CARRIE	144	00:47:03.10	05:52	30-34	22/126	00:46:33.40	LETH, AB.
544/675	COWIE, JEN	145	01:09:36.55	08:42	25-29	62/66	01:09:04.85	LETH, AB.
240/675	COX, SHEANNE	285	00:52:13.55	06:31	40-44	27/59	00:52:02.90	LETH, AB.
143/675	CRADDOCK, KELLY JO	146	00:48:32.65	06:04	30-34	29/126	00:48:21.05	LETH, AB.
255/675	CRUSE, CARLY	147	00:52:45.50	06:35	25-29	30/66	00:52:22.00	LETH, AB.
214/675	DA PONTE, MICHELLE	148	00:51:28.50	06:26	30-34	46/126	00:51:14.05	LETH, AB.
44/675	DAKIN, SUSAN	149	00:42:55.80	05:21	50-54	1/43	00:42:51.15	LETH, AB.
180/675	DARROCH, AMBER	153	00:50:14.40	06:16	40-44	20/59	00:50:11.70	LETH, AB.
195/675	DAVIES, ALISSA	154	00:50:46.40	06:20	20-24	6/24	00:50:23.45	LETH, AB.
359/675	DAVIS, JACKIE	155	00:57:50.65	07:13	55-59	11/24	00:57:22.50	CARDSTON, AB.
266/675	DAVIS, KATHRYN	156	00:53:14.40	06:39	SISTER/SISTER	26/55	00:53:13.10	TABER, AB.
638/675	DAVIS, LEANNE	157	01:23:28.90	10:26	25-29	65/66	01:22:53.10	LETH, AB.
637/675	DAY, GAYNEL	158	01:22:31.50	10:18	MOTHER/DAUGH'	94/106	01:22:05.10	LETH, AB.
636/675	DAY, MORGAN	159	01:22:31.30	10:18	MOTHER/DAUGH'	93/106	01:22:06.70	LETH, AB.
527/675	DE HOYOS, BRISSA	160	01:08:35.80	08:34	30-34	99/126	01:07:59.00	LETH, AB.
498/675	DECECCO-KOLEBABA, MANDY	161	01:06:20.80	08:17	30-34	93/126	01:06:11.85	LETH, AB.
103/675	DEKENS, KENDRA	163	00:46:50.20	05:51	30-34	18/126	00:46:43.45	LETH, AB.
426/675	DEKENS, KRISTY	164	01:01:06.45	07:38	SISTER/SISTER	39/55	01:00:44.10	LETH, AB.
52/675	DELANOY, LORI	165	00:43:26.35	05:25	40-44	5/59	00:43:17.45	VAUXHALL, AB.
607/675	DELL, MICA-LEA	167	01:17:29.90	09:41	30-34	110/126	01:16:57.40	COALHURST, AB.
231/675	DEWACHT, AIMEE	169	00:52:04.35	06:30	35-39	32/82	00:51:35.40	LETH, AB.
402/675	DOELER, DANIELLE	151	01:00:05.20	07:30	25-29	46/66	00:59:37.90	LETH, AB.
309/675	DOERKSEN, BAILEY	172	00:54:39.10	06:49	MOTHER/DAUGH'	33/106	00:54:16.75	COALDALE, AB.
546/675	DOERKSEN, JENNY	173	01:09:45.15	08:43	MOTHER/DAUGH'	72/106	01:09:23.35	COALDALE, AB.
566/675	DOERKSEN, KAYCEE	174	01:12:16.85	09:02	MOTHER/DAUGH'	77/106	01:11:54.20	COALDALE, AB.
20/675	DOHERTY, JACLYN	175	00:40:34.65	05:04	MOTHER/DAUGH'	1/106	00:40:32.55	LETH, AB.
102/675	DONAHUE, DEVON	176	00:46:43.60	05:50	MOTHER/DAUGH'	10/106	00:46:29.30	LETH, AB.
539/675	DONAHUE, KAREN	177	01:09:08.45	08:38	MOTHER/DAUGH'	68/106	01:08:52.75	FT. MACLEOD, AB.
446/675	DONKERSGOED, KENZIE	178	01:02:40.35	07:50	MOTHER/DAUGH'	53/106	01:02:20.20	LETH, AB.
449/675	DONKERSGOED, SHANNON	179	01:02:45.70	07:50	MOTHER/DAUGH'	56/106	01:02:25.95	LETH, AB.
268/675	DORMAAR, JUDI	181	00:53:16.60	06:39	50-54	15/43	00:53:12.10	LETH, AB.
62/675	DRAIN, CAILIN	182	00:43:49.20	05:28	19&U	5/17	00:43:44.80	LETH, AB.
191/675	DRAIN, CATHY	183	00:50:42.40	06:20	45-49	14/41	00:50:37.60	LETH, AB.
334/675	DRISCOLL, ROSALIE	184	00:56:01.35	07:00	45-49	18/41	00:55:45.45	LETH, AB.
262/675	DUBE, MICHELLE	185	00:53:07.85	06:38	40-44	29/59	00:53:06.35	TABER, AB.
2/675	DUDAS, GINA	186	00:36:35.25	04:34	SISTER/SISTER	1/55	00:36:33.40	LETH, AB.
616/675	DUFF, JEANNIE	188	01:19:51.95	09:58	45-49	38/41	01:19:14.55	LETH, AB.
286/675	DUMONTIER, LEANNE	189	00:53:53.15	06:44	40-44	32/59	00:53:49.85	LETH, AB.
411/675	DUNCAN, ASHLEY	190	01:00:26.00	07:33	20-24	18/24	01:00:10.30	LETH, AB.
555/675	DUPLESSION, JULIANNA	191	01:11:13.65	08:54	45-49	35/41	01:10:48.50	LETH, AB.
615/675	DYER, CATHERINE	192	01:19:31.50	09:56	70+	7/8	01:19:11.60	LETH, AB.
12/675	DYER, FIONA	193	00:39:26.00	04:55	45-49	2/41	00:39:23.05	LETH, AB.
382/675	EDWARDS, RAYLEE	194	00:59:05.30	07:23	35-39	56/82	00:58:22.10	LETH, AB.
639/675	ELASCHUK, GLORIA	195	01:23:29.40	10:26	45-49	40/41	01:22:56.30	TURIN, AB.

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Alpha Overall Results

8K Run - 4.97 Miles

OA/PI	Name	Bib#	Time	Pace	Category	Cat/PI	Chiptime	City
5/675	ELLIS-TODDINGTON, JENNIFER	196	00:37:42.00	04:42	35-39	3/82	00:37:41.70	LETH, AB.
218/675	ENEVOLD, SHEILA	197	00:51:37.95	06:27	40-44	26/59	00:51:37.05	LETH, AB.
184/675	ENS, JESSICA	198	00:50:25.40	06:18	25-29	22/66	00:50:21.10	LETH, AB.
606/675	ENTZ, BRENDA	199	01:17:29.60	09:41	30-34	109/126	01:16:58.00	LETH, AB.
245/675	ERICKSON, BRITTNEY	200	00:52:20.90	06:32	25-29	28/66	00:52:18.60	LETH, AB.
505/675	ERVIN, AMANDA	201	01:06:47.85	08:20	25-29	58/66	01:06:05.20	LETH, AB.
545/675	EUBANK, DEB	202	01:09:39.55	08:42	MOTHER/DAUGH'	71/106	01:09:14.35	BROOKS, AB.
484/675	EVANS, CAROLYN	203	01:05:31.30	08:11	65-69	6/9	01:05:24.45	COALDALE, AB.
410/675	EVANS, LINDA	204	01:00:25.50	07:33	65-69	4/9	01:00:11.60	BARNWELL, AB.
353/675	EYDING, SARAH	205	00:57:32.10	07:11	30-34	68/126	00:57:16.50	COALHURST, AB.
4/675	FERGUSON, BILLIE-JO	206	00:36:53.70	04:36	35-39	2/82	00:36:51.85	TABER, AB.
182/675	FERRARI, CARLA	669	00:50:15.40	06:16	30-34	41/126	00:50:01.65	LETH, AB.
325/675	FINNIE, LAURIE	207	00:55:24.85	06:55	50-54	18/43	00:54:46.60	LETH, AB.
208/675	FIX, RAEGAN	208	00:51:18.20	06:24	MOTHER/DAUGH'	24/106	00:51:02.30	LETH, AB.
323/675	FLAMOND, JODIE	209	00:55:14.15	06:54	35-39	45/82	00:54:58.85	LETH, AB.
363/675	FOX, BRITTANY	212	00:58:03.10	07:15	20-24	15/24	00:57:41.10	LETH, AB.
265/675	FOX, KASEY	213	00:53:13.35	06:39	35-39	37/82	00:53:07.00	LETH, AB.
483/675	FRANCIS, ANGIE	550	01:05:28.50	08:11	35-39	68/82	01:05:06.40	LETH, AB.
520/675	FRASER, VALERIE	214	01:08:09.05	08:31	40-44	52/59	01:07:39.55	LETH, AB.
217/675	FRESS, LILA	215	00:51:36.85	06:27	30-34	48/126	00:51:22.15	LETH, AB.
87/675	FREUND, JULIE	216	00:45:40.20	05:42	MOTHER/DAUGH'	6/106	00:45:30.10	LETH, AB.
558/675	FRIESEN, CANDACE	217	01:11:43.20	08:57	SISTER/SISTER	47/55	01:11:12.90	LETH, AB.
500/675	FULLER, BREEANNE	218	01:06:26.25	08:18	30-34	94/126	01:06:09.10	LETH, AB.
450/675	GAEBEL, CAROLYN	220	01:02:46.90	07:50	55-59	13/24	01:02:44.80	LETH, AB.
433/675	GAMEZ, JESSICA	221	01:01:49.70	07:43	30-34	80/126	01:01:42.85	COALDALE, AB.
574/675	GAMMON, BARBARA	222	01:12:45.35	09:05	60-64	7/15	01:12:39.00	LETH, AB.
291/675	GARDINER, LAURA	223	00:54:02.15	06:45	20-24	12/24	00:53:42.55	LETH, AB.
347/675	GEDRASIK, TERRI	224	00:57:02.00	07:07	SISTER/SISTER	34/55	00:56:37.40	LETH, AB.
613/675	GEISLER, DANIELLE	225	01:19:05.05	09:53	30-34	111/126	01:18:45.35	LETH, AB.
554/675	GELLENY, FREDDIE	226	01:10:55.25	08:51	45-49	34/41	01:10:17.95	LETH, AB.
531/675	GEORGE-SAMUEL, ERIN	228	01:08:44.55	08:35	25-29	60/66	01:08:09.35	LETH, AB.
207/675	GERTZEN, AMANDA	229	00:51:17.10	06:24	30-34	44/126	00:51:08.60	VAUXHALL, AB.
105/675	GIBB, CANDICE	230	00:46:52.10	05:51	30-34	19/126	00:46:24.50	BARNWELL, AB.
259/675	GIBB, JAMI	231	00:52:57.80	06:37	SISTER/SISTER	25/55	00:52:26.50	HILL SPRING, AB.
313/675	GIBB, ROISIN	233	00:54:50.10	06:51	30-34	66/126	00:54:41.40	LETH, AB.
612/675	GILL, TANYA	236	01:19:04.90	09:53	35-39	80/82	01:18:45.30	LETH, AB.
447/675	GILLET, ALLISON	237	01:02:41.60	07:50	MOTHER/DAUGH'	54/106	01:02:23.90	LETH, AB.
477/675	GILLET, QUINN	238	01:05:01.00	08:07	MOTHER/DAUGH'	60/106	01:04:43.20	LETH, AB.
282/675	GILLET, SHARON	239	00:53:49.25	06:43	MOTHER/DAUGH'	31/106	00:53:27.65	LETH, AB.
71/675	GLEN, LAURIE	240	00:44:43.40	05:35	50-54	3/43	00:44:42.40	RAINIER, AB.
542/675	GOGO, JOYCE	241	01:09:21.70	08:40	70+	4/8	01:09:21.70	LETH, AB.
92/675	GOLDIE, JAN	242	00:45:50.45	05:43	50-54	5/43	00:45:49.40	COALHURST, AB.
64/675	GOLDIE, KATIE	243	00:43:54.10	05:29	20-24	1/24	00:43:54.05	COALHURST, AB.
77/675	GOODFELLOW, PIPPA	244	00:45:04.10	05:38	45-49	6/41	00:44:47.10	DIOAMOND CITY, AB.
146/675	GOOK, ADA	245	00:48:42.25	06:05	30-34	32/126	00:48:41.05	LETH, AB.
165/675	GOUCHIE, BECKY	84	00:49:33.05	06:11	30-34	39/126	00:49:20.85	FT. MACLEOD, AB.
367/675	GRAHAM, STEPHI	246	00:58:18.80	07:17	20-24	17/24	00:57:54.50	RAINIER, AB.
155/675	GRANT, KRISTIN	248	00:49:04.40	06:08	30-34	36/126	00:48:39.60	LETH, AB.
575/675	GREENE, KIM	250	01:13:15.95	09:09	MOTHER/DAUGH'	78/106	01:12:55.05	LETH, AB.
631/675	GREENE, MELISSA	251	01:22:12.40	10:16	MOTHER/DAUGH'	92/106	01:21:54.65	LETH, AB.
630/675	GREENO, ANNIE	252	01:21:53.00	10:14	30-34	114/126	01:21:20.35	LETH, AB.
644/675	GRIMES, TRICIA	253	01:24:52.95	10:36	30-34	117/126	01:24:11.45	LETH, AB.
361/675	GROENENBOOM, ABIGAIL	255	00:57:54.45	07:14	30-34	69/126	00:57:36.75	LETH, AB.
392/675	GROENENBOOM, ALLISON	256	00:59:37.05	07:27	MOTHER/DAUGH'	44/106	00:58:59.50	COALHURST, AB.
391/675	GROENENBOOM, BLYTHE	257	00:59:37.05	07:27	MOTHER/DAUGH'	43/106	00:58:58.55	COALHURST, AB.
552/675	GRUCA, YOLA	261	01:10:54.20	08:51	50-54	32/43	01:10:15.65	LETH, AB.
101/675	GRUNINGER, CHERYL	262	00:46:39.70	05:49	40-44	13/59	00:46:28.45	LETH, AB.

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Alpha Overall Results

8K Run - 4.97 Miles

OA/PI	Name	Bib#	Time	Pace	Category	Cat/PI	Chiptime	City
132/675	GUDMUNDSON, KIRSTIN	263	00:47:52.00	05:59	30-34	26/126	00:47:47.95	LETH, AB.
271/675	GUKERT, KAREN	479	00:53:19.55	06:39	50-54	16/43	00:52:49.85	LETH, AB.
303/675	GUNNING, NICOLE	265	00:54:28.95	06:48	30-34	63/126	00:54:22.75	LETH, AB.
3/675	GUPPY, JOANNE	267	00:36:47.30	04:35	45-49	1/41	00:36:43.55	LETH, AB.
185/675	GYEPESI, JOANNE	269	00:50:32.30	06:19	SISTER/SISTER	18/55	00:50:31.50	TABER, AB.
507/675	HAGUE, RACHEL	270	01:06:54.80	08:21	30-34	97/126	01:06:42.40	LETH, AB.
84/675	HALL, KIM	272	00:45:39.00	05:42	SISTER/SISTER	7/55	00:45:27.30	BURDETT, AB.
120/675	HALL, LARA	273	00:47:32.05	05:56	30-34	24/126	00:47:00.65	LETH, AB.
326/675	HALL, LINDA	274	00:55:27.00	06:55	25-29	36/66	00:55:25.35	TABER, AB.
232/675	HAMEL, JOANNE	275	00:52:04.75	06:30	50-54	13/43	00:51:53.25	MEDICINE HAT, AB.
220/675	HAMILTON, DALYCE	276	00:51:42.95	06:27	20-24	8/24	00:51:19.25	LETH, AB.
187/675	HAMILTON, SHAWN	277	00:50:37.00	06:19	55-59	3/24	00:50:13.10	LETH, AB.
536/675	HARKER, KAREN	279	01:09:02.10	08:37	55-59	16/24	01:09:02.10	LETH, AB.
605/675	HARRIS, JACKIE	280	01:17:17.35	09:39	35-39	79/82	01:17:14.05	LETH, AB.
67/675	HARRIS, JENNIE	281	00:44:28.90	05:33	30-34	12/126	00:44:25.90	MAGRATH, AB.
408/675	HARTY, KATRINA	282	01:00:23.65	07:32	40-44	46/59	00:59:53.60	LETH, AB.
288/675	HATCH, SHAUNA	284	00:53:55.55	06:44	SISTER/SISTER	30/55	00:53:51.65	LETH, AB.
547/675	HERTZ, ANDREA	288	01:09:59.75	08:44	45-49	32/41	01:09:40.15	LETH, AB.
521/675	HERWEYER, KIERA	289	01:08:11.70	08:31	MOTHER/DAUGH'	66/106	01:08:00.10	FT. MACLEOD, AB.
522/675	HERWEYER, MELISSA	290	01:08:17.15	08:32	MOTHER/DAUGH'	67/106	01:08:04.90	FT. MACLEOD, AB.
314/675	HIDER-SASSE, CASSI	291	00:54:51.35	06:51	40-44	36/59	00:54:40.20	MEDICINE HAT, AB.
515/675	HIEBERT, SHARI	352	01:07:51.25	08:28	35-39	74/82	01:07:32.75	CARDSTON, AB.
42/675	HIGA, ANGIE	292	00:42:49.90	05:21	35-39	13/82	00:42:48.30	TABER, AB.
203/675	HILDEBRAND, ANITA	293	00:51:09.90	06:23	MOTHER/DAUGH'	23/106	00:50:56.55	LETH, AB.
202/675	HILDEBRAND, DEIDRE	294	00:51:09.70	06:23	MOTHER/DAUGH'	22/106	00:50:57.80	LETH, AB.
106/675	HILKEWICH, LESLEE	396	00:46:55.35	05:51	30-34	20/126	00:46:47.35	LANGDON, AB.
284/675	HILL, ASHELY	295	00:53:52.15	06:44	30-34	59/126	00:53:49.25	LETH, AB.
104/675	HILL, LAURA	296	00:46:51.25	05:51	25-29	13/66	00:46:49.10	RAYMOND, AB.
126/675	HILL, RAEGAN	297	00:47:39.80	05:57	25-29	16/66	00:47:38.30	LETH, AB.
254/675	HILL, SUE	298	00:52:44.65	06:35	60-64	3/15	00:52:42.00	RAYMOND, AB.
90/675	HILL, TIFFANY	299	00:45:47.50	05:43	35-39	19/82	00:45:44.15	LETH, AB.
30/675	HIRSCHE, MARIANNE	152	00:41:47.70	05:13	40-44	2/59	00:41:44.45	STIRLING, AB.
459/675	HODGE, NATALIE	300	01:03:53.40	07:59	20-24	20/24	01:03:20.40	LETH, AB.
470/675	HOOPER, DARLENE	302	01:04:26.70	08:03	55-59	14/24	01:04:04.20	LETH, AB.
238/675	HORNBERGER, ALAUNA	304	00:52:12.70	06:31	30-34	52/126	00:52:10.70	LETH, AB.
670/675	HOWARD, KYMBERLEI	306	01:36:38.45	12:04	MOTHER/DAUGH'	105/106	01:35:56.85	LETH, AB.
671/675	HOWARD, VAL	307	01:36:38.95	12:04	MOTHER/DAUGH'	106/106	01:35:57.65	MEDICINE HAT, AB.
312/675	HOWG, NICOLE	308	00:54:50.00	06:51	25-29	34/66	00:54:23.25	LETH, AB.
178/675	HOY, SHAWNA	309	00:50:05.95	06:15	35-39	25/82	00:49:48.15	LETH, AB.
653/675	HUBER, CASSIDY	310	01:26:49.35	10:51	MOTHER/DAUGH'	99/106	01:26:14.90	CARDSTON, AB.
654/675	HUBER, LINDA	311	01:27:05.50	10:53	MOTHER/DAUGH'	100/106	01:26:31.20	CARDSTON, AB.
460/675	HUCULAK, CAROL	312	01:03:55.75	07:59	45-49	28/41	01:03:36.65	LETH, AB.
285/675	HUCULAK, KELSEY	313	00:53:52.30	06:44	20-24	11/24	00:53:36.45	LETH, AB.
17/675	HUGHES, MARIA	316	00:39:48.70	04:58	30-34	3/126	00:39:47.15	TABER, AB.
571/675	HUNT, MICHELE	317	01:12:31.85	09:03	50-54	34/43	01:12:22.95	LETH, AB.
567/675	HUTZUL, KIMBERLY	319	01:12:22.35	09:02	35-39	77/82	01:11:48.20	TABER, AB.
497/675	HYGGEN, JENNIFER	320	01:06:20.15	08:17	25-29	57/66	01:05:46.80	LETH, AB.
300/675	HYGGEN, LISA	117	00:54:20.00	06:47	35-39	43/82	00:54:16.10	STIRLING, AB.
252/675	INDZEOSKI, DIANNE	321	00:52:27.50	06:33	55-59	5/24	00:52:06.20	LETH, AB.
43/675	INGOLD, KRISTAL	322	00:42:54.70	05:21	30-34	8/126	00:42:50.90	LETH, AB.
127/675	INNES, SAMANTHA	323	00:47:44.85	05:58	SISTER/SISTER	12/55	00:47:40.15	LETH, AB.
199/675	IWAASA, APRIL	324	00:51:02.70	06:22	30-34	43/126	00:50:51.80	LETH, AB.
584/675	JACKSON, VAL	325	01:14:02.00	09:15	50-54	35/43	01:13:33.35	LETH, AB.
294/675	JANZEN, HILARY	327	00:54:05.65	06:45	35-39	39/82	00:54:00.75	LETH, AB.
467/675	JAUERNECK, ELLA	328	01:04:08.00	08:01	70+	3/8	01:04:00.40	LETH, AB.
646/675	JENSEN, JANE	330	01:25:31.90	10:41	MOTHER/DAUGH'	96/106	01:25:08.70	BARNWELL, AB.
422/675	JENSEN, JANINE	426	01:00:47.85	07:35	30-34	77/126	01:00:34.20	LETH, AB.

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Cat/PI = Category Placing

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Alpha Overall Results

8K Run - 4.97 Miles

OA/PI	Name	Bib#	Time	Pace	Category	Cat/PI	Chiptime	City
647/675	JENSEN, JENNIFER	331	01:25:53.20	10:44	MOTHER/DAUGH'	97/106	01:25:30.00	CALGARY, AB.
370/675	JENSEN, TRUDY	332	00:58:23.55	07:17	35-39	53/82	00:57:57.75	RAYMOND, AB.
586/675	JOHNSON, JODY	671	01:14:10.40	09:16	50-54	37/43	01:13:49.70	LETH, AB.
253/675	JOHNSON, KRISTY	333	00:52:44.60	06:35	35-39	35/82	00:52:42.60	BARNWELL, AB.
79/675	JOHNSON, MICHELLE	670	00:45:14.25	05:39	30-34	16/126	00:44:56.65	LETH, AB.
456/675	JOHNSON, SACHA	334	01:03:08.10	07:53	30-34	84/126	01:03:08.10	LETH, AB.
457/675	JOHNSON, SARAH	636	01:03:08.30	07:53	25-29	51/66	01:02:54.15	LETH, AB.
35/675	JOHNSON, TABITHA	668	00:42:13.10	05:16	30-34	6/126	00:42:11.60	TABER, AB.
261/675	JOLY, LINDA	336	00:53:04.80	06:38	MOTHER/DAUGH'	29/106	00:53:01.20	LETH, AB.
47/675	JONES-HUSCH, KATHY	337	00:42:56.95	05:22	35-39	15/82	00:42:50.55	LETH, AB.
540/675	JORGENSEN, SHERRY	338	01:09:09.70	08:38	40-44	55/59	01:08:44.90	LETH, AB.
432/675	JORGENSEN MCGUIRE, DANIKA	731	01:01:45.55	07:43	20-24	19/24	01:01:39.75	LETH, AB.
61/675	JUBBER, HEATHER	339	00:43:48.00	05:28	MOTHER/DAUGH'	3/106	00:43:45.30	LETH, AB.
54/675	JUDD, JANE	340	00:43:34.65	05:26	40-44	6/59	00:43:26.40	CARDSTON, AB.
569/675	KANE, SHARLA	341	01:12:24.25	09:03	30-34	104/126	01:11:50.40	TABER, AB.
662/675	KAZAKOFF, ALANNA	344	01:30:11.70	11:16	MOTHER/DAUGH'	101/106	01:29:52.05	NOBLEFORD, AB.
428/675	KENNEDY, CHANDRA	345	01:01:06.95	07:38	25-29	48/66	01:00:56.65	LETH, AB.
431/675	KENNEY, KAITLYN	347	01:01:26.45	07:40	25-29	50/66	01:01:16.15	LETH, AB.
372/675	KERKOFF, MORGAN	473	00:58:33.15	07:19	19&U	12/17	00:58:29.65	TABER, AB.
297/675	KERR, AMY	348	00:54:14.50	06:46	35-39	40/82	00:53:58.15	COALDALE, AB.
597/675	KEUTH, ANNA	349	01:16:21.20	09:32	SISTER/SISTER	51/55	01:15:55.10	LETH, AB.
573/675	KEUTH-RAY, SAROEUN	350	01:12:34.00	09:04	SISTER/SISTER	49/55	01:12:12.80	LETH, AB.
224/675	KIEFER, BRITTNEY	351	00:51:50.15	06:28	20-24	9/24	00:51:37.05	LETH, AB.
502/675	KINAHAN, JENNIFER	353	01:06:36.40	08:19	30-34	95/126	01:06:30.60	LETH, AB.
395/675	KING, DAWN	355	00:59:41.75	07:27	MOTHER/DAUGH'	46/106	00:59:33.55	LETH, AB.
154/675	KING, MARIAH	356	00:49:03.05	06:07	MOTHER/DAUGH'	15/106	00:48:52.95	LETH, AB.
131/675	KIRK, MCKENNA	358	00:47:50.40	05:58	19&U	6/17	00:47:37.05	LETH, AB.
124/675	KITAGAWA, CATHY	359	00:47:36.90	05:57	40-44	15/59	00:47:32.60	LETH, AB.
550/675	KLEIN, MARCELLA	360	01:10:48.05	08:51	SISTER/SISTER	46/55	01:10:34.40	LETH, AB.
56/675	KLEISINGER, CARLY	361	00:43:42.90	05:27	SISTER/SISTER	5/55	00:43:40.30	LETH, AB.
596/675	KLIMA, CASSIDY	362	01:16:13.75	09:31	30-34	108/126	01:15:33.00	LETH, AB.
595/675	KLIMA, M J	363	01:16:13.45	09:31	55-59	21/24	01:15:32.75	LETH, AB.
438/675	KNIGHT, CASSANDRA	364	01:02:08.95	07:46	40-44	48/59	01:01:39.60	DRUMHELLER, AB.
227/675	KOMM, STEPHANIE	365	00:52:00.60	06:30	45-49	16/41	00:51:38.20	LETH, AB.
368/675	KONYNENBELT, KRISSEY	366	00:58:21.60	07:17	30-34	70/126	00:57:58.35	LETH, AB.
269/675	KRISTENSEN, DIANA	367	00:53:17.85	06:39	30-34	56/126	00:53:07.85	LETH, AB.
415/675	KROGMAN, SARAH	368	01:00:29.55	07:33	30-34	76/126	00:59:50.45	LETH, AB.
535/675	KUNDRIK, MARY	370	01:09:01.80	08:37	50-54	31/43	01:08:37.45	LETH, AB.
493/675	LACANILO, HOLLY	587	01:05:58.05	08:14	25-29	56/66	01:05:15.85	EDMONTON, AB.
387/675	LAING, ROBIN	373	00:59:15.85	07:24	50-54	23/43	00:58:59.15	LETH, AB.
236/675	LARKIN, KRISTINA	375	00:52:12.15	06:31	25-29	26/66	00:52:07.15	LETH, AB.
375/675	LAROCQUE, MARSHA	376	00:58:43.40	07:20	35-39	55/82	00:58:31.10	LETH, AB.
94/675	LASTUKA, DAWN	377	00:45:56.60	05:44	SISTER/SISTER	9/55	00:45:50.40	WRENTHAM, AB.
250/675	LATHAM, JENNIFER	378	00:52:24.05	06:33	MOTHER/DAUGH'	27/106	00:52:07.35	LETH, AB.
548/675	LATHAM, KENZIE	379	01:09:59.90	08:44	MOTHER/DAUGH'	73/106	01:09:43.75	LETH, AB.
506/675	LATHAM, KINLEY	380	01:06:49.30	08:21	MOTHER/DAUGH'	63/106	01:06:33.10	LETH, AB.
476/675	LAVORATO, KADI	381	01:05:00.75	08:07	MOTHER/DAUGH'	59/106	01:04:43.85	LETH, AB.
280/675	LAYDEN-POWER, CHELSEA	382	00:53:45.40	06:43	30-34	58/126	00:53:25.25	LETH, AB.
135/675	LAYTON, DEBBIE	383	00:48:03.40	06:00	30-34	27/126	00:47:34.90	GLENWOOD, AB.
179/675	LAYTON, LETA	384	00:50:10.95	06:16	45-49	13/41	00:50:06.45	LETH, AB.
553/675	LEBARON, TAMMY	385	01:10:54.90	08:51	45-49	33/41	01:10:17.60	LETH, AB.
330/675	LEDUC, FRANCINE	386	00:55:45.70	06:58	35-39	46/82	00:55:19.80	LETH, AB.
354/675	LEE, KIM	387	00:57:33.85	07:11	25-29	41/66	00:57:17.80	LETH, AB.
63/675	LEGROW, RENEE	390	00:43:53.20	05:29	30-34	11/126	00:43:42.00	CALGARY, AB.
45/675	LEITHEAD, RENEE	391	00:42:56.35	05:22	35-39	14/82	00:42:51.95	CALGARY, AB.
38/675	LENZ, EMMA	393	00:42:28.60	05:18	45-49	3/41	00:42:25.35	COALHURST, AB.
592/675	LEROUX, MACKENZIE	394	01:15:54.25	09:29	MOTHER/DAUGH'	80/106	01:15:43.65	LETH, AB.

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Alpha Overall Results

8K Run - 4.97 Miles

OA/PI	Name	Bib#	Time	Pace	Category	Cat/PI	Chiptime	City
543/675	LEROUX, TERRILYNE	395	01:09:22.25	08:40	MOTHER/DAUGH'	70/106	01:09:11.05	LETH, AB.
222/675	LEWIS, AMY	397	00:51:48.00	06:28	35-39	30/82	00:51:40.90	LETH, AB.
117/675	LEWIS, ROSANNE	398	00:47:27.70	05:55	25-29	15/66	00:47:22.40	LETH, AB.
599/675	LITTLE, BECKY	399	01:16:22.90	09:32	35-39	78/82	01:15:57.90	LETH, AB.
209/675	LITWIN, HOPE	400	00:51:22.05	06:25	30-34	45/126	00:51:07.00	LETH, AB.
373/675	LIVINGSTON, AGNES	401	00:58:36.70	07:19	50-54	20/43	00:58:12.05	LETH, AB.
264/675	LOOSE, THEA	402	00:53:12.20	06:39	35-39	36/82	00:52:44.80	LETH, AB.
579/675	MACDONALD, CONNIE	403	01:13:40.15	09:12	55-59	20/24	01:13:33.45	LETH, AB.
349/675	MACKINNON, BOBBIE	405	00:57:21.65	07:10	45-49	21/41	00:57:09.15	LETH, AB.
138/675	MACKINNON, JORDAN	406	00:48:07.25	06:00	19&U	7/17	00:47:56.65	LETH, AB.
350/675	MACKINNON, TAYLOR	407	00:57:21.95	07:10	19&U	11/17	00:57:10.20	LETH, AB.
319/675	MACKLIN, CRYSTAL	408	00:55:00.80	06:52	35-39	44/82	00:54:57.50	LETH, AB.
600/675	MALCHOW, DIANE	410	01:16:34.10	09:34	55-59	22/24	01:16:07.75	LETH, AB.
577/675	MALMBERG, JEAN	412	01:13:31.75	09:11	MOTHER/DAUGH'	79/106	01:12:58.25	SPRING COULEE, AB.
435/675	MALMBERG, KORI	413	01:01:50.70	07:43	MOTHER/DAUGH'	50/106	01:01:16.95	SPRING COULEE, AB.
610/675	MALMBERG, LOYIA	414	01:18:43.80	09:50	MOTHER/DAUGH'	86/106	01:18:03.90	VULCAN, AB.
152/675	MANDEL, DREW	614	00:49:00.30	06:07	30-34	34/126	00:48:47.30	LETH, AB.
440/675	MARCOCCHIO, KELLY	415	01:02:10.85	07:46	SISTER/SISTER	40/55	01:01:41.60	LETH, AB.
338/675	MARSHALL, ANNA	417	00:56:16.95	07:02	40-44	40/59	00:56:10.60	LETH, AB.
342/675	MARSHALL, JEN	418	00:56:35.20	07:04	35-39	49/82	00:56:33.50	LETH, AB.
321/675	MARTENS, NANCY	419	00:55:05.50	06:53	40-44	37/59	00:54:39.15	COALDALE, AB.
10/675	MARTIN, TASHA	420	00:39:12.40	04:54	35-39	5/82	00:39:08.20	MEDICINE HAT, AB.
407/675	MASTEL, DAPHNE	421	01:00:23.50	07:32	SISTER/SISTER	37/55	00:59:58.40	LETH, AB.
436/675	MATHESON, CYNTHIA	422	01:01:53.45	07:44	40-44	47/59	01:01:43.25	LETH, AB.
256/675	MATHIEU, CILENA	423	00:52:49.80	06:36	MOTHER/DAUGH'	28/106	00:52:42.00	LETH, AB.
273/675	MATHIEU, WANDA	424	00:53:32.50	06:41	MOTHER/DAUGH'	30/106	00:53:25.15	ENCHANT, AB.
139/675	MATIS, MELISSA	67	00:48:07.35	06:00	20-24	3/24	00:47:55.55	LETH, AB.
275/675	MATKIN, MARIE	425	00:53:35.65	06:41	50-54	17/43	00:53:33.05	LETH, AB.
508/675	MCARTHUR, JENNIFER	427	01:07:09.60	08:23	35-39	71/82	01:06:35.30	LETH, AB.
174/675	MCDONALD, LINDSAY	430	00:49:55.40	06:14	30-34	40/126	00:49:39.55	LETH, AB.
583/675	MCDONALD, TRINA	431	01:14:01.75	09:15	40-44	58/59	01:13:33.35	LETH, AB.
401/675	MCINTOSH, SANDY	432	00:59:51.80	07:28	50-54	24/43	00:59:36.25	MEDICINE HAT, AB.
65/675	MCINTYRE, NIKI	433	00:43:59.45	05:29	40-44	8/59	00:43:54.00	LETH, AB.
614/675	MCKAY, LANA	434	01:19:23.70	09:55	30-34	112/126	01:18:49.25	LETH, AB.
632/675	MCLAREN, WENDY	435	01:22:25.45	10:18	60-64	10/15	01:22:12.95	LETH, AB.
201/675	MCMULLAN, AMANDA	436	00:51:06.05	06:23	25-29	23/66	00:50:57.65	LETH, AB.
289/675	MCMAMARA, SAMANTHA	437	00:53:56.35	06:44	SISTER/SISTER	31/55	00:53:43.75	CALGARY, AB.
380/675	MEAD, CINDY	438	00:58:58.75	07:22	45-49	24/41	00:58:28.40	LETH, AB.
48/675	MEAD, THERESA	439	00:42:57.20	05:22	45-49	4/41	00:42:53.20	LETH, AB.
362/675	MEEKS, ERIN	440	00:58:02.70	07:15	35-39	50/82	00:57:39.50	KALISPELL, MT
130/675	MEGAW, CAROL	441	00:47:49.30	05:58	60-64	2/15	00:47:45.20	LETH, AB.
22/675	MEGYES, KELLI	266	00:40:48.25	05:06	19&U	2/17	00:40:46.75	TABER, AB.
665/675	MERRIFIELD, TRACY	442	01:30:15.25	11:16	35-39	82/82	01:29:29.95	LETH, AB.
400/675	MERRITT, ALANA	443	00:59:51.15	07:28	40-44	44/59	00:59:46.35	LETH, AB.
364/675	MERTZ, KAYLEE	444	00:58:11.90	07:16	20-24	16/24	00:57:47.85	KALISPELL, MT
66/675	METZLER, CATHY	445	00:44:15.70	05:31	40-44	9/59	00:44:11.10	LETH, AB.
149/675	MIDDEL, FREDA	446	00:48:55.40	06:06	45-49	8/41	00:48:51.70	LETH, AB.
46/675	MIKADO, LINDA	447	00:42:56.50	05:22	40-44	4/59	00:42:53.70	LETH, AB.
633/675	MIKALSON, PAT	448	01:22:25.55	10:18	60-64	11/15	01:22:13.60	COALDALE, AB.
197/675	MILLER, JACINTA	449	00:50:57.70	06:22	40-44	22/59	00:50:49.80	LETH, AB.
394/675	MILLER, MARLA	450	00:59:41.20	07:27	MOTHER/DAUGH'	45/106	00:59:11.45	CARDSTON, AB.
523/675	MILLER, VICKY	451	01:08:22.00	08:32	55-59	15/24	01:07:58.70	LETH, AB.
396/675	MILLIGAN, SUSAN	485	00:59:42.80	07:27	45-49	25/41	00:58:59.75	LETH, AB.
634/675	MILNE, SUE	452	01:22:31.00	10:18	60-64	12/15	01:22:24.00	LETH, AB.
156/675	MISHIO, ANDREA	389	00:49:04.80	06:08	30-34	37/126	00:48:52.50	EDMONTON, AB.
611/675	MOGGE, MARLENE	453	01:18:52.20	09:51	40-44	59/59	01:18:24.65	LETH, AB.
591/675	MOHRMANN, ELAINA	454	01:15:24.00	09:25	25-29	64/66	01:15:19.55	COALHURST, AB.

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Alpha Overall Results

8K Run - 4.97 Miles

OA/PI	Name	Bib#	Time	Pace	Category	Cat/PI	Chiptime	City
221/675	MOLNAR, BECKY	455	00:51:47.15	06:28	30-34	49/126	00:51:46.25	LETH, AB.
186/675	MOREIRA, SILVIA	457	00:50:34.55	06:19	30-34	42/126	00:50:07.65	LETH, AB.
346/675	MORLEY, JACKIE	458	00:56:53.80	07:06	60-64	5/15	00:56:27.70	LETH, AB.
21/675	MULLER, STACI	460	00:40:36.50	05:04	35-39	9/82	00:40:33.70	Cranford, AB.
510/675	MURPHY, LONNIE	461	01:07:17.70	08:24	35-39	73/82	01:06:42.45	LETH, AB.
352/675	NAGY, MARNIE	464	00:57:31.80	07:11	30-34	67/126	00:57:21.60	LETH, AB.
302/675	NEHER, LAURIE	465	00:54:26.20	06:48	40-44	33/59	00:54:22.35	LETH, AB.
169/675	NEITHERCUT, KAELLA	466	00:49:37.25	06:12	25-29	20/66	00:49:10.70	LETH, AB.
109/675	NELSON, JENNIFER	467	00:47:00.60	05:52	30-34	21/126	00:46:28.80	CRANBROOK, BC
241/675	NELSON, LORI	283	00:52:13.55	06:31	40-44	28/59	00:52:04.00	LETH, AB.
36/675	NEMECEK, ANDREA	468	00:42:21.25	05:17	35-39	11/82	00:42:17.25	LETH, AB.
141/675	NEMETH, LEE	635	00:48:29.00	06:03	35-39	22/82	00:48:26.50	LETH, AB.
76/675	NEUFELD, LISA	470	00:44:54.20	05:36	40-44	11/59	00:44:48.20	LETH, AB.
55/675	NEUMAN, ALYSSA	180	00:43:37.90	05:27	19&U	4/17	00:43:36.35	TABER, AB.
360/675	NEVISTYUK, SVITLANA	471	00:57:51.70	07:13	25-29	43/66	00:57:18.35	LETH, AB.
399/675	NG, JEANNIE	472	00:59:50.70	07:28	35-39	59/82	00:59:27.70	LETH, AB.
404/675	NICOL, STACY	474	01:00:19.85	07:32	40-44	45/59	00:59:51.35	RAYMOND, AB.
384/675	NIELSON, JODI	475	00:59:11.45	07:23	35-39	57/82	00:58:50.85	CARDSTON, AB.
568/675	NIXON, RENAE	476	01:12:24.00	09:03	SISTER/SISTER	48/55	01:12:03.10	INNISFAIL, AB.
97/675	NOBLE, JULIA	478	00:46:09.50	05:46	20-24	2/24	00:46:07.50	SASKATOON, SK
549/675	NORBY, JACQUIE	480	01:10:32.85	08:49	25-29	63/66	01:10:18.75	STAVELY, AB.
188/675	NORN, BRENDA	481	00:50:38.50	06:19	40-44	21/59	00:50:29.10	LETH, AB.
108/675	NORRIS, JOAN	482	00:47:00.35	05:52	65-69	2/9	00:46:57.95	LETH, AB.
226/675	NORSWORTHY, JENNIFER	483	00:51:59.00	06:29	30-34	50/126	00:51:57.70	LETH, AB.
413/675	NYHOFF, CINDY	484	01:00:27.00	07:33	50-54	25/43	00:59:41.70	LETH, AB.
414/675	NYHOFF, OLIVIA	486	01:00:27.40	07:33	19&U	13/17	00:59:43.35	CALGARY, AB.
461/675	O'BRIEN, RAE-ANNE	487	01:03:56.80	07:59	35-39	64/82	01:03:48.30	LETH, AB.
283/675	OISHI, JENNIFER	489	00:53:50.30	06:43	40-44	31/59	00:53:28.20	LETH, AB.
32/675	OLFERT, DOREEN	490	00:42:06.70	05:15	60-64	1/15	00:42:02.65	HAYS, AB.
513/675	OLIVER, KAREN	491	01:07:38.30	08:27	50-54	27/43	01:07:21.40	LETH, AB.
551/675	OLIVER, MARIE	416	01:10:54.10	08:51	55-59	17/24	01:10:36.60	LETH, AB.
343/675	OLSEN, ERIN	492	00:56:37.60	07:04	40-44	42/59	00:55:58.90	LETH, AB.
365/675	OLSEN, SHERI	531	00:58:13.50	07:16	35-39	51/82	00:57:41.95	LETH, AB.
216/675	ORMSTON, ANTONIA	493	00:51:35.30	06:26	30-34	47/126	00:51:30.15	LETH, AB.
134/675	ORR, KIM	494	00:47:53.85	05:59	35-39	21/82	00:47:50.80	LETH, AB.
344/675	OVIATT, BROOKLYN	495	00:56:52.05	07:06	25-29	39/66	00:56:46.15	LETH, AB.
74/675	OVIATT, CHRISTINE	496	00:44:51.25	05:36	35-39	17/82	00:44:33.25	LETH, AB.
369/675	PACK, SHAUNLEE	498	00:58:22.60	07:17	40-44	43/59	00:57:52.20	LETH, AB.
674/675	PAHULJE, BERNADETTE	500	01:37:06.95	12:08	50-54	43/43	01:36:48.25	LETH, AB.
675/675	PAHULJE, DANI	501	01:41:18.45	12:39	60-64	15/15	01:40:55.40	LETH, AB.
315/675	PAHULJE, MAJDA	502	00:54:53.40	06:51	60-64	4/15	00:54:44.70	LETH, AB.
295/675	PALMER, AMANDA	503	00:54:08.10	06:46	SISTER/SISTER	32/55	00:53:39.90	DEWINTON, AB.
204/675	PANKHURST, GABRIELLE	504	00:51:10.20	06:23	20-24	7/24	00:51:00.20	MONARCH, AB.
518/675	PANKHURST, JOAN	505	01:08:05.10	08:30	50-54	29/43	01:07:43.25	LETH, AB.
211/675	PANKHURST, VANESSA	506	00:51:24.90	06:25	25-29	25/66	00:51:14.80	LETH, AB.
604/675	PARD, JOANI	509	01:17:10.90	09:38	MOTHER/DAUGH'	84/106	01:16:43.60	LETH, AB.
6/675	PASQUOTTI, DANA	511	00:38:19.65	04:47	SISTER/SISTER	2/55	00:38:18.15	LETH, AB.
487/675	PATCHING, SHARALYN	512	01:05:36.85	08:12	35-39	69/82	01:05:08.95	LETH, AB.
570/675	PEACOCK, CINDY	109	01:12:29.00	09:03	40-44	57/59	01:11:53.00	LETH, AB.
655/675	PEALO, AIDEN	513	01:28:01.25	11:00	30-34	121/126	01:27:23.00	LETH, AB.
628/675	PEAT, SHARON	187	01:21:15.20	10:09	55-59	23/24	01:20:48.20	LETH, AB.
532/675	PEEKE-VOUT, MEGAN	515	01:08:44.60	08:35	30-34	100/126	01:08:08.70	LETH, AB.
562/675	PELKEY, SHELLEY	516	01:12:11.75	09:01	MOTHER/DAUGH'	75/106	01:12:11.75	FT. MACLEOD, AB.
468/675	PENA, VANESA	517	01:04:14.05	08:01	30-34	86/126	01:03:40.45	IRON SPRINGS, AB.
123/675	PENNER, CAROLYN	518	00:47:35.65	05:56	40-44	14/59	00:47:30.50	COALDALE, AB.
486/675	PENNER, KIRA	519	01:05:33.60	08:11	SISTER/SISTER	44/55	01:05:12.55	CALGARY, AB.
137/675	PERRETT, BECKY	520	00:48:06.20	06:00	30-34	28/126	00:47:34.30	MEDICINE HAT, AB.

OA/PI = Overall Placing

Cat/PI = Category Placing

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Alpha Overall Results

8K Run - 4.97 Miles

OA/PI	Name	Bib#	Time	Pace	Category	Cat/PI	Chiptime	City
274/675	PERVERSEFF, TRISHA	522	00:53:34.20	06:41	SISTER/SISTER	28/55	00:53:01.45	LETH, AB.
572/675	PHARO, PATTI	523	01:12:33.55	09:04	55-59	18/24	01:12:26.15	LETH, AB.
118/675	PHILPOTT, KAREN	524	00:47:30.95	05:56	MOTHER/DAUGH'	11/106	00:47:22.95	LETH, AB.
119/675	PHILPOTT, SARAH	525	00:47:31.00	05:56	MOTHER/DAUGH'	12/106	00:47:23.90	LETH, AB.
625/675	PICKERING, CHEREE	527	01:21:13.10	10:09	45-49	39/41	01:21:01.60	COALDALE, AB.
519/675	PICKERING, RIA	528	01:08:05.20	08:30	60-64	6/15	01:07:43.80	LETH, AB.
233/675	PICKLES, TAMMY	529	00:52:08.55	06:31	35-39	33/82	00:52:03.00	LETH, AB.
341/675	PIEKEMA, ALISON	526	00:56:31.25	07:03	40-44	41/59	00:56:29.70	LETH, AB.
316/675	PIERSON, CHERYL	530	00:54:54.15	06:51	55-59	8/24	00:54:29.05	BROOKS, AB.
181/675	PILLING, JODI	532	00:50:14.75	06:16	35-39	26/82	00:49:59.05	COALDALE, AB.
298/675	PITCHER, KATHY	533	00:54:14.60	06:46	35-39	41/82	00:53:58.80	COALDALE, AB.
448/675	PLOMP, CHERYL	534	01:02:43.60	07:50	MOTHER/DAUGH'	55/106	01:02:04.20	NOBLEFORD, AB.
328/675	PLOMP, HALEY	535	00:55:31.85	06:56	MOTHER/DAUGH'	37/106	00:54:54.05	NOBLEFORD, AB.
587/675	POELT, CAROL	536	01:14:45.05	09:20	70+	6/8	01:14:09.95	COLEMAN, AB.
489/675	POITRAS, LEIGHANN	537	01:05:41.75	08:12	30-34	90/126	01:04:59.15	LETH, AB.
664/675	POKARNEY, CHERI	247	01:30:14.95	11:16	45-49	41/41	01:29:29.75	LETH, AB.
287/675	PORTER, CHRISTY	538	00:53:54.05	06:44	SISTER/SISTER	29/55	00:53:25.65	BARNWELL, AB.
246/675	POTTS, JENNIFER	539	00:52:22.20	06:32	30-34	55/126	00:52:03.30	PENHOLD, AB.
473/675	POVEY, TAMARA	540	01:04:32.90	08:04	20-24	22/24	01:04:17.40	LETH, AB.
60/675	POYTRESS, LACEY	372	00:43:47.20	05:28	25-29	8/66	00:43:37.40	FT. MACLEOD, AB.
237/675	POZZI, SUNIE	541	00:52:12.65	06:31	35-39	34/82	00:52:10.70	LETH, AB.
388/675	PREBUSHEWSKI, KARA	542	00:59:20.35	07:25	30-34	73/126	00:59:03.45	LETH, AB.
200/675	PRENEVOST, TAMMY	543	00:51:05.90	06:23	40-44	24/59	00:50:51.35	LETH, AB.
158/675	PRICE, MARION	544	00:49:09.95	06:08	45-49	10/41	00:49:02.50	LETH, AB.
533/675	PROVOST, LINDY	546	01:08:47.80	08:35	35-39	76/82	01:08:11.70	LETH, AB.
469/675	PUZEY, CHARMAINE	548	01:04:24.95	08:03	35-39	65/82	01:04:13.45	COALHURST, AB.
538/675	RAMOS, MELISA	551	01:09:07.60	08:38	25-29	61/66	01:08:34.10	PICTURE BUTTE, AB.
501/675	RANKIN, LAREE	552	01:06:32.40	08:19	45-49	30/41	01:06:14.90	LETH, AB.
358/675	REAMSBOTTOM, MADISON	553	00:57:50.55	07:13	25-29	42/66	00:57:16.95	LETH, AB.
565/675	REGIER, MARY LOU	555	01:12:16.65	09:02	MOTHER/DAUGH'	76/106	01:11:54.30	LETH, AB.
85/675	REIMER, KAREN	556	00:45:39.20	05:42	SISTER/SISTER	8/55	00:45:26.90	BURDETT, AB.
296/675	REMFERT, CHRISTIE	557	00:54:09.35	06:46	SISTER/SISTER	33/55	00:53:28.60	TABER, AB.
576/675	RESS, BRIANNE	559	01:13:18.25	09:09	30-34	105/126	01:13:06.80	LETH, AB.
171/675	REURINK, TANYA	560	00:49:40.45	06:12	SISTER/SISTER	17/55	00:49:31.45	PICTURE BUTTE, AB.
499/675	REYNOLDS, NICOLE	561	01:06:24.10	08:18	20-24	23/24	01:06:01.15	LETH, AB.
9/675	RICHARD, SHELBY	264	00:38:58.25	04:52	19&U	1/17	00:38:55.35	TABER, AB.
194/675	RICHARDS, RENEE	562	00:50:45.80	06:20	35-39	28/82	00:50:19.60	LETH, AB.
73/675	RICHTER, NOREEN	563	00:44:50.50	05:36	30-34	14/126	00:44:41.00	LETH, AB.
14/675	RICKERT, JULIE	564	00:39:35.65	04:56	35-39	7/82	00:39:23.55	LETH, AB.
34/675	RIDDLE, ROBIN	565	00:42:12.40	05:16	40-44	3/59	00:42:08.00	MEDICINE HAT, AB.
107/675	RIES, DENISE	566	00:46:56.90	05:52	55-59	1/24	00:46:43.20	MEDICINE HAT, AB.
337/675	RITCHIE, SANDRA	567	00:56:10.80	07:01	35-39	48/82	00:55:54.70	LETH, AB.
645/675	ROBERTS, CINDY	568	01:25:03.25	10:37	MOTHER/DAUGH'	95/106	01:24:35.45	OLDS, AB.
50/675	ROBERTS, GABRIELE	569	00:43:08.10	05:23	65-69	1/9	00:43:05.15	LETH, AB.
267/675	ROBERTSON, MARIE	570	00:53:14.60	06:39	20-24	10/24	00:53:07.80	LETH, AB.
278/675	ROBERTSON, WANDA	571	00:53:43.85	06:42	55-59	7/24	00:53:36.80	LETH, AB.
243/675	ROBLIN, ALECIA	573	00:52:17.85	06:32	30-34	53/126	00:51:56.05	LETH, AB.
453/675	RODZINYAK, TARYN	574	01:02:55.80	07:51	SISTER/SISTER	41/55	01:02:31.70	LETH, AB.
485/675	ROSS, CAITLIN	576	01:05:33.60	08:11	SISTER/SISTER	43/55	01:05:12.25	CALGARY, AB.
657/675	RUBENIUK, LEAH	577	01:28:34.50	11:04	30-34	123/126	01:27:56.20	LETH, AB.
475/675	RUMER, JESSICA	578	01:04:58.00	08:07	30-34	87/126	01:04:25.50	LETH, AB.
258/675	RUMER, MARGARET	579	00:52:56.50	06:37	55-59	6/24	00:52:46.10	LETH, AB.
556/675	RUSCHIN, TRACEY	580	01:11:14.40	08:54	30-34	101/126	01:10:39.00	LETH, AB.
491/675	RUSTON, CARRIE	581	01:05:47.45	08:13	35-39	70/82	01:05:20.35	LETH, AB.
386/675	RYAN, MICHELLE	582	00:59:15.45	07:24	30-34	72/126	00:59:07.30	LETH, AB.
629/675	SAMPATH, SHELLY	57	01:21:52.90	10:14	30-34	113/126	01:21:20.30	LETH, AB.
33/675	SANDERS, JULIANNE	713	00:42:08.65	05:16	25-29	4/66	00:42:07.15	LETH, AB.

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Alpha Overall Results

8K Run - 4.97 Miles

OA/PI	Name	Bib#	Time	Pace	Category	Cat/PI	Chiptime	City
378/675	SANTONI, PAT	583	00:58:53.50	07:21	65-69	3/9	00:58:44.45	LETH, AB.
623/675	SAUER, JUBILEE	584	01:21:09.30	10:08	MOTHER/DAUGH'	90/106	01:20:55.80	LETH, AB.
626/675	SAUER, MANDY	585	01:21:14.55	10:09	MOTHER/DAUGH'	91/106	01:20:59.85	LETH, AB.
39/675	SAWATZKY, KIM	586	00:42:46.00	05:20	25-29	5/66	00:42:42.75	COALHURST, AB.
113/675	SCHAUSELE, AMIE	87	00:47:03.70	05:52	25-29	14/66	00:46:58.80	LETH, AB.
301/675	SCHINDEL, BRIE	588	00:54:23.80	06:47	30-34	62/126	00:54:16.65	LETH, AB.
244/675	SCHINDEL, KRISTEN	589	00:52:19.50	06:32	30-34	54/126	00:52:12.15	LETH, AB.
110/675	SCHLAHT, TAWNYA	591	00:47:02.50	05:52	SISTER/SISTER	10/55	00:46:59.00	LOMOND, AB.
234/675	SCHOLTEN, GLORIANNA	592	00:52:10.85	06:31	SISTER/SISTER	20/55	00:52:00.85	IRON SPRINGS, AB.
560/675	SCHOLTEN, JACKIE	593	01:12:08.80	09:01	30-34	103/126	01:11:35.95	PICTURE BUTTE, AB.
40/675	SCHROYEN, LEANNE	594	00:42:48.40	05:21	30-34	7/126	00:42:47.35	LETH, AB.
609/675	SCHUTTE, SHEILAH	595	01:18:43.50	09:50	MOTHER/DAUGH'	85/106	01:18:03.80	CALGARY, AB.
481/675	SCHWINDT, CASSANDRA	596	01:05:12.65	08:09	35-39	67/82	01:05:02.05	LETH, AB.
192/675	SCHWINDT, GLORIA	597	00:50:42.80	06:20	50-54	9/43	00:50:24.95	FT. MACLEOD, AB.
335/675	SCOTT, CAROLYN	598	00:56:03.20	07:00	40-44	39/59	00:55:56.10	LETH, AB.
83/675	SCOTT, JANE	599	00:45:38.10	05:42	MOTHER/DAUGH'	5/106	00:45:33.50	LETH, AB.
257/675	SCOTT, MARYANNE	600	00:52:55.00	06:36	SISTER/SISTER	24/55	00:52:23.60	GLENWOOD, AB.
170/675	SCOTT, SARAH	601	00:49:39.45	06:12	MOTHER/DAUGH'	17/106	00:49:34.00	LETH, AB.
230/675	SCOTT, TRICIA	602	00:52:01.95	06:30	35-39	31/82	00:51:46.65	MEDICINE HAT, AB.
509/675	SCULLEN, MELISSA	603	01:07:14.10	08:24	35-39	72/82	01:06:39.30	LETH, AB.
479/675	SEGOUIN, BEV	604	01:05:10.95	08:08	30-34	88/126	01:04:56.20	LETH, AB.
333/675	SEIFRIDT, KRISTA	606	00:55:54.65	06:59	45-49	17/41	00:55:37.10	LETH, AB.
29/675	SEITZ, DESIRAE	107	00:41:45.90	05:13	25-29	3/66	00:41:33.95	DUCHESS, AB.
164/675	SELINGER, LISA	607	00:49:32.05	06:11	30-34	38/126	00:49:29.25	LETH, AB.
147/675	SELK, JESSIE	608	00:48:43.90	06:05	35-39	23/82	00:48:42.70	LETH, AB.
148/675	SERNIAK, JANET	610	00:48:46.70	06:05	40-44	18/59	00:48:28.30	LETH, AB.
121/675	SEXTON, KATRINA	612	00:47:32.85	05:56	35-39	20/82	00:47:28.05	LETH, AB.
425/675	SHAKOTKO, TASHA	613	01:01:03.50	07:37	30-34	78/126	01:00:52.90	LETH, AB.
175/675	SHEEN, ERIKA	615	00:50:01.80	06:15	20-24	4/24	00:49:43.30	LETH, AB.
585/675	SHEEN, PENNY	616	01:14:07.85	09:15	50-54	36/43	01:13:46.35	LETH, AB.
272/675	SHEFFIELD, KRISTA	617	00:53:28.00	06:41	30-34	57/126	00:52:53.55	LETH, AB.
19/675	SHEPPARD, SUZANNE	618	00:40:30.55	05:03	35-39	8/82	00:40:22.90	LETH, AB.
317/675	SHERRING, JACLYN	619	00:54:55.40	06:51	25-29	35/66	00:54:43.20	LETH, AB.
366/675	SHIPLEY, JENNIFER	621	00:58:13.90	07:16	35-39	52/82	00:58:03.15	CARDSTON, AB.
11/675	SIKKENS, HEIDI	622	00:39:20.75	04:55	SISTER/SISTER	3/55	00:39:14.00	TURIN, AB.
263/675	SILLITO, RACHEL	623	00:53:08.95	06:38	25-29	31/66	00:52:53.00	ROSEMARY, AB.
176/675	SIMPSON, FAITH	624	00:50:02.55	06:15	MOTHER/DAUGH'	18/106	00:49:58.35	RAYMOND, AB.
215/675	SIMPSON, LAURA	625	00:51:29.40	06:26	MOTHER/DAUGH'	25/106	00:51:25.05	RAYMOND, AB.
561/675	SINNOTT, DEBBIE	626	01:12:11.45	09:01	45-49	36/41	01:12:02.75	LETH, AB.
190/675	SKAKUN, SOPHIE	627	00:50:41.90	06:20	MOTHER/DAUGH'	20/106	00:50:26.40	LETH, AB.
25/675	SLAWSON, CORREEN	628	00:41:14.35	05:09	35-39	10/82	00:41:08.30	FT. MACLEOD, AB.
455/675	SMART, YOLANDA	630	01:03:07.00	07:53	65-69	5/9	01:03:05.05	LETH, AB.
443/675	SMIENK, DANIELLE	631	01:02:18.80	07:47	MOTHER/DAUGH'	52/106	01:02:04.80	LETH, AB.
442/675	SMIENK, SANDRA	632	01:02:18.35	07:47	MOTHER/DAUGH'	51/106	01:02:03.65	LETH, AB.
651/675	SMIGEL, JACOBI	633	01:26:24.70	10:48	MOTHER/DAUGH'	98/106	01:26:03.70	LETH, AB.
13/675	SMITH, BARB	634	00:39:26.45	04:55	35-39	6/82	00:39:23.80	MAGRATH, AB.
441/675	SMITH, JENNIFER	637	01:02:17.45	07:47	40-44	49/59	01:01:39.95	LEDUC, AB.
490/675	SMITH, JULIE	638	01:05:41.95	08:12	SISTER/SISTER	45/55	01:05:00.35	LETH, AB.
228/675	SMITH, KINSEY	639	00:52:00.60	06:30	SISTER/SISTER	19/55	00:51:53.85	LETH, AB.
427/675	SMITH, LYNDASAY	640	01:01:06.95	07:38	30-34	79/126	01:00:48.25	TABER, AB.
418/675	SMITH, NATASHA	641	01:00:40.25	07:35	19&U	15/17	01:00:31.85	GLENWOOD, AB.
462/675	SMITH, SHERRY	620	01:03:57.90	07:59	45-49	29/41	01:03:39.40	LETH, AB.
249/675	SMITH, TIFFANY	642	00:52:23.55	06:32	25-29	29/66	00:52:18.45	SHAUNAVON, SK
598/675	SMYTHE, SARUN	644	01:16:21.40	09:32	SISTER/SISTER	52/55	01:15:56.60	LETH, AB.
666/675	SNOW, DIANA	645	01:30:32.00	11:19	30-34	124/126	01:29:53.20	MILK RIVER, AB.
78/675	SOMERVILLE, CHELSEA	646	00:45:11.95	05:38	SISTER/SISTER	6/55	00:45:08.10	CALGARY, AB.
7/675	SOMMERFELDT, NICKI	648	00:38:52.70	04:51	30-34	1/126	00:38:51.95	LETH, AB.

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Alpha Overall Results

8K Run - 4.97 Miles

OA/PI	Name	Bib#	Time	Pace	Category	Cat/PI	Chiptime	City
511/675	SPIESS, HEATHER	649	01:07:27.20	08:25	30-34	98/126	01:06:50.60	LETH, AB.
311/675	SQUIRES, HILARY	254	00:54:45.60	06:50	25-29	33/66	00:54:26.10	LETH, AB.
524/675	ST. AMAND, RHONDA	650	01:08:22.20	08:32	50-54	30/43	01:07:58.75	LETH, AB.
376/675	STAFFORD, KAITLIN	652	00:58:43.40	07:20	25-29	44/66	00:58:34.70	LETH, AB.
641/675	STANDEN, AMBER	743	01:23:59.55	10:29	30-34	115/126	01:23:34.15	LETH, AB.
292/675	START, CHRISTINA	329	00:54:04.20	06:45	30-34	61/126	00:53:39.05	RAYMOND, AB.
405/675	STEED, BRANDI	744	01:00:20.70	07:32	25-29	47/66	00:59:50.55	CARDSTON, AB.
210/675	STEINBACK, MEL	655	00:51:22.90	06:25	25-29	24/66	00:51:00.30	LETH, AB.
168/675	STEWART, AMY	656	00:49:36.75	06:12	SISTER/SISTER	16/55	00:49:30.35	LETH, AB.
115/675	STEWART, CAROLYN	657	00:47:08.85	05:53	45-49	7/41	00:47:00.35	CALGARY, AB.
81/675	STEWART, RAMONA	658	00:45:23.25	05:40	MOTHER/DAUGH'	4/106	00:45:19.70	LETH, AB.
88/675	STICKEL, JEN	659	00:45:43.90	05:42	35-39	18/82	00:45:36.30	LETH, AB.
26/675	STOCK, SONIA	661	00:41:21.55	05:10	30-34	5/126	00:41:16.70	LETH, AB.
162/675	STORK, BROOKE	662	00:49:24.90	06:10	MOTHER/DAUGH'	16/106	00:49:15.40	MEDICINE HAT, AB.
1/675	STRONG, AMIE	663	00:36:24.70	04:33	35-39	1/82	00:36:24.25	LETH, AB.
496/675	STUMP, DIMPLES	664	01:06:12.20	08:16	MOTHER/DAUGH'	61/106	01:05:44.80	COALHURST, AB.
397/675	SUGIMOTO, KORALIE	665	00:59:45.85	07:28	25-29	45/66	00:59:38.00	RAYMOND, AB.
86/675	SURETTE, TANYA	666	00:45:40.00	05:42	30-34	17/126	00:45:30.60	LETH, AB.
429/675	SWIHART, KRISTIN	667	01:01:20.35	07:40	35-39	61/82	01:01:09.25	LETH, AB.
512/675	TALBOT, ANGELA	673	01:07:28.60	08:26	MOTHER/DAUGH'	64/106	01:07:00.75	LETH, AB.
471/675	TALBOT, CLAIRE	674	01:04:29.05	08:03	MOTHER/DAUGH'	58/106	01:04:01.25	LETH, AB.
112/675	TANNER, NAOMI	675	00:47:03.40	05:52	30-34	23/126	00:47:02.80	LETH, AB.
525/675	TARR, KARLA	676	01:08:27.70	08:33	35-39	75/82	01:08:02.00	LETH, AB.
299/675	TAYLOR, KERRY	677	00:54:15.35	06:46	35-39	42/82	00:53:57.10	LETH, AB.
93/675	THIBERT, CAROL	678	00:45:50.75	05:43	MOTHER/DAUGH'	9/106	00:45:49.10	LETH, AB.
643/675	THOMAS, JANELLE	679	01:24:52.80	10:36	25-29	66/66	01:24:11.50	LETH, AB.
348/675	THOMAS, KAREN	680	00:57:05.70	07:08	55-59	10/24	00:56:58.90	LETH, AB.
661/675	THOMAS, LOUISE	681	01:29:49.50	11:13	65-69	9/9	01:29:22.20	LETH, AB.
416/675	THOMPSON, MICHELLE	682	01:00:38.05	07:34	SISTER/SISTER	38/55	01:00:35.85	LETH, AB.
340/675	THORNE, TANIA	684	00:56:19.20	07:02	45-49	20/41	00:56:06.05	MEDICINE HAT, AB.
270/675	TIEGEN, RACHELLE	685	00:53:19.05	06:39	SISTER/SISTER	27/55	00:53:15.55	LETH, AB.
320/675	TILLMANNS, JANA	686	00:55:02.95	06:52	MOTHER/DAUGH'	34/106	00:54:49.05	LETH, AB.
324/675	TILLMANNS, SHARON	687	00:55:15.15	06:54	MOTHER/DAUGH'	36/106	00:55:00.05	LETH, AB.
472/675	TRECHKA, LAURA	688	01:04:32.65	08:04	20-24	21/24	01:04:16.35	PICTURE BUTTE, AB.
122/675	TSCHEPETER, LIZ	689	00:47:35.00	05:56	30-34	25/126	00:47:10.90	FT. MACLEOD, AB.
163/675	TSENTOUROS, ANDRIANNA	690	00:49:27.15	06:10	25-29	19/66	00:49:13.25	LETH, AB.
423/675	TUFF, SHELLEY	708	01:00:58.35	07:37	45-49	26/41	01:00:39.50	LETH, AB.
648/675	TURNBULL, AMBER	691	01:26:00.70	10:45	30-34	118/126	01:25:29.55	BROOKS, AB.
114/675	TURNER, AMANDA	692	00:47:06.60	05:53	SISTER/SISTER	11/55	00:46:57.85	MEDICINE HAT, AB.
383/675	TURNER, APRIL	693	00:59:07.85	07:23	50-54	22/43	00:58:29.25	LETH, AB.
248/675	TURNER, BRITTANY	694	00:52:23.55	06:32	SISTER/SISTER	22/55	00:52:09.45	RAYMOND, AB.
608/675	TYLER, DARLA	695	01:17:53.95	09:44	50-54	39/43	01:17:19.50	COALDALE, AB.
251/675	TYMKO, JENNY	697	00:52:26.05	06:33	SISTER/SISTER	23/55	00:52:19.45	WRENTHAM, AB.
166/675	TYMKO, RAYLENE	698	00:49:33.20	06:11	SISTER/SISTER	15/55	00:49:27.65	WRENTH, AB.
389/675	ULMER, ANDREA	699	00:59:20.40	07:25	35-39	58/82	00:59:02.40	LETH, AB.
206/675	UPSON, KELLI	700	00:51:11.95	06:23	45-49	15/41	00:51:04.60	LETH, AB.
495/675	USMAN, GINNY	701	01:06:11.10	08:16	30-34	92/126	01:05:42.20	LETH, AB.
419/675	VALGARDSON, GLENNDA	702	01:00:40.45	07:35	55-59	12/24	01:00:38.60	BARNWELL, AB.
578/675	VALIN, COLLEEN	703	01:13:38.40	09:12	55-59	19/24	01:13:30.15	COALDALE, AB.
474/675	VAN EE, NICOLE	705	01:04:44.15	08:05	SISTER/SISTER	42/55	01:04:12.15	LETH, AB.
281/675	VAN GEEST, CANDACE	706	00:53:47.60	06:43	25-29	32/66	00:53:27.40	TABER, AB.
140/675	VAN ROON, LOIS	707	00:48:09.75	06:01	40-44	17/59	00:48:01.35	LETH, AB.
403/675	VAN ROOTSELAAR, LESLIE	111	01:00:14.25	07:31	35-39	60/82	00:59:54.35	PICTURE BUTTE, AB.
409/675	VAN UDEN, SHAWNA	709	01:00:25.45	07:33	30-34	74/126	01:00:08.30	LETH, AB.
198/675	VANDEN DOOL, GRACE	710	00:50:57.90	06:22	40-44	23/59	00:50:53.25	LETH, AB.
374/675	VANDEN DUNGEN, LANA	711	00:58:39.70	07:19	35-39	54/82	00:58:03.30	LETH, AB.
15/675	VANDERZEE, PAULA	712	00:39:42.60	04:57	40-44	1/59	00:39:38.60	LETH, AB.

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Alpha Overall Results

8K Run - 4.97 Miles

OA/PI	Name	Bib#	Time	Pace	Category	Cat/PI	Chiptime	City
59/675	VEGTER, MELANIE	318	00:43:46.15	05:28	45-49	5/41	00:43:40.25	LETH, AB.
437/675	VERAGE, ELISE	488	01:02:05.10	07:45	30-34	81/126	01:01:27.60	LETH, AB.
193/675	VON HEYKING, SONYA	714	00:50:43.50	06:20	35-39	27/82	00:50:29.05	LETH, AB.
537/675	VOS, VANESSA	651	01:09:05.50	08:38	20-24	24/24	01:08:39.90	LETH, AB.
49/675	WALBURGER, JAMIE	715	00:43:03.45	05:22	30-34	9/126	00:42:28.75	LETH, AB.
37/675	WALSHE, HEIDEE	716	00:42:26.85	05:18	35-39	12/82	00:42:21.65	LETH, AB.
649/675	WALSTRA, JANAY	717	01:26:03.10	10:45	30-34	119/126	01:25:34.60	LETH, AB.
541/675	WANDLER, DEBBIE	718	01:09:20.80	08:40	MOTHER/DAUGH'	69/106	01:09:06.05	CASTLEGAR, BC
68/675	WASYLENKO, MELANIE	719	00:44:31.90	05:33	25-29	9/66	00:44:15.10	COALDALE, AB.
421/675	WATSON, MAYNA	752	01:00:45.30	07:35	19&U	16/17	01:00:31.10	STIRLING, AB.
656/675	WEENK, KELLY	720	01:28:01.45	11:00	30-34	122/126	01:27:23.70	LETH, AB.
225/675	WEILER, CAROLYN	721	00:51:58.70	06:29	50-54	12/43	00:51:42.80	MEDICINE HAT, AB.
564/675	WERRELL, KATE	722	01:12:12.90	09:01	40-44	56/59	01:11:58.50	LETH, QB
458/675	WERRELL, KATHY	723	01:03:52.90	07:59	25-29	52/66	01:03:37.10	COALDALE, AB.
212/675	WESSELING, CAROLIEN	724	00:51:25.90	06:25	40-44	25/59	00:51:19.35	VAUXHALL, AB.
451/675	WHITE, MARY MADELINE	725	01:02:48.35	07:51	70+	2/8	01:02:43.35	CALGARY, AB.
659/675	WHITNEY, SHIRLEY	726	01:28:49.95	11:06	65-69	8/9	01:28:26.65	LETH, AB.
229/675	WIEBE, CARRIE	727	00:52:00.65	06:30	30-34	51/126	00:51:48.30	LETH, AB.
41/675	WIGGERS, TERENA	469	00:42:49.90	05:21	25-29	6/66	00:42:45.05	LETH, AB.
95/675	WILLIAMS, ASHLEY	46	00:46:01.15	05:45	25-29	11/66	00:45:51.65	CARDSTON, AB.
624/675	WILLIAMS, CARLA	728	01:21:13.00	10:09	SISTER/SISTER	55/55	01:21:01.50	LETH, AB.
153/675	WILLIAMS, STEPHANIE	729	00:49:01.45	06:07	30-34	35/126	00:48:57.05	BARNWELL, AB.
136/675	WILLIAMSON, JAMIE	730	00:48:03.55	06:00	25-29	17/66	00:47:53.70	LETH, AB.
620/675	WILSON, ABIGAIL	732	01:20:17.20	10:02	MOTHER/DAUGH'	88/106	01:20:11.50	LETH, AB.
390/675	WILSON, HANNAH	733	00:59:26.90	07:25	MOTHER/DAUGH'	42/106	00:59:20.90	LETH, AB.
379/675	WILSON, JO-ANNE	357	00:58:57.70	07:22	45-49	23/41	00:58:50.00	COALDALE, AB.
619/675	WILSON, PENNI	734	01:20:17.10	10:02	MOTHER/DAUGH'	87/106	01:20:10.70	LETH, AB.
129/675	WOBICK, MICHELLE	735	00:47:48.20	05:58	MOTHER/DAUGH'	13/106	00:47:11.05	LETH, AB.
652/675	WOJTOWICZ, JUDY	736	01:26:41.35	10:50	60-64	13/15	01:26:07.05	LETH, AB.
75/675	WOLCOTT, RAQUEL	132	00:44:53.60	05:36	30-34	15/126	00:44:46.30	LETH, AB.
310/675	WONG, ELIZABETH	459	00:54:42.65	06:50	40-44	35/59	00:54:13.75	LETH, AB.
434/675	WOOD, BREANNA	738	01:01:50.50	07:43	MOTHER/DAUGH'	49/106	01:01:47.45	LETH, AB.
142/675	WOOD, GRACE	739	00:48:29.95	06:03	25-29	18/66	00:48:28.85	LETH, AB.
196/675	WOOD, JODI	740	00:50:53.60	06:21	MOTHER/DAUGH'	21/106	00:50:51.35	LETH, AB.
464/675	WOODCOCK, ELISA	653	01:04:05.60	08:00	30-34	85/126	01:03:41.30	LETH, AB.
16/675	WOODS, DAJA	742	00:39:48.00	04:58	30-34	2/126	00:39:47.40	LETH, AB.
503/675	WOUDWIJK, GERDA	745	01:06:44.20	08:20	MOTHER/DAUGH'	62/106	01:06:24.75	CRANFORD, AB.
356/675	WOUDWIJK, KATE	746	00:57:39.20	07:12	MOTHER/DAUGH'	39/106	00:57:19.85	CRANFORD, AB.
96/675	WRIGHT, HOLLY	748	00:46:06.85	05:45	40-44	12/59	00:45:56.95	LETH, AB.
189/675	WYNDER, KRISTI	749	00:50:41.75	06:20	MOTHER/DAUGH'	19/106	00:50:11.70	CARDSTON, AB.
439/675	YAUCK, THERESA	750	01:02:08.95	07:46	35-39	62/82	01:01:39.65	LETH, AB.
559/675	YEZOVICH, KRISTAL	751	01:11:53.30	08:59	30-34	102/126	01:11:29.55	LETH, AB.
417/675	YOUNG, MAEGERA	753	01:00:39.95	07:34	19&U	14/17	01:00:27.05	STIRLING, AB.
167/675	YOUNG, MORGAN	754	00:49:34.20	06:11	19&U	8/17	00:49:18.80	STIRLING, AB.
588/675	YOUNG, PAT	755	01:15:07.85	09:23	60-64	8/15	01:14:47.45	LETH, AB.
331/675	ZADEIKS, AMBER	756	00:55:52.80	06:59	35-39	47/82	00:55:39.60	LETH, AB.
332/675	ZECK, DEBORAH	757	00:55:52.80	06:59	40-44	38/59	00:55:47.40	LETH, AB.
57/675	ZOETEMAN, JANA	758	00:43:44.50	05:28	50-54	2/43	00:43:41.90	LETH, AB.