

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

Category Results

8K - 4.97 Miles
702 Finishers

19&U - 64 Competitors

| Cat/PI | Name | Bib # | Time | Pace | OA/PI | Offset | Chiptime | City |
|--------|----------------------|-------|-------------|-------|---------|-----------|-------------|---------------|
| 1/64 | DRAIN, CAILIN | 182 | 00:37:30.05 | 04:41 | 4/702 | +00:00:00 | 00:37:28.70 | LETHBRIDGE |
| 2/64 | NEMETH, VIRGINIA | 519 | 00:43:10.65 | 05:23 | 37/702 | +00:05:40 | 00:43:04.90 | LETHBRIDGE |
| 3/64 | STARZYK-FREY, CIANNA | 679 | 00:43:40.05 | 05:27 | 42/702 | +00:06:10 | 00:43:29.85 | LETHBRIDGE |
| 4/64 | CANADINE, JANE | 103 | 00:44:38.65 | 05:34 | 54/702 | +00:07:08 | 00:44:33.90 | MEDICINE HAT |
| 5/64 | FREUND, BRITTANY | 229 | 00:45:39.10 | 05:42 | 68/702 | +00:08:09 | 00:45:36.10 | LETHBRIDGE |
| 6/64 | TRINH, MERCY | 722 | 00:45:56.55 | 05:44 | 75/702 | +00:08:26 | 00:45:50.20 | LETHBRIDGE |
| 7/64 | MEGYES, KELLI | 468 | 00:47:35.45 | 05:56 | 101/702 | +00:10:05 | 00:47:34.90 | LETHBRIDGE |
| 8/64 | TOLLEFSRUD, MORGHAN | 718 | 00:47:55.25 | 05:59 | 105/702 | +00:10:25 | 00:47:55.25 | LETHBRIDGE |
| 9/64 | BECTELL, RACHEL | 50 | 00:48:16.85 | 06:02 | 113/702 | +00:10:46 | 00:47:34.65 | CARDSTON |
| 10/64 | APPLETON, ANNA | 17 | 00:48:50.20 | 06:06 | 124/702 | +00:11:20 | 00:48:41.95 | SHERWOOD PARK |
| 11/64 | BEAZER, CLARA | 41 | 00:48:57.55 | 06:07 | 127/702 | +00:11:27 | 00:48:49.90 | CARDSTON |
| 12/64 | MUELLER, PEKA | 505 | 00:50:48.85 | 06:21 | 162/702 | +00:13:18 | 00:50:18.55 | LETHBRIDGE |
| 13/64 | ARMSTRONG, KIRA | 23 | 00:50:48.95 | 06:21 | 163/702 | +00:13:18 | 00:50:18.30 | LETHBRIDGE |
| 14/64 | MACKINNON, TAYLOR | 440 | 00:53:00.30 | 06:37 | 205/702 | +00:15:30 | 00:52:54.90 | LETHBRIDGE |
| 15/64 | BECTELL, LINDY | 48 | 00:53:07.35 | 06:38 | 207/702 | +00:15:37 | 00:52:25.60 | CARDSTON |
| 16/64 | SIMPSON, FAITH | 653 | 00:54:14.45 | 06:46 | 240/702 | +00:16:44 | 00:54:08.40 | RAYMOND |
| 17/64 | CRAIG, GILLIAN | 142 | 00:54:29.45 | 06:48 | 248/702 | +00:16:59 | 00:54:09.75 | FERNIE |
| 18/64 | SIEBERT, HANNAH | 652 | 00:55:10.00 | 06:53 | 255/702 | +00:17:39 | 00:54:58.00 | COALDALE |
| 19/64 | DOERKSEN, BAILEY | 172 | 00:55:10.45 | 06:53 | 256/702 | +00:17:40 | 00:54:58.85 | COALDALE |
| 20/64 | COLQUHOUN, ELLA | 132 | 00:55:44.80 | 06:58 | 270/702 | +00:18:14 | 00:55:34.15 | LETHBRIDGE |
| 21/64 | CHAMBERS, MILANA | 113 | 00:55:52.70 | 06:59 | 273/702 | +00:18:22 | 00:55:48.70 | LETHBRIDGE |
| 22/64 | CHURCH, EMILY | 122 | 00:55:55.15 | 06:59 | 275/702 | +00:18:25 | 00:55:25.55 | LETHBRIDGE |
| 23/64 | TRINH, NORAH | 723 | 00:56:14.75 | 07:01 | 283/702 | +00:18:44 | 00:56:00.65 | LETHBRIDGE |
| 24/64 | YOUNG, MORGAN | 807 | 00:57:18.40 | 07:09 | 299/702 | +00:19:48 | 00:56:53.30 | STIRLING |
| 25/64 | SULIN, EZRA | 594 | 00:57:51.50 | 07:13 | 311/702 | +00:20:21 | 00:57:51.50 | LETHBRIDGE |
| 26/64 | VAN EE, KIANA | 744 | 00:58:02.65 | 07:15 | 319/702 | +00:20:32 | 00:57:55.65 | LETHBRIDGE |
| 27/64 | PUZEY, CORA | 583 | 00:58:31.45 | 07:18 | 328/702 | +00:21:01 | 00:58:08.75 | CHAMPION |
| 28/64 | FENZ, BERKLEE | 212 | 00:58:56.85 | 07:22 | 340/702 | +00:21:26 | 00:58:47.80 | LETHBRIDGE |
| 29/64 | FENZ, JAZZLEE | 213 | 00:58:56.85 | 07:22 | 341/702 | +00:21:26 | 00:58:49.10 | LETHBRIDGE |
| 30/64 | MEGYES, TONI | 485 | 00:59:01.60 | 07:22 | 345/702 | +00:21:31 | 00:59:00.80 | LETHBRIDGE |
| 31/64 | WILSON, HANNAH | 533 | 00:59:30.55 | 07:26 | 352/702 | +00:22:00 | 00:59:20.75 | LETHBRIDGE |
| 32/64 | HILL, ABBY | 310 | 00:59:57.20 | 07:29 | 368/702 | +00:22:27 | 00:59:32.50 | LETHBRIDGE |
| 33/64 | HERWEYER, KIERA | 302 | 01:01:46.80 | 07:43 | 394/702 | +00:24:16 | 01:01:23.00 | FORT MACLEOD |
| 34/64 | REID, CECILIA | 588 | 01:02:05.70 | 07:45 | 398/702 | +00:24:35 | 01:01:40.20 | LETHBRIDGE |
| 35/64 | HANNA, DANIKA | 289 | 01:03:18.85 | 07:54 | 413/702 | +00:25:48 | 01:02:43.00 | LETHBRIDGE |
| 36/64 | HILL, ALEXIS | 311 | 01:03:23.25 | 07:55 | 416/702 | +00:25:53 | 01:02:59.05 | LETHBRIDGE |
| 37/64 | DREW, JENNIFER | 817 | 01:04:06.90 | 08:00 | 430/702 | +00:26:36 | 01:03:46.20 | LETHBRIDGE |
| 38/64 | DOERKSEN, KAYCEE | 174 | 01:04:13.70 | 08:01 | 434/702 | +00:26:43 | 01:03:59.70 | COALDALE |
| 39/64 | RUSTON, SAVANNAH | 612 | 01:04:51.40 | 08:06 | 446/702 | +00:27:21 | 01:04:14.10 | LETHBRIDGE |
| 40/64 | GARVIN, JESSICA | 239 | 01:05:24.20 | 08:10 | 452/702 | +00:27:54 | 01:04:52.70 | LETHBRIDGE |
| 41/64 | FRENCH, MARLY | 227 | 01:06:15.60 | 08:16 | 460/702 | +00:28:45 | 01:06:04.30 | LETHBRIDGE |
| 42/64 | COMCHI, HANNAH | 135 | 01:06:17.85 | 08:17 | 463/702 | +00:28:47 | 01:06:11.55 | LETHBRIDGE |
| 43/64 | HIGA, TATUM | 307 | 01:06:25.45 | 08:18 | 464/702 | +00:28:55 | 01:05:55.75 | TABER |
| 44/64 | GRANDMONT, RAELYN | 261 | 01:06:41.65 | 08:20 | 470/702 | +00:29:11 | 01:06:35.95 | LETHBRIDGE |
| 45/64 | NELSON, MORGAN | 516 | 01:07:27.30 | 08:25 | 488/702 | +00:29:57 | 01:06:46.60 | MILO |
| 46/64 | SMITH, NATASHA | 663 | 01:08:11.75 | 08:31 | 499/702 | +00:30:41 | 01:07:27.95 | GLENWOOD |
| 47/64 | APPLETON, MADELYN | 20 | 01:08:20.30 | 08:32 | 504/702 | +00:30:50 | 01:08:20.30 | SHERWOOD PARK |
| 48/64 | BEAZER, MARY | 44 | 01:08:21.85 | 08:32 | 505/702 | +00:30:51 | 01:08:04.05 | CARDSTON |
| 49/64 | FISHER, AKIRA | 215 | 01:08:38.95 | 08:34 | 507/702 | +00:31:08 | 01:08:18.05 | LETHBRIDGE |
| 50/64 | MORRELL, KURA | 501 | 01:09:17.40 | 08:39 | 515/702 | +00:31:47 | 01:09:12.50 | CALGARY |
| 51/64 | FRANCIS, NYA | 224 | 01:09:17.50 | 08:39 | 516/702 | +00:31:47 | 01:09:11.80 | LETHBRIDGE |
| 52/64 | FALKOWSKY, TYRA | 206 | 01:09:19.05 | 08:39 | 517/702 | +00:31:49 | 01:09:14.15 | LETHBRIDGE |
| 53/64 | KONYNENBELT, SYDNEY | 388 | 01:11:09.85 | 08:53 | 539/702 | +00:33:39 | 01:10:24.70 | NOBLEFORD |
| 54/64 | BEAZER, KATE | 43 | 01:12:53.65 | 09:06 | 551/702 | +00:35:23 | 01:12:41.35 | CARDSTON |
| 55/64 | YOUNG, MAEGERA | 806 | 01:15:59.25 | 09:29 | 574/702 | +00:38:29 | 01:15:32.95 | STIRLING |
| 56/64 | HIGA, SOPHIE | 306 | 01:17:33.90 | 09:41 | 588/702 | +00:40:03 | 01:17:04.10 | TABER |
| 57/64 | SCHAAF, SHANTEL | 619 | 01:18:39.10 | 09:49 | 595/702 | +00:41:09 | 01:17:57.45 | ELKFORD |

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

Category Results

8K - 4.97 Miles
702 Finishers

19&U - 64 Competitors

| Cat/PI | Name | Bib # | Time | Pace | OA/PI | Offset | Chiptime | City |
|--------|-------------------|-------|-------------|-------|---------|-----------|-------------|------------|
| 58/64 | DEVRIES, BRENDA | 168 | 01:18:39.30 | 09:49 | 596/702 | +00:41:09 | 01:17:57.95 | BOW ISLAND |
| 59/64 | DAVID, ZOE | 152 | 01:19:34.00 | 09:56 | 613/702 | +00:42:03 | 01:19:06.85 | LETHBRIDGE |
| 60/64 | PUZEY, LEAH | 584 | 01:19:39.15 | 09:57 | 615/702 | +00:42:09 | 01:19:14.95 | CHAMPION |
| 61/64 | SCHNEIDER, KITANA | 629 | 01:21:21.55 | 10:10 | 633/702 | +00:43:51 | 01:20:59.15 | LETHBRIDGE |
| 62/64 | MARSHALL, KYLIE | 456 | 01:25:57.20 | 10:44 | 662/702 | +00:48:27 | 01:25:14.75 | LETHBRIDGE |
| 63/64 | RUSER, LIBERTY | 610 | 01:36:11.55 | 12:01 | 695/702 | +00:58:41 | 01:32:29.20 | LETHBRIDGE |
| 64/64 | EKKEL, MYRANDA | 196 | 01:36:11.55 | 12:01 | 696/702 | +00:58:41 | 01:36:11.55 | LETHBRIDGE |

20-24 - 40 Competitors

| Cat/PI | Name | Bib # | Time | Pace | OA/PI | Offset | Chiptime | City |
|--------|----------------------------|-------|-------------|-------|---------|-----------|-------------|------------|
| 1/40 | THIESSEN, MADISON | 707 | 00:46:11.15 | 05:46 | 80/702 | +00:00:00 | 00:46:06.50 | LETHBRIDGE |
| 2/40 | AGUIAR, ANNA | 810 | 00:46:27.20 | 05:48 | 86/702 | +00:00:16 | 00:46:23.35 | LETHBRIDGE |
| 3/40 | JENSEN, TYCEE | 785 | 00:46:42.25 | 05:50 | 89/702 | +00:00:31 | 00:46:31.30 | WELLING |
| 4/40 | HAMILTON, COURTENEY | 284 | 00:47:37.10 | 05:57 | 102/702 | +00:01:25 | 00:47:25.40 | LETHBRIDGE |
| 5/40 | STEED, JULIA | 809 | 00:48:39.60 | 06:04 | 119/702 | +00:02:28 | 00:48:36.35 | LETHBRIDGE |
| 6/40 | VEGTER, KAITEE | 754 | 00:50:57.50 | 06:22 | 170/702 | +00:04:46 | 00:50:51.30 | LETHBRIDGE |
| 7/40 | CARSCADDEN, EMILY | 107 | 00:51:00.85 | 06:22 | 171/702 | +00:04:49 | 00:51:00.85 | LETHBRIDGE |
| 8/40 | STANLEY, LARISSA | 677 | 00:51:40.70 | 06:27 | 178/702 | +00:05:29 | 00:51:31.85 | CALGARY |
| 9/40 | GAUTHIER, KENZIE | 241 | 00:51:43.85 | 06:27 | 180/702 | +00:05:32 | 00:51:40.55 | LETHBRIDGE |
| 10/40 | DAVIES, ALISSA | 154 | 00:52:03.05 | 06:30 | 187/702 | +00:05:51 | 00:51:48.80 | LETHBRIDGE |
| 11/40 | SPENCER, KATELYN | 671 | 00:52:40.85 | 06:35 | 196/702 | +00:06:29 | 00:52:11.05 | LETHBRIDGE |
| 12/40 | MACKINNON, JORDAN | 439 | 00:52:59.35 | 06:37 | 204/702 | +00:06:48 | 00:52:53.80 | LETHBRIDGE |
| 13/40 | COELHO, LARA | 128 | 00:53:08.50 | 06:38 | 209/702 | +00:06:57 | 00:53:02.30 | LETHBRIDGE |
| 14/40 | BUECKERT, KRISTY | 319 | 00:53:58.05 | 06:44 | 229/702 | +00:07:46 | 00:53:33.45 | LETHBRIDGE |
| 15/40 | SCHALK, ASHLEY | 695 | 00:54:21.55 | 06:47 | 244/702 | +00:08:10 | 00:53:41.35 | LETHBRIDGE |
| 16/40 | COLBURN-SWARTZ, KATHERINE | 130 | 00:57:44.75 | 07:13 | 309/702 | +00:11:33 | 00:57:35.55 | LETHBRIDGE |
| 17/40 | COLBURN - SWARTZ, CAROLINE | 129 | 00:58:05.55 | 07:15 | 323/702 | +00:11:54 | 00:57:55.40 | LETHBRIDGE |
| 18/40 | BODIE, KENZIE | 68 | 00:59:34.35 | 07:26 | 358/702 | +00:13:23 | 00:59:07.95 | COALDALE |
| 19/40 | GROENENBOOM, ALLISON | 270 | 00:59:34.70 | 07:26 | 359/702 | +00:13:23 | 00:59:08.30 | COALHURST |
| 20/40 | BEETSTRA, KELSEY | 51 | 00:59:36.75 | 07:27 | 360/702 | +00:13:25 | 00:59:06.05 | LETHBRIDGE |
| 21/40 | TURNBULL, MYRANDHA-JO | 812 | 00:59:51.15 | 07:28 | 366/702 | +00:13:40 | 00:59:40.75 | LETHBRIDGE |
| 22/40 | GOUGH, MELISSA THERESA | 602 | 01:00:08.05 | 07:31 | 370/702 | +00:13:56 | 00:59:54.35 | CALGARY |
| 23/40 | MARSHALL, CORINNE | 455 | 01:00:09.30 | 07:31 | 371/702 | +00:13:58 | 00:59:27.70 | LETHBRIDGE |
| 24/40 | ROSS, CAITLIN | 601 | 01:00:18.55 | 07:32 | 375/702 | +00:14:07 | 01:00:06.35 | LETHBRIDGE |
| 25/40 | KINNIBURGH, KAYLEE | 379 | 01:00:30.55 | 07:33 | 377/702 | +00:14:19 | 01:00:17.40 | LETHBRIDGE |
| 26/40 | DREW, HOLLY | 185 | 01:01:04.85 | 07:38 | 383/702 | +00:14:53 | 01:00:43.55 | LETHBRIDGE |
| 27/40 | CLASSENS, ERIN | 127 | 01:02:23.70 | 07:47 | 402/702 | +00:16:12 | 01:01:55.00 | COALDALE |
| 28/40 | ROTH, KALI | 604 | 01:02:34.15 | 07:49 | 404/702 | +00:16:23 | 01:02:04.85 | COALDALE |
| 29/40 | DONDERSGOED, KENZIE | 176 | 01:03:22.40 | 07:55 | 414/702 | +00:17:11 | 01:02:51.20 | LETHBRIDGE |
| 30/40 | BURGWAL, MERCEDES | 87 | 01:03:54.20 | 07:59 | 426/702 | +00:17:43 | 01:03:40.25 | LETHBRIDGE |
| 31/40 | DREW, STEPHANIE | 816 | 01:04:06.65 | 08:00 | 429/702 | +00:17:55 | 01:03:45.35 | LETHBRIDGE |
| 32/40 | HONG, KATHY | 325 | 01:04:36.10 | 08:04 | 441/702 | +00:18:24 | 01:04:30.20 | LETHBRIDGE |
| 33/40 | GRANDMONT, DANA | 260 | 01:07:10.45 | 08:23 | 484/702 | +00:20:59 | 01:07:04.95 | LETHBRIDGE |
| 34/40 | SULLIVAN, KENDRA | 690 | 01:07:21.25 | 08:25 | 485/702 | +00:21:10 | 01:07:10.60 | LETHBRIDGE |
| 35/40 | BARR, ERICA | 34 | 01:09:44.20 | 08:43 | 523/702 | +00:23:33 | 01:09:29.50 | LETHBRIDGE |
| 36/40 | DONKERSGOED, GABE | 177 | 01:16:31.90 | 09:33 | 580/702 | +00:30:20 | 01:15:56.60 | LETHBRIDGE |
| 37/40 | GOODFELLOW, KYLA | 441 | 01:20:24.95 | 10:03 | 626/702 | +00:34:13 | 01:19:54.55 | DIAMOND |
| 38/40 | MARCIC, MARINA | 556 | 01:20:25.40 | 10:03 | 628/702 | +00:34:14 | 01:19:54.50 | LETHBRIDGE |
| 39/40 | APPLETON, LIZ | 19 | 01:23:22.10 | 10:25 | 650/702 | +00:37:10 | 01:23:08.65 | LETHBRIDGE |
| 40/40 | HUIZING, SHAYLENE | 340 | 01:25:39.20 | 10:42 | 661/702 | +00:39:28 | 01:24:56.30 | BURDETT |

25-29 - 82 Competitors

| Cat/PI | Name | Bib # | Time | Pace | OA/PI | Offset | Chiptime | City |
|--------|--------------------|-------|-------------|-------|--------|-----------|-------------|------------|
| 1/82 | BRADY, JILLIAN | 814 | 00:34:37.55 | 04:19 | 1/702 | +00:00:00 | 00:34:36.45 | LETHBRIDGE |
| 2/82 | SAWATZKY, KIMBERLY | 618 | 00:37:42.55 | 04:42 | 6/702 | +00:03:05 | 00:37:40.15 | COALHURST |
| 3/82 | BROWN, EMILY | 78 | 00:40:37.95 | 05:04 | 17/702 | +00:06:00 | 00:40:36.75 | LETHBRIDGE |
| 4/82 | WILDE, LAURA | 784 | 00:40:53.30 | 05:06 | 21/702 | +00:06:15 | 00:40:42.80 | WELLING |
| 5/82 | BONETTE, DELAINA | 71 | 00:41:20.35 | 05:10 | 23/702 | +00:06:42 | 00:41:18.95 | COALDALE |
| 6/82 | DOHERTY, BECKY | 756 | 00:42:48.85 | 05:21 | 34/702 | +00:08:11 | 00:42:47.70 | |

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

Category Results

8K - 4.97 Miles
702 Finishers

25-29 - 82 Competitors

| Cat/PI | Name | Bib # | Time | Pace | OA/PI | Offset | Chiptime | City |
|--------|-------------------------|-------|-------------|-------|---------|-----------|-------------|---------------|
| | | | | | | | | LETHBRIDGE |
| 7/82 | WALL, LYNETTE | 763 | 00:44:29.00 | 05:33 | 53/702 | +00:09:51 | 00:44:18.50 | COALDALE |
| 8/82 | BECKING, BRITTANY | 47 | 00:45:12.85 | 05:39 | 61/702 | +00:10:35 | 00:45:06.95 | LETHBRIDGE |
| 9/82 | MARTINEAU, MEGAN | 712 | 00:45:22.25 | 05:40 | 63/702 | +00:10:44 | 00:45:16.65 | LETHBRIDGE |
| 10/82 | WASYLENKO, MELANIE | 768 | 00:45:22.25 | 05:40 | 64/702 | +00:10:44 | 00:45:17.05 | COALDALE |
| 11/82 | SUTHERLAND, ALYSSA | 692 | 00:47:42.65 | 05:57 | 103/702 | +00:13:05 | 00:47:18.75 | LETHBRIDGE |
| 12/82 | ERICKSON, CHANTELE | 318 | 00:48:03.30 | 06:00 | 109/702 | +00:13:25 | 00:47:53.10 | LETHBRIDGE |
| 13/82 | MCFADDEN, SAMANTHA | 811 | 00:48:07.35 | 06:00 | 110/702 | +00:13:29 | 00:47:58.55 | LETHBRIDGE |
| 14/82 | NOBLE, JULIA | 524 | 00:48:32.70 | 06:04 | 116/702 | +00:13:55 | 00:48:32.00 | SASKATOON |
| 15/82 | BRUGGER, CAITLYN | 732 | 00:48:41.35 | 06:05 | 120/702 | +00:14:03 | 00:48:26.55 | LETHBRIDGE |
| 16/82 | OGILVIE, KAREN | 308 | 00:48:55.10 | 06:06 | 125/702 | +00:14:17 | 00:48:53.30 | LETHBRIDGE |
| 17/82 | PONOMAR, VICTORIA | 573 | 00:48:55.20 | 06:06 | 126/702 | +00:14:17 | 00:48:36.50 | LETHBRIDGE |
| 18/82 | GALBRAITH, KATE | 234 | 00:49:08.35 | 06:08 | 130/702 | +00:14:30 | 00:48:56.55 | LETHBRIDGE |
| 19/82 | MACKENZIE, RAE | 437 | 00:49:15.55 | 06:09 | 131/702 | +00:14:38 | 00:49:02.15 | LETHBRIDGE |
| 20/82 | WARD, JANENE | 767 | 00:49:38.85 | 06:12 | 135/702 | +00:15:01 | 00:49:20.80 | LETHBRIDGE |
| 21/82 | SCHLENKER, MELISSA | 623 | 00:49:54.05 | 06:14 | 141/702 | +00:15:16 | 00:49:47.25 | MEDICINE HAT |
| 22/82 | KORT, STEPHANIE | 392 | 00:50:12.65 | 06:16 | 145/702 | +00:15:35 | 00:50:07.75 | LETHBRIDGE |
| 23/82 | HUCULAK, KELSEY | 338 | 00:50:17.75 | 06:17 | 151/702 | +00:15:40 | 00:50:09.30 | LETHBRIDGE |
| 24/82 | WATSON, JANELLE | 769 | 00:50:17.90 | 06:17 | 152/702 | +00:15:40 | 00:50:11.75 | CALGARY |
| 25/82 | SEWARD, SHARLA | 642 | 00:50:53.55 | 06:21 | 167/702 | +00:16:16 | 00:50:31.30 | LETHBRIDGE |
| 26/82 | TURNER, BRITTANY | 733 | 00:51:50.70 | 06:28 | 183/702 | +00:17:13 | 00:51:39.70 | LETHBRIDGE |
| 27/82 | ORR, KORTNEY | 31 | 00:52:44.50 | 06:35 | 197/702 | +00:18:06 | 00:52:23.40 | LETHBRIDGE |
| 28/82 | OHLMANN, NIKKI | 530 | 00:52:54.95 | 06:36 | 200/702 | +00:18:17 | 00:52:47.20 | COALDALE |
| 29/82 | NOBLE, JESSICA | 523 | 00:52:55.40 | 06:36 | 201/702 | +00:18:17 | 00:52:27.90 | LETHBRIDGE |
| 30/82 | TSENTOUROS, ANDRIANNA | 728 | 00:53:15.65 | 06:39 | 211/702 | +00:18:38 | 00:52:47.30 | LETHBRIDGE |
| 31/82 | MARKLE, MIRANDA | 451 | 00:53:21.75 | 06:40 | 217/702 | +00:18:44 | 00:53:12.40 | LETHBRIDGE |
| 32/82 | ROSLER, KIRSTEN | 600 | 00:53:32.05 | 06:41 | 220/702 | +00:18:54 | 00:53:05.35 | CALGARY |
| 33/82 | BOEHME, FELISHA | 69 | 00:54:12.75 | 06:46 | 238/702 | +00:19:35 | 00:53:54.15 | RAYMOND |
| 34/82 | MCPHEE, KERI | 476 | 00:54:23.70 | 06:47 | 246/702 | +00:19:46 | 00:54:14.15 | COALDALE |
| 35/82 | GRIMARS, RAYSHEN | 268 | 00:54:40.90 | 06:50 | 250/702 | +00:20:03 | 00:54:38.65 | COALHURST |
| 36/82 | STEPHEN, KELLY | 684 | 00:55:18.60 | 06:54 | 258/702 | +00:20:41 | 00:55:00.40 | LETHBRIDGE |
| 37/82 | SKEITH, KAYLA | 655 | 00:55:19.05 | 06:54 | 259/702 | +00:20:41 | 00:54:49.90 | LETHBRIDGE |
| 38/82 | SCHRAGE, JACKIE | 631 | 00:55:35.30 | 06:56 | 266/702 | +00:20:57 | 00:55:31.90 | LETHBRIDGE |
| 39/82 | MCFARLANE, STEPHANIE | 469 | 00:55:40.70 | 06:57 | 267/702 | +00:21:03 | 00:55:23.40 | LETHBRIDGE |
| 40/82 | HEIL, WHITNEY | 299 | 00:55:47.45 | 06:58 | 272/702 | +00:21:09 | 00:55:43.95 | LETHBRIDGE |
| 41/82 | SCOTT, SARAH | 638 | 00:56:22.10 | 07:02 | 285/702 | +00:21:44 | 00:56:11.90 | LETHBRIDGE |
| 42/82 | STELFOX, MELANIE | 682 | 00:57:40.20 | 07:12 | 306/702 | +00:23:02 | 00:57:21.10 | RAYMOND |
| 43/82 | KAUPP, JESSICA | 372 | 00:57:53.10 | 07:14 | 312/702 | +00:23:15 | 00:57:48.40 | LETHBRIDGE |
| 44/82 | VAN ECK, NICKI | 743 | 00:58:03.00 | 07:15 | 320/702 | +00:23:25 | 00:57:38.80 | LETHBRIDGE |
| 45/82 | BUSWELL, ASHLEY | 94 | 00:58:33.45 | 07:19 | 329/702 | +00:23:55 | 00:58:29.60 | LETHBRIDGE |
| 46/82 | O'DELL, JENNIFER-ASHLEY | 528 | 00:58:35.85 | 07:19 | 330/702 | +00:23:58 | 00:58:08.70 | LETHBRIDGE |
| 47/82 | LECLAIR, EMILIE | 419 | 00:58:46.05 | 07:20 | 335/702 | +00:24:08 | 00:58:21.25 | LETHBRIDGE |
| 48/82 | SCHMALTZ, LACEY | 199 | 00:58:46.60 | 07:20 | 336/702 | +00:24:09 | 00:58:16.60 | MEDICINE HAT |
| 49/82 | HATT, SARAH | 295 | 00:59:06.10 | 07:23 | 346/702 | +00:24:28 | 00:58:42.25 | LETHBRIDGE |
| 50/82 | HOLTHE, LINDY | 323 | 00:59:28.45 | 07:26 | 350/702 | +00:24:50 | 00:59:15.85 | TABER |
| 51/82 | PROCEE, SAMANTHA | 581 | 00:59:31.60 | 07:26 | 355/702 | +00:24:54 | 00:59:25.90 | LETHBRIDGE |
| 52/82 | SMITH, SARAH | 664 | 01:00:17.05 | 07:32 | 374/702 | +00:25:39 | 01:00:04.05 | LETHBRIDGE |
| 53/82 | MCINTYRE, CHARMAINE | 472 | 01:00:44.70 | 07:35 | 379/702 | +00:26:07 | 01:00:18.10 | LETHBRIDGE |
| 54/82 | DAVIES, SHARDE | 156 | 01:01:15.65 | 07:39 | 385/702 | +00:26:38 | 01:00:47.25 | LETHBRIDGE |
| 55/82 | GEORGE-SAMUEL, ERIN | 244 | 01:01:38.20 | 07:42 | 390/702 | +00:27:00 | 01:01:01.80 | LETHBRIDGE |
| 56/82 | GARDINER, LAURA | 237 | 01:01:45.00 | 07:43 | 393/702 | +00:27:07 | 01:01:29.70 | LETHBRIDGE |
| 57/82 | JOHNSON, SAM | 337 | 01:02:34.45 | 07:49 | 405/702 | +00:27:56 | 01:02:20.15 | LETHBRIDGE |
| 58/82 | LETCHER, LINDSAY | 424 | 01:03:11.05 | 07:53 | 410/702 | +00:28:33 | 01:02:32.85 | LETHBRIDGE |
| 59/82 | MALMBERG, KORI | 447 | 01:03:14.45 | 07:54 | 412/702 | +00:28:36 | 01:02:24.90 | SPRING COULEE |
| 60/82 | BEZOOYEN, KORI | 63 | 01:03:39.75 | 07:57 | 419/702 | +00:29:02 | 01:03:01.40 | LETHBRIDGE |
| 61/82 | HOETMER, SHANNON | 321 | 01:03:39.90 | 07:57 | 420/702 | +00:29:02 | 01:03:01.50 | LETHBRIDGE |
| 62/82 | IWAASA, KASSI | 348 | 01:03:53.95 | 07:59 | 425/702 | +00:29:16 | 01:03:41.60 | LETHBRIDGE |

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

Category Results

8K - 4.97 Miles
702 Finishers

25-29 - 82 Competitors

| Cat/PI | Name | Bib # | Time | Pace | OA/PI | Offset | Chiptime | City |
|--------|---------------------|-------|-------------|-------|---------|-----------|-------------|---------------|
| 63/82 | STEED, CORY JO | 681 | 01:04:26.10 | 08:03 | 439/702 | +00:29:48 | 01:04:07.45 | RAYMOND |
| 64/82 | MCINTYRE, JESSICA | 474 | 01:04:41.10 | 08:05 | 443/702 | +00:30:03 | 01:03:55.90 | LETHBRIDGE |
| 65/82 | FOX, BRITTANY | 221 | 01:04:57.10 | 08:07 | 447/702 | +00:30:19 | 01:04:26.60 | LETHBRIDGE |
| 66/82 | SCHMALE, MANDI | 627 | 01:06:52.75 | 08:21 | 478/702 | +00:32:15 | 01:06:36.60 | LETHBRIDGE |
| 67/82 | BRUCE, SHANNON | 81 | 01:07:55.15 | 08:29 | 493/702 | +00:33:17 | 01:07:17.55 | LETHBRIDGE |
| 68/82 | GALLOWAY, NIKKI | 235 | 01:08:05.40 | 08:30 | 495/702 | +00:33:27 | 01:08:02.80 | COALHURST |
| 69/82 | WILDE, JAZMIN | 783 | 01:08:44.15 | 08:35 | 511/702 | +00:34:06 | 01:08:44.15 | RAYMOND |
| 70/82 | KWONG, CHELSEA | 404 | 01:09:44.00 | 08:43 | 522/702 | +00:35:06 | 01:09:27.60 | LETHBRIDGE |
| 71/82 | DRAKE, MEGAN | 184 | 01:10:14.05 | 08:46 | 529/702 | +00:35:36 | 01:09:52.10 | LETHBRIDGE |
| 72/82 | AMUNDRUD, NICOLE | 8 | 01:12:09.20 | 09:01 | 545/702 | +00:37:31 | 01:11:53.90 | LETHBRIDGE |
| 73/82 | VELDJESGRAAF, LAURA | 755 | 01:16:21.15 | 09:32 | 577/702 | +00:41:43 | 01:15:32.35 | LETHBRIDGE |
| 74/82 | FARRELL, JENNA | 522 | 01:16:49.00 | 09:36 | 583/702 | +00:42:11 | 01:16:30.85 | CARDSTON |
| 75/82 | TALLMAN, HEIDI | 231 | 01:19:07.20 | 09:53 | 606/702 | +00:44:29 | 01:12:34.85 | BLOOD RESERVE |
| 76/82 | CLARKE, CARMEN | 126 | 01:19:16.30 | 09:54 | 611/702 | +00:44:38 | 01:18:31.30 | RAYMOND |
| 77/82 | KUEFLER, JENNIFER | 400 | 01:21:28.05 | 10:11 | 634/702 | +00:46:50 | 01:21:07.40 | LETHBRIDGE |
| 78/82 | BERGESON, BRITTANY | 60 | 01:22:57.20 | 10:22 | 646/702 | +00:48:19 | 01:22:23.25 | LETHBRIDGE |
| 79/82 | HAGEL, QUINN | 277 | 01:24:03.65 | 10:30 | 652/702 | +00:49:26 | 01:23:31.30 | LETHBRIDGE |
| 80/82 | DUNCAN, COURTNEY | 188 | 01:25:22.95 | 10:40 | 660/702 | +00:50:45 | 01:24:59.40 | LLOYDMINSTER |
| 81/82 | DAVIDSON, JAIMIE | 153 | 01:26:22.15 | 10:47 | 667/702 | +00:51:44 | 01:26:15.55 | VAUXHALL |
| 82/82 | JENSEN, SALLY | 96 | 01:27:46.35 | 10:58 | 676/702 | +00:53:08 | 01:27:28.95 | PROVOST |

30-34 - 124 Competitors

| Cat/PI | Name | Bib # | Time | Pace | OA/PI | Offset | Chiptime | City |
|--------|---------------------|-------|-------------|-------|---------|-----------|-------------|---------------|
| 1/124 | DEKENS, KENDRA | 163 | 00:36:26.10 | 04:33 | 3/702 | +00:00:00 | 00:36:25.00 | LETHBRIDGE |
| 2/124 | RICHTER, NOREEN | 591 | 00:37:32.65 | 04:41 | 5/702 | +00:01:06 | 00:37:32.65 | LETHBRIDGE |
| 3/124 | HILKEWICH, LESLEE | 309 | 00:37:51.15 | 04:43 | 8/702 | +00:01:25 | 00:37:50.30 | LANGDON |
| 4/124 | HUGHES, MARIA | 339 | 00:40:01.45 | 05:00 | 12/702 | +00:03:35 | 00:39:58.65 | TABER |
| 5/124 | VAN LEUKEN, DESIREE | 747 | 00:40:11.55 | 05:01 | 13/702 | +00:03:45 | 00:40:10.70 | LETHBRIDGE |
| 6/124 | THOMAS, ARIEL | 708 | 00:40:19.35 | 05:02 | 14/702 | +00:03:53 | 00:40:16.75 | LETHBRIDGE |
| 7/124 | SANDERS, JULIANNE | 617 | 00:40:39.10 | 05:04 | 18/702 | +00:04:13 | 00:40:36.50 | LETHBRIDGE |
| 8/124 | TORSIUS, SARA | 720 | 00:41:57.90 | 05:14 | 26/702 | +00:05:31 | 00:41:55.15 | GRASSY LAKE |
| 9/124 | SOMMERFELDT, NICKI | 669 | 00:42:03.70 | 05:15 | 27/702 | +00:05:37 | 00:42:00.65 | LETHBRIDGE |
| 10/124 | MCCARTHY, JUSTINA | 464 | 00:42:52.45 | 05:21 | 35/702 | +00:06:26 | 00:42:42.45 | DIAMOND CITY |
| 11/124 | TANNER, NAOMI | 700 | 00:43:02.40 | 05:22 | 36/702 | +00:06:36 | 00:43:01.30 | LETHBRIDGE |
| 12/124 | HILL, RAEGAN | 313 | 00:43:15.25 | 05:24 | 38/702 | +00:06:49 | 00:43:14.90 | LETHBRIDGE |
| 13/124 | EARL, KIM | 195 | 00:43:24.70 | 05:25 | 41/702 | +00:06:58 | 00:43:21.80 | LETHBRIDGE |
| 14/124 | BEZOOYEN, ANDREA | 62 | 00:43:57.50 | 05:29 | 45/702 | +00:07:31 | 00:43:12.85 | COALDALE |
| 15/124 | LAMMERSTEN, LEANNE | 410 | 00:44:19.75 | 05:32 | 47/702 | +00:07:53 | 00:44:18.35 | COALDALE |
| 16/124 | MAJORAHN, MIA | 445 | 00:45:22.15 | 05:40 | 62/702 | +00:08:56 | 00:45:01.25 | LETHBRIDGE |
| 17/124 | WOODRUFF, STACY | 799 | 00:45:47.65 | 05:43 | 71/702 | +00:09:21 | 00:45:43.70 | LETHBRIDGE |
| 18/124 | MCPHILLIPS, RANDI | 477 | 00:45:49.35 | 05:43 | 72/702 | +00:09:23 | 00:45:36.85 | BROOKS |
| 19/124 | LAARMAN, KAREN | 405 | 00:46:12.10 | 05:46 | 81/702 | +00:09:46 | 00:46:10.10 | LETHBRIDGE |
| 20/124 | KLOHN, JANINE | 385 | 00:46:12.40 | 05:46 | 82/702 | +00:09:46 | 00:45:55.40 | LETHBRIDGE |
| 21/124 | KORTHUIS, SHARON | 393 | 00:46:12.75 | 05:46 | 83/702 | +00:09:46 | 00:46:10.55 | LETHBRIDGE |
| 22/124 | FORSYTH, ALEXA | 219 | 00:47:04.10 | 05:53 | 94/702 | +00:10:38 | 00:45:36.75 | LETHBRIDGE |
| 23/124 | MUELLER, KONRA | 504 | 00:47:18.85 | 05:54 | 98/702 | +00:10:52 | 00:47:13.65 | SHAUGHNESSY |
| 24/124 | STRONKS, NATALIE | 689 | 00:48:02.65 | 06:00 | 107/702 | +00:11:36 | 00:47:59.65 | PICTURE BUTTE |
| 25/124 | DYCK, LEWANNA | 293 | 00:48:07.95 | 06:00 | 111/702 | +00:11:41 | 00:47:42.75 | LETHBRIDGE |
| 26/124 | GIESBRECHT, COLLEEN | 247 | 00:48:21.70 | 06:02 | 114/702 | +00:11:55 | 00:47:43.40 | LETHBRIDGE |
| 27/124 | WOLFRAM, KRISTAL | 793 | 00:48:45.65 | 06:05 | 123/702 | +00:12:19 | 00:48:28.45 | LETHBRIDGE |
| 28/124 | ANDERSON, TARA | 11 | 00:49:02.75 | 06:07 | 128/702 | +00:12:36 | 00:48:57.50 | LETHBRIDGE |
| 29/124 | SECRETAN, KIRA | 329 | 00:49:16.15 | 06:09 | 132/702 | +00:12:50 | 00:49:12.15 | LETHBRIDGE |
| 30/124 | INNES, SAMANTHA | 344 | 00:49:32.85 | 06:11 | 134/702 | +00:13:06 | 00:49:25.45 | LETHBRIDGE |
| 31/124 | BALDWIN, STEPHANIE | 32 | 00:49:49.35 | 06:13 | 139/702 | +00:13:23 | 00:49:14.80 | LETHBRIDGE |
| 32/124 | HERBST, SHERISSE | 650 | 00:50:01.95 | 06:15 | 143/702 | +00:13:35 | 00:50:00.85 | LETHBRIDGE |
| 33/124 | DEWAR, ALANA | 170 | 00:50:17.10 | 06:17 | 150/702 | +00:13:51 | 00:49:58.20 | LETHBRIDGE |
| 34/124 | HOULE, RENEE | 331 | 00:50:37.45 | 06:19 | 156/702 | +00:14:11 | 00:50:27.05 | MEDICINE HAT |
| 35/124 | ACTON, JILLIAN | 2 | 00:50:38.30 | 06:19 | 157/702 | +00:14:12 | 00:50:09.20 | CALGARY |

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

Category Results

8K - 4.97 Miles
702 Finishers

30-34 - 124 Competitors

| Cat/PI | Name | Bib # | Time | Pace | OA/PI | Offset | Chiptime | City |
|--------|-------------------------------|-------|-------------|-------|---------|-----------|-------------|---------------|
| 36/124 | LOW, KAYLEE | 483 | 00:50:48.25 | 06:21 | 161/702 | +00:14:22 | 00:50:26.85 | LETHBRIDGE |
| 37/124 | SURETTE, TANYA | 691 | 00:50:49.80 | 06:21 | 164/702 | +00:14:23 | 00:50:22.50 | COALDALE |
| 38/124 | BENNETT, MANDY | 84 | 00:50:51.65 | 06:21 | 165/702 | +00:14:25 | 00:50:48.00 | COALDALE |
| 39/124 | FRESS, LILA | 228 | 00:50:54.45 | 06:21 | 168/702 | +00:14:28 | 00:50:31.45 | LETHBRIDGE |
| 40/124 | CRUSE, CARLY | 145 | 00:50:54.55 | 06:21 | 169/702 | +00:14:28 | 00:50:52.80 | LETHBRIDGE |
| 41/124 | VEDRES, FAYLA | 752 | 00:51:42.60 | 06:27 | 179/702 | +00:15:16 | 00:51:16.60 | LETHBRIDGE |
| 42/124 | VOLK, VICKEY | 759 | 00:51:44.50 | 06:28 | 181/702 | +00:15:18 | 00:51:27.10 | LETHBRIDGE |
| 43/124 | SCHROYEN, LAINE | 632 | 00:51:51.75 | 06:28 | 184/702 | +00:15:25 | 00:51:50.30 | COALDALE |
| 44/124 | WOUDWIJK, KATELYN | 800 | 00:51:59.25 | 06:29 | 185/702 | +00:15:33 | 00:51:51.55 | CRANFORD |
| 45/124 | REMFERT, CHRISTIE | 590 | 00:53:04.70 | 06:38 | 206/702 | +00:16:38 | 00:52:41.20 | TABER |
| 46/124 | CRADDOCK, KELLY JO | 141 | 00:53:16.20 | 06:39 | 212/702 | +00:16:50 | 00:52:47.20 | LETHBRIDGE |
| 47/124 | WYNDER, KRISTI | 803 | 00:53:32.85 | 06:41 | 221/702 | +00:17:06 | 00:53:14.80 | CARDSTON |
| 48/124 | MAYNARD, SARAH | 463 | 00:54:10.50 | 06:46 | 235/702 | +00:17:44 | 00:53:40.25 | COALDALE |
| 49/124 | SMITH, KRISTIN | 661 | 00:54:13.75 | 06:46 | 239/702 | +00:17:47 | 00:53:53.90 | RAYMOND |
| 50/124 | PRUMMEL, ALISON | 459 | 00:54:28.90 | 06:48 | 247/702 | +00:18:02 | 00:54:26.50 | LETHBRIDGE |
| 51/124 | ELLIS-TODDINGTON, JESSIE-SHEA | 198 | 00:54:30.80 | 06:48 | 249/702 | +00:18:04 | 00:54:24.50 | LETHBRIDGE |
| 52/124 | THIBERT, CARRIE | 706 | 00:54:52.90 | 06:51 | 252/702 | +00:18:26 | 00:54:48.30 | LETHBRIDGE |
| 53/124 | KORT, BETHANY | 391 | 00:55:04.60 | 06:53 | 253/702 | +00:18:38 | 00:55:00.10 | LETHBRIDGE |
| 54/124 | MCCORRICK, KALEY | 466 | 00:55:22.40 | 06:55 | 262/702 | +00:18:56 | 00:55:02.15 | LETHBRIDGE |
| 55/124 | BAARDA, WILLOW | 26 | 00:55:34.95 | 06:56 | 265/702 | +00:19:08 | 00:55:27.80 | PICTURE BUTTE |
| 56/124 | KLINGENBERG, JULIA | 384 | 00:55:56.85 | 06:59 | 277/702 | +00:19:30 | 00:55:50.35 | PICTURE BUTTE |
| 57/124 | GIBB, ROISIN | 246 | 00:56:00.90 | 07:00 | 278/702 | +00:19:34 | 00:55:52.60 | LETHBRIDGE |
| 58/124 | GEDRASIK, TERRI | 242 | 00:56:01.20 | 07:00 | 279/702 | +00:19:35 | 00:55:44.00 | LETHBRIDGE |
| 59/124 | PENNER, CERI | 554 | 00:56:12.85 | 07:01 | 282/702 | +00:19:46 | 00:55:38.05 | CLARESHOLM |
| 60/124 | KEUTH-RAY, SAROEUN | 273 | 00:56:43.60 | 07:05 | 289/702 | +00:20:17 | 00:56:29.00 | LETHBRIDGE |
| 61/124 | HEAD, SARAH | 296 | 00:57:00.45 | 07:07 | 294/702 | +00:20:34 | 00:56:38.70 | LETHBRIDGE |
| 62/124 | DEJONG, TBEJA | 240 | 00:57:08.95 | 07:08 | 296/702 | +00:20:42 | 00:56:48.55 | LETHBRIDGE |
| 63/124 | MCCONNELL, SHANDA | 815 | 00:57:44.35 | 07:13 | 308/702 | +00:21:18 | 00:57:10.15 | LETHBRIDGE |
| 64/124 | PACKARD, CRYSTAL | 541 | 00:57:45.55 | 07:13 | 310/702 | +00:21:19 | 00:57:25.85 | LETHBRIDGE |
| 65/124 | MELLISH, SARAH | 738 | 00:58:00.00 | 07:15 | 316/702 | +00:21:33 | 00:57:21.25 | LETHBRIDGE |
| 66/124 | SHAPKA, MEGAN | 645 | 00:58:05.45 | 07:15 | 322/702 | +00:21:39 | 00:57:56.15 | LETHBRIDGE |
| 67/124 | BRUCE, JAMIE | 80 | 00:58:09.35 | 07:16 | 324/702 | +00:21:43 | 00:57:36.25 | LETHBRIDGE |
| 68/124 | GERTZEN, AMANDA | 245 | 00:58:45.80 | 07:20 | 334/702 | +00:22:19 | 00:58:18.70 | VAUXHALL |
| 69/124 | KROGMAN, SARAH | 398 | 00:59:16.25 | 07:24 | 348/702 | +00:22:50 | 00:58:53.00 | LETHBRIDGE |
| 70/124 | SMITH, JULIE | 660 | 00:59:16.65 | 07:24 | 349/702 | +00:22:50 | 00:58:52.35 | LETHBRIDGE |
| 71/124 | CROSS, AMANDA | 144 | 00:59:38.05 | 07:27 | 362/702 | +00:23:11 | 00:59:07.65 | LETHBRIDGE |
| 72/124 | PASCUZZI, AMANDA | 545 | 00:59:43.35 | 07:27 | 364/702 | +00:23:17 | 00:59:21.20 | LETHBRIDGE |
| 73/124 | WALOWETZ, CHANTAL | 765 | 00:59:46.05 | 07:28 | 365/702 | +00:23:19 | 00:59:20.15 | COALDALE |
| 74/124 | JOHNSON, SACHA | 364 | 01:00:46.25 | 07:35 | 380/702 | +00:24:20 | 01:00:24.05 | LETHBRIDGE |
| 75/124 | ROSET, ESTHER | 599 | 01:01:36.15 | 07:42 | 389/702 | +00:25:10 | 01:00:59.70 | LETHBRIDGE |
| 76/124 | BOND, SARA | 70 | 01:01:43.00 | 07:42 | 392/702 | +00:25:16 | 01:01:25.40 | LETHBRIDGE |
| 77/124 | SHAW, CAROLYN | 646 | 01:02:06.65 | 07:45 | 399/702 | +00:25:40 | 01:01:52.10 | TABER |
| 78/124 | MICHALEZKI, MEGHAN | 487 | 01:02:22.55 | 07:47 | 401/702 | +00:25:56 | 01:02:07.45 | BOW ISLAND |
| 79/124 | WOLFER, SHEENA | 792 | 01:02:47.35 | 07:50 | 409/702 | +00:26:21 | 01:02:08.70 | LETHBRIDGE |
| 80/124 | SQUIRES, HILARY | 673 | 01:03:44.50 | 07:58 | 421/702 | +00:27:18 | 01:03:34.10 | LETHBRIDGE |
| 81/124 | MELVIN, HOLLY | 482 | 01:03:45.05 | 07:58 | 422/702 | +00:27:18 | 01:03:35.20 | LETHBRIDGE |
| 82/124 | CHATTERTON, ALISON | 116 | 01:04:03.65 | 08:00 | 427/702 | +00:27:37 | 01:04:00.65 | LETHBRIDGE |
| 83/124 | REIST, MEAGHAN | 589 | 01:04:47.20 | 08:05 | 445/702 | +00:28:21 | 01:04:13.25 | LETHBRIDGE |
| 84/124 | SCHMALE, CALLIE | 624 | 01:05:43.05 | 08:12 | 457/702 | +00:29:16 | 01:05:27.65 | RAYMOND |
| 85/124 | SCHMALE, CANDACE | 625 | 01:05:43.25 | 08:12 | 458/702 | +00:29:17 | 01:05:26.50 | RAYMOND |
| 86/124 | COMCHI, GILLIAN | 134 | 01:06:17.65 | 08:17 | 462/702 | +00:29:51 | 01:06:10.85 | LETHBRIDGE |
| 87/124 | DOUGLAS, MELANIE | 180 | 01:06:31.90 | 08:18 | 465/702 | +00:30:05 | 01:05:56.00 | LETHBRIDGE |
| 88/124 | BENNETT, JANNA | 57 | 01:06:42.05 | 08:20 | 471/702 | +00:30:15 | 01:06:07.85 | LETHBRIDGE |
| 89/124 | ANDERSON, ANNIE-JO | 9 | 01:07:36.15 | 08:27 | 491/702 | +00:31:10 | 01:07:09.75 | LETHBRIDGE |
| 90/124 | SAMSON, SARAH | 616 | 01:07:39.65 | 08:27 | 492/702 | +00:31:13 | 01:07:05.15 | LETHBRIDGE |
| 91/124 | BARRON, SHANDI | 36 | 01:08:05.60 | 08:30 | 496/702 | +00:31:39 | 01:07:43.80 | LETHBRIDGE |
| 92/124 | LEWIS, SARAH | 425 | 01:08:14.85 | 08:31 | 500/702 | +00:31:48 | 01:07:58.45 | BOW ISLAND |

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

Category Results

8K - 4.97 Miles
702 Finishers

30-34 - 124 Competitors

| Cat/PI | Name | Bib # | Time | Pace | OA/PI | Offset | Chiptime | City |
|---------|---------------------|-------|-------------|-------|---------|-----------|-------------|------------|
| 93/124 | HAAS, LAUREN | 276 | 01:08:18.40 | 08:32 | 502/702 | +00:31:52 | 01:07:57.90 | RAYMOND |
| 94/124 | PRETE, ALANNA | 577 | 01:08:18.95 | 08:32 | 503/702 | +00:31:52 | 01:07:59.35 | RAYMOND |
| 95/124 | SMYTHE, SARUN | 274 | 01:09:20.35 | 08:40 | 518/702 | +00:32:54 | 01:09:03.60 | LETHBRIDGE |
| 96/124 | PENNER, KIRA | 555 | 01:09:53.15 | 08:44 | 525/702 | +00:33:27 | 01:09:39.25 | CALGARY |
| 97/124 | WALSTRA, JANAY | 766 | 01:10:00.80 | 08:45 | 527/702 | +00:33:34 | 01:09:46.10 | LETHBRIDGE |
| 98/124 | BELL, CHRISTA | 53 | 01:10:32.45 | 08:49 | 536/702 | +00:34:06 | 01:10:10.50 | LETHBRIDGE |
| 99/124 | WHIPPLE, DALZIEL | 777 | 01:10:55.85 | 08:51 | 538/702 | +00:34:29 | 01:10:28.35 | COALDALE |
| 100/124 | ENKIRCH, MELISSA | 200 | 01:13:04.40 | 09:08 | 552/702 | +00:36:38 | 01:12:47.50 | LETHBRIDGE |
| 101/124 | JENSEN, DAWNA | 359 | 01:13:04.55 | 09:08 | 553/702 | +00:36:38 | 01:12:47.60 | LETHBRIDGE |
| 102/124 | FAROUGH, HEATHER | 209 | 01:13:10.90 | 09:08 | 555/702 | +00:36:44 | 01:12:50.70 | LETHBRIDGE |
| 103/124 | BASTIAN, BRITTANY | 38 | 01:13:30.45 | 09:11 | 557/702 | +00:37:04 | 01:13:22.00 | LETHBRIDGE |
| 104/124 | YANOS, JENNIFER | 467 | 01:13:53.05 | 09:14 | 559/702 | +00:37:26 | 01:13:07.30 | LETHBRIDGE |
| 105/124 | HAGUE, RACHEL | 278 | 01:16:29.90 | 09:33 | 579/702 | +00:40:03 | 01:16:07.20 | LETHBRIDGE |
| 106/124 | KINNEY, TAMARA | 377 | 01:17:36.10 | 09:42 | 589/702 | +00:41:10 | 01:17:05.80 | LETHBRIDGE |
| 107/124 | MARTENS, ROBYN | 458 | 01:18:54.10 | 09:51 | 599/702 | +00:42:28 | 01:18:18.45 | LETHBRIDGE |
| 108/124 | SCHMALE, KARA | 626 | 01:19:01.05 | 09:52 | 601/702 | +00:42:34 | 01:18:46.75 | RAYMOND |
| 109/124 | COWIE, JENN | 140 | 01:19:06.00 | 09:53 | 604/702 | +00:42:39 | 01:18:37.40 | LETHBRIDGE |
| 110/124 | SCHNEIDER, CRYSTAL | 628 | 01:21:28.15 | 10:11 | 635/702 | +00:45:02 | 01:21:07.00 | LETHBRIDGE |
| 111/124 | ENTZ, BRENDA | 201 | 01:21:54.85 | 10:14 | 637/702 | +00:45:28 | 01:21:05.30 | LETHBRIDGE |
| 112/124 | CHRISTENSEN, KARLEE | 119 | 01:22:56.80 | 10:22 | 645/702 | +00:46:30 | 01:22:23.40 | LETHBRIDGE |
| 113/124 | GILLETT, ALLI | 249 | 01:24:04.20 | 10:30 | 653/702 | +00:47:38 | 01:23:31.60 | LETHBRIDGE |
| 114/124 | HEGLAND, HALEY | 298 | 01:26:11.05 | 10:46 | 665/702 | +00:49:44 | 01:25:37.95 | LETHBRIDGE |
| 115/124 | FINNIE, KARLA | 371 | 01:26:15.15 | 10:46 | 666/702 | +00:49:49 | 01:25:31.05 | LETHBRIDGE |
| 116/124 | LAVORATO, KADI | 415 | 01:28:45.15 | 11:05 | 678/702 | +00:52:19 | 01:28:12.50 | LETHBRIDGE |
| 117/124 | TURNBULL, AMBER | 729 | 01:29:41.50 | 11:12 | 682/702 | +00:53:15 | 01:29:14.95 | BROOKS |
| 118/124 | HOWARD, KYMBERLEI | 334 | 01:30:30.35 | 11:18 | 684/702 | +00:54:04 | 01:29:43.80 | CALGARY |
| 119/124 | SMIGEL, JACOBI | 657 | 01:31:02.25 | 11:22 | 685/702 | +00:54:36 | 01:30:44.65 | LETHBRIDGE |
| 120/124 | HARTWICK, JODANA | 294 | 01:31:21.80 | 11:25 | 686/702 | +00:54:55 | 01:29:21.80 | COCHRANE |
| 121/124 | BEATON, CATHERINE | 40 | 01:34:12.20 | 11:46 | 690/702 | +00:57:46 | 01:33:49.00 | LETHBRIDGE |
| 122/124 | HONESS, KELSEY | 324 | 01:34:50.80 | 11:51 | 691/702 | +00:58:24 | 01:34:05.90 | LOMOND |
| 123/124 | MILLER, ASHLEY | 491 | 01:48:34.90 | 13:34 | 701/702 | +01:12:08 | 01:47:56.80 | LETHBRIDGE |
| 124/124 | PAGGETT, NICOLE | 542 | 01:55:37.45 | 14:27 | 702/702 | +01:19:11 | 01:55:00.20 | LETHBRIDGE |

35-39 - 124 Competitors

| Cat/PI | Name | Bib # | Time | Pace | OA/PI | Offset | Chiptime | City |
|--------|------------------------|-------|-------------|-------|--------|-----------|-------------|------------|
| 1/124 | BENDER, SHELLEY | 55 | 00:35:31.45 | 04:26 | 2/702 | +00:00:00 | 00:35:29.85 | CALGARY |
| 2/124 | PILSNER, ALISON | 315 | 00:37:42.85 | 04:42 | 7/702 | +00:02:11 | 00:37:38.90 | MILLET |
| 3/124 | SHEPPARD, SUZANNE | 647 | 00:38:54.25 | 04:51 | 9/702 | +00:03:22 | 00:38:49.50 | LETHBRIDGE |
| 4/124 | MITTON, JULIA | 495 | 00:39:13.60 | 04:54 | 10/702 | +00:03:42 | 00:39:07.40 | LETHBRIDGE |
| 5/124 | GOOK, ADA | 258 | 00:40:29.65 | 05:03 | 15/702 | +00:04:58 | 00:40:25.95 | LETHBRIDGE |
| 6/124 | DOHERTY, JACKIE | 175 | 00:40:42.60 | 05:05 | 19/702 | +00:05:11 | 00:40:41.25 | LETHBRIDGE |
| 7/124 | IWAASA, JAIME | 347 | 00:40:45.90 | 05:05 | 20/702 | +00:05:14 | 00:40:29.90 | LETHBRIDGE |
| 8/124 | HIGA, ANGIE | 305 | 00:40:58.95 | 05:07 | 22/702 | +00:05:27 | 00:40:55.65 | TABER |
| 9/124 | OVIATT, GENEIL | 539 | 00:42:06.10 | 05:15 | 29/702 | +00:06:34 | 00:42:05.45 | STIRLING |
| 10/124 | CONROY, KATE | 138 | 00:42:15.85 | 05:16 | 30/702 | +00:06:44 | 00:42:11.20 | LETHBRIDGE |
| 11/124 | CLAMP, JANET | 124 | 00:42:36.15 | 05:19 | 31/702 | +00:07:04 | 00:42:30.00 | LETHBRIDGE |
| 12/124 | HALOWSKI, JENI | 281 | 00:42:37.75 | 05:19 | 32/702 | +00:07:06 | 00:42:36.85 | LETHBRIDGE |
| 13/124 | DARVEAU-WILLMS, LAURIE | 149 | 00:44:21.60 | 05:32 | 49/702 | +00:08:50 | 00:44:09.60 | LETHBRIDGE |
| 14/124 | KWASNY, TRACY | 403 | 00:44:56.45 | 05:37 | 56/702 | +00:09:25 | 00:44:39.95 | LETHBRIDGE |
| 15/124 | GRINDLE, TARA | 269 | 00:44:56.90 | 05:37 | 57/702 | +00:09:25 | 00:44:39.90 | COALHURST |
| 16/124 | MRAK, LAURA | 503 | 00:45:05.90 | 05:38 | 58/702 | +00:09:34 | 00:44:57.80 | COALDALE |
| 17/124 | BURSAW, HEATHER | 89 | 00:45:27.25 | 05:40 | 65/702 | +00:09:55 | 00:45:25.75 | COALDALE |
| 18/124 | ROY, AMY | 605 | 00:45:30.85 | 05:41 | 67/702 | +00:09:59 | 00:45:30.80 | COALDALE |
| 19/124 | HALL, LARA | 280 | 00:45:41.85 | 05:42 | 70/702 | +00:10:10 | 00:45:41.80 | LETHBRIDGE |
| 20/124 | PETER, NANCY | 559 | 00:45:52.90 | 05:44 | 74/702 | +00:10:21 | 00:45:51.25 | LETHBRIDGE |
| 21/124 | LUKINUK, ELIZABETH | 432 | 00:46:01.85 | 05:45 | 76/702 | +00:10:30 | 00:45:57.20 | LETHBRIDGE |
| 22/124 | APPELT, TONIA | 15 | 00:46:03.50 | 05:45 | 77/702 | +00:10:32 | 00:45:56.65 | LETHBRIDGE |
| 23/124 | TAYLOR, KIRSTIN | 703 | 00:46:13.35 | 05:46 | 84/702 | +00:10:41 | 00:46:12.05 | LETHBRIDGE |

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

Category Results

8K - 4.97 Miles
702 Finishers

35-39 - 124 Competitors

| Cat/PI | Name | Bib # | Time | Pace | OA/PI | Offset | Chiptime | City |
|--------|-----------------------|-------|-------------|-------|---------|-----------|-------------|---------------|
| 24/124 | LAYTON, DEBBIE | 417 | 00:46:18.95 | 05:47 | 85/702 | +00:10:47 | 00:46:03.25 | GLENWOOD |
| 25/124 | OVIATT, CHRISTINE | 538 | 00:46:38.10 | 05:49 | 88/702 | +00:11:06 | 00:46:24.70 | LETHBRIDGE |
| 26/124 | IWAASA, DAWN | 346 | 00:46:50.40 | 05:51 | 91/702 | +00:11:18 | 00:46:34.75 | LETHBRIDGE |
| 27/124 | TYMKO, RAYLENE | 736 | 00:47:00.85 | 05:52 | 93/702 | +00:11:29 | 00:46:55.65 | LETHBRIDGE |
| 28/124 | DEWACHT, AIMEE | 169 | 00:47:19.35 | 05:54 | 99/702 | +00:11:47 | 00:47:10.50 | LETHBRIDGE |
| 29/124 | TRINH, REBECCA | 724 | 00:47:22.75 | 05:55 | 100/702 | +00:11:51 | 00:47:13.70 | LETHBRIDGE |
| 30/124 | RUSCHIN, TRACEY | 609 | 00:47:57.00 | 05:59 | 106/702 | +00:12:25 | 00:47:45.40 | LETHBRIDGE |
| 31/124 | DORUSAK, LINDSEY | 179 | 00:48:37.55 | 06:04 | 118/702 | +00:13:06 | 00:48:35.85 | LETHBRIDGE |
| 32/124 | VANDERVEEN, NAOMI | 750 | 00:49:41.35 | 06:12 | 136/702 | +00:14:09 | 00:49:33.15 | PICTURE BUTTE |
| 33/124 | EPP, KIMIKO | 202 | 00:49:45.85 | 06:13 | 138/702 | +00:14:14 | 00:49:35.65 | LETHBRIDGE |
| 34/124 | TSCHETTER, LIZ | 727 | 00:49:50.60 | 06:13 | 140/702 | +00:14:19 | 00:49:35.40 | FORT MACLEOD |
| 35/124 | PERVERSEFF, TRISHA | 558 | 00:49:54.45 | 06:14 | 142/702 | +00:14:23 | 00:49:47.55 | LETHBRIDGE |
| 36/124 | CORNFORTH, ANGELA | 795 | 00:50:06.70 | 06:15 | 144/702 | +00:14:35 | 00:50:01.90 | LETHBRIDGE |
| 37/124 | PILLING, JODI | 567 | 00:50:40.35 | 06:20 | 158/702 | +00:15:08 | 00:50:29.30 | COALDALE |
| 38/124 | POZZI, SUNIE | 575 | 00:51:11.85 | 06:23 | 172/702 | +00:15:40 | 00:50:57.45 | LETHBRIDGE |
| 39/124 | HORNBERGER, ALAUNA | 330 | 00:51:11.95 | 06:23 | 173/702 | +00:15:40 | 00:50:56.65 | LETHBRIDGE |
| 40/124 | WEDER, TANYA | 770 | 00:51:22.60 | 06:25 | 174/702 | +00:15:51 | 00:51:07.70 | LETHBRIDGE |
| 41/124 | HOWARD, ERIN | 333 | 00:51:22.75 | 06:25 | 175/702 | +00:15:51 | 00:51:07.00 | LETHBRIDGE |
| 42/124 | PHILLIPS, JENNICA | 564 | 00:51:47.35 | 06:28 | 182/702 | +00:16:15 | 00:51:34.55 | BOW ISLAND |
| 43/124 | TAMS, CATHERINE | 697 | 00:52:03.55 | 06:30 | 188/702 | +00:16:32 | 00:51:48.75 | TABER |
| 44/124 | FURMAN, NICOLE | 232 | 00:52:23.85 | 06:32 | 193/702 | +00:16:52 | 00:52:11.05 | LETHBRIDGE |
| 45/124 | CAMPBELL, ANG | 98 | 00:53:40.60 | 06:42 | 223/702 | +00:18:09 | 00:53:31.70 | NOBLEFORD |
| 46/124 | SETIAWAN, MELISSA | 350 | 00:53:44.60 | 06:43 | 224/702 | +00:18:13 | 00:53:16.05 | LETHBRIDGE |
| 47/124 | MACKLIN, CRYSTAL | 442 | 00:53:48.25 | 06:43 | 227/702 | +00:18:16 | 00:53:46.45 | LETHBRIDGE |
| 48/124 | NIBLOCK, DESIREE | 659 | 00:54:12.20 | 06:46 | 237/702 | +00:18:40 | 00:54:07.90 | LETHBRIDGE |
| 49/124 | SECRETAN, MELANIE | 194 | 00:54:15.70 | 06:46 | 241/702 | +00:18:44 | 00:54:10.70 | LETHBRIDGE |
| 50/124 | BRUGOS, STEPHANIE | 82 | 00:54:19.75 | 06:47 | 243/702 | +00:18:48 | 00:54:04.75 | CALGARY |
| 51/124 | PHAIR, SKYE | 562 | 00:54:23.35 | 06:47 | 245/702 | +00:18:51 | 00:54:14.15 | COALDALE |
| 52/124 | SELK, JESSIE | 640 | 00:54:41.85 | 06:50 | 251/702 | +00:19:10 | 00:54:36.60 | LETHBRIDGE |
| 53/124 | RIDDELL, DEANNA | 592 | 00:55:04.95 | 06:53 | 254/702 | +00:19:33 | 00:54:50.85 | BOW ISLAND |
| 54/124 | VANDEN DUNGEN, LANA | 749 | 00:55:24.95 | 06:55 | 263/702 | +00:19:53 | 00:54:57.75 | LETHBRIDGE |
| 55/124 | PROBE, ELLEN | 580 | 00:55:41.15 | 06:57 | 268/702 | +00:20:09 | 00:55:22.80 | LETHBRIDGE |
| 56/124 | MORGAN, JEN | 498 | 00:55:47.05 | 06:58 | 271/702 | +00:20:15 | 00:55:17.35 | CALGARY |
| 57/124 | LAYDEN-POWER, CHELSEA | 416 | 00:55:56.05 | 06:59 | 276/702 | +00:20:24 | 00:55:40.30 | LETHBRIDGE |
| 58/124 | WALKER, KIMBERLEY | 762 | 00:56:01.80 | 07:00 | 280/702 | +00:20:30 | 00:55:27.50 | LETHBRIDGE |
| 59/124 | ARCHIBALD, SHAYLYN | 21 | 00:56:11.05 | 07:01 | 281/702 | +00:20:39 | 00:55:45.75 | COALHURST |
| 60/124 | DOURTE, REBECCA | 181 | 00:56:32.40 | 07:04 | 287/702 | +00:21:00 | 00:56:27.10 | RAYMOND |
| 61/124 | CAMPUS, RINA | 101 | 00:56:56.30 | 07:07 | 293/702 | +00:21:24 | 00:56:19.35 | CALGARY |
| 62/124 | ROGERS, ALYSHIA | 596 | 00:57:31.45 | 07:11 | 303/702 | +00:22:00 | 00:57:22.15 | NOBLEFORD |
| 63/124 | SEXTON, KATRINA | 643 | 00:57:43.00 | 07:12 | 307/702 | +00:22:11 | 00:57:30.95 | LETHBRIDGE |
| 64/124 | BOWES, JEN | 4 | 00:57:57.65 | 07:14 | 314/702 | +00:22:26 | 00:57:08.25 | LETHBRIDGE |
| 65/124 | FLAMAND, JODIE | 217 | 00:58:00.75 | 07:15 | 317/702 | +00:22:29 | 00:57:41.35 | LETHBRIDGE |
| 66/124 | MARCOCCIO, KELLY | 450 | 00:58:17.60 | 07:17 | 325/702 | +00:22:46 | 00:57:59.55 | MEDICINE HAT |
| 67/124 | SCHINDEL, BRIE | 622 | 00:58:53.85 | 07:21 | 339/702 | +00:23:22 | 00:58:19.35 | LETHBRIDGE |
| 68/124 | MCCLUNG, ANGELA | 465 | 00:58:58.10 | 07:22 | 343/702 | +00:23:26 | 00:58:40.25 | LETHBRIDGE |
| 69/124 | MEYER, MELANIE | 486 | 00:58:59.95 | 07:22 | 344/702 | +00:23:28 | 00:58:22.45 | BOW ISLAND |
| 70/124 | ARCHIBALD, VALERIE | 22 | 00:59:30.40 | 07:26 | 351/702 | +00:23:58 | 00:58:57.10 | LETHBRIDGE |
| 71/124 | KLASSEN, COLLEEN | 381 | 00:59:30.70 | 07:26 | 353/702 | +00:23:59 | 00:58:57.70 | LETHBRIDGE |
| 72/124 | KOVACH, SUE | 395 | 00:59:32.20 | 07:26 | 357/702 | +00:24:00 | 00:58:53.60 | WRENTHAM |
| 73/124 | VAN DOORN, CARRIE | 742 | 01:00:00.65 | 07:30 | 369/702 | +00:24:29 | 00:59:33.35 | LETHBRIDGE |
| 74/124 | JOHNSON, LAUREL | 363 | 01:00:28.80 | 07:33 | 376/702 | +00:24:57 | 00:59:58.70 | LETHBRIDGE |
| 75/124 | MORRELL, CAREY | 500 | 01:00:48.05 | 07:36 | 381/702 | +00:25:16 | 01:00:44.40 | CALGARY |
| 76/124 | LUTZ, KENDRA | 433 | 01:01:02.30 | 07:37 | 382/702 | +00:25:30 | 01:00:46.40 | LETHBRIDGE |
| 77/124 | KEMBLE, NICOLE | 374 | 01:01:16.95 | 07:39 | 386/702 | +00:25:45 | 01:01:06.30 | LETHBRIDGE |
| 78/124 | RUMER, JESSICA | 607 | 01:01:25.45 | 07:40 | 388/702 | +00:25:54 | 01:01:05.65 | LETHBRIDGE |
| 79/124 | BURGESS, TRICIA | 86 | 01:01:42.30 | 07:42 | 391/702 | +00:26:10 | 01:01:06.50 | CLARESHOLM |
| 80/124 | HERWEYER, MELISSA | 303 | 01:01:48.10 | 07:43 | 395/702 | +00:26:16 | 01:01:26.10 | FORT MACLEOD |

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

Category Results

8K - 4.97 Miles
702 Finishers

35-39 - 124 Competitors

| Cat/PI | Name | Bib # | Time | Pace | OA/PI | Offset | Chiptime | City |
|---------|---------------------------|-------|-------------|-------|---------|-----------|-------------|------------|
| 81/124 | FARFUS, ALESHA | 207 | 01:02:27.60 | 07:48 | 403/702 | +00:26:56 | 01:01:57.15 | LETHBRIDGE |
| 82/124 | CASTELLANO, SHALENE | 110 | 01:03:11.40 | 07:53 | 411/702 | +00:27:39 | 01:02:58.70 | CALGARY |
| 83/124 | GILMOUR, DESIREE | 253 | 01:03:45.40 | 07:58 | 423/702 | +00:28:13 | 01:03:43.10 | CLARESHOLM |
| 84/124 | MACDONALD, MELISSA | 436 | 01:03:53.35 | 07:59 | 424/702 | +00:28:21 | 01:03:49.35 | LETHBRIDGE |
| 85/124 | PAUL, KIMMIE | 548 | 01:04:19.55 | 08:02 | 436/702 | +00:28:48 | 01:04:02.95 | TABER |
| 86/124 | KONYNENBELT, KRISSEY | 387 | 01:04:24.35 | 08:03 | 438/702 | +00:28:52 | 01:03:38.65 | LETHBRIDGE |
| 87/124 | BROWNRIDGE, NICOLE | 79 | 01:05:16.75 | 08:09 | 451/702 | +00:29:45 | 01:04:39.15 | LETHBRIDGE |
| 88/124 | FRANCIS, ANGIE | 222 | 01:05:27.15 | 08:10 | 453/702 | +00:29:55 | 01:05:23.25 | LETHBRIDGE |
| 89/124 | SABY, ANGELSEA | 614 | 01:05:31.30 | 08:11 | 455/702 | +00:29:59 | 01:05:00.25 | LETHBRIDGE |
| 90/124 | DECECCO KOLEBABA, MANDY | 162 | 01:06:42.80 | 08:20 | 472/702 | +00:31:11 | 01:06:26.40 | LETHBRIDGE |
| 91/124 | SCHUTTE, SHEILAH | 634 | 01:06:59.00 | 08:22 | 480/702 | +00:31:27 | 01:06:38.95 | CALGARY |
| 92/124 | LEROUX, TERRILYNE | 423 | 01:07:01.15 | 08:22 | 481/702 | +00:31:29 | 01:06:48.55 | LETHBRIDGE |
| 93/124 | STOUT, SADIE | 688 | 01:07:34.65 | 08:26 | 490/702 | +00:32:03 | 01:06:50.00 | LETHBRIDGE |
| 94/124 | MAY, KIM | 462 | 01:08:09.40 | 08:31 | 498/702 | +00:32:37 | 01:07:21.10 | LETHBRIDGE |
| 95/124 | KERR, AMY | 375 | 01:09:14.90 | 08:39 | 514/702 | +00:33:43 | 01:09:03.35 | COALDALE |
| 96/124 | BURTON, SARAH | 93 | 01:09:36.25 | 08:42 | 520/702 | +00:34:04 | 01:09:21.65 | LETHBRIDGE |
| 97/124 | TILMA, INGRID | 714 | 01:09:57.95 | 08:44 | 526/702 | +00:34:26 | 01:09:30.85 | VAUXHALL |
| 98/124 | PATCHING, SHARALYN | 547 | 01:10:14.70 | 08:46 | 530/702 | +00:34:43 | 01:09:38.90 | LETHBRIDGE |
| 99/124 | RYAN, MICHELLE | 613 | 01:10:17.20 | 08:47 | 531/702 | +00:34:45 | 01:10:00.90 | LETHBRIDGE |
| 100/124 | PENNER, BOBBIE-JO | 553 | 01:10:28.70 | 08:48 | 535/702 | +00:34:57 | 01:09:54.30 | CLARESHOLM |
| 101/124 | RUSTON, CARRIE | 611 | 01:11:29.25 | 08:56 | 543/702 | +00:35:57 | 01:10:52.75 | LETHBRIDGE |
| 102/124 | DAVIS, JOLEE | 159 | 01:12:34.75 | 09:04 | 547/702 | +00:37:03 | 01:12:04.90 | LETHBRIDGE |
| 103/124 | JENSEN-BUECKERT, MICHELLE | 361 | 01:13:58.70 | 09:14 | 561/702 | +00:38:27 | 01:13:18.40 | COALDALE |
| 104/124 | GREENE, KIM | 267 | 01:15:26.90 | 09:25 | 570/702 | +00:39:55 | 01:15:03.05 | LETHBRIDGE |
| 105/124 | PETERS, WENDY | 560 | 01:16:29.10 | 09:33 | 578/702 | +00:40:57 | 01:16:21.40 | TABER |
| 106/124 | VOLK, DAWN | 758 | 01:17:44.25 | 09:43 | 590/702 | +00:42:12 | 01:16:56.75 | LETHBRIDGE |
| 107/124 | IWAASA, STACIE | 349 | 01:17:51.25 | 09:43 | 591/702 | +00:42:19 | 01:17:15.95 | RAYMOND |
| 108/124 | SHOUTING, TAMARA | 651 | 01:19:02.60 | 09:52 | 603/702 | +00:43:31 | 01:18:43.60 | STANDOFF |
| 109/124 | YOUNG, LACEY | 805 | 01:19:34.05 | 09:56 | 614/702 | +00:44:02 | 01:19:08.75 | STIRLING |
| 110/124 | PUZEY, CHARMAINE | 582 | 01:19:40.00 | 09:57 | 616/702 | +00:44:08 | 01:19:16.70 | CHAMPION |
| 111/124 | BERENT, SHANNON | 58 | 01:19:51.40 | 09:58 | 619/702 | +00:44:19 | 01:19:18.30 | LETHBRIDGE |
| 112/124 | DELL, MICA-LEA | 164 | 01:20:43.70 | 10:05 | 630/702 | +00:45:12 | 01:19:56.50 | COALHURST |
| 113/124 | SCULLEN, MELISSA | 639 | 01:22:08.90 | 10:16 | 640/702 | +00:46:37 | 01:21:21.80 | LETHBRIDGE |
| 114/124 | TARR, KARLA | 701 | 01:22:34.15 | 10:19 | 643/702 | +00:47:02 | 01:21:51.05 | LETHBRIDGE |
| 115/124 | HILL, JENNIFER | 312 | 01:22:59.40 | 10:22 | 647/702 | +00:47:27 | 01:22:24.60 | CALGARY |
| 116/124 | SANFORD, REBECCA | 813 | 01:23:49.40 | 10:28 | 651/702 | +00:48:17 | 01:23:08.05 | LETHBRIDGE |
| 117/124 | LEDUC, FRANCINE | 420 | 01:24:48.45 | 10:36 | 654/702 | +00:49:17 | 01:24:20.25 | LETHBRIDGE |
| 118/124 | BURTON, AMANDA | 90 | 01:24:48.75 | 10:36 | 655/702 | +00:49:17 | 01:24:21.05 | COALDALE |
| 119/124 | BOSCHMAN, CARRIE | 74 | 01:25:22.90 | 10:40 | 659/702 | +00:49:51 | 01:25:00.00 | LETHBRIDGE |
| 120/124 | CAMPUS, SILVANA | 102 | 01:26:44.50 | 10:50 | 669/702 | +00:51:13 | 01:26:07.80 | LETHBRIDGE |
| 121/124 | THOMPSON, MICHELLE | 709 | 01:27:05.25 | 10:53 | 675/702 | +00:51:33 | 01:26:28.55 | LETHBRIDGE |
| 122/124 | HUGGINS, TAMMY | 352 | 01:32:24.70 | 11:33 | 687/702 | +00:56:53 | 01:31:32.40 | LETHBRIDGE |
| 123/124 | DAY, JENNIFER | 351 | 01:32:24.95 | 11:33 | 688/702 | +00:56:53 | 01:31:32.45 | LETHBRIDGE |
| 124/124 | LIND, KERRY | 426 | 01:43:20.50 | 12:55 | 700/702 | +01:07:49 | 01:42:40.70 | CALGARY |

40-44 - 82 Competitors

| Cat/PI | Name | Bib # | Time | Pace | OA/PI | Offset | Chiptime | City |
|--------|-----------------------|-------|-------------|-------|--------|-----------|-------------|------------|
| 1/82 | SMYKE, ROXANNE | 666 | 00:39:36.65 | 04:57 | 11/702 | +00:00:00 | 00:39:34.70 | COCHRANE |
| 2/82 | BLACK, KARMA | 67 | 00:41:24.00 | 05:10 | 24/702 | +00:01:47 | 00:41:21.20 | LETHBRIDGE |
| 3/82 | FREUND, JULIE | 230 | 00:43:24.20 | 05:25 | 40/702 | +00:03:47 | 00:43:21.60 | LETHBRIDGE |
| 4/82 | NORBURY-SULIN, KIMBER | 525 | 00:44:27.85 | 05:33 | 52/702 | +00:04:51 | 00:44:17.70 | LETHBRIDGE |
| 5/82 | MIKADO, LINDA | 489 | 00:45:07.80 | 05:38 | 59/702 | +00:05:31 | 00:45:06.45 | LETHBRIDGE |
| 6/82 | LEITHEAD, RENEE | 633 | 00:45:09.10 | 05:38 | 60/702 | +00:05:32 | 00:44:36.70 | CALGARY |
| 7/82 | BENDER-BELL, SHANNON | 644 | 00:45:27.95 | 05:40 | 66/702 | +00:05:51 | 00:45:19.85 | WINFIELD |
| 8/82 | JONES-HUSCH, KATHY | 367 | 00:46:10.15 | 05:46 | 79/702 | +00:06:33 | 00:45:57.05 | LETHBRIDGE |
| 9/82 | D'AGNONE, PENNY | 146 | 00:46:30.20 | 05:48 | 87/702 | +00:06:53 | 00:45:51.70 | WRENTHAM |
| 10/82 | DOERKSEN, JENNY | 173 | 00:47:00.75 | 05:52 | 92/702 | +00:07:24 | 00:46:49.45 | COALDALE |
| 11/82 | KNOTT, JODIE | 386 | 00:47:16.30 | 05:54 | 97/702 | +00:07:39 | 00:47:14.50 | LETHBRIDGE |

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

Category Results

8K - 4.97 Miles
702 Finishers

40-44 - 82 Competitors

| Cat/PI | Name | Bib # | Time | Pace | OA/PI | Offset | Chiptime | City |
|--------|----------------------|-------|-------------|-------|---------|-----------|-------------|---------------|
| 12/82 | WESLEY, KIM | 774 | 00:47:48.75 | 05:58 | 104/702 | +00:08:12 | 00:47:41.85 | LETHBRIDGE |
| 13/82 | RAJCIC, DIANNE | 586 | 00:48:03.20 | 06:00 | 108/702 | +00:08:26 | 00:47:44.85 | LETHBRIDGE |
| 14/82 | OKUBO, KARLI | 531 | 00:48:24.45 | 06:03 | 115/702 | +00:08:47 | 00:48:10.50 | LETHBRIDGE |
| 15/82 | CHEVERIE, ZITA | 118 | 00:48:36.00 | 06:04 | 117/702 | +00:08:59 | 00:47:59.60 | LETHBRIDGE |
| 16/82 | MEGAW, CHANDALLA | 481 | 00:48:44.00 | 06:05 | 122/702 | +00:09:07 | 00:48:40.85 | CALGARY |
| 17/82 | SALMON, TARA | 761 | 00:49:45.30 | 06:13 | 137/702 | +00:10:08 | 00:49:40.65 | MEDICINE HAT |
| 18/82 | APPLETON, AMY | 16 | 00:50:14.85 | 06:16 | 149/702 | +00:10:38 | 00:49:55.40 | SHERWOOD PARK |
| 19/82 | BURTON, NATALIE | 92 | 00:52:03.80 | 06:30 | 189/702 | +00:12:27 | 00:52:01.40 | RAYMOND |
| 20/82 | GRUNINGER, CHERYL | 272 | 00:52:21.65 | 06:32 | 192/702 | +00:12:45 | 00:52:18.90 | LETHBRIDGE |
| 21/82 | NEMETH, LEE | 518 | 00:53:20.95 | 06:40 | 215/702 | +00:13:44 | 00:53:17.55 | LETHBRIDGE |
| 22/82 | NELSON, CARRIE-LYNN | 513 | 00:53:21.25 | 06:40 | 216/702 | +00:13:44 | 00:53:01.85 | HIGH RIVER |
| 23/82 | SIMPSON, LAURA | 654 | 00:53:40.15 | 06:42 | 222/702 | +00:14:03 | 00:53:34.70 | RAYMOND |
| 24/82 | WESSELING, CAROLIEN | 775 | 00:53:46.30 | 06:43 | 225/702 | +00:14:09 | 00:53:21.20 | VAUXHALL |
| 25/82 | HAIG, CHARLOTTE | 279 | 00:54:03.85 | 06:45 | 231/702 | +00:14:27 | 00:54:02.25 | LETHBRIDGE |
| 26/82 | PIEKEMA, ALISON | 30 | 00:54:03.90 | 06:45 | 232/702 | +00:14:27 | 00:54:01.60 | LETHBRIDGE |
| 27/82 | OGILVIE, RACHELLE | 529 | 00:54:05.65 | 06:45 | 233/702 | +00:14:29 | 00:54:02.75 | LETHBRIDGE |
| 28/82 | NEUFELD, ELIZABETH | 520 | 00:54:05.65 | 06:45 | 234/702 | +00:14:29 | 00:54:03.10 | LETHBRIDGE |
| 29/82 | LANG, DARLA | 710 | 00:54:11.70 | 06:46 | 236/702 | +00:14:35 | 00:54:07.10 | LETHBRIDGE |
| 30/82 | TAYLOR, KERRY | 702 | 00:54:17.75 | 06:47 | 242/702 | +00:14:41 | 00:54:11.25 | LETHBRIDGE |
| 31/82 | BAINBRIDGE, YVONNE | 27 | 00:55:14.45 | 06:54 | 257/702 | +00:15:37 | 00:54:46.95 | LETHBRIDGE |
| 32/82 | STAPLES, JENN | 678 | 00:55:22.30 | 06:55 | 261/702 | +00:15:45 | 00:54:56.30 | LETHBRIDGE |
| 33/82 | CHAMBERS, BRIGIDA | 111 | 00:55:53.95 | 06:59 | 274/702 | +00:16:17 | 00:55:50.25 | LETHBRIDGE |
| 34/82 | WILLIAMS, JOANNE | 786 | 00:56:16.40 | 07:02 | 284/702 | +00:16:39 | 00:56:07.30 | LETHBRIDGE |
| 35/82 | DUNCAN, GRETA | 189 | 00:56:29.55 | 07:03 | 286/702 | +00:16:52 | 00:56:05.45 | CALGARY |
| 36/82 | COLQUHOUN, KERRI | 133 | 00:56:36.25 | 07:04 | 288/702 | +00:16:59 | 00:56:25.35 | LETHBRIDGE |
| 37/82 | MARTENS, NANCY | 457 | 00:57:08.75 | 07:08 | 295/702 | +00:17:32 | 00:56:43.55 | COALDALE |
| 38/82 | CAMPMANS, MICHELLE | 106 | 00:57:17.20 | 07:09 | 298/702 | +00:17:40 | 00:56:55.60 | PICTURE BUTTE |
| 39/82 | GRUJIC, ERIN | 271 | 00:57:38.35 | 07:12 | 305/702 | +00:18:01 | 00:57:11.70 | PINCHER CREEK |
| 40/82 | GOLDHAWK, CINDY | 256 | 00:57:59.95 | 07:14 | 315/702 | +00:18:23 | 00:57:56.45 | LETHBRIDGE |
| 41/82 | PRENEVOST, TAMMY | 576 | 00:58:47.40 | 07:20 | 337/702 | +00:19:10 | 00:58:29.55 | LETHBRIDGE |
| 42/82 | FALKOWSKY, LEIGH | 205 | 00:58:47.50 | 07:20 | 338/702 | +00:19:10 | 00:58:43.15 | LETHBRIDGE |
| 43/82 | KOZLESKI, LISA | 396 | 01:02:47.30 | 07:50 | 408/702 | +00:23:10 | 01:02:24.10 | LETHBRIDGE |
| 44/82 | HILL, SHERI | 314 | 01:03:23.15 | 07:55 | 415/702 | +00:23:46 | 01:02:59.15 | LETHBRIDGE |
| 45/82 | LAROCQUE, MARSHA | 412 | 01:04:13.35 | 08:01 | 433/702 | +00:24:36 | 01:04:00.50 | LETHBRIDGE |
| 46/82 | PACK, SHAUNLEE | 540 | 01:04:21.05 | 08:02 | 437/702 | +00:24:44 | 01:04:00.85 | LETHBRIDGE |
| 47/82 | SCHOLLY, CHERYL | 630 | 01:04:29.00 | 08:03 | 440/702 | +00:24:52 | 01:04:20.10 | MEDICINE HAT |
| 48/82 | ELDRIDGE, YVONNE | 197 | 01:05:03.50 | 08:07 | 449/702 | +00:25:26 | 01:04:50.85 | LETHBRIDGE |
| 49/82 | AYERS, ADRIENNE | 25 | 01:05:40.45 | 08:12 | 456/702 | +00:26:03 | 01:05:13.05 | LETHBRIDGE |
| 50/82 | BECTELL, LIZ | 49 | 01:06:35.25 | 08:19 | 467/702 | +00:26:58 | 01:05:44.90 | CARDSTON |
| 51/82 | DARROCH, AMBER | 148 | 01:06:38.45 | 08:19 | 468/702 | +00:27:01 | 01:06:24.20 | LETHBRIDGE |
| 52/82 | KAZAKAWICH, JEANETTE | 373 | 01:06:56.15 | 08:22 | 479/702 | +00:27:19 | 01:06:16.70 | LETHBRIDGE |
| 53/82 | VAN EE, NICOLE | 745 | 01:07:59.80 | 08:29 | 494/702 | +00:28:23 | 01:07:52.70 | LETHBRIDGE |
| 54/82 | MURPHY, KAREN | 508 | 01:08:09.10 | 08:31 | 497/702 | +00:28:32 | 01:07:21.35 | LETHBRIDGE |
| 55/82 | SHIGEHIRO, MAGGIE | 648 | 01:08:42.45 | 08:35 | 510/702 | +00:29:05 | 01:08:34.35 | LETHBRIDGE |
| 56/82 | FRASER, VALERIE | 226 | 01:08:49.15 | 08:36 | 512/702 | +00:29:12 | 01:08:29.25 | LETHBRIDGE |
| 57/82 | WYNDER, JOLENE | 668 | 01:09:51.85 | 08:43 | 524/702 | +00:30:15 | 01:09:31.50 | CARDSTON |
| 58/82 | MOGGE, MARLENE | 496 | 01:10:24.65 | 08:48 | 534/702 | +00:30:48 | 01:10:04.40 | LETHBRIDGE |
| 59/82 | WIERSEMA, CARMA | 781 | 01:11:44.10 | 08:58 | 544/702 | +00:32:07 | 01:11:22.70 | LETHBRIDGE |
| 60/82 | GILL, TANYA | 248 | 01:12:51.45 | 09:06 | 549/702 | +00:33:14 | 01:12:46.95 | LETHBRIDGE |
| 61/82 | BEAZER, PATRICIA | 45 | 01:12:53.50 | 09:06 | 550/702 | +00:33:16 | 01:12:38.30 | CARDSTON |
| 62/82 | GEMER, TARA | 243 | 01:14:52.40 | 09:21 | 566/702 | +00:35:15 | 01:14:44.15 | LETHBRIDGE |
| 63/82 | FEIST, JOANNE | 210 | 01:15:35.95 | 09:26 | 573/702 | +00:35:59 | 01:15:23.60 | LETHBRIDGE |
| 64/82 | JANS, TANYA | 354 | 01:16:20.75 | 09:32 | 575/702 | +00:36:44 | 01:15:47.65 | LETHBRIDGE |
| 65/82 | OSBORN, WENDY | 536 | 01:17:21.15 | 09:40 | 585/702 | +00:37:44 | 01:17:01.75 | LETHBRIDGE |
| 66/82 | MULINGTAPANG, EMILY | 506 | 01:17:58.20 | 09:44 | 593/702 | +00:38:21 | 01:17:34.10 | LETHBRIDGE |
| 67/82 | LOWE, JENNA | 430 | 01:19:01.65 | 09:52 | 602/702 | +00:39:25 | 01:18:45.50 | LETHBRIDGE |
| 68/82 | BRAUN, CINDY | 77 | 01:19:07.80 | 09:53 | 607/702 | +00:39:31 | 01:18:18.95 | WARNER |

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

Category Results

8K - 4.97 Miles
702 Finishers

40-44 - 82 Competitors

| Cat/PI | Name | Bib # | Time | Pace | OA/PI | Offset | Chiptime | City |
|--------|---------------------|-------|-------------|-------|---------|-----------|-------------|------------|
| 69/82 | CONAN, NANCY | 136 | 01:19:20.75 | 09:55 | 612/702 | +00:39:44 | 01:19:08.75 | LETHBRIDGE |
| 70/82 | DESJARDINS, SHANNON | 167 | 01:19:50.70 | 09:58 | 618/702 | +00:40:14 | 01:19:17.60 | LETHBRIDGE |
| 71/82 | STANKO, WENDY | 676 | 01:20:18.05 | 10:02 | 624/702 | +00:40:41 | 01:20:01.35 | COALDALE |
| 72/82 | DYCK, KIM | 190 | 01:20:18.25 | 10:02 | 625/702 | +00:40:41 | 01:20:02.40 | COALDALE |
| 73/82 | HANNA, ANDREA | 288 | 01:20:54.60 | 10:06 | 631/702 | +00:41:17 | 01:20:19.10 | LETHBRIDGE |
| 74/82 | TOLLEFSRUD, LEHANNE | 717 | 01:21:34.95 | 10:11 | 636/702 | +00:41:58 | 01:20:46.75 | LETHBRIDGE |
| 75/82 | WENTZ, MARNIE | 772 | 01:25:00.50 | 10:37 | 656/702 | +00:45:23 | 01:24:10.40 | LETHBRIDGE |
| 76/82 | STEVENS, MARIANNE | 686 | 01:25:12.10 | 10:39 | 657/702 | +00:45:35 | 01:24:34.90 | LETHBRIDGE |
| 77/82 | CHAMBERS, MELANIE | 112 | 01:25:12.15 | 10:39 | 658/702 | +00:45:35 | 01:24:34.85 | LETHBRIDGE |
| 78/82 | MARSHALL, ANNA | 454 | 01:25:57.45 | 10:44 | 663/702 | +00:46:20 | 01:25:14.75 | LETHBRIDGE |
| 79/82 | KLASSEN, LAURA | 383 | 01:25:58.60 | 10:44 | 664/702 | +00:46:21 | 01:25:16.50 | LETHBRIDGE |
| 80/82 | GREEN, CRYSTAL | 266 | 01:26:49.80 | 10:51 | 672/702 | +00:47:13 | 01:26:01.40 | COALHURST |
| 81/82 | FELLGER, CORRI | 211 | 01:26:50.05 | 10:51 | 673/702 | +00:47:13 | 01:26:02.25 | COALHURST |
| 82/82 | SNEDDEN, TAMMY | 667 | 01:35:39.85 | 11:57 | 694/702 | +00:56:03 | 01:35:00.60 | LETHBRIDGE |

45-49 - 57 Competitors

| Cat/PI | Name | Bib # | Time | Pace | OA/PI | Offset | Chiptime | City |
|--------|--------------------|-------|-------------|-------|---------|-----------|-------------|---------------|
| 1/57 | HEINO, SHERRY | 300 | 00:40:36.50 | 05:04 | 16/702 | +00:00:00 | 00:40:32.65 | LETHBRIDGE |
| 2/57 | LENZ, EMMA | 421 | 00:41:54.60 | 05:14 | 25/702 | +00:01:18 | 00:41:48.85 | COALHURST |
| 3/57 | CANADINE, LESLEE | 104 | 00:42:40.30 | 05:20 | 33/702 | +00:02:03 | 00:42:35.20 | MEDICINE HAT |
| 4/57 | MACKINNON, BOBBIE | 438 | 00:43:22.35 | 05:25 | 39/702 | +00:02:45 | 00:43:17.95 | LETHBRIDGE |
| 5/57 | TAKEYASU, CARRIE | 696 | 00:44:10.25 | 05:31 | 46/702 | +00:03:33 | 00:44:00.75 | LETHBRIDGE |
| 6/57 | GIN, SUSAN | 254 | 00:44:21.10 | 05:32 | 48/702 | +00:03:44 | 00:44:14.00 | LETHBRIDGE |
| 7/57 | MEAD, THERESA | 478 | 00:45:40.75 | 05:42 | 69/702 | +00:05:04 | 00:45:36.85 | LETHBRIDGE |
| 8/57 | DYER, FIONA | 192 | 00:47:08.95 | 05:53 | 96/702 | +00:06:32 | 00:46:54.75 | LETHBRIDGE |
| 9/57 | CRAIG, SUSAN | 143 | 00:50:14.65 | 06:16 | 148/702 | +00:09:38 | 00:49:54.45 | FERNIE |
| 10/57 | ARMSTRONG, SHAUNA | 24 | 00:50:20.10 | 06:17 | 153/702 | +00:09:43 | 00:49:48.85 | LETHBRIDGE |
| 11/57 | DRAIN, CATHY | 183 | 00:50:24.50 | 06:18 | 154/702 | +00:09:48 | 00:50:21.60 | LETHBRIDGE |
| 12/57 | CHANG, EVA | 114 | 00:51:32.50 | 06:26 | 177/702 | +00:10:56 | 00:51:23.00 | LETHBRIDGE |
| 13/57 | HANEY, TRINA | 287 | 00:51:59.95 | 06:29 | 186/702 | +00:11:23 | 00:51:52.75 | LETHBRIDGE |
| 14/57 | MCGALE, KAREN | 470 | 00:52:07.65 | 06:30 | 190/702 | +00:11:31 | 00:52:02.95 | LETHBRIDGE |
| 15/57 | BELCHER, KERRY | 52 | 00:52:52.95 | 06:36 | 198/702 | +00:12:16 | 00:52:49.45 | PINCHER CREEK |
| 16/57 | PRICE, MARION | 579 | 00:53:16.45 | 06:39 | 213/702 | +00:12:39 | 00:53:09.25 | COALDALE |
| 17/57 | VANDEN DOOL, GRACE | 748 | 00:53:22.55 | 06:40 | 218/702 | +00:12:46 | 00:53:03.65 | LETHBRIDGE |
| 18/57 | DUCEY, TRACY | 186 | 00:53:28.40 | 06:41 | 219/702 | +00:12:51 | 00:53:07.70 | LETHBRIDGE |
| 19/57 | MATHESON, CYNTHIA | 460 | 00:56:49.90 | 07:06 | 292/702 | +00:16:13 | 00:56:34.20 | LETHBRIDGE |
| 20/57 | BORAS, ANTHEA | 72 | 00:57:34.15 | 07:11 | 304/702 | +00:16:57 | 00:57:26.80 | LETHBRIDGE |
| 21/57 | NASH, KARI | 512 | 00:58:03.20 | 07:15 | 321/702 | +00:17:26 | 00:57:38.25 | LETHBRIDGE |
| 22/57 | THORNE, TANIA | 711 | 00:58:17.70 | 07:17 | 326/702 | +00:17:41 | 00:57:59.60 | MEDICINE HAT |
| 23/57 | MERRITT, ALANA | 484 | 00:58:38.35 | 07:19 | 331/702 | +00:18:01 | 00:58:34.05 | LETHBRIDGE |
| 24/57 | WONG, ELIZABETH | 794 | 00:58:40.35 | 07:20 | 333/702 | +00:18:03 | 00:58:28.65 | LETHBRIDGE |
| 25/57 | FENZ, KATHY | 214 | 00:58:57.10 | 07:22 | 342/702 | +00:18:20 | 00:58:48.20 | LETHBRIDGE |
| 26/57 | DJOKOTO-ASEM, EDNA | 171 | 00:59:15.10 | 07:24 | 347/702 | +00:18:38 | 00:59:00.25 | LETHBRIDGE |
| 27/57 | WILSON, PENNI | 790 | 00:59:30.75 | 07:26 | 354/702 | +00:18:54 | 00:59:22.05 | LETHBRIDGE |
| 28/57 | WERRELL, KATHERINE | 773 | 00:59:31.75 | 07:26 | 356/702 | +00:18:55 | 00:58:49.30 | LETHBRIDGE |
| 29/57 | ADDISON, LINDA | 5 | 00:59:37.80 | 07:27 | 361/702 | +00:19:01 | 00:58:52.40 | LETHBRIDGE |
| 30/57 | SCOTT, CAROLYN | 635 | 01:00:38.05 | 07:34 | 378/702 | +00:20:01 | 01:00:33.95 | LETHBRIDGE |
| 31/57 | VALGARDSON, CARMEN | 739 | 01:01:15.30 | 07:39 | 384/702 | +00:20:38 | 01:01:07.95 | LETHBRIDGE |
| 32/57 | CONRAD, LEEANNE | 137 | 01:02:44.15 | 07:50 | 406/702 | +00:22:07 | 01:02:20.65 | LETHBRIDGE |
| 33/57 | FRANKISH, EVINA | 225 | 01:03:32.45 | 07:56 | 417/702 | +00:22:55 | 01:02:56.75 | LETHBRIDGE |
| 34/57 | TAMS, TASHA | 699 | 01:03:33.55 | 07:56 | 418/702 | +00:22:57 | 01:03:06.75 | TABER |
| 35/57 | BREWSTER, SHELLY | 76 | 01:05:03.65 | 08:07 | 450/702 | +00:24:27 | 01:04:22.75 | LETHBRIDGE |
| 36/57 | KINNIBURGH, LYANNE | 380 | 01:06:16.20 | 08:17 | 461/702 | +00:25:39 | 01:06:04.65 | LETHBRIDGE |
| 37/57 | SHIGEMI, CRYSTAL | 649 | 01:06:38.60 | 08:19 | 469/702 | +00:26:02 | 01:06:25.20 | LETHBRIDGE |
| 38/57 | NELSON, CHRISTA | 693 | 01:08:16.20 | 08:32 | 501/702 | +00:27:39 | 01:07:36.40 | CALGARY |
| 39/57 | GRATTON, DEANNA | 263 | 01:08:42.45 | 08:35 | 508/702 | +00:28:05 | 01:08:33.75 | CALGARY |
| 40/57 | CARMICHAEL, ALISON | 105 | 01:10:17.75 | 08:47 | 532/702 | +00:29:41 | 01:10:01.35 | LETHBRIDGE |
| 41/57 | FISHER, ESMINA | 216 | 01:10:23.20 | 08:47 | 533/702 | +00:29:46 | 01:10:02.40 | LETHBRIDGE |

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

Category Results

8K - 4.97 Miles
702 Finishers

45-49 - 57 Competitors

| Cat/PI | Name | Bib # | Time | Pace | OA/PI | Offset | Chiptime | City |
|--------|----------------------|-------|-------------|-------|---------|-----------|-------------|------------|
| 42/57 | NELSON, KELLY | 514 | 01:10:33.20 | 08:49 | 537/702 | +00:29:56 | 01:09:53.15 | MILO |
| 43/57 | STEINKEY, LYNETTE | 66 | 01:11:10.75 | 08:53 | 540/702 | +00:30:34 | 01:11:00.00 | LETHBRIDGE |
| 44/57 | POKARNEY, CHERI | 572 | 01:15:24.70 | 09:25 | 568/702 | +00:34:48 | 01:14:37.10 | LETHBRIDGE |
| 45/57 | BIRCH, CHERIE | 65 | 01:15:34.50 | 09:26 | 572/702 | +00:34:58 | 01:15:21.85 | LETHBRIDGE |
| 46/57 | PEARSON, ELIZABETH | 550 | 01:16:20.95 | 09:32 | 576/702 | +00:35:44 | 01:15:48.60 | LETHBRIDGE |
| 47/57 | DONKERSGOED, SHANNON | 178 | 01:16:31.90 | 09:33 | 581/702 | +00:35:55 | 01:15:57.50 | LETHBRIDGE |
| 48/57 | DYKSTRA, BONITA | 193 | 01:16:35.60 | 09:34 | 582/702 | +00:35:59 | 01:16:17.80 | TABER |
| 49/57 | HOPKINS, JANELLE | 327 | 01:17:03.45 | 09:37 | 584/702 | +00:36:26 | 01:16:34.95 | CALGARY |
| 50/57 | KONYNENBELT, WANDA | 389 | 01:18:42.30 | 09:50 | 597/702 | +00:38:05 | 01:17:56.85 | NOBLEFORD |
| 51/57 | DAVID, SHELLY | 151 | 01:18:43.05 | 09:50 | 598/702 | +00:38:06 | 01:18:15.45 | LETHBRIDGE |
| 52/57 | KAMINSKI, JUANITA | 369 | 01:19:06.60 | 09:53 | 605/702 | +00:38:30 | 01:18:38.90 | LETHBRIDGE |
| 53/57 | TERSTEEG, DEBBIE | 704 | 01:19:08.25 | 09:53 | 608/702 | +00:38:31 | 01:18:48.45 | COALDALE |
| 54/57 | PALMER, CARLA | 544 | 01:19:08.25 | 09:53 | 609/702 | +00:38:31 | 01:18:48.85 | COALDALE |
| 55/57 | LOHUES, TRISH | 428 | 01:19:08.65 | 09:53 | 610/702 | +00:38:32 | 01:18:49.75 | COALDALE |
| 56/57 | LISTER, JEANNIE | 427 | 01:21:55.25 | 10:14 | 638/702 | +00:41:18 | 01:21:05.95 | LETHBRIDGE |
| 57/57 | JORGENSEN, SHERRY | 368 | 01:22:34.35 | 10:19 | 644/702 | +00:41:57 | 01:21:51.00 | LETHBRIDGE |

50-54 - 36 Competitors

| Cat/PI | Name | Bib # | Time | Pace | OA/PI | Offset | Chiptime | City |
|--------|---------------------|-------|-------------|-------|---------|-----------|-------------|---------------|
| 1/36 | KRISTENSEN, SUSAN | 578 | 00:43:55.75 | 05:29 | 43/702 | +00:00:00 | 00:43:47.20 | LETHBRIDGE |
| 2/36 | GOODFELLOW, PIPPA | 257 | 00:44:27.35 | 05:33 | 50/702 | +00:00:31 | 00:44:13.65 | DIAMOND CITY |
| 3/36 | LASTUKA, DAWN | 413 | 00:44:45.35 | 05:35 | 55/702 | +00:00:49 | 00:44:40.70 | WRENTHAM |
| 4/36 | COOMBES, JUDI | 139 | 00:46:06.20 | 05:45 | 78/702 | +00:02:10 | 00:46:02.70 | MEDICINE HAT |
| 5/36 | CLAASSEN, MARJOLIEN | 123 | 00:46:43.30 | 05:50 | 90/702 | +00:02:47 | 00:46:18.50 | VAUXHALL |
| 6/36 | BECK, KIM | 46 | 00:47:07.65 | 05:53 | 95/702 | +00:03:11 | 00:47:05.75 | BOW ISLAND |
| 7/36 | WESTHEUSER, SUE | 776 | 00:48:42.65 | 06:05 | 121/702 | +00:04:46 | 00:48:11.70 | LETHBRIDGE |
| 8/36 | HEGGIE, DIXIE | 297 | 00:49:20.40 | 06:10 | 133/702 | +00:05:24 | 00:49:09.10 | RAYMOND |
| 9/36 | WEILER, CAROLYN | 771 | 00:50:32.35 | 06:19 | 155/702 | +00:06:36 | 00:50:22.05 | MEDICINE HAT |
| 10/36 | FIORINO, JACKIE | 479 | 00:50:44.10 | 06:20 | 159/702 | +00:06:48 | 00:50:31.30 | LETHBRIDGE |
| 11/36 | MACDERMID, HEATHER | 434 | 00:51:25.25 | 06:25 | 176/702 | +00:07:29 | 00:51:16.55 | LETHBRIDGE |
| 12/36 | WRIGHT, CINDY | 801 | 00:52:53.20 | 06:36 | 199/702 | +00:08:57 | 00:52:49.50 | PINCHER CREEK |
| 13/36 | CALE, MARCELLE | 97 | 00:53:16.50 | 06:39 | 214/702 | +00:09:20 | 00:53:09.85 | COALDALE |
| 14/36 | MAINZER, PATRICIA | 444 | 00:53:58.95 | 06:44 | 230/702 | +00:10:03 | 00:53:51.15 | LETHBRIDGE |
| 15/36 | BOSCHEE, LAVERNE | 73 | 00:55:20.25 | 06:55 | 260/702 | +00:11:24 | 00:55:15.25 | WARNER |
| 16/36 | BERGEN, DIANE | 59 | 00:57:20.90 | 07:10 | 300/702 | +00:13:25 | 00:56:36.30 | LETHBRIDGE |
| 17/36 | OSBERG, WANDA | 535 | 00:57:26.65 | 07:10 | 302/702 | +00:13:30 | 00:56:42.55 | LETHBRIDGE |
| 18/36 | DUGGAN, CYNDY | 95 | 00:59:42.55 | 07:27 | 363/702 | +00:15:46 | 00:59:24.55 | COALDALE |
| 19/36 | COLLIER, KAREN | 131 | 01:01:21.60 | 07:40 | 387/702 | +00:17:25 | 01:01:18.20 | RAYMOND |
| 20/36 | LALONDE, TAMMY | 409 | 01:02:07.75 | 07:45 | 400/702 | +00:18:12 | 01:01:33.55 | LETHBRIDGE |
| 21/36 | MCINTOSH, SANDY | 471 | 01:04:05.25 | 08:00 | 428/702 | +00:20:09 | 01:03:55.85 | MEDICINE HAT |
| 22/36 | TURNER, APRIL | 731 | 01:04:08.45 | 08:01 | 431/702 | +00:20:12 | 01:03:25.25 | LETHBRIDGE |
| 23/36 | TYMBURSKI, ANITA | 317 | 01:04:12.85 | 08:01 | 432/702 | +00:20:17 | 01:03:59.15 | LETHBRIDGE |
| 24/36 | STARZYK-FREY, CYNDI | 680 | 01:06:33.05 | 08:19 | 466/702 | +00:22:37 | 01:06:23.50 | LETHBRIDGE |
| 25/36 | KOOT, VALERIE | 390 | 01:07:34.45 | 08:26 | 489/702 | +00:23:38 | 01:05:15.00 | LETHBRIDGE |
| 26/36 | DE GINNUS, KATHY | 161 | 01:08:42.45 | 08:35 | 509/702 | +00:24:46 | 01:08:34.20 | FORT MACLEOD |
| 27/36 | DUFF, JEANNIE | 187 | 01:09:21.35 | 08:40 | 519/702 | +00:25:25 | 01:09:09.00 | LETHBRIDGE |
| 28/36 | KING, DAWN | 376 | 01:10:05.05 | 08:45 | 528/702 | +00:26:09 | 01:09:55.45 | LETHBRIDGE |
| 29/36 | ROTH, DEBBIE | 603 | 01:11:26.30 | 08:55 | 542/702 | +00:27:30 | 01:11:09.10 | COALDALE |
| 30/36 | BURTON, LORALEE | 91 | 01:13:52.90 | 09:14 | 558/702 | +00:29:57 | 01:13:08.50 | LETHBRIDGE |
| 31/36 | CLARK, ANNIE | 125 | 01:13:55.60 | 09:14 | 560/702 | +00:29:59 | 01:13:11.00 | LETHBRIDGE |
| 32/36 | BAIRD, BRENDA | 28 | 01:17:27.95 | 09:40 | 586/702 | +00:33:32 | 01:16:52.10 | LETHBRIDGE |
| 33/36 | HINMAN, ALICE | 316 | 01:18:56.90 | 09:52 | 600/702 | +00:35:01 | 01:18:43.60 | LETHBRIDGE |
| 34/36 | MELLISH, ANNETTE | 760 | 01:19:42.85 | 09:57 | 617/702 | +00:35:47 | 01:19:05.95 | LETHBRIDGE |
| 35/36 | BATTYE, SHIRLEY | 39 | 01:22:01.05 | 10:15 | 639/702 | +00:38:05 | 01:21:18.95 | LETHBRIDGE |
| 36/36 | LANSER, MICHELE | 411 | 01:26:22.90 | 10:47 | 668/702 | +00:42:27 | 01:26:15.90 | VAUXHALL |

55-59 - 46 Competitors

| Cat/PI | Name | Bib # | Time | Pace | OA/PI | Offset | Chiptime | City |
|--------|----------------------|-------|-------------|-------|--------|-----------|-------------|------|
| 1/46 | JOHNSTON, BERNADETTE | 365 | 00:45:49.75 | 05:43 | 73/702 | +00:00:00 | 00:45:44.70 | |

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

Category Results

8K - 4.97 Miles
702 Finishers

55-59 - 46 Competitors

| Cat/PI | Name | Bib # | Time | Pace | OA/PI | Offset | Chiptime | City |
|--------|----------------------|-------|-------------|-------|---------|-----------|-------------|--------------|
| | | | | | | | | LETHBRIDGE |
| 2/46 | PHILPOTT, KAREN | 566 | 00:48:14.25 | 06:01 | 112/702 | +00:02:24 | 00:48:10.15 | LETHBRIDGE |
| 3/46 | APPELT, SHARON | 14 | 00:50:13.25 | 06:16 | 146/702 | +00:04:23 | 00:50:05.55 | LETHBRIDGE |
| 4/46 | HAMILTON, SHAWN | 285 | 00:50:13.45 | 06:16 | 147/702 | +00:04:23 | 00:49:59.55 | LETHBRIDGE |
| 5/46 | CHATTERTON, JULIE | 117 | 00:50:53.40 | 06:21 | 166/702 | +00:05:03 | 00:50:51.20 | LETHBRIDGE |
| 6/46 | MATKIN, MARIE | 461 | 00:52:16.70 | 06:32 | 191/702 | +00:06:26 | 00:52:13.55 | LETHBRIDGE |
| 7/46 | PONOMAR, WENDY | 574 | 00:52:31.45 | 06:33 | 195/702 | +00:06:41 | 00:52:12.95 | LETHBRIDGE |
| 8/46 | BUREK, JUDY | 85 | 00:52:57.10 | 06:37 | 202/702 | +00:07:07 | 00:52:33.70 | LETHBRIDGE |
| 9/46 | GILLETT, SHARON | 252 | 00:52:58.25 | 06:37 | 203/702 | +00:07:08 | 00:52:24.65 | LETHBRIDGE |
| 10/46 | HAMEL, JOANNE | 282 | 00:53:08.25 | 06:38 | 208/702 | +00:07:18 | 00:52:57.05 | MEDICINE HAT |
| 11/46 | VEDRES, HELENA | 753 | 00:53:46.85 | 06:43 | 226/702 | +00:07:57 | 00:53:20.75 | LETHBRIDGE |
| 12/46 | MORRIS, NANCY | 502 | 00:53:57.90 | 06:44 | 228/702 | +00:08:08 | 00:53:13.10 | LETHBRIDGE |
| 13/46 | CHRISTENSEN, SHERRY | 120 | 00:57:16.60 | 07:09 | 297/702 | +00:11:26 | 00:56:58.95 | COALHURST |
| 14/46 | FINNIE, LAURIE | 414 | 00:57:25.25 | 07:10 | 301/702 | +00:11:35 | 00:56:42.95 | LETHBRIDGE |
| 15/46 | LAING, ROBIN | 408 | 00:58:02.45 | 07:15 | 318/702 | +00:12:12 | 00:57:51.85 | LETHBRIDGE |
| 16/46 | PEARCE, KIM | 549 | 00:58:28.05 | 07:18 | 327/702 | +00:12:38 | 00:58:23.10 | LETHBRIDGE |
| 17/46 | HARRIS, SUZANNE | 291 | 00:59:56.05 | 07:29 | 367/702 | +00:14:06 | 00:59:12.05 | LETHBRIDGE |
| 18/46 | GRASDAL, SHELLEY | 262 | 01:04:45.75 | 08:05 | 444/702 | +00:18:56 | 01:04:10.70 | LETHBRIDGE |
| 19/46 | NORGARD, BARB | 526 | 01:05:03.20 | 08:07 | 448/702 | +00:19:13 | 01:04:49.30 | FORT MACLEOD |
| 20/46 | KLIMA, MARY-JEAN | 615 | 01:05:30.85 | 08:11 | 454/702 | +00:19:41 | 01:04:56.35 | LETHBRIDGE |
| 21/46 | ST. AMAND, RHONDA | 674 | 01:06:44.65 | 08:20 | 473/702 | +00:20:54 | 01:06:29.05 | LETHBRIDGE |
| 22/46 | ALSTON, KAREN | 636 | 01:06:45.40 | 08:20 | 475/702 | +00:20:55 | 01:06:09.40 | MAGRATH |
| 23/46 | PASSEY, JEANINIE | 546 | 01:06:45.75 | 08:20 | 476/702 | +00:20:56 | 01:06:09.60 | MAGRATH |
| 24/46 | FARFUS, ROSE | 208 | 01:06:48.65 | 08:21 | 477/702 | +00:20:58 | 01:06:16.35 | COLEMAN |
| 25/46 | DAVIS, JACKIE | 157 | 01:07:02.70 | 08:22 | 482/702 | +00:21:12 | 01:06:32.60 | LETHBRIDGE |
| 26/46 | GAEBEL, CAROLYN | 233 | 01:07:24.40 | 08:25 | 486/702 | +00:21:34 | 01:07:14.00 | LETHBRIDGE |
| 27/46 | HA THI, LOC | 275 | 01:08:37.20 | 08:34 | 506/702 | +00:22:47 | 01:08:31.30 | LETHBRIDGE |
| 28/46 | KETTENBACH, JOANNE | 362 | 01:09:42.90 | 08:42 | 521/702 | +00:23:53 | 01:09:03.20 | VULCAN |
| 29/46 | SPAHMANN, JEAN | 670 | 01:11:26.00 | 08:55 | 541/702 | +00:25:36 | 01:11:09.30 | COALDALE |
| 30/46 | JACKSON, VAL | 353 | 01:12:26.60 | 09:03 | 546/702 | +00:26:36 | 01:12:03.50 | LETHBRIDGE |
| 31/46 | DAVIES, COLLEEN | 155 | 01:12:47.90 | 09:05 | 548/702 | +00:26:58 | 01:12:18.90 | RAYMOND |
| 32/46 | CARTER-ROSE, SHELLEY | 109 | 01:13:08.25 | 09:08 | 554/702 | +00:27:18 | 01:12:45.45 | LETHBRIDGE |
| 33/46 | WALL, CONNIE | 764 | 01:14:25.65 | 09:18 | 562/702 | +00:28:35 | 01:13:57.90 | COALDALE |
| 34/46 | CHARLES, MARIANNA | 115 | 01:14:43.75 | 09:20 | 563/702 | +00:28:54 | 01:14:37.65 | LETHBRIDGE |
| 35/46 | GARNETT, BEV | 238 | 01:15:28.50 | 09:26 | 571/702 | +00:29:38 | 01:15:05.45 | LETHBRIDGE |
| 36/46 | MCINTYRE, IRENE | 473 | 01:17:51.55 | 09:43 | 592/702 | +00:32:01 | 01:17:16.05 | LETHBRIDGE |
| 37/46 | MACDONALD, CONSTANCE | 435 | 01:18:04.70 | 09:45 | 594/702 | +00:32:14 | 01:17:55.90 | LETHBRIDGE |
| 38/46 | BERKHOFF, LEAH | 61 | 01:20:07.15 | 10:00 | 622/702 | +00:34:17 | 01:19:35.10 | LETHBRIDGE |
| 39/46 | ACKERMAN, DEBRA | 1 | 01:20:07.60 | 10:00 | 623/702 | +00:34:17 | 01:19:35.10 | LETHBRIDGE |
| 40/46 | TYLER, DARLA | 734 | 01:20:25.25 | 10:03 | 627/702 | +00:34:35 | 01:19:55.10 | COALDALE |
| 41/46 | PODOLCHUK, DIANA | 569 | 01:22:09.95 | 10:16 | 641/702 | +00:36:20 | 01:21:23.05 | COALHURST |
| 42/46 | DASE, MERRY ANNE | 150 | 01:27:04.95 | 10:53 | 674/702 | +00:41:15 | 01:26:26.95 | LETHBRIDGE |
| 43/46 | VIROSTEK, DEBBIE | 757 | 01:34:50.80 | 11:51 | 692/702 | +00:49:01 | 01:34:06.70 | ENCHANT |
| 44/46 | HANSON, KAREN | 290 | 01:35:39.45 | 11:57 | 693/702 | +00:49:49 | 01:35:00.05 | LETHBRIDGE |
| 45/46 | SCHAUFLE, JOAN | 621 | 01:36:17.30 | 12:02 | 697/702 | +00:50:27 | 01:35:45.00 | LETHBRIDGE |
| 46/46 | KLASSEN, CORRINE | 382 | 01:43:20.45 | 12:55 | 699/702 | +00:57:30 | 01:42:40.50 | COALDALE |

60-64 - 27 Competitors

| Cat/PI | Name | Bib # | Time | Pace | OA/PI | Offset | Chiptime | City |
|--------|-------------------------|-------|-------------|-------|---------|-----------|-------------|------------|
| 1/27 | OLFERT, DOREEN | 532 | 00:42:05.10 | 05:15 | 28/702 | +00:00:00 | 00:42:01.95 | HAYS |
| 2/27 | THIBERT, CAROL | 705 | 00:43:56.50 | 05:29 | 44/702 | +00:01:51 | 00:43:54.25 | LETHBRIDGE |
| 3/27 | MEGAW, CAROL | 480 | 00:49:04.50 | 06:08 | 129/702 | +00:06:59 | 00:49:01.60 | LETHBRIDGE |
| 4/27 | INDZEOSKI, DIANNE | 343 | 00:53:13.25 | 06:39 | 210/702 | +00:11:08 | 00:53:07.85 | LETHBRIDGE |
| 5/27 | PAHULJE, MAJDA | 543 | 00:55:33.10 | 06:56 | 264/702 | +00:13:28 | 00:55:24.85 | LETHBRIDGE |
| 6/27 | ISFELD, AUDREY | 345 | 00:55:43.85 | 06:57 | 269/702 | +00:13:38 | 00:55:35.85 | LETHBRIDGE |
| 7/27 | BAREHAM-WRIGHT, VALERIE | 33 | 00:57:55.20 | 07:14 | 313/702 | +00:15:50 | 00:57:50.10 | LETHBRIDGE |
| 8/27 | CHUBB, MARGARET | 121 | 00:58:39.55 | 07:19 | 332/702 | +00:16:34 | 00:58:28.30 | LETHBRIDGE |
| 9/27 | RUMER, MARG | 608 | 01:00:14.70 | 07:31 | 373/702 | +00:18:09 | 00:59:53.60 | LETHBRIDGE |

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

Category Results

8K - 4.97 Miles
702 Finishers

60-64 - 27 Competitors

| Cat/PI | Name | Bib # | Time | Pace | OA/PI | Offset | Chiptime | City |
|--------|------------------------|-------|-------------|-------|---------|-----------|-------------|------------|
| 10/27 | PERVERSEFF, MARILYN | 557 | 01:01:55.70 | 07:44 | 396/702 | +00:19:50 | 01:01:50.00 | LETHBRIDGE |
| 11/27 | BIGGINS, MARIAN | 64 | 01:01:56.55 | 07:44 | 397/702 | +00:19:51 | 01:01:50.95 | LETHBRIDGE |
| 12/27 | REGIER, MARY LOU | 587 | 01:04:15.70 | 08:01 | 435/702 | +00:22:10 | 01:04:01.15 | COALDALE |
| 13/27 | TURNBULL, SHARON | 730 | 01:04:39.95 | 08:04 | 442/702 | +00:22:34 | 01:04:15.05 | LETHBRIDGE |
| 14/27 | HOOPER, DARLENE | 326 | 01:06:06.15 | 08:15 | 459/702 | +00:24:01 | 01:05:47.70 | LETHBRIDGE |
| 15/27 | MILLER, VICKY | 493 | 01:06:44.70 | 08:20 | 474/702 | +00:24:39 | 01:06:28.20 | LETHBRIDGE |
| 16/27 | MORLEY, JACKIE | 499 | 01:07:07.70 | 08:23 | 483/702 | +00:25:02 | 01:07:03.30 | LETHBRIDGE |
| 17/27 | GAMMON, BARBARA | 236 | 01:09:05.10 | 08:38 | 513/702 | +00:27:00 | 01:08:58.20 | LETHBRIDGE |
| 18/27 | BASKERVILLE, PAT | 37 | 01:13:19.55 | 09:09 | 556/702 | +00:31:14 | 01:12:46.05 | LETHBRIDGE |
| 19/27 | PHARO, PATTI | 563 | 01:15:26.60 | 09:25 | 569/702 | +00:33:21 | 01:15:18.50 | LETHBRIDGE |
| 20/27 | HAMMERSTEDT, JUDY | 286 | 01:20:07.15 | 10:00 | 621/702 | +00:38:02 | 01:19:34.95 | LETHBRIDGE |
| 21/27 | KINNEY-ANDERSON, SANDY | 378 | 01:21:15.90 | 10:09 | 632/702 | +00:39:10 | 01:20:36.80 | TABER |
| 22/27 | MIKALSON, PAT | 490 | 01:26:47.70 | 10:50 | 670/702 | +00:44:42 | 01:26:18.10 | COALDALE |
| 23/27 | MCLAREN, WENDY | 475 | 01:26:48.15 | 10:51 | 671/702 | +00:44:43 | 01:26:19.55 | LETHBRIDGE |
| 24/27 | CAMPUS, NESTA | 100 | 01:27:54.45 | 10:59 | 677/702 | +00:45:49 | 01:27:17.35 | CALGARY |
| 25/27 | MALMBERG, LOYIA | 448 | 01:28:57.30 | 11:07 | 680/702 | +00:46:52 | 01:28:37.40 | VULCAN |
| 26/27 | JENSEN, JANE | 360 | 01:29:40.90 | 11:12 | 681/702 | +00:47:35 | 01:29:22.10 | BARNWELL |
| 27/27 | SCHAUFLE, BETTY | 620 | 01:36:17.55 | 12:02 | 698/702 | +00:54:12 | 01:35:44.95 | BOW ISLAND |

65-69 - 9 Competitors

| Cat/PI | Name | Bib # | Time | Pace | OA/PI | Offset | Chiptime | City |
|--------|--------------------|-------|-------------|-------|---------|-----------|-------------|--------------|
| 1/9 | ROBERTS, GABRIELE | 593 | 00:44:27.70 | 05:33 | 51/702 | +00:00:00 | 00:44:25.80 | LETHBRIDGE |
| 2/9 | TYMKO, JENNY | 735 | 00:50:48.15 | 06:21 | 160/702 | +00:06:20 | 00:50:43.65 | TABER |
| 3/9 | JOLY, LINDA | 366 | 00:56:44.40 | 07:05 | 290/702 | +00:12:16 | 00:56:34.90 | LETHBRIDGE |
| 4/9 | BENDER, KATHY | 54 | 00:56:45.70 | 07:05 | 291/702 | +00:12:18 | 00:56:35.80 | LETHBRIDGE |
| 5/9 | SMART, YOLANDE | 656 | 01:07:24.70 | 08:25 | 487/702 | +00:22:57 | 01:07:14.05 | LETHBRIDGE |
| 6/9 | WHITNACK, LESLIE | 779 | 01:14:44.05 | 09:20 | 564/702 | +00:30:16 | 01:14:19.55 | LETHBRIDGE |
| 7/9 | SMITH, COLLEEN | 658 | 01:22:29.50 | 10:18 | 642/702 | +00:38:01 | 01:21:38.55 | GLENWOOD |
| 8/9 | HOWARD, VAL | 335 | 01:30:30.15 | 11:18 | 683/702 | +00:46:02 | 01:29:43.95 | MEDICINE HAT |
| 9/9 | GOODFELLOW, JESSIE | 7 | 01:34:12.05 | 11:46 | 689/702 | +00:49:44 | 01:34:12.05 | NEW DAYTON |

70+ - 11 Competitors

| Cat/PI | Name | Bib # | Time | Pace | OA/PI | Offset | Chiptime | City |
|--------|---------------------|-------|-------------|-------|---------|-----------|-------------|------------|
| 1/11 | NORRIS, JOAN | 527 | 00:52:25.45 | 06:33 | 194/702 | +00:00:00 | 00:52:18.00 | LETHBRIDGE |
| 2/11 | WHITE, MARY MADELNE | 778 | 01:00:14.60 | 07:31 | 372/702 | +00:07:49 | 01:00:03.90 | CALGARY |
| 3/11 | EVANS, CAROLYN | 203 | 01:02:44.65 | 07:50 | 407/702 | +00:10:19 | 01:02:33.15 | COALDALE |
| 4/11 | LOWE, MARILYN | 431 | 01:14:52.35 | 09:21 | 565/702 | +00:22:26 | 01:14:44.40 | KYLE |
| 5/11 | TIPPER, DOROTHY | 715 | 01:15:16.50 | 09:24 | 567/702 | +00:22:51 | 01:14:48.10 | LETHBRIDGE |
| 6/11 | BAIRD, LEOLA | 29 | 01:17:28.15 | 09:41 | 587/702 | +00:25:02 | 01:16:52.95 | LETHBRIDGE |
| 7/11 | DYER, CATHERINE | 191 | 01:20:05.80 | 10:00 | 620/702 | +00:27:40 | 01:19:51.15 | LETHBRIDGE |
| 8/11 | POELT, CAROL | 571 | 01:20:32.15 | 10:04 | 629/702 | +00:28:06 | 01:20:03.15 | COLEMAN |
| 9/11 | JAUERNECK, ELLA | 356 | 01:23:00.90 | 10:22 | 648/702 | +00:30:35 | 01:22:26.80 | LETHBRIDGE |
| 10/11 | APPLETON, LAVERN | 18 | 01:23:22.10 | 10:25 | 649/702 | +00:30:56 | 01:23:07.70 | CARDSTON |
| 11/11 | GILLETT, FLORRIE | 251 | 01:28:45.60 | 11:05 | 679/702 | +00:36:20 | 01:28:13.10 | LETHBRIDGE |