

20th Annual Ladiesfest 8K - June 13/2020

Alpha Overall Results

8K - 4.97 Miles

159 Finishers

O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	City
42/159	ANDERSON, SHAR	103	00:47:53.00	05:59	40-44	10/32	F	42/159	MEDICINE HAT, AB
65/159	APPELT, SHARON	104	00:53:56.00	06:44	60-64	5/21	F	65/159	LETHBRIDGE, AB
62/159	ASEM, EYRAM	105	00:52:57.00	06:37	20-24	9/10	F	62/159	LETHBRIDGE, AB
53/159	BABIN, TRACEY	265	00:50:02.00	06:15	35-39	5/12	F	53/159	GRANDE PRAIRIE, AB
155/159	BAIRD, BRENDA	106	01:56:17.00	14:32	55-59	12/13	F	155/159	LETHBRIDGE, AB
155/159	BAIRD, LEOLA	107	01:56:17.00	14:32	80+	2/2	F	155/159	LETHBRIDGE, AB
25/159	BAYAPANENI, SAILAJA	108	00:44:17.00	05:32	40-44	4/32	F	25/159	GRANDE PRAIRIE, AB
76/159	BECK, KIM	109	00:57:20.00	07:10	55-59	4/13	F	76/159	BOW ISLAND, AB
60/159	BETTGER, KARI	246	00:51:18.00	06:24	40-44	17/32	F	60/159	RAYMOND, AB
54/159	BEUERLEIN, MICHELLE	232	00:50:48.00	06:21	40-44	13/32	F	54/159	GRANDE PRAIRIE, AB
121/159	BJORNSON, DEBBIE	110	01:14:58.00	09:22	55-59	8/13	F	121/159	GRANDE PRAIRIE, AB
86/159	BOGH, NATALIE	111	00:57:50.00	07:13	45-49	9/13	F	86/159	GRANDE PRAIRIE, AB
4/159	BRESSLER, KAMIKO	260	00:38:13.00	04:46	20-24	2/10	F	4/159	LETHBRIDGE, AB
140/159	BROOKS, COURTNEY	112	01:27:19.00	10:54	25-29	8/9	F	140/159	LETHBRIDGE, AB
99/159	BRUUN, SAMANTHA	233	01:02:49.00	07:51	25-29	5/9	F	99/159	PEACE RIVER, AB
129/159	BUCKLEY, MELISSA	113	01:17:12.00	09:39	40-44	31/32	F	129/159	GRANDE PRAIRIE, AB
69/159	BUREK, JUDY	275	00:54:41.00	06:50	60-64	6/21	F	69/159	LETHBRIDGE, AB
4/159	BYKOWSKI, ELANI	258	00:38:13.00	04:46	20-24	2/10	F	4/159	LETHBRIDGE, AB
2/159	BYKOWSKI, JANELLE	257	00:35:09.00	04:23	20-24	1/10	F	2/159	LETHBRIDGE, AB
49/159	CANN, AUDREY	234	00:49:22.00	06:10	55-59	1/13	F	49/159	GRANDE PRAIRIE, AB
109/159	CARON, ADELE	250	01:07:00.00	08:22	65-69	4/8	F	109/159	LETHBRIDGE, AB
109/159	CARTER, ELLEN	115	01:07:00.00	08:22	60-64	10/21	F	109/159	LETHBRIDGE, AB
142/159	CIVITARESE, DARYL	116	01:30:56.00	11:22	60-64	18/21	F	142/159	LETHBRIDGE, AB
117/159	COOK, SILVIA	118	01:11:05.00	08:53	30-34	9/15	F	117/159	LETHBRIDGE, AB
37/159	COOMBES, JUDI	119	00:46:38.00	05:49	60-64	1/21	F	37/159	MEDICINE HAT, AB
76/159	CRONK, JUNE	236	00:57:20.00	07:10	50-54	5/10	F	76/159	GRANDE PRAIRIE, AB
106/159	CROSS, AMANDA	120	01:05:26.00	08:10	35-39	9/12	F	106/159	LETHBRIDGE, AB
106/159	CROSS, OLIVIA	121	01:05:26.00	08:10	10-14	3/5	F	106/159	LETHBRIDGE, AB
137/159	DAMEN, JO-ANNE	237	01:23:00.00	10:22	65-69	7/8	F	137/159	LETHBRIDGE, AB
71/159	DE BOER, KATELYN	123	00:55:34.00	06:56	25-29	4/9	F	71/159	LETHBRIDGE, AB
32/159	DE BOER, KRISTINA	124	00:46:17.00	05:47	20-24	6/10	F	32/159	CALGARY, AB
111/159	DE GRAAF, BRYANNE	125	01:09:28.00	08:41	30-34	7/15	F	111/159	LETHBRIDGE COUNTY, AB
153/159	DEMERS, NIKKI	262	01:41:17.00	12:39	30-34	15/15	F	153/159	GRANDE PRAIRIE, AB
101/159	DJOKOTO-ASEM, EDNA	126	01:03:30.00	07:56	50-54	8/10	F	101/159	LETHBRIDGE, AB
39/159	DOHERTY, JACKIE	127	00:47:17.00	05:54	40-44	9/32	F	39/159	LETHBRIDGE, AB
29/159	DOWNING, VANESSA	271	00:45:27.00	05:40	40-44	7/32	F	29/159	WOKING, AB
118/159	DRYSDALE, STEPHANIE	238	01:11:46.00	08:58	30-34	10/15	F	118/159	CLAIRMONT, AB
57/159	DUMONT, OCEANNE	239	00:51:06.00	06:23	09&U	1/2	F	57/159	LETHBRIDGE, AB
57/159	DUMONT, SUSIE	240	00:51:06.00	06:23	40-44	16/32	F	57/159	LETHBRIDGE, AB
145/159	ELFORD, PENNY	264	01:32:32.00	11:34	55-59	10/13	F	145/159	LETHBRIDGE, AB
11/159	EMERSON, SHERI	129	00:39:27.00	04:55	45-49	3/13	F	11/159	MEDICINE HAT, AB
56/159	EPP, KIMIKO	131	00:50:56.00	06:22	40-44	15/32	F	56/159	LETHBRIDGE, AB
97/159	EVANS, CAROLYN	132	01:02:25.00	07:48	75-79	2/2	F	97/159	COALDALE, AB
124/159	FAROUGH, HEATHER	276	01:15:54.00	09:29	35-39	10/12	F	124/159	LETHBRIDGE, AB
142/159	FIRTH, LANA	133	01:30:56.00	11:22	35-39	11/12	F	142/159	LETHBRIDGE, AB
48/159	FONTAINE, JEN	242	00:49:11.00	06:08	30-34	5/15	F	48/159	GRANDE PRAIRIE, AB
124/159	FRASER, VALERIE	134	01:15:54.00	09:29	45-49	12/13	F	124/159	LETHBRIDGE, AB
87/159	FROESE, MICHELLE	231	00:57:55.00	07:14	35-39	6/12	F	87/159	CARMAN, MB
20/159	FYFE, INDIE	135	00:42:56.00	05:22	25-29	1/9	F	20/159	LETHBRIDGE, AB
151/159	GELLENY, KAREN	243	01:38:00.00	12:15	60-64	19/21	F	151/159	LETHBRIDGE, AB
50/159	GIESBRECHT, COLLEEN	136	00:49:27.00	06:10	35-39	4/12	F	50/159	LETHBRIDGE, AB
30/159	GRAHAM, DOROTHY	137	00:45:33.00	05:41	25-29	2/9	F	30/159	LETHBRIDGE, AB
7/159	GREENING, MELISSA	138	00:38:50.00	04:51	35-39	1/12	F	7/159	GRANDE PRAIRIE, AB
44/159	GRIER, ERIN	251	00:48:01.00	06:00	40-44	11/32	F	44/159	GRANDE PRAIRIE, AB
127/159	GROSS, CONNIE	140	01:15:55.00	09:29	60-64	15/21	F	127/159	TABER, AB
6/159	GUMMESEN, JULIE	141	00:38:14.00	04:46	45-49	2/13	F	6/159	MANNING, AB
113/159	HALLADAY, MONTANA	282	01:09:30.00	08:41	25-29	6/9	F	113/159	GRANDE PRAIRIE, AB
91/159	HIERATH, LAURIE	228	01:00:13.00	07:31	40-44	27/32	F	91/159	LETHBRIDGE, AB
136/159	HOPP, SHELBY	143	01:22:15.00	10:16	25-29	7/9	F	136/159	BEAVERLODGE, AB
64/159	HOWARD, ERIN	285	00:53:38.00	06:42	40-44	18/32	F	64/159	LETHBRIDGE, AB
10/159	HOY, GRAYSEE	144	00:39:12.00	04:54	20-24	4/10	F	10/159	MAGRATH, AB
88/159	HULL, PATRICIA	145	00:59:13.00	07:24	55-59	5/13	F	88/159	GRANDE PRAIRIE, AB
131/159	ISLEIFSON, IRENE	146	01:19:00.00	09:52	60-64	16/21	F	131/159	LETHBRIDGE, AB
158/159	IVEY, NIYA	147	02:03:20.00	15:25	10-14	5/5	F	158/159	LETHBRIDGE, AB

Alpha Overall Results

8K - 4.97 Miles

159 Finishers

O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	City
84/159	JACKSON, JANNA	148	00:57:44.00	07:13	40-44	26/32	F	84/159	LETHBRIDGE, AB
148/159	JOHNER-PETERS, JODI	263	01:36:15.00	12:01	25-29	9/9	F	148/159	LETHBRIDGE, AB
137/159	JOHNSON, KAREN	150	01:23:00.00	10:22	60-64	17/21	F	137/159	LETHBRIDGE, AB
98/159	JOLY, LINDA	151	01:02:41.00	07:50	70-74	2/3	F	98/159	LETHBRIDGE, AB
27/159	JOLY, SARAH	152	00:44:52.00	05:36	40-44	6/32	F	27/159	EDMONTON, AB
132/159	JONES, ANDREA	252	01:20:21.00	10:02	30-34	12/15	F	132/159	LETHBRIDGE, AB
42/159	KASKO, SHANNON	261	00:47:53.00	05:59	50-54	4/10	F	42/159	COALDALE, AB
102/159	KATSAOUNIS, RIA	153	01:04:00.00	08:00	40-44	29/32	F	102/159	CALGARY, AB
34/159	KING, NADINE	253	00:46:24.00	05:48	40-44	8/32	F	34/159	SEXSMITH, AB
47/159	KISINGER, AMBER	154	00:48:27.00	06:03	40-44	12/32	F	47/159	LETHBRIDGE, AB
128/159	KLEMEN, KATHLEEN	155	01:16:10.00	09:31	65-69	6/8	F	128/159	VAUXHALL, AB
13/159	KLIMA, LORANNE	156	00:40:51.00	05:06	40-44	3/32	F	13/159	COALDALE, AB
92/159	KLIPPENSTEIN, MELANIE	280	01:00:49.00	07:36	45-49	10/13	F	92/159	LETHBRIDGE, AB
119/159	KOERSEN, WILMA	157	01:13:30.00	09:11	60-64	13/21	F	119/159	GRANDE PRAIRIE, AB
133/159	KOZUB, KAITLIN	158	01:20:49.00	10:06	10-14	4/5	F	133/159	LETHBRIDGE, AB
8/159	KOZUB, SARA	159	00:39:01.00	04:52	10-14	1/5	F	8/159	LETHBRIDGE, AB
8/159	KOZUB, SHELLY	160	00:39:01.00	04:52	40-44	2/32	F	8/159	LETHBRIDGE, AB
70/159	KRAINICUIK, CHAUNCEY	284	00:55:11.00	06:53	40-44	19/32	F	70/159	WINNIPEG, MB
135/159	LAWSON, ANITA	161	01:21:35.00	10:11	55-59	9/13	F	135/159	CALGARY, AB
137/159	LEBSACK, DAWN	244	01:23:00.00	10:22	50-54	9/10	F	137/159	MEDICINE HAT, AB
63/159	LINN, DANI	162	00:53:30.00	06:41	20-24	10/10	F	63/159	MAGRATH, AB
55/159	LIVINGSTON, AMBER	163	00:50:55.00	06:21	40-44	14/32	F	55/159	SEXSMITH, AB
1/159	LLOYD, FELICIA	164	00:33:30.00	04:11	45-49	1/13	F	1/159	LETHBRIDGE, AB
106/159	MACDERMID, HEATHER	165	01:05:26.00	08:10	55-59	7/13	F	106/159	LETHBRIDGE, AB
130/159	MAIER, VIRGINIA	166	01:18:23.00	09:47	30-34	11/15	F	130/159	RICHMOUND, SK
158/159	MARCO, CATHY	167	02:03:20.00	15:25	60-64	21/21	F	158/159	LETHBRIDGE, AB
93/159	MCCARTHY, JUSTINA	168	01:01:08.00	07:38	35-39	7/12	F	93/159	LETHBRIDGE, AB
17/159	MCDONALD, LINDSAY	230	00:41:10.00	05:08	35-39	2/12	F	17/159	LETHBRIDGE, AB
154/159	MCKAY, MARY	169	01:49:01.00	13:37	60-64	20/21	F	154/159	WHARGAREI, NZ
102/159	MCNABB, SHARON	170	01:04:00.00	08:00	60-64	8/21	F	102/159	MEDICINE HAT, AB
24/159	MILLER, JOLAYNE	171	00:44:03.00	05:30	30-34	2/15	F	24/159	LETHBRIDGE, AB
66/159	MITCHELL, ELLEN	172	00:54:10.00	06:46	65-69	2/8	F	66/159	GRANDE PRAIRIE, AB
3/159	MITCHELL, KRISTA	173	00:35:55.00	04:29	40-44	1/32	F	3/159	GRANDE PRAIRIE, AB
147/159	MOORE, HELEN	174	01:34:00.00	11:45	50-54	10/10	F	147/159	GRANDE PRAIRIE, AB
111/159	MOROZ, SUE	175	01:09:28.00	08:41	60-64	11/21	F	111/159	LETHBRIDGE, AB
104/159	NEWTON, LUCILLE	176	01:04:10.00	08:01	60-64	9/21	F	104/159	LOWER HUTT, NZ
74/159	NORRIS, JOAN	177	00:55:51.00	06:58	75-79	1/2	F	74/159	LETHBRIDGE, AB
68/159	NOTEMBOMBER, AMANDA	266	00:54:40.00	06:50	30-34	6/15	F	68/159	GRANDE PRAIRIE, AB
15/159	OGILVIE, RACHELLE	178	00:40:57.00	05:07	45-49	6/13	F	15/159	LETHBRIDGE, AB
83/159	OVIATT, CHRISTINE	179	00:57:40.00	07:12	40-44	25/32	F	83/159	LETHBRIDGE, AB
72/159	OWEN, AIRIKA	281	00:55:35.00	06:56	40-44	20/32	F	72/159	SMITHERS, BC
124/159	PACK, SHAUNLEE	180	01:15:54.00	09:29	45-49	12/13	F	124/159	LETHBRIDGE, AB
85/159	PAHULJE, MAJDA	181	00:57:45.00	07:13	65-69	3/8	F	85/159	LETHBRIDGE, AB
141/159	PAMMIDI, TEJASWI	182	01:30:26.00	11:18	09&U	2/2	F	141/159	GRANDE PRAIRIE, AB
105/159	PATCHING, SHARALYN	273	01:04:50.00	08:06	40-44	30/32	F	105/159	LETHBRIDGE, AB
26/159	PERVERSEFF, TRISHA	183	00:44:43.00	05:35	40-44	5/32	F	26/159	LETHBRIDGE, AB
75/159	PLANGER, MELISSA	184	00:56:50.00	07:06	40-44	21/32	F	75/159	TABER, AB
95/159	PRICE, SOPHIE	185	01:02:03.00	07:45	10-14	2/5	F	95/159	LETHBRIDGE, AB
52/159	PUSZKA, CAROL	272	00:49:48.00	06:13	55-59	2/13	F	52/159	RED DEER, AB
123/159	REID, PAULETTE	259	01:15:42.00	09:27	70-74	3/3	F	123/159	LETHBRIDGE, AB
21/159	RICHARD, SHELLY	268	00:43:03.00	05:22	50-54	3/10	F	21/159	EDMONTON, AB
18/159	RICHELMANN, TANIS	186	00:41:46.00	05:13	50-54	1/10	F	18/159	MEDICINE HAT, AB
81/159	RIEDIGER, LAUNI	187	00:57:33.00	07:11	40-44	23/32	F	81/159	WINNIPEG, MB
33/159	RIGGIN, PHOENIX	188	00:46:18.00	05:47	20-24	7/10	F	33/159	LETHBRIDGE, AB
23/159	RIGGIN, SKYLER	189	00:44:01.00	05:30	20-24	5/10	F	23/159	LETHBRIDGE, AB
38/159	RITCHOT, KATHLEEN	190	00:46:40.00	05:50	60-64	2/21	F	38/159	AIRDRIE, AB
46/159	ROBERTS, GABRIELE	191	00:48:20.00	06:02	70-74	1/3	F	46/159	LETHBRIDGE, AB
66/159	ROBERTSON, TERI	245	00:54:10.00	06:46	45-49	8/13	F	66/159	FAIRVIEW, AB
144/159	RUSTON, CARRIE	274	01:31:48.00	11:28	40-44	32/32	F	144/159	LETHBRIDGE, AB
149/159	SAWCHUK, JOAN	193	01:37:24.00	12:10	55-59	11/13	F	149/159	LETHBRIDGE, AB
90/159	SCHNARR, JEAN	194	00:59:38.00	07:27	55-59	6/13	F	90/159	LETHBRIDGE, AB
80/159	SCHOENING, ERIN	195	00:57:23.00	07:10	40-44	22/32	F	80/159	LETHBRIDGE, AB
61/159	SCOTT, JANE	196	00:51:45.00	06:28	60-64	4/21	F	61/159	LETHBRIDGE, AB
73/159	SENNEKER, ROMINA	197	00:55:40.00	06:57	55-59	3/13	F	73/159	TABER, AB

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Alpha Overall Results

8K - 4.97 Miles

159 Finishers

O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	City
82/159	SEXTON, KATRINA	198	00:57:37.00	07:12	40-44	24/32	F	82/159	LETHBRIDGE, AB
89/159	SMITH, MARLENE	200	00:59:36.00	07:27	50-54	7/10	F	89/159	BEAVERLODGE, AB
116/159	SMITH, STEPHANIE	267	01:10:58.00	08:52	30-34	8/15	F	116/159	LETHBRIDGE, AB
122/159	STARRENBURG, DIANE	201	01:15:10.00	09:23	60-64	14/21	F	122/159	LETHBRIDGE, AB
94/159	STUCKLSCHWAIGER, KRISTI	278	01:01:57.00	07:44	40-44	28/32	F	94/159	GRANDE PRAIRIE, AB
31/159	TEMPLIN, AMANDA	269	00:45:54.00	05:44	30-34	3/15	F	31/159	LETHBRIDGE, AB
76/159	TEMPLIN, MARJORIE	270	00:57:20.00	07:10	60-64	7/21	F	76/159	SPARWOOD, BC
40/159	THIBERT, CAROL	202	00:47:51.00	05:58	65-69	1/8	F	40/159	LETHBRIDGE, AB
152/159	THIYAGARAJAN, PONNI	203	01:38:02.00	12:15	65-69	8/8	F	152/159	GRANDE PRAIRIE, AB
41/159	TIETZ, TERRIE	204	00:47:52.00	05:59	60-64	3/21	F	41/159	LETHBRIDGE, AB
16/159	TROTTER, DARLA	206	00:41:00.00	05:07	30-34	1/15	F	16/159	LETHBRIDGE, AB
12/159	TUCKOVA, HEATHER	207	00:40:08.00	05:01	45-49	4/13	F	12/159	LETHBRIDGE, AB
79/159	TUNKE, COLETTE	208	00:57:21.00	07:10	50-54	6/10	F	79/159	GRANDE PRAIRIE, AB
113/159	VALEN, HEATHER	283	01:09:30.00	08:41	45-49	11/13	F	113/159	GRANDE PRAIRIE, AB
120/159	VALIN, COLLEEN	209	01:14:12.00	09:16	65-69	5/8	F	120/159	COALDALE, AB
157/159	VAN ANDEL, LEE	210	02:01:00.00	15:07	55-59	13/13	F	157/159	LETHBRIDGE, AB
19/159	VANDEN DOOL, GRACE	211	00:42:17.00	05:17	50-54	2/10	F	19/159	LETHBRIDGE, AB
134/159	VELASQUEZ, MONICA	212	01:21:02.00	10:07	30-34	13/15	F	134/159	LETHBRIDGE, AB
14/159	VONKEMAN, JEANETTE	149	00:40:54.00	05:06	45-49	5/13	F	14/159	LETHBRIDGE, AB
22/159	WANNOP, KATHY	254	00:43:10.00	05:23	35-39	3/12	F	22/159	COALDALE, AB
35/159	WARD, JANENE	217	00:46:31.00	05:48	30-34	4/15	F	35/159	LETHBRIDGE, AB
35/159	WARD, KATHLEEN	218	00:46:31.00	05:48	25-29	3/9	F	35/159	LETHBRIDGE, AB
149/159	WATERS, JENNA	219	01:37:24.00	12:10	30-34	14/15	F	149/159	LETHBRIDGE, AB
96/159	WHITE, MARY MADELINE	220	01:02:15.00	07:46	80+	1/2	F	96/159	CALGARY, AB
51/159	WILLIAMSON, REESE	221	00:49:32.00	06:11	15-19	2/2	F	51/159	LETHBRIDGE, AB
146/159	WILLOWS, TRICIA	222	01:33:16.00	11:39	35-39	12/12	F	146/159	HILL SPRING, AB
59/159	WOOD, BREANNA	223	00:51:17.00	06:24	20-24	8/10	F	59/159	LETHBRIDGE, AB
45/159	WOOD, JODI	224	00:48:18.00	06:02	45-49	7/13	F	45/159	LETHBRIDGE, AB
28/159	WOOD, MAKENA	225	00:45:04.00	05:38	15-19	1/2	F	28/159	LETHBRIDGE, AB
115/159	WOOLFORD, TRUDY	226	01:10:49.00	08:51	60-64	12/21	F	115/159	CARDSTON, AB
100/159	ZIELINSKI, CHELSEA	256	01:03:12.00	07:54	35-39	8/12	F	100/159	TABER, AB