

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from O/A win Time hh:mm:ss

8K - 4.97 Miles**Overall Results****Result Placings based on GUN TIME**

OA/PI	Name	Bib#	Time	Pace/k	Pace/m	Category	Cat/PI	Offset	Chiptime	City
1/344	BYKOWSKI, JANELLE	335	31:51.692	03:58	06:24	25-29	1/38	+00:00:00	31:51.130	LETHBRIDGE
2/344	FEHR, EMMA	670	35:07.229	04:23	07:03	35-39	1/64	+00:03:15	35:06.741	STIRLING
3/344	CHATTERTON, ANNA	345	35:15.127	04:24	07:05	10-14	1/6	+00:03:23	35:15.020	LETHBRIDGE
4/344	PIZARRO, LAURA	544	35:29.049	04:26	07:08	15-19	1/13	+00:03:37	35:28.627	LETHBRIDGE
5/344	PADDICK, KESHIA	528	35:40.229	04:27	07:10	30-34	1/57	+00:03:48	35:39.467	LETHBRIDGE
6/344	LOW, JENNIE	661	36:21.503	04:32	07:18	40-44	1/34	+00:04:29	36:21.082	LETHBRIDGE
7/344	JAROKOSKY, HEATHER	451	36:55.722	04:36	07:25	35-39	2/64	+00:05:04	36:54.375	LETHBRIDGE
8/344	BLOCK, KATE	677	37:19.722	04:39	07:30	15-19	2/13	+00:05:28	37:19.117	LETHBRIDGE
9/344	VALLE, BELLE	616	38:35.214	04:49	07:45	30-34	2/57	+00:06:43	38:34.510	PICTURE BUTTE
10/344	KLOOT, SARA	465	38:38.389	04:49	07:46	25-29	2/38	+00:06:46	38:37.788	COALDALE
11/344	FOISY, JENNIFER	397	39:44.023	04:58	07:59	35-39	3/64	+00:07:52	39:43.137	MONARCH
12/344	CROWDER, NICOLE	361	40:18.417	05:02	08:06	35-39	4/64	+00:08:26	40:15.532	LETHBRIDGE
13/344	KNOCH, NAOMI	466	40:21.919	05:02	08:07	25-29	3/38	+00:08:30	40:18.996	RAYMOND
14/344	TKACH, RACHEL	608	40:22.903	05:02	08:07	30-34	3/57	+00:08:31	40:14.929	LETHBRIDGE
15/344	JANZEN, JENNA	450	40:25.247	05:03	08:07	30-34	4/57	+00:08:33	40:24.882	COALDALE
16/344	KRUZER, KYRA	470	40:56.113	05:07	08:14	35-39	5/64	+00:09:04	40:53.389	LETHBRIDGE
17/344	DAVIS, SHERRY	368	41:48.777	05:13	08:24	50-54	1/30	+00:09:57	41:46.555	LETHBRIDGE
18/344	DOTY, KAELLA	378	42:12.755	05:16	08:29	40-44	2/34	+00:10:21	42:12.333	LETHBRIDGE
19/344	SPATE, GENA	594	42:25.598	05:18	08:32	50-54	2/30	+00:10:33	42:24.134	TABER
20/344	SECRETAN, KOLBEE	578	42:30.940	05:18	08:33	25-29	4/38	+00:10:39	42:14.388	LETHBRIDGE
21/344	SHEETS, SARAH	580	42:33.637	05:19	08:33	35-39	6/64	+00:10:41	42:31.412	LETHBRIDGE
22/344	ROBERTS, ALLIE MAE	562	42:42.473	05:20	08:35	25-29	5/38	+00:10:50	42:25.360	MAGRATH
23/344	COLLINS, BRONWYN	354	42:48.027	05:21	08:36	40-44	3/34	+00:10:56	42:47.045	LETHBRIDGE
24/344	HURT, NEBRIAH	440	42:51.168	05:21	08:37	30-34	5/57	+00:10:59	42:45.322	LETHBRIDGE
25/344	RED CROW, SAMANTHA	558	42:53.282	05:21	08:37	35-39	7/64	+00:11:01	42:52.100	FORT MACLEOD
26/344	SMITH, PAIGE	591	42:56.477	05:22	08:38	25-29	6/38	+00:11:04	42:54.954	MAGRATH
27/344	FANKHAUSER, SHAUNA	390	43:02.090	05:22	08:39	35-39	8/64	+00:11:10	42:56.829	CLARESHOLM
28/344	THOMPSON, KYRE	606	43:07.719	05:23	08:40	25-29	7/38	+00:11:16	43:06.636	LETHBRIDGE
29/344	GROTEN, CARLA	418	43:09.028	05:23	08:40	55-59	1/19	+00:11:17	43:07.682	PICTURE BUTTE
30/344	FERGUSON, BILLIE-JO	392	43:19.128	05:24	08:42	50-54	3/30	+00:11:27	43:17.666	TABER
31/344	HAMILTON, COURTENEY	423	43:20.347	05:25	08:43	30-34	6/57	+00:11:28	43:18.501	LETHBRIDGE
32/344	GUNDERSON, ASHLYN	420	43:22.574	05:25	08:43	30-34	7/57	+00:11:30	43:20.611	LETHBRIDGE
33/344	CURTIS, ALCYIA	365	43:25.199	05:25	08:44	30-34	8/57	+00:11:33	43:21.146	LETHBRIDGE
34/344	WASYLENKO, MELANIE	633	43:26.627	05:25	08:44	35-39	9/64	+00:11:34	43:25.304	LETHBRIDGE
35/344	DYER, KARA	385	43:45.776	05:28	08:48	35-39	10/64	+00:11:54	43:37.059	GULL LAKE

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8K - 4.97 Miles**Overall Results****Result Placings based on GUN TIME**

OA/PI	Name	Bib#	Time	Pace/k	Pace/m	Category	Cat/PI	Offset	Chiptime	City
36/344	SHEPPARD, SUZANNE	581	44:17.346	05:32	08:54	45-49	1/22	+00:12:25	44:09.582	LETHBRIDGE
37/344	SCHWARTZ, JEN	576	44:44.720	05:35	09:00	30-34	9/57	+00:12:53	44:33.503	COALDALE
38/344	GAUTHIER, HEATHER	407	44:53.697	05:36	09:01	60-64	1/11	+00:13:02	44:42.940	LETHBRIDGE
39/344	HAGGETT, STEPHANIE	422	45:02.135	05:37	09:03	35-39	11/64	+00:13:10	44:49.243	LETHBRIDGE
40/344	GRAHAM, DOROTHY	412	45:38.463	05:42	09:10	30-34	10/57	+00:13:46	45:17.091	LETHBRIDGE
41/344	COLLIER, LARISSA	353	45:43.418	05:42	09:11	35-39	12/64	+00:13:51	45:36.516	LETHBRIDGE
42/344	WILDE, TINA	642	45:54.237	05:44	09:14	35-39	13/64	+00:14:02	45:48.915	LETHBRIDGE
43/344	MACKINNON, BOBBIE	490	45:57.658	05:44	09:14	55-59	2/19	+00:14:05	45:53.385	LETHBRIDGE
44/344	MCALLISTER, ASHLEY	669	46:03.377	05:45	09:16	25-29	8/38	+00:14:11	45:52.160	CRANBROOK
45/344	FEHR, SUZY	391	46:19.127	05:47	09:19	20-24	1/29	+00:14:27	46:11.660	TABER
46/344	VAN HAARST, TWILAH	617	46:20.768	05:47	09:19	35-39	14/64	+00:14:29	46:12.581	TABER
47/344	OLSEN, TIFFANI	518	46:21.963	05:47	09:19	25-29	9/38	+00:14:30	46:20.979	COLEMAN
48/344	IVES, ALEXIS	446	46:21.986	05:47	09:19	20-24	2/29	+00:14:30	46:20.724	LETHBRIDGE
49/344	SHORT, EILISH	583	46:23.815	05:47	09:20	30-34	11/57	+00:14:32	46:23.789	LETHBRIDGE
50/344	BARKER, LINDSAY	315	46:38.838	05:49	09:23	35-39	15/64	+00:14:47	46:32.832	LETHBRIDGE
51/344	HORON, EMMA	437	46:39.096	05:49	09:23	35-39	16/64	+00:14:47	46:32.993	LETHBRIDGE
52/344	FROSTAD, MARTINA	406	46:43.595	05:50	09:24	50-54	4/30	+00:14:51	46:38.071	LETHBRIDGE
53/344	METZLER, CATHY	432	46:54.706	05:51	09:26	55-59	3/19	+00:15:03	46:47.186	LETHBRIDGE
54/344	VANDERZEE, PAULA	625	46:58.642	05:52	09:27	55-59	4/19	+00:15:06	46:55.426	LETHBRIDGE
55/344	TOWNLEY, JULIA	609	47:04.525	05:53	09:28	20-24	3/29	+00:15:12	47:01.803	LETHBRIDGE
56/344	PETTY, SARAH	540	47:04.713	05:53	09:28	30-34	12/57	+00:15:13	46:47.220	LETHBRIDGE
57/344	SWIFT, LIVIA	600	47:29.322	05:56	09:33	15-19	3/13	+00:15:37	47:17.189	LETHBRIDGE
58/344	HARRIS, TEYA	428	47:29.674	05:56	09:33	20-24	4/29	+00:15:37	47:15.392	TABER
59/344	OOSTLANDER, DANAE	521	47:37.268	05:57	09:34	20-24	5/29	+00:15:45	47:28.516	NOBLEFORD
60/344	CENTENO PADILLA, MARTHA ANGE	546	47:38.907	05:57	09:35	45-49	2/22	+00:15:47	47:17.251	LETHBRIDGE
61/344	HARRIS, STACEY	427	48:02.579	06:00	09:39	40-44	4/34	+00:16:10	47:48.296	TABER
62/344	SEWARD, CARINA	579	48:07.336	06:00	09:40	35-39	17/64	+00:16:15	48:00.749	LETHBRIDGE
63/344	LEAFLOOR, STEPHANIE	479	48:08.697	06:01	09:41	35-39	18/64	+00:16:17	48:05.895	LETHBRIDGE
64/344	WALKER, ASHLEY	632	48:10.758	06:01	09:41	40-44	5/34	+00:16:19	47:59.364	LETHBRIDGE
65/344	BURLEIGH, JAYNA	333	48:12.259	06:01	09:41	35-39	19/64	+00:16:20	48:06.156	LETHBRIDGE
66/344	HANNA, RAVEN	424	48:35.884	06:04	09:46	30-34	13/57	+00:16:44	48:35.581	MEDICINE HAT
67/344	MUDGE, MORGAN	508	48:45.680	06:05	09:48	25-29	10/38	+00:16:53	48:38.694	LETHBRIDGE
68/344	KOEN, LETITIA	671	48:58.664	06:07	09:51	30-34	14/57	+00:17:06	48:51.145	STIRLING
69/344	DUMONT, OCEANNE	380	49:16.171	06:09	09:54	10-14	2/6	+00:17:24	49:12.517	LETHBRIDGE
70/344	LEAVITT, CAYLEE	480	49:23.156	06:10	09:56	30-34	15/57	+00:17:31	49:11.023	LETHBRIDGE

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OA/PI	Name	Bib#	Time	Pace/k	Pace/m	Category	Cat/PI	Offset	Chiptime	City
71/344	RIEGER, JESSIE	561	49:25.922	06:10	09:56	30-34	16/57	+00:17:34	49:19.340	LETHBRIDGE
72/344	SWIFT, KATHERINE	599	49:34.688	06:11	09:58	40-44	6/34	+00:17:42	49:21.004	LETHBRIDGE
73/344	REIMER, GRACELYNN	559	49:38.157	06:12	09:59	09&U	1/5	+00:17:46	49:31.253	LETHBRIDGE
74/344	REIMER, KARA	560	49:38.273	06:12	09:59	40-44	7/34	+00:17:46	49:31.370	LETHBRIDGE
75/344	EYRE, CHRISTINA	388	49:44.906	06:13	10:00	30-34	17/57	+00:17:53	49:27.452	LETHBRIDGE
76/344	SCHNEIDER, LEANDRA	574	49:45.844	06:13	10:00	35-39	20/64	+00:17:54	49:34.889	TABER
77/344	GOEDHART, CHELSEA	408	49:49.172	06:13	10:01	35-39	21/64	+00:17:57	49:39.943	CALGARY
78/344	GREGUS, NICOLE	416	49:52.617	06:14	10:02	50-54	5/30	+00:18:00	49:35.607	TABER
79/344	CONARD, SHAUNA	356	49:57.637	06:14	10:03	40-44	8/34	+00:18:05	49:55.230	LETHBRIDGE
80/344	WELLS, JOHANNA	638	50:19.992	06:17	10:07	60-64	2/11	+00:18:28	50:16.099	COALHURST
81/344	MAUFORT, SARAH	500	50:21.328	06:17	10:07	35-39	22/64	+00:18:29	50:18.921	LETHBRIDGE
82/344	MUELLER, KONRA	509	50:29.249	06:18	10:09	40-44	9/34	+00:18:37	50:15.365	SHAUGHNESSY
83/344	SNOW, PAYTON	592	50:41.296	06:20	10:11	20-24	6/29	+00:18:49	50:33.255	RAYMOND
84/344	WILDE, BRYNLEY	641	50:50.156	06:21	10:13	25-29	11/38	+00:18:58	50:33.134	LETHBRIDGE
85/344	BARNES, KELSI	316	50:53.743	06:21	10:14	25-29	12/38	+00:19:02	50:41.604	LETHBRIDGE
86/344	HORNE, TRACY	436	50:56.391	06:22	10:14	35-39	23/64	+00:19:04	50:46.519	LETHBRIDGE
87/344	BAILEY, JENNA	313	51:01.757	06:22	10:16	40-44	10/34	+00:19:10	50:50.543	LETHBRIDGE
88/344	WEISS, NADIA	636	51:10.617	06:23	10:17	35-39	24/64	+00:19:18	50:55.866	COALDALE
89/344	CADENA GARRIDO, KAREN SARAI	336	51:14.718	06:24	10:18	25-29	13/38	+00:19:23	51:11.920	RAYMOND
90/344	VEDRES, FAYLA	627	51:34.079	06:26	10:22	40-44	11/34	+00:19:42	51:24.407	LETHBRIDGE
91/344	HARPER, KRISTA	426	51:38.719	06:27	10:23	35-39	25/64	+00:19:47	51:09.955	LETHBRIDGE
92/344	BARTEL, JENESSA	317	51:48.468	06:28	10:25	35-39	26/64	+00:19:56	51:46.242	LETHBRIDGE
93/344	LOGAN, HELEN	483	51:49.453	06:28	10:25	40-44	12/34	+00:19:57	51:46.731	COALDALE
94/344	MCINTYRE, JESSICA	503	51:50.577	06:28	10:25	35-39	27/64	+00:19:58	51:26.394	LETHBRIDGE
95/344	NELSON, KAELEE	511	52:03.527	06:30	10:28	35-39	28/64	+00:20:11	51:58.504	LETHBRIDGE
96/344	BULLOCK, ALANNA	331	52:14.906	06:31	10:30	35-39	29/64	+00:20:23	52:10.045	LETHBRIDGE
97/344	KENNEY, ROXANNE	461	52:33.304	06:34	10:34	25-29	14/38	+00:20:41	52:29.129	LETHBRIDGE
98/344	HARDY (ZUMBACH), MADISON	425	52:54.374	06:36	10:38	20-24	7/29	+00:21:02	52:48.368	RAYMOND
99/344	PACHECO, JENNIFER	526	52:57.422	06:37	10:39	20-24	8/29	+00:21:05	52:40.406	LETHBRIDGE
100/344	JAFFRAY, STEPHANIE	448	52:58.242	06:37	10:39	50-54	6/30	+00:21:06	52:47.030	LETHBRIDGE
101/344	PEREZ ROJAS, ALICIA	537	53:00.960	06:37	10:40	25-29	15/38	+00:21:09	52:52.065	PICTURE BUTTE
102/344	JOHNSON, HOPE	454	53:02.228	06:37	10:40	20-24	9/29	+00:21:10	52:36.133	LETHBRIDGE
103/344	DICK, KIERRA	375	53:02.438	06:37	10:40	20-24	10/29	+00:21:10	52:36.266	COALDALE
104/344	ALCALA, TONYA	303	53:02.625	06:37	10:40	35-39	30/64	+00:21:10	52:53.907	TABER
105/344	CHRISTENSEN, SHERRY	347	53:13.618	06:39	10:42	65-69	1/8	+00:21:21	53:08.673	COALHURST

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OA/PI	Name	Bib#	Time	Pace/k	Pace/m	Category	Cat/PI	Offset	Chiptime	City
106/344	HUVENAARS, MONIQUE	442	53:33.984	06:41	10:46	50-54	7/30	+00:21:42	53:30.007	HAYS
107/344	OYEMALA, ELISE	525	53:36.093	06:42	10:47	35-39	31/64	+00:21:44	53:33.872	LETHBRIDGE
108/344	LUKINUK, ELIZABETH	486	53:37.384	06:42	10:47	45-49	3/22	+00:21:45	53:34.782	LETHBRIDGE
109/344	VANDEN DOOL, GRACE	620	53:44.578	06:43	10:48	55-59	5/19	+00:21:52	53:37.415	LETHBRIDGE
110/344	RUNQUIST, JILLIAN	568	53:46.407	06:43	10:49	20-24	11/29	+00:21:54	53:29.192	RAYMOND
111/344	CUADRAS, ASSIS	363	53:49.548	06:43	10:49	20-24	12/29	+00:21:57	53:30.696	PICTURE BUTTE
112/344	DE LEEUW, BECKY	371	53:50.437	06:43	10:49	25-29	16/38	+00:21:58	53:41.683	PICTURE BUTTE
113/344	LUNDE, KELSEY	487	53:57.655	06:44	10:51	30-34	18/57	+00:22:05	53:25.433	COALDALE
114/344	ZUMBACH, SHANAËLLE	652	53:58.594	06:44	10:51	15-19	4/13	+00:22:06	53:53.187	RAYMOND
115/344	KEITH, ALLY	421	54:06.192	06:45	10:53	30-34	19/57	+00:22:14	54:02.500	LETHBRIDGE
116/344	PHILLIPS, VICTORIA	541	54:31.852	06:48	10:58	50-54	8/30	+00:22:40	54:28.200	LETHBRIDGE
117/344	OTTO, SHAUNA	522	54:33.633	06:49	10:58	40-44	13/34	+00:22:41	54:23.620	LETHBRIDGE
118/344	LAMMERTSEN, CHARLOTTE	474	54:36.421	06:49	10:59	09&U	2/5	+00:22:44	54:28.956	LETHBRIDGE
119/344	LAMMERTSEN, LEANNE	475	54:37.689	06:49	10:59	40-44	14/34	+00:22:45	54:30.786	LETHBRIDGE
120/344	VANDEN ELZEN, MADELINE	623	54:48.493	06:51	11:01	20-24	13/29	+00:22:56	54:25.011	LETHBRIDGE
121/344	VANDEN ELZEN, JEN	622	54:48.633	06:51	11:01	50-54	9/30	+00:22:56	54:24.735	COALDALE
122/344	CALE, MARCELLE	338	54:55.945	06:51	11:03	60-64	3/11	+00:23:04	54:45.273	COALDALE
123/344	PRICE, MARION	552	54:55.969	06:51	11:03	55-59	6/19	+00:23:04	54:44.897	LETHBRIDGE
124/344	MEGAW, CAROL	504	55:03.915	06:52	11:04	70-74	1/5	+00:23:12	54:56.573	LETHBRIDGE
125/344	WADSWORTH, ANNALISE	629	55:07.218	06:53	11:05	30-34	20/57	+00:23:15	55:00.713	LETHBRIDGE
126/344	HODGSON-BRIGHT, AMY	435	55:10.219	06:53	11:06	35-39	32/64	+00:23:18	55:00.887	LETHBRIDGE
127/344	MCHARGUE, CRYSTAL	501	55:39.609	06:57	11:11	40-44	15/34	+00:23:47	55:36.722	MEDICINE HAT
128/344	AUBRY-WAKE, CAROLINE	312	55:43.031	06:57	11:12	35-39	33/64	+00:23:51	55:24.848	LETHBRIDGE
129/344	SANTOS, CLARENCE MARIE	572	55:53.133	06:59	11:14	25-29	17/38	+00:24:01	55:49.732	LETHBRIDGE
130/344	KISINGER, AMBER	462	56:01.218	07:00	11:16	45-49	4/22	+00:24:09	55:44.984	LETHBRIDGE
131/344	KISINGER, MADISON	463	56:01.311	07:00	11:16	15-19	5/13	+00:24:09	55:45.015	LETHBRIDGE
132/344	PAOLETTI, ISABELLA	531	56:16.147	07:02	11:19	20-24	14/29	+00:24:24	55:59.731	LETHBRIDGE
133/344	ZEEB, LEXI	648	56:37.429	07:04	11:23	15-19	6/13	+00:24:45	56:23.648	SHAUGHNESSY
134/344	PAOLETTI, JODI	532	56:53.647	07:06	11:26	50-54	10/30	+00:25:01	56:36.051	LETHBRIDGE
135/344	VANDERHART, GERDA	624	56:59.109	07:07	11:27	30-34	21/57	+00:25:07	56:31.317	PICTURE BUTTE
136/344	RODWELL, KIM	564	57:02.508	07:07	11:28	35-39	34/64	+00:25:10	56:52.595	TABER
137/344	SHURTZ, TEAGAN	584	57:06.540	07:08	11:29	30-34	22/57	+00:25:14	56:53.648	LETHBRIDGE
138/344	OLFERT, CASSANDRA	516	57:06.750	07:08	11:29	30-34	23/57	+00:25:15	56:59.547	LETHBRIDGE
139/344	WHELPLEY, BONNIE	639	57:07.898	07:08	11:29	45-49	5/22	+00:25:16	56:59.005	LETHBRIDGE
140/344	SMITH, JENNA	590	57:08.953	07:08	11:29	30-34	24/57	+00:25:17	56:56.340	MAGRATH

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from O/A win Time hh:mm:ss

8K - 4.97 Miles**Overall Results****Result Placings based on GUN TIME**

OA/PI	Name	Bib#	Time	Pace/k	Pace/m	Category	Cat/PI	Offset	Chiptime	City
141/344	SOLOMON, NICOLE	593	57:10.592	07:08	11:30	35-39	35/64	+00:25:18	57:07.926	LETHBRIDGE
142/344	COLBURN-SWARTZ, CAROLINE	350	57:13.710	07:09	11:30	30-34	25/57	+00:25:22	57:07.328	LETHBRIDGE
143/344	PINTKOWSKI, TANISHA	543	57:18.003	07:09	11:31	30-34	26/57	+00:25:26	57:04.498	LETHBRIDGE
144/344	PAYNE, MORIAH	536	57:19.781	07:09	11:32	10-14	3/6	+00:25:28	56:55.400	GLENWOOD
145/344	TROTTER, AVERY	610	57:35.019	07:11	11:35	10-14	4/6	+00:25:43	57:19.843	LETHBRIDGE
146/344	SCHWARTZ, ERIN	575	57:52.006	07:14	11:38	30-34	27/57	+00:26:00	57:42.414	LETHBRIDGE
147/344	BURT, KENZIE	334	57:56.788	07:14	11:39	30-34	28/57	+00:26:05	57:50.605	LETHBRIDGE
148/344	HEERSINK, NICOLEEN	654	57:57.538	07:14	11:39	30-34	29/57	+00:26:05	57:51.535	LETHBRIDGE
149/344	BRADLEY, JANET	658	57:57.608	07:14	11:39	35-39	36/64	+00:26:05	57:51.902	LETHBRIDGE
150/344	TURNBULL, JENNY	612	57:57.633	07:14	11:39	40-44	16/34	+00:26:05	57:44.602	LETHBRIDGE
151/344	PAUL, KIMMIE	534	58:10.991	07:16	11:42	45-49	6/22	+00:26:19	58:03.070	TABER
152/344	MARES, CARINA	497	58:13.176	07:16	11:42	30-34	30/57	+00:26:21	58:05.450	PICTURE BUTTE
153/344	KADIJK, SYLVIA	458	58:13.803	07:16	11:42	50-54	11/30	+00:26:22	58:02.669	LETHBRIDGE
154/344	SANFORD, JANICE	571	58:15.702	07:16	11:43	60-64	4/11	+00:26:24	58:09.516	COALHURST
155/344	WELLS, CIDNEY	637	58:33.538	07:19	11:46	30-34	31/57	+00:26:41	58:15.884	LETHBRIDGE
156/344	TABOULCHANAS, OLEA	601	58:57.234	07:22	11:51	45-49	7/22	+00:27:05	58:53.659	LETHBRIDGE
157/344	SILVER, TAYLA	585	58:59.508	07:22	11:52	20-24	15/29	+00:27:07	58:44.054	TABER
158/344	LOEWEN, TINA	482	59:01.522	07:22	11:52	25-29	18/38	+00:27:09	59:00.257	PICTURE BUTTE
159/344	GARCIA, SARA	310	59:05.201	07:23	11:53	45-49	8/22	+00:27:13	58:42.640	LETHBRIDGE
160/344	PARDIAC, KATRINA	533	59:12.094	07:24	11:54	30-34	32/57	+00:27:20	59:01.799	LETHBRIDGE
161/344	BEATTIE, LAURA	319	59:12.186	07:24	11:54	30-34	33/57	+00:27:20	59:01.750	COCHRANE
162/344	CHEUNG, ANDREA	346	59:25.171	07:25	11:57	40-44	17/34	+00:27:33	59:21.395	LETHBRIDGE
163/344	TAVERNINI, BRITTANY	602	59:36.586	07:27	11:59	35-39	37/64	+00:27:44	59:28.642	LETHBRIDGE
164/344	BREWIN, NATASHA	328	59:39.258	07:27	12:00	35-39	38/64	+00:27:47	59:32.277	LETHBRIDGE
165/344	MACPHERSON, TARA	491	59:39.749	07:27	12:00	40-44	18/34	+00:27:48	59:31.496	TABER
166/344	STRAND, ALISON	597	59:41.766	07:27	12:00	35-39	39/64	+00:27:50	59:31.673	LETHBRIDGE
167/344	FOURNIER, ANN	401	59:46.758	07:28	12:01	55-59	7/19	+00:27:55	59:22.511	LETHBRIDGE
168/344	MOUNTAIN, MELISSA	507	59:53.483	07:29	12:03	55-59	8/19	+00:28:01	59:48.847	LETHBRIDGE
169/344	PICKLES, JENNA	542	1:00:10.758	07:31	12:06	20-24	16/29	+00:28:19	1:00:02.444	LETHBRIDGE
170/344	CANCHOLA, ANA	340	1:00:14.741	07:31	12:07	35-39	40/64	+00:28:23	1:00:05.294	TURIN
171/344	OLFERT, DOREEN	517	1:00:33.304	07:34	12:11	70-74	2/5	+00:28:41	1:00:22.347	LETHBRIDGE
172/344	MARTIN, STEPHANIE	499	1:00:37.382	07:34	12:11	40-44	19/34	+00:28:45	1:00:31.460	LETHBRIDGE
173/344	TAYLOR, KERRY	603	1:00:37.404	07:34	12:11	50-54	12/30	+00:28:45	1:00:31.476	LETHBRIDGE
174/344	JAMES, ADARIS	449	1:00:37.992	07:34	12:11	65-69	2/8	+00:28:46	1:00:32.350	LETHBRIDGE
175/344	APPELT, SHARON	306	1:00:38.389	07:34	12:12	65-69	3/8	+00:28:46	1:00:35.004	LETHBRIDGE

OA/PI = Overall Placing

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Offset = Diff from O/A win Time hh:mm:ss

8K - 4.97 Miles**Overall Results****Result Placings based on GUN TIME**

OA/PI	Name	Bib#	Time	Pace/k	Pace/m	Category	Cat/PI	Offset	Chiptime	City
176/344	KOZAK, EMILY	469	1:00:44.506	07:35	12:13	35-39	41/64	+00:28:52	1:00:36.195	MAGRATH
177/344	MCDONALD, JENNA	663	1:00:48.537	07:36	12:14	30-34	34/57	+00:28:56	1:00:46.395	LETHBRIDGE
178/344	NORRIS, JOAN	515	1:00:52.101	07:36	12:14	80+	1/2	+00:29:00	1:00:49.876	LETHBRIDGE
179/344	GRAY, ALEXA	413	1:00:53.061	07:36	12:15	25-29	19/38	+00:29:01	1:00:41.103	LETHBRIDGE
180/344	OLSON, TRISH	520	1:00:56.457	07:37	12:15	40-44	20/34	+00:29:04	1:00:47.311	MAGRATH
181/344	ENCINAS, VANESSA	386	1:01:10.217	07:38	12:18	25-29	20/38	+00:29:18	1:01:00.023	PICTURE BUTTE
182/344	GREEP, BANGOTH	415	1:01:11.553	07:38	12:18	30-34	35/57	+00:29:19	1:00:43.291	AIRDRIE
183/344	BILCIK, KATHRYN	324	1:01:22.100	07:40	12:20	35-39	42/64	+00:29:30	1:01:06.709	COALDALE
184/344	GRUNINGER, KASIDY	419	1:01:28.569	07:41	12:22	25-29	21/38	+00:29:36	1:01:08.503	MAGRATH
185/344	SAWATZKY, CHRISTINA	573	1:01:46.099	07:43	12:25	35-39	43/64	+00:29:54	1:01:44.577	LETHBRIDGE
186/344	STEWART, APRYL	666	1:01:46.381	07:43	12:25	35-39	44/64	+00:29:54	1:01:33.566	LETHBRIDGE
187/344	BULLOCK, CHELSIE	332	1:01:48.162	07:43	12:26	35-39	45/64	+00:29:56	1:01:29.748	BARNWELL
188/344	GRIER, MARIAH	417	1:01:48.795	07:43	12:26	30-34	36/57	+00:29:57	1:01:31.780	BROCKET
189/344	MANSON, ELLEN	495	1:01:52.451	07:44	12:26	65-69	4/8	+00:30:00	1:01:36.699	DINSMORE
190/344	COLE, EMILY	351	1:02:08.201	07:46	12:30	40-44	21/34	+00:30:16	1:01:55.307	LETHBRIDGE
191/344	RATTRAY, ROSA	557	1:02:11.880	07:46	12:30	45-49	9/22	+00:30:20	1:01:44.787	RAYMOND
192/344	LAING, ROBIN	473	1:02:19.989	07:47	12:32	65-69	5/8	+00:30:28	1:02:14.962	LETHBRIDGE
193/344	FRANZ, JAYLYN	403	1:02:21.397	07:47	12:32	40-44	22/34	+00:30:29	1:02:18.092	LETHBRIDGE
194/344	MANCONI, ERICA	493	1:02:29.670	07:48	12:34	25-29	22/38	+00:30:37	1:02:08.158	LETHBRIDGE
195/344	BELLINI, BARBARA	320	1:02:39.584	07:49	12:36	55-59	9/19	+00:30:47	1:02:33.160	LETHBRIDGE
196/344	LAURIE, KRISTEN	668	1:02:46.101	07:50	12:37	25-29	23/38	+00:30:54	1:02:42.797	LETHBRIDGE
197/344	AJANA, MANAR	655	1:02:46.732	07:50	12:37	35-39	46/64	+00:30:55	1:02:30.320	TANGIER
198/344	DELANEY, NICOLE	676	1:02:48.302	07:51	12:38	25-29	24/38	+00:30:56	1:02:26.931	LETHBRIDGE
199/344	OVERWEG, LISA	524	1:03:02.412	07:52	12:41	30-34	37/57	+00:31:10	1:02:47.739	COALDALE
200/344	CHURCH, MEGAN	349	1:03:07.310	07:53	12:42	30-34	38/57	+00:31:15	1:02:53.807	LETHBRIDGE COUNTY
201/344	PROVOST, KRISTYLEE	553	1:03:42.536	07:57	12:49	45-49	10/22	+00:31:50	1:03:25.521	LETHBRIDGE
202/344	DAY CHIEF, SELENA	369	1:03:52.333	07:59	12:51	25-29	25/38	+00:32:00	1:03:38.929	LETHBRIDGE
203/344	FAHEY, AMANDA	389	1:03:55.287	07:59	12:51	40-44	23/34	+00:32:03	1:03:49.502	LETHBRIDGE
204/344	OLSON, ELAINE	519	1:03:55.356	07:59	12:51	45-49	11/22	+00:32:03	1:03:49.173	LETHBRIDGE
205/344	LAWRENCE, MYA	478	1:03:58.029	07:59	12:52	15-19	7/13	+00:32:06	1:03:27.536	LETHBRIDGE
206/344	FEYTER, MELISSA	394	1:04:11.786	08:01	12:55	40-44	24/34	+00:32:20	1:03:56.077	MONARCH
207/344	DUMONT, SUSIE	381	1:04:23.786	08:02	12:57	45-49	12/22	+00:32:32	1:04:19.615	LETHBRIDGE
208/344	LAWRENCE, MADDIE	477	1:04:55.027	08:06	13:03	15-19	8/13	+00:33:03	1:04:23.994	LETHBRIDGE
209/344	CARDINAL, MIRANDA	342	1:05:08.997	08:08	13:06	30-34	39/57	+00:33:17	1:04:43.366	MAGRATH
210/344	KUTANZI, CHERYL	472	1:05:10.052	08:08	13:06	35-39	47/64	+00:33:18	1:04:58.415	COALDALE

OA/PI = Overall Placing

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Offset = Diff from O/A win Time hh:mm:ss

8K - 4.97 Miles**Overall Results****Result Placings based on GUN TIME**

OA/PI	Name	Bib#	Time	Pace/k	Pace/m	Category	Cat/PI	Offset	Chiptime	City
211/344	AJANA-SIMPSON, FAITH	656	1:05:10.403	08:08	13:06	25-29	26/38	+00:33:18	1:04:54.451	RAYMOND
212/344	EPP, KIMIKO	387	1:05:27.512	08:10	13:10	45-49	13/22	+00:33:35	1:05:18.958	LETHBRIDGE
213/344	CREAGHAN, ERICA	360	1:05:36.839	08:12	13:12	20-24	17/29	+00:33:45	1:05:11.387	LETHBRIDGE
214/344	POOLE, KENNEDY	548	1:05:37.145	08:12	13:12	20-24	18/29	+00:33:45	1:05:11.773	LETHBRIDGE
215/344	FOURNIER, ALICIA	400	1:05:39.677	08:12	13:12	20-24	19/29	+00:33:47	1:05:14.305	LETHBRIDGE
216/344	POOLE, KEELY	547	1:05:41.223	08:12	13:13	20-24	20/29	+00:33:49	1:05:15.692	LETHBRIDGE
217/344	ANDERSON, JOCELYN	305	1:05:45.277	08:13	13:13	30-34	40/57	+00:33:53	1:05:43.912	LETHBRIDGE
218/344	CALDWELL, KATRINA	337	1:06:04.027	08:15	13:17	35-39	48/64	+00:34:12	1:06:04.027	RAYMOND
219/344	CRAIG, SUSAN	598	1:06:14.153	08:16	13:19	55-59	10/19	+00:34:22	1:05:43.517	FERNIE
220/344	KELLY, BRITTANY	459	1:06:16.449	08:17	13:20	25-29	27/38	+00:34:24	1:06:11.997	LETHBRIDGE
221/344	GREENE, DAIJA	414	1:06:17.738	08:17	13:20	30-34	41/57	+00:34:26	1:06:13.645	LETHBRIDGE
222/344	DYCK, DIANE	384	1:06:21.887	08:17	13:21	55-59	11/19	+00:34:30	1:06:13.574	LETHBRIDGE
223/344	ZUMBACH, LAURIANE	651	1:06:54.255	08:21	13:27	15-19	9/13	+00:35:02	1:06:49.232	RAYMOND
224/344	DOUVILLE, SUSANNE	379	1:06:58.595	08:22	13:28	45-49	14/22	+00:35:06	1:06:47.261	LETHBRIDGE
225/344	JONES, CHRISTINA	455	1:07:00.113	08:22	13:28	50-54	13/30	+00:35:08	1:06:38.538	LETHBRIDGE
226/344	ZUMBACH, CHERYL	650	1:07:14.668	08:24	13:31	50-54	14/30	+00:35:22	1:06:59.431	RAYMOND
227/344	TUSTIAN, REBEKAH	613	1:07:15.371	08:24	13:31	20-24	21/29	+00:35:23	1:07:10.736	LETHBRIDGE
228/344	DEACON-ROGERS, LESLEE	372	1:07:23.739	08:25	13:33	40-44	25/34	+00:35:32	1:07:09.264	LETHBRIDGE
229/344	PACK, SHAUNLEE	527	1:07:25.004	08:25	13:33	50-54	15/30	+00:35:33	1:07:07.733	LETHBRIDGE
230/344	ARRIAGA, COLOMBA	309	1:07:28.308	08:26	13:34	35-39	49/64	+00:35:36	1:07:06.190	LETHBRIDGE
231/344	JASSMAN, MEGAN	452	1:07:30.465	08:26	13:34	30-34	42/57	+00:35:38	1:07:16.301	COALDALE
232/344	TILLACK, JOISA	607	1:07:30.606	08:26	13:35	35-39	50/64	+00:35:38	1:07:16.918	COALDALE
233/344	BAIRD, BRENDA	314	1:07:37.590	08:27	13:36	60-64	5/11	+00:35:45	1:07:16.277	LETHBRIDGE
234/344	FRASER, VALERIE	404	1:07:37.684	08:27	13:36	50-54	16/30	+00:35:45	1:07:21.571	LETHBRIDGE
235/344	YELLOW HORN, SARAH JAYE	647	1:07:50.902	08:28	13:39	45-49	15/22	+00:35:59	1:07:34.085	BROCKET
236/344	HEILMAN, ANNA	660	1:08:01.474	08:30	13:41	15-19	10/13	+00:36:09	1:07:48.860	LETHBRIDGE
237/344	BUKATKA, BRYNLEE	329	1:08:01.567	08:30	13:41	15-19	11/13	+00:36:09	1:07:48.775	LETHBRIDGE
238/344	MANTLER, MARNIE	496	1:08:04.192	08:30	13:41	45-49	16/22	+00:36:12	1:07:52.939	LETHBRIDGE
239/344	DARBY, BARBARA	366	1:08:26.925	08:33	13:46	55-59	12/19	+00:36:35	1:08:21.598	LETHBRIDGE
240/344	DE GROOT, SANDRA	370	1:08:27.137	08:33	13:46	55-59	13/19	+00:36:35	1:08:22.692	VAUXHALL
241/344	FRANCIS, KAISHA	674	1:08:49.122	08:36	13:50	25-29	28/38	+00:36:57	1:08:31.831	LETHBRIDGE
242/344	ANDERSON, EMMA	304	1:08:49.495	08:36	13:50	25-29	29/38	+00:36:57	1:08:32.000	LETHBRIDGE
243/344	PRICE, ALLI	551	1:08:52.473	08:36	13:51	25-29	30/38	+00:37:00	1:08:42.682	LETHBRIDGE
244/344	LETCHER, LINDSAY	481	1:08:52.614	08:36	13:51	35-39	51/64	+00:37:00	1:08:42.818	LETHBRIDGE
245/344	JENSEN, ANITA	453	1:09:17.504	08:39	13:56	60-64	6/11	+00:37:25	1:08:58.752	BARNWELL

OA/PI = Overall Placing

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8K - 4.97 Miles**Overall Results****Result Placings based on GUN TIME**

OA/PI	Name	Bib#	Time	Pace/k	Pace/m	Category	Cat/PI	Offset	Chiptime	City
246/344	PAYNE, AMANDA	535	1:09:18.371	08:39	13:56	35-39	52/64	+00:37:26	1:08:53.797	GLENWOOD
247/344	HAYES, JENNIFER	430	1:09:19.309	08:39	13:56	35-39	53/64	+00:37:27	1:09:04.907	COALDALE
248/344	TROTTER, TARRAH	611	1:09:40.684	08:42	14:01	35-39	54/64	+00:37:48	1:09:25.509	LETHBRIDGE
249/344	LAWRENCE, CHRISTINA	476	1:09:42.278	08:42	14:01	50-54	17/30	+00:37:50	1:09:10.814	LETHBRIDGE
250/344	RADOWITS, SAMANTHA	555	1:09:42.677	08:42	14:01	55-59	14/19	+00:37:50	1:09:27.743	LETHBRIDGE
251/344	GREENAWAY, MALANIE	675	1:09:42.724	08:42	14:01	55-59	15/19	+00:37:51	1:09:27.653	EDMONTON
252/344	ROW, TRINITY	567	1:10:08.105	08:46	14:06	20-24	22/29	+00:38:16	1:09:37.272	LETHBRIDGE
253/344	COOK, SILVIA	357	1:10:19.191	08:47	14:08	35-39	55/64	+00:38:27	1:10:09.960	LETHBRIDGE
254/344	COLE, KATIE	352	1:10:19.495	08:47	14:08	25-29	31/38	+00:38:27	1:10:10.859	COALDALE
255/344	MITSON, VANESSA	506	1:10:33.887	08:49	14:11	35-39	56/64	+00:38:42	1:10:24.092	RAYMOND
256/344	SAINIO, JESSICA	569	1:10:43.737	08:50	14:13	30-34	43/57	+00:38:52	1:10:13.744	LETHBRIDGE
257/344	LOOSE, JESSICA	484	1:11:00.487	08:52	14:17	25-29	32/38	+00:39:08	1:10:35.216	MAGRATH
258/344	ZOBELL, MICHELE	649	1:11:35.010	08:56	14:24	45-49	17/22	+00:39:43	1:11:07.657	RAYMOND
259/344	COOMBS, KARLI	358	1:11:40.377	08:57	14:25	40-44	26/34	+00:39:48	1:11:28.920	LETHBRIDGE
260/344	SIMPSON, LAURA	665	1:12:08.337	09:01	14:30	50-54	18/30	+00:40:16	1:11:52.384	RAYMOND
261/344	QUILTY, ANGELA	554	1:12:14.736	09:01	14:32	30-34	44/57	+00:40:23	1:11:47.202	LETHBRIDGE
262/344	SMART, YOLANDE	587	1:12:15.978	09:01	14:32	75-79	1/1	+00:40:24	1:12:08.037	LETHBRIDGE
263/344	VAN TOL, KAT	618	1:12:22.587	09:02	14:33	20-24	23/29	+00:40:30	1:11:51.754	LETHBRIDGE
264/344	APPERLOO, LUCRETIA	307	1:12:28.190	09:03	14:34	50-54	19/30	+00:40:36	1:12:16.240	LETHBRIDGE
265/344	SEABORN, HAZEL	577	1:12:39.368	09:04	14:37	10-14	5/6	+00:40:47	1:12:25.943	LETHBRIDGE
266/344	SHERWOOD, BRITTNEY	582	1:12:40.938	09:05	14:37	35-39	57/64	+00:40:49	1:12:26.976	LETHBRIDGE
267/344	WHITE, MARY MADELINE	640	1:12:58.586	09:07	14:41	80+	2/2	+00:41:06	1:12:49.535	CALGARY
268/344	ATWOOD, RACHEL	311	1:13:12.418	09:09	14:43	50-54	20/30	+00:41:20	1:12:45.466	RAYMOND
269/344	KOOTS, SHAWNA	468	1:13:13.633	09:09	14:44	30-34	45/57	+00:41:21	1:13:07.232	LETHBRIDGE
270/344	VELASQUEZ, MONICA	628	1:13:14.666	09:09	14:44	30-34	46/57	+00:41:22	1:13:05.217	LETHBRIDGE
271/344	MARSHALL, ANNA	498	1:13:17.501	09:09	14:44	50-54	21/30	+00:41:25	1:12:54.218	LETHBRIDGE
272/344	HEFFERNAN, CHANTAL	431	1:13:40.609	09:12	14:49	45-49	18/22	+00:41:48	1:13:40.609	LETHBRIDGE
273/344	FORREST, BRENDA	399	1:13:46.703	09:13	14:50	50-54	22/30	+00:41:55	1:13:42.852	LETHBRIDGE
274/344	BEATON, DANIELLE	318	1:13:46.868	09:13	14:50	45-49	19/22	+00:41:55	1:13:42.698	LETHBRIDGE
275/344	FISHER-DORTMAN, STEPH	396	1:13:46.961	09:13	14:50	50-54	23/30	+00:41:55	1:13:42.606	LETHBRIDGE
276/344	MARTENS, TINA	662	1:14:19.562	09:17	14:57	20-24	24/29	+00:42:27	1:13:47.401	OKOTOKS
277/344	NILSSON, RENAE	664	1:14:19.562	09:17	14:57	20-24	25/29	+00:42:27	1:13:47.576	LETHBRIDGE
278/344	WOLF TAIL, GRACIE	645	1:14:59.569	09:22	15:05	20-24	26/29	+00:43:07	1:14:39.604	BROCKET
279/344	CAPPER, KIRSTEN	341	1:15:23.405	09:25	15:10	30-34	47/57	+00:43:31	1:15:04.873	COALDALE
280/344	WEINKAUF, MORGAN	667	1:15:43.046	09:27	15:14	25-29	33/38	+00:43:51	1:15:38.795	COALDALE

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from O/A win Time hh:mm:ss

8K - 4.97 Miles**Overall Results****Result Placings based on GUN TIME**

OA/PI	Name	Bib#	Time	Pace/k	Pace/m	Category	Cat/PI	Offset	Chiptime	City
281/344	SMIENK, DANIELLE	588	1:15:43.256	09:27	15:14	25-29	34/38	+00:43:51	1:15:39.204	LETHBRIDGE
282/344	SMIENK, SANDRA	589	1:15:44.264	09:28	15:14	60-64	7/11	+00:43:52	1:15:40.292	LETHBRIDGE
283/344	TAYLOR, WINN	605	1:15:47.569	09:28	15:15	09&U	3/5	+00:43:55	1:15:33.767	LETHBRIDGE
284/344	POTTS, BEV	549	1:16:18.037	09:32	15:21	60-64	8/11	+00:44:26	1:15:58.067	BROCKET
285/344	TAYLOR, MEGAN	604	1:17:04.537	09:38	15:30	40-44	27/34	+00:45:12	1:16:50.951	LETHBRIDGE
286/344	KABIR, SALMA	457	1:17:18.998	09:39	15:33	35-39	58/64	+00:45:27	1:17:16.775	LETHBRIDGE
287/344	HUDSON, HEATHER	439	1:17:21.130	09:40	15:33	70-74	3/5	+00:45:29	1:17:16.007	LETHBRIDGE
288/344	ROEN, ASHLEY	565	1:18:03.998	09:45	15:42	25-29	35/38	+00:46:12	1:17:38.622	LETHBRIDGE
289/344	CHATTERTON, ALISON	344	1:18:12.154	09:46	15:44	40-44	28/34	+00:46:20	1:18:02.859	LETHBRIDGE
290/344	STORFIE, ERIN	596	1:18:41.334	09:50	15:49	35-39	59/64	+00:46:49	1:18:18.998	LETHBRIDGE
291/344	MEYER, AINSLEE	505	1:18:42.529	09:50	15:50	10-14	6/6	+00:46:50	1:18:20.486	LETHBRIDGE
292/344	SLUSAR, HILLARY	586	1:18:42.554	09:50	15:50	30-34	48/57	+00:46:50	1:18:20.705	LETHBRIDGE
293/344	FOOTE, ANNA	398	1:18:44.733	09:50	15:50	30-34	49/57	+00:46:53	1:18:16.471	FORT MACLEOD
294/344	DONOVAN, AUDREY	673	1:20:27.294	10:03	16:11	15-19	12/13	+00:48:35	1:20:11.178	LETHBRIDGE
295/344	BROWN, LINDSAY	672	1:20:34.254	10:04	16:12	40-44	29/34	+00:48:42	1:20:17.638	LETHBRIDGE
296/344	VASQUEZ, FLORICEL	626	1:21:56.707	10:14	16:29	25-29	36/38	+00:50:05	1:21:46.131	SHAUGHNESSY
297/344	IWAASA, HAILEY	447	1:22:30.763	10:18	16:36	20-24	27/29	+00:50:39	1:22:19.947	LETHBRIDGE
298/344	BUKATKA, CASSIE	330	1:22:35.590	10:19	16:37	40-44	30/34	+00:50:43	1:22:22.498	LETHBRIDGE
299/344	MCINTYRE, IRENE	502	1:22:35.941	10:19	16:37	65-69	6/8	+00:50:44	1:22:25.270	LETHBRIDGE
300/344	MUTCH, LAVONN	510	1:22:43.793	10:20	16:38	70-74	4/5	+00:50:52	1:22:14.118	LETHBRIDGE
301/344	WEBBER, CLAIRE	635	1:22:44.239	10:20	16:38	50-54	24/30	+00:50:52	1:22:14.818	LETHBRIDGE
302/344	WALDNER, ANNAMARIE	630	1:23:19.137	10:24	16:45	35-39	60/64	+00:51:27	1:22:48.384	COALHURST
303/344	RASMUSSEN, JENNIFER	556	1:23:19.300	10:24	16:45	40-44	31/34	+00:51:27	1:22:49.425	LETHBRIDGE
304/344	VADNAIS, JENNIFER	615	1:23:33.621	10:26	16:48	50-54	25/30	+00:51:41	1:23:25.067	LETHBRIDGE
305/344	ARCHIBALD, VALERIE	308	1:23:42.621	10:27	16:50	45-49	20/22	+00:51:50	1:23:18.299	LETHBRIDGE
306/344	KLASSEN, COLLEEN	464	1:23:42.972	10:27	16:50	45-49	21/22	+00:51:51	1:23:20.127	LETHBRIDGE
307/344	ADRIAN, LINDA	302	1:23:43.068	10:27	16:50	50-54	26/30	+00:51:51	1:23:19.876	LETHBRIDGE
308/344	ISLEIFSON, IRENE	445	1:25:36.972	10:42	17:13	65-69	7/8	+00:53:45	1:25:31.645	LETHBRIDGE
309/344	PETERSEN, BETH	539	1:25:37.792	10:42	17:13	70-74	5/5	+00:53:46	1:25:23.120	LETHBRIDGE
310/344	BISHOFF, CHRISTINE	325	1:25:38.917	10:42	17:13	60-64	9/11	+00:53:47	1:25:33.215	LETHBRIDGE
311/344	BOOTH, WINRY	326	1:26:11.987	10:46	17:20	09&U	4/5	+00:54:20	1:25:47.664	LETHBRIDGE
312/344	COLLINS, FRANCES	355	1:26:13.065	10:46	17:20	30-34	50/57	+00:54:21	1:25:49.743	LETHBRIDGE
313/344	JUELL, SANDRA	456	1:26:25.369	10:48	17:23	55-59	16/19	+00:54:33	1:26:04.493	LETHBRIDGE
314/344	DONKERSGOED, SHANNON	377	1:26:34.511	10:49	17:25	55-59	17/19	+00:54:42	1:26:19.395	COALDALE
315/344	DONKERSGOED, GABRIELE	376	1:26:35.025	10:49	17:25	30-34	51/57	+00:54:43	1:26:20.269	COALDALE

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from O/A win Time hh:mm:ss

8K - 4.97 Miles**Overall Results****Result Placings based on GUN TIME**

OA/PI	Name	Bib#	Time	Pace/k	Pace/m	Category	Cat/PI	Offset	Chiptime	City
316/344	DUPUIS, KENZIE	382	1:26:35.027	10:49	17:25	30-34	52/57	+00:54:43	1:26:21.265	COALDALE
317/344	ZUNIGA, LOURDES	653	1:27:16.017	10:54	17:33	40-44	32/34	+00:55:24	1:26:54.565	PICTURE BUTTE
318/344	GONZALES, ERIKA	409	1:27:50.493	10:58	17:40	40-44	33/34	+00:55:58	1:27:28.128	LETHBRIDGE
319/344	LUNDQUIST, HANNAH	489	1:29:05.632	11:08	17:55	15-19	13/13	+00:57:13	1:28:38.437	LETHBRIDGE
320/344	ROGERS, PAULA	566	1:29:39.804	11:12	18:02	60-64	10/11	+00:57:48	1:29:32.162	NOBLEFORD
321/344	BEUSEKOM, MILLIE	321	1:30:15.943	11:16	18:09	09&U	5/5	+00:58:24	1:29:43.181	FORT MACLEOD
322/344	OUDSHOORN, ANITA	523	1:30:17.163	11:17	18:09	55-59	18/19	+00:58:25	1:29:42.291	FORT MACLEOD
323/344	POIRIER, TANILLE	545	1:30:24.570	11:18	18:11	30-34	53/57	+00:58:32	1:30:12.319	LETHBRIDGE
324/344	NEUFELD, BRENDA	512	1:30:24.686	11:18	18:11	60-64	11/11	+00:58:32	1:30:12.635	LETHBRIDGE
325/344	ROBINSON, LACEY	563	1:30:28.365	11:18	18:12	35-39	61/64	+00:58:36	1:30:07.692	COALDALE
326/344	ADAMS, ROBYN	301	1:30:28.788	11:18	18:12	35-39	62/64	+00:58:37	1:30:08.235	EDMONTON
327/344	KRYSAK, CYNTHIA	471	1:30:29.022	11:18	18:12	35-39	63/64	+00:58:37	1:30:08.877	MEDICINE HAT
328/344	BEUSEKOM, NATALIE	322	1:30:32.913	11:19	18:13	25-29	37/38	+00:58:41	1:29:59.378	FORT MACLEOD
329/344	GOUDZWAARD, SHALAYNE	410	1:30:33.030	11:19	18:13	20-24	28/29	+00:58:41	1:29:58.478	NOBLEFORD
330/344	IRWIN, JESSIE	443	1:30:44.935	11:20	18:15	20-24	29/29	+00:58:53	1:30:24.838	LETHBRIDGE
331/344	IRWIN, SHERRY	444	1:30:48.217	11:21	18:16	50-54	27/30	+00:58:56	1:30:27.461	COALDALE
332/344	HASTINGS, MACKENZIE	429	1:30:53.748	11:21	18:17	30-34	54/57	+00:59:02	1:30:24.987	COALDALE
333/344	WILSON, SARAH	644	1:31:52.106	11:29	18:29	30-34	55/57	+01:00:00	1:31:33.252	LETHBRIDGE
334/344	NICHOLSON, ALICE	514	1:32:26.442	11:33	18:35	65-69	8/8	+01:00:34	1:32:08.388	LETHBRIDGE
335/344	VANDEN BRINK, NANCY	619	1:33:16.011	11:39	18:45	55-59	19/19	+01:01:24	1:32:42.400	MONARCH
336/344	FEYTER, ANGELA	393	1:33:18.427	11:39	18:46	40-44	34/34	+01:01:26	1:32:45.584	FORT MACLEOD
337/344	LUNDQUIST, ANGELA	488	1:33:46.879	11:43	18:52	45-49	22/22	+01:01:55	1:33:19.522	LETHBRIDGE
338/344	DURRANT, STACY	383	1:34:17.932	11:47	18:58	30-34	56/57	+01:02:26	1:33:48.791	LETHBRIDGE
339/344	DEMERS, MICHAELA	374	1:34:20.558	11:47	18:58	30-34	57/57	+01:02:28	1:33:51.135	LETHBRIDGE
340/344	PANSKY, TARA	530	1:36:53.510	12:06	19:29	50-54	28/30	+01:05:01	1:36:25.976	COALHURST
341/344	PANSKY, KARLI	529	1:40:32.742	12:34	20:13	25-29	38/38	+01:08:41	1:40:06.811	LETHBRIDGE
342/344	FOX, BRITTANY	402	1:49:10.521	13:38	21:58	35-39	64/64	+01:17:18	1:48:50.548	LETHBRIDGE
343/344	ULRICH, JENNIFER	614	1:49:10.663	13:38	21:58	50-54	29/30	+01:17:18	1:48:50.598	LETHBRIDGE
344/344	BLACK, CINDY	657	1:50:59.762	13:52	22:19	50-54	30/30	+01:19:08	1:50:46.180	LETHBRIDGE