

Category Results

5 Miles/ 8 Km

19&U - 21 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/21	MACKINNON, JORDAN	357	00:41:25.40	08:20	36/668	LETH, AB, CANADA
2/21	BOSSERT, MIRIAM	403	00:41:32.65	08:21	37/668	LETH, AB, CANADA
3/21	NELSON, KIRSTEN	446	00:41:45.45	08:24	40/668	CRANFORD, AB, CANADA
4/21	NORRIS, TARALYN	459	00:42:47.25	08:36	56/668	TABER, AB, CANADA
5/21	STEWART, SARA	630	00:49:11.95	09:53	158/668	LETH, AB, CANADA
6/21	BUCHANAN, MEGHAN	84	00:50:09.75	10:05	179/668	LETH, AB, CAN
7/21	TAMS, ERIN	653	00:51:06.25	10:16	199/668	TABER, AB, CANADA
8/21	ROLL, MIRANDA	543	00:51:35.95	10:22	211/668	HAYS, AB, CANADA
9/21	MERTZ, KAYLEE	385	00:51:51.80	10:26	216/668	KALISPELL, MONT, USA
10/21	TORRIE, BREANNE	347	00:51:52.00	10:26	217/668	BARNWELL, AB, CANADA
11/21	MACKINNON, TAYLOR	358	00:53:16.75	10:43	252/668	LETH, AB, CANADA
12/21	DISHER, DEANNA	154	01:00:41.25	12:12	380/668	LETH, AB, CANADA
13/21	STANDING, REBECCA	621	01:00:48.75	12:14	383/668	LETH, AB, CANADA
14/21	KING, MARIAH	311	01:02:33.35	12:35	400/668	LETH, AB, CANADA
15/21	MONAGHAN, BRENNAN	418	01:03:00.70	12:40	412/668	LETH, AB, CANADA
16/21	ZAROWNY, JESSICA	743	01:04:34.20	12:59	432/668	LETH, AB, CANADA
17/21	MONAGHAN, KATHLEEN	420	01:11:49.50	14:27	494/668	LETH, AB, CANADA
18/21	RANKIN, MADI	524	01:11:58.85	14:29	496/668	LETH, AB, CANADA
19/21	ENSIGN, MEGAN	180	01:12:01.05	14:29	497/668	LETH, AB, CANADA
20/21	WOODMAN, BROOKE	733	01:12:01.20	14:29	498/668	LETH, AB, CANADA
21/21	CHRISTENSEN, LEXAH	114	01:28:21.80	17:46	628/668	COALHURST, AB, CANADA

20-24 - 20 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/20	SAWATZKY, KIM	557	00:35:40.55	07:10	2/668	COALHURST, AB, CANADA
2/20	BROWN, EMILY	80	00:40:41.25	08:11	30/668	LETH, AB, CANADA
3/20	MURPHY, STEPHANIE	438	00:40:46.00	08:12	31/668	LETH, AB, CANADA
4/20	BAILLE, ALYCIA	34	00:45:03.80	09:04	88/668	LETH, AB, CANADA
5/20	HOLLAND, REBECCA	263	00:46:06.55	09:16	110/668	LETH, AB, CANADA
6/20	TRAVIS, EMILY	671	00:46:14.25	09:18	114/668	LETH, AB, CANADA
7/20	MANKEE, LARISSA	366	00:47:27.70	09:33	132/668	LETH, AB, CANADA
8/20	HOLT, KINSEY	265	00:48:08.55	09:41	145/668	RAYMOND, AB, CANADA
9/20	KUBOS, AMBER	330	00:49:28.05	09:57	163/668	LETH, AB, CANADA
10/20	OHLMANN, NIKKI	466	00:49:28.70	09:57	164/668	COALDALE, AB, CANADA
11/20	HUCULAK, KELSEY	274	00:50:59.50	10:15	196/668	LETH, AB, CANADA
12/20	GOEDHART, CHELSEA	213	00:53:35.70	10:47	260/668	LETH, AB, CANADA
13/20	METZ, CHRISTIN	404	00:55:06.70	11:05	285/668	LETH, AB, CANADA
14/20	ANNABLE, BROOKE	12	00:55:07.10	11:05	286/668	CARMANGAY, AB, CANADA
15/20	SHERRINGTON, CASSIDY	592	00:55:11.20	11:06	287/668	LETH, AB, CANADA
16/20	STEEVES, MEREDITH	624	00:55:45.70	11:13	296/668	CALGARY, AB, CANADA
17/20	PELESKEY, STACY	491	01:00:51.85	12:14	384/668	TABER, AB, CANADA
18/20	PONOMAR, VICTORIA	514	01:01:05.75	12:17	386/668	LETH, AB, CANADA
19/20	BULL, ANGELENE	86	01:23:42.20	16:50	597/668	LETH, AB, CANADA
20/20	REYNOLDS, NICOLE	533	01:23:42.30	16:50	598/668	NOBLEFORD, AB, CANADA

25-29 - 63 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/63	DEKENS, KENDRA	146	00:36:10.95	07:16	3/668	LETH, AB, CANADA
2/63	HILKEWICH, LESLEE	257	00:38:05.35	07:39	8/668	LETH, AB, CANADA
3/63	SEITZ, DESIRAE	581	00:38:34.45	07:45	9/668	LETH, AB, CANADA
4/63	RICHTER, NOREEN	72	00:38:48.50	07:48	13/668	LETH, AB, CANADA
5/63	RALPH, AMY	522	00:39:27.05	07:56	18/668	LETH, AB, CANADA
6/63	NIEBOER, JEN	348	00:41:44.20	08:23	38/668	PICTURE, AB, CANADA
7/63	CIRONE-SEBO, JENNIFER	116	00:42:14.30	08:29	45/668	LETH, AB, CANADA
8/63	THOMAS, ARIEL	656	00:42:26.45	08:32	49/668	LETH, AB, CANADA
9/63	WESSELS, HENRIETTE	724	00:43:27.25	08:44	65/668	FT. MACLEOD, AB, CANADA
10/63	HONESS, KELSEY	266	00:43:51.50	08:49	68/668	LOMOND, AB, CANADA
11/63	SALMON, STEPHANIE	554	00:44:10.00	08:53	72/668	RAYMOND, AB, CANADA
12/63	SANDERS, AMY	555	00:44:23.05	08:55	73/668	MED. HAT, AB, CANADA
13/63	VAN NISTELROOY, MICHELLE	683	00:44:49.25	09:01	81/668	LETH, AB, CANADA
14/63	GURNEY, CAROLYN	229	00:44:54.35	09:02	84/668	FT. MACLEOD, AB, CANADA
15/63	MCLEAN, TAMARA	396	00:45:21.95	09:07	93/668	SPARWOOD, BC, CANADA
16/63	LAING, SHARON	334	00:45:38.25	09:10	99/668	LETH, AB, CANADA
17/63	THOMPSON, DEVONEE	661	00:46:10.65	09:17	111/668	STIRLING, AB, CANADA

Category Results

5 Miles/ 8 Km

25-29 - 63 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
18/63	CUTHBERTSON, CHRISTINA	132	00:47:21.45	09:31	131/668	LETH, AB, CANADA
19/63	STORK, BROOKE	639	00:47:49.60	09:37	140/668	MED. HAT, AB, CANADA
20/63	CHENARD, SARAH	111	00:48:15.05	09:42	147/668	MED. HAT, AB, CANADA
21/63	PHILIPSEN, MARIA	500	00:48:59.15	09:51	155/668	BROOKS, AB, CANADA
22/63	GOUCHIE, BECKY	219	00:49:31.95	09:57	166/668	FT. MACLEOD, AB, CANADA
23/63	STORK, ALICIA	638	00:50:55.30	10:14	192/668	MORTLACH, SASK, CANADA
24/63	PATTERSON, ERIN	487	00:51:03.00	10:16	198/668	LETH, AB, CANADA
25/63	DEROOSE, JAMIE	149	00:51:08.50	10:17	202/668	LETH, AB, CANADA
26/63	PRIES, KAREN	517	00:51:17.20	10:19	206/668	LETH, AB, CANADA
27/63	DE JONG, HEATHER	143	00:51:32.25	10:22	209/668	LETH, AB, CANADA
28/63	SHEFFIELD, KRISTA	591	00:51:56.25	10:26	220/668	LETH, AB, CANADA
29/63	GUTFRIEND, MELISSA	230	00:52:15.70	10:30	227/668	MED. HAT, AB, CANADA
30/63	SELINGER, LISA	583	00:52:19.75	10:31	229/668	LETH, AB, CANADA
31/63	RAUSCH, STEFANIE	525	00:52:36.00	10:35	235/668	LETH, AB, CANADA
32/63	SOMMERFELDT, NICKI	611	00:52:46.95	10:37	240/668	LETH, AB, CANADA
33/63	SCHROEDER, DANIELLE	566	00:52:59.40	10:39	246/668	FERNIE, BC, CANADA
34/63	BEAZER, KADIE	48	00:53:38.45	10:47	261/668	CARDSTON, AB, CANADA
35/63	O'DAY, CHERYL	464	00:54:25.40	10:56	272/668	LETH, AB, CANADA
36/63	MELNYK, RISA	402	00:57:01.25	11:28	317/668	LET, AB, CANADA
37/63	FORD, JAELYN	189	00:58:52.20	11:50	351/668	LETH, AB, CANADA
38/63	HATHORN, LESLEY	244	00:59:01.90	11:52	353/668	LETH, AB, CANADA
39/63	GIESBRECHT, COLLEEN	207	00:59:03.60	11:53	356/668	LETH, AB, CANADA
40/63	SUGIMOTO, KORALIE	647	00:59:30.40	11:58	363/668	RAYMOND, AB, CANADA
41/63	ORMSTON, ANTONIA	471	00:59:57.05	12:03	369/668	LETH, AB, Canada
42/63	SHAKOTKO, TASHA	587	01:00:26.85	12:09	376/668	COALDALE, AB, CANADA
43/63	HEINE, LAURA	251	01:00:39.70	12:12	378/668	FT. MACLEOD, AB, CANADA
44/63	OSMOND, KELLY	472	01:02:19.75	12:32	397/668	LETH, AB, CANADA
45/63	MOULTON, GLENDA	433	01:02:43.50	12:37	410/668	COALDALE, AB, CANADA
46/63	PRICE, JESSICA	497	01:03:44.35	12:49	419/668	LETH, AB, CANADA
47/63	MORRIS, DONNELLY	430	01:10:42.40	14:13	471/668	LETH, AB, CANADA
48/63	KOPECK, ALICIA	321	01:10:43.95	14:13	473/668	MAGRATH, AB, CANADA
49/63	KLASSEN, YOLANDA	313	01:11:12.25	14:19	479/668	COALDALE, AB, CANADA
50/63	PENA, VANESSA	105	01:11:41.70	14:25	493/668	IRON SPRINGS, AB, CANADA
51/63	TRAN, ARYNNE	670	01:14:09.30	14:55	514/668	LETH, AB, CANADA
52/63	KUDILEK, JENNIFER	331	01:20:05.80	16:06	561/668	LETH, AB, CANADA
53/63	VOSSEBELT, YVONNE	699	01:20:26.55	16:11	568/668	COALDALE, AB, CANADA
54/63	HOYT, CARMEN	272	01:20:28.35	16:11	571/668	LETH, AB, CANADA
55/63	TAIT, KRISTIN	650	01:21:53.55	16:28	576/668	RED DEER, AB, CANADA
56/63	HEMBROFF, NICOLE	99	01:24:37.50	17:01	603/668	LETH, AB, CANADA
57/63	CHRISTENSEN, CHRISTINA	113	01:28:22.45	17:46	629/668	COALHURST, AB, CANADA
58/63	CAMPBELL, JACKIE	96	01:28:38.05	17:50	631/668	COALDALE, AB, CANADA
59/63	BEZOOYEN, ANDREA	58	01:30:30.80	18:12	635/668	LETH, AB, CANADA
60/63	BUCSIS, MARINA	85	01:36:38.40	19:26	642/668	LETH, AB, CANADA
61/63	LASTIWKA, SABREENA	337	01:41:17.60	20:22	651/668	LETH, AB, CANADA
62/63	LAVORATO, KADI	340	01:45:13.95	21:10	660/668	LETH, AB, CANADA
63/63	THOMAS, JANELLE	657	01:46:59.45	21:31	664/668	LETH, AB, CANADA

30-34 - 82 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/82	ELLIS-TODDINGTON, JENNIFER	177	00:37:19.70	07:30	6/668	LETH, AB, CANADA
2/82	WALBURGER, JAMIE	706	00:38:40.30	07:46	10/668	LETH, AB, Canada
3/82	COLEBY, FAY	122	00:38:45.45	07:47	12/668	LETH, AB, CANADA
4/82	MARTIN, TASHA	376	00:39:07.05	07:52	16/668	MED. HAT, AB, CANADA
5/82	VANDELLEN, TARA	686	00:40:55.55	08:14	33/668	CLARESHOLM, AB, CANADA
6/82	METZLER, MEGAN	406	00:41:16.15	08:18	35/668	LETH, AB, CANADA
7/82	VALK, LIANE	676	00:41:53.75	08:25	42/668	MED. HAT, AB, CANADA
8/82	WOODMAN, JACKIE	734	00:42:24.55	08:32	48/668	BLAIRMORE, AB, CANADA
9/82	MCCLUNG, ANGELA	387	00:42:51.25	08:37	57/668	LETH, AB, CANADA
10/82	VAN HERK, KATHLEEN	682	00:43:20.00	08:43	63/668	FT. MACLEOD, AB, CANADA
11/82	RUDELICH, CARMEN	549	00:43:26.50	08:44	64/668	DIAMOND CITY, AB, CANADA
12/82	BOEHME, EMILY	138	00:43:37.35	08:46	66/668	LETH, AB, CANADA
13/82	STONEHAWKER, ERIN	248	00:44:05.70	08:52	69/668	LETH, AB, CANADA
14/82	BLACK, JODIE	62	00:44:32.30	08:57	75/668	LETH, AB, CANADA
15/82	SINKE, JULIA	596	00:44:48.00	09:00	80/668	COALHURST, AB, CANADA

Category Results

5 Miles/ 8 Km

30-34 - 82 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
16/82	FINNERTY, COLLEEN	184	00:45:14.30	09:06	90/668	MED. HAT, AB, CANADA
17/82	STAFFORD, JASNA	619	00:45:16.30	09:06	91/668	LETH, AB, CANADA
18/82	HERWEYER, MELISSA	254	00:46:02.85	09:15	107/668	FT. MACLEOD, AB, CANADA
19/82	OVIATT, CHRISTINE	475	00:46:19.85	09:19	115/668	LETH, AB, CANADA
20/82	VALLE, EDITH	677	00:46:41.10	09:23	119/668	LETH, AB, CANADA
21/82	SCOTT, TRICIA	577	00:47:06.25	09:28	125/668	COALDALE, AB, CANADA
22/82	COOK, PAMELA	125	00:47:06.90	09:28	126/668	LETH, AB, CANADA
23/82	GRISNICH, STEPHANIE	225	00:47:56.35	09:38	143/668	FT. MACLEOD, AB, CANADA
24/82	CANNESSA, ROBERTO	101	00:48:10.00	09:41	146/668	LETH, AB, CANADA
25/82	KENWAY, NANCY	309	00:49:55.85	10:02	175/668	LETH, AB, CANADA
26/82	BRUGOS, STEPHANIE	82	00:50:17.25	10:07	181/668	CALGARY, AB, CANADA
27/82	GOOK, ADA	218	00:50:26.90	10:09	183/668	LETH, AB, CANADA
28/82	JAHN-SMITH, KRISTY	297	00:51:01.00	10:15	197/668	LETH, AB, CANADA
29/82	HINDLE, JEN	260	00:51:08.15	10:17	201/668	LETH, AB, CANADA
30/82	PILLING, JODI R	505	00:51:10.50	10:17	203/668	COALDALE, AB, Canada
31/82	SCHINDEL, BRIE	559	00:51:23.55	10:20	208/668	LETH, AB, CANADA
32/82	EMERY, AMANDA	178	00:51:43.10	10:24	212/668	LETH, AB, CANADA
33/82	MORASCH, JAIME	421	00:51:43.60	10:24	213/668	LETH, AB, CANADA
34/82	ROBISON, TERA	538	00:51:43.65	10:24	214/668	COALDALE, AB, CANADA
35/82	VORONINA, LYUDMYLA	697	00:52:27.20	10:33	233/668	SPARWOOD, BC, CANADA
36/82	HARRINGTON, CORETTE	239	00:52:41.55	10:36	237/668	SPARWOOD, BC, CANADA
37/82	SELK, JESSIE	584	00:52:46.90	10:37	239/668	LETH, AB, CANADA
38/82	BRADLEY, BOBBI	78	00:52:54.05	10:38	242/668	LETH, AB, CANADA
39/82	JOHANSEN, LEAH	296	00:53:21.30	10:44	253/668	LETH, AB, CANADA
40/82	PERVERSEFF, TRISHA	496	00:53:25.85	10:45	255/668	LETH, AB, CANADA
41/82	IWAASA, DAWN	283	00:53:52.65	10:50	262/668	LETH, AB, CANADA
42/82	FLAMAND, JODIE	187	00:54:05.20	10:52	269/668	LETH, AB, CANADA
43/82	BUXTON, UMMA	92	00:54:25.50	10:57	273/668	LETH, AB, CANADA
44/82	GLASSFORD, MARYLEE	211	00:54:57.40	11:03	283/668	LETH, AB, CANADA
45/82	RICHMAN, JENNIFER	534	00:56:04.65	11:17	301/668	WELLING, AB, CANADA
46/82	GRANT, KRISTIN	223	00:56:04.80	11:17	302/668	LETH, AB, CANADA
47/82	SCHOLTEN, JACKIE	565	00:56:11.00	11:18	305/668	PICTURE BUTTE, AB, CANADA
48/82	WACHTLER, KIM	701	00:56:38.85	11:23	312/668	CHAMPION, AB, CANADA
49/82	WRIGHT, JOLYNNE	738	00:57:04.20	11:28	318/668	LETH, AB, CANADA
50/82	NORSWORTHY, JENNIFER	461	00:57:10.30	11:30	320/668	LETH, AB, CANADA
51/82	SOMERVILLE, CHELSEA	609	00:57:26.25	11:33	327/668	LETH, AB, CANADA
52/82	VOLK, DAWN	694	00:57:49.95	11:38	335/668	LETH, AB, CANADA
53/82	O'NEILL, CORINNE	465	00:59:52.55	12:02	366/668	LETH, AB, CANADA
54/82	SEELY, TANYA	580	01:00:15.55	12:07	373/668	LETH, AB, CANADA
55/82	GUNNING, NICOLE	228	01:00:17.10	12:07	374/668	LETH, AB, CANADA
56/82	BOWES, JENNIFER	77	01:02:05.85	12:29	394/668	COALHURST, AB, CANADA
57/82	OLIVER, CHAWNTELLE	469	01:03:50.85	12:50	420/668	COALDALE, AB, CANADA
58/82	MELLOW, SHEA	401	01:06:38.40	13:24	446/668	LETH, AB, CANADA
59/82	POLLARD, LESLIE	512	01:07:54.65	13:39	455/668	LETH, AB, CANADA
60/82	HANEY, TRICIA	233	01:08:19.05	13:44	458/668	PICTURE BUTTE, AB, Canada
61/82	SERFAS, JEN	585	01:08:19.70	13:44	459/668	TURIN, AB, CANADA
62/82	MORRIS, CARLA	429	01:10:42.15	14:13	470/668	CALGARY, AB, CANADA
63/82	DELL, MICA	148	01:11:27.75	14:22	486/668	COALHURST, AB, CANADA
64/82	ROCCATTI, CATHERINE	539	01:11:40.60	14:25	492/668	PICTURE BUTTE, AB, CANADA
65/82	RODDICK, GAIL	541	01:12:14.85	14:32	502/668	PICTURE BUTTE, AB, CANADA
66/82	HEFFERNAN, CHANTAL	247	01:12:30.85	14:35	507/668	LETH, AB, CANADA
67/82	LY, PHI	353	01:17:06.35	15:30	529/668	LETH, AB, CANADA
68/82	LEE, KWAN	342	01:18:25.65	15:46	544/668	LETH, AB, CANADA
69/82	PUZEY, CHARMAINE	520	01:19:39.55	16:01	551/668	COALHURST, AB, CANADA
70/82	WALKER, KIMBERLEY	710	01:19:59.60	16:05	560/668	LETH, AB, CANADA
71/82	GUNNESS, SHEENA	227	01:20:08.10	16:07	562/668	LETH, AB, CANADA
72/82	ANTOCHOW, JOBINA	13	01:20:09.30	16:07	563/668	LETH, AB, CANADA
73/82	SEXTON, KATRINA	586	01:20:09.95	16:07	564/668	LETH, AB, CANADA
74/82	WALBURGER, CAMEE	705	01:20:10.55	16:07	565/668	ENCHANT, AB, CANADA
75/82	PIERZCHALA, KELLIE	503	01:20:35.85	16:13	572/668	LETH, AB, CANADA
76/82	STERLING, CHARLEEN	625	01:22:25.35	16:34	584/668	LEADER, SASK, CANADA
77/82	KOVACH, SUE	323	01:22:46.80	16:39	590/668	LETH, AB, CANADA
78/82	GONNELLY, DEANNA	215	01:23:13.95	16:44	594/668	LETH, AB, CANADA

Category Results

5 Miles/ 8 Km

30-34 - 82 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
79/82	SCULLEN, MELISSA	578	01:23:14.50	16:45	595/668	LETH, AB, CANADA
80/82	PERSSEN, VANESSA	495	01:28:37.80	17:50	630/668	COALDALE, AB, CANADA
81/82	MIX, MICHELLE	416	01:33:03.35	18:43	639/668	LETH, AB, CANADA
82/82	FOWLER, KELLY	190	01:33:15.65	18:45	640/668	LETH, AB, CANADA

35-39 - 66 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/66	WALKER, KELCEY	709	00:35:11.40	07:04	1/668	COALHURST, AB, CANADA
2/66	SIKKENS, HEIDI	595	00:36:59.20	07:26	5/668	TURIN, AB, CANADA
3/66	ASUCHAK, SANDRA	27	00:38:49.55	07:48	14/668	LETH, AB, CANADA
4/66	BARI, KELLY	41	00:39:13.40	07:53	17/668	LETH, AB, CANADA
5/66	GEMER, TARA	196	00:40:22.45	08:07	27/668	LETH, AB, CANADA
6/66	GREEN, DONNA	224	00:42:29.70	08:33	50/668	CLARESHOLM, AB, CANADA
7/66	VUCUREVICH, ALLISON	700	00:43:02.65	08:39	60/668	LETH, AB, CANADA
8/66	SAITO, MIKI	553	00:44:34.80	08:58	76/668	LETH, AB, CANADA
9/66	JUDD, JANE	362	00:44:43.85	09:00	78/668	CARDSTON, AB, CANADA
10/66	HAZELWOOD, VICKI	246	00:44:45.95	09:00	79/668	LETH, AB, CANADA
11/66	INFANTI, DEIRDRE	5	00:45:21.05	09:07	92/668	CARDSTON, AB, CANADA
12/66	MIKADO, LINDA	411	00:45:50.75	09:13	102/668	LETH, AB, CANADA
13/66	HAAPA-AHO, PAMELA	231	00:46:29.55	09:21	116/668	LETH, AB, CANADA
14/66	CLELAND, KIRSTEN	119	00:46:45.55	09:24	121/668	MAGRATH, AB, CANADA
15/66	NEUFELD, LISA	448	00:46:50.05	09:25	123/668	COALDALE, AB, CANADA
16/66	VAN DAM, TRACEY	679	00:47:20.15	09:31	130/668	REDCLIFF, AB, CANADA
17/66	SMITH, SANDRA	607	00:47:55.70	09:38	141/668	COALDALE, AB, CANADA
18/66	MULLER, STACI	437	00:48:49.85	09:49	152/668	CRANFORD, AB, Canada
19/66	MCNAMARA, CARMEN	398	00:48:57.60	09:51	154/668	LETH, AB, CANADA
20/66	FRENETTE, JODY	191	00:49:03.70	09:52	156/668	CRANBROOK, BC, CANADA
21/66	STEWART, KARRI	629	00:49:16.50	09:54	160/668	LETH, AB, CANADA
22/66	STROEVE, GISELE	642	00:49:47.70	10:01	173/668	PICTURE BUTTE, AB, CANADA
23/66	PIERSON, CHRISTI	137	00:50:28.30	10:09	184/668	COALHURST, AB, CANADA
24/66	DAVIES, CATHY	136	00:50:41.20	10:11	188/668	SPARWOOD, BC, CANADA
25/66	MARSHALL, ANNA	373	00:50:42.60	10:12	190/668	LETH, AB, CANADA
26/66	STIGTER, MICHELLE KAY	636	00:51:53.45	10:26	218/668	REDCLIFF, AB, CANADA
27/66	MEEKS, ERIN	399	00:51:58.25	10:27	221/668	KALISPELL, MONT, USA
28/66	SMITH, NICOLE	606	00:52:10.90	10:29	226/668	HILLSPRING, AB, CANADA
29/66	SMITH, DEBBIE	604	00:52:22.80	10:32	230/668	CHAMPION, AB, CANADA
30/66	BECTELL, ELIZABETH	52	00:52:23.35	10:32	231/668	CARDSTON, AB, CANADA
31/66	PIEKEMA, ALISON	501	00:52:24.30	10:32	232/668	LETH, AB, CANADA
32/66	HOLLINGSWORTH, ROBYN	264	00:52:39.70	10:35	236/668	LETH, AB, CANADA
33/66	MUSIL, DARCI	441	00:52:42.05	10:36	238/668	SPARWOOD, BC, CANADA
34/66	STAPLES, JENN	623	00:53:02.50	10:40	249/668	LETH, AB, CANADA
35/66	KOMERY, TANYA	320	00:53:14.95	10:42	251/668	TABER, AB, CANADA
36/66	MCFADZEN, MICHELLE	391	00:53:27.10	10:45	256/668	LETH, AB, CANADA
37/66	WICENTOVICH, LANA	729	00:53:52.95	10:50	263/668	LETH, AB, CANADA
38/66	WHITFIELD, MELISSA	727	00:55:17.50	11:07	290/668	EDMONTON, AB, CANADA
39/66	WARREN, MICHELLE	714	00:56:38.70	11:23	311/668	CHAMPION, AB, CANADA
40/66	AVERY, ALLISON	29	00:56:52.65	11:26	316/668	LETH, AB, CANADA
41/66	O'NEILL, VICKI	562	00:57:42.20	11:36	332/668	MAGRATH, AB, CANADA
42/66	ROSENRETER, GWEN	547	00:58:10.05	11:42	340/668	LETH, AB, CANADA
43/66	LOOMER, DEBBIE	351	00:59:08.00	11:53	357/668	LETH, AB, CANADA
44/66	VON HEYKING, SONYA	696	01:00:06.35	12:05	370/668	LETH, AB, CANADA
45/66	WALDNER, IDA	708	01:01:27.95	12:22	388/668	BOW ISLAND, AB, CANADA
46/66	NG, JEANNIE	449	01:02:10.05	12:30	395/668	LETH, AB, CANADA
47/66	LEFFINGWELL, CORI	345	01:02:34.25	12:35	401/668	BARNWELL, AB, CANADA
48/66	NICHOLSON, BRENNIA	450	01:02:39.85	12:36	406/668	LETH, AB, CANADA
49/66	BLOUDOFF, MARLA	63	01:04:04.90	12:53	426/668	LETH, AB, CANADA
50/66	WILKINSON, LYNDA	730	01:04:17.65	12:56	428/668	LETH, AB, CANADA
51/66	WESSELING, CAROLIEN	723	01:04:18.85	12:56	429/668	VAUXHALL, AB, CANADA
52/66	SCHWINDT, CASSANDRA	568	01:04:23.80	12:57	430/668	LETH, AB, CANADA
53/66	SMID, ANGIE	599	01:05:43.80	13:13	439/668	LETH, AB,
54/66	VANDER HOOFT, KELLY	687	01:06:01.50	13:17	440/668	LETH, AB, CANADA
55/66	CAMPMANS, MICHELLE	97	01:06:38.10	13:24	445/668	LETH, AB, CANADA
56/66	STERLING, SHERRI	627	01:09:04.95	13:54	462/668	LETH, AB, CANADA
57/66	HUMBER, LORI	280	01:11:57.90	14:28	495/668	LETH, AB, CANADA

Category Results

5 Miles/ 8 Km

35-39 - 66 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
58/66	STACEY, LEAH	618	01:12:14.55	14:32	501/668	LETH, AB, CANADA
59/66	MONAGHAN, JOAN	419	01:12:28.70	14:35	506/668	LETH, AB, CANADA
60/66	MOGGE, MARLENE	417	01:17:13.20	15:32	534/668	LETH, AB, CANADA
61/66	COAD, LISA	121	01:18:34.85	15:48	547/668	CARDSTON, AB, CANADA
62/66	PANSKY, VERONICA	480	01:20:26.10	16:11	567/668	PICTURE BUTTE, AB, Canada
63/66	BEEKMAN, LUMMIE	53	01:20:26.75	16:11	569/668	COALDALE, AB, CANADA
64/66	HUBER, LINDA	273	01:22:29.10	16:35	588/668	CARDSTON, AB, CANADA
65/66	MARTENS, NANCY	375	01:22:29.15	16:35	589/668	COALDALE, AB, CANADA
66/66	UNGER, LANA	675	01:38:23.35	19:47	648/668	COALDALE, AB, CANADA

40-44 - 59 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/59	METZLER, CATHY	405	00:39:05.35	07:51	15/668	LETH, AB, CANADA
2/59	PAQUIN, LUCIE	482	00:39:48.20	08:00	20/668	LETH, AB, CANADA
3/59	PAVELICH, CARMEN	489	00:39:48.25	08:00	21/668	CALGARY, AB, CANADA
4/59	ALDCORN, LESLIE	6	00:40:39.60	08:10	29/668	LETH, AB, CAN
5/59	JISKOOT, HESTER	295	00:40:52.10	08:13	32/668	LETH, AB, CANADA
6/59	FOGGIN, AUDRA	285	00:42:16.70	08:30	46/668	MAGRATH, AB, CANADA
7/59	GIN, SUSAN	210	00:43:10.50	08:41	62/668	LETH, AB, CANADA
8/59	WATERS-HUSS, LORELEI	715	00:44:06.90	08:52	70/668	LETH, AB, CANADA
9/59	SPRIDDLER, JENNIFER	616	00:44:35.50	08:58	77/668	LETH, AB, CANADA
10/59	MYNDIO, CHRISTINA	443	00:44:54.15	09:02	82/668	LETH, AB, CANADA
11/59	ROGERS, ANNE	542	00:44:58.85	09:03	85/668	MED. HAT, AB, CANADA
12/59	LEE, SUSAN	343	00:45:22.50	09:07	95/668	LETH, AB, CANADA
13/59	CHANG, EVA	107	00:45:46.85	09:12	101/668	LETH, AB, CANADA
14/59	MACKINNON, BOBBIE	356	00:45:50.80	09:13	103/668	LETH, AB, CANADA
15/59	LAMB, DEE	335	00:45:53.70	09:14	105/668	LETH, AB, CANADA
16/59	WOLOSCHUK, BRENDA	731	00:46:01.30	09:15	106/668	LETH, AB, CANADA
17/59	SWIDINSKY, PATTI	649	00:46:06.30	09:16	108/668	LETH, AB, CANADA
18/59	LANDRY, LISA	336	00:46:06.35	09:16	109/668	LETH, AB, CANADA
19/59	IUTZI, KIMBERLY	282	00:46:49.95	09:25	122/668	LETH, AB, CANADA
20/59	MATIS, SYLVIA	381	00:47:18.75	09:31	129/668	LETH, AB, CANADA
21/59	BILODEAU-GOESEELS, SYLVIE	61	00:47:29.65	09:33	133/668	LETH, AB, CANADA
22/59	DYCK, SHERRY	172	00:47:43.65	09:36	137/668	MED. HAT, AB, CANADA
23/59	VAN DAM, MANDY	678	00:47:56.00	09:38	142/668	REDCLIFF, AB, CANADA
24/59	NORN, BRENDA	455	00:48:47.95	09:49	151/668	LETH, AB, CANADA
25/59	ARMSTRONG, SHAUNA	22	00:49:22.30	09:55	161/668	LETH, AB, CANADA
26/59	WATSON, CATHERINE	716	00:49:29.00	09:57	165/668	MONARCH, AB, CANADA
27/59	STRUTHERS, ELLEN	646	00:49:41.60	09:59	168/668	CLARESHOLM, AB, CANADA
28/59	MILLER, SUSAN	414	00:49:44.80	10:00	171/668	LETH, AB, CANADA
29/59	BUSBY, CINDY	90	00:49:47.60	10:01	172/668	CLARESHOLM, AB, CANADA
30/59	TOMIYAMA, BELINDA	668	00:50:34.80	10:10	187/668	LETH, AB, CANADA
31/59	KNIGHT, KIMBERLEY	318	00:50:41.80	10:12	189/668	MED. HAT, AB, CANADA
32/59	MCCUNE, NANCY	388	00:50:56.80	10:15	194/668	LETH, AB, CANADA
33/59	TAMS, MARILYN	654	00:51:14.35	10:18	205/668	TABER, AB, CANADA
34/59	BANKS, CHERYL	39	00:51:33.05	10:22	210/668	MED. HAT, AB, CANADA
35/59	MARASCO, JEANNETTE	370	00:52:17.00	10:31	228/668	SPARWOOD, BC, CANADA
36/59	NASH, KARI	444	00:53:55.90	10:51	264/668	LETH, AB, CANADA
37/59	DRAIN, CATHY	162	00:53:58.10	10:51	265/668	LETH, AB, CANADA
38/59	TAJCNAR-KOSHUTA, JUDY	651	00:53:59.05	10:51	266/668	LETH, AB, CANADA
39/59	SCOTT, CAROLYN	571	00:54:02.30	10:52	267/668	LETH, AB, CANADA
40/59	RYDER, ANITA	552	00:56:23.55	11:20	309/668	LETH, AB, CANADA
41/59	MARTENS, CHRISTY	374	00:57:52.75	11:38	337/668	LETH, AB, CANADA
42/59	CAPUTO, KAAREEN	102	00:58:10.50	11:42	341/668	LETH, AB, CANADA
43/59	DISHER, MARLENE	155	00:58:16.10	11:43	342/668	LETH, AB, CANADA
44/59	ZECK, DEBORAH	744	00:59:56.75	12:03	368/668	LETH, AB, CANADA
45/59	GEORGE, SHOBHA	201	01:02:14.55	12:31	396/668	LETH, AB, CANADA
46/59	ROLL, ROSE	544	01:08:06.70	13:42	456/668	HAYS, AB, CANADA
47/59	RANKIN, LAREE	523	01:12:21.40	14:33	503/668	LETH, AB, CANADA
48/59	FLEMING, PAULA	188	01:12:22.65	14:33	504/668	LETH, AB, CANADA
49/59	WOOD, PAM	732	01:14:11.25	14:55	517/668	RAYMOND, AB, CANADA
50/59	WEVER, TIA	725	01:14:57.55	15:05	521/668	LETH, AB, CANADA
51/59	NELSON, MELANI	447	01:15:09.60	15:07	524/668	CRANFORD, AB, CANADA
52/59	BODELL, KIM	65	01:18:30.25	15:47	545/668	LETH, AB, CANADA

Category Results

5 Miles/ 8 Km

40-44 - 59 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
53/59	ARNELL, TAINA	23	01:19:00.10	15:53	550/668	LETH, AB, CANADA
54/59	WORKMAN, JUDY	736	01:22:11.25	16:32	580/668	HILLSPRING, AB, CANADA
55/59	COPE, KATE	127	01:24:27.65	16:59	600/668	LETH, AB, CANADA
56/59	DICKSON, LOUISE	151	01:27:28.60	17:36	618/668	LETH, AB, CANADA
57/59	MARTIN-WEERSINK, CATHIE	377	01:27:57.05	17:41	625/668	LETH, AB, CANADA
58/59	MEYER, ANITA	407	01:27:58.60	17:42	626/668	LETH, AB, CANADA
59/59	DONKERSGOED, SHANNON	159	01:45:02.30	21:08	656/668	COALDALE, AB, CANADA

45-49 - 48 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/48	KOENIG, KAREN	319	00:38:43.85	07:47	11/668	LETH, AB, CANADA
2/48	MAINZER, PAT	361	00:41:45.30	08:24	39/668	LETH, AB, CANADA
3/48	BECK, KIM	51	00:42:59.50	08:39	59/668	BOW ISLAND, AB, CANADA
4/48	DAHL, SHARON	134	00:43:07.25	08:40	61/668	MAGRATH, AB, CANADA
5/48	BIG BULL, BERNICE	59	00:45:43.15	09:11	100/668	FT. MACLEOD, AB, CANADA
6/48	CLAASSEN, MARJOLEIN	117	00:47:12.10	09:29	127/668	VAUXHALL, AB, CANADA
7/48	BYNESHEWSKY, DARLENE	95	00:47:48.25	09:37	138/668	LETH, AB, CANADA
8/48	VELDMAN, CHRISTY-ANN	689	00:48:55.85	09:50	153/668	LETH, AB, CANADA
9/48	MOTOKADO, JEANNINE	432	00:49:43.30	10:00	170/668	RAINIER, AB, CANADA
10/48	DOUCETTE, BONNIE	160	00:49:52.05	10:02	174/668	MED. HAT, AB, CANADA
11/48	SCHMOLD, TEDI	564	00:50:22.60	10:08	182/668	COALDALE, AB, CANADA
12/48	MACDERMID, HEATHER	354	00:50:31.50	10:10	186/668	LETH, AB, CANADA
13/48	THOMAS, SHELLY	660	00:50:58.45	10:15	195/668	WARNER, AB, CANADA
14/48	STANG, CAROLYN	622	00:51:12.30	10:18	204/668	LETH, AB, CANADA
15/48	NORRIS, BRENDA	456	00:51:49.95	10:25	215/668	TABER, AB, CANADA
16/48	RUPP, ANN	550	00:52:08.85	10:29	225/668	CHAMPION, AB, CANADA
17/48	FAULKNER, NAOMI	182	00:52:56.30	10:39	244/668	FT. MACLEOD, AB, CANADA
18/48	WEISS, KIMBERLY	722	00:53:09.05	10:41	250/668	MED. HAT, AB, CANADA
19/48	PINSENT, SHERRY	508	00:54:30.35	10:57	275/668	SPARWOOD, B.C., CANADA
20/48	BENSON, NOLA	54	00:55:12.75	11:06	288/668	LETH, AB, CANADA
21/48	PASTINK, DIANNE	486	00:55:18.75	11:07	291/668	TABER, AB, CANADA
22/48	WEISBACH, CARINA	720	00:55:37.55	11:11	293/668	LETH, AB, CANADA
23/48	PASOLLI, LORNA	483	00:55:47.55	11:13	297/668	CHAMPION, AB, CANADA
24/48	ZHU, JING	745	00:55:59.40	11:15	300/668	LETH, AB, CANADA
25/48	JAKOBSEN, SHARON	287	00:56:10.50	11:18	303/668	TILLEY, AB, CANADA
26/48	ACHESON, SHELLEY	1	00:57:40.65	11:36	330/668	MED. HAT, AB, CANADA
27/48	COURT, DEBI	130	00:57:56.00	11:39	338/668	RAYMOND, AB, CANADA
28/48	ELLIS, BONNIE	176	00:58:47.75	11:49	349/668	VULCAN, AB, CANADA
29/48	MCLEAN, WANDA	397	00:58:52.85	11:50	352/668	LETH, AB, CANADA
30/48	SELBY, ANITA	582	00:59:21.95	11:56	361/668	LETH, AB, CANADA
31/48	DAY, CAROL	141	01:01:53.20	12:27	391/668	TABER, AB, CANADA
32/48	KING, DAWN	310	01:03:11.45	12:42	414/668	LETH, AB, CANADA
33/48	BORG, BRENDA	74	01:04:10.05	12:54	427/668	LETH, AB, CANADA
34/48	STIEKEMA, WILLY	632	01:05:09.15	13:06	434/668	VAUXHALL, AB, CANADA
35/48	KIRK, LORRAINE	312	01:07:25.55	13:34	448/668	VULCAN, AB, CANADA
36/48	YAROSLAWSKY, DARLENE	741	01:08:06.85	13:42	457/668	HAYS, AB, CANADA
37/48	FRANCIS, JILL	156	01:11:37.35	14:24	491/668	CALGARY, AB, CANADA
38/48	TURNER, APRIL	673	01:14:05.20	14:54	513/668	LETH, AB, CANADA
39/48	SPENGLER, KAREN	615	01:14:09.80	14:55	515/668	LETH, AB, CANADA
40/48	HUNT, MICHELE	281	01:14:56.90	15:04	520/668	LETH, AB, CANADA
41/48	ROCKERBIE, PAMELA	540	01:17:08.40	15:31	530/668	LETH, AB, CANADA
42/48	REID, JOHANNE	222	01:17:11.35	15:31	532/668	LETH, AB, CANADA
43/48	MACMILLAN, BRENDA	359	01:22:17.70	16:33	582/668	COALHURST, AB, CANADA
44/48	THOMPSON, SHELLEY	662	01:29:24.85	17:59	632/668	LETH, AB, CANADA
45/48	BAGU, AMBER	31	01:36:22.45	19:23	641/668	LETH, AB, CANADA
46/48	ADAMSON, LORI	4	01:38:23.20	19:47	645/668	LETH, AB, CANADA
47/48	SCHARF, SACHI	140	01:46:26.75	21:25	661/668	LETH, AB, CANADA
48/48	KARL, DIANE	139	01:46:30.50	21:25	662/668	LETH, AB, CANADA

50-54 - 56 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/56	GLENGRAHAM, LAURIE	212	00:39:57.00	08:02	23/668	RAINIER, AB, CANADA
2/56	SCOTT, JANE	573	00:42:31.25	08:33	52/668	LETH, AB, CANADA
3/56	MASSE, BRENDA	378	00:42:35.45	08:34	53/668	LETH, AB, CANADA

Category Results

5 Miles/ 8 Km

50-54 - 56 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
4/56	TAKEDA, JUNE	652	00:44:08.20	08:52	71/668	LETH, AB, CANADA
5/56	MACDONALD, MARI	355	00:45:23.85	09:08	97/668	LETH, AB, CANADA
6/56	CARRIERE, DAWN	103	00:47:34.45	09:34	135/668	MED. HAT, AB, CANADA
7/56	COOKE, DEBORAH	126	00:50:56.60	10:15	193/668	MED. HAT, AB, CANADA
8/56	CHRISTENSEN, SHERRY	115	00:51:55.95	10:26	219/668	COALHURST, AB, CANADA
9/56	HUDSON, MARCIA	277	00:51:59.35	10:27	222/668	CRESTON, BC, CANADA
10/56	POHL, JOANNE	511	00:52:35.45	10:34	234/668	LETH, AB, CANADA
11/56	PHILIPSEN, ANNE MARIE	499	00:52:50.00	10:37	241/668	PATRICIA, AB, CANADA
12/56	MORRIS, NANCY	431	00:52:54.30	10:38	243/668	LETH, AB, CANADA
13/56	MCKENZIE, DIANE	394	00:56:30.65	11:22	310/668	WARNER, AB, CANADA
14/56	DUNPHY, MELINDA	169	00:57:32.60	11:34	328/668	VAUXHALL, AB, CANADA
15/56	AUSTIN, MIRIAM	28	00:57:46.25	11:37	333/668	LETH, AB, CANADA
16/56	VIROSTEK, GERI	693	00:58:20.90	11:44	343/668	ENCHANT, AB, CANADA
17/56	TRAVIS, KAREN	672	00:58:44.50	11:49	348/668	LETH, AB, CANADA
18/56	JACKSON, VALERIE	284	00:59:02.10	11:52	354/668	LETH, AB, CANADA
19/56	CAUGHELL, DEBRA	104	00:59:17.50	11:55	359/668	LETH, AB, CANADA
20/56	NORGARD, BARB	454	00:59:17.90	11:55	360/668	FT. MACLEOD, AB, CANADA
21/56	MCCALLUM-CAMPBELL, JANICE	386	00:59:52.10	12:02	365/668	VULCAN, AB, CANADA
22/56	ACKERMAN, DEBRA	2	01:00:09.25	12:06	372/668	LETH, AB, CANADA
23/56	HEINE, JANE	250	01:00:40.70	12:12	379/668	FT. MACLEOD, AB, CANADA
24/56	PONOMAR, WENDY	515	01:01:49.85	12:26	390/668	LETH, AB, CANADA
25/56	SHELLENBERG, TERRI	558	01:01:57.80	12:28	392/668	LETH, AB, CANADA
26/56	KORAN, CAROL	322	01:03:11.85	12:42	415/668	LETH, AB, CANADA
27/56	ST.AMAND, RHONDA	617	01:03:58.50	12:52	421/668	LETH, AB, CANADA
28/56	OVINGE, PEARL	702	01:03:58.65	12:52	422/668	SCANDIA, AB, CANADA
29/56	HARKER, KAREN	237	01:03:59.80	12:52	423/668	LETH, AB, CANADA
30/56	KUNDRIK, MARY	332	01:04:00.60	12:52	425/668	LETH, AB, CANADA
31/56	CHABOT, DENISE	106	01:04:45.65	13:01	433/668	SCANDIA, AB, CANADA
32/56	GROSS, CONNIE	226	01:05:24.70	13:09	436/668	TABER, AB, CANADA
33/56	MYCK, SHARON	442	01:05:39.10	13:12	438/668	LETH, AB, CANADA
34/56	BROWN, JANICE	81	01:06:31.45	13:23	444/668	LETH, AB, CANADA
35/56	DUMONT, PAULETTE	167	01:08:22.40	13:45	460/668	LETH, AB, CANADA
36/56	SCHMIDT, LOIS	563	01:10:40.45	14:13	469/668	PATRICIA, AB, CANADA
37/56	BERKHOFF, LEAH	55	01:11:27.65	14:22	485/668	LETH, AB, CANADA
38/56	PENICH, CINDY	492	01:12:57.05	14:40	508/668	CLARESHOLM, AB, CANADA
39/56	SMITH, DEB	603	01:13:14.45	14:44	510/668	BURDETT, AB, CANADA
40/56	GAEBEL, CAROLYN	195	01:15:02.65	15:06	523/668	LETH, AB, CANADA
41/56	POYTRESS, LORRAINE	516	01:15:46.85	15:14	525/668	FT. MACLEOD, AB, CANADA
42/56	LOITZ, DARLENE	350	01:17:11.40	15:31	533/668	LETH, AB, CANADA
43/56	TYLER, DARLA	674	01:17:25.95	15:34	537/668	COALDALE, AB, CANADA
44/56	HEIBA, MARINA	249	01:17:55.90	15:40	541/668	LETH, AB, CANADA
45/56	VIROSTEK, DEBORAH	692	01:20:10.75	16:08	566/668	ENCHANT, AB, CANADA
46/56	MANNING, BRENDA	367	01:22:17.65	16:33	581/668	LETH, AB, CANADA
47/56	HIRSCHE, HELEN	262	01:22:25.35	16:34	583/668	WRENTHAM, AB, CANADA
48/56	BOBINEC, JOANNE	64	01:22:25.60	16:35	585/668	WRENTHAM, AB, CANADA
49/56	BELL, BRENDA	669	01:22:47.65	16:39	591/668	LETH, AB, CANADA
50/56	KNAPEK, GAIL	315	01:25:19.55	17:10	605/668	FT. MACLEOD, AB, CANADA
51/56	STRAIN, CINDY	640	01:29:25.10	17:59	633/668	LETH, AB, CANADA
52/56	PAHULJE, BERNADETTE	477	01:37:40.95	19:39	643/668	LETH, AB, CANADA
53/56	STRIBBELL, JO	641	01:41:19.00	20:23	652/668	LETH, AB, CANADA
54/56	MILLER, LIZ	412	01:45:11.95	21:10	657/668	LETH, AB, CANADA
55/56	GILLETT, SHARON	208	01:45:12.55	21:10	658/668	LETH, AB, CANADA
56/56	RAICHE, BARBARA	529	01:46:31.85	21:26	663/668	LETH, AB, CANADA

55-59 - 38 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/38	OLFERT, DOREEN	468	00:42:51.60	08:37	58/668	HAYS, AB, CANADA
2/38	RIES, DENISE	535	00:44:24.20	08:56	74/668	MED. HAT, AB, CANADA
3/38	NORRISH, VALERIE	460	00:45:25.60	09:08	98/668	MED. HAT, AB, CANADA
4/38	CLELAND, CYNTHIA	118	00:46:45.55	09:24	120/668	BOW ISLAND, AB, CANADA
5/38	MEGAW, CAROL	400	00:48:00.75	09:39	144/668	LETH, AB, CANADA
6/38	FURUKAWA, VERA	194	00:50:42.90	10:12	191/668	LETH, AB, CANADA
7/38	MCLAUGHLIN, PEGGY	395	00:51:17.35	10:19	207/668	LETH, AB, CANADA
8/38	BAILEY, GLENDA	33	00:52:00.75	10:27	223/668	MED. HAT, AB, CANADA

Category Results

5 Miles/ 8 Km

55-59 - 38 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
9/38	SHAW, LYNN	588	00:52:02.65	10:28	224/668	LETH, AB, CANADA
10/38	LEBLANC, LAURA	341	00:52:57.70	10:39	245/668	LETH, AB, CANADA
11/38	BAREHAM-WRIGHT, VALERIE	40	00:53:00.65	10:40	247/668	LETH, AB, CANADA
12/38	THOMAS, KAREN	658	00:53:29.45	10:45	258/668	LETH, AB, CANADA
13/38	MORGAN, DONNA	422	00:54:08.25	10:53	270/668	MED. HAT, AB, CANADA
14/38	BIGGINS, MARIAN	60	00:54:16.10	10:55	271/668	LETH, AB, CANADA
15/38	PAHULJE, MAJDA	478	00:55:13.10	11:06	289/668	LETH, AB, CANADA
16/38	CUTHBERTSON, JULIE	133	00:59:25.45	11:57	362/668	LETH, AB, CANADA
17/38	PERRY, SHIRLEY	494	01:00:07.95	12:05	371/668	SCANDIA, AB, CANADA
18/38	HOOPER, DARLENE	267	01:00:56.25	12:15	385/668	LETH, AB, CANADA
19/38	DUECK, RUTH	165	01:03:01.00	12:40	413/668	COALDALE, AB, CANADA
20/38	MILLER, VICKY	415	01:04:00.25	12:52	424/668	LETH, AB, CANADA
21/38	THRESHER, ANN	665	01:07:49.50	13:38	454/668	BLAIRMORE, AB, CANADA
22/38	VOSSEBELT, ANN	698	01:10:22.05	14:09	467/668	COALDALE, AB, CANADA
23/38	HILL, YVONNE	259	01:10:43.80	14:13	472/668	LETH, AB, CANADA
24/38	YOUNG, PAT	742	01:10:48.20	14:14	474/668	LETH, AB, CANADA
25/38	HAMMERSTEDT, JUDY	232	01:11:27.50	14:22	484/668	LETH, AB, CANADA
26/38	HUFFMAN, SUE	278	01:13:08.65	14:43	509/668	LETH, AB, CANADA
27/38	SPEARMAN, TERESA	613	01:17:54.90	15:40	540/668	LETH, AB, CANADA
28/38	JACOBS, MICHELLE	286	01:18:25.50	15:46	543/668	LETH, AB, CANADA
29/38	SORRELL, WENDY	612	01:18:46.10	15:50	549/668	LETH, AB, CANADA
30/38	JONES, CAROL	300	01:19:44.95	16:02	553/668	VAUXHALL, AB, CANADA
31/38	LOCKE, DARLENE	349	01:19:45.20	16:02	554/668	VAUXHALL, AB, CANADA
32/38	GONNET, LINDA	216	01:24:31.00	17:00	601/668	FT. MACLEOD, AB, CANADA
33/38	LEINWEBER, DEB	346	01:27:28.50	17:36	617/668	LETH, AB, CANADA
34/38	PIERSON, KAREN	502	01:27:56.55	17:41	623/668	LETH, AB, CANADA
35/38	DONALDSON, LAURIE	602	01:27:57.00	17:41	624/668	LETH, AB, CANADA
36/38	HOWARD, ROSEMARY	270	01:32:10.95	18:32	637/668	LETH, AB, CANADA
37/38	BORAS, DOROTHY	73	01:37:41.20	19:39	644/668	PINCHER CREEK, AB, CANADA
38/38	SMITH, DIANE	605	01:44:06.15	20:56	654/668	HILLSPRING, AB, CANADA

60-64 - 12 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/12	ROBERTS, GABRIELE	537	00:40:22.50	08:07	28/668	LETH, AB, CANADA
2/12	HORII, HILDA	268	00:45:53.65	09:14	104/668	LETH, AB, CANADA
3/12	BYDEVAATE, JANE	123	00:51:08.05	10:17	200/668	TABER, AB, CANADA
4/12	SOMERVILLE, PAMELA	610	00:57:26.20	11:33	326/668	BLAIRMORE, AB, CANADA
5/12	VAN DYK, JANNIE	681	00:58:37.20	11:47	346/668	LETH, AB, CANADA
6/12	SANTONI, PAT	556	01:00:26.80	12:09	375/668	LETH, AB, CANADA
7/12	REMIJN, WIL	532	01:05:09.25	13:06	435/668	CRANFORD, AB, CANADA
8/12	STERLING, CHERYL	626	01:09:03.95	13:53	461/668	LETH, AB, CANADA
9/12	SMITH, COLLEEN	601	01:11:05.50	14:18	478/668	GLENWOOD, AB, Canada
10/12	SMART, YOLANDE	598	01:14:59.90	15:05	522/668	LETH, AB, CANADA
11/12	WEILER, CHERYL	717	01:32:11.65	18:33	638/668	LETH, AB, CANADA
12/12	CHAPLIN, CONNIE	108	01:38:23.30	19:47	647/668	LETH, AB, CANADA

65-69 - 5 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/5	DOWEY, GERRY	161	01:10:48.30	14:14	475/668	LETH, AB, CANADA
2/5	ARMSTRONG, JEAN	20	01:12:25.80	14:34	505/668	LETH, AB, CANADA
3/5	TIPPER, DOROTHY	666	01:13:22.60	14:45	512/668	LETH, AB, CANADA
4/5	THOMAS, LOUISE	659	01:38:23.30	19:47	646/668	LETH, AB, CANADA
5/5	BAILES, MARILYN	32	01:40:12.05	20:09	650/668	LETH, AB, CANADA

70+ - 7 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/7	ARMSTRONG, MARILYN	21	00:59:03.10	11:52	355/668	TWIN BUTTE, AB, CANADA
2/7	WHITE, MARY MADELINE	726	01:02:42.15	12:36	409/668	CALGARY, AB, CANADA
3/7	POELT, CAROL	510	01:04:33.60	12:59	431/668	COLEMAN, AB, CANADA
4/7	STALLARD, MOLLY	620	01:13:21.85	14:45	511/668	LETH, AB, CANADA
5/7	DYER, CATHERINE	173	01:18:24.10	15:46	542/668	LETH, AB, CANADA
6/7	ADACHI, ELIZABETH	3	01:40:08.40	20:08	649/668	LETH, AB, CANADA
7/7	GOGO, JOYCE	214	01:45:13.65	21:10	659/668	LETH, AB, CANADA