

Alpha Overall Results

5K Run - 3.1 Miles

170 Finishers

O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
83/170	ADDISON, LINDA	2001	00:33:07.00	06:37	5K40-49F	12/23	F	47/107	00:32:34.15
120/170	ALBIEZ, RACHEL	2002	00:38:10.15	07:38	5K20-29F	14/22	F	75/107	00:37:52.05
152/170	AMUNDRUD, NICOLE	2003	00:49:35.65	09:55	5K20-29F	21/22	F	94/107	00:49:15.15
163/170	ANDREWS, CHRIS	2005	00:53:24.05	10:40	5K12-15M	3/3	M	61/63	00:53:08.30
162/170	ANDREWS, NICOLE	2006	00:53:23.80	10:40	5K40-49F	23/23	F	102/107	00:53:07.15
107/170	ANWENDER, LACEY	2007	00:35:42.95	07:08	5K16-19F	3/4	F	64/107	00:35:42.95
103/170	AOKUSO, MOILA	2008	00:35:05.65	07:01	5K20-29M	5/10	M	42/63	00:34:37.20
27/170	AYE, THU	2157	00:26:30.55	05:18	5K30-39M	4/14	M	16/63	00:26:06.70
78/170	BAKER, BRETT	2010	00:32:58.05	06:35	5K11&UM	8/12	M	35/63	00:32:45.65
77/170	BAKER, LUCY	2011	00:32:58.05	06:35	5K11&UF	6/10	F	43/107	00:32:45.45
17/170	BAKER, SARAH	2012	00:24:50.05	04:58	5K30-39F	3/32	F	6/107	00:24:47.35
79/170	BAKER, STEVEN	2013	00:32:58.10	06:35	5K30-39M	10/14	M	36/63	00:32:58.10
89/170	BARR, CHELSEA	2014	00:33:38.95	06:43	5K20-29F	8/22	F	50/107	00:33:30.40
53/170	BASIL, DEBRA	2015	00:29:54.75	05:58	5K40-49F	9/23	F	27/107	00:29:08.00
45/170	BASIL, MICHAEL	2016	00:29:23.35	05:52	5K50-59M	3/8	M	24/63	00:28:36.85
164/170	BENNETT, JANNA	2017	00:53:59.60	10:47	5K30-39F	31/32	F	103/107	00:53:32.00
40/170	BERRINGER, DANIELLE	2018	00:29:09.25	05:49	5K20-29F	3/22	F	18/107	00:28:47.65
145/170	BIRCH, TYLER	2173	00:44:27.75	08:53	5KATHLETE	2/2	M	55/63	00:44:23.30
60/170	BIRRELL, DARREN	2019	00:31:42.10	06:20	5K30-39M	9/14	M	29/63	00:31:26.80
61/170	BIRRELL, HANNAH	2020	00:31:42.55	06:20	5K11&UF	4/10	F	32/107	00:31:27.95
156/170	BIRRELL, JENNIFER	2021	00:49:57.80	09:59	5K30-39F	29/32	F	97/107	00:49:39.90
155/170	BIRRELL, ZACHARY	2022	00:49:57.25	09:59	5K11&UM	11/12	M	59/63	00:49:38.80
68/170	BITTMAN, BROOKLYN	2023	00:32:05.60	06:25	5K12-15F	1/4	F	36/107	00:32:00.60
25/170	BITTMAN, RYDER	2024	00:26:28.80	05:17	5K11&UM	3/12	M	15/63	00:26:26.00
101/170	BITTMAN, SHERRILYN	2025	00:34:47.10	06:57	5K30-39F	19/32	F	60/107	00:34:40.85
150/170	BORBANDY, LEON	2027	00:47:22.15	09:28	5K30-39M	14/14	M	58/63	00:46:58.35
115/170	BOWES, JEN	2197	00:37:42.60	07:32	5K30-39F	23/32	F	70/107	00:37:08.40
62/170	BOYSON, PAM	2028	00:31:50.50	06:22	5K50-59F	2/8	F	33/107	00:31:20.35
132/170	BROWN, LAURELLE	2029	00:40:33.20	08:06	5K20-29F	18/22	F	83/107	00:39:54.10
121/170	BULL, ANGELENE	2030	00:38:10.80	07:38	5K20-29M	6/10	M	46/63	00:37:53.05
5/170	CAMERON, JAMES	2193	00:21:05.95	04:13	5K50-59M	1/8	M	5/63	00:21:02.05
140/170	CAMPBELL, MELISSA	2031	00:43:43.25	08:44	5K20-29F	20/22	F	88/107	00:43:31.20
141/170	CAMPBELL, TANNER	2032	00:43:43.85	08:44	5K20-29M	10/10	M	53/63	00:43:32.20
21/170	CONSTABLE, DEBORAH	1015	00:25:27.95	05:05	5K40-49F	3/23	F	8/107	00:25:18.70
6/170	DALZIEL, ANNEE	2196	00:21:50.45	04:22	5K16-19F	1/4	F	1/107	00:21:36.05
36/170	DAVIS, ELIZABETH	2034	00:28:11.15	05:38	5K11&UF	2/10	F	15/107	00:28:01.00
35/170	DAVIS, KIM	2181	00:28:10.30	05:38	5K30-39F	4/32	F	14/107	00:28:00.85
147/170	DAVIS, PARKER	2035	00:46:55.50	09:23	5K11&UM	10/12	M	56/63	00:46:42.15
149/170	DAVIS, PAUL	2198	00:47:20.10	09:28	5K30-39M	13/14	M	57/63	00:47:20.10
104/170	DAVIS, SHERRY	2036	00:35:10.20	07:02	5K40-49F	14/23	F	62/107	00:35:00.45
69/170	DEBOLT, ALISON	2037	00:32:06.85	06:25	5K30-39F	13/32	F	37/107	00:31:46.35
22/170	DEGROOT, DEVON	2038	00:26:03.30	05:12	5K16-19M	2/2	M	14/63	00:25:39.85
128/170	DELAIRE, JEAN	2040	00:39:57.50	07:59	5K50-59M	7/8	M	48/63	00:39:53.15
99/170	DOBIRSTEIN, JASON	2189	00:34:43.55	06:56	5K40-49M	8/9	M	41/63	00:34:10.90
113/170	DOELER, DANIELLE	2042	00:37:24.50	07:28	5K20-29F	11/22	F	68/107	00:37:14.55
63/170	DURINA, SHERI	2045	00:31:57.70	06:23	5K30-39F	12/32	F	34/107	00:31:31.60
170/170	EASTER, KARLY	2046	02:07:48.65	25:33	5K20-29F	22/22	F	107/107	02:07:19.35
117/170	ELDER, MONICA	2047	00:37:52.25	07:34	5K60+F	3/4	F	72/107	00:37:45.05
119/170	FAUST, TAWNYA	2049	00:38:06.95	07:37	5K20-29F	13/22	F	74/107	00:37:36.80
72/170	FOSTER, ERIC	2051	00:32:40.70	06:32	5K20-29M	3/10	M	33/63	00:32:21.25
13/170	GALLAIS, JODIE	2052	00:23:46.90	04:45	5K30-39F	1/32	F	3/107	00:23:45.65
118/170	GILLET, QUINN	2053	00:38:04.80	07:36	5K20-29F	12/22	F	73/107	00:37:35.95
126/170	GROUETTE, AMANDA	2054	00:39:32.30	07:54	5K20-29F	16/22	F	80/107	00:38:59.25
64/170	HAAYEMA, BRIAN	2055	00:31:59.80	06:23	5K40-49M	6/9	M	30/63	00:31:38.05
105/170	HAGEL, MICHAEL	2056	00:35:32.75	07:06	5K40-49M	9/9	M	43/63	00:35:03.65
86/170	HAGEN, ALTON	2057	00:33:28.10	06:41	5K30-39M	11/14	M	38/63	00:33:12.15
136/170	HAGEN, DEBRA	2058	00:41:19.45	08:15	5K50-59F	5/8	F	85/107	00:40:45.25
23/170	HAGEN, KARA	2059	00:26:11.70	05:14	5K20-29F	1/22	F	9/107	00:26:05.75
24/170	HAGLUND, JACINTA	2158	00:26:20.40	05:16	5K40-49F	4/23	F	10/107	00:26:16.75
43/170	HAGLUND, KRISTEN	2159	00:29:20.80	05:52	5K20-29F	4/22	F	20/107	00:29:17.40
52/170	HARASEM, LORI	2160	00:29:47.40	05:57	5K40-49F	8/23	F	26/107	00:29:40.75
1/170	HARASEM-MITCHELL, SETH	2161	00:19:47.40	03:57	5K12-15M	1/3	M	1/63	00:19:46.45
29/170	HATT, KEANE	2060	00:26:41.15	05:20	5K30-39M	6/14	M	18/63	00:26:09.45
7/170	HIGA, ROD	2061	00:21:52.20	04:22	5K40-49M	1/9	M	6/63	00:21:51.05
50/170	HIGGINS, NOAH	2194	00:29:40.95	05:56	5K11&UM	5/12	M	26/63	00:29:20.05
165/170	HILL, JOCELYN	2162	00:53:59.60	10:47	5K30-39F	32/32	F	104/107	00:53:32.70

2014 Lethbridge Police Half, 10K, 5K

Alpha Overall Results

5K Run - 3.1 Miles

170 Finishers

O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
109/170	HOUWELING, ROXANNE	2063	00:36:02.55	07:12	5K30-39F	21/32	F	65/107	00:35:40.20
82/170	JANZEN, SHEILA	2064	00:33:03.40	06:36	5K40-49F	11/23	F	46/107	00:32:47.80
34/170	JERVIS, NEIL	2065	00:28:09.30	05:37	5K50-59M	2/8	M	21/63	00:27:51.00
159/170	JORGENSEN, SHERRY	2067	00:50:04.30	10:00	5K40-49F	22/23	F	100/107	00:49:27.70
3/170	JOSEPHS, NATHAN	2195	00:20:06.25	04:01	5K20-29M	2/10	M	3/63	00:20:04.20
124/170	KAMALEDDINE, LIANNA	2068	00:39:23.35	07:52	5K30-39F	24/32	F	78/107	00:39:18.05
125/170	KAMALEDDINE, RACHEL	2069	00:39:23.40	07:52	5K11&UF	8/10	F	79/107	00:39:17.80
116/170	KENWARD, BRENDA	2070	00:37:52.05	07:34	5K40-49F	16/23	F	71/107	00:37:45.25
74/170	KIM, JEFF	2184	00:32:52.50	06:34	5K12-15M	2/3	M	34/63	00:32:44.80
75/170	KIM, KATE	2183	00:32:52.80	06:34	5K12-15F	2/4	F	41/107	00:32:44.65
46/170	KIRKMAN, LAUREN	2190	00:29:39.45	05:55	5K30-39F	7/32	F	22/107	00:29:28.10
97/170	KISINGER, AMBER	2071	00:34:43.10	06:56	5K30-39F	18/32	F	58/107	00:34:13.50
98/170	KISINGER, SHANE	2072	00:34:43.25	06:56	5K40-49M	7/9	M	40/63	00:34:13.15
90/170	KLASSEN, CRISTAL	2073	00:33:55.55	06:47	5K30-39F	16/32	F	51/107	00:33:23.30
151/170	KRAFT, SHEILA	2074	00:47:27.10	09:29	5K50-59F	7/8	F	93/107	00:47:06.90
169/170	KRAFT, TONY	2075	01:15:39.15	15:07	5K60+M	3/3	M	63/63	01:15:18.10
81/170	KRAMPL, WENDY	2076	00:33:00.65	06:36	5K40-49F	10/23	F	45/107	00:32:45.65
88/170	KWONG, ANDREW	2077	00:33:38.95	06:43	5K20-29M	4/10	M	39/63	00:33:29.85
161/170	LEGAL, BOSCO	2078	00:50:34.40	10:06	5K11&UM	12/12	M	60/63	00:50:10.15
154/170	LEGAL, JOCELYN	2079	00:49:50.50	09:58	5K11&UF	9/10	F	96/107	00:49:26.20
160/170	LEGAL, MELANIE	2080	00:50:34.35	10:06	5K30-39F	30/32	F	101/107	00:50:09.30
73/170	LEWIS, BRITTANY	2081	00:32:43.45	06:32	5K20-29F	6/22	F	40/107	00:32:23.60
76/170	LOBB, SHELBY	2182	00:32:54.35	06:34	5K12-15F	3/4	F	42/107	00:32:47.00
133/170	MACIVOR, DOUG	2082	00:40:34.75	08:06	5K20-29M	8/10	M	50/63	00:40:03.50
38/170	MACKAY, COLLEEN	2083	00:28:12.60	05:38	5K40-49F	5/23	F	17/107	00:28:09.75
87/170	MACLEOD, VAL	2084	00:33:30.70	06:42	5K60+F	1/4	F	49/107	00:33:14.55
95/170	MAUTHE, LAUREN	2085	00:34:32.85	06:54	5K20-29F	9/22	F	56/107	00:33:59.30
100/170	MAUTHE-KODDOURA, AMANDA	2086	00:34:46.50	06:57	5K20-29F	10/22	F	59/107	00:34:13.90
108/170	MCCULLOCH, ALEX	2175	00:35:43.95	07:08	5KATHLETE	1/2	M	44/63	00:35:40.65
28/170	MCINTYRE, DAN	2087	00:26:34.25	05:18	5K30-39M	5/14	M	17/63	00:25:56.75
26/170	MCKENZIE, BRITNI	2088	00:26:30.30	05:18	5K16-19F	2/4	F	11/107	00:26:13.05
142/170	MCNAUGHTON, LOIS	2089	00:44:15.75	08:51	5K50-59F	6/8	F	89/107	00:44:10.20
51/170	MEARNS, BRIDGET	2090	00:29:43.60	05:56	5K40-49F	7/23	F	25/107	00:29:35.75
137/170	MOGGE, MARLENE	2091	00:42:25.50	08:29	5K40-49F	18/23	F	86/107	00:42:03.55
4/170	MORRISON, ZAKK	2092	00:20:55.00	04:11	5K30-39M	1/14	M	4/63	00:20:54.50
32/170	MULDER, BROOKE	2178	00:27:27.80	05:29	5K20-29F	2/22	F	13/107	00:26:52.80
42/170	NILSSON, ANGIE	2186	00:29:20.60	05:52	5K30-39F	6/32	F	19/107	00:29:07.35
33/170	NILSSON, JAMES	2187	00:27:45.00	05:33	5K30-39M	8/14	M	20/63	00:27:30.65
57/170	OHLMANN, NIKKI	2093	00:31:10.05	06:14	5K20-29F	5/22	F	29/107	00:30:59.00
106/170	OISHI, SHEILA	2094	00:35:42.20	07:08	5K40-49F	15/23	F	63/107	00:35:26.55
15/170	OLSEN, ERIN	2095	00:24:32.55	04:54	5K40-49F	1/23	F	5/107	00:24:31.05
84/170	ONTKEAN, GERALD	2097	00:33:21.80	06:40	5K50-59M	5/8	M	37/63	00:33:14.60
111/170	ORR, KIM	2098	00:36:37.60	07:19	5K30-39F	22/32	F	66/107	00:36:18.95
112/170	ORR, SAMANTHA	2099	00:36:37.80	07:19	5K12-15F	4/4	F	67/107	00:36:18.75
94/170	PETERSEN, BETH	2100	00:34:27.85	06:53	5K60+F	2/4	F	55/107	00:34:20.25
47/170	PIERZCHALA, KIM	2101	00:29:40.10	05:56	5K30-39F	8/32	F	23/107	00:29:25.25
138/170	PIGEAU, BERNIE	2102	00:42:45.60	08:33	5K60+M	2/3	M	52/63	00:42:28.70
153/170	PIGEAU, GLENNA	2103	00:49:42.80	09:56	5K60+F	4/4	F	95/107	00:49:24.95
80/170	REGIER, RICHELLE	2164	00:33:00.25	06:36	5K30-39F	15/32	F	44/107	00:32:50.35
2/170	REINDL, KYLE	2106	00:19:58.70	03:59	5K20-29M	1/10	M	2/63	00:19:57.85
122/170	REYNOLDS, NICOLE	2107	00:38:14.70	07:38	5K20-29F	15/22	F	76/107	00:37:56.85
9/170	RIBAR, HAROLD	2108	00:22:41.00	04:32	5K60+M	1/3	M	8/63	00:22:38.25
102/170	RIDDELL, AMANDA	2109	00:34:56.90	06:59	5K30-39F	20/32	F	61/107	00:34:37.10
8/170	ROBERTSON, WILF	2112	00:22:09.05	04:25	5K40-49M	2/9	M	7/63	00:22:05.95
166/170	ROSS, ELLIOT	2114	00:59:13.55	11:50	5K11&UF	10/10	F	105/107	00:59:07.15
168/170	ROSS, PAULETTE	2115	00:59:52.20	11:58	5K50-59F	8/8	F	106/107	00:59:45.60
67/170	ROSS, PERILYNNE	2116	00:32:05.60	06:25	5K11&UF	5/10	F	35/107	00:32:00.30
167/170	ROSS, PERRY	2039	00:59:51.75	11:58	5K50-59M	8/8	M	62/63	00:59:45.20
70/170	ROSS, TARALYNNE	2117	00:32:26.10	06:29	5K30-39F	14/32	F	38/107	00:32:20.10
127/170	SCHMIDT, DALLIN	2118	00:39:54.25	07:58	5K20-29M	7/10	M	47/63	00:39:22.30
85/170	SCHMIDT, JILLIAN	2119	00:33:26.15	06:41	5K20-29F	7/22	F	48/107	00:32:54.90
144/170	SCHOLTEN, JACKIE	2120	00:44:23.45	08:52	5K30-39F	27/32	F	90/107	00:44:09.50
143/170	SCHOLTEN, SHAUN	2121	00:44:19.65	08:51	5K11&UM	9/12	M	54/63	00:44:05.75
129/170	SEDDON, KENDRA	2122	00:39:59.95	07:59	5K20-29F	17/22	F	81/107	00:39:39.75
139/170	SHACKLEFORD, RHEA	2123	00:43:30.30	08:42	5K30-39F	26/32	F	87/107	00:43:11.85
16/170	SHACKLEFORD, RYAN	2124	00:24:36.65	04:55	5K30-39M	2/14	M	11/63	00:24:17.75

2014 Lethbridge Police Half, 10K, 5K

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5K Run - 3.1 Miles

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71/170	SHELSTAD, MONICA	2165	00:32:36.55	06:31	5K50-59F	3/8	F	39/107	00:32:16.05
66/170	SINE, DAVID	2126	00:32:04.15	06:24	5K50-59M	4/8	M	32/63	00:31:34.05
123/170	SIRIAS, TYRA	2127	00:38:40.10	07:44	5K40-49F	17/23	F	77/107	00:38:24.85
20/170	SLAWSON, BLAINE	2129	00:25:27.60	05:05	5K11&UM	2/12	M	13/63	00:25:14.70
56/170	SLAWSON, DANIELLE	2130	00:30:27.05	06:05	5K11&UF	3/10	F	28/107	00:30:13.65
54/170	SLAWSON, LUKE	2131	00:30:06.90	06:01	5K11&UM	6/12	M	27/63	00:29:54.20
55/170	SLAWSON, ROB	2132	00:30:06.95	06:01	5K40-49M	5/9	M	28/63	00:29:53.35
37/170	SMITH, CRYSTAL	2191	00:28:11.95	05:38	5K30-39F	5/32	F	16/107	00:27:59.55
14/170	SONGER, KRISTEN	2166	00:24:31.00	04:54	5K30-39F	2/32	F	4/107	00:23:59.25
93/170	STATHAM, BEV	2133	00:34:17.25	06:51	5K50-59F	4/8	F	54/107	00:33:27.50
31/170	STATHAM, CURTIS	2134	00:26:58.05	05:23	5K30-39M	7/14	M	19/63	00:26:05.85
59/170	STEELE, VANESSA	2135	00:31:15.15	06:15	5K30-39F	11/32	F	31/107	00:30:55.05
65/170	STEWART, DAVID	2188	00:32:02.70	06:24	5K11&UM	7/12	M	31/63	00:31:59.55
148/170	TARR, KARLA	2137	00:47:16.60	09:27	5K30-39F	28/32	F	92/107	00:46:39.45
96/170	THURBER, IZZY	2167	00:34:34.00	06:54	5K11&UF	7/10	F	57/107	00:34:21.35
110/170	TIEFENBACH, RICH	2138	00:36:19.65	07:15	5K50-59M	6/8	M	45/63	00:35:52.90
39/170	TOLHURST, MIKE	2192	00:29:07.00	05:49	5K40-49M	3/9	M	22/63	00:28:49.85
114/170	TOSZAK, CHENISSE	2139	00:37:32.80	07:30	5K16-19F	4/4	F	69/107	00:37:18.30
146/170	ULRICH, JENNIFER	2140	00:46:10.85	09:14	5K40-49F	19/23	F	91/107	00:45:53.35
130/170	VAN GOCH, JULIE	2141	00:40:21.45	08:04	5K30-39F	25/32	F	82/107	00:39:45.95
131/170	VAN GOCH, MICHAEL	2142	00:40:21.55	08:04	5K30-39M	12/14	M	49/63	00:39:45.70
92/170	VAN HIERDEN, TRACEY	2143	00:34:13.85	06:50	5K40-49F	13/23	F	53/107	00:34:00.35
10/170	VAN ROON, CARTER	2168	00:22:53.70	04:34	5K11&UM	1/12	M	9/63	00:22:44.65
44/170	VAN ROON, LOIS	2169	00:29:21.35	05:52	5K40-49F	6/23	F	21/107	00:29:11.80
30/170	VANDEN ELZEN, CHARLOTTE	2144	00:26:53.65	05:22	5K11&UF	1/10	F	12/107	00:26:29.35
48/170	VANDERVEEN, DEVIN	2170	00:29:40.20	05:56	5K11&UM	4/12	M	25/63	00:29:25.45
49/170	VANDERVEEN, NAOMI	2171	00:29:40.60	05:56	5K30-39F	9/32	F	24/107	00:29:26.05
158/170	WASILENKO, STARLA	2147	00:50:01.60	10:00	5K40-49F	21/23	F	99/107	00:49:24.40
135/170	WEST, BAILEY	2148	00:40:54.95	08:10	5K20-29F	19/22	F	84/107	00:40:25.65
134/170	WEST, ROB	2149	00:40:53.90	08:10	5K20-29M	9/10	M	51/63	00:40:24.90
19/170	WIGAND, PETER	2150	00:25:12.15	05:02	5K30-39M	3/14	M	12/63	00:24:58.45
12/170	WILLIAMS, CAROL	2172	00:23:40.55	04:44	5K50-59F	1/8	F	2/107	00:23:39.70
41/170	WILLIAMS, DALE	2151	00:29:18.20	05:51	5K40-49M	4/9	M	23/63	00:29:05.60
18/170	WOODS, CHRISTY	2152	00:24:50.45	04:58	5K40-49F	2/23	F	7/107	00:24:37.35
11/170	YAHAGI, TOMOKI	2153	00:23:00.80	04:36	5K16-19M	1/2	M	10/63	00:22:50.45
58/170	YOUNG, BILLIE	2154	00:31:11.40	06:14	5K30-39F	10/32	F	30/107	00:30:45.35
157/170	YOUNG, LAURA	2155	00:49:58.85	09:59	5K40-49F	20/23	F	98/107	00:49:21.90
91/170	ZIMMER, CHRISTINE	2156	00:34:07.65	06:49	5K30-39F	17/32	F	52/107	00:33:35.30