

## 2017 Lethbridge Police Half, 10K, 5K

## Alpha Overall Results

## 5K Run - 3.1 Miles

## 223 Finishers

O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
169/223	ADDISON, FELICITY	5001	00:42:55.25	08:35	5K30-39F	47/63	F	112/157	00:42:30.10
132/223	ADDISON, LINDA	5002	00:37:59.78	07:35	5K50-59F	6/8	F	79/157	00:37:35.65
153/223	ALLEN, OLIVIA	5004	00:40:08.64	08:01	5K20-29F	24/31	F	98/157	00:40:04.73
6/223	AMELINCKX, ERIK	5006	00:22:57.28	04:35	5K12-15M	2/4	M	5/66	00:22:41.50
194/223	AMUNDRUD, NICOLE	5007	00:48:25.92	09:41	5K20-29F	30/31	F	132/157	00:48:03.39
122/223	ARCAND, HAILEY	5257	00:36:26.54	07:17	5K16-19F	3/4	F	71/157	00:36:06.14
9/223	ARN, ROB	5008	00:23:58.40	04:47	5K40-49M	3/11	M	8/66	00:23:44.58
25/223	BAKER, BRETT	5009	00:25:45.40	05:09	5K11&UM	2/13	M	16/66	00:25:41.21
22/223	BAKER, SARAH	5011	00:25:40.28	05:08	5K30-39F	3/63	F	8/157	00:25:36.66
72/223	BARNES, RYAN	5012	00:31:38.98	06:19	5K30-39M	9/18	M	36/66	00:31:20.48
53/223	BASIL, MICHAEL	5013	00:30:07.51	06:01	5K50-59M	2/4	M	29/66	00:30:02.66
142/223	BENNETT, JANNA	5014	00:38:58.92	07:47	5K30-39F	36/63	F	88/157	00:38:49.94
59/223	BENNETT, JOEL	5015	00:30:37.70	06:07	5K30-39M	7/18	M	31/66	00:30:26.12
40/223	BILLYARD, KRISTY	5245	00:28:16.93	05:39	5K30-39F	10/63	F	17/157	00:28:01.81
35/223	BILLYARD, OLIVER	5246	00:27:30.43	05:30	5K11&UM	3/13	M	22/66	00:27:16.05
139/223	BLACKWOOD, QUINCY	5016	00:38:43.68	07:44	5K11&UM	10/13	M	54/66	00:38:16.97
146/223	BOGAART, JANNA	5017	00:39:22.98	07:52	5K40-49F	11/22	F	92/157	00:38:54.31
180/223	BOLTON, NARISSA	5018	00:45:33.41	09:06	5K20-29F	28/31	F	120/157	00:45:18.05
58/223	BOON, GERRILEE	5019	00:30:28.04	06:05	5K20-29F	7/31	F	28/157	00:30:18.60
34/223	BORTHWICK, EMILY	5020	00:27:08.38	05:25	5K16-19F	1/4	F	13/157	00:27:05.05
91/223	BORTHWICK, OLIVIA	5021	00:33:32.93	06:42	5K12-15F	3/8	F	47/157	00:33:18.39
75/223	BOWES, JEN	5022	00:31:47.62	06:21	5K40-49F	2/22	F	37/157	00:31:44.33
57/223	BRETHERICK, KATIE	5023	00:30:27.92	06:05	5K20-29F	6/31	F	27/157	00:30:18.48
89/223	BRINK, MICHELLE	5024	00:33:31.09	06:42	5K20-29F	9/31	F	46/157	00:33:13.09
87/223	BROWN, AMBER	5025	00:33:14.50	06:38	5K30-39F	23/63	F	45/157	00:32:59.90
150/223	BURGESS, KELSEY	5028	00:39:40.94	07:56	5K20-29F	22/31	F	96/157	00:39:34.32
36/223	BURLEIGH, JAYNA	5029	00:27:42.56	05:32	5K30-39F	8/63	F	14/157	00:27:29.56
214/223	BURSAW, HEATHER	5241	00:54:34.55	10:54	5K30-39F	61/63	F	150/157	00:54:15.38
141/223	CAMERON, JAMIE	5030	00:38:57.02	07:47	5K30-39F	35/63	F	87/157	00:38:42.64
202/223	CAMPBELL, EMILY	5031	00:53:12.40	10:38	5K40-49F	21/22	F	140/157	00:52:54.99
177/223	CHARLES, GLENN	5036	00:45:01.15	09:00	5K60+M	2/2	M	60/66	00:44:48.28
178/223	CHARLES, MARIANNA	5037	00:45:01.21	09:00	5K60+F	5/12	F	118/157	00:44:48.53
12/223	CLARK, SHANNON	5039	00:24:19.38	04:51	5K20-29F	3/31	F	4/157	00:24:14.32
182/223	CLONEY, LISA	5040	00:45:55.88	09:11	5K30-39F	49/63	F	122/157	00:45:38.64
164/223	CRABB, ASHLEY	5041	00:41:41.40	08:20	5K30-39F	43/63	F	108/157	00:41:20.47
100/223	CRABB, DIANDRA	5042	00:34:59.24	06:59	5K20-29F	12/31	F	54/157	00:34:39.21
181/223	DAVENPORT, ALEXIS	5043	00:45:44.81	09:08	5K11&UF	5/9	F	121/157	00:45:27.57
21/223	DAVIS, ELIZABETH	5044	00:25:35.79	05:07	5K11&UF	1/9	F	7/157	00:25:33.92
61/223	DAVIS, KIM	5045	00:30:44.93	06:08	5K30-39F	15/63	F	29/157	00:30:41.88
129/223	DAVIS, NICK	5046	00:37:19.78	07:27	5K16-19M	4/4	M	53/66	00:37:07.21
60/223	DAVIS, PARKER	5047	00:30:44.49	06:08	5K11&UM	5/13	M	32/66	00:30:41.43
50/223	DAVIS, WHITNEY	5253	00:29:29.96	05:53	5K30-39F	12/63	F	23/157	00:29:22.66
195/223	DEACON-ROGERS, LESLEE	5032	00:48:54.91	09:46	5K30-39F	52/63	F	133/157	00:48:42.33
73/223	DEMAS, COLLIN	5048	00:31:39.03	06:19	5K30-39M	10/18	M	37/66	00:31:24.65
11/223	DEWACHT, AIMEE	5049	00:24:18.68	04:51	5K30-39F	1/63	F	3/157	00:23:50.60
27/223	DEWACHT, STEVE	5050	00:26:15.20	05:15	5K40-49M	7/11	M	18/66	00:25:46.72
156/223	DIBBEN, CHARLENE	5051	00:40:25.27	08:05	5K30-39F	40/63	F	101/157	00:40:18.73
179/223	DOBEK, MARY	5052	00:45:30.22	09:06	5K20-29F	27/31	F	119/157	00:45:14.87
171/223	DOELERHOYTOS, DANIELLE	5053	00:43:57.84	08:47	5K30-39F	48/63	F	113/157	00:43:38.29
102/223	DUBAN, KATELYN	5054	00:35:07.12	07:01	5K20-29F	13/31	F	56/157	00:34:49.20
78/223	ELLERMAN, JENNIFER	5055	00:32:14.84	06:26	5K30-39F	21/63	F	40/157	00:31:55.89
111/223	ELLIS-TODDINGTON, JESSIE-SHERY	5056	00:35:46.83	07:09	5K30-39F	28/63	F	64/157	00:35:20.68
94/223	ENSGN, TINA	5057	00:34:25.72	06:53	5K40-49F	5/22	F	50/157	00:34:02.46
175/223	ENSLN, ALISHA	5058	00:44:47.63	08:57	5K20-29F	26/31	F	116/157	00:44:27.80
176/223	ENSLN, NICHOL	5059	00:44:48.56	08:57	5K40-49F	17/22	F	117/157	00:44:28.73
168/223	FAROUGH, HEATHER	5060	00:42:49.09	08:33	5K30-39F	46/63	F	111/157	00:42:35.64
165/223	FERGUSON, JEREMY	5061	00:41:50.85	08:22	5K20-29M	9/9	M	57/66	00:41:23.66
62/223	FLAHERTY, AMANDA	5063	00:30:49.81	06:09	5K30-39F	16/63	F	30/157	00:30:38.61
63/223	FLAHERTY, CHRIS	5064	00:30:50.03	06:10	5K30-39M	8/18	M	33/66	00:30:38.63
51/223	FLETCHER, SHAUNA	5065	00:29:45.01	05:57	5K30-39F	13/63	F	24/157	00:29:13.38
83/223	FONTAINE, DAVID	5067	00:32:49.92	06:33	5K20-29M	6/9	M	41/66	00:32:22.62
80/223	FONTAINE, RENE	5068	00:32:20.22	06:28	5K50-59M	3/4	M	39/66	00:31:52.92
140/223	FORBES, KELLIE	5070	00:38:53.88	07:46	5K30-39F	34/63	F	86/157	00:38:27.85
207/223	FORSYTH, SHERY	5071	00:53:50.20	10:46	5K30-39F	59/63	F	145/157	00:53:18.01
190/223	FRANZ, JANE	5072	00:47:38.87	09:31	5K60+F	7/12	F	128/157	00:47:25.23
206/223	FYFE, SONYA	5073	00:53:49.53	10:45	5K30-39F	58/63	F	144/157	00:53:17.23

## 2017 Lethbridge Police Half, 10K, 5K

## Alpha Overall Results

## 5K Run - 3.1 Miles

## 223 Finishers

O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
15/223	GALLANT, CARSON	5074	00:24:51.34	04:58	5K12-15M	3/4	M	11/66	00:24:46.33
39/223	GALLANT, DYLAN	5075	00:28:10.65	05:38	5K11&UM	4/13	M	23/66	00:28:05.86
149/223	GARANT, TAUNYA	5076	00:39:40.56	07:56	5K40-49F	12/22	F	95/157	00:39:24.25
19/223	GARDEN, DANA	5077	00:25:24.10	05:04	5K50-59F	1/8	F	6/157	00:25:20.11
217/223	GOLBECK, NAOMI	5078	01:00:01.93	12:00	5K30-39F	62/63	F	152/157	00:59:31.58
115/223	GOUW, CARLA	5079	00:36:00.59	07:12	5K40-49F	7/22	F	68/157	00:35:40.72
114/223	GREENLY, VERONICA	5080	00:35:53.74	07:10	5K20-29F	15/31	F	67/157	00:35:43.59
88/223	GRUNINGER, ROB	5252	00:33:16.47	06:39	5K30-39M	11/18	M	43/66	00:33:01.67
213/223	HAASE, ROBERT	5254	00:54:32.87	10:54	5K30-39M	18/18	M	64/66	00:54:13.70
212/223	HAASE, WILLOW	5242	00:54:32.45	10:54	5K11&UF	9/9	F	149/157	00:54:12.05
188/223	HAGEN, ALTON	5081	00:47:19.19	09:27	5K30-39M	16/18	M	62/66	00:47:02.42
187/223	HAGEN, JAKE	5082	00:47:17.46	09:27	5K11&UM	11/13	M	61/66	00:47:00.52
69/223	HALL, LARA	5084	00:31:36.39	06:19	5K30-39F	17/63	F	35/157	00:31:34.25
68/223	HALL, MACEE	5085	00:31:34.73	06:18	5K11&UF	2/9	F	34/157	00:31:32.89
77/223	HAMILTON, LINDA	5086	00:32:04.11	06:24	5K30-39F	20/63	F	39/157	00:31:49.87
205/223	HARKNESS, PAIGE	5088	00:53:36.18	10:43	5K30-39F	57/63	F	143/157	00:53:26.74
159/223	HARLING, HEATHER	5089	00:41:01.48	08:12	5K30-39F	41/63	F	103/157	00:40:52.22
158/223	HARLING, ISABELLE	5090	00:41:00.30	08:12	5K12-15F	7/8	F	102/157	00:40:51.04
173/223	HARLING, SCOTT	5091	00:44:02.91	08:48	5K30-39M	15/18	M	59/66	00:43:53.93
172/223	HARLING, SOPHIA	5092	00:44:02.83	08:48	5K12-15F	8/8	F	114/157	00:43:54.63
38/223	HARPER, ANDREA	5094	00:28:03.01	05:36	5K30-39F	9/63	F	16/157	00:27:54.73
104/223	HELMER, DAVID	5096	00:35:11.58	07:02	5K30-39M	14/18	M	47/66	00:34:53.00
103/223	HELMER, REBECCA	5097	00:35:11.52	07:02	5K30-39F	26/63	F	57/157	00:34:52.25
7/223	HOOPER, TODD	5244	00:23:17.67	04:39	5K40-49M	1/11	M	6/66	00:23:16.49
71/223	HOWARD, ERIN	5100	00:31:38.61	06:19	5K30-39F	18/63	F	36/157	00:31:19.66
198/223	HUGHES, LYVIA	5101	00:50:14.73	10:02	5K30-39F	53/63	F	136/157	00:49:45.01
101/223	HUTTON, KRISTIE	5102	00:35:03.25	07:00	5K30-39F	25/63	F	55/157	00:34:49.24
16/223	HYGGEN, BRAYLON	5103	00:24:54.30	04:58	5K40-49M	5/11	M	12/66	00:24:30.03
14/223	HYGGEN, COLE	5104	00:24:45.56	04:57	5K16-19M	1/4	M	10/66	00:24:21.30
105/223	INDZEOSKI, DIANNE	5105	00:35:27.68	07:05	5K60+F	2/12	F	58/157	00:35:10.98
98/223	INNES, MIKE	5106	00:34:46.47	06:57	5K30-39M	13/18	M	46/66	00:34:31.11
84/223	JACQUES, KIM	5107	00:33:03.07	06:36	5K40-49M	11/11	M	42/66	00:32:39.43
86/223	JACQUES, PENNY	5108	00:33:04.03	06:36	5K40-49F	4/22	F	44/157	00:32:39.90
37/223	JAK, DANI	5109	00:27:42.93	05:32	5K16-19F	2/4	F	15/157	00:27:23.52
65/223	JAK, DARCEE	5110	00:30:52.57	06:10	5K40-49F	1/22	F	31/157	00:30:31.28
45/223	JAK, JAIME	5111	00:29:05.03	05:49	5K12-15F	1/8	F	19/157	00:28:45.20
64/223	JAK, NICK	5112	00:30:52.46	06:10	5K40-49M	9/11	M	34/66	00:30:30.89
43/223	JOHNSTON, TRILLEEN	5177	00:28:22.09	05:40	5K30-39F	11/63	F	18/157	00:28:05.15
30/223	KANG, JIAN (KEVIN)	5114	00:26:29.21	05:17	5K30-39M	5/18	M	19/66	00:26:13.85
148/223	KILLE, NICOLE	5116	00:39:40.46	07:56	5K30-39F	39/63	F	94/157	00:39:24.01
5/223	KYWERIGA, MICHAEL	5118	00:20:35.27	04:07	5K30-39M	3/18	M	4/66	00:20:35.26
99/223	LADOUCEUR, KAYLA	5119	00:34:48.14	06:57	5K20-29F	11/31	F	53/157	00:34:37.61
223/223	LAMMERS, LINDA	5120	01:02:22.68	12:28	5K60+F	12/12	F	157/157	01:02:11.42
67/223	LANDRY, LOUISE	5121	00:31:34.13	06:18	5K50-59F	4/8	F	33/157	00:31:21.55
79/223	LANKHORST, MALORIE	5122	00:32:19.13	06:27	5K20-29F	8/31	F	41/157	00:32:13.46
92/223	LAVERGNE, JOELLE	5243	00:33:38.45	06:43	5K20-29F	10/31	F	48/157	00:33:15.51
208/223	LAW-SLAWOSKY, STEPHANIE	5123	00:54:26.53	10:53	5K30-39F	60/63	F	146/157	00:53:51.04
48/223	LEAM, NAOMI	5124	00:29:10.11	05:50	5K20-29F	5/31	F	22/157	00:29:04.87
199/223	LEMLEY, CINDY	5125	00:50:19.65	10:03	5K60+F	9/12	F	137/157	00:49:59.25
28/223	LENAOUR, KELLEY	5126	00:26:16.82	05:15	5K30-39F	5/63	F	10/157	00:26:08.46
143/223	LEUSINK, LINDSEY	5128	00:38:59.26	07:47	5K20-29F	20/31	F	89/157	00:38:44.28
218/223	LITCHFIELD, GREYSON	5248	01:00:34.41	12:06	5K11&UM	13/13	M	66/66	01:00:03.04
219/223	LITCHFIELD, KELLIANE	5129	01:00:35.57	12:07	5K30-39F	63/63	F	153/157	01:00:03.94
216/223	LITCHFIELD, MADDOX	5247	01:00:01.85	12:00	5K11&UM	12/13	M	65/66	00:59:30.22
191/223	LOWINGS, CHRIS	5130	00:47:39.33	09:31	5K60+F	8/12	F	129/157	00:47:25.59
133/223	MACK, LINDSAY	5131	00:38:10.94	07:38	5K30-39F	31/63	F	80/157	00:37:52.18
116/223	MACKLIN, CADEN	5132	00:36:07.82	07:13	5K11&UM	7/13	M	48/66	00:36:04.60
160/223	MACKLIN, CHLOE	5133	00:41:07.85	08:13	5K11&UF	4/9	F	104/157	00:41:05.50
161/223	MACKLIN, CRYSTAL	5134	00:41:08.22	08:13	5K40-49F	14/22	F	105/157	00:41:05.16
166/223	MANLY, ANGIE	5135	00:41:50.97	08:22	5K30-39F	44/63	F	109/157	00:41:24.09
138/223	MANLY, PETRA	5136	00:38:42.14	07:44	5K11&UF	3/9	F	85/157	00:38:14.95
82/223	MARSHALL, ANNA	5256	00:32:42.61	06:32	5K40-49F	3/22	F	42/157	00:32:20.52
52/223	MATHESON, MARK	5138	00:29:46.17	05:57	5K40-49M	8/11	M	28/66	00:29:33.04
170/223	MCCULLOCH, ALEXANDER	5259	00:43:45.61	08:45	5KATHLETE-M	1/1	M	58/66	00:43:40.94
29/223	MCINTYRE, JESSICA	5139	00:26:25.75	05:17	5K30-39F	6/63	F	11/157	00:26:18.13
23/223	MCNABB, JARVIS	5140	00:25:44.10	05:08	5K30-39M	4/18	M	15/66	00:25:38.76

## 2017 Lethbridge Police Half, 10K, 5K

## Alpha Overall Results

## 5K Run - 3.1 Miles

## 223 Finishers

O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
134/223	MELVIN, HOLLY	5038	00:38:10.97	07:38	5K30-39F	32/63	F	81/157	00:37:52.06
81/223	MELVIN, SCOTT	5087	00:32:30.61	06:30	5K40-49M	10/11	M	40/66	00:32:12.33
49/223	MERRIMAN, BRENT	5141	00:29:25.67	05:53	5K50-59M	1/4	M	27/66	00:29:17.77
33/223	MICHEL, GRAYSON	5145	00:27:05.46	05:25	5K30-39M	6/18	M	21/66	00:27:03.10
152/223	MICHEL, WALTER	5146	00:40:05.72	08:01	5K60+M	1/2	M	55/66	00:40:01.81
183/223	MOGGE, MARLENE	5147	00:46:02.97	09:12	5K40-49F	18/22	F	123/157	00:45:44.06
112/223	MOORE, RALNA	5148	00:35:46.95	07:09	5K30-39F	29/63	F	65/157	00:35:20.63
74/223	MPOFU, ARNIE	5150	00:31:42.12	06:20	5K11&UM	6/13	M	38/66	00:31:37.53
137/223	MUTEMARARO, NYARADZO	5151	00:38:38.14	07:43	5K20-29F	19/31	F	84/157	00:38:24.76
10/223	OLIVIERI, TIFFANY	5154	00:24:05.82	04:49	5K20-29F	2/31	F	2/157	00:24:01.75
221/223	PAHULJE, BERNADETTE	5155	01:01:45.13	12:21	5K50-59F	8/8	F	155/157	01:01:25.89
220/223	PAHULJE, DANI	5156	01:01:41.11	12:20	5K60+F	10/12	F	154/157	01:01:21.95
97/223	PAHULJE, MAJDA	5157	00:34:43.28	06:56	5K60+F	1/12	F	52/157	00:34:30.42
20/223	PARKER, GAGE	5158	00:25:31.52	05:06	5K11&UM	1/13	M	14/66	00:25:30.94
8/223	PARKER, RYAN	5159	00:23:22.59	04:40	5K40-49M	2/11	M	7/66	00:23:22.19
127/223	PASKUSKI, AMANDA	5005	00:37:05.14	07:25	5K30-39F	30/63	F	75/157	00:36:58.52
106/223	PEARCE, KIM	5161	00:35:28.08	07:05	5K60+F	3/12	F	59/157	00:35:10.96
174/223	PEDDIE, SHARRON	5162	00:44:34.49	08:54	5K40-49F	16/22	F	115/157	00:44:09.75
31/223	PENROD, TYSON	5163	00:26:47.08	05:21	5K16-19M	2/4	M	20/66	00:26:32.34
55/223	PERLICH, NANCY	5164	00:30:22.98	06:04	5K30-39F	14/63	F	25/157	00:30:11.58
117/223	PETITE, BRANDON	5165	00:36:08.94	07:13	5K20-29M	7/9	M	49/66	00:35:43.61
118/223	PETITE, STACEY	5166	00:36:09.68	07:13	5K20-29F	16/31	F	69/157	00:35:45.30
18/223	PIERSON, CHAD	5167	00:25:22.16	05:04	5K40-49M	6/11	M	13/66	00:25:08.34
124/223	PIERSON, DIANE	5168	00:36:52.24	07:22	5K40-49F	9/22	F	73/157	00:36:31.65
128/223	PIERSON, KAYLA	5169	00:37:09.13	07:25	5K16-19F	4/4	F	76/157	00:36:48.79
222/223	POTTAGE, MARILYN	5170	01:02:17.23	12:27	5K60+F	11/12	F	156/157	01:02:06.50
147/223	POWELL, LISA	5171	00:39:38.48	07:55	5K30-39F	38/63	F	93/157	00:39:07.33
162/223	POYNTON, LEAH	5172	00:41:19.50	08:15	5K30-39F	42/63	F	106/157	00:41:05.13
136/223	RASMUSSEN, JENN	5173	00:38:16.60	07:39	5K30-39F	33/63	F	83/157	00:37:54.68
135/223	RASMUSSEN, SHELBY	5174	00:38:16.48	07:39	5K12-15F	6/8	F	82/157	00:37:54.79
163/223	REGIER, RICHELLE	5175	00:41:23.94	08:16	5K40-49F	15/22	F	107/157	00:41:03.48
2/223	REINDL, KYLE	5176	00:19:25.63	03:53	5K30-39M	1/18	M	2/66	00:19:24.62
151/223	REYNOLDS, NICOLE	5178	00:39:50.42	07:58	5K20-29F	23/31	F	97/157	00:39:43.12
41/223	RIENSTRA, JOHN	5179	00:28:20.08	05:40	5K20-29M	2/9	M	24/66	00:28:01.96
113/223	ROWE, CAITLIN	5180	00:35:52.72	07:10	5K20-29F	14/31	F	66/157	00:35:42.57
26/223	ROWE, TAYLOR	5181	00:26:10.92	05:14	5K20-29M	1/9	M	17/66	00:26:00.77
13/223	ROYER, ANDRE	5238	00:24:39.76	04:55	5K40-49M	4/11	M	9/66	00:24:38.11
93/223	RUTLEDGE, CORENE	5182	00:34:02.28	06:48	5K30-39F	24/63	F	49/157	00:33:35.17
144/223	SCHALK, MELISSA	5183	00:38:59.32	07:47	5K20-29F	21/31	F	90/157	00:38:44.89
1/223	SCHMIDTKE, KIERAN	5255	00:18:56.20	03:47	5K12-15M	1/4	M	1/66	00:18:55.25
56/223	SCHNARR, JEAN	5184	00:30:27.41	06:05	5K50-59F	2/8	F	26/157	00:30:11.46
145/223	SEDDON, KENDRA	5185	00:39:13.72	07:50	5K30-39F	37/63	F	91/157	00:38:59.89
121/223	SEXTON, ALEX	5186	00:36:13.44	07:14	5K11&UM	8/13	M	51/66	00:36:01.44
126/223	SEXTON, CONNOR	5187	00:37:03.34	07:24	5K11&UM	9/13	M	52/66	00:36:52.73
125/223	SEXTON, KATRINA	5188	00:37:03.28	07:24	5K40-49F	10/22	F	74/157	00:36:52.40
54/223	SHIELDS, BRANDON	5189	00:30:16.43	06:03	5K20-29M	4/9	M	30/66	00:30:05.55
200/223	SHIELDS, KATIE	5190	00:50:40.78	10:08	5K30-39F	54/63	F	138/157	00:50:29.90
155/223	SHURTZ, CONNIE	5191	00:40:19.50	08:03	5K40-49F	13/22	F	100/157	00:40:11.53
211/223	SLAWOSKY, AMELIA	5192	00:54:28.21	10:53	5K11&UF	8/9	F	148/157	00:53:53.96
210/223	SLAWOSKY, RANDY	5193	00:54:27.59	10:53	5K30-39M	17/18	M	63/66	00:53:52.78
209/223	SLAWOSKY, VERONICA	5194	00:54:26.71	10:53	5K11&UF	7/9	F	147/157	00:53:51.54
119/223	SOURISSEAU, DUNCAN	5199	00:36:10.54	07:14	5K20-29M	8/9	M	50/66	00:35:45.47
120/223	SOURISSEAU, ERIN	5200	00:36:10.67	07:14	5K20-29F	17/31	F	70/157	00:35:45.34
192/223	SPEAKMAN, ASHLEY	5201	00:47:57.06	09:35	5K30-39F	51/63	F	130/157	00:47:26.86
193/223	SUTHERLAND, ALYSSA	5203	00:47:57.25	09:35	5K20-29F	29/31	F	131/157	00:47:27.34
123/223	SUTHERLAND, LORNA	5204	00:36:29.50	07:17	5K40-49F	8/22	F	72/157	00:36:19.29
189/223	SVIHURA, SONJA	5205	00:47:26.56	09:29	5K40-49F	19/22	F	127/157	00:47:19.44
44/223	TAMS, CONNOR	5206	00:28:50.76	05:46	5K12-15M	4/4	M	26/66	00:28:35.64
130/223	TAVERNINI, BRITTANY	5250	00:37:30.24	07:30	5K20-29F	18/31	F	77/157	00:37:08.32
167/223	TAYLOR, SANDRA	5208	00:42:33.74	08:30	5K30-39F	45/63	F	110/157	00:42:02.11
3/223	THERIAULT, MARISSA	5249	00:19:40.85	03:56	5K20-29F	1/31	F	1/157	00:19:40.37
197/223	THOM, AMANDA	5209	00:49:29.08	09:53	5K20-29F	31/31	F	135/157	00:48:59.56
42/223	THOM, ANDREW	5210	00:28:21.91	05:40	5K20-29M	3/9	M	25/66	00:27:55.20
157/223	THOM, JOSEPH	5211	00:40:31.63	08:06	5K50-59M	4/4	M	56/66	00:40:02.23
107/223	THURBER, ISOBEL	5212	00:35:40.14	07:08	5K12-15F	4/8	F	60/157	00:35:29.83
186/223	TIMMERMANS, CONNIE	5213	00:47:16.27	09:27	5K60+F	6/12	F	126/157	00:46:45.11

## 2017 Lethbridge Police Half, 10K, 5K

## Alpha Overall Results

## 5K Run - 3.1 Miles

## 223 Finishers

O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
201/223	TRAN, ARYNNE	5214	00:53:06.87	10:37	5K30-39F	55/63	F	139/157	00:52:32.71
185/223	TUNALL, MELANIE	5215	00:46:51.88	09:22	5K30-39F	50/63	F	125/157	00:46:26.25
184/223	TUNALL, PEYTON	5216	00:46:41.85	09:20	5K11&UF	6/9	F	124/157	00:46:16.04
196/223	ULRICH, JENNIFER	5217	00:48:55.09	09:47	5K40-49F	20/22	F	134/157	00:48:43.39
204/223	UNSER, LORI	5218	00:53:35.72	10:43	5K40-49F	22/22	F	142/157	00:53:26.46
24/223	UNWIN, CARLY	5258	00:25:44.42	05:08	5K30-39F	4/63	F	9/157	00:25:36.52
96/223	UNWIN, JASON	5219	00:34:37.02	06:55	5K30-39M	12/18	M	45/66	00:34:28.16
131/223	VALIN, COLLEEN	5220	00:37:49.71	07:33	5K60+F	4/12	F	78/157	00:37:44.92
215/223	VAN ANDEL, LEE	5221	00:58:11.59	11:38	5K50-59F	7/8	F	151/157	00:58:05.54
203/223	VAN DYK, STACIE	5222	00:53:34.39	10:42	5K30-39F	56/63	F	141/157	00:53:25.23
95/223	VAN OENE, TANYA	5223	00:34:25.76	06:53	5K40-49F	6/22	F	51/157	00:34:15.45
47/223	VAN ROON, AMY	5224	00:29:06.59	05:49	5K12-15F	2/8	F	21/157	00:29:04.35
32/223	VAN'T LAND, SAMANTHA	5226	00:27:04.18	05:24	5K30-39F	7/63	F	12/157	00:27:00.56
76/223	VANDEN DUNGEN, LANA	5227	00:31:59.59	06:23	5K30-39F	19/63	F	38/157	00:31:39.57
154/223	VANWERKHOVEN, MELANIE	5228	00:40:08.76	08:01	5K20-29F	25/31	F	99/157	00:40:05.47
110/223	VEDRES, FAYLA	5229	00:35:46.44	07:09	5K30-39F	27/63	F	63/157	00:35:38.28
109/223	VEDRES, HELENA	5230	00:35:43.22	07:08	5K50-59F	5/8	F	62/157	00:35:35.03
85/223	WALDNER, AMANDA	5231	00:33:03.48	06:36	5K30-39F	22/63	F	43/157	00:32:40.40
70/223	WANG, GEORGE	5239	00:31:37.97	06:19	5K20-29M	5/9	M	35/66	00:31:23.06
17/223	WARD, JANENE	5232	00:25:09.66	05:01	5K30-39F	2/63	F	5/157	00:25:03.73
4/223	WARD, KIERAN	5233	00:19:56.77	03:59	5K30-39M	2/18	M	3/66	00:19:54.09
46/223	WARD-SUTHERLAND, AMANDA	5240	00:29:06.53	05:49	5K20-29F	4/31	F	20/157	00:28:54.45
90/223	WOJTOWICZ, BROCK	5235	00:33:31.23	06:42	5K16-19M	3/4	M	44/66	00:33:15.95
108/223	WOJTOWICZ, CAMRYN	5236	00:35:40.39	07:08	5K12-15F	5/8	F	61/157	00:35:23.76
66/223	YORK - GILLETT, TRISH	5237	00:31:32.27	06:18	5K50-59F	3/8	F	32/157	00:31:19.63